

# AACN Region 17

November 2017

Guided by Why

Theresa Nino Region 17 CAT



November is a month to give thanks.

Gratitude is associated with good mental health. Thank a co-worker, a friend, a family member. Use your area recognition program to provide meaningful recognition. Thank others & yourself!

## [NTI Boston 2018 \\*](#)

### ***Education, Excellence, and Inspiration***

The National Teaching Nurses! Institute and Critical Registration and Housing Exposition offers learning, is OPEN inspiration and celebration for high acuity and Critical Care

*Early Bird Registration NOW! & until April 4. Sign up for the Chapter Leadership Workshop!* Share the experience with your chapter & work colleagues. Take home new evidenced based knowledge that will make an impact your work. Full Conference Days, Pre-conferences, Certification Celebration, Nurses Night Out, Chapter Workshop and more!



AMERICAN  
ASSOCIATION  
of CRITICAL-CARE  
NURSES



## ***Guided by Why***

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Take the time to reflect on your "Why's". Contemplate, reimagine and challenge yourselves ... Let your "why" be the compass for your Chapter purpose, and Personal purpose.

[Start with Why \(video\)](#)



Watch the video and be Inspired

*When it comes to life, the critical thing is whether you take things for granted or whether you take them with gratitude. - G.K.Chesterton*

.....Be Grateful, Build Resilience

Please Contact your regional Chapter advisor at any time Theresa Nino [Region17@aacn.org](mailto:Region17@aacn.org) for any questions, need for ideas, or just to Chat! Or email [Chapters@aacn.org](mailto:Chapters@aacn.org) there is always someone there for U



**NTI**

## **SCHOLARSHIPS!!!**

PLEASE BE SURE ALL YOUR MEMBERS KNOW TO APPLY

[SHARE THIS LINK](#)

**APPLY BY 12/8**

Scholarships includes conference, airfare, hotel and small expenses

### **Quarterly Financial**

**Reports Quarter 1 REPORT**

**DUE 11/15** Non-Employee Compensation Report **DUE NOW**

### **Regional Calendar**

**Great Basin:** Dec 6<sup>th</sup> Meet and Greet

**Denver:** Dec 14 Denver Rescue Mission Community Service

Jan. 16: AACN Update with National AACN BOD

Feb.15: Interdisciplinary Collaboration for Improvement of Patient Outcomes

**Southern Colorado:** Great meetings TBA

**Las Vegas:** Sending you strength as you rebuild

**Greater Phoenix:** Dec: Angel Card for all and The Birth of a website !! all events and meetings will be posted!

**SoArizona:** TBA

## **Region 17 Calendar**

### **Fun Fall Highlights**



**November 11<sup>th</sup>:** [1st Annual 5k Run/Walk to Raise](#)

[Brain Aneurysm Awareness](#) AACN Albuquerque Chapter proudly sponsored the 1st Annual 5k Run/Walk to Raise Brain Aneurysm Awareness. Held during the Balloon Festival



**October 2017: Chapter Circle of Excellence Awards** Meaningful Recognition for local chapter members- go to the chapter website for more great photos!

### **Southern Arizona**

#### **Nurses Night Out Masquerade Ball**



*Building resiliency through networking, fun and masquerading!*

**Great Basin:** *topping off a great year with smiles*



Thank you for all you do as individuals, as a group, and as nurses..... Theresa Nino your Happy CAT