

# You're Invited

## Plano Ostomy Support Group



### Supporting Each Other

All ostomates, future ostomates and their support persons are welcome and encouraged to attend.

#### Our meetings have a dual purpose:

- To provide ostomates with information to help them live healthier, happier lives and care for themselves easily & properly
- To share experiences and provide mutual support for one another

Please Join Us For Our Next Meeting

### 2017 - 2018 Support Group Dates

Reservations are not required. Lunch is served.

**2nd Tuesdays of every month**

Date	Time
6/13/2017	12:00 pm
7/11/2017	12:00 pm
8/8/2017	12:00 pm
9/12/2017	12:00 pm
10/10/2017	12:00 pm
11/14/2017	12:00 pm
12/12/2017	12:00 pm
1/9/2018	12:00 pm
2/13/2018	12:00 pm
3/13/2018	12:00 pm
4/10/2018	12:00 pm
5/8/2018	12:00 pm
6/12/2018	12:00 pm
7/10/2018	12:00 pm

**Where:** The Medical Center of Plano  
Professional Building III  
First Floor Community Classroom, Rm# 170  
4001 W. 15th Street  
Plano, Texas 75075

Flyer design courtesy of  
 **Shield**  
HealthCare  
Ostomy Supply Specialists Since 1957

**Please join us as we support each other.**

For more information, please call:

**972-759-2040**

# You're Invited

## Dallas Ostomy Support Group



### Supporting Each Other

All ostomates, future ostomates and their support persons are welcome and encouraged to attend.

#### Our meetings have a dual purpose:

- To provide ostomates with information to help them live healthier, happier lives and care for themselves easily & properly
- To share experiences and provide mutual support for one another

Please Join Us For Our Next Meeting

### 2017 - 2018 Support Group Dates

Reservations are not required.

**3rd Tuesdays of every month**

Date	Time
6/20/2017	7:00 pm
7/18/2017	7:00 pm
8/15/2017	7:00 pm
9/19/2017	7:00 pm
10/17/2017	7:00 pm
11/21/2017	7:00 pm
1/16/2018	7:00 pm
2/20/2018	7:00 pm
3/20/2018	7:00 pm
4/17/2018	7:00 pm
5/15/2018	7:00 pm
6/19/2018	7:00 pm
7/17/2018	7:00 pm

**Where:** Texas Health Presbyterian Dallas Hospital  
Meadows Classroom C  
8200 Walnut Hill Lane  
Dallas, Texas 75231

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For more information, please call:

**972-759-2040**