

Maine Chapter, AAP



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[EDUCATION \(HTTPS://WWW.MAINEAAP.ORG/EDUCATION\)](https://www.maineaap.org/education) / 2025 SCHOOL HEALTH SUMMIT

Speakers:



Jennifer Bowdish, BSN, RN, NCSN



Erin Flynn, MD



Alyssa Goodwin, MD



Sarah Harlow, MA, PS-C



Donald Hooton, Jr.



Michele LaBotz, MD



Shawn Lambert



Teddy Lyman



Pender Makin, BA, MS



Marc Minkler, BS, Paramedic



Ashley Moody, MSN, FNP-C, EMT-P



Nicholas Oyler, BSN, RN, NCSN



Brittany Russell, BSN, RN, NCSN



Nirav Shah, MD, JD, MPH

2025 School Health Summit

Register Now (<https://www.zeffy.com/en-US/ticketing/school-health-summit-2025-october-25-augusta-civic-center>)!

6.5 CME & Education Credits Available!

Early Bird Pricing Until October 1st.



The School Health Summit is brought to you by the Maine Association of School Nurses, the Maine Department of Education, and the Maine Chapter American Academy of Pediatrics

The Hanley Center for Health Leadership and Education designates this Live in-person activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and the Maine chapter american academy of pediatrics. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

Agenda

Friday, October 24, 2025

4:30 - 8:00PM

Networking Event at the Calumet Club

Brendan Prast MD, MPH Lunder-Dineen Health Education Alliance of Maine

Denise O'Connell, MSW, LCSW, CCM Lunder-Dineen Health Education Alliance of Maine

4:30PM - MASN Business Meeting

5:30PM - Networking

6:00PM - Welcome/Dinner/Presentation by Lunder-Dineen (<https://lunderdineen.org/>)

7:30PM - Networking

8:00PM - Wrap Up

Saturday, October 25, 2025

7:00 - 8:00AM

Registration Opens & Breakfast with Exhibitors

8:00 - 8:45AM

Educating the Whole Child

Pender Makin, BA, MS Maine Department of Education

Learning Objectives:

1. Participants will understand that learning happens best when kids are healthy, nourished and supported
2. Multidisciplinary teams and partnerships are key to whole-child education
3. Provide examples of whole-student education in action

8:45 - 9:45AM

School Health is Public Health

Nirav Shah, MD, JD, MPH

Learning Objectives:

1. Be able to describe the link between school health and public health
2. Outline the major challenges facing school health and public health efforts in Maine and nationally
3. Discuss potential solutions and remedies

9:45-10:15AM

Break & Exhibit Time

10:15-11:00AM

We Are All in This Together: Implementing the New AAP Bidirectional Consent Toolkit

Alyssa Goodwin, MD Stellar Pediatrics

Shawn Lambert

Jennifer Bowdish, RN

Learning Objectives:

1. Describe the roles of school administrators, nurses, the medical home, and families in care coordination in schools.
2. Introduce the new AAP Bidirectional Consent Toolkit.
3. Demonstrate how the Toolkit can help improve communication and collaboration between schools, the primary medical home, and families, including strategies that support high quality care coordination as a means to improve chronic condition management in schools.

11:00AM-12:00PM

Appearance and Performance Enhancing Substances: The Real World and Risks for Youth

Donald Hooton, Jr. Hooton Foundation

Michele LaBotz, MD

Learning Objectives:

1. Recognize current patterns of use of appearance and performance enhancing substances in children and adolescents.
2. Counsel patients and caregivers about the potential risks associated with use of appearance and performance enhancing substances.
3. Better navigate the Dietary Supplement industry and identify products that are 3rd party certified and free of banned substances.

12:00PM

Lunch

12:30 - 1:30PM

It Won't Happen Here

Marc Minkler, EMS-C Maine EMS for Children

Ashley Moody, MSN, FNP-C, EMT-P

“Run!” is not a reasonable plan for emergencies that may occur in the school system. Does your school have an effective emergency action plan? Who does what? What happens when a child has a seizure and you call 911? What is your plan for common, and not-so-common emergencies? Let’s discuss ways you can help improve YOUR school and actions in the event of an emergency.

- Discuss types of emergencies that may be faced in the school system.
- Creating plans for Hazard Vulnerability Analysis
- Considerations in updating and reviewing Emergency Action Plans
- Strategies for public safety collaboration.
- Discuss considerations for reunification processes.
- Improving communication processes.

1:30 - 2:30PM

Climate Change and Kids: Health Impacts, Communication Strategies, and Getting Kids Outside

Erin Flynn, MD

Sarah Harlow, MA, PS-C

Teddy Lyman

Learning Objectives:

1. Describe three health effects of climate change on children in Maine
2. Employ strategies for communicating with children about climate change
3. Understand how outdoor education opportunities can impact children in the school setting
4. Identify 3 community resources addressing climate change in Maine

2:30 - 3:00PM

Break and Exhibit Viewing

3:00 - 4:00PM

Concussion Management in Schools

Nicholas Oyler, BSN, RN, NCSN

Brittany Russell, BSN, RN, NCSN

Learning Objectives:

1. Explain the purpose and key components of the Maine Concussion Management Resource Guide and how it supports concussion management in Maine Schools.
2. Describe the essential elements of the *Model Concussion Management Policy* and its role in ensuring compliance with state law and best practices.
3. Identify the roles, responsibilities, and purpose of *Concussion Management Teams* in school settings.
4. Apply concussion recognition and management strategies to *real-world school scenarios*.

5. Collaborate with colleagues to develop or refine school protocols related to concussion management in schools.

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