

## In this Issue:

♣ Cancer & Health Awareness	pg. 1
♣ Resources of the Month	pg. 1
♣ Member Spotlight	pg. 2
♣ Certified Nursing Day	pgs. 2-3
♣ Save the Date	pgs. 3-4
♣ Online CEs	pg. 4

Our Officers are list on Nursing Network under [About Us](#).

## Cancer & Health Awareness

It's a March Madness of Cancer Awareness.

- 🍎 [Blood Clot Awareness Month](#)
- 🍎 [Colorectal Cancer Awareness Month](#)
- 🍎 [Kidney Cancer Awareness Month](#)
- 🍎 [Lymphedema Awareness Month](#)
- 🍎 [Myeloma Awareness Month](#)
- 🍎 [National Nutrition Month](#)
- 🍎 [Social Work Month](#)
- 🍎 [Patient Safety Awareness Week](#) (11 – 17)
- 🍎 [GI Nurses & Associates' Week](#) (26-30)
- 🍎 [Dress in blue day for colon cancer](#) (2)
- 🍎 [Triple Negative Breast Ca Day](#) (3)
- 🍎 [Registered Dietitian Nutritionist Day](#) (14)
- 🍎 [Certified Nurses Day](#) (19)
- 🍎 [Anal Cancer Awareness Day](#) (21)
- 🍎 [Kick Butts Day](#) (21)
- 🍎 [National Doctors' Day](#) (30)

## Resources of the Month:

### Colorectal Cancer Awareness Month

These organizations and programs have downloadable and/or free orderable educational materials, flyers, posters and more.

- 🍎 [American College of Gastroenterology -ACG](#)
- 🍎 [American Society for Gastrointestinal Endoscopy \(ASGE\)](#)
- 🍎 [CDC Screen for Life](#)
- 🍎 [Colorectal Cancer Alliance](#)
- 🍎 [One Million Strong](#)



Here are two patient websites specific to colorectal cancer screening:

- 🍎 [Be Seen Get Screened](#)
- 🍎 [Screen 4 Colon Cancer](#)

MD Anderson Cancer Center's [Bowel Management and Cancer](#) page has excellent resources. This is not just for bowel cancer but for any cancer and other conditions causing a change in bowel habits.

## Nutrition Month Resources

[My PearlPoint](#) is a great cancer nutrition resource. They are focusing more on nutrition this year. They have many great features including cancer-specific nutrition guidelines, tips for side effect management and many food recipes. They also have a mobile app providing practical tips for managing side effects during treatment. Did you know you can request a free telephone nutrition education consultation for your patients? Click [here](#) for details.



[Abbott Nutrition Health Institute](#) has many free online courses and several are applicable to oncology (see two courses listed below). They have cancer specific courses such as lung, GI and head and neck. You can also obtain a [Certificate of Training in Adult Malnutrition](#).

- Critical Mass: Role of Muscle and Nursing Assessments in Strengthening Patient Outcomes
- Nursing Currents: The 7th Vital Sign - The Role of Nutrition in Oncology Nursing



## **Katie Narvarte, LMSW**

It's Social Work month and this month's spotlight is on Katie Narvarte, LMSW. She is the survivorship Navigator for the Sarah Cannon Institute at Medical City Healthcare.

### **Please tell us about your role and what you like.**

My favorite part about my role is the diversity of my job. I'm working with patients and families after active treatment, but also develop research, and build programming. I feel fortunate that I can contribute to our cancer community in so many different ways.

### **How does (being a social worker and) your past experiences help you in your job as navigator?**

My husband is a cancer survivor, so being a caregiver gives me a lot of empathy for the entire family going through the cancer journey. As a social worker, I've the opportunity to work in many different environments – as a juvenile parole officer, in India, in higher education – and I'm thankful that all those experiences have given me a broader world view I carry with me today.

### **Are there any special projects, skills or tasks you do? Any special populations you work with?**

Last year I was so fortunate to join [Camp Kesem](#) as one of their mental health professionals, which was so rewarding. Camp Kesem is a week-long camp for kids with a parent with a cancer diagnosis, or who has passed from cancer. This is free to the families, and all

money is raised by college kids who also act as counselors. Being able to be a source of support for the kids, helping them process their emotions, and see them laugh, play, and confide in other kids was one of the most powerful experiences I've experienced.



*Katie at Camp Kesem, on the right in blue*

### **Any tips for new navigators?**

I would just remember to always advocate for yourself, whether it's a project you're passionate about at work, or needing time for self-care, or an uncomfortable situation, etc. You're always going to be the best person to stick up for yourself and get what you want out of life (professionally and personally!).

## **Certified Nursing Day is March 19**

There are over 100 nursing certifications and almost every specialty has at least one certification. Here is a list of certifications for Oncology and Navigators:



### **Breast Cancer Navigator**

[www2.bpnc.org/certification/](http://www2.bpnc.org/certification/)

Certified Navigator- Breast + individual designation based on licensure

- CN-BI = Diagnostic Imaging/Treatment Techs
- CN-BM = Management/Social Worker
- CN-BA = Advocate (All volunteers/lay navigators)
- CN-BC = Clinical (All certified medical assistants, technicians, licensed practical/vocational nurses)
- CN-BP = Provider (All breast care diagnosticians, nurse practitioners, physicians, physician assts, breast care PhDs)
- CN-BN = RN

## Oncology Navigator

<https://aonnonline.org/certification>

- Oncology Nurse Navigator Certified Generalist (ONN-CG™)
- Oncology Patient Navigator Certified Generalist (OPN-CG™)

You have an opportunity to get certified this year close to home at the Annual Conference in Dallas this November. See more details on the [AONN+ website](#).

## Oncology Nursing

[www.oncc.org/](http://www.oncc.org/)

- Oncology Certified Nurse (OCN®)
- Certified Pediatric Hematology Oncology Nurse (CPHON®)
- Certified Breast Care Nurse (CBCN®)
- Blood & Marrow Transplant Certified Nurse (BMTCN®)
- Advanced Oncology Certified Nurse Practitioner (AOCNP®)
- Advanced Oncology Certified Clinical Nurse Specialist (AOCNS®)\*
- Certified Pediatric Oncology Nurse (CPON®)\*
- Advanced Oncology Certified Nurse (AOCN®)\*

## Certified Navigator Update:

Nora “Noni” Barrett, BSN, RN, OCN, ONN-CG, Baylor University Medical Center (BUMC) in the Sammons Cancer Center received her ONN Certification during the inaugural test in 2016.

***Congratulations to all of the Nurse and Patient Navigators with professional certifications!***



## Save the Date

The next **North Texas Chapter AONN meeting** is **Tuesday March 6<sup>th</sup> at 6:00 pm at Maggiano's North Park**. Networking begins at 5:30 pm. The topics are Palliative Care and Oncotype DX - New Indications in Breast and Prostate. See details on [Nursing Network](#). The other meetings for this year will be June 5<sup>th</sup>, September 4<sup>th</sup> and December 4<sup>th</sup>. More details to come.

**Dress in Blue for Colon Cancer** is Friday March 2<sup>nd</sup>. Get your **BLUE** on!

**Cowtown Oncology Nursing Symposium** is March 9-10 at TCU in Ft. Worth

★ **The New Frontier: Updates in Hematological Cancers** March 9, 2018

★ **8th Annual Cowtown Oncology Nursing Symposium** Saturday, March 10, 2018

**The 28th Annual Interdisciplinary Breast Center Conference**

March 9-14  
Las Vegas, NV

**Advanced Practice Oncology Summit**

April 6-7  
Ft. Worth, TX



## [AONN+ Mid-year Conference](#)

May 4-6  
Boston, MA

## [The Oncology Nursing Society's Annual Conference](#)

May 17-20  
Washington, DC

## [ONA Navigation Summit](#)

June 14-16  
Chicago, IL

## [AONN+ Ninth Annual Navigation & Survivorship Conference](#)

November 15-18  
Dallas, TX  
Hilton Anatole Dallas

### *Additional resources:*

- [Conferences](#)
- [Nursing Organization Alliance](#)
- [Oncology Live Education](#)





### **Triage Cancer Conference Dates & Locations:**

















- Saturday, May 5 - Ypsilanti, MI
- Saturday, September 22 - Reno, NV
- Saturday, October 27 - Lewiston, ME

## **Share Events with Us**

Does your facility have an upcoming patient or clinical event? Do you know of a cancer related event not listed in the newsletter? Please let us know by using the [Contact Us](#) section and we'll post it.

## **Need Online Continuing Ed?**

-  [Academy of Oncology Nurse and Patient Navigators](#)
-  [ASCO University: Cancer topics CME](#)
-  [Abbott Nutrition Health Institute Cancer and Careers](#)
-  [CDC Learning Connection](#)

-  [Coram](#)
-  [InPractice](#) (Partnered with ONS)
-  [Journal of Advanced Practitioner in Oncology\( JADPRO\)](#)
-  [Leukemia and Lymphoma Society Professional Education](#)
-  [MD Anderson Oncology Professional Education](#)
-  [Medscape Oncology CME](#)
-  [My CME: Oncology Nurse Advisor article](#)
-  [National Comprehensive Cancer Network Nurse.com](#)
-  [Nurse CEU.com](#)
-  [OncoLink](#)
-  [Oncology Nurse Advisor](#)
-  [Oncology Nursing Society](#) (ONS)
-  [Pearls Review](#)
-  [Philips Learning Center](#)
-  [Radiation Oncology](#)
-  [Texas Board of Nurse Examiners](#)



## **Don't forget...**

If you haven't already:

*Like* us on Facebook  
@dfwoncologynavigators

**AND...**



Sign up for our website, [DFW Oncology Navigators](#), on [Nursing Network](#). It's easy, costs nothing and will only take a few minutes:

1. First join Nursing Network at [www.nursingnetwork.com](http://www.nursingnetwork.com) Please include your specialties and where you are employed.
2. Then "follow *DFW Oncology Navigators*". By signing up you help us keep track of our local community of Navigators. Not sure if you signed up already? Go to our site [membership](#) and check. If you are not a member but getting correspondence from us it's because you are on a list that was created when you were sent an invitation to join.

## Message from the Webmaster

Happy March! Don't forget to turn your clocks ahead one hour before you go to sleep on March 10<sup>th</sup>.



Gwen Spector BSN, RN, COCN  
Webmaster for North Texas Navigator Network  
and DFW Oncology Navigators.