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Our Officers are list on Nursing Network under <u>About Us</u>. This will change this month with our election.

Cancer & Health Awareness

- Cancer Immunotherapy Awareness Month
- Men's Health Month
- National Safety Month
- National Nursing Assistant Week (10 -17)
- ☼ National Men's Health Week (11-17)
- National Cancer Survivors Day (3)

Oncology Resources of the Month

American Cancer Society has many helpful online resources for healthcare professionals from cancer fact sheets to ready-made power point presentations.

<u>Cancer Control P.L.A.N.E.T.</u> provides access to data and resources that can help planners, program staff, and researchers design, implement and evaluate evidence-based cancer control programs.

<u>Patient Resource</u> has a variety of online education on topics such as survivorship and immunotherapy as well as cancer guides you can order.



Kathy Pratt, BSN, RN, OCN, CBCN Genetic Nurse Navigator Harold Simmons Comprehensive Cancer Center, UT Southwestern Medical Center



Being a Navigator means...

Being able to pick up the loose ends and be the squeaky wheel to move timely and quality patient care forward.

What do you enjoy most about your job as Navigator? The ability to work with patients and families and to make a difference in their health outcomes.

What special skills do you bring to your job, including hidden or visible talents and past work/life experience? Every previous position I've held influences what I do now: Inpatient oncology, and lots of outpatient oncology specializing in breast cancer, breast cancer prevention research, and patient navigation. I also have the personal and family history going through BRCA testing and the related prevention and/ or treatment of cancers.

Are there any tips, resources and/or words of inspiration or advice you would like to share with other Navigators? As nurses, we navigate patients' care every day, no matter what the setting. I like to say that I can't do anything about the fact that the person in front of me has cancer, but I can do whatever is within my power to make that experience a bit easier for

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them and their families. We have tremendous resources all around us within each other and the vast experience of each!

Have there been any events that you participated in related to Navigation that you would like to share?

- Various poster presentations at ONS Congress, Cowtown Oncology Nursing Symposium, ONA/ ONS Navigation Summit, etc.
- Talked on breast health awareness for Dallas Parks and Recreation.
- Helped teach the UT Southwestern CBCN & OCN review courses.
- Talked on nursing at a middle school Career Day.
- Co-wrote a slide deck on treatment for metastatic breast cancer for national presentation.
- Item writer for ONS CBCN certification exam.
- Participated in ONS Advocacy Day on Capitol Hill, visiting offices of U.S. Senators Ted Cruz and John Cornyn.

Name 3-5 lessons learned from doing this

event: It's OK not to know something. Learn who your resource people are. Reach outside your comfort zone! I heard something this past week from Debbie Mayer, past president of National ONS. She said, "Your message is right in front of you if you remember it's all about the patient."

Any other comments you would like to add: |

love that we have representation within the North Texas Navigator group from so many institutions, with a mix of novice to experienced navigators, as well as navigators from different tumor types and different navigation models.

Many thanks to those in the leadership positions of our group that keep it running smoothly!!!

Elected Officials

The 2018-19 board for the North Texas Regional Navigator Network of AONN+ will be announced shortly.

About Nursing Network

What is DFW Oncology Navigators on nursing network? DFW Oncology Navigators is our networking site. It's not part of AONN+ but many of our members are members of AONN+ and some are on the Local Navigator Network board. We use this site to communicate AONN+ and local navigator news.

What's on the website? This site has a robust amount of content:

- News and Announcements when you get an e-mail from us it is posted in this searchable section.
- Upcoming Events we'll list upcoming North Texas Regional Navigator Network dinner meetings and local navigator events.
- Members and Followers members are oncology navigators and nurses who have joined nursing network and are following our website. This is not to be confused with AONN+ membership. Once you are a member of Nursing Network you can send messages to other members through the website. Don't see your name? See how to sign up on page 4.
- About Us list of the North Texas AONN+ board as well as hospital contacts.

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- Newsletters and Awareness Flyers Navigator newsletters; monthly cancer awareness flyers; and blogs and poems.
- Education and Support Resources clinical resources; patient and community resources; and support groups.
- Contact Us- use this to contact us about upcoming events, corrections, questions for the navigation group, etc.

Save the Date



The next AONN+ North

Texas Regional Navigator

Network meeting will be Tuesday June 5th at 6:00 pm at Maggiano's Little Italy at North

Park. See details on <u>Nursing Network</u>. The other meetings will be September 4th and December 4th. More details to come.

ONA Navigation Summit

June 14-16 Chicago, IL

<u>Abstract</u> deadline for AONN+ Ninth Annual Navigation & Survivorship Conference is July 6, 2018.

AONN+ certification application deadline is November 1, 2018. See the criteria to apply here.

AONN+ Ninth Annual Navigation & Survivorship Conference

November 15-18 Dallas, TX Hilton Annatole Dallas

Additional resources:

- Clinical Care Options Oncology
- Oncology Live Education

Need Online Continuing Ed?

- Academy of Oncology Nurse and Patient Navigators (AONN)
- ASCO University: Cancer topics CME
- Abbott Nutrition Health Institute
- Cancer and Careers
- CDC Learning Connection
- Coram CEs for RN, RD and SW
- InPractice (Partnered with ONS)
- Leukemia and Lymphoma Society
 Professional Education
- MD Anderson Oncology Professional Education
- Medscape Oncology CME
- My CME: Oncology Nurse Advisor article
- National Comprehensive Cancer Network (NCCN)
- Nurse.com
- Nurse CEU.com
- OncoLink
- Oncology Nurse Advisor
- Oncology Nursing Society (ONS)
- Pearls Review
- Philips Learning Center
- Radiation Oncology
- Texas Board of Nurse Examiners



Some of these may require you to be a member or may have a fee

Quotable Quotes

"There is no medicine like hope, no incentive so great, and no tonic so powerful as expectation of something tomorrow." ~ Orison Swett Marden

"The potential within you is greater than the obstacles around you." ~ Matshona Dhliwayo

"Do what you can, where you are, with what you have." ~ Teddy Roosevelt

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"Life is not measured by the number of breaths we take, but by the moments that take our breath away." ~ Most commonly attributed to Maya Angelou

Don't forget...

If you haven't already:

Like us on Facebook @dfwoncologynavigators



AND...

Sign up for our website, <u>DFW Oncology</u>
<u>Navigators</u>, on <u>Nursing Network</u>. It's easy, costs nothing and will only take a few minutes:

- First join Nursing Network at <u>www.nursingnetwork.com</u> Please include your specialties and where you are employed.
- 2. Then "follow *DFW Oncology Navigators*. By signing up you help us keep track of our local community of Navigators. Not sure if you signed up already? Go to our site <u>membership</u> and check. If you are not a member but getting correspondence from us it's because you are on a list that was created when you were sent an invitation to join.

Message from the Webmaster



Gwen Spector RN, BSN, COCN Webmaster for the AONN+ North Texas Regional Navigator Network and DFW Oncology Navigators.

Don't forget to change your e-mail address on Nursing Network if you change jobs

