

Know the Health Literacy Terms

Education is the *process* of receiving or giving systematic instruction.

Teaching is to *show* and/or *explain* how to do something. a.k.a. instructing.

Learning is to *gain* or *acquire skill* or *knowledge of* by study, experience or being taught.

Plain Language is a strategy for making written and oral information *easier* to understand.

Health literacy is the ability to *obtain, read, understand* and *use* healthcare information to make *appropriate* health decisions and follow instructions for treatment.

Cultural Competence

is the ability of health organizations and practitioners to *recognize* the cultural beliefs, values, attitudes, traditions, language preferences, and health practices of *diverse* populations, and to *apply* that knowledge to produce a positive health outcome.

Limited English proficiency (LEP) is the inability to *communicate* in English