



Sean Flaherty
Head and Neck Cancer Survivor



Life was good to Sean. Solid marriage, two healthy children and a career in finance that he enjoyed. Sean was also athletic, so a little cold wasn't going to slow him down until he got the throat cancer diagnosis. It stunned him, but he regained his composure and waged a battle with cancer that would ravage his body and test his will. Chemotherapy and radiation resulted in nerve damage, muscle spasms and range of motion issues. These challenges left him unable to turn his head left, raise his arm above shoulder height or conduct some of his daily life activities. Five years later, with the help of ongoing physical therapy and Botox treatments, he regained function in his arm and neck and he's back to participating in and enjoying everyday life activities.

Your Quality of Life is Our Life's Work

Cancer patients and survivors often face painful, function-limiting consequences brought on by acute treatments such as chemotherapy, radiation and/or surgery. Cancer rehabilitation can help those individuals **regain strength, physical function** and the **independence** they may have lost due to cancer or its treatment.

Treatment plans are tailored to a patient's needs and address common side effects such as:

- Joint aches
- Neck or back pain
- Decreased range of motion
- Spinal cord injury
- Numbness or tingling
- Loss of strength
- Post-surgical pain
- Radiation fibrosis
- Lymphedema
- Muscle spasms, cramps or achiness
- Bowel and bladder disorders
- Difficulty speaking or swallowing
- Fatigue and weakness
- Balance or walking difficulties

Our team is here to help:

- Relieve pain and spasms
- Decrease fatigue
- Improve balance
- Regain mobility
- Build strength and endurance
- Improve memory and concentration
- Reduce lymphedema
- Improve speech and swallowing
- Enhance function
- Restore or maintain quality of life

Our approach



Goal Oriented

What matters most to you? Whether it's getting back on the dance floor or going fishing again, we want you to have the strength and function to achieve your goals.

Care Coordination

We partner with medical, radiation and surgical oncologists, their teams and other health care providers to make sure you enjoy a seamless experience.

Certified Therapists

ReVital therapists are specially-trained in oncology rehabilitation and understand the unique challenges patients face while undergoing cancer treatment. Our therapists choose to specialize in cancer therapy because they want to help people thrive, not just survive.

Continuum of Care

Services are available from diagnosis through survivorship. Our multidisciplinary team is here to support you throughout your journey from preparing you for rehabilitation with 'prehabilitation' to physical, occupational and speech language therapies as well as nutritional guidance.



Leading the Way

Wholly-owned by Select Medical, ReVital is the first nationwide comprehensive cancer rehabilitation program. It is being deployed across Select Medical's **1,600-plus outpatient centers throughout the U.S.**

The ReVital program helps survivors live well beyond cancer by bridging the gap between oncology and rehabilitation care providers. **Baylor Scott & White Institute for Rehabilitation Outpatient Therapy** is the latest provider to offer the ReVital program. For more information about the ReVital Cancer Rehabilitation program, contact a Baylor Scott & White Rehab center near you.



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Living well beyond cancer