

# The Monitor



*American Association of Critical Care Nurses - Greater Milwaukee Area Chapter*



## 2016-2017 Board Members

- President: Deb Casper
- President-elect: Available
- Vice President: Amanda Hackbarth
- Vice President-Elect: Patrick McNally
- Treasurer: Lori Grade
- Treasurer-elect: Ashley Haehle
- Member At Large (Membership): Carrie Brandt
- Member At Large (Social Media): Jessica Panfil
- Member At Large (Outreach): Laura Wisniewski
- Treasurer-elect: Lori Grade
- Secretary: Val Kolmer
- Board Learning Partners: Tyler Vang
- Interested in becoming a board member? Let us know! Email us at [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com)

## Inside this issue:

Treasurer's Report:	3
Education:	4
Vollunteer/Outreach:	5
Social Media/Membership:	6
Member News:	7
Calendar:	9

## Message from the President – Deb Casper

Change is inevitable, but very few can say they “embrace” it. Teaching often makes me reflect on the past and all the changes that have occurred in health care since I started my career. While I never wanted to be one of those “experienced” nurses who live vicariously in the past, I do believe this year’s theme of *Guided by Why* can help us understand change and, hopefully, be willing to embrace it. Let’s take a moment to walk down memory lane. Some of you may be able to relate to these, while others will be left to wonder how we ever managed to save anyone.

- The paper chart – the good ol’ thick cart that needed to be thinned in the prolonged hospitalization. And let’s not forget the Kardex - the playbook for the patient (diet, activity, meds, tests, IVs, etc). When an order was written, the change was noted in pencil on the Kardex and the order was signed off.
- Limited visiting hours – 2 visitors at a time and only for 15 minutes every hour with the overhead announcement at 7:45 PM: “Attention visiting hours will be over at 8 PM” – so everyone go home.
- Overhead announcements – no “genies”, portable phones.
- The “chain” of respect – giving up your chair for the physician. Need I say more...
- No 24-hour intensivist or hospitalist – nurses even ran to fires with extinguishers in hand ready to fight.

And the list can go on and on. If no one ever challenged these practices or asked *Why* are they in place, we may still be in those “glory” years. We can use this year’s theme of *Guided by Why* to help us understand the past, the path to today, and maybe even help us get a glimpse into the future. Let’s use the limited visiting hours as an example. In the past, family members and friends were kept at a distance. The focus was on the patient, and to reduce morbidity/mortality. Starting in the 1990’s, a paradigm shift was initiated with a focus on patient/family centered care. Visiting hours became more flexible. Families were asked to help care for the patient instead of sitting on the sidelines. Family presence during resuscitation is becoming the standard, and we are even asking patients/families to be part of multidisciplinary rounds. The patient has always been the center of the care, but the model of care looks very different because someone asked *Why*.

## Message from the President, continued – Deb Casper

Children, students and new nurses often ask *Why?* This small word is their means of gaining knowledge and insight, but it also helps us all push the boundaries to new levels. *Why* do we give Coumadin in the evenings? *Why* isn't that arterial line reading reliable? *Why* is proning back in favor, especially if done early in ARDS?

*Guided by Why* can be a light in an otherwise overwhelming world. I encourage us all to reflect on the past, look at the present, and be open to the future. Challenge the status quo and continue to ask *Why*. You might be surprised by the answer.



*"By asking 'Why?' we build bridges from our present-day challenges to a better future for healthcare."*

—Christine Schulman, AACN President



Deb Casper  
GMAC President

## Using “Guided by Why” for our Strategic Plan

**Goal:** Continue to strengthen the GMAC community through engagement and promote active involvement from chapter members

**Objectives** – create member liaison positions for local area hospitals. Attempt to have a board member attend staff meetings to discuss importance of certification. Send survey to local area College of Nursing regarding participation in organizations outside of school/work. Support local organization in fall and spring – to include Mr. Bob's Under the Bridge in Fall and Foster Children in Spring

**Goal:** Increase chapter awareness of AACN Initiatives: Beacon, Certification and Healthy Work Environment

**Objective:** Continue to provide quality and up to date educational sessions. Begin planning for review course for Fall 2018. Discuss and establish need for local Critical Care Conference for 2018. Recognize members and chapters awards at June Dinner Celebration and throughout the year. Research possible HWE retreat for Spring 2018.

**Goal:** Support personal connections amongst member

**Objective:** Recognize new members, newly certified and member accomplishments at each educational meeting. Board members to be more recognizable at meetings to encourage questions and personal interactions with members

**Goal:** Support the chapter by improving communication throughout organization

**Objectives:** Use Nursing Network for membership information/renewal, registration for events and promotion of activities. Goal is to be paperless for membership by next fiscal year.

## Treasurer's Report- Lori Grade

There's nothing scary about our financial report! And our September raffle made \$270 that will go to scholarships for members!

Wells Fargo Checking: \$3,101.20

Wells Fargo Savings: \$10,578.55

Paypal: \$8,046.29

Baird: \$21,638



Lori Grade, Treasurer



Ashley Haehle, Treasurer-elect

## Raffle

November's Educational meeting will include a raffle for an essential oil basket to support a scholarship fund for attendance to NTI. The basket will be available to view at the membership table at the meeting.

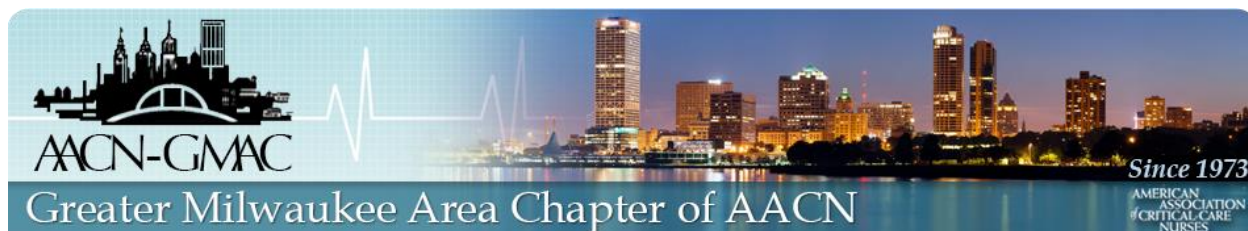
Tickets are **\$5 each or 5 tickets for \$20.**

**\*\*\*Register ONLINE, before the meeting, and receive one free raffle ticket\*\*\***

Applications for the NTI scholarship will be sent out in winter. This is a great way to support education for our members while also getting an awesome gift.



## Education Committee-



### November 2017 Educational Session

Thursday, November 16, 2017 at 5:30pm CT - 8:30pm CT

Pre-registration on our website: <https://milwaukeeaacn.nursingnetwork.com/>

#### **Coumadin and Beyond: Reversal Agents for Anticoagulation**

Jennifer Koch, PharmD, BCGP, BCPS and Jeremiah Barnes, PharmD  
Zablocki VA Medical Center

#### **Patient and Family Centered Care**

Debra Casper, MSN, RN, ACNP-BC, CCRN and Michelle Schultz, BSN, RN, CCRN  
Froedtert & Medical College of WI – Community Memorial Hospital

#### **Wheaton Franciscan Healthcare - Wauwatosa Campus Outpatient Center**

201 North Mayfair Road  
Wauwatosa, WI 53226

Free Parking available in parking garage. Take the elevator to the 5th floor and join us in Conference Room 5 A & B.

### Thank you to our Vendors!

#### **Registration:**

- 5:30-6:00 pm:
- Light dinner served

#### **Registration Fees:**

- GMAC Members Free
- Non-Member: \$20.00 per night
- Students: \$15.00 per night



## Volunteer Opportunities



## Calling all volunteers!!! GMAC is looking for help with the following:

- **June Gala** – help to plan and celebrate the year's activities as well as GMAC's 45<sup>th</sup> Anniversary. Co-chairs are Jessica Panfil and Deb Casper.
- **Hospital Liaison** – see description. Looking for representatives for Aurora Health Care, Prohealth Care, Ascension, Children's and the VA.
- **Critical Care Conference/PCCN/CCRN review** – Fall 2018 - Co-chairs Jessica Panfil and Deb Casper. Help plan, coordinate and host the event.

If interested, please contact Deb Casper at [dcasper1017@gmail.com](mailto:dcasper1017@gmail.com).

## Outreach – Laura Wisniewski



Community Outreach is one of the many ways we perform as a Chapter to adhere to the Mission and Vision of AACN. Community service is another way to enhance our clinical and leadership skills.

Our continuing OUTREACH for this month is contributing to MR. Bob's under the bridge. Please consider bringing items as suggested to the meeting on November 16th. There is a table for donations and money can be given to any committee member (wearing blue shirts.) Through our contributions and activities, chapter members personify AACN in the local community.

### Items Always Needed:

- Toothbrushes, tooth paste, bar soap, shampoo, conditioner, face cloths, hand sanitizer, toilet paper (Travel sizes are best.)
- **New** men's and women's underwear
- Women's personal hygiene items
- Coffee, powder creamer, sugar hot chocolate mix

### October through March:

- Gloves, warm hats, socks, thermal underwear, winter boots, hand warmers, and warm winter coats
- Sleeping bags and warm blankets

\*\*\*Spring Outreach will focus on supporting foster children throughout the Milwaukee County area. More details to come.\*\*\*

## Social Media – Jessica Panfil



The GMAC and Nursing Network partnership is progressing and prospering. We are utilizing the website as the main form of communication with GMAC Members.

Please, go to **[milwaukeeaacn.nursingnetwork.com](https://milwaukeeaacn.nursingnetwork.com)** to register for events/meetings and to get the most up to date information regarding GMAC!!!

**Facebook:** AACN: Greater Milwaukee Area Chapter of Critical Care Nurses

**Twitter:** AACN\_GMAC

\*\*\*Any member can submit articles for the monitor. Let us know what you and your hospital are up too!

## Membership – Carrie Brandt

Current Membership: **103**

Highest Throughout Last Year: **122**

**WE WILL NOT BE ACCEPTING PAPER MEMBERSHIP FORMS and CASH PAYMENT ANYMORE..... Please follow below to ensure efficient entrance into the November meeting!**

- 1) You **MUST** be a national AACN member to be a local GMAC member
  - a. You will not/cannot be uploaded into chapter database if national dues are not paid
  - 2) Become a follower of <https://milwaukeeaacn.nursingnetwork.com/>
  - 3) Click on Membership/Join Tab
  - 4) Complete Membership Application **AND** Payment in **FULL**
  - a. This step is being left partially complete and membership will not be completed
  - 5) Print membership card after online application is complete
- There are changes in the CERP approval for AACN and we must keep accurate records of attendance at all our education sessions. Please make sure that you sign in on the attendance records at the membership table.
  - Sign in Sheets will be used to match requests for CE that will be processed after the meeting.
  - Please continue to recruit your friends and coworkers in the nursing community to join us here at GMAC. Remember that GMAC is a melting pot of nursing, not just critical care. We are well represented in the critical care, progressive care, pediatric, adult-gerontology, advanced practice, leadership/management, palliative care and hospice realms. We welcome all specialties.
  - Visit the nursing networks site and locate the membership tabs to find the benefits download to take to your departments and others at your facilities to spread the word about AACN and GMAC. If you would like to have AACN products to take with you, please see your friendly board members!





## Circle of Excellence



Deb McCann, director of Patient Care Services for the Community Hospital Division, has been announced as a 2018 American Association of Critical-Care Nurses [Circle of Excellence Award](#) winner.

The Circle of Excellence Award recognizes acute and critical care nurses for all that they do for patients, families and the profession. It honors nurses who are advancing the profession; focusing on excellence and innovation in critical care nursing and patient care; offering an opportunity to participate in meaningful recognition through nurse-to-nurse nominations; and connecting leaders in critical care nursing.

Deb McCann, director of Patient Care Services for the Community Hospital Division, has been announced as a 2018 American Association of Critical-Care Nurses [Circle of Excellence Award](#) winner.

The Circle of Excellence Award recognizes acute and critical care nurses for all that they do for patients, families and the profession. It honors nurses who are advancing the profession; focusing on excellence and innovation in critical care nursing and patient care; offering an opportunity to participate in meaningful recognition through nurse-to-nurse nominations; and connecting leaders in critical care nursing.

Deb joined Community Memorial Hospital in 1996 as the assistant director of Nursing. Continuing to serve in various leadership capacities, Deb took on Critical Care Services in 2001 and then added leadership of Emergency Services in 2007. From there, Deb was director of Critical Care and Emergency Services for the Community Hospital Division since 2012. Effective Jan. 1, 2017, Deb transitioned into an executive director role of Patient Care Services. Earlier this summer when the Emergency Department at Moorland Reserve Health Center, a department of Community Memorial Hospital, opened, Deb added leadership of that department to her responsibilities as well.

She has been a member of GMAC and AACN, having served in various roles including president-elect, president and CAT.



**Congratulations Deb!**

## Member Spotlight- Jean Hogan

### **1. Tell us a little about yourself professionally (years of being a nurse, experience, certification, current employment and role, etc.).**

My name is Jean Hogan. I received my BSN from Alverno College and have employed as a RN with Froedtert and the Medical College- Community Memorial Hospital (CMH) for 34 years. I have spent the last 27 years on the Modified Care Unit (MCU) which is a step down unit. I worked as a bedside nurse, case manager, a dual role of MCU educator and the Stroke Coordinator, and now serve as the MCU educator. I obtained my initial PCCN certification in May of 2010.

### **2. Please share what you do to maintain a healthy work-life balance.**

I have to be honest that I am not the best role model for work-life balance between my career and caring for an elderly parent. When I do have down time I enjoy camping with my family, spending time outdoors just enjoying the natural sounds of nature and spending time with friends I went to high school with. I believe that you need to be "in the moment" when you do anything at work or play and that helps to keep you focused and balanced. That was one of the big "ah ha moments" I had from attending the NTI conference in 2016.



## Member Spotlight- Jean Hogan, continued...

### 3. This year's national theme is *Guided By Why*. Please share with us *Why* you became a nurse and got your certification? *Why* did you join AACN - GMAC?

When I was growing up I wanted to be either a nurse or a teacher as I enjoyed helping others and becoming a nurse was the best of both worlds. Transitioning into my current role was a huge time commitment. But, I enjoy the patient/staff interaction. I get to see the staff growing in their knowledge and confidence. I decided to pursue my PCCN certification to validate my knowledge, skills and abilities in caring for the patient population I served. I joined AACN - GMAC at the recommendation of my manager at the time, Deb McCann. I enjoy the educational presentations offered by GMAC, the networking, and all the benefits of being an AACN member. We currently have approximately 7 GMAC members from my unit. Being a part of AACN - GMAC helps to keep nurses in the forefront of this changing healthcare we experience, to get ideas on tactics to help manage the challenges we face at the bedside, and to know that we're not alone in those challenges.

### 4. AACN's mission focuses on driving excellence. In your current position, how do you incorporate this into your role?

As the unit educator I am constantly at the forefront of change management whether it be a new piece of equipment, a policy or procedure incorporating evidence based practice. Patient safety is at the forefront of everything we do. I need to ensure staff have the competency and resources they need to obtain the best outcomes for our patients.



### 5. What advice would you give to a person looking at a career in nursing?

I would share how rewarding it is as there are so many opportunities to grow in skills, to interact with different patient populations, and to grow academically. We have the opportunity to be a part of all life changing events birth to death. My advice to current nurses- continue to pursue excellence, learn and be a part of a local professional organization. Join committees at work and be involved in making practice changes to benefit the patient and their outcomes.

### 6. Please share one memorable story during your career and *Why* this situation impacted you.

My daughter was diagnosed with Type 1 diabetes, the summer prior to her senior year in high school. Everything I thought I knew about diabetes suddenly changed as I was now the mom and not the "nurse". I remember taking classes, learning how to carb count, and do injections with her. Once, she took the syringe and said "Mom, if I'm going to live with this the rest of my life, I need to just do it" and she did. My family went from being able to eat what we wanted to counting carbs, monitoring blood sugars, and figuring out how to treat the highs and lows. I realized that being a Type 1 diabetic is hard. It is like a job but you never get a vacation, holiday or weekend off. It made me realize that when patients come in with DKA, we should not stereotype them as "non-compliant". Maybe they are doing the best they can as they can never take a break from it. My daughter is one of the strongest people I know. She has taken this disease head on and works to control it vs letting it control her.



## Calendar

NOVEMBER 16<sup>th</sup>, 2017 at 5:30pmCT

["Coumadin and Beyond: Reversal Agents for Anticoagulants" then "Patient & Family Centered Care Models"](#)  
**Wauwatosa, WI**

NOVEMBER 28<sup>th</sup>, 2017 at 6:30pmCT

[Education Committee Meeting](#)

JANUARY 9<sup>th</sup>, 2017 at 6:00pmCT

[GMAC Board Meeting](#) at Saz's on State St, **Milwaukee, WI**

JANUARY 25<sup>th</sup>, 2017 at 8:00amCT

[Articles or submissions of interest for GMAC Monitor DUE TODAY- Jan 25th!](#)

FEBRUARY 1<sup>st</sup>, 2017 at 8:00amCT

[\\*\\*\\*Monitor Distributed- Feb 1st\\*\\*\\*](#)

FEBRUARY 13<sup>th</sup>, 2017 at 5:30pmCT

["Pros and Cons of Noninvasive Monitoring" \(All certified members are invited to participate in a group photo that will be taken during intermission\)](#) **Wauwatosa, WI**

MARCH 12<sup>th</sup>, 2017 at 6:00pmCT

[GMAC Board Meeting](#) at Saz's on State St, **Milwaukee, WI**

MARCH 22<sup>nd</sup>, 2017 at 8:00amCT

[Articles or submissions of interest for GMAC Monitor DUE TODAY- March 22nd!](#)

MARCH 29<sup>th</sup>, 2017 at 8:00amCT

[\\*\\*\\*Monitor Distributed- March 29th\\*\\*\\*](#)

APRIL 10<sup>th</sup>, 2017 at 5:30pmCT

["Opioid Epidemic Across Care Settings"](#) **Wauwatosa, WI**

MAY 8<sup>th</sup>, 2017 at 6:00pmCT

[GMAC Board Meeting](#) at Saz's **Milwaukee, WI**

MAY 20<sup>th</sup>, 2017

[Save the Date! 2018 NTI in Boston](#) **Boston, MA**

MAY 24<sup>th</sup>, 2017 at 8:00amCT

[Articles or submissions of interest for GMAC Monitor DUE TODAY- May 24th!](#)

MAY 31<sup>st</sup>, 2017@ 8:00amCT

[\\*\\*\\*Monitor Distributed- May 31st\\*\\*\\*](#)