



Northern California Society of Gastroenterology Nurses and Associates

VIRTUAL SPRING CONFERENCE

March 22, 2025
8:00 am – 12:15 pm
Via Zoom Link

Course Description & Statement of Need

The activity is designed to present current and new concepts, special techniques, and practical clinical approaches for patients undergoing gastrointestinal procedures.

Target Audience

Gastroenterology nurses and associates

Approval Statement

Provider approved by the California Board of Registered Nursing, Provider Number 6900, for 4.0 contact hours.

GI-specific contact hours through the American Board of Certification for Gastroenterology Nurses (ABCGN) pending.

Conflict of Interest Disclosure

NCSGNA requires all presenters and reviewers to disclose relevant financial relationships and all conflicts of interest that have been mitigated before the commencement of the program.

Criteria for Successful Completion

To earn CE and obtain a certificate, learners must register for the conference, attend the entire course, and complete an evaluation.

Course Directors

Emily Scafidi, BSN, RN

Clinical Effectiveness Consultant II
Sutter Roseville Endoscopy Center
Sutter Health, Roseville, CA

Bobbie Crider, BSN, RN, CGRN, DNP(c)

Endoscopy Nurse
John Muir Health
Walnut Creek, CA

Presenters

Michael Camilleri, MD, D.Sc. Professor of Medicine, Pharmacology, and Physiology Mayo Clinic College of Medicine and Science Rochester, Minnesota	Ronald Hsu, MD, FACP Governor of Northern California, ACG Clinical Professor, Department of Medicine University of California, Davis, California
Janet Gripshover, DNP, MBA, FNP-BC, AF-AASLD Nurse Manager, Liver Transplant Cedars-Sinai, Comprehensive Transplant Center Los Angeles, California	Peter Buch, MD, AGAF, FACP Physician and Professional Speaker on GI Professor at U Conn School of Medicine and University of New England College of Osteopathic Medicine Connecticut



AGENDA

8:00 – 8:10	Welcome and opening remarks	Emily Scafidi, BSN, RN President NCSGNA
8:10 – 9:00	GLP-1 Agonists and GI Patients: What You Need to Know	Michael Camilleri, MD, D.Sc.
	<ol style="list-style-type: none"> 1. Explain the physiological and clinical actions of GLP-1 receptor agonists in GI care by describing their neurohormonal effects, mechanisms of action, and currently approved medications. 2. Assess the gastrointestinal and hepatic effects of GLP-1 therapy by discussing its impact on obesity, liver function, gastric emptying, and risks like gastroparesis and aspiration. 3. Recognize and manage GLP-1 related GI concerns using evidence-based strategies to optimize patient outcomes. 	
9:00 – 10:00	What to Know about BE and EOE in 2025	Ronald Hsu, MD, FACP
	<ol style="list-style-type: none"> 1. Review the latest clinical guideline in the diagnosis and management of Barrett's Esophagus. 2. Review the latest clinical guideline in the diagnosis and management of Eosinophilic Esophagitis. 	
10:00 – 11:00	Hepatitis and Chronic Liver Disease: The New Era of Prevention and Care	Janet Gripshover, DNP, MBA, FNP-BC, AF-AASLD
	<ol style="list-style-type: none"> 1. Identify key liver function tests (AST, ALT, bilirubin, INR) and differentiate between acute and chronic liver disease based on lab values and symptoms. 2. Recognize how alcohol use, metabolic conditions, and viral hepatitis contribute to liver disease and discuss the role of non-invasive screening tools like Fibroscan and lab markers. 3. Understand how to educate patients on lifestyle modifications, monitor for complications like hepatic encephalopathy and ascites, and implement nursing interventions to improve outcomes. 	
11:00 – 12:00	GI Bleeding: What You Need to Know	Peter Buch, MD, AGAF, FACP
	<ol style="list-style-type: none"> 1. To identify the "best" test for colon cancer screening. 2. To recognize the best timing for interventions in UGI and LGI bleeding. 3. To describe the "best" testing for massive GI bleeding 	
12:00 – 12:15	Final comments and conference adjourn.	Emily Scafidi, BSN, RN President NCSGNA

Virtual Registration Fee: Members - \$25.00 Non-Members - \$50.00 Techs - \$25.00

To register, visit: <https://ncsgna.nursingnetwork.com/nursing-events/144636-ncsgna-2025-spring-conference-webinar#!info>



Register



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- ❖ **Cancellation Policy:** Registrations canceled by **March 16, 2025**, will receive a full refund. Cancellations made **after March 16, 2025**, will not be eligible for a refund. Please visit the website and contact us to make a request.