May 2018

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Our Officers are list on Nursing Network under <u>About Us</u>. This will change this month with our election.

Cancer & Health Awareness

- Bladder Cancer Awareness Month
- * Brain Tumor Awareness Month
- * Cancer Research Month
- Melanoma and Skin Cancer Detection and Prevention Month
- ★ Mental Health Month
- * Older Americans Month
- **☀** Oncology Nursing Month
- ★ Physical Fitness Month
- * Nurses Week (6-12); Nurses Day (6)
- ★ National Hospital Week (6-12)
- * National Women's Health Week (13-19)
- ★ Neuroscience Nurses Week (14-20)
- ★ Melanoma Monday (7)
- ★ National Teacher Day (9)
- * National Women's Check-up Day (14)
- ★ Don't Fry Day (25)
- **★** World No Tobacco Day (31)

Oncology Resources of the Month

<u>DFW Oncology Navigators</u> on Nursing Network has several resources for clinical and patient use. One such resource is <u>Learning Resources</u>

for Oncology Healthcare Professionals which is updated yearly and is a toolkit of resources for oncology healthcare professionals.

Check out Resources for the Cancer Journey
from the Sarah Cannon Medical City Healthcare
Navigators. This is also listed on Nursing
Network under patient resources

The 4th Annual <u>Guide to Patient Services</u> is out. This newest edition is "an easy-to-use, concise manual for oncology providers to help their patients navigate their cancer treatments, and help those who need financial assistance in paying for those treatments." - Oncology Practice Management.

My Resource Search App by Patient Advocate Foundation

My Resource Search is a free, easy to use, smart finder tool for on-the-go healthcare, financial and insurance help by the nation's leading patient organization – Patient Advocate Foundation





Molly Sutton, MS, RN, OCN Complex GI and Sarcoma Oncology Nurse Navigator at Medical City Dallas and President of the North Texas Navigator Network.



Being a Navigator means...

being able to help support a person during one of the most trying times in his or her life. It is a

privilege to be let into peoples' lives at a time when they are making decisions that impact the quality of their lives, as well as the lives of their family members. As a navigator, I have learned so much from my patients about my own priorities as well as my own spirituality.

What do you enjoy most about your job as Navigator? I love getting to know about my patients' personal lives; what they enjoy doing, how they spend time with their families, how they prioritize their lives.

What special skills do you bring to your job, including hidden or visible talents and past work/life experience? One special skill that comes to mind is my ability to communicate with non-verbal people, or with anyone who has communication challenges. I worked for the state of Texas for 13 years at Denton State School. This was a residential facility for adults with intellectual disabilities. Many of the people I worked with there had cerebral palsy or other physical challenges that often prevented speech. I learned to screen everyone who could not talk to determine whether they had developed alternative forms of communication. Sometimes, people could only answer "yes" or "no" to my questions by moving a body part, for example, rolling the eyes upward for "yes" or side to side for "no." With patience and time, I learned to communicate well enough in some cases to determine what things were most important to the people I worked with. I still use these skills from time to time.

Are there any tips, resources and/or words of inspiration or advice you would like to share with other Navigators? Mainly, I would say, check your preconceptions at the door! Always be ready to learn unexpected things about your patients. Be willing to listen with all the

attention you can muster, and don't assume anything!

We Need a **Selection** for our Election

Election time is here for the

AONN+ North Texas Navigation Network but we have a deficit. We don't have enough candidates running for office. We need Navigators like you. Please consider running for office.

- President Elect (One year term then will roll over into President the following year)
- ♠ Secretary
- ₱ Historian
- Nominations
- Communications/Webmaster

Contact our nominations officer Kristi Griffith at kristi.griffith@BSWHealth.org if you are interested. We need to have our elections very soon.

Save the Date

The next AONN+ North

Texas Navigator Network

meeting will be Tuesday June 5th at 6:00 pm.

Details to be announced at a later date. The

Details to be announced at a later date. The other meetings will be September 4th and December 4th. More details to come.

AONN+ Mid-year Conference

May 4-6 Boston, MA

May 2018

Free Melanoma Screening



May 12th 8:00-12:00 Medical City Plano and Texas Oncology Arlington North

The Oncology Nursing Society's Annual Conference

May 17-20 Washington, DC

ONA Navigation Summit

June 14-16 Chicago, IL

<u>Abstract</u> deadline for AONN+ Ninth Annual Navigation & Survivorship Conference is July 6, 2018.

AONN+ certification application deadline is November 1, 2018. See the criteria to apply here.

AONN+ Ninth Annual Navigation & Survivorship Conference

November 15-18 Dallas, TX Hilton Annatole Dallas

Additional resources:

- Clinical Care Options Oncology
- <u>Conferences</u>
- Oncology Live Education

Need Online Continuing Ed?

- Academy of Oncology Nurse and Patient Navigators (AONN)
- ASCO University: Cancer topics CME
- Abbott Nutrition Health Institute
- Cancer and Careers

- CDC Learning Connection
- ☐ Coram CEs for RN, RD and SW
- InPractice (Partnered with ONS)
- Leukemia and Lymphoma Society
 Professional Education
- MD Anderson Oncology Professional Education
- Medscape Oncology CME
- My CME: Oncology Nurse Advisor article
- National Comprehensive Cancer Network (NCCN)
- Nurse.com
- Nurse CEU.com
- OncoLink
- Oncology Nurse Advisor
- Oncology Nursing Society (ONS)
- Pearls Review
- Philips Learning Center
- Radiation Oncology
- Texas Board of Nurse Examiners



Some of these may require you to be a member or may have a fee

Quotable Quotes

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." Maya Angelou

"If an egg is broken by an outside force, life ends. If broken by an inside force, life begins. Great things always begin from the inside." Jim Kwik

"Leadership is not about titles, positions, or flowcharts. It is about one life influencing another." John C. Maxwell

"Everyone you will ever meet knows something you don't." Bill Nye

Don't forget...

If you haven't already:

Like us on Facebook @dfwoncologynavigators



AND...

Sign up for our website, <u>DFW Oncology</u>
<u>Navigators</u>, on <u>Nursing Network</u>. It's easy, costs nothing and will only take a few minutes:

- First join Nursing Network at <u>www.nursingnetwork.com</u> Please include your specialties and where you are employed.
- 2. Then "follow *DFW Oncology Navigators*. By signing up you help us keep track of our local community of Navigators. Not sure if you signed up already? Go to our site <u>membership</u> and check. If you are not a member but getting correspondence from us it's because you are on a list that was created when you were sent an invitation to join.

Message from the Webmaster

Happy Oncology Nursing Month, Nurses Week and Hospital week! Happy May to all!



Gwen Spector RN, BSN, COCN Webmaster for North Texas Navigator Network and DFW Oncology Navigators.