

# Overcoming Challenges to Deliver the Best Care at the End of Life

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## Questions?????

- What challenges have you been faced with when you try to address EOL concerns?
- Are you ever asked about Advance Directives?
- Are you ever required to ask patients about Advance Directives?
- Do patients ever ask you “What will happen if I stop dialysis?”

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## Questions?????

- And if they do, has it been difficult to answer?
- The panel is prepared to address these questions plus others involving:
  - hospice – inpatient or at home
  - Palliative care for all CKD patients as well as .the uremic death including dealing with fluid overload/presence and degree of pain and itching
  - Dealing with reluctant nephrologists re ADs or withdrawal from dialysis

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## Conclusion.....

- This conversation can continue through these resources
  - Transitions Lifecare – Mark Philbrick & Betsy Barton
  - Jen St Clair Russell, Ph.D. [jennifer.st.clair.russell@duke.edu](mailto:jennifer.st.clair.russell@duke.edu)
  - Heather Boykin [heatherboykin1976@gmail.com](mailto:heatherboykin1976@gmail.com)
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  - ANNA CKD Module 8

Please help me thank our panel members!

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