



Diversity of Evidence Translated into Practice: Non-Pharmacologic Pain Planning (NPPP) in Primary Care

Tara Nichols

DNP ARNP CNS AGCNS PMGT-BC

The presentation delineates a nurse-driven quality improvement project to develop and implement a non-pharmacologic pain plan (NPPP) protocol in primary care. The majority of pain is management in primary care. Most primary care settings are not equipped to introduce non-pharmacologic options as first line pain interventions or how to support people to make evidence based decisions for care.

Objectives:

- List various nonpharmacological measures which may be instituted in patient care
- Develop a plan to institute such measures into your daily care planning
- Describe how a quality improvement plan is imperative to successful implementation of a NPPP protocol

March 31, 2022

6:00-7:15 PM

This event is free for
all GKCCASPMN and
ASPMN members.

Register:

<https://gkccaspmn.nursingnetwork.com>

Once you register on our
website you will be sent a link
for the zoom meeting.

The Greater Kansas City Chapter of the American Society for Pain Management Nursing is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 1.5 contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing Provider Number: LT0279-0412GKCC477

Dr. Nichols is the Director of the RN-BSN Program at Waldorf University in Iowa. Her focus has been on the implementation of nonpharmacological measures for pain management in addition to traditional pharmacologic management. Dr. Nichols is a highly respected lecturer within ASPMN and we are fortunate to have her with us.

