# **Ostomy Outpatient Visits:**

While most hospitals have WOC (Wound, Ostomy and Continence) Nurses, many do not see patients if they are not currently a patient in the hospital. Some nurses will see patients as an outpatient on an as needed basis if the patient had surgery done at their facility and the physician writes an order for the visit. The following list focuses on existing clinics or nurses who can see patients by referral\*\*. You will need a doctor's order to see an ostomy nurse. There are guidelines for each facility and they are subject to change over time. For hospital phone numbers and addresses call **211** or go to <a href="https://www.211texas.org">www.211texas.org</a>

## **Ostomy Clinics**

These clinics do **not** require the ordering physician to have privileges within their system.

# **Baylor Scott & White Medical Center at Carrollton**

4343 N. Josey Lane, 1st floor Carrollton, TX 75010 phone: 972-394-2336

#### **Dallas Ostomy Clinic**

**Texas Colon & Rectal Specialists** 

Baylor Medical Center at Irving, Medical Office Building I 2001 N. MacArthur Blvd, Suite 750

Irving, Texas 75061

Phone: 972-759-2040

#### John Peter Smith

**Outpatient Clinic** 

1500 S. Main Street Fort Worth, TX 76104

Phone: 817-702-4268 Fax: 817-702-4293

# Texas Health Harris Methodist, Ft. Worth Wound, Ostomy & Hyperbaric Outpatient Clinic

1325 Pennsylvania Ave, Suite 750

Ft. Worth, TX 76104

Phone: 817-250-1070 option #6

Instructions: You have to have a referral from your physician. Your insurance needs to be verified and authorizations given prior to a visit, which the hospital admission department can

do. Services include pre-op teaching, markings and post-op care for ostomy patients. They see patients who have new ostomies and those who have had stomas for a long time. One of the nurses is excellent in fitting patients for hernia belts.

#### **Texas Health HEB**

**Outpatient Ostomy Clinic** 

1600 Hospital Pkwy, Bedford, TX 76022

1<sup>st</sup> floor of the Outpatient Service area

Comments: The patient can either call the scheduler and a referral is sent to the primary care doctor/ surgeon to obtain and order or the written physician's order/prescription can be faxed directly to the scheduler. Appointments are directed to the Outpatient Scheduler where the patient information is generated to begin the authorization process. The scheduler contact number is 817-848-2778. Select option # 2 then option #3. Clinic hours are M-F and times will be individualized based on their need and nurse's availability. Contact the office for questions or concerns of the ostomy service at 817-848-4552.

Marklin Jones, BSN, RN, CWON / Wound and Ostomy Nurse Speciality

# **Texas Health Presby Hospital - Dallas**

Ostomy Education and Management Program, Wound Clinic

8198 Walnut Hill Ln Jackson Building, 1st floor,

Clinic C Dallas, TX 75231

Phone: 214-345-4334 Fax: 214-345-4183

Instructions: Have your physician call to get a physician order form to fill out and fax back. The clinic will call you to set up the appointment. Your primary care doctor can order this referral for you if you are not actively following up with a surgeon.

# **Texas Health Presby Hospital - Plano**

**Outpatient Ostomy Program** 

6200 West Parker Road Plano, TX 75093

Phone: 972-981-3016 Fax: 972-981-3104

Instructions: Have your physician fax a demographics sheet with a completed Outpatient Ostomy Nurse Consultation Physician Order and Patient Referral Form.

#### **Outpatient Ostomy Nurses**

These nurses/facilities **do** require the ordering physician to have privileges within their system.

#### **Baylor McKinney**

Jan Owen, BSN, RN, CWOCN, CFCN,

5252 W University Dr. McKinney, TX 75071

Phone: 469-764-6921 Fax: 469-764-2207

Instructions: Have your physician call to set up an appointment then fax the following paperwork: a physician order stating "Pt to see Ostomy Nurse for (state reason)", and a demographics sheet. It is also helpful if a physician progress note or surgery note accompanies the order. \*The patient needs to be referred by a Baylor McKinney doctor.

# **Baylor University Medical Center**

3501 Junius St, Dallas, TX 75246

Phone: 214-820-4400

#### **Dallas VA Medical Center**

4500 S. Lancaster Rd Dallas, TX 75216

Phone: <u>214-857-0649</u>

Comments: The Dallas VA Hospital has an outpatient wound and ostomy clinic, but you must be a veteran and registered through the VA System in order to receive treatment/care. Outpatient Hours: Monday-Friday 1p-3p.

# **Parkland Hospital**

5200 Harry Hines Blvd Dallas, TX 75235

Patient Access Center: 214-590-5601 214-590-

8000

Comments: The clinic was designed for Parkland patients. The provider's office can call Parkland patient access center and there is a number to press for the referring provider. They will send a form to be filled out and sent back with some basic patient information that will be requested. Then, that information will go to the navigator and if approved, she can schedule an appointment.

# **Your Physician**

Your surgeon may have an in-office ostomy nurse or may contract with an ostomy nurse to come see patients at their office. The surgeon or another one of your doctors may also be able to get you seen by an ostomy nurse at one of the hospitals where they have privileges to see patients. Check with their office first.

\*\*FYI: You will need to check with the particular facility