

Northern California Society of Gastroenterology Nurses and Associates

Annual Fall Conference

September 20, 2025 8:00 am - 4:00 pm Embassy Suites by Hilton – Sacramento Riverfront Promenade 100 Capitol Mall, Sacramento

Course Description & Statement of Need

The activity is designed to present current and new concepts, special techniques, and practical clinical approaches for patients undergoing gastrointestinal procedures.

Target Audience

Gastroenterology nurses and associates

Approval Statement

NCSGNA is approved by the California Board of Registered Nursing, Provider Number 6900, for 7.0 contact hours.

GI-specific contact hours through the American Board of Certification for Gastroenterology Nurses (ABCGN) are pending.

Conflict of Interest Disclosure

NCSGNA requires all presenters and reviewers to disclose relevant financial relationships. All conflicts of interest have been mitigated prior to the commencement of the program.

Criteria for Successful Completion

To earn a certificate, learners must attend the entire course and complete an evaluation.

Registration Info



Course Co-Directors

Emily Scafidi, BSN, RN

Clinical Effectiveness Consultant II Sutter Roseville Endoscopy Center Sutter Health, Roseville, CA

Bobbie Crider, DNP, FNP-BC, RN, CGRN

NCSGNA Treasurer **Endoscopy Nurse** John Muir Health, Walnut Creek, CA

John Canio, MD	Antonio Mendoza Ladd, MD	
Gastroenterologist	UC Davis Health	
Sutter Medical Center	Medical Director of Endoscopy	
Roseville, CA	Associate Professor, Division of Gastroenterology	
Piyush Aggarwal, MD, FACS, FSSO, FASCRS	Neha Shah, MPH, RD, CNSC, CHES	
Colon and Rectal Surgery	Colitis and Crohn's Disease Center	
John Muir Specialty Medical Group	University of California, San Francisco, CA	
Kristian Lateiner, MSN, AGNP-BC	Shaheen Rasheed, MD	
Hepato-Pancreato-Biliary (HPB) Program	Chairman Department of Gastroenterology	
John Muir Health, Walnut Creek, CA	Director Interventional & Third Space Endoscopy	
Bobbie Crider DNP, FNP-BC, RN, CGRN		
Endoscopy Nurse		
John Muir Health, Walnut Creek, CA		



AGENDA

Describe the Tip Procedure, is outcomes, and the nursing considerations for perioperative support.	0700 – 0800	Registration, Vendors and Continental Breakfast	Welcome!	
1. Determine how to differentiate between hemorrhoids and other anorectal pathologies. 2. Learn about causes and initial treatment of hemorrhoids. 3. Identifying risk factors when patients should be referred for screening for colorectal cancers. 0900 – 0950 Thriving in the Scope Room: Professional Pearls for Endoscopy Success 1. Identify key habits and behaviors that support professional growth and teamwork in the endoscopy environment. 2. Explore communication and collaboration strategies that enhance safety, satisfaction, and performance in GI procedures. 3. Discuss career development opportunities for GI nurses and techs, including certification, mentorship, and leadership roles. 0950-1020 Break and Vendors Innovations in Reflux Management: A Deep Dive into GERD John Canio, MD and Endoscopic TIF 1. Identify key pathophysiologic mechanisms and symptoms associated with GERD. 2. Evaluate when patients may be candidates for TIF based on diagnostic and treatment response history. 3. Describe the TIF procedure, its outcomes, and the nursing considerations for perioperative support. Nutrition and Lifestyle Strategies to Manage Symptoms of Irritable Bowel Syndrome 1. Understand the physiological, psychological, and environmental factors involved in the onset and progression of irritable bowel syndrome (IBS). 2. Learn to utilize diagnostic criteria for IBS subtype presentations. 3. Apply evidence-based dietary interventions and lifestyle modifications to support IBS symptom reduction lunch 1300 – 1400 Navigating the HepatoPancreatoBiliary System: A Nurse Practitioner's Clinical Lens 1. Review common HPB surgery disorders with focus on GI overlap and identify when HPB referral is indicated. 2. Discuss she role of the HPB APP in new patient evaluation and diagnostic work up. 3. Discuss assessment-making strategies and the role of the APP in care coordination of HPB patients. Advancing GI Care: Endoscopic Approaches to Esophageal perforation, including stent placement and tissue closure techniques. 2. Review t	0800 – 0810	Welcome and Opening Remarks	Emily Scafidi, RN	
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2. Explain the role of hurses in moderate sedation and the challenges they lake in maintaining competency.				
		3. Identify how high-fidelity patient simulation (HFPS) enhances nurse training for moderate sedation.		
1600-1615 Business Meeting & Closing Emily Scafidi, RN	1600-1615			
2000 2020 Packing & Closing	1000 1010	Submission Meeting & Globing		



REGISTRATION INFORMATION

Registration Fee: \$120.00 for members, \$120.00 for GI Technicians, and \$195.00 for non-members for Early Bird Registration ends August 29, 2025, after which rates increase to \$145.00 for members, \$145.00 for GI Technicians, and \$225.00 for non-members. Registration CLOSES on September 14, 2025.

To register, visit https://ncsgna.nursingnetwork.com/nursing-events/146674-ncsgna-fall-conference#!info or scan the QR code above.

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• If you are unable to attend, please cancel your registration ASAP. You will need to request a refund; however, there will be no refunds after August 30, 2025.