



Southern California  
Society of Gastroenterology Nurses and Associate

#### Conference Objectives

At the end of the course, attendees will be able to:

1. Recognize how active inflammation, malabsorption and altered gut anatomy affects metabolic demands and nutrient loss
2. Learn to apply dietary therapies to induce and maintain remission
3. Learn to determine how to modify diets during acute exacerbations and managing food intolerances
4. Understand the pathophysiology of MASLD as a multi-system metabolic disorder
5. Understand the different screening tool in staging liver disease progression
6. Identify evidence-based lifestyle modifications and current pharmacological options for managing MASLD
7. Understand the concept of accessing the submucosal space in treating GI motility disorders and early GI tumors
8. Learn the different key tools and specialized instruments available in the GI field
9. Understand the safety risks, complications and management involved accessing the submucosal space and the post-procedure protocols and outcomes
10. Learn how early cancer detections and surveillance in high-risk polyps help prevent progression to carcinoma
11. Learn lesion identification and characterization using endoscopic advancements in identifying subtle, flat and hidden polyps common in inherited syndromes
12. Learn advance therapeutic resections techniques and managements available
13. Identify common GI issues in the pediatric populations
14. Learn different endoscopic approach in managing GI issues in pediatric age group
15. Understand dietary, behavioral, medical and surgical approaches in treating GI issues in children
16. Review evolving trends, concerning increase of esophageal and gastric cancer occurrence
17. Understand diagnostic testing protocols in tumor detection and staging
18. Discuss innovative treatment options in managing upper GI cancers
19. Understand the normal and abnormal physiology of GI peristalsis
20. Identify major dysmotility diseases
21. Understand diagnostic modalities and multi-disciplinary management in managing motility issues
22. Learn how to prevent body injury on the job, especially with prolonged standing, heavy lifting and turning patients
23. Learn different lifestyle habits that can be beneficial to prevent musculoskeletal injuries
24. Provide healthcare workers with practical, evidence-based strategies that can help the GI team during repetitive body movements

## Southern California SGNA Conference

August 29, 2026

Great Wolf Lodge Conference Center

12681 Harbor Blvd, Garden Grove CA 92840

06:30 am - 07:20am **Registration/Breakfast/Exhibits**

07:20 am - 07:30 am **Opening Remarks**

Rose Yuming Cheng, RN BSN CGRN, President SCSGNA

07:30 am - 08:30 am **Feeding the Facts: How Nutrition Can Help Cure IBD**

Dr. Robert Fearn, UCI Medical Center

08:30 am - 09:30 am **Updates on MASLD (new MASH)**

Dr. Brian Lee, Hoag Digestive Health Institute

09:30 am - 10:30 am **The Third Space in Endoscopy**

Dr. Jennifer Phan, Hoag Irvine Advanced Endoscopy Center

10:30 am - 11:00 am **Exhibits/Break**

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11:00 am - 12:00 pm **Lecture on Polyposis Syndrome**

Dr. Simon Lo, Cedars-Sinai Medical Center

12:00 pm - 1:00 pm **GI Issues in Pediatric Patients**

Dr. Quin Liu, Cedars-Sinai Medical Center

1:00 pm - 2:00 pm **Exhibits/Lunch Break**

2:00 pm - 3:00 pm **Lecture on Esophageal and Gastric Cancers**

Dr. John Lipham, Keck Medicine of USC

3:00 pm - 4:00 pm **GI Motility Issues**

Dr. Linda Nguyen, Hoag Digestive Health Institute

4:00 pm - 5:00 pm **Preventing Injuries in the GI Workplace**

Vanessa Brown, GI Tech II, NSCA-Certified Trainer, UCSD

5:00 pm **Adjourn**

**A total of eight (8) CE hours can be earned in this course.**

CE Provider approved by California BRN #02169 for 8 continuing education units.

To register, go to: <https://scsgna.nursingnetwork.com/>

\*Session time, topics and speakers subject to change

Questions:

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