

Palliative Interdisciplinary Care Conference

COMMUNICATION IN SERIOUS ILLNESS

Tuesday, April 24, 2018

New York, NY

nyulmc.org/palliativecme



SPEAKERS

COURSE DIRECTORS

Susan E. Cohen, MD, FAAHPM

Associate Professor of Medicine
Chief, Section of Palliative Care
NYU School of Medicine
Director, Palliative Care Program
Bellevue Hospital Center

Christopher Oates, LCSW, MPA

Manager, Social Services
and Palliative Care

Robert Smeltz, MA, NP, ACHPN

Clinical Instructor of Medicine
Assistant Director and Nurse
Practitioner, Palliative Care Program,
Bellevue Hospital

CONTENT PLANNERS

Anna Marissa Araw, MD

Victoria L. Cerone, MSW, LCSW

Mattia Gilmartin, RN, PhD

Arianne Napier, LMSW

Nicholas Sollom, MDiv

Richard L. Stiles, MSN, NP, ACHPN

Lara B. Wahlberg, DNP, ACHPN

GUEST SPEAKERS

Susan Block, MD

Professor of Psychiatry and Medicine
Department of Psychosocial
Oncology and Palliative Care
Dana-Farber Cancer Institute and
Brigham and Women's Hospital
Harvard Medical School
Senior Consultant, Serious
Illness Care Program
Ariadne Labs
Boston, MA

Alice Beal, MD, FACP

Director, Palliative Care,
Department of Veteran Affairs
VA New York Harbor
Healthcare System
Assistant Professor, Clinical Medicine
SUNY Downstate Medical Center
Brooklyn, NY

Elizabeth Capezuti, PhD, RN, FAAN

Associate Dean for Research
Hunter College of CUNY New York, NY

Irene R. David, PhD, ATR-BC, LCAT

Faculty, School of Visual
Arts and Design

Gloria Mattera, MEd, CCLS, LMHC

Associate Director, Child Life
and Developmental Services,
Bellevue Hospital
New York, NY

Emery H. Mikel, MA, ATR-BC, LCAT, LCPAT

Founder and Director, Water & Stone,
A Creative Arts Therapy PLLC
Brooklyn, NY

Natalie Schrape, MS, ATR, LCAT

Licensed Art Psychotherapist
Child and Adolescent Counselor,
Child Life and Developmental Services,
Bellevue Hospital
New York, NY

NYU LANGONE HEALTH

Adolfo Arias, CMI

Interpreter, LAS Program

Rachel A. Brustein, MS, CMI

Program Manager, Language,
Cultural and Disability Services

Victoria L. Cerone, MSW, LCSW

Social Work, Palliative Care

Marina Chilingarova, MS, CMI

Program Manager, Pastoral Care

Arum Kim, MD, FAAPMR

Attending, Palliative Care
Instructor of Rehabilitation

Jon A. Overvold, MDiv, BCC

Senior Director, Mission
and Spiritual Care

Jennifer S. Scherer, MD

Assistant Professor of Medicine

Barry R. Snow, PhD, MPH

Clinical Assistant Professor
of Psychiatry

Nicholas Sollom, MDiv

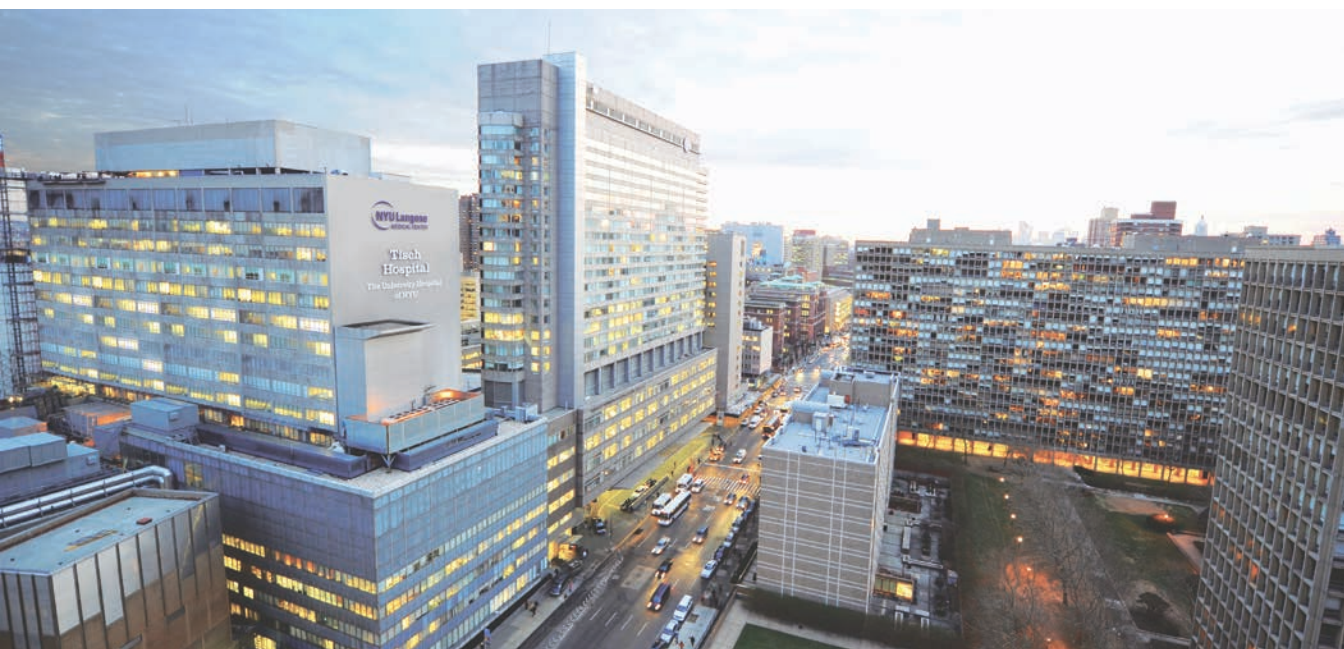
Chaplain, Palliative Care,
Bellevue Hospital Center

Stella Manyee Wong, CMI

Interpreter, LAS Program

Lara Wahlberg, DNP, ACHPN

Clinical Instructor of Medicine
Nurse Practitioner, Palliative Care
Program, Bellevue Hospital



Palliative Care Interdisciplinary Conference

COURSE DESCRIPTION

This conference is designed for healthcare professionals who are looking to gain an interdisciplinary understanding of how to address the needs of palliative care patients. This year's conference will cover communication as it applies to discussing goals of care, advanced directives, spirituality, child life, and delirium and depression. In addition, there will be two breakout sessions where providers can choose from hospice, art therapy, communication skill building 'boot camp', pain management, non-cancer symptom management, and self-care.

EDUCATIONAL OBJECTIVES

After participating in this activity, clinicians should be able to:

- Describe new advances in communication in palliative care
- Describe effective ways to prevent or minimize the impact that delirium has on our patients
- Explore the experience that children and families have when a close family member is dying and identify techniques that will enhance our sensitivity to patients spirituality and the effect it has on their communication needs
- Discuss the best practices when communicating with patients about their advance care preferences and goals of care
- Explain the common mistakes healthcare providers often make when utilizing translators
- Employ effective communication strategies when assessing pain and identify how to treat pruritis and other common symptoms in kidney disease
- Discuss the role art therapy plays in helping people process their feelings surrounding loss
- Demonstrate the use of basic communication principles in palliative care settings
- Describe steps in building skills in resilience and how resilience can help us confront moral distress
- Describe what hospice is and discuss best practices in introducing hospice to patients and families

TARGET AUDIENCE

Physicians, advanced practice providers, nurses, social workers, and other allied health professionals

REGISTRATION

nyulmc.org/palliativecme

After 12 pm on April 20, only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional \$20 charge. We cannot accept telephone or email registration. Registration is non-transferable.

LOCATION

NYU Langone Health
Alumni Hall
550 First Avenue
New York, NY 10016

COURSE FEES

Full: \$199

Reduced*: \$115

Social Workers: \$115

* Reduced fee applies to physicians-in-training; physicians employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; retired physicians; advanced practice providers; and all other non-physician healthcare professionals.

Please note: This course is eligible for NYU School of Medicine Alumni discount.

ELECTRONIC SYLLABUS

Course syllabus will only be distributed electronically. A link will be sent the week of the course where you can view, download or print course information and presentations in advance. This link will also allow you to view the course syllabus on your smartphone, tablet, or laptop during the course. Course presentations remain available for one year after the course.

REFUND POLICY

In order to request a refund, you must email cme@nyumc.org no later than 7 days prior to the first day of the course. An administrative fee of \$75 will be deducted from your refund. Cancellations or no-shows after this date are not eligible for a refund. Fax and email cancellations are not accepted.

CME ACCREDITATION STATEMENT

The NYU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The NYU School of Medicine designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONTINUING NURSING EDUCATION CONTACT HOURS

This program has been approved for 7.0 continuing nursing education contact hours.

The NYU Meyers College of Nursing Center for Continuing Education in Nursing is accredited as a provider of continuing nursing education by the American Nurses' Credentialing Center's Commission on Accreditation.

AGENDA | Tuesday, April 24, 2018

- 7:30 am

Registration and Continental Breakfast
- 8:00

Welcome and Introduction
Susan E. Cohen, MD, FAAHPM
- 8:15

Keynote: Moving Towards Universal Access to High-Quality Serious Illness Conversations
Susan Block, MD
- 9:30

Do You Feel Me? Bearing Witness as an Essential Part of Communication
Jon A. Overvold, MDiv, BCC
- 10:15

Coffee Break
- 10:30

Delirium in the Hospitalized Older Patient
Elizabeth Capezuti, PhD, RN, FAAN
- 11:15

Lost In Translation: Panel Discussion Addressing the Challenges When Having a Difficult Conversation Using an Interpreter
Adolfo Arias, CMI; Rachel A. Brustein, MS, CMI; Marina Chilingarova, MS, CMI; Nicholas Sollom, MDiv; and Stella Manyee Wong, CMI

12:15 pm

Lunch (on your own)

Please choose a session for 1:15 and 2:15 pm.

- 1:15

Breakout Session 1
- 2:15

Breakout Session 2

3:15

Coffee Break

- 3:30

Who Makes Medical Decisions and Why?
Alice Beal, MD, FACP

- 4:15

Can You Eat Ice Cream in Heaven? Communicating with Children Whose Parents are Seriously Ill
Gloria Mattera, MEd, CCLS, LMHC
Natalie Schrape, MS, ATR, LCAT

5:00 pm

Adjourn

SOCIAL WORK AND LICENSED MENTAL HEALTH COUNSELOR CONTINUING EDUCATION CONTACT HOURS

THIS CONFERENCE IS APPROVED FOR 7.25 CE CONTACT HOURS.

SOCIAL WORK New York University Silver School of Social Work is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers {#SW-0012}.

NYU Silver School of Social Work, 1415 is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) through the Approved Continuing Education (ACE) program. NYU Silver School of Social Work maintains responsibility for the program. ASWB Approval Period: 11/11/16 – 11/11/19. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social Workers participating in this course will receive 7.25 continuing education clock hours.

MENTAL HEALTH New York University Silver School of Social Work is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors {#MHC-0083}.

For Mental Health Practitioners: Please check with your state, if you are not licensed in New York, to determine if these credits will be accepted for licensing renewal.

COURSE CANCELLATION POLICY

If a course is cancelled due to inclement weather, insufficient enrollment, or any other reason, NYU SOM will refund registration fees in full. NYU SOM will provide at least two weeks’ advance notice if cancelling due to insufficient enrollment and as soon as possible in all other circumstances. NYU SOM is not responsible for any airfare, hotel, or other non-cancellable costs incurred by the registrant.

CONTACT INFORMATION

NYU School of Medicine
Phone: 212-263-5295
Fax: 212-263-5293
Email: cme@nyumc.org

PROVIDED BY

NYU School of Medicine

BREAKOUT SESSIONS *Please choose a session for both 1:15 pm and 2:15 pm.*

The Role of Art Therapy in Palliative Care

Art therapy as a means of personal expression can foster effective dealing with the emotions associated with limiting disease and treatment. This session will focus on illustrative artwork and insights gained by patients. There will also be discussion about art in relation to bereavement and grief processing. The session will conclude with an art-making experience to demonstrate the evocative nature of creativity and how it can contribute to coping and life-enhancement.

Irene R. David, PhD, ATR-BC, LCAT
Emery H. Mikel, MA, ATR-BC, LCAT, LCPAT

Building Resilience and Dealing with Moral Distress

This breakout will foster an understanding of practice development applicable for identifying and building resilience strategies within the context of moral distress.

Victoria L. Cerone, MSW, LCSW

Communication and Approach to Pain Assessment and Management in Palliative Care

We will review basic principles of pain management and the importance of communication in assessment and treatment. We will use case studies and demonstrations of behavioral approaches to pain management.

Arum Kim, MD, FAAPMR
Barry R. Snow, PhD, MPH

Pain and Pruritus in Kidney Disease

This breakout session will look into how we manage some of the other more common symptoms experienced by palliative care patients with kidney disease. We will have a focus on questions that the participants have about managing different symptoms.

Jennifer S. Scherer, MD

“We Wish You Came Sooner”: Hospice, Care for Living

We will review the difference in approach to health care delivery of hospice and palliative care. We will cover who is eligible, where hospice is available, when hospice is appropriate, and what is covered under the hospice benefit. The different diagnoses and what would make a patient eligible for hospice will be reviewed.

Christopher Oates, LCSW, MPA

Communication Skills Practicum I and II (1:15 and 3:15 pm)

This is a two hour session, we ask that if you sign up for this one that you attend both part I and II. Utilizing demonstration and role play developed from tested communication education strategies, participants will develop basic communication skills for having difficult conversations.

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Lara B. Wahlberg, DNP, ACHPN



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New York, NY 10016

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