

GVNA

VISION

VOICE

ACTION

GVNA VIEWS

SPRING 2018

GVNA President's Report:

GVNA has been active in the past year as you can see from the Board of Director's Update in this newsletter. We had our Annual Spring Dinner and Awards Celebration in May during National Nurses Week and the sun was actually shining. Thanks to all the members of the GVNA BOD including outgoing BOD members Kathie Dever (Treasurer) and Lory Shellman (Membership). Welcome to new BOD members Jennifer Smalls (Treasurer) and Kathy Landon (Membership). Thank you to Laura Markwick who has agreed to serve as the BOD Program Liaison for the next year. A special thank you to Natalie Masco-Dixon who is stepping down as Past-President. Her leadership over these past few years has been invaluable to our organization. Our membership continues to grow. Please consider putting your name forward for the open BOD position of President-elect. The Membership and Program Committees are also in need of more nurses to help out with the committee work. Thank you all for being members of GVNA. Questions or comments can be sent to gvnassociation@gmail.com

Nancy Iafrati

GVNA Board of Directors Biannual Update:

Treasurer's Report/Kathie Dever:

GVNA continues to be financially solvent. Because we cut our costs down over ten years ago by going to a virtual office, we have not had to raise our annual dues in a long time and have no plans to do this in the future. Thank you for the opportunity to serve as your treasurer for the past two years. Welcome to Jennifer Smalls who has been elected to serve as your treasurer for the next two years.

Membership Report/Lory Shellman:

Thanks to all of you for your membership in your professional nursing organization. In the past year, the committee has been reaching out to all areas in our 7-county region as well as to our nursing students and recent graduates. A reminder that new graduates within one year of their initial licensure can become a member of GVNA at no cost. Kathy Langon has been elected to serve as your Membership Liaison for the next two years.

Awards & Nominations Committee Report/Karen Parker:

Our Annual Spring Dinner was held on Wednesday, May 9 at the Italian American Community Center in Gates. Congratulations to the 2018 GVNA Award Winners (see page 2). With the exception of President-elect, all open positions on the BOD have been filled. Please consider volunteering for this wonderful professional opportunity.

Communications Committee Report/Erin Brand:

Ideas for our biannual newsletter can be sent to gvnassociation@gmail.com. Please take the time to join our Facebook Page.

Legislative Report from Lillian Heindl:

The Governor signed the BS in 10 Bill into law in December 2017. Answers to commonly asked questions can be found at: <https://gvna.nursingnetwork.com/nursing-news/103011-bs-in-10-faqs>. Our 33rd Annual Legislative Reception was held on Thursday, February 15th at St. John Fisher College and a summary can be found at: <https://gvna.nursingnetwork.com/nursing-news/103961-gvna-33rd-annual-legislative-reception>. "Who Represents You 2018" is now available and can be found at: <http://www.lwv-rma.org/WRY.pdf>

Director at Large/Kathleen Mullaney:

GVNA has been teaming up with Intervol. Thanks to all who brought donations to GVNA's Spring Dinner.

Program Report/Laura Markwick:

Thanks to Ann Harrington, Executive Director of NYONEL (New York Organization of Nurse Executive and Leaders) for her presentation on The Evolution of BS in 10. See our "Save the Dates" on page 2 for fall 2018.

GVNA

VISION

VOICE

ACTION

GVNA VIEWS

SPRING 2018

SAVE THE DATE:

October 3rd:

Public Health Crises 2018 on October 3 sponsored by the Coalition of Regional Nursing Organizations featuring a panel discussion on the opioid crisis, gun violence and human trafficking. A "Save the Date" Flyer can be found at: <https://gvna.nursingnetwork.com/nursing-news/111921-2018-corno-offering-on-10-3-save-the-date>

October 19th & 20th:

ANA-NY 6th Annual Meeting and Conference on October 19 and 20 in Albany. <https://gvna.nursingnetwork.com/nursing-news/115221-ana-new-york-6th-annual-meeting-and-conference>

Nursing Loses a Heroine

Dorothy Louise McIntosh Slaughter passed away March 16, 2018 at the age of 88 with a legacy that few in congress could match. She was passionate and persistent in her advocacy for her district, for women and for health care. She was endorsed by the American Nurses Association every election cycle since she first ran for congress in 1986. Her list of accomplishments are many but few realize that as chair of the Rules committee, she navigated the passage of the Affordable Care Act. Louise heard the stories of families who did not have access to health care for their cancers, their diabetes, their heart disease; much less to prevent these costly conditions.



In 1994, she co-authored the Violence Against Women Act with Senator Joe Biden and it was signed into law by President Clinton. She fought for its re-authorization every cycle until the day she died. In 1995, she introduced the Genetic Information Non-Discrimination Act (GINA), to encourage participation in research without fear of losing one's job or health insurance. It was finally signed by President George Bush in 2008.

Louise secured the first \$500 million for breast cancer research at the National Institutes of Health (NIH). She fought for legislation guaranteeing that women and communities of color are included in all federal health trials by establishing an Office of Research on Women's Health at NIH.

As a microbiologist, another priority for Louise was the Preservation of Antibiotics for Medical Treatment Act, to address the overuse of antibiotics in humans and animals. Her interest in microbiology was initiated after the death of her young sister from pneumonia. The main roadblocks preventing the bill from passing, Slaughter said, are "money and ignorance and old practices."

The list goes on and on but most of all, we remember Louise as a dear friend of nursing. She cited the contributions of nursing in her remarks about health care and consulted with nurses for evidence-based decisions on health care policy. Louise will be missed and remembered as we continue our efforts for access to quality health care for all. Thank you Louise and many thanks to her family for sharing her with us.

Submitted by Mel Callan

GVNA

VISION

VOICE

ACTION

GVNA VIEWS

SPRING 2018

NURSING REPRESENTATION ON THE MONROE COUNTY HEALTH DEPARTMENT BOARD OF DIRECTORS



The Monroe County Board of Health advises the County Executive on matters relating to public health policy and health and medical concerns of the County of Monroe. The Board advises the Commissioner of Health in the various program areas in matters relating to priority setting, programming and fiscal aspects of annual budget plans to be submitted of the County of Monroe and direct special inquiry to program functions when needed in response to the Board's oversight function to maintain the quality and integrity of public health programming. (<https://www2.monroecounty.gov/health-aboutus.php>)

When Mel Callan was appointed as a citizen member to the Monroe County Health Department BOD in 1989, she was surprised to discover that there were no nurses appointed to the Board and the bylaws did not mandate for nursing representation on

the Board. Through Mel's advocacy, the bylaws were soon amended to say that: "The Medical Society of the County of Monroe and the Genesee Valley Nurses Association may submit to the County Executive a list of physicians and nurses, respectively, from which the County Executive may choose the physician and nurse members of the Board of Health." Currently, three out of the 11 members of the Board of Health are nurses. These include Laura Markwick, Linda Dobson and Elizabeth Kiss.

Laura Markwick is a family nurse practitioner in a private practice in Rochester, NY. In addition to being the President for the Monroe County Health Department Board of Directors, she is also active in multiple professional organizations, serving on the Board of Directors for the Nurse Practitioner Association of New York/Region 2 and the Genesee Valley Nurses Association. She is a member as well of a number of other nursing and nurse practitioner professional organizations. She lives in Pittsford with her husband and three children.

Linda Dobson will soon be stepping down from the BOD after serving two terms. She has been Wheatland Town Supervisor since 2004. Her professional experiences have been in the area of Public Health Nursing and she recently retired from a department head position in a local 565 bed skilled nursing facility.

Elizabeth Kiss is an assistant professor of nursing at St. John Fisher College and teaches in the graduate and undergraduate programs. She also maintains a clinical practice as a Family Nurse Practitioner in Surgical Oncology at Strong Memorial Hospital. She was appointed to the BOD after applying for the position. In addition to her nursing background, she has a Masters in Environmental Science and has worked in environmental education and environmental policy. This background allows her to bring a unique perspective to her position on the Board.

There is a modern proverb that states "You are either at the table or on the menu." In Monroe County, the profession of nursing is at the table and is being represented on the Monroe County Health Department Board of Directors. Questions can be directed to Laura Markwick, President for the Monroe County Health Department Board of Directors.

GVNA

VISION

VOICE

ACTION

GVNA VIEWS

SPRING 2018

Report on the World Health Congress - 2018

Dr. Marilyn Dollinger and I attended the World Health Congress April 29 - May 2 in Washington DC. It was 3 1/2 days of attention grabbing sessions led by leaders throughout the health care industry. The audience of 1500 was as diverse as the topics. Attendees were from government, health plans, pharmaceutical companies, employers, clinicians and several entrepreneurs in health care.



We heard from John Mackey, CEO /co-founder of Whole Foods who presented the evidence based science of a plant-based diet on chronic diseases. We also heard from Ryan Olohan, Director of Google Health, who gave interesting data on trends, websites and key areas to focus.

As nurses, we were pleasantly surprised at the major theme throughout the conference, which was social determinants of health. One of the earlier key notes was a panel discussion entitled "Social Determinants of Health - A Call to Action" and moderated by Ian Morrison, an author, an economist and a futurist. It was noted that one third of health care costs are wasted and we need to repurpose those dollars for social determinants. Success stories were shared including Aetna's "successful communities", and health plans covering assistance with housing, transportation, childcare and food.

Nurses need to connect with those outside of our profession, many of whom contribute to health policy decision making. Our views and data are appreciated when presented but we need to provide the leadership in all aspects of the health care industry.

Go to the World Congress website, www.worldcongress.com and look under health care events. The 2019 conference will be 4/28-5/1 in Washington DC. Nurses are provided a discount rate.

Submitted by Mel Callan

AMERICAN RED CROSS NEEDS VOLUNTEER MEDICAL SCREENERS

The American Red Cross provides relief to victims of disasters at home and abroad, collects and distributes nearly half of the nation's blood supply, teaches life-saving skills, and supports military members and families. The American Red Cross, a charity and not a government agency, depends on voluntary contributions of time, money and blood to perform its humanitarian mission. American Red Cross WE NEED YOUR HELP VOLUNTEER MEDICAL SCREENER

Assist Blood Donors through the collections process by determining procedure eligibilities and conduct physical exams. Experience working in a regulated medical environment preferred.

Please join us for an informational meeting about this exciting opportunity. Refreshments will be served! Please contact us for additional information about this exciting opportunity to support your local blood drives and community. American Red Cross / New York-Penn Blood Region Headquarters at

825 John Street, West Henrietta, NY

Please RSVP to Laurie.macfarlane@redcross.org



GVNA

VISION

VOICE

ACTION

GVNA VIEWS

SPRING 2018

Defining Hope Update

With the support of the American Nurses Foundation, award-winning filmmaker Carolyn Jones has brought these insights to life in 'Defining HOPE,' a feature-length documentary that tells the story of patients with life-threatening illnesses, and the nurses who share their journey. The Foundation has supported the documentary to raise public awareness on the impact of nursing; and the light that nurses can bring to the darkest of times. Through exploring what matters most at the fragile junctures in life, the film follows patients making choices about how they want to live, how much medical technology they can accept, what they hope for – and how that hope evolves when life is threatened. The feature was released on November 1, 2017, in honor of National Hospice and Palliative Care Month and is now available on DVD (hope.film). A study guide, which highlights 16 vignettes, covering a range of topics, and profound talking points, is now available at: <https://www.nursingworld.org/resources/defining-hope/>

Annual Spring Dinner & 2018 GVNA Award Winners

- * Legislative Award to Ann Harrington
- * Nurse Practice Award to Adam Wilson
- * Nurse Graduate Award to Kathleen Mullaney
- * Nurse Educator Award to Kylene Abraham
- * Student Nurse Leadership Award to Michaela Turturro
- * GVNA Advocacy Award to Assemblyman Joe Morelle for his work on BS in 10.
- * GVNA Advocacy Award to Greater Rochester Health Foundation for its generous funding of the Student Nurses Emergency Fund over the last 10 years.



Congratulations to Carissa Williams who graduated from St. John Fisher College with her master's degree in May. As part of her FNP program, she conducted a research study to evaluate the relationship between the nurses work environment and patient satisfaction. Thanks to the many members of GVNA who responded to her survey. Results can be found at:

<https://gvna.nursingnetwork.com/nursing-news/116511-thank-you-from-carissa->

Volunteer for GVNA

We are looking for volunteers to assist GVNA in a variety of activities including events planning, membership recruitment, legislation, community service, awards, and nominations.

Please email gynassociation@gmail.com if you are interested in joining this committee or talk to a board member at an upcoming event.

GVNA Executive Board 2018-2019

President:

Nancy lafrati

President-elect:

Open position

Secretary:

Pam White

Treasurer:

Jennifer Smalls

Programs:

Laura Markwick

Membership:

Kathy Langen

Legislative committee:

Lillian Heindl

Communications:

Erin Brand

Awards and Nominations:

Karen Parker

Director at Large:

Kathleen Mullaney