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action, attend meetings and get involved on a committee to be eligible for Expo in 2019!!! I hope everyone had a happy holiday season. Now we're ready to continue our successful 2017-2018 year. We had an excellent November Chapter meeting. Highlights included a great meal provided by Scott Francis & Shad Huncker of Baxter, yummy Perioperative week cake, collection for Adopt a Wild Child at the KC Zoo, and a timely presentation on Unique Device Identifier by Susan Morris of Cerner. Thanks to all who helped make this a successful meeting. Our Chapter has certainly embraced action with Perioperative week activities. These included lounge treats and mummy wrap with Kerlix at NKCH, proclamations by both governors and articles in newspapers saluting the work we as perioperative nurses do each day to stand up for our patients to keep them safe. We had a successful "meet and greet" for new members at Cooper's Hawk winery. New members received information about our Chapter and ways to get involved. If you weren't able to attend please feel free to reach out to fellow members. Behind the scenes in December, AORNKC continued to be busy:

- **1.** We submitted the zoo activity and the Meet and greet as events for the chapter engagement incentive award. We hope to earn \$125 for each outing.
- 2. We've heard that NKCH will present their poster at Expo. Congratulations to NKCH Periop 101 members Tia Kennedy, Sarah Jacobs, and Sara Coslet, along with their mentor Denice Morrison, who got official word that their poster "Chlorhexidine Gluconate Pre-Surgical Bathing: It's Your Best" #49406 has been accepted in the Evidence-Based Practice category for AORN Global Surgical Conference & Expo 3. We've chosen our first time attendee to Expo from the applications received. Congratulations to Erin Tharp who was selected as the first time attendee to Expo. Erin is the charge nurse in the OR at Belton Research Hospital, has been a member of AORN for 4 years, attends monthly meetings and is currently on the workshop committee. With Erin, we've finalized our 13 funded delegates to Expo in New Orleans March 24-28. Congratulations to our delegates: Louann Huffman, Barb Adkins, Chris Blackburn, Cindy Davis, Libby Nasche, Julia Jackson, Deborah Shields, Andrea Gunter, Amber Kling, Marie Barrentine, Denice Morrison, Ashley Shaw and Erin Tharp.
- 4. We've submitted our application for the Chapter of the Year Award thanks to Marie Barrentine.
- 5. We've submitted the Chapter Accountability Standards to hopefully maintain our 5 Star status.
- **6.** We've finalized our Workshop and Vendor Fair flyer for February 24, 2018 at SJMC. We have an excellent lineup of speakers, diverse and pertinent topics, 6.5CE, vendors, meals and door prizes for the low cost of \$45-\$48.50(online). See flyer on website aornkc.org for more information.
- **7.** The nominating committee is hard at work to finalize the preliminary slate for presentation at the January meeting. If you are asked please consider running for President Elect, Vice President, Secretary, board members x2 and nominating committee x3. We need you!!!

I look forward to seeing everyone at the January 16th Chapter meeting at NKCH Prairie View Room starting at 5:45 with dinner, business meeting at 6:00 and speaker at 7:00. Thanks to Innovative Sterilization Technologies for providing our meal and speaker Barbara Harmer, who will speak on "Steam Sterilization—What Do You Know?" She will also have 15 minutes to talk about One —Tray outside of presentation. Make plans now to attend!

Thank you for Embracing Action, Mind, Body, & Spirit to care for your patients.

Louann Huffman, BSN, RN, CNOR louannhuffman@gmail.com 2017-2018 KCAORN President

NOVEMBER 14, 2017 Business Meeting Minutes

Meeting started at 6:00 PM. **Hospitality**—Carol Regan: Dinner provided by Baxter International.

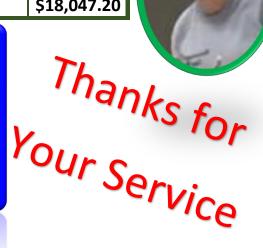
Guests at meeting- 3, new member-1; six members who are Ambassadors to local hospitals were present. Members learned that chapter Secretary Teresa Kuehn is facing health challenges and stepped down from the role; a card to wish her well was passed for members to sign. Julia Jackson stepped in as acting Secretary. October meeting minutes (10/17), as recorded by Denett Costin, were approved as written in the Lap Sheet. **Theme** for year: "Embrace Action: Mind, Body and Spirit." 1) Chapter did that to support the Colon Cancer Coalition (to educate and increase screening) and money collected at October meeting totaled \$128; we received a thank you card. 2) Chapter 2601 did that with the national Chapter Challenge (1st place winner), and planned to celebrate with officers and new members on November 18 with wine and cheese at Cooper's Hawk. 3) We also sponsored 20 members' trip to Kansas City Zoo's animal health facility. Marie Barrentine presented slides and information from Dr. Sudemeyer about equipment used to treat animals. Community Service—Melissa Harber followed with a collection to Adopt a Wild Child at the KC Zoo, for food, exhibits and enrichment toys for animals. We are collecting old cell phones (Safe Home), pop tabs (Ronald McDonald house), diapers from open or closed packages (HappyBottoms.org), and empty pill bottles for use on mission trips. Treasurer Report—Valerie Heckmaster reported ending balance for October is \$25,462.22 in checking account. Membership—Barb Adkins reports 327 members (20 joined during chapter challenge). Essay and application for First-Time Attendee to Expo due 12/2/17, with winner notified 12/15/17. First-time attendee must agree to be a delegate and attend mandatory sessions and vote on behalf of chapter. Credentials Committee—Marie Barrentine updated us on chapter delegates to AORN Expo, 2018 (formerly known as Congress). Our chapter will send 13 funded delegates (at \$1200 each) to New Orleans March 24-28 based on activity in the chapter (Chris Blackburn, Cindy Davis, Julia Jackson, Libby Nasche, Amber Kling, Deborah Shields, Andrea Gunter, Denice Morrison, Marie Barrentine, Ashley Shaw), the 2 standing delegates, (President Louann Huffman, President-Elect Barb Adkins), and the First-time attendee. Nominating Committee— Megan Jackson chairman. Offices to be filled in this Spring's election: President Elect, Vice President, Secretary, Board of Directors (x2), Nominating Committee (X3). If interested in a role, please ask any of our officers or Nominating Committee members. Please answer "yes" if called to serve. Three who have committed to serve: Melissa Tullis-Nominating committee, Libby Nasche-Board, Ashley Shaw-President Elect. Fundraising—Deanna Cross discussed gift card purchases for use at retailers nationwide, with a portion of sales benefitting our chapter. Public Relations/Media and social event—new members invited to join chapter leadership for meet and greet at Cooper's Hawk 11/18 from 2-4:00 PM. Legislative—Linda Jackson and Louann Huffman talked about proclamations for PeriOperative Nurse Week (November 12-18) from the governors of Kansas and Missouri, which were passed around for members to see. Louann discussed a MONA Roundtable event she was invited to attend in Jefferson City. Scholarships—Melissa Harber reminds us there is a \$350 scholarship for an undergrad nursing student interested in the OR. This application is due January 13, 2018. There are CNOR, CRNFA and members who are attending school scholarships available. Applications due by April 13, 2018. For more information, see website: www.aornkc.org. These member awards will be given out at May banquet. Chapter Conference/Vendor Fair—Barb Adkins: Saturday, February 24, 2018 from 8:00 to 2:30 at St. Joseph Medical Center. Cost is \$45 check or \$50 online, with 5.5 CE's, great speakers. Door prizes, breakfast, lunch and drinks provided. Vendors are available from 7-11:00 for all needs related to the OR. Checks can be given or mailed to Sharon Williamson. Banquet—Bucky Will: Tuesday, May 1 at Cascone's in Overland Park, \$35 per person, cash bar. Newsletter—Denett Costin, deadline December 30. Program—Denice Morrison introduced Susan A. Morris, Cerner, speaking on "Unique Device Identification and Meaningful Use 3: What, Why and How" and new requirements for implants in 2018. January 16, 2018 topic will be on steam sterilization. This will be the last regular meeting at North Kansas City Hospital (remainder of this year's meetings at St. Joseph Medical Center).

Respectfully submitted, Julia Jackson

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	November Financials 2017		
DATE	SAVINGS ACCOUNT	AMOUNT	New Faces
11/1/2017	Beginning Balance	\$19,168.20	Eacoc
11/30/2017	Interest Payment	\$0.32	races
11/30/2017	Ending Balance	\$19,168.52	
11/1/2017	CD ACCOUNT	\$6,826.00	
11/30/2017	Total Savings + CD	\$25,994.52	
	CHECKING ACCOUNT		A TO
11/1/2017	Beginning Balance	\$25,462.22	
11/13/2017	ReadyTalk #2086	\$48.14	The state of
11/14/2017	Louann Huffman - Delegate #2087	\$1,200.00	
11/14/2017	Libby Nasche - Delegate #2088	\$1,200.00	
11/14/2017	Chris Blackburn - Delegate #2089	\$1,200.00	
11/14/2017	Barb Adkins - Delegate #2090	\$1,200.00	663
11/14/2017	Hotel for AORN Speaker DM #2091	\$214.89	
11/14/2017	Ashley Shaw - Delegate #2092	\$1,200.00	
11/14/2017	Marie Barrentine - Delegate #2093	\$1,200.00	
11/14/2017	Denice Morrison - Delegate #2094	\$1,200.00	
11/15/2017	Workshop Registration - M. Harber (cash)	\$45.00	
11/15/2017	Workshop Registration -V. Heckmaster #2731	\$45.00	
11/15/2017	Workshop Registration - T. Porter #1308	\$45.00	
11/15/2017	Workshop Registration - D. Ulses #7693	\$45.00	
11/15/2017	Workshop Registration - S. Williamson #4711	\$45.00	Move
11/18/2017	Periop Wk cake/legislative frame LH #2095	\$27.92	ľinem
11/22/2017	October Chapter Rebate	\$360.00	New Member
11/22/2017	Stripe (Vendor Wksp) Jay Speer (\$285-\$8.57)	\$276.43	
11/24/2017	Stripe (Vendor Wksp) Robert Blackhall	\$276.43	
11/30/2017	Stripe (Vendor Wksp - Deposit) Brian Siegel	\$138.07	The second second
11/30/2017	Ending Balance	\$18,047.20	

Honoring Our Veteran







December Financials 2017

		1
DATE	SAVINGS ACCOUNT	AMOUNT
12/1/2017	Beginning Balance	\$19,168.52
12/29/2017	Interest Payment	\$0.33
12/31/2017	Ending Balance	\$19,168.85
12/1/2017	CD ACCOUNT	\$6,826.00
12/31/2017	Total Savings + CD	\$25,994.85
	CHECKING ACCOUNT	
12/1/2017	Beginning Balance	\$18,047.20
12/8/2017	Cooper Hawk mt/gt TP #2096	\$228.59
12/12/2017	Deposit Jan. mtg dinner (innovative sterilization)	\$400.00
12/19/2017	Stripe Wksp Reg. (\$48.50-\$1.71) D. Morrison	\$46.79
12/22/2017	Stripe Vendor Wksp (\$142.50- \$4.43) Brian Siegel	\$138.07
12/26/2017	November Chapter Rebate	\$540.00
12/26/2017	Stripe Vendor Wksp (\$285-\$8.57) BobbiJo Naylor	\$276.43
12/27/2017	ReadyTalk (online payment)	\$49.12
12/31/2017	Ending Balance	\$19,170.78

To my fellow Nurses, It is my regret that I have to resign my position of secretary for our chapter. I have a new onset of Myocarditis (which is resolving) **Pulmonary** and **Edema with Fibrosing** Mediastinitis. As of 2 weeks ago my scans are not getting better and I am not feeling better either. I need to focus on my health right now and all my energy is working toward that. I appreciate all your concerns and grateful for well wishing. I am still working full time and trying to stay health for that also. We will see what the future holds, maybe one day I will be able to hold an office again.

Thanks, Teresa Kuehn (submitted in November)

Thank YOU!

The Hospitality Committee would like to thank John Deuser, VOLKER MEDICAL LLC and Robert Scroggins, BUFFALO FILTER Filtration Group for providing our meal and program for our October meeting. Our Program on Hazards of Surgical Smoke, was presented by Robert Scoggins of Buffalo Filter, was very interesting, informative and members earned 2 CEU's.

The meeting in November will be held at North Kansas Hospital.

Be sure to get your ticket as you enter for the free drawings.

Dinner will be ready at 5:30.

Business meeting 6 – 6:45 with education to follow.

Respectfully,

Carol Regan RN, CNOR
Hospitality Chairmen, 2017-18

NEW TRENDS IN HEALTH CARE 2018

Presented by AORN of Greater Kansas City and St. Joseph Medical Center

Conference and Vendor Fair - Saturday, February 24, 2018

Location – St. Joseph Medical Center - I-435 and State Line –Health and Education Center in Bldg D

AGENDA

	AGENEAN .	
0715 – 0755	Registration - Continental Breakfast - Vendor Exhibits Open	
0755 – 0800	Welcome and Opening Remarks	
0800 – 0900	Fetal Surgery: Intraoperative Care of the Unborn Patient – Dr. Corey Iqbal, MD,FAAP, FACS	
0900 – 1000	The Watchman Procedure: A Left Atrial Appendage Closure Device	
	Dr. Scott S. Chapman. M.D., FACC	
1000 – 1030	Break - Vendor Exhibits Open	
1030 – 1130	The Heart and Soul of Caring –	
	Theresa Collins, MBA, SN, RN, CEN, NEA-BC, CENP	
1130 – 1200	Preoperative CHG Bathing Best Practice: An OR Transition Nurse EBP Project	
	Tia Kennedy, RN, BSN; Sarah Jacobs, RN, BSN; Denice Morrison, RN, MSN, CNOR	
1200- 1230	Lunch Provided	
1230 – 1300	Tornado Warning! - Ted Arnett, MHCL, BS, NRP, CHEP	
1300 – 1400	Attack of the Sinuses: Chronic Sinusitis Explained – Dr. Jennifer A. Villwock	
1400 – 1500	The Dyslexic Surgery Patient & it's Impact on Patient Compliance – Kathy A. Ryan CPNP	
1500 – 1515	Closing Remarks	
Upon completion	on of an online evaluation, participant will receive 6.5 contact hours.	
Carondelet Health is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by The American Nurses' Credentialing Center's Commission on Accreditation. Carondelet Health, ANCC Commission on Accreditation and MW-Multistate Division do not approve or endorse any commercial products at this educational activity.		

American Nurses' Credentialing Center's Commission on Accreditation. Carondelet Health, ANCC Commission on Accreditation and MW-Multista Division do not approve or endorse any commercial products at this educational activity.

REGISTRATION: (1) Online with Credit Card - \$50.00 (includes \$5.00 processing fee) at aornkc.org
(2) Check payable to AORN of Greater Kansas City - \$45.00 (include form below)

ESSENTIAL THAT YOU PRINT ALL INFORMATION CLEARLY - YOUR CEU WILL COME BY EMAIL

Name	
Address	
Facility	E-mail

Send Registration to: Sharon Williamson - 19328 178th Street Tonganoxie, KS 66086

Email: skaaw56@gmail.com



AORN SURGICAL 1st Time Attendee

This year our chapter member to attend the AORN Global Conference as the First Time Attendee will be Erin Tharp. She will also serve as a delegate from our chapter.

Erin has been an RN for 16 years. She has had a wide variety of experiences in various areas of nursing. She began her career as an Operating Room Nurse 9 years ago.

She is the Charge Nurse in the Operating room at Belton Memorial Regional Hospital.

She is a CNOR and has been a member of AORN for the last 4 years. She has recently become active in our chapter. She is excited about sharing and applying the knowledge she gains at the AORN Conference with her co-workers and patients.

Happy PeriOperative Nurse Week!



We enjoyed a scrumptious cake at our November meeting to celebrate Peri-Operative Nurse Week!

Thanks to all our terrific **PERIOPERATIVE NURSES for ALL** you DO FOR OUR PATIENTS

Hello AORN Friends,

Please find all four scholarship applications = Nursing Student, CNOR, CRNFA, & Member scholarships on the following website, www.aornkc.org click on the Scholarships link and then click on and open the scholarship you are interested in applying for in 2018.

- One Nursing Student Scholarship is available in the amount of \$350.00. Deadline to submit the Nursing Student Scholarship Application is January 12, 2018.
- Two CNOR Scholarships are available in the amount of \$200.00.
- One CRNFA Scholarship is available in the amount of \$250.00.
- Two Member Scholarships are available in the amount of \$250.00. Deadline to submit the CNOR, CRNFA &/or Member Scholarship Applications is April 13, 2018.

Hard copies of all four scholarship applications will be available at the January 16, 2018 Chapter meeting.

Thank you,

Melissa Harber RN-BC, CNOR, CRNFA, CPN Scholarship Chair 2017-2018

Nursing Student Scholarship Application

This Scholarship award will be for \$350.00, to be applied toward tuition, for a nursing student interested in practicing perioperative nursing after graduation.

Applicant Inf	formation
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NAME:	DATE:	
Email ADDRESS:		
EMPLOYER:		
POSITION:	HOURS WORKED PER WEEK	
Home PHONE#:	Cell PHONE#:	

Requirements for Applicant

- 1. Any Junior or Senior Nursing Student.
- 2. A resume submitted to the Scholarship Committee.
- 3. Two reference letters from:
 - a. An instructor in your School of Nursing.
 - b. A personal reference
- 4. A one paged typed essay on your perioperative experience, if any, and how you think the role of the perioperative nurse contributes to the outcome of the care of the client. Please explain your consideration of a career in perioperative nursing.
- 5. GPA of 3.0 minimum with a copy of your OFFICIAL transcript.

Education

On a separate sheet of paper, please list the schools you have attended, their address, dates attended, and credits earned.

Award of Scholarship

The Scholarship Committee of AORN of Greater Kansas City will review all completed applications submitted by the deadline of January 12, 2018.

Selections will be completed by <u>January 27, 2018</u>, so that the scholarship funds can be awarded at our **February 20, 2018** Chapter meeting. Those not selected will be notified by email.

Mail the completed application with all five requirements to:

Melissa Harber, RN-BC, CNOR, CRNFA, CPN, Scholarship Committee Chairman

8922 Millstone Drive

Lenexa, Kansas 66220

Member Scholarship Applications

To qualify for this Member Scholarship, please verify active participation in AORN within the last year.

This scholarship award will be for \$250.00, to be used by the AORN member to help defer school expenses in furthering their education.

Requirements of Applicant

- 1. GPA of 3.0 minimum, with a copy of your **official** transcript.
- 2. Resume
- 3. Two reference letters from:
 - a. An AORN member
 - b. Your immediate supervisor
- 4. Current perioperative experience
- 5. A one page typed essay stating how your advanced degree in nursing will benefit the client in the perioperative phase.

Applicant Information

NAME:		
ADDRESS:	Email ADDRESS:	
EMPLOYER:	POSITION:	
AORN MEMBERSHIP NUMBER:		
CHAPTER ACTIVITIES:		
COMMITTES—CHAIR OR MEMBER:		
DUONE: MODICH	HOMEH	
PHONE: WORK#	HOME#	

AWARD OF SCHOLARSHIP

The Scholarship Committee of AORN of Greater Kansas City will review all completed applications submitted by the deadline of <u>April 13, 2018</u>. The scholarship will be presented to the selected recipient(s) at the annual AORN Banquet held in May. Those not selected will be notified by email.

Mail the completed application with all five requirements to:

Melissa Harber, RN-BC, CNOR, CRNFA, CPN, Scholarship Committee Chairman

8922 Millstone Drive

Lenexa, Kansas 66220

CNOR Scholarship Application

To qualify for this CNOR Scholarship, please verify active participation in AORN within the last year. This scholarship award will be \$200.00 to be used by the member to cover the application for exam fee.

Requirements for Applicant		
NAME:	DATE:	
ADDRESS:	Email ADDRESS:	
EMPLOYER:	POSITION:	
CHAPTER ACTIVITIES		
OFFICES HELD:		
COMMITTEES- CHAIR/MEMBER:		
NUMBER OF MEETINGS ATTENDED THIS Y	'EAR:	
	tings, please explain:	
In a statement of fifty words or less, pleas	se express your goals for becoming a CNOR:	

If You Want to Test In	Apply in the Month of
January	November
February	December
March	January
April	February
May	March
June	April
July	May
August	June
September	July
October	August
November	September
December	October

CCI now offers 12 monthly registration deadlines, for more flexibility in preparation and testing.

Award of Scholarship

The Scholarship Committee of AORN of Greater Kansas City will review all completed applications submitted by the deadline of <u>April 13, 2018</u>. The scholarship will be presented to the selected recipient(s) at the annual AORN May Banquet. Those not selected will be notified by email.

Mail completed applications to:

Melissa Harber, RN-BC, CNOR, CRNFA, CPN, Scholarship Committee Chairman 8922 Millstone Drive Lenexa, Kansas 66220

CRNFA Scholarship Application

To qualify for this CRNFA Scholarship, please verify active participation in AORN within the last year. This scholarship award will be \$250.00 to be used by the member to cover the application for exam fee.

Requirements for Applicant		
NAME:	DATE:	
ADDRESS:	Email ADDRESS:	
EMPLOYER:	POSITION:	
COMMITTEES- CHAIR/MEMBER:		
	SYEAR:	
If you attended less than six chapter me	etings, please explain:	
In a statement of fifty words or less, ple	ase express your goals for becoming a CRNFA	:

If You Want to Test In	Apply in the Month of
January	November
February	December
March	January
April	February
May	March
June	April
July	May
August	June
September	July
October	August
November	September
December	October

CCI now offers 12 monthly registration deadlines, for more flexibility in preparation and testing.

Award of Scholarship

The Scholarship Committee of AORN of Greater Kansas City will review all completed applications submitted by the deadline of April 13, 2018. The scholarship will be presented to the selected recipient at the annual AORN May Banquet. Those not selected will be notified by email.

Mail completed applications to:

Melissa Harber, RN-BC, CNOR, CRNFA, CPN, Scholarship Committee Chairman 8922 Millstone Drive Lenexa, Kansas 66220

Greater KC AORN Chapter Meeting January 16, 2018

Barbara Harmer from Innovative Sterilization Technologies

Speaking on:

Steam Sterilization What Do You Know?? Tuesday, January 16, 2018

North Kansas City Hospital

Health Services Pavilion-Prairie View Room

Dinner: 5:30 pm Speaker: 6:45 – 7:45 pm 1 CEU pending

FEBRUARY Newsletter Deadline



JANUARY 31, 2018

Please submit information to: odenett@hotmail.com

CONGRATULATIONS!

Your poster has been accepted in the Evidence-Based Practice Category for AORN Global Surgical Conference & Expo.

Application ID: 49406

Title: Preoperative CHG Bathing Best Practice: An OR Transition Nurse EBP

Project Poster Type: Evidence-Based Practice

Applicant: Denice A. Morrison, MSN, RN, CNOR, CASC

Be sure to look for her

poster at the EXPO!!!



Who doesn't love a cup of coffee or hot chocolate on a cold winter's day? Pick your team, Team Coffee or Team Cocoa and come be a part of the 6th annual

Battle of the Bean 5K!

Saturday January 20, 2018 8:00 am 9421 Mission Rd Leawood Kansas 66206 TYPE: Run or Run/Walk, Virtual Race

<u>Charity Benefit</u> – Our Charity Partner for the event is HAPPY BOTTOMS, Kansas City's diaper bank. Happy Bottoms acquires diapers through financial and in-kind donations from individuals & groups & provides them to area low income families with the help of over 40 partners agencies such as Mattie Rhodes, Hope House, Operation Breakthrough, ReStart & others. The need for diapers remains an overlooked yet fundamental area for help despite



today's best outreach efforts as safety-net programs such as SNAP (food stamps) & WIC (Women Infants & Children) don't cover the purchase of diapers. Learn more about this great organization at www.happybottoms.org
A portion of proceeds of this event will go towards HAPPY BOTTOMS mission. We ask that everyone participating in the event consider donating a package of diapers at packet pickup or on race morning!!

Race information can be found at www.battleofthebean5k.com

Event: 5K Walk/Run Start: 8:00 am Price: \$36.00 Race Fee + \$3.75 SignUp Fee

Registration: Price increases to \$40.00 after January 18, 2018 at 11:59pm CST

Event: Jelly Bean Dash (kids 8 & under) Start Time: 9:00am CST Price: \$12.00 Race Fee + \$3.25 SignUp Fee

Registration: Price increases to \$15.00 after January 18, 2018 at 11:59pm CST

Event: Virtual 5K Virtual participants do not go to packet pickup or the race. Run a 5K distance on your own, wherever and whenever works for you! Packets with a bib, shirt and mug will be mailed to you by the Monday following the actual event.

Price: \$40.00 Race Fee + \$3.75 SignUp Fee

Registration: Registration ends January 20, 2018 at 8:00 am CST



Who is going to join me & help support our chosen Charity – HAPPY BOTTOMS!!

I'm on the COFFEE TEAM!! Come on out!

DENETT COSTIN – Newsletter / Board of Directors

All participants will receive a long sleeve t-shirt and a custom Battle of the Bean mug. The **start and finish will be located at Foo's Fabulous Café**. At the finish line The Roasterie will be offering up the best coffee and hot chocolate in town to participants! Christopher Elbow will also be providing chocolates to participants.

Join

