### Dementia Symposium for Healthcare Professionals

The silver tsunami has reached fruition and has brought rising diagnoses of dementia. The statistics are staggering with one in nine people 65 and older having a diagnosis of a dementia and one in three seniors die with Alzheimer's disease or a related dementia. In Connecticut there are 75,000 individuals living with a dementia. This is expected to climb to 80,000 by 2020 and 91,000 by 2025. Caregivers and families are struggling to keep their loved ones home. With this disease brings the need for different care strategies. Families and both formal and informal caregivers need help, support and coaching throughout all of the stages of dementia. Dementia is different than any other chronic disease in the fact that we need to develop different communication strategies, use innovative techniques to provide care, continually assess the person and environment for safety, and strategically plan for future needs.

#### Objectives:

- Articulate the significance of obtaining an early diagnosis of dementia
- Recognize the difference in symptoms of dementia, delirium & depression
- Describe the benefits of a planned day for a person with dementia
- Discuss the obstacles, effects, & emotional impact that caregiving has on a caregiver
- Define the benefits of physical activity and cognitive therapy interventions in a person with dementia
- Articulate the effects of commonly used medications in a person with dementia

#### **Faculty**

Dawn Murphy, MD, MPH Hartford HealthCare

Sarah Raskin, PhD, ABPP/ABCN Trinity College

Patty O'Brian, B.S., CDP Hartford HealthCare Center for Healthy Aging

Michelle Wyman, LSW, CDP Hartford HealthCare Center for Healthy Aging

Tom Atwood, PT, LSVT BIG Certified, TIP Level 1 Certified, CDP Better Balance Physical Therapy, LLC

Christine M. Waszynski DNP, RN, GNP-BC, APRN Geriatric Nurse Practitioner Hartford Hospital

Patricia Ludwikow & Jackie Dawson Caregivers

Sean Jeffery, PharmD, BCGP, FASCP, AGSF Hartford HealthCare Integrated Care Partners, UConn School of Pharmacy

## Hartford HealthCare Center for Healthy Aging

Connect to healthier. $^{\text{\tiny{TM}}}$ 

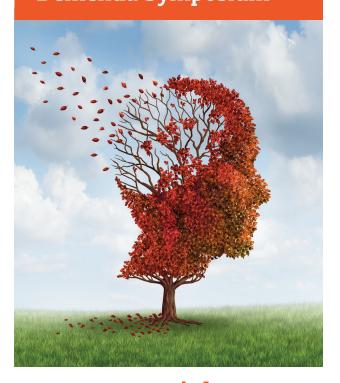
#### Free dementia guide at:

https://hhcseniorservices.org/services/center-for-healthy-aging

## Hartford HealthCare Center for Healthy Aging

**Presents** 

# Second Annual Alzheimer's Disease & Dementia Symposium



## Greater Insight & Practical Solutions

Friday, June 15, 2018 7:15AM- 4PM Aqua Turf 556 Mulberry St., Plantsville

#### **Continuing Education Credits (CEUs)**

#### Social Work:

Approved for 6.0 CEUs through National Association of Social Workers Connecticut Chapter

#### **Physical Therapy:**

Submitted for 6.0 CEUs through Connecticut Physical Therapy Association

#### Nursing:

This activity has been submitted to The Connecticut Nurses Association for approval to award contact hours. The Connecticut Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

#### **Nursing Home Administrator:**

Approved for 6.0 CEUs with Leading Age

#### **Symposium Planning Committee**

#### Hartford HealthCare Center for Healthy Aging

Wendy Martinson, MSN, RN Michelle Wyman, LSW, CDP Patty O'Brian, B.S., CDP Rani Bawa, BSc CIS, MHA. Amina Weiland, CDP, CDCP Adrianne DeVivo, B.S.

#### Hartford HealthCare at Home

Alison VanderGrift, LCSW, RMT Laurel Reagan, APRN



#### **Program**

| 7:15-7:45ам     | Registration & light breakfast   |
|-----------------|--|
| 7:45-8ам        | Welcome/introductions  |
| 8-9ам           | Dementia: Getting the Diagnosis<br>Dawn Murphy, MD, MPH  |
| 9–10ам          | Confusing Medications Might<br>Cause Confusion<br>Sean Jeffery, PharmD, BCGP, FASCP, AGSF                    |
| 10-10:15ам      | Break  |
| 10:15—11:15ам   | The 3Ds Dementia, Dilemma,<br>Depression<br>Chris Waszynski, DNP, RN, GNP-BC                                 |
| 11:15—11:45ам   | Benefits of Exercise on the Brain<br>Tom Atwood, PT, LSVT BIG Certified,<br>TIP Level 1 Certified, CDP       |
| 11:45ам-12:45рм | Lunch  |
| 12:45-1:45рм    | Caregiver Insight: Strategies<br>to Support<br>Michelle Wyman, LSW, CDP;<br>Patricia Ludwikow; Jackie Dawson |
| 1:45-2рм        | Break  |
| 2–3рм           | Creating Daily Moments of<br>Success<br>Patty O'Brian, BS, CDP   |
| 3-3:30рм        | Lessons from Neuroplasticity<br>for Cognitive Remediation<br>Sarah Raskin, PhD, ABPP/ABCN                    |
| 3:30-4РМ        | Evaluations/raffle   |

#### Registration

| Name                        |
|-----------------------------|
| Organization                |
| Address                     |
|                             |
| Phone                       |
| E-mail                      |
| □RN □LPN □SW □PT □OT        |
| □LIP □ Student □SNF □ Admin |
| □ Other                     |

\* Refunds are not available

#### Registration fee includes:

- Breakfast, lunch and refreshments
- CEUs & Certificate of Completion

#### To register please call:

General Fee: \$75.00

Hartford HealthCare Center for Healthy Aging: 1.877.424.4641

#### Payment options:

- MasterCard and Visa accepted with telephonic registration <u>OR</u>
- Mail completed form and check or money order payable to HHC Center for Healthy Aging Mail to: Hartford HealthCare Center for Healthy Aging, Attention: Jyotsna Vundavalli, 81 Meriden Ave., Southington, CT 06489

#### Registration must be received by May 25, 2018

**Questions:** Contact Wendy Martinson at 860.929.6829 or wendy.martinson@hhchealth.org

If you would like a copy of the PowerPoint, provide your email address when registering for the Symposium.