

FACULTY

Susan Russell BSN RN JD CPAN CAPA
ASPAN President 2017 – 2018

Sana Zamarripa BSN RN CPAN
RMPANA President 2017-2018

Regina Hoefner-Notz MS RN CPAN CPN
ASPAN Vice President/President-Elect 2017-2018

Brian S. Nelson MD
OB/GYN– Longmont
Board Certified in Urogynecology

Myrna Mamaril MS RN NEA-BC CPAN CAPA FAAN
Clinical Nurse Specialist Perioperative Services
Johns Hopkins Hospital Baltimore, Maryland

Nancy O'Malley BSN MA RN CPAN CAPA
Staff RN - Porter Adventist Hospital
RMPANA Education Committee

Barbara Krumbach MSN RN R-CPAN R-CCRN
RMPANA Education Committee

Cindy Buller ASN RN
PACU RN – Community Hospital – Grand Junction

Misty Russell BSN RN CPAN
RMPANA District III President – Grand Junction

Kari Franson PharmD PhD
Associate Dean – University of Colorado School of Pharmacy

Fiona Wang PharmD candidate BS BA

Marcia Keiser BSN RN CPAN
RMPANA Newsletter Co-Chair and District IV Representative
Medical Center of The Rockies – Surgery South Staff Nurse, Preop & PACU – Loveland, CO

Accreditation: Provider approved by the California Board of Registered Nursing
Provider #15064, for 13.5 Contact Hours
Separate certificates will be issued for Friday evening session, Saturday all day session, Saturday evening session, and Sunday morning session.

Program Objectives:

This program is designed to provide the perianesthesia nurse with education related to current "hot topics " affecting perianesthesia nursing practice, implementing ASPAN standards related to obstructive sleep apnea, medical-legal conflicts and moral dilemmas, care of pediatric patients through the ages, effects of cannabis on your practice, and perianesthesia nursing care of patients having minimal access surgeries, GYN surgeries and GI procedures.

Rocky Mountain PeriAnesthesia Nurses Association



19th Annual Retreat In The Rockies

October 6-8, 2017
Indian Peaks Lodge
Snow Mountain Ranch
YMCA of The Rockies
Winter Park, Colorado

Provider approved by the California Board of Registered Nursing
Provider #15064, for 13.5 Contact Hours
Participants must be present for the entire session to receive Contact Hours

For Directions, see www.ymcarockies.org and click on Snow Mountain Ranch
RMPANA Website -www.RMPANA.org
Photo courtesy of Beverly James RN, BSN, CPAN, CAPA

Registrant Information (Please Print)

Name _____ Phone _____ Email _____
Address _____
City _____ State _____ Zip _____
Facility Name _____ Facility Address _____
Areas Worked _____
Title: • RN • LPN • Other _____ Certifications: • CPAN • CAPA • Other Number: _____
ASPAN Membership # _____
RN License # _____ State _____

REQUIRED FOR CONTACT HOURS

	Early Bird	Regular	Late	Saturday Only	
	Before August 7	August 7 – Sept. 18	after September 18	after Sept. 18	
Members	\$275	\$315	\$345	\$130	\$150
Non-Members	\$335	\$375	\$405	\$150	\$175
Guest Fee	\$225	\$235	\$245		
Retired Members	\$225	\$235	\$245		

Students \$50
Registration fee is based on two registrants per room. Please add \$175 for a private (single occupancy) room.
Sharing room with: _____ Need Roommate _____ ADA Room _____
Fee includes lodging for two nights, six meals, and 13.5 contact hours.
Guests are required to pay guest fee, and are not included in the private room fee.

Please Make Checks Payable to RMPANA
Or register On Line at RMPANA.org – a \$5.00 service fee will be added.
Cancellation Policy: Refunds prior to September 3, 2017 with written request only. No refunds after September 3, 2017.
For additional information contact:
Sandy Olson Education Chair
Skolson9@yahoo.com
Home (303) 840-9640

Send registration and fees to:

Heidi Childs
P.O. Box 631656
Littleton, Colorado 80163-1656

Additional Information

We have rooms reserved in Indian Peaks Lodge Snow Mountain Ranch. They are double rooms with 2 queen beds in each, and a private bath. There are refrigerators but no TVs in the guest rooms. Bring a flashlight for after dark. An indoor pool is available. The YMCA requests that we respect quiet hours from 2300-0700. Wi-Fi available.

Lunch is available in the cafeteria on Sunday, or you can reserve a Box Lunch _____.

Complimentary Chair massages are available Friday night and Saturday morning. Full massages are available Friday night and Saturday for an extra fee.

Attendance at RMPANA programs and events constitutes consent to be photographed for use in print and/or electronic publicity for RMPANA.

Education Committee

Sandy Olson RN, CAPA – Education Chair
Barbara Krumbach MSN, RN, R-CCRN, CPAN-R
Lynda Marks RN, CAPA-R
Nancy O’Malley BSN, MA, RN, CPAN, CAPA
Maureen Lisberger BS, RN, CCRN, CPAN, CAPA
Kathy Anderson BS, RN, R-CPAN, R-CAPA
Audrey Cook MS, RN, CPAN, CAPA
Lois Schick MN, MBA, RN, CPAN, CAPA
JoEtte Krissel BSN, RN, CAPA
Heidi Childs RN, RN-BC, CPN

We will be collecting hats, socks, mittens, gloves, and scarves to be donated to Battered Women’s Shelters throughout the Component.

RMPANA Has Gone Green!!
Handouts will only be available for downloading on the RMPANA Web site 9/30/2017-10/15/2017.

PROGRAM

FRIDAY, October 6, 2017

1000-1500	RMPANA Board of Directors Meeting (All members are Welcome)
1500-1600	New Board Member Orientation (All are Welcome)
1600-1700	Wine & Cheese Reception (All are Welcome)
1530-1930	Registration
1600-2000	Complimentary Chair Massages – Sign up in the lobby by the fireplace
1700-1830	Dinner (Cafeteria)
1830-1900	Welcome, Introductions
1900-1930	ASPAN Overview and Introduction to the ASPAN/RMPANA Website Regina Hoefner-Notz
1930-2045	Perianesthesia Hot Topics – How the 2017-2018 Standards Affect Your Practice Nancy O’Malley, Susan Russell, Regina Hoefner-Notz, Myrna Mamaril Barb Krumbach (Moderator)
2045-2100	Evaluations and Wrap Up

SATURDAY, October 7, 2017

0700-0800	Breakfast (Cafeteria)
0700-0800	Complimentary Chair Massages-Sign up in the lobby by the fireplace
0730-0800	Exhibits and Coffee
0800-0815	Welcome, Introductions, Orientation to Facilities
0815-0830	Presidents’ Address –Sana Zamarripa - RMPANA President
0830-0930	OSA: From Recommendation to Practice: One Facilities Journey Misty Russell and Cindy Buller
0930-1000	Break & Exhibits
1000-1130	Legal Issues Affecting Perianesthesia Practice- Avoiding the Danger Zones Susan Russell
1130-1230	Lunch (Cafeteria) & Exhibits
1230-1345	Surgical Management of Prolapse and Incontinence in the GYN Patient: Not Your Mother’s Surgery Brian Nelson
1345-1400	Break & Exhibits
1400-1515	Care of the Perianesthesia Patient Having Minimal Access Surgery Myrna Mamaril
1515-1530	Break
1530-1700	Medical Cannabis Kari Franson and Fiona Wang
1700-1830	Dinner (Cafeteria)
1830-1930	28 Feet and Counting Marcia Keiser
1930-2100	District Meetings and Networking

SUNDAY, October 8, 2017

0700-0800	Breakfast (Cafeteria) & Check Out
0800-0930	Pediatrics Across the Ages Regina Hoefner-Notz
0930-0945	Break
0945-1015	Installation of New Officers
1015-1115	Ethical and Moral Dilemmas in the Perianesthesia Arena Susan Russell
1115-1130	Evaluations and Wrap-up
1130	Lunch (Cafeteria or Box Lunch)