



# Northern California Society of Gastroenterology Nurses and Associates

## Annual Fall Conference

September 20, 2025

8:00 am – 4:00 pm

Embassy Suites by Hilton – Sacramento Riverfront Promenade  
100 Capitol Mall, Sacramento

### Course Description & Statement of Need

The activity is designed to present current and new concepts, special techniques, and practical clinical approaches for patients undergoing gastrointestinal procedures.

### Target Audience

Gastroenterology nurses and associates

### Approval Statement

NCSGNA is approved by the California Board of Registered Nursing, Provider Number 6900, for 7.0 contact hours.

GI-specific contact hours through the American Board of Certification for Gastroenterology Nurses (ABCGN) are pending.

### Conflict of Interest Disclosure

NCSGNA requires all presenters and reviewers to disclose relevant financial relationships. All conflicts of interest have been mitigated prior to the commencement of the program.

### Criteria for Successful Completion

To earn a certificate, learners must attend the entire course and complete an evaluation.

### Registration Info



### Course Co-Directors

**Emily Scafidi, BSN, RN**  
Clinical Effectiveness Consultant II  
Sutter Roseville Endoscopy Center  
Sutter Health, Roseville, CA

**Bobbie Crider, DNP, FNP-BC, RN, CGRN**  
NCSGNA Treasurer  
Endoscopy Nurse  
John Muir Health, Walnut Creek, CA

<b>John Canio, MD</b> Gastroenterologist Sutter Medical Center Roseville, CA	<b>Antonio Mendoza Ladd, MD</b> UC Davis Health Medical Director of Endoscopy Associate Professor, Division of Gastroenterology
<b>Piyush Aggarwal, MD, FACS, FSSO, FASCRS</b> Colon and Rectal Surgery John Muir Specialty Medical Group	<b>Neha Shah, MPH, RD, CNSC, CHES</b> Colitis and Crohn's Disease Center University of California, San Francisco, CA
<b>Kristian Lateiner, MSN, AGNP-BC</b> Hepato-Pancreato-Biliary (HPB) Program John Muir Health, Walnut Creek, CA	<b>Shaheen Rasheed, MD</b> Chairman Department of Gastroenterology Director Interventional & Third Space Endoscopy
<b>Bobbie Crider DNP, FNP-BC, RN, CGRN</b> Endoscopy Nurse John Muir Health, Walnut Creek, CA	



## AGENDA

0700 – 0800	<b>Registration, Vendors and Continental Breakfast</b>	<b>Welcome!</b>
0800 – 0810	<b>Welcome and Opening Remarks</b>	<b>Emily Scafidi, RN</b>
0810 – 0900	<b>Diagnosis and Treatment of Hemorrhoids</b>	<b>Piyush Aggarwal, MD</b>
	<ol style="list-style-type: none"> <li>1. Determine how to differentiate between hemorrhoids and other anorectal pathologies.</li> <li>2. Learn about causes and initial treatment of hemorrhoids.</li> <li>3. Identifying risk factors when patients should be referred for screening for colorectal cancers.</li> </ol>	
0900 – 0950	<b>Thriving in the Scope Room: Professional Pearls for Endoscopy Success</b>	<b>Antonio Mendoza Ladd, MD</b>
	<ol style="list-style-type: none"> <li>1. Identify key habits and behaviors that support professional growth and teamwork in the endoscopy environment.</li> <li>2. Explore communication and collaboration strategies that enhance safety, satisfaction, and performance in GI procedures.</li> <li>3. Discuss career development opportunities for GI nurses and techs, including certification, mentorship, and leadership roles.</li> </ol>	
0950-1020	Break and Vendors	
1020 - 1110	<b>Innovations in Reflux Management: A Deep Dive into GERD and Endoscopic TIF</b>	<b>John Canio, MD</b>
	<ol style="list-style-type: none"> <li>1. Identify key pathophysiologic mechanisms and symptoms associated with GERD.</li> <li>2. Evaluate when patients may be candidates for TIF based on diagnostic and treatment response history.</li> <li>3. Describe the TIF procedure, its outcomes, and the nursing considerations for perioperative support.</li> </ol>	
1110-1200	<b>Nutrition and Lifestyle Strategies to Manage Symptoms of Irritable Bowel Syndrome</b>	<b>Neha Shah, RD</b>
	<ol style="list-style-type: none"> <li>1. Understand the physiological, psychological, and environmental factors involved in the onset and progression of irritable bowel syndrome (IBS).</li> <li>2. Learn to utilize diagnostic criteria for IBS subtype presentations.</li> <li>3. Apply evidence-based dietary interventions and lifestyle modifications to support IBS symptom reduction.</li> </ol>	
1200 – 1300	Lunch	
1300 – 1400	<b>Navigating the HepatoPancreatoBiliary System: A Nurse Practitioner's Clinical Lens</b>	<b>Kristian Lateiner, NP</b>
	<ol style="list-style-type: none"> <li>1. Review common HPB surgery disorders with focus on GI overlap and identify when HPB referral is indicated.</li> <li>2. Discuss the role of the HPB APP in new patient evaluation and diagnostic work up.</li> <li>3. Discuss assessment-making strategies and the role of the APP in care coordination of HPB patients.</li> </ol>	
1400 – 1500	<b>Advancing GI Care: Endoscopic Approaches to Esophageal Perforation and Pancreatic Necrosis</b>	<b>Shaheen Rasheed, MD</b>
	<ol style="list-style-type: none"> <li>1. Describe the clinical presentation, diagnosis, and endoscopic treatment strategies for esophageal perforation, including stent placement and tissue closure techniques.</li> <li>2. Review the current best practices for the diagnosis and management of pancreatic necrosis, emphasizing indications for intervention and timing.</li> <li>3. Discuss strategies to improve outcomes and reduce procedural complications in treatment of complex gastrointestinal emergencies.</li> </ol>	
1500-1600	<b>The Twilight Zone: Building Competence and Confidence with Nurse Sedation in a World of MAC</b>	<b>Bobbie Crider, RN</b>
	<ol style="list-style-type: none"> <li>1. Describe the shift in sedation practices for endoscopy and its impact on nurse-administered sedation.</li> <li>2. Explain the role of nurses in moderate sedation and the challenges they face in maintaining competency.</li> <li>3. Identify how high-fidelity patient simulation (HFPS) enhances nurse training for moderate sedation.</li> </ol>	
1600-1615	<b>Business Meeting &amp; Closing</b>	<b>Emily Scafidi, RN</b>



## REGISTRATION INFORMATION

**Registration Fee:** \$120.00 for members, \$120.00 for GI Technicians, and \$195.00 for non-members for **Early Bird**. **Registration ends August 29, 2025**, after which **rates increase** to \$145.00 for members, \$145.00 for GI Technicians, and \$225.00 for non-members. Registration **CLOSES** on September 14, 2025.

**To register, visit** <https://ncsgna.nursingnetwork.com/nursing-events/146674-ncsgna-fall-conference#!info> or scan the QR code above.

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- If you are unable to attend, please cancel your registration ASAP. You will need to request a refund; however, there will be no refunds after August 30, 2025.