

Dementia Symposium for Healthcare Professionals

The silver tsunami has reached fruition and has brought rising diagnoses of dementia. The statistics are staggering with one in nine people 65 and older having a diagnosis of a dementia and one in three seniors die with Alzheimer's disease or a related dementia. In Connecticut there are 75,000 individuals living with a dementia. This is expected to climb to 80,000 by 2020 and 91,000 by 2025. Caregivers and families are struggling to keep their loved ones home. With this disease brings the need for different care strategies. Families and both formal and informal caregivers need help, support and coaching throughout all of the stages of dementia. Dementia is different than any other chronic disease in the fact that we need to develop different communication strategies, use innovative techniques to provide care, continually assess the person and environment for safety, and strategically plan for future needs.

Objectives:

- Articulate the significance of obtaining an early diagnosis of dementia
- Recognize the difference in symptoms of dementia, delirium & depression
- Describe the benefits of a planned day for a person with dementia
- Discuss the obstacles, effects, & emotional impact that caregiving has on a caregiver
- Define the benefits of physical activity and cognitive therapy interventions in a person with dementia
- Articulate the effects of commonly used medications in a person with dementia

Faculty

Dawn Murphy, MD, MPH
Hartford HealthCare

Sarah Raskin, PhD, ABPP/ABCN
Trinity College

Patty O'Brian, B.S., CDP
Hartford HealthCare Center for Healthy Aging

Michelle Wyman, LSW, CDP
Hartford HealthCare Center for Healthy Aging

Tom Atwood, PT, LSVT BIG Certified,
TIP Level 1 Certified, CDP
Better Balance Physical Therapy, LLC

Christine M. Waszynski DNP, RN, GNP-BC,
APRN Geriatric Nurse Practitioner
Hartford Hospital

Patricia Ludwikow & Jackie Dawson
Caregivers

Sean Jeffery, PharmD, BCGP, FASCP, AGSF
*Hartford HealthCare Integrated Care Partners,
UConn School of Pharmacy*


Hartford HealthCare
Center for Healthy Aging
Connect to healthier.™

Free dementia guide at:
<https://hhcseniorservices.org/services/center-for-healthy-aging>


Hartford HealthCare
Center for Healthy Aging
Presents

Second Annual Alzheimer's Disease & Dementia Symposium



Greater Insight & Practical Solutions

Friday, June 15, 2018
7:15AM– 4PM
Aqua Turf
556 Mulberry St., Plantsville

Continuing Education Credits (CEUs)

Social Work:

Approved for 6.0 CEUs through National Association of Social Workers Connecticut Chapter

Physical Therapy:

Submitted for 6.0 CEUs through Connecticut Physical Therapy Association

Nursing:

This activity has been submitted to The Connecticut Nurses Association for approval to award contact hours. The Connecticut Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nursing Home Administrator:

Approved for 6.0 CEUs with Leading Age

Symposium Planning Committee

Hartford HealthCare Center for Healthy Aging

Wendy Martinson, MSN, RN
Michelle Wyman, LSW, CDP
Patty O'Brian, B.S., CDP
Rani Bawa, BSc CIS, MHA.
Amina Weiland, CDP, CDCP
Adrianne DeVivo, B.S.

Hartford HealthCare at Home

Alison VanderGrift, LCSW, RMT
Laurel Reagan, APRN



Forget Me Not

Program

7:15–7:45AM	Registration & light breakfast
7:45–8AM	Welcome/introductions
8–9AM	Dementia: Getting the Diagnosis <i>Dawn Murphy, MD, MPH</i>
9–10AM	Confusing Medications Might Cause Confusion <i>Sean Jeffery, PharmD, BCGP, FASCP, AGSF</i>
10–10:15AM	Break
10:15–11:15AM	The 3Ds Dementia, Dilemma, Depression <i>Chris Waszynski, DNP, RN, GNP-BC</i>
11:15–11:45AM	Benefits of Exercise on the Brain <i>Tom Atwood, PT, LSVT BIG Certified, TIP Level 1 Certified, CDP</i>
11:45AM–12:45PM	Lunch
12:45–1:45PM	Caregiver Insight: Strategies to Support <i>Michelle Wyman, LSW, CDP; Patricia Ludwikow; Jackie Dawson</i>
1:45–2PM	Break
2–3PM	Creating Daily Moments of Success <i>Patty O'Brian, BS, CDP</i>
3–3:30PM	Lessons from Neuroplasticity for Cognitive Remediation <i>Sarah Raskin, PhD, ABPP/ABCN</i>
3:30–4PM	Evaluations/raffle

Registration

Name

Organization

Address.....

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Phone

E-mail

☐ RN ☐ LPN ☐ SW ☐ PT ☐ OT

☐ LIP ☐ Student ☐ SNF ☐ Admin

☐ Other

General Fee: \$75.00 * Refunds are not available

Registration fee includes:

- Breakfast, lunch and refreshments
- CEUs & Certificate of Completion

To register please call:

Hartford HealthCare Center for Healthy Aging:
1.877.424.4641

Payment options:

- MasterCard and Visa accepted with telephonic registration OR
- Mail completed form and check or money order payable to HHC Center for Healthy Aging
Mail to: Hartford HealthCare Center for Healthy Aging, Attention: Jyotsna Vundavalli, 81 Meriden Ave., Southington, CT 06489

Registration must be received by May 25, 2018

Questions: Contact Wendy Martinson at 860.929.6829 or wendy.martinson@hhchealth.org

If you would like a copy of the PowerPoint, provide your email address when registering for the Symposium.