

# Newsletter of the Iowa State Council Emergency Nurses Association

Editors: Erin A. Eckhart MSN, MS, RN, CCRN & Janet E. Abbott Eckhart EdD, MSN, RN April, 2018 Vol. 24 No. 3

## Inside this Issue:

Presenters	2-3
Award Winners	4-6
Vendors	7
Thank You	8
Board Members	9
What's Happening in the ED? UIHC	10
Trauma Conference	11
Trauma Resources	12
Injury Prevention Resources	12
CEN Review Course	12
Education	13
News, Announcements, & Events	14

Iowa ENA's goal is to represent the emergency nurses across the state at a local, state, and national level in providing safe practice and safe care. The ENA provides an opportunity for collaboration with other nurses and healthcare organizations throughout the nation while promoting our profession. We would love to welcome you to become a part of this great organization!



On Tuesday, April 10, 2018 we held the 2018 **Iowa ENA Conference**. The Iowa State Council ENA owes a special thank you to Unity Point Medical Center / Blank Children's Hospital for the use of the Dr. Virginia Thompson Auditorium. This great venue was conducive to a learning experience.

We shared information on ENA, learned about new technologies and products from our wonderful vendors, and appreciated the expertise shared by our presenters.



We had our first ever poster session. Posters are a great way to

highlight your department, staff, and accomplishments in improving nursing practice and patient outcomes. The Institute of Medicine identified the goal that by 2020 > 90% of clinical decisions will be evidence based.



**Are you ready?** Please, start preparing now. Share your poster next year – celebrate your successes!

And what would any meeting of nurses be without good food and great company?

Thank you to all of our participants, vendors, and attendees. Together we have made the 28<sup>th</sup> Annual Iowa State Council ENA conference a resounding success.





# Presenters



## Medical Marijuana: An Update on the Evidence

Jolene Smith, DO

Pain Specialists of Iowa / Medical Center  
Anesthesiologists, Mercy Center for Pain  
Medicine



## Demystifying Evidenced Based Practice: Translating Theory into Practice

Janet Abbott Eckhart, EdD, MSN, RN

Eckhart Consulting & Contributing Faculty, Walden  
University



## Pharmacogenomics

Natisha Jensen, MD, FACS

Trauma Critical Care Surgeon, Mercy Medical  
Center, Des Moines





## **Managing Compassion Fatigue: How to Refresh Yourself & Create Joy**

Janell Aldrich, LISW, RPT-S

Mental Health Therapist, Trainer & Consultant



## **Human Trafficking & The Medical Community's Role**

Shannon Findlay, MD

University of Iowa, Emergency Medicine,  
International Health Fellow



## **Emergency Department Case Studies in Ethics**

Tracy Shaw, MS, RN, CEN, CCRN,  
CNRN, TCRN

Trauma Coordinator, Iowa Lutheran Hospital &  
Methodist West



# 2018 Iowa ENA Excellence Awards

Each year, Iowa ENA acknowledges those who have contributed in a special way to Emergency Nursing.

Award recipients were recognized at the 24<sup>th</sup> annual Iowa Emergency Nurses' Association Conference on April 10<sup>th</sup>, 2018. Thank you to our recipients and all Iowa emergency nurses for their service!

## Waterloo Fire Rescue

Waterloo, Iowa

### EMS Award

*Recognizing an individual or service in the pre-hospital setting who has demonstrated excellence and promotes collaboration with emergency nurses.*

The Allen ED and Waterloo Fire Rescue (WFR) work closely to provide best practice based care to the community. Joint initiatives include: *Surviving Sepsis*, the *NICU Graduates*, and *National Night Out*. These joint programs have resulted in seamless transitions of care and maximized patient outcomes. Experts in managing trauma, in December, 2017 WFR brought the trauma surgeon to the scene of a multicar pile-up.



## Lori Crews

Mercy - Waterloo

### Frontline Staff Award

*Recognizing a frontline ED nurse who provides exceptional care, is a resource for other staff, and who you would want caring for your family.*

Lori is a seasoned ED nurse who can be relied on to go above and beyond for her patients and co-workers. She has a servant's heart that never waivers.

She is valued, knowledgeable, resourceful, and can be relied on to be a calming presence in times of high stress and crises. She keeps everyone in a good mood and helps turn around bad days. She embodies the values of the Sisters of Mercy and is a cherished member of our nursing family.







## Katie Schnieder

University of Iowa Hospital & Clinics

### Emergency Nursing Educator Award

*Recognizing an nurse for significant contribution to education and / or training that enhances the ability of emergency care providers to serve their customers (this does not have to be for a specific educator position).*



Katie has been with University of Iowa Hospitals and Clinics ED for more than 10 years. She is currently Assistant Nurse Manager and is recognized for her significant contributions and leadership in education. She is essential in preparing for emergency providers to care for their customers. Her many contributions are exemplified by achieving the Lantern Award, establishing the years of service tiers for recognizing staff contributions to the department, and organizing the senior staff development group.

## Heather Andresen

University of Iowa Hospital & Clinics

### Emergency Nursing Rising Star Award

*Recognizing an ED nurse with less than five years of ED nursing experience who has made a significant contribution and dedication to emergency nursing.*

Heather is recognized as a rising star who joined the ED team in 2015 after two years experience on a M / S unit. With less than five years experience, she has demonstrated a strong commitment to learning and adapting to the ED culture where she shines! She has achieved her CEN and embodies the "see one, do one, teach one" approach to every situation she encounters. She is a strong leader and team member in the ED demonstrating compassion and dedication.







## Mandy Schiefert

UnityPoint - Iowa Methodist Medical Center

### Emergency Nursing Leadership Award

*For leaders including directors, managers, charge staff, mentors, etcetera who have made exemplary contributions to their department and / or the emergency nursing profession.*

Mandy is recognized by her peers as “growing up in the ED.” She has advanced from being a PCT and unit clerk to a nursing leader in the IMMC and has been the nurse manager since 2016. She role models professional behavior and empowers staff. She fosters unity and promotes collaboration with her team. She sets achievable yet challenging high stands of excellence for the emergency department. Her practice reflects her belief that “family comes first” in supporting her staff and promoting both staff satisfaction and work-life balance!



Award Winners



## Dr. Scott Markham

Myrtue Medical Center - Harlan

### Emergency Provider Award

*Recognizing an ED physician or mid-level provider who not only provides great care to their patients but is also an ED nurse advocate. Accepted on his behalf by his ED nursing staff “because duty calls.”*



Dr. Markham is a dedicated physician, practicing at Myrtue Medical Center for 23 years. He serves as ED Medical Director, Trauma Medical Director, EMS Medical Director, Shelby County Coroner and ACLS Instructor. He is an essential leader for the organization. He is recognized as a “birth-to-death primary care physician” and can be relied on to rise to any occasion. He supports TNCC education, ACLS, mentors the interdisciplinary ED team, promotes team work, and assures high quality, safe patient care. He is recognized for being “what Rural Healthcare is all about!”





### Armstrong Medical

[www.armstrongmedical.com](http://www.armstrongmedical.com)

Patrick Berry [pberry@armstrongmedical.com](mailto:pberry@armstrongmedical.com)



### AstraZeneca

[www.astrazeneca.com](http://www.astrazeneca.com)

Janell Nelson [janell.nelson@astrazeneca.com](mailto:janell.nelson@astrazeneca.com)



### Brain Injury Alliance of Iowa

[biaia.org](http://biaia.org)

Melissa Morford [mmorford@biaia.org](mailto:mmorford@biaia.org)



### Chamberlain University

[www.chamberlain.edu](http://www.chamberlain.edu)

Jess Hylton [jhylton@chamberlain.edu](mailto:jhylton@chamberlain.edu)



### Iowa Poison Control Center

[www.iowapoinson.org](http://www.iowapoinson.org)

Tammy Noble [tammy.noble@unitypoint.org](mailto:tammy.noble@unitypoint.org)



### Medline

[www.medline.com](http://www.medline.com)

Aaron Proskovec [aproskovec@medline.com](mailto:aproskovec@medline.com)



### Spacelabs Healthcare

[www.spacelabshealthcare.com](http://www.spacelabshealthcare.com)

Jim Frank [jim.frank@spacelabs.com](mailto:jim.frank@spacelabs.com)



### Stryker

[www.stryker.com](http://www.stryker.com)

Representative Email



### ZOLL Medical

[www.zoll.com](http://www.zoll.com)

Julien Hensen [jhensen@zoll.com](mailto:jhensen@zoll.com)

Thank you for supporting the  
2018 Iowa ENA Conference!

# Vendors



# A Final Message on the 2018 Iowa ENA Conference

Thank you to the conference organizers and Iowa State Council Board Members. Your dedication and hard work resulted in an excellent conference!



Finally, thank you to Iowa Emergency Nurses across the state. We honor your commitment and service!



See everyone at next year's conference.



# Know Your Board Officers: Iowa State Council



## *President & IQSIP Chair*

**Jeff Jarding** MSN, RN, CEN

[jjarding@broadlawns.org](mailto:jjarding@broadlawns.org)

## *President-elect*

**Marvin J. VanDerWiel** BSN, RN,  
CEN



## *Secretary*

**Mary Petersen** BSN, RN

[medc98@icloud.com](mailto:medc98@icloud.com)

## *Treasurer*

**Carol Fridal** MS, RN, CEN, EMT

[carol.fridal@live.com](mailto:carol.fridal@live.com)



## *Member-at-Large*

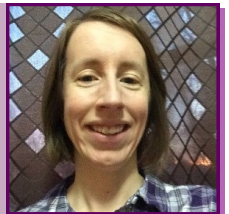
**Jennifer Lefeber** BSN, RN

[jlefeber@myrtuemedical.org](mailto:jlefeber@myrtuemedical.org)

## *Member-at-Large*

**Kimberly Mueller** BSN, RN, CEN

[kimberly.mueller@unitypoint.org](mailto:kimberly.mueller@unitypoint.org)



## *Member-at-Large*

**Kristin Platz** BSN, RN, CCRN

[KPlatz@mercydesmoines.org](mailto:KPlatz@mercydesmoines.org)

## *Member-at-Large*

**Janet Abbott Eckhart** EdD, MSN, RN

[janeteckhart@prodigy.net](mailto:janeteckhart@prodigy.net)



## *Immediate Past President*

**Jeri Babb** MSN, RN, CCRN, CEN

[jbabb@mercydesmoines.org](mailto:jbabb@mercydesmoines.org)

## *Membership Chair*

**Elizabeth M. Brant** RN

[ebrant@mercydesmoines.org](mailto:ebrant@mercydesmoines.org)



## *ENPC Chair*

**Teri Neal** BSN, RN, CPEN

[Terry.Neal@unitypoint.org](mailto:Terry.Neal@unitypoint.org)

## *TNCC Chair*

**Beth A. Berg** MSN, RN, CCRN-K

[bberg2@mercydesmoines.org](mailto:bberg2@mercydesmoines.org)





# What's Happening in the ED?

## *The University of Iowa Hospitals & Clinics*

### *Iowa's sole winner of the Lantern Award from the Emergency Nurses Association (2015-2019)*

By Heather Andresen BSN, RN, CEN  
UIHC ED Staff Nurse



The University of Iowa Emergency Department is located in Iowa City, Iowa, just off of busy Interstate 80. At University of Iowa Healthcare (UIHC) we have a 44 bed emergency department that serves more than 60,000 patients annually. Our facility includes rooms specialized for all possible emergencies including: trauma / resuscitations, HEENT, behavioral health, pediatric, and HAZMAT. Along with our specialized and general exam rooms, we have five triage spaces that focus on timely assessment and movement of patients from the waiting room to the main ED. We have a 24 / 7 in house trauma response team to the Emergency Department that is led by the Department of Surgery and has in house specialty consults, including orthopedic surgery, neurosurgery, otolaryngology, ophthalmology, and anesthesia to name a few.

Our ED team is comprised of a large talented group of registered nurses, nursing assistants, paramedics, residents, staff physicians, nurse practitioners, and physician assistants. The ED is led by a Nursing and Physician leadership team that works side-by-side to provide the best environment for staff and patients. The ED Nursing leadership team consists of Barbara Schuessler, RN MSN MBA CPEN, Associate Director of Nursing, Emergency Medicine, and four Assistant Nurse Managers: Katie Schneider, RN MSN CEN, Dan Hubbard, RN BSN CEN, Ali Harmon, RN MSN CEN, and Katie Bulin, RN MBA CEN. The entire ED works tirelessly to provide the highest level of care to all patients, and the standard of care is something the ED staff prides ourselves on. These efforts are evident by the designations and accolades we have received. These include:

- ♦ Iowa's sole winner of the Lantern Award from the Emergency Nurses Association (2016-2019).
- ♦ Level 1 Adult Trauma Center and Level 1 Pediatric Center, the highest level designation awarded by the American College of Surgeons and the only Level 1 pediatric center in Iowa.

- ♦ Certified Resource Trauma Care facility by the Iowa Department of Public Health.
- ♦ Iowa's only Emergency Medicine residency in the state of Iowa.
- ♦ Iowa's only comprehensive Stroke Center.
- ♦ Bronze level recipient of the Nurses Improving Care for Healthsystem Elders (NICHE) award for Emergency Department.

We work very hard to provide the best care and facilities for our patients. Our team of hard working professionals continuously strives to maintain the highest standards in emergency practice. Education is one of the pillars the University of Iowa is built on, and continuing education is provided to all UIHC ED nurses as a way to ensure best practice standards are the standard of care received. All UIHC ED nurses complete the ENA's Trauma Nursing Core Course (TNCC) and Emergency Nurse Pediatric Course (ENPC). Those courses are offered along with annual hands on simulations and education retreats with the goal to ensure our nurses are equipped with the best knowledge and skills to care for our adult and pediatric populations. In addition, nearly 25% of our nurses are CEN or CPEN certified. UIHC ED strives to provide our talented team with all the tools and knowledge available so we can deliver exceptional care to our patients.





*America's nurses are the beating heart of our medical system.*

*-Barak Obama*

# 2018 Trauma Conference

Airport Holiday Inn

6111 Fleur Drive

Des Moines, Iowa 50321

August 29, 2018

The Iowa Department of Public Health is offering the 2018 Trauma conference. There are four tracks: providers, RNs, EMS, and emergency preparedness. The purpose is providing powerful information for building the trauma system and preparing for man-made and natural disasters.

There will be CEU's, CME's, and CEH's provided for the attendees. National speakers from Las Vegas, Boston, and Texas will be in attendance along with state subject matter experts.

*We look forward to seeing you there!*

## Trauma Pre-Conference Training Day

The conference and pre-conference training day are geared toward physicians, nurses, EMS providers, and emergency preparedness personnel.

## Session Offerings

This year's pre-conference day includes a pediatric trauma skills station, ATLS refresher, and Preparedness 101.

Session selection seeks to prioritize offerings for attendees, addressing current issues, trends, and attendee trauma needs.

## Registration

TBA

It is anticipated both pre-conference / conference registration will be available soon.

## Questions and / or Concerns

### Diane Williams

Executive Officer | Bureau of Emergency and  
Trauma Services | ADPER & EH  
Iowa Department of Public Health  
321 E. 12th St Des | Moines, IA 50319  
Mobile: 515-822-8879  
[diane.williams@idph.iowa.gov](mailto:diane.williams@idph.iowa.gov)



# Trauma Resources

## Iowa Trauma Program

Iowa Department of Public Health—[Trauma Program](#)

It is anticipated both pre-conference / conference registration will be available by April.

## American Trauma Society (ATS)

Provides education, advocacy, and action on trauma-related topics. Also provides injury prevention programs. [American Trauma Society](#)

## Injury Prevention Resources

CDC – National Center for Injury Prevention and Control

[www.cdc.gov/injury](http://www.cdc.gov/injury)

Emergency Nurses Association – Institute for Quality, Safety and Injury Prevention

[www.ena.org/practice-research/Pages](http://www.ena.org/practice-research/Pages)

Every 15 Minutes – Teen Drunk Driving Prevention Program

[www.every15minutes.com](http://www.every15minutes.com)

Iowa Department of Public Health – Matter of Balance: Fall Prevention Program

[www.aging.iowa.gov](http://www.aging.iowa.gov)

Injury Prevention Research Center

[www.public-health.uiowa.edu/iprc](http://www.public-health.uiowa.edu/iprc)

National Highway Traffic Safety Administration

[www.nhtsa.gov](http://www.nhtsa.gov)

Safe Kids Greater Des Moines

[www.dsmsafekids.org](http://www.dsmsafekids.org)

Safe Kids USA

[www.safekids.org](http://www.safekids.org)

Safety Lit – Injury Prevention Literature Update & Archive Database

[www.safetylit.org](http://www.safetylit.org)

## Emergency Nurses Association

Iowa State Council

Visit us on the web...

[iowaena.nursingnetwork.com](http://iowaena.nursingnetwork.com)

# Save the Date

Mary Greeley Medical Center  
Ames, IA

CEN Prep Course  
September 20 & 21, 2018

*Solheim's Certified  
Emergency Nurse  
(CEN®)*

*Exam Preparation  
Course*

Thursday September 20, 2018  
and  
Friday September 21, 2018

*Registration at 7:30am each day  
Program time: 8:00am – 5:00pm*

Successfully completing the Certified Emergency Nurse (CEN) exam is a challenge that has been completed by only a minority of emergency nurses.

This course is a review of emergency nursing designed to assist the participant to be successful in obtaining CEN certification.

The course offers lectures, graphics, videos and practice questions in many of the areas that are tested on the CEN exam. This review provides a foundation for further study as the participant works toward emergency nursing certification.

Mary Greeley Medical Center  
Ames, IA.



# News, Announcements, & Upcoming Events

## Educational Offerings

May 23, 0700 **TNCC Instructor**

Mercy Medical Center, Des Moines

[Course information & registration](#)

May 29-30, 0800 **TCAR Provider**

St Luke's Medical Center, Cedar Rapids

Sponsor: Unity Point Health

[Course information & registration](#)

August 29, 0700 **TNCC Renewal**

Mercy Medical Center, Des Moines

[Course information & registration](#)

Sept 20-21, 0800 **CEN Review**

Mary Greely Medical Center, Ames

[Course information & registration](#)

September 26, 0700 **TNCC Renewal**

Mercy Medical Center, Des Moines

[Course information & registration](#)

October 30, 0700 **TNCC Provider**

Mercy Medical Center, Des Moines

[Course information & registration](#)

November 28, 0700 **TNCC Provider**

Mercy Medical Center, Des Moines

[Course information & registration](#)

## Educational Resources

**Iowa ENA State Council**

[Additional Courses Available](#)

**ENA National**

[Additional Courses Available](#)

**University of Iowa Hospital & Clinics**

[Additional Courses Available](#)

## Chapter Meetings

There are five (5) meetings annually

### Event Location

Broadlawns Medical Center

Medical Plaza Complex

1801 Hickman Road

Des Moines, IA 50314-1597

July 11, 2pm

September 19, 2pm

### December Christmas Party

Place & time TBA

## Save the Date

### 2018 ENA National Conference

June, 2018 Delegate application deadline

Applications coming out soon

### ENA Trip to the Netherlands

ENA is planning a delegation to the Netherlands in October.

Further information TBA.

Contact [Jeff Jarding](#) if interested.

## Conferences



## 2018 Trauma Conference

August 29

### Event Location

Airport Holiday Inn

6111 Fleur Drive

Des Moines, Iowa 50321

## Emergency Nursing 2018

### ENA National Conference

September 26-29

### Event Location

David L. Lawrence Convention Center

1000 Fort Duquesne Boulevard  
Pittsburgh, PA 15222

## Human Trafficking Resources

*\*thank you Dr. Findlay for these resources*

### Polaris Project / National Human Trafficking Center

[polarisproject.org](http://polarisproject.org)

### HEAL

[Healtrafficking.org](http://Healtrafficking.org)

### SOAR to Health and Wellness

[Office of Trafficking in Persons](#)

### Human Trafficking Guidebook

[From Massachusetts General Hospital](#)

### Braking Traffik

[Family Resources](#)

### Iowa Network Against Human Trafficking

[Iowa Network](#)