

# The Monitor



*American Association of Critical Care Nurses - Greater Milwaukee Area Chapter*



## Message from the President – Deb Casper

Greetings! I hope you had a wonderful summer. My name is Deb Casper and I am excited to be serving as the GMAC president for 2017-2018. This year's national theme is *Guided by Why*. During her inaugural address at NTI in Houston, AACN's national president Christine Schulman, stated that children learn by asking *WHY*. However, adults have lost that curiosity or "compass" as she calls it, "a tool to accomplish our goals".

I have been frequently asked, "Why did you become a nurse? Why do you do what you do?" Reflecting on these questions has renewed by enthusiasm and compassion for nursing. As a child, my goal was to be a surgeon, but I thought I wasn't smart enough. So, entered nursing school. Once in the program at Madison (Go Big Red), I quickly learned that my calling was to be a nurse. I enjoy blending the Art and Science of Nursing with the medical model. Being an advocate for the patient and family, while challenging the status quo is what nursing is all about. Looking outside the box for opportunities to improve patient care and work towards cost containment is the part of the nurse's role. Nurses use the word *Why* as a means of permission to explore outside the norm and do what is right and in the best interest for a patient and family. *Why* can't the patient and family be part of multidisciplinary rounds? Isn't the information about them, so *Why* are they looked at as patients/families and not as partners in their care? *Why* are we all concerned about costs and length of stay? *Why* does the staffing matrix often not match the needs of the unit? *Why* are we concerned about patient teaching and education more than ever? *Why* don't hospitals get reimbursed for certain illnesses acquired in the hospital? I could list a thousand more questions we are faced with daily, but the simple answer is that health care is not the same as it was 20 years ago. Health care and the providers of care need to change, and change is often a result of someone asking "*Why*".

Outside of my hospital role as a critical care nurse practitioner, I teach and work as the Option Coordinator for the Adult-Older Adult Acute Care Nurse Practitioner Program at Marquette University, College of Nursing. In this role, students are often challenged with *Why*. *Why* do patients need stress ulcer prophylaxis? *Why* do we promote early mobilization? *Why* do protocols include certain information? And the list goes on and on. In order to care for patients effectively and efficiently, the "*Whys*" needs to be understood. The nursing process

### 2016-2017 Board Members

- President: Deb Casper
- President-elect: Available
- Vice President: Amanda Hackbarth
- Vice President-Elect: Patrick McNally
- Treasurer: Lori Grade
- Treasurer-elect: Ashley Haehle
- Member At Large (Membership): Carrie Brandt
- Member At Large (Social Media): Jessica Panfil
- Member At Large (Outreach): Laura Wisniewski
- Treasurer-elect: Lori Grade
- Secretary: Val Kolmer
- Board Learning Partners: Available
- Interested in becoming a board member? Let us know! Email us at [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com)

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## Message from the President, continued – Deb Casper

assessing, diagnosing, planning, implementing, and evaluating. Each step should be *Guided by Why*. However, the evaluation phase is rooted in *WHY*. Did the intervention work? If so or if not, why? We learn for our actions and if needed, we start the process over.

As an individual or health care facility, this year's national theme can be easily applied, but how can we apply *Guided by Why* to GMAC? I would challenge all of you to ask yourself – *WHY* are you part of GMAC? *Why* is being involved important to you, to the community and to the healthcare systems in which we work? *WHY* are organizations having a difficult time attracting people to join, especially the newer generation of nurses? As stated above, health care cannot function as it did 20 years ago, but neither can GMAC. GMAC is celebrating its 45<sup>th</sup> Birthday in January 2018, and is one of the older chapters of AACN. GMAC's momentum for change is amazing. Our educational offerings are in-line with current healthcare and nursing issues. We continue to be involved in the community while promoting the mission of AACN flawlessly. Building on recent years, GMAC will continue to embrace and utilize technology. We are partnering with Nursing Networks in order to maintain our membership records, increase communication with members, and promote education and excellence.

As discussed at the strategic meeting, this year's national theme of *Guided by Why* is so appropriate for the direction GMAC is moving. We are looking for opportunities to network with other chapters to provide educational opportunities, including a biennium conference. *WHY?* It is important to support the growth of nurses in our area. We will be seeking out hospital liaisons – members who can answer questions and be a resource in their own work environment regarding the importance of certification and involvement. Even educational meetings will look a little different. Board members will be very visible and readily identifiable. *Why?* We need to encourage the growth of our own profession and encourage others to become leaders. We are even looking at options for streaming of meetings so that more nurses might be able to partake in the education. *Why?* We need to support all the nurses in our area – even those who are unable to attend due to work, distance, or other commitments.

I am excited to continue in the footsteps of prior GMAC presidents. The shoes are big, but with the help of everyone, we will have another outstanding year. *Guided by Why* will be there to help us and we will be successful once again.

*“It's obvious to me that we nurses  
faithfully use why as our guide”*

**Christine Schulman**  
2017-2018 AACN National President



**Deb Casper, 2017-2018 GMAC President**

## Treasurer's Report- Lori Grade



We start this new season off financially strong. Membership last year exceeded our goal, and vendors at our education meetings helped to significantly offset costs. The board continues to look for ways to stretch our dollars to provide the best service to members that we can. As always, we take your investment in GMAC seriously, and work hard to make the most of it!

### Current Balances:

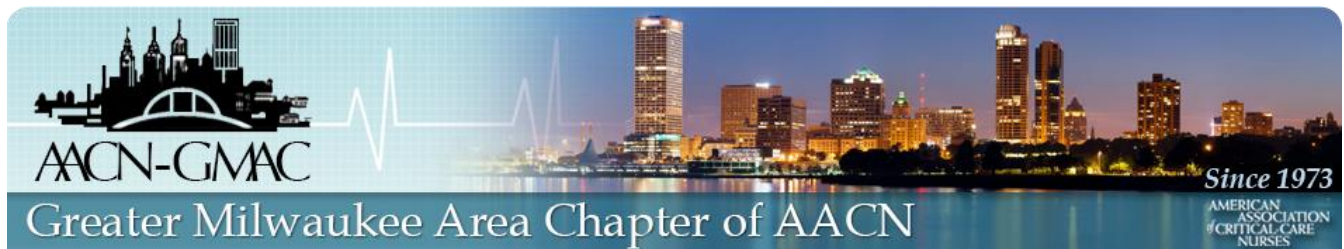
Wells Fargo Checking: \$2,202.70

Wells Fargo Savings: \$10,578.02

Baird Investment: \$21,614.00

Paypal: \$6,590.41

## Social Media- Jessica Panfil



The GMAC and Nursing Network partnership is progressing and prospering. We are utilizing the website as the main form of communication with GMAC Members.

Please, go to [milwaukeeaacn.nursingnetwork.com](http://milwaukeeaacn.nursingnetwork.com) to register for events/meetings and to get the most up to date information regarding GMAC!!!

**Facebook:** AACN: Greater Milwaukee Area Chapter of Critical Care Nurses

**Twitter:** AACN\_GMAC

\*\*\*Any member can submit articles for the monitor. Let us know what you and your hospital are up too!

Thanks, Jess Panfil, Member At Large-Social Media



## Education Committee-

*Mark Your Calendars!*

### 2017-2018 Education Sessions

<b>September 21, 2017</b>	"Why Are We Short Staffed?"	Panel Presentation
<b>November 16, 2017</b>	"Coumadin and Beyond: Reversal Agents For Anticoagulants"	Jennifer Koch, PharmD Jeremy Barnes, PharmD
	"Patient & Family Centered Care Models"	Community Memorial Hospital Children's Hospital
<b>February 13, 2018</b>	"Pros and Cons of Noninvasive Monitoring"	Tech Company Reps
<b>April 10, 2018</b>	"Opioid Epidemic Across Care Settings"	(To Be Confirmed)

**Sessions held at the Ascension Wisconsin -Wauwatosa Outpatient Center (formerly Wheaton Franciscan)**

Conference Center, Rooms 5A & 5B  
201 North Mayfair Road  
Wauwatosa, Wisconsin

#### Light Dinner and Onsite Registration:

- 5:30-6:00 p.m.
- Network with Vendors

#### Registration Fees:

- GMAC Members Free
- Non-Member: \$20.00 per night
- Students: \$15.00 per night



**NEW** this year!

Please register for each session on line: [milwaukeeaacn.nursingnetwork.com](http://milwaukeeaacn.nursingnetwork.com).



Starting this year, a raffle will be held at each educational meeting in order to support a scholarship fund for attendance to NTI. An item or basket will be available to view at the membership table at the meeting. Tickets are **\$5 each or 5 tickets for \$20**. Applications for the NTI scholarship will be sent out in winter. This is a great way to support education for our members while also getting an awesome gift.



## GMAC Leadership



Laura Wisniewski, Outreach



Ashley Haehle, Treasurer-elect



Jessica Panfil, Social Media



Carrie Brandt,  
Membership



Lori  
Grade,  
Treasurer



Patrick McNally, Vice  
President -elect



Val Kolmer, Secretary



Amanda  
Hackbarth, Vice  
President



**AACN is a community of exceptional nurses.  
GMAC is your local portal to that community.**

## Outreach

**The AACN/GMAC participates in giving back to the community with Outreach. The first charity that was chosen is Mr. Bob's Under the Bridge. Outreach can be the foundation of an effort to improve the health and well-being of a community.**

**Donations for Mr. Bob's Under the Bridge will be accepted at both the September and November meetings. Please consider bringing a contribution for this charity when coming to the meetings.**

**The following information has been obtained from the website: <https://mrbobsunderthebridge.org/donate>.**

### How It All Started

Under the Bridge was started by Bob and Sue Burmeister in the fall of 2007. The Burmeisters had been volunteering at a Milwaukee inner city church for years. At the church, along with other volunteers, they served a warm meal every Wednesday. Their passion for the poverty stricken and homeless became a focus to start Under the Bridge.

Under the Bridge has been blessed with many clothes, hygiene items, food, and financial assistance. Every week Bob, Sue, and other [volunteers sort](#) all items that are donated. So much has been donated that they moved from their garage to the basement of Advent Lutheran Church in Cedarburg. Once the items are sorted, they put together care packs. A care pack consists of a warm coat, hat, gloves, scarves, hygiene items, books, and some sort of snack. Care packs are labeled according to size and then distributed to the homeless in Milwaukee on Saturday mornings. [Monetary and item donations](#) are continuously accepted.

#### Items Always Needed:

- Toothbrushes, tooth paste, bar soap, shampoo, conditioner, face cloths, hand sanitizer, toilet paper (Travel sizes are best.)
- *New* men's and women's underwear
- Women's personal hygiene items
- Coffee, powder creamer, sugar hot chocolate mix

#### October through March:

- Gloves, warm hats, socks, thermal underwear, winter boots, hand warmers, and warm winter coats
- Sleeping bags and warm blankets

#### April through September:

- Light jackets, hooded sweatshirts, t-shirts, shoes, women's and men's pants, and socks
- Light blankets and towels

### OR THE GIFT OF MONEY IN THE FORM OF CASH, CHECK.

Examples of how your money is used:

**\$10.00 Hygiene Packs** – Every week, Mr. Bob's hands out 125 hygiene packs to the homeless. The packs contain essential items such as soap, a toothbrush, toothpaste, wipes, shampoo, conditioner, lotion, and a wash cloth. Your \$10 donation provides the supplies to fill two packs with the necessary goods.

**\$20.00 New Undergarments** – From the chill of winter to the sweat of summer, new undergarments provide the homeless with a sense of cleanliness that is rarely felt on the street. Your \$20 donation provides 12 pair of socks or 10 pairs of underwear.

**\$30.00 Saturday Morning Coffee** – Who would have guessed that a styrofoam cup of coffee could provide warmth for more than the body? Coffee has become a staple at Mr. Bob's stops in the city. It provides warmth for the hearts of the homeless, as well as the volunteers. Your \$30 donation provides 250 cups of coffee.

**\$75.00 Gas for the Donation Truck** – Traveling around the city in a box truck is no cheap ride. Your \$75 donation provides a tank of gas for the truck and helps to keep the operation moving...literally.

**\$200.00 Monthly Truck Payment** – In order to transport the donated goods, Mr. Bob's Under the Bridge purchased a box truck. The truck is used weekly for the mission. It has become a symbol of hope for the homeless. Your \$200 donation takes care of one monthly payment for the truck.

Thank you very much, Laura Wisniewski RN BSN CCRN, Member At Large: Outreach

## Volunteer Opportunities: Hospital Liason

### Calling all Volunteers –

GMAC is looking for people interested in serving as a hospital liaison for the site and/or organization of your employment.

**Main responsibilities include:** distribution of information about GMAC and point of contact for people with questions or who are looking to join. This is a great way to learn more about GMAC, connect with potential new members, potentially complete an objective for your performance review, while also adding to your resume.

If interested, please send your name and contact information to:

Deb Casper at [dcasper1017@gmail.com](mailto:dcasper1017@gmail.com)



## Volunteer with GMAC at Briggs & Al's Run/Walk for CHOW

### Briggs & Al's Run & Walk on Saturday, September 16th.

This is an 8K run and 3 or 5 mile walk starting at Marquette University, proceeding through downtown, ending in the Third Ward. The race starts at 10:30.

Please arrive at the finish line at 9 AM. The finish line is located on Chicago St, next to the Italian Community Center.

**Dress:** casual, weather appropriate.

**Equipment:** stethoscope

**Duties:** identify runners in distress over the race course, especially near finish area, transport to medical tent, assess needs and administer basic first aid and support. We do administer IV fluids if needed. We have MFD paramedics and Bell EMTs stationed next to the tent if transport is needed. The medical team is made up of MD, RN/BSN, medical students and nursing students. Responsibilities are given per level of training and expertise.

**Weather:** Weather can be highly variable but it is likely to be in the high 60's/low 70s, but will probably be in the 50s in the morning. It does tend to be cooler by the lake so layers are recommended. There is an area in the medical tent to store an extra layer if it is not needed.

**Parking:** there is free parking in lots H and P on the grounds. See below for directions to the parking lots. Another option for parking is the Italian Community Center which is right next to the finish line (corner of Jefferson and Chicago). Cost is \$5. You can park on the street, but Milwaukee is notorious for ticketing in this area (\$25 for a meter violation).

**Register at [milwaukeeaacn.nursingnetwork.com](http://milwaukeeaacn.nursingnetwork.com) to be part of our team!!!**

We are generally done around noon.

## GMAC Volunteer Opportunities



### Biennial GMAC conference planning committee –

Seeking co-chairs and key stakeholders to help organize the event!

Projected date of conference Oct. 2019

### GMAC 45th Anniversary Celebration –

Seeking people interested in helping to plan the celebration.



If you would like to help GMAC plan either (or both) of these events, email [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com) to let us know you are interested.

## Education Opportunities: Wisconsin Donor Network





## Education Opportunities: Pediatric Review Course



Kids deserve the best.

**Join us September 26<sup>th</sup> and 27<sup>th</sup>, 2017**

**Children's Hospital of Wisconsin**

0800-1630

### **PEDIATRIC CCRN REVIEW COURSE**

Intended audience: Pediatric Critical Care nurses who wish to prepare for the Pediatric CCRN certification exam.

This two day video course will include a full review of each system, along with practice test question review. Lunch and snacks are included, as well as all review materials.

Cost: \$10 for CHW employees; \$50 for non-employees

#### **Why take the exam?**

1. It validates the expert knowledge and skills you have
2. It demonstrates a commitment to career development
3. A higher percentages of certified nurses helps differentiate us from competitors and demonstrates to consumers a high level of skill and experience

Make check payable to: Children's Hospital of Wisconsin

Include: Name, Address, Phone Number, Email, and Employer

Mail registration to: **Lori Grade, West 3 CICU**

**Children's Hospital of Wisconsin, PO Box 1997 Milwaukee, WI 53201-1997**  
**(CHW staff: interoffice mail to MS 8503-CICU)**

**Questions?**

**Contact Lori Grade at: [lgrade@chw.org](mailto:lgrade@chw.org)**

**Registration due no later than September 11<sup>th</sup>, 2017**

## Calendar of Events



Register and find more detailed information for these events at  
[milwaukeeaacn.nursingnetwork.com](http://milwaukeeaacn.nursingnetwork.com)

SEP 16

[Brigg's & Al's Run/Walk for Children's Hospital](#)

SEP 21

[GMAC September Educational Session: "Why Are We Short Staffed?"](#)

SEP 26

[Pediatric CCRN Review Course](#)

OCT 10

[GMAC Board Meeting](#)

NOV 01

[Circle of Excellence Chapter Award](#): Nominations due, please, nominate a fellow GMAC Member

NOV 16

["Coumadin and Beyond: Reversal Agents for Anticoagulants" then "Patient & Family Centered Care Models"](#)

JAN 09

[GMAC Board Meeting](#)

FEB 13

["Pros and Cons of Noninvasive Monitoring"](#)

MAR 12

[GMAC Board Meeting](#)

APR 10

["Opioid Epidemic Across Care Settings"](#)

MAY 8

[GMAC Board Meeting](#)

MAY 20

[Save the Date! 2018 NTI in Boston](#)

## Membership- Carrie Brandt



## GUIDED BY WHY... MEMBERSHIP

Carrie Brandt, Member-at-Large- Membership

Welcome to another year, a new and exciting year with AACN-GMAC! What guided you to AACN and GMAC? Was it friendships? Networking? Or possibly it is the sharing of knowledge? Maybe it is to give back to those following in your footsteps? No matter what your reasons for joining AACN and GMAC, we welcome you with open arms and hope that you find a sense of community to guide you to answer your question(s) of why!

### WHAT IS NEW WITH MEMBERSHIP 2017-2018?

- **Bulk Membership** will occur at the September 21 meeting **ONLY**. Please bring a check and bulk membership form filled out to the September meeting and GMAC will mail in for you. We need a minimum of 5 memberships to receive the \$9 discount. Bulk membership forms can be found on the GMAC nursing network site under the membership tab
- **NEW and RENEWING Membership:** complete on the nursing network site with a credit/debit card. Please complete prior to the September meeting. Computers will be available for those who need to do at the meeting. Limited paper forms will be available for payment by check.
  - **Checks will no longer be accepted after September meeting**
  - AACN membership # required for chapter membership
- **Membership Cards:** can be printed on initial membership or renewal from nursing network site.
  - Click on the blue "Active Membership" tab on top left side of screen. Click on Download Printable Card (your picture will only appear on card if you have a picture associated with nursing network profile)
- **Rolling Memberships:** GMAC has opted to follow nursing networks renewal service offered online. Members are notified in advance of expiring membership and are able to renew anytime before that with a renew date of actual expiration date. We will no longer follow our September to August calendar year.
- **Fees:**
  - \$36.50 GMAC membership
  - \$16.50 students membership (undergraduate)
  - Educational Sessions Non-members: \$20.00
  -

Follow us and become a member at <https://milwaukeeaacn.nursingnetwork.com/>