

NCAPAN BOD MEETING

May 21, 2016

Members Present: Susan Knowles, Robin Davis, Angela McClendon, Laura Haynes, Chris Ford, Judy Schneider, Kathy Daley, Tamara Barnett, Adam Combs, Jennifer White, Debbie Marshall, Marche' Tucker, Karen Baird, Cathy Brown, Sabre Thompson

Members Absent: Donna Hutson, Deb Sites, Sonia Huff, Ashley Whittington, Sabre Thompson, Ellen Marlowe

Meeting called to order 0930.

Welcome

Welcome from Susan.

Minutes

Approved via email.

Treasury Report

Reviewed. No discussion.

Website

Updated with new information.

Research

Research conference that Mountain District sponsored was successful. BOD updated by Jennifer White.

Newsletter

BOD updated on what is needed for next edition by Adam Combs.

Govt Affairs

Angela and Judy attended the Nurses' Night at the Legislature event. Report given to BOD. NCNA conference is scheduled in September. Karen Baird will be attending also to receive an award.

Public Affairs

Perianesthesia Nurse of the Year Award nominations are due August 1st. No nominations have been received so far. Plan to send an email out and will include blast in newsletter. Kathy will update website.

Education

No report.

Old Business

ASPAN meeting

Component Night discussion—NC table was not welcoming enough; format was not as friendly this year because we were sitting at the table. Thank you to the decorators! (Karen and Cathy). The table looked beautiful but the location was not the best. Suggestion to get contact information and give out handouts or swag.

Other—Suggestion to have a BOD member at the first timers session to encourage more participation in NC. Do better job of who from NCAPAN is attending and attempt to make contact at ASPAN. Thank you to everyone who contributed.

Happy Hour—It was a large group of 35. Agreed it was better at the restaurant and not at the hotel venue.

Closing breakfast—make a sign for tables so NC can sit together

Adam to send a list of the contacts made at ASPAN to the BOD and everyone is encouraged to reach out to these people to encourage involvement.

New Business

NCAPAN conference update

Theme 'Going Coastal on Perianesthesia'; speakers nailed down; brochure should be out soon; meet and greet planned; rooms are available to reserve now; door prizes from each district will be needed. Hotel info has been posted on the website.

Reviewed schedule of state conference: Coastal 2016, Foothills 2017, Triangle 2018, Piedmont 2019, Mountain 2020, Southeast 2021

March 2017 Southeast district is planning a seminar.

Goldleaf report—Susan reviewed comments from contest. Discussion of results. See file Angela sent. Also included report on flashdrive.

Leadership Development Institute—Cincinnati September 16-18, 2016; discussion of who wants to go. Registration must be done before August meeting. Robin will organize the group.

Robin, Jennifer, Adam, Marche, Angela, Ashley, Somebody from Wilmington

Discussion on getting notecards for BOD members needed. Secretary to contact President. Cathy will investigate getting a stamp for the BOD.

District reports

Please send district reports to Adam for the newsletter and Kathy for the website.

Coastal

The Coastal District is in full state conference planning mode. We met on May 9th at Henry's to solidify speakers, vendors, and review budget. Conference brochure should be out by mid June. Save the date flyer will go out immediately via email and USPS to all hospitals who are listed on North Carolina Hospital Association Website and free standing surgery centers as well as district presidents to forward to their members. Next meeting is scheduled for Monday June 6th at 1700 at location TBD and communicated prior to meeting.

Robin Davis MSN, RN-BC, CPAN
Manager PreAdmission Testing/Outpatient Lab
Medical Mall NHRMC
910-667-5060

Mountain

District Education:

On March 19, 2016, MAPAN hosted a one day Nursing Research Seminar titled, "Jump Start Your Nursing Research: From Novice to Expert." National speakers, Elizabeth Card, MSN, APN, FNP-BC, CPAN, CCCRP, ASPAN Director of Research, and Nursing Research Consultant at Vanderbilt University, along with Vallire Hooper PhD, RN, CPAN, FAAN, Nursing Research Manager at Mission Hospital, and Co-editor of JOPAN, presented. Region 5 Director, Kim Godfrey, BSN, RN, was our special guest for the day. We had 21 attendees and earned 6.5 CE's for the day long lecture.

On May 10, 2016 the Charles George VA Medical Center hosted our quarterly meeting and held an educational offering for 1 Contact Hour on using healing touch with perianesthesia patients. Dinner was also provided by MAPAN members at the VA. Approximately 13 members and guests were present.

Research or Best Practice Studies: Debbie Austin RN, CPAN, CCRN, at Pardee Hospital PACU, is currently researching the increased prescription drug abuse problem in our county and how we, as a hospital and health care providers in our community, can help change this epidemic. The aim is to educate the public on proper disposal of prescription narcotics. A grant is being worked on to fund the devices to destroy narcotics, which will be given to each patient sent home with a narcotic prescription.

Members serving on ASPAN Committees: Jennifer White BSN, RN, CPAN will be serving on the Resource Development Strategic Work Team as well as the Governmental Affairs Strategic Work Team. Awaiting word from other MAPAN members regarding SWT and Committee involvement.

Next meeting will be in early August (location to be determined) and the November 7th meeting will be held at Pardee Hospital.

Triangle

Our district meeting was held Monday May 9th at UNC Rex. Deniz Ender, our librarian gave a lecture on resources available to assist with evidence based research. It was very informative. We elected officers for the coming year. Angela McClendon from Duke Raleigh will become president on July 1st, vice president will be Gerry Young from Duke North, Melissa Lower from Duke Raleigh remains as secretary and Crystal Berry from WakeMed Cary will be our new treasurer. We appreciate these individuals who have agreed to serve and look forward to working with them to improve our district. Several of our members attended the national conference in Philadelphia. Liz Rhodes and Liz Callas from the Duke Eye Center presented a poster titled "Impact of Alternative Therapies with Surgery and Anesthesia" and Christine Kuthan and Annette Williams from UNC Chapel Hill, their poster was titled "Perioperative Cross-Training". Congratulations to them all. Our reviewed and slightly revised district bylaws were approved by those in attendance.. We collected items for the SPCA at this meeting. The next Triangle meeting will be at WakeMed on Monday July 11th. See you there.

Debra Marshall BSN, RN, CPAN

TAPAN President

Southeast

The Southeast District met Monday May 9th at Cape Fear Valley Health System. Nine members attended. We discussed revving up for our community project "coveRNup". Members were challenged to bring a pack of underwear every month throughout the year. We discussed setting up collection boxes at different areas in the hospital and sending out system wide emails to get the word out. Our official collection is July - October.

After emailing members to find out how many members are willing to commit to planning and organizing a day long seminar sponsored by the Southeast District in March 2017 we have seven members fully committed and several more who will help out as their schedule allows. We decided to move forward so it's full steam ahead. Everyone be looking for a "save the date" in the near future. We are looking at March 4 or March 11, 2017.

Sabre provided information about the state conference in September at Carolina Beach. The Southeast District will decide at the July meeting how many scholarships will be given to attend the conference. It was decided that this year we will give scholarships for conference registration but hotel, meals and mileage will be the responsibility of the attendee.

Sabre Thompson, President and Christa Faour, Vice President were fortunate to have attended the ASPAN National Conference in Philadelphia, PA in April. They both presented highlights from the conference and classes attended. Sabre encouraged anyone who has the opportunity to attend a national conference because of the networking, fellowship, fun, education and renewal of spirit that is available.

The next meeting is scheduled for July 11, 2016 at 6pm in the Education Center of Cape Fear Valley Health System. Our speaker will be Rodney Nash DNP, CRNA.

Meeting Adjourned 1140

Respectfully submitted
Laura Haynes BSN, RN
Secretary NCAPAN