

# MAY CANCER AWARENESS MONTH

## Melanoma and Skin Cancer



Skin cancer is the most common type of cancer in the United States. Ultraviolet (UV) radiation from the sun is the main cause of skin cancer. UV radiation can also come from tanning booths or sunlamps. The most dangerous kind of skin cancer is called melanoma. According to the skin cancer foundation, on average, a person's risk for melanoma doubles if he or she has had more than five sunburns

**The Good News :** skin cancer can almost always be cured when it's found and treated early. Get a regular physical exam with your physician or a specialist called a dermatologist



## Brain Cancer

The signs and symptoms of a brain tumor can vary significantly from one person to another. It depends on where in your brain the cancer is located and the rate at which it is growing.

***The following are possible signs of brain cancer:***

- Difficulty with balance, speech, or general confusion in everyday matters.
- New headaches or a change in the pattern of your headaches.
- Vision problems, including blurred vision, double vision or loss of peripheral vision.
- Unexplained nausea and/or vomiting.
- Gradual loss of sensation or movement in your arm(s) or leg (s).

**Benign primary brain tumors** are not cancerous. They grow slowly, and tend to be treated with surgery or other treatments. However, benign brain tumors can still damage normal brain tissue and cause serious problems.

**Malignant brain tumors** are more aggressive by definition. They grow more quickly and invade local structures more aggressively.

**Metastatic brain tumors** are tumors that spread (metastasize) to the brain from another location in the body, such as the lung, colon, breast or kidney. Metastatic brain tumors are more common than primary brain tumors.



## Bladder Cancer

Bladder cancer accounts for about 5% of all new cancers in the U.S. It is the fourth most common cancer in men, but it is less common in women.



- ✓ Typically affects older adults older than 60 years of age
- ✓ The most common symptom is blood in the urine
- ✓ It is usually diagnosed early when it's still treatable
- ✓ It's likely to reoccur, so follow-up tests are typically recommended