

Safe Early and Continuous Mobility: Team Approach

Rhode Island Nursing Center, 350 Eddy Street, Providence Rhode Island, 02903.

May 3, 2025

Item	Speaker / Faculty	Instruction	Contact Hour relevance
7:30-8:00 Registration			
8-8:15 Welcome and Active Reflection.	Margaret Arnold-Menjoulet, PT, CEO Earlymobility.com	Lecture with Q&A.	Reflection on current practice.
8:15-9:15 Overview of SECM – The “Why, What, Where and When”.	Margaret Arnold-Menjoulet, PT, CEO Earlymobility.com	Lecture with Q&A.	Current evidence on Delirium, Sedation, Immobility, Hospital-acquired deconditioning, ICU-AW, Interdisciplinary roles for successful patient outcomes, fall / HAPI /HAC prevention, connection between caregiver safety and patient outcomes, facility and economic impact of SECM versus current state.
9:15-10:15 – Demonstration of Assistive Technologies. The “How”.	Margaret Arnold-Menjoulet, PT, CEO Earlymobility.com Others TBD	Live Demonstration with group discussion.	Learn new ways to utilize SPHM technologies to promote patient mobility safely for all with fewer people. Spanning all direct caregivers.
10:15-10:30 Break			
10:30-11:00 Continue the “How”.	Margaret Arnold-Menjoulet, PT, CEO Earlymobility.com Other faculty TBD	Live Demonstration with group discussion.	Learn new ways to utilize SPHM technologies to promote patient mobility safely for all with fewer people. Spanning all direct caregivers.
11:00-11:45 Using Activity and Mobility as a primary intervention to prevent Falls	Heidi Kissane, PT and Heather LaPlume RN.	Lecture with Q&A.	Too often, fear of falls results in immobility and leaving patients in bed, increasing fall risk. This presentation will share and experience where active mobility can prevent falls.
11:45-12:15 Lunch			
12:15-1:00 Vendor time			
1:00-1:30 Screening your patients for mobility.	Margaret Arnold-Menjoulet, PT, CEO Earlymobility.com	Live demo with return demonstration	Validated tools are vital for standardized mobility assessments and consistent mobility communication across team members
1:30-3:15 Hands-on scenarios using equipment.	Margaret Arnold-Menjoulet, PT, CEO Earlymobility.com Other faculty TBD	Live interactive clinical case scenarios. groups will discuss, apply knowledge and perform.	Blooms taxonomy of learning shows increased retention with active participatory learning strategies. The hands-on sessions will facilitate group discussion, mobility screen, resolving a clinical challenge while applying principles learned earlier in the day. This brings together affective, cognitive and psychomotor domains of learning.
3:15-3:30 Break			
3:30-4:00 Building your SECM team. Getting started.	Margaret Arnold-Menjoulet	Socratic teaching with reflection and facilitated call to action.	Successful, sustained programs integrate a multidisciplinary team, a common language, and a culture of early mobility. Discussion will include how to get started for those starting and how to overcome barriers for those in progress.
4:00-4:30 Evaluation and Wrap up.	Margaret Arnold-Menjoulet	Q&A and course evaluation.	