



National Council on Alcoholism & Drug Dependence - Rochester Area
OASAS CERTIFIED TREATMENT PROVIDERS IN LIVINGSTON, ONTARIO & YATES COUNTIES

Finger Lakes Addiction Resource Center
 1931 Buffalo Road - Rochester, New York 14624
 Telephone: 585-719-3480 or 719-3485 Fax: 585-423-1908
 Website: www.ncadd-ra.org

SERVICE DESCRIPTION	PROVIDER NAME			
	Council on Alcohol & Substance Abuse: Trinity	Finger Lakes Area Counseling & Recovery (FLACRA)	Rochester Regional Health Clifton Springs Behavioral Health Center	Finger Lakes Area Counseling & Recovery (FLACRA)
COUNTY	LIVINGSTON	ONTARIO	ONTARIO	YATES
Website	www.casaoflc.org	www.flacra.org	www.rochesterregional.org/services/behavioral-health/chemical-dependency/	www.flacra.org
Intake Contact	Tatiana Zentz	Raquel Smolinski	Justine Higley (Inpatient) Cassandra Cowley (Outpatient)	Raquel Smolinski
Phone Number	585-991-5012	315-462-9466	315-462-3000 x1 (Inpatient) 315-462-1060 (Outpatient)	315-462-9466
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E-Mail	tzentz@casa-trinity.org	raquel.smolinski@flacra.org	justine.higley@rochesterregional.org cassandra.cowley@rochesterregional.org	raquel.smolinski@flacra.org
EVALUATION SERVICES				
Evaluation	PROVIDE	PROVIDE	PROVIDE	PROVIDE
Walk-in Evaluations		M-Th 9:00am-8:00pm F 9:00am-5:00pm		M-Th 9:00am-8:00pm F 9:00am-5:00pm
CLIENT TYPE				
Youth under 18	ACCEPT	ACCEPT	ACCEPT (outpatient only)	ACCEPT
Adult	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Female	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Male	ACCEPT	ACCEPT	ACCEPT	ACCEPT
ADDICTION SERVICES				
Alcohol Use Disorder	PROVIDE	PROVIDE	PROVIDE	PROVIDE
Substance Use Disorder	PROVIDE	PROVIDE	PROVIDE	PROVIDE
Opioid Use Disorder	PROVIDE	PROVIDE	PROVIDE	PROVIDE
Suboxone	PROVIDE	PROVIDE	PROVIDE	PROVIDE
Dual Diagnosis	PROVIDE		PROVIDE	
Spanish Program		PROVIDE	PROVIDE	PROVIDE
LEVEL OF CARE				
Detox		PROVIDE		PROVIDE
Stabilization		PROVIDE		PROVIDE
Inpatient			PROVIDE (adults only)	
Outpatient	PROVIDE	PROVIDE	PROVIDE (youth and adults)	PROVIDE
Residential		PROVIDE		PROVIDE
INSURANCE TYPE				
Aetna	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Amerigroup		ACCEPT		ACCEPT
CIGNA	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Dept. of Soc. Sec. Benefits				
Excellus	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Fidelis	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Independent Health				
Medicaid	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Medicare	ACCEPT		ACCEPT	
MVP	ACCEPT	ACCEPT	ACCEPT	ACCEPT
Optum		ACCEPT	ACCEPT	ACCEPT
Public Assistance/Financial Assistance	ACCEPT		ACCEPT	
Sliding Fee Scale	ACCEPT	ACCEPT		ACCEPT
Tricare	ACCEPT		ACCEPT	
United Healthcare (Medicare)			ACCEPT	
WellCare		ACCEPT		ACCEPT
YourCare Health Plan	ACCEPT	ACCEPT	ACCEPT	ACCEPT

For the most updated version of this directory, visit <https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center>

For the Monroe County version of this directory, visit <https://ncadd-ra.org/news-resources/resources-advocacy-research>

Disclaimer: Information included on this template is updated biannually based on data shared with NCADD-RA from each of the providers.

Revised: January 2018

5 Levels of Care

Detoxification-This service provides treatment of moderate withdrawal symptoms and non-acute physical or psychiatric complications. Medically supervised withdrawal services must provide: Medically supervised withdrawal and stabilization services are appropriate for persons who are intoxicated by alcohol and/or substances, who are suffering from mild to moderate withdrawal, coupled with situational crisis, or who are unable to abstain with an absence of past withdrawal complications. Patients who have stabilized in a medically managed or medically supervised inpatient withdrawal service may step-down to a medically supervised outpatient service.

Inpatient-An OASAS-certified treatment setting with 24- hour medical coverage and oversight provided to individuals with significant acute medical, psychiatric and substance use disorders with significant associated risks. Inpatient rehabilitation services provide intensive management of substance dependence symptoms and medical management/monitoring of medical or psychiatric complications to individuals who cannot be effectively served as outpatients and who are not in need of medical detoxification or acute care. These services can be provided in a hospital or free-standing facility. Services are short-term and intensive

Outpatient-Licensed Outpatient Treatment for a substance use problem is available at a number of locations in the area and through a number of providers. While remaining at home, working and functioning in the community, a consumer may attend individual, group or family focused treatment and work toward personal goals. This may include less intensive involvement or may require multiple visits per week. Over the course of some months, they will receive relevant information, suggestions, guidance and continued support as either a primary locus of treatment or as continuing care after or concurrent with a residential program.

Residential-Reintegration Services in a Residential Setting - Certified OASAS providers of residential programs that also provide reintegration services to transition from structured treatment environments to more independent living. This setting does not require a physician to serve as medical director and staff coordinate treatment services but do not provide direct clinical care. Most services are provided in the community and include clinical and social services. Individuals are provided a safe living environment with a high degree of behavioral accountability. Services include medical and clinical oversight of chronic but stable medical and psychiatric symptoms and conditions in a community treatment program including an outpatient Substance Use Disorder treatment program. Services also include: community meetings; activities of daily living (ADL) support; case management; and vocational support and clinical services to support transition to independent living.

Stabilization/Rehab-Stabilization Services in a Residential Setting- OASAS-certified providers of residential programs that also provide medical and clinical services including: medical evaluation; ongoing medication management and limited medical intervention; ancillary withdrawal and medication assisted substance use treatment; psychiatric evaluation and ongoing management; and group, individual and family counseling focused on stabilizing the individual and increasing coping skills until the individual is able to manage feelings, urges and craving, co-occurring psychiatric symptoms and medical conditions within the safety of the residence. Medical staff are available in the residence, but 24-hour medical/nursing services are not.

Rehabilitative Services in a Residential Setting-Certified OASAS providers of residential programs that also provide rehabilitative services for individuals who are stable enough to manage emotional states, urges and cravings, co-occurring psychiatric symptoms and medical conditions within the safety of a residential setting. Medical and clinical staff provide monitoring for medical and psychiatric symptoms that are stable. Services include medical monitoring of chronic conditions including routine medication management and individual, group and family counseling focused on rehabilitation. The treatment program teaches individuals to manage self and interactions with others with increasing independence.