

THE COMMUNICATOR



promoting the health of children



Hopefully your year has settled into a great routine of helping students, parents, and staff, as specialists in school health!

This latest issue of the MASN newsletter will connect and update you with other school nurses from across our Great Lake state!

Rachel VanDenBrink
MASN Newsletter Editor

President's Report: Continuing the Good Work

The Michigan Association of School Nurses has been busy this winter, working to help advance the practice of school nursing in Michigan. Our state may not have many school nurses but I am getting to know some outstanding ones. I enjoy hearing from you, whether it is a phone call from a school nurse who just discovered that one of

her schools had been paying for years to have their oxygen tank serviced while she wasn't even aware of its existence or an email from a nurse wanting information on delegation or care for a student with diabetes....I'm thankful for MASN and the platform it provides us to connect and support each other.

Winter 2018

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...and more!

Mark your calendars!



MASN Annual Conference
May 10 & 11, 2018
Crowne Plaza
Lansing West
Lansing, MI

The MASN board has appointed a Professional Development Chair to the board. Evilia Jankowski, former MASN president, is filling this role very capably. She provided the content for our Fall Conference and is serving on our Spring Conference planning committee. In addition to providing training here in Michigan, she has been all over the country doing MERT training. We are fortunate to have her on the board.

We continue to have monthly Community of Practice meetings via webinar. These meetings have been beneficial to me. The recordings of past Community of Practice meetings are posted on our website. I wish we would be able to interact more easily during the webinar but it's not easy to do when we aren't face to face. We will continue to tweak the format in an effort to make sure that your voices are heard.

Some other things in the works:

- MASN will be represented at the TypeOne Nation summit in Grand Rapids on March 10.
- MASN is working with the Michigan Department of Health and Human Services and the Oral Health Workforce project.
- MASN is planning for our annual conference which will be held in Lansing on May 10-11, 2018.
- MASN continues to work with the Parent Information Network regarding immunizations and is helping with their public awareness campaign.
- MASN is working with NASN to improve school health services to students with chronic diseases.
- MASN sits on the School Health Services Financing Stakeholder group as we look for financing strategies to provide school nurses and mental health services to Michigan students.

I highly recommend becoming more involved in MASN. When I discovered MASN sixteen years ago, it was such a relief to this fledgling school nurse to have so many resources at my fingertips. After attending the conference for several years and becoming acquainted with other school nurses, I found myself becoming more involved in the organization and it has only improved my practice. I've determined that those of us working with MASN don't have any special abilities or superpowers but we are definitely better together.

Finally, I encourage you to rub shoulders and sit at the table with school nurses who are improving their school nursing and their leadership skills. I would love to have members-at-large attend our March 9 board meeting in Lansing. (Contact me for meeting details.) And you could join a committee! The Legislative Committee, the Conference Planning Committee and the Awards Committee would love to have additional members. MASN is also looking for candidates to fill a couple of board positions that are opening up this spring. We need a Vice President and a Treasurer. If you have any interest in learning more about these opportunities, please contact me!

Thank you for all you are doing to keep Michigan students safe and healthy! I hope to meet many of you in May at the Spring Conference!

Phyllis Yoder, BSN, RN, NCSN
MASN President



NASN Delegate Report

Julia Lechtenberg willingly attended the January Board of Directors meetings in Washington DC this year; I was unable to attend due to my PhD Coursework. She was the previous NASN Director and continued the needed workload for MI. Thank you Julia!

NASN Conference

NASN Conference Registration is now open at: <https://www.nasn.org/home>

Power of the Past, Force of the Future is the theme for 2018 as NASN celebrates our 50th Anniversary in Baltimore, Maryland June 30 - July 3, 2018. If you plan to attend NASN 2018, please email me at palmerk@sjredwings.org

Children's Health Insurance Program Extended for 6 years

A priority legislative issue for NASN: CHIP has been extended for 6 years. For additional information on this priority area for NASN go to: <https://www.nasn.org/advocacy/advocacy-federal>

ELearning

Multiple ELearning opportunities are available on the NASN website at: <https://www.nasn.org/programs/elearning>

CNE Courses, Conference Recordings, Toolkits, Podcasts and More. Check it out for all your learning needs.

National School Nurses Day

Do you have a plan for celebrating National School Nurses Day, May 9, 2018? Develop your plan early and let your voice be heard: Every student deserves a school nurse!

Submitted: Karla Palmer, MSN, RN, NCSN

MASN Officers

Contact info available on the website

President	Phyllis Yoder Huron ISD
President Elect	Terri Czerwinski Wayne Resa ISD
Vice President	Mary Larsen Farmington Schools
Secretary	Tracy Zamarron Spectrum Health
Treasurer	Jodi Gogolin Priority Health
NASN Delegate	Karla Palmer St. John's Schools

MASN Community of Practice webinars

All webinars meet from 3:00pm-4:00pm

February 27 - Laws related to nursing care documentation c/o Vicki Taliaferro and Cheryl Resha

March 14 - Book study revisited 'From Silence to Voice' c/o Phyllis Yoder

April 26 - Asthma c/o Evilia

May 22 - Diabetes Care

Membership Report

We currently are 153 members strong, with 31 new members since January 2017. One of NASN's strategic objectives is to increase the recruitment and retention of NASN/MASN members, because we know that a robust membership is needed to allow School Nursing to advocate for our state's legacy; **our children!** Unfortunately, with state dollar reductions many nurses have lost their position and/or been replaced with non-licensed personnel! If you know a school nurse who is not a member please encourage them to join.

Remember, members receive VSP Sight for Students gift certificates, free or low cost CNE contact hours and "evidence based" resources to keep your practice up to date!

We currently have open positions within MASN and could use your special gifts to help us to continually move MASN forward. Let us know if you would like to be a part of our board or committees!!

Shout out to our newest members to MASN:

- Vickie Abbott
- Megan Asper
- Diane Bazy
- Amanda Brunton
- Kara Clark
- Tara Cuti
- Mary Delis
- Victoria Olson
- Lindsey Prentice
- Stephanie Sova
- Jennifer Stephens
- Marsha Thomas



Legislative Report

The Legislative Committee has a monthly conference call to discuss advocacy and legislative issues affecting MASN. Legislative committee members also meet monthly with the Director and Assistant Director of the Michigan Council for Maternal Child Health (MCMCH) as a follow-up to the State School Nurse Task Force Work to work on advocacy for the Michigan Association of School Nurses. The MASN president and the legislative chair meet throughout the year with the Parent Information Network Advocacy group to advocate for childhood immunizations. Below are other legislative committee activities:

- Three new infographics were posted on the MASN website that school nurses can share with stakeholders about school nursing in Michigan.
- Continuous monitoring of bills that may affect MASN through the GONGWER Report and attendance at the monthly MCMCH meetings.
- Development of a legislative grid to identify key legislative bills important to MASN and determine if MASN will support, oppose or monitor each bill.
- Participation in the stakeholder committee for the Michigan Endowment Fund that is exploring sustainable funding for school nursing in Michigan. At this time, the committee is working on some promising strategies.

The Legislative Committee welcomes new members. Please contact Pat Bednarz at pat.bednarz@gmail.com

Treasurer's Report

The financial report for the end of the 2nd Quarter (December 31, 2017) includes expenses of \$2,662.92 and revenue of \$8,549.31. The total balance of checking and money market accounts is \$78,547.39.

Jodi Gogolin



President Elect Report

With all the current health-related issues impacting our lives – school shootings, influenza, and the opioid epidemic just to name a few - I thought it might be helpful to remind our membership of a couple Michigan-specific resources readily available to assist each of us in increasing support to our students, families, and school staff.

The first is one of our partnering organizations, the **Michigan School Health Coordinators' Association** (MiSHCA). As noted on their [website](#), “MiSHCA is an open source network of organizations and individuals who advocate for any or all of the components of the Coordinated School Health Model [and the Whole Child approach]. Among these are **Regional School Health Coordinators** [RSHC] representing 24 coordinating sites in Michigan [that] serve as hubs for delivering evidence-based programs driven by current state and local data, research and educational requirements. We partner with our schools, communities, and parents toward a common goal of increasing student achievement and positive health outcomes.” To learn more about MiSHCA's work and to access contact information for your specific RSHC, please click [here](#).

The second resource I'd like to highlight is the **Michigan Model for Health™** (MMH), the nationally recognized, evidence-based, comprehensive K-12 health education curriculum that is promoted and supported by MiSHCA and our RSHCs. The MMH focuses on building knowledge and skills around **Social and Emotional Learning, Safety** (including good touch, bad touch), **Alcohol, Tobacco, and Other Drugs** (currently being updated to include information about e-cigarettes, vaping, marijuana, and opioid misuse and abuse), **Personal Health and Wellness**, and **Nutrition and Physical Activity**. School nurses trained in the MMH are able to support teachers in classroom implementation, reinforce lessons when working with small groups of students, and utilize the curriculum and related resources when working one-on-one with a student and his/her family. If you are not familiar with the MMH, or you would like a reintroduction, there is now a free online training module (part of the newly introduced hybrid training) that provides a nice overview of the curriculum. Key features of the online module include:

- ASCD's Whole Child model for student success;
- How to access local and state data on student health risk behaviors;
- The effectiveness of the Michigan Model for Health™ on improving students' health skills and behaviors;
- The Adapted Health Belief Model and Skills Based Teaching;
- Strong focus on Social and Emotional Health Skills;
- The Michigan Model for Health™ curriculum structure, materials, and resources; and
- Background information for teaching health topics in the Michigan Model for Health™ elementary curriculum.

For more information on how to access the free online module or to become fully trained in the MMH, please contact your [RSHC](#).

Respectfully submitted,
Terri Czerwinski

*Let us know what is going on in your area of the state!
If you have an event or information you would like to see included in the Communicator,
please submit to Rachel VanDenBrink at vandenbrinkr@grps.org*

Michigan Association of School Nurses
Annual Conference

*Providing Quality Nursing Care
to the Unique and
Special Needs of All Students*

May 10 & 11, 2018

Crowne Plaza Lansing West
Lansing, MI



Topics Include:
Legal Issues in School Nursing
Advocacy & Education with Food Allergies
Current trends in Diabetes care
Human Trafficking
Lead Poisoning care
LGBTQ Awareness
...and more!

Members: \$150 or \$100 for one day
Non Members \$200 or \$150 for one
day

~11.0 contact hours available

Hotel Lodging Registration

Reservations available by calling:

517-323-7100

Ask for MASN Group rate

Reserve by April 12, 2018

Look for Registration to be
available online soon!

michiganschoolnurses.org