

Fort Worth - Dallas Regional Chapter of HPNA

Hospice and Palliative Nurses Association



<https://hpnafw.nursingnetwork.com>
<https://www.facebook.com/groups/hpnafw>

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ABOUT OUR CHAPTER

The Fort Worth Regional Chapter of HPNA was chartered in 1996 and is the oldest chapter in HPNA. The Sunflower is our chapter icon. The Dallas Chapter chose the butterfly as their chapter icon when they received their charter ins 2004. . When our chapters merged in 2017, we combined our logos.

Positivity Power

LeAnn Thieman

<https://www.selfcareforhealthcare.com/>

Mama used to sing, "Roll out those lazy, hazy, crazy days of summer..."

Sometimes my summers are a lot more hazy and crazy than lazy. How about yours?

Are you so crazy-busy mowing lawn, taxiing to swim lessons, rushing to ballgames, working extra shifts, reuniting with relatives, and doing loads of laundry that you don't have time to be lazy?

How often, when people ask, "How are you?" do you answer, "Busy"?

We have lots of gadgets and appliances to help our tasks go more quickly, promising that then we'll have time to do the things we love. We have Smart phones, microwave ovens, and apps for most anything that are supposed to make life so much simpler. But, do they? It seems the more time we save, the less we have to spend. The faster and faster and faster we go, the farther and farther and farther it can take us from things that are priorities.

We can choose to slow down...be lazy.

MEETING RECAP

Program Presentation: Care Transitions: Advance Care Planning and End-of-Life Issues for the Elderly

Presented by Latricia Shaw, LMSW

Latricia reviewed the advance directive documents in the state of Texas and the importance of having these documents especially for vulnerable elderly. In her experience the families of elders have not planned for the future. Data from studies funded by Agency for Healthcare Research and Quality revealed 50% of seriously ill patients had advance directives and only 12% received input from their physicians in making the directives. Sixty five to seventy six percent of physicians whose patients had advance directives were not aware the documents existed. The goal of advance care planning is to improve coordination of care between providers and across the continuum of care.

The Texas Medical Foundation Health Quality Institute along with other healthcare organizations has created the Readmissions Network designed to improve the quality of care provided to Medicare patients transitioning between care settings. Part of the work is aimed at reducing hospital readmissions, of which 17.6% are preventable. The goal is to reduce preventable readmissions to 14.1% by 2019. Advance care planning is an important component of meeting this goal.

The differences between advance directives and advance care planning was discussed. Advance directives are documents completed by a competent person to provide guidance for care when the person becomes incompetent. Advance care planning is a process that enables individuals to make plans about future health care. It requires trust to be established and should involve the patient, family, nurses, social work, clergy, as well as physicians.

Minutes submitted by: Stacy Tackett, Secretary



**Happy
July 4th!**



Chapter News

The merger between the Fort Worth and Dallas Chapters is complete.

Our new website address will be: **<https://hpnafwd.nursingnetwork.com>**. All membership (new & renewals) will be handled through the website.

Future Programs

Don't forget to RSVP through our website at <https://hpnafw.nursingnetwork.com>

Future programs

July 11

September 12

November 14



Education

Texas Board of Nursing Webinars

<https://www.bon.texas.gov/catalog/>

New Hospice Foundation of America Program Focuses on Alzheimer's Disease and Hospice Care

<http://www.hospicefoundation.org/hic-alzheimers>

HPNA Clinical Practice Forum

September 14 - 16, 2017

Pittsburgh, PA

<http://hpna.advancingexpertcare.org/education/clinical-practice-forum/>

Texas New Mexico Hospice Organization Annual Conference

February 23-26, 2017 San Antonio TX

www.txnmhospice.org

AHPM / HPNA Annual Assembly

2018 March 14 - 17 Boston MA

2019 March 13 - 16 Orlando FL

2020 March 18 - 21 San Diego CA

INTERNET INPUT

A Growing Movement of "Death Doulas"

http://www.huffingtonpost.com/entry/end-of-life-doulas_us_591cbce2e4b03b485cae51c2

We Are Linked -- blog post by Amy Getter, RN

<https://hospicediary.com/2017/01/25/we-are-linked/>

The Last Dose -- blog post by Amy Getter RN

<https://hospicediary.com/2016/09/30/the-last-dose/>