Unpacking the STEM Disciplines
A project on human impacts on the environment provides many opportunity to explore the disciplines of STEM.

By Cassie Bess

STEM is a commonly used acronym in today’s education world. Parents hear the term and hope their child’s school will be embracing it, teachers plan units encompassing it, even those outside the education realm have heard it and think it is important. But, do students actually understand the four disciplines and can they clearly express what they are learning about: Science, Technology, Engineering, or Math? Through this unit developed for an upper elementary classroom, students are guided through the four STEM disciplines in a personalized learning experience about the general theme of humans’ impacts on Earth and a specific place-based project on the use and disposal of plastic water bottles in the school.

My love for teaching and learning, the need to align curriculum with Next Generation Science Standards (NGSS Lead States 2013), recently adopted state standards, and my interest in STEM motivated me to combine all of these into a unit using the 5E Model. I realized that the unit would help students gain a deeper understanding of both the STEM disciplines and humans’ impact on the environment. This unit was developed as a companion to the guest editorial by Rodger Bybee (p. 8). Teachers can utilize this unit to gain a more in-depth understanding of the STEM disciplines in efforts to use them more naturally within the classroom setting. In addition to the guest editorial, an article titled Plastic Pollution to Solution (Kitagawa, Pombo, and Davis 2018) provided ideas I used in developing this unit.

Engaging the Students

As I began to introduce this unit, student discussions led me to realize that my students were already aware of various ways our Earth is changing. I first posed the following question to my class of 27 students in a diversely populated school in San Diego, “How do we know that humans have an impact on the Earth?” Students eagerly chatted in table groups and came up with many ideas such as: the drought and fires in California, rising ocean temperatures, opening a new dump near their neighborhood, increased trash at the beach, polluted air from cars, the list continued.

Next, I showed them a video of the Great Pacific Garbage Patch (see Internet Resources). I thought their discussion was rich prior to this video, but I was blown away by the deliberation after the video! Even the students that had been previously exposed to pictures or videos of The Great Pacific Garbage Patch were very engaged in discussing the amount of trash in our oceans.

I asked them to form small groups to discuss “What are current problems with our Earth today that humans have an impact on?” They discussed the question and researched using their iPads to look for hard evidence of these problems, including statistics, graphs, or numbers that proved that humans are impacting the Earth. The groups’ chosen representatives (scribes) presented their groups’ initial findings to the class. I concluded the lesson by asking them to share today’s discussions with their families, as we would expand upon it in upcoming lessons.

Exploring STEM and Human Impact

The next day, students’ energy was high and multiple students approached me first thing asking if they could do a project to help begin a positive change. That was exactly what I was planning for upcoming lessons! However, we needed to investigate their initial ideas about STEM to build a solid foundation before we approached solutions about the human impact in a meaningful context.

I provided each student with a STEM template (Figure 1) and asked them to converse with their table group about what components of studying The Great Pacific Garbage Patch might be under the lens of Science, what might be Technology, what is considered Engineering, and separately what could be Mathematics. Their answers varied to say the

| FIGURE 1 |
| STEM template. |
| Driving Question: How many plastic water bottles are used per day at our school? Where do they go once people use them? |
| Science: As a scientist, I would want to make a hypothesis of how many are used, then collect data from the school and form a conclusion. |
| Technology: I would use my iPad to make a data table to record information from my investigation. |
| Engineering: Engineers come up with new solutions. Since plastic water bottles are the problem, I would brainstorm better solutions. |
| Mathematics: After we came up with a solution and shared it with the school, I would collect new data on the number of water bottles used at school. I could make a graph to compare the “before our solution” data to the after and see if it helped. |
least. As I worked with table groups and individual students, I was able to use their first responses as a brief formative assessment to determine their level of understanding of the four disciplines. I posed questions such as: What do scientists do? What do engineers do? Many of their ideas were very general, such as scientists do experiments, technologists improve electronics, engineers build things, and mathematicians work with numbers. This student feedback was the perfect place to begin and allowed me to decipher their level of current knowledge and therefore where our conversation would begin in the explain phase.

We re-watched yesterday’s video to refresh their memory with a new lens on STEM and they pulled out ideas, below I have listed what the students identified. Like any classroom, their replies varied on the spectrum of understanding, and those listed include some of the best. Some students were not to this level of understanding, yet!

Science: the ocean currents, sampling of the plastic to see what was in there

Technology: the motor behind the trash puller, computer monitors that are dropped of shipping container boats

Engineering: the plastic contraption to pull the trash and the container to hold it

Mathematics: number of pounds of trash, relationship of the space the plastic island takes up to the size of Texas, percent of size of Pacific Ocean

We added these ideas to a class chart, had table group discussion to expand upon them, and then referred to them to begin the next lesson.

### Explaining the STEM Disciplines

There was no doubt, students were hooked on finding a way to make a positive impact by starting at our school. I polled the class and asked them to add ideas of problems in our school that we could investigate and change to a Padlet, an online word wall for collaboration. Most of their ideas were incredible: leaky drink fountains, producing a lot of waste daily, air conditioning temperatures are too low and thus wasteful, using paper towels in bathrooms, use of too many plastic water bottles, wasting food, and so on. We took a vote to determine one issue that we could investigate as a class and decided our class project would be based on plastic water bottle usage.

Our first step was to refer back to the STEM disciplines from the prior lesson and discuss how a professional in each discipline would attack this problem. They began by determining the wording of our driving questions, “How many plastic water bottles are used per day at our school?” And, “What happens to the plastic water bottles?” I asked:

“If you were a scientist what would you need to know about our school’s plastic bottle use?”

“What if you were a technologist and wanted to find a solution, how might you think about this problem?”

“How would you think about the problem if you were an Engineer?”

“As a mathematician, what would you analyze so you know when positive changes occurred?”

They used a clean copy of the same template from yesterday and began completing it. For example:

Science: Collecting data to know how many plastic water bottles are brought to school. Here they discussed what counts as a plastic water bottle, what if it was reused, what about the ones used in the school kitchen?
Technology: iPad to record data

Engineering: designing a solution to help reduce the number of plastic water bottles used at our school daily

Mathematics: Graphs to display the data about the number of plastic water bottles, create comparisons of beginning numbers compared to after the solution is put into place.

I paused the class and pulled them back together to clarify definitions of the four STEM disciplines based on definitions (NRC 2014). I projected the definition of science, “a body of knowledge about the natural world that is based on evidence.” In efforts to make the complexity of this project accessible to all students, I gave them an example that they could relate to and had past experience with in younger grade levels. My example was of a student scientist investigating the growth of flowers. The student had a question “How can I grow the tallest flower in two weeks by varying the amount of sunlight?” She investigated by giving each plant the same amount of water daily, but one plant got three hours of sunlight, one got five hours of sunlight, and one got zero. By the end of the two weeks, the flower with five hours of daily sunlight was the tallest. This investigation about a naturally growing plant showed a possible cause-and-effect relationship and a likely answer to the question of the investigation.

Next, I added a definition of technology: “human-made tools and ideas to meet needs and wants, not just computers and communication devices.” In our flower scenario, the technology that was used to measure the plant growth was a ruler. I then added a definition of engineering: “the process of solving a problem by designing a solution under constraints.” The engineering in our scenario was designing an environment to provide plants with specific amounts of sunlight. Last, mathematics was defined as “the understanding of numbers, relationships, and patterns and how they represent things in the real world.” The mathematician in this scenario would create a graph to show the relationship between time passed and the height of the flowers. These definitions would guide us to add more ideas to the STEM disciplines sheet. Together, we added:

Science: utilize our gathered data to improve our knowledge about our school’s usage of plastic water bottles and later use the data as a baseline to know if our solution is successful.

Technology: plastic water bottle (this was a huge “lightbulb” moment for many as we discussed that water bottles are artificially made to meet a human need because it would not be efficient to carry around water in your hands or a pot).

Engineering: the steps in the process of creating a solution or multiple solutions as well as how we would communicate our solutions to the school.

Mathematics: creating relationships of beginning data in comparison to data after the solutions are put into place.

This process allowed students to continue to develop knowledge of the STEM disciplines and an explanation for why the investigational practice we were about to begin will help create positive change. Finally, it was time to develop and carry out our investigation.

**Elaborating on STEM and the Project for Our School**

In this next phase, I familiarized students with the NGSS Engineering Design Process (see Figure 2) (NGSS Lead States 2013) and defined each step. I shared, “We want to apply what we know about the four STEM disciples and use them to design a solution that we can present to our school to make a positive change.”

We defined the problem, but how would we gather evidence and synthesize it, what ideas did students already have to make improvements, how would they design and create possible solutions, what constraints did we have, and how would we test outcomes and determine which is most effective? We used these ideas as a springboard into our investigation. Together, we sketched out the stages of the design process: Define, Develop solutions, Optimize (NGSS APPENDIX I).

**Define the problem:** too many plastic water bottles come into our school and go into the trash daily.
Develop Solutions: We wanted to reduce the number of plastic water bottles coming into our school and being used daily and increase the amount that are recycled instead of put in the trash.

Optimize: Help students understand the benefit of using reusable water bottles and find the best places to put recycling bins at school in order to increase recycling.

In the next week, different groups of students put their solutions into place and presented their findings to each other. We discussed how the scientist that was growing plants in our previous class discussion set up an investigation with a claim that sunlight would be a major factor in the growth of plants. She was investigating with one factor to confirm an outcome; whereas in our investigation, we were beginning with a problem that needed to be solved. This led into a discussion about evidence and how we would know which solution was successful. Their passion spread to our school community and other students truly embraced their efforts. Their understanding of the disciplines and how the engineering design process worked was a success and their continued interest led into a new investigation, each personalized to their own driving question.

Evaluating Students’ Understanding of STEM and a Proposed Solution

Not only does evaluation prove to be critical in teaching and learning, as it drives daily instruction, but it also allows teachers to truly determine their students’ level of mastery and how to meet them where they are, in order to take them to the next level.

Evaluation in this unit came in the form of individual/small-group projects. Utilizing the current theme of human impacts on the Earth, students applied their current understandings to create their own driving question, unpack it into the STEM disciplines as we had done together, and sketch out their investigation through the NGSS Engineering Design Process. I used the STEM template and the design process write up to assess students’ mastery of the learning goal (to be able to differentiate the four STEM disciplines) and NGSS Standard 5-ESS3. A rubric (see NSTA Connection) was used to track each student’s level of mastery.

Conclusion

This multi-week inquiry took students through lessons to unpack the four STEM disciplines, while engaging their desire to make positive changes for our Earth at a local, school-based level. It provided them with opportunities to observe the school, investigate the natural world, manage constraints, and act on driving questions that motivated them individually to promote positive change. STEM is becoming more prominent in schools across the world, making sure students understand the disciplines is the first step to having a successful STEM education program. Not only did this inquiry sequence open students’ eyes to the need for positive change, they shared their devotion to the Earth to the rest of the school, their families, friends, teammates, coaches, and more. An inner drive to become STEM Professionals and Earth Advocates was ignited!

REFERENCES


INTERNET RESOURCES

Padlet https://padlet.com

NSTA Connection

Download the rubric at www.nsta.org/SCI902.
Connecting to the *Next Generation Science Standards* (NGSS Lead States 2013)

**Standard**

5-ESS3. Earth and Human Activity

www.nextgenscience.org/dci-arrangement/5-ess3-earth-and-human-activity

- The chart below makes one set of connections between the instruction outlined in this article and the NGSS. Other valid connections are likely; however, space restrictions prevent us from listing all possibilities.
- The materials, lessons, and activities outlined in the article are just one step toward reaching the performance expectation listed below.

**Performance Expectation**

5-ESS3-1. Obtain and combine information about ways individual communities use science ideas to protect the Earth’s resources and environment.

<table>
<thead>
<tr>
<th>DIMENSIONS</th>
<th>CLASSROOM CONNECTIONS</th>
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<tbody>
<tr>
<td><strong>Science and Engineering Practice</strong></td>
<td></td>
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<tr>
<td>Obtaining, Evaluating, and Communicating Information</td>
<td>Students identify ways in which our school community can make positive changes by utilizing the four STEM disciplines, design and share solutions with the student population, and evaluate the effectiveness of each solution.</td>
</tr>
<tr>
<td><strong>Disciplinary Core Idea</strong></td>
<td></td>
</tr>
<tr>
<td>ESS3.C: Human Impacts on Earth Systems</td>
<td>Students obtain information to understand science, technology, engineering and mathematics and use this knowledge to learn about and understand the impacts humans have on our school environment and local community.</td>
</tr>
<tr>
<td><strong>Crosscutting Concept</strong></td>
<td></td>
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<tr>
<td>Systems and System Models</td>
<td>Students create simple models of solutions to improve human impacts on our school environment and observe the effectiveness of the solution.</td>
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Connecting to the *Common Core State Standards* (NGAC and CCSSO 2010)

<table>
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<tr>
<th>ELA/Literacy</th>
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<tr>
<td>RI.5.7 Draw on information from multiple print or digital sources, demonstrating the ability to locate an answer to a question quickly or to solve a problem efficiently. (5-ESS3-1)</td>
<td>Students understand the meaning of the four STEM disciplines through multiple sources and identify how each discipline is integrated throughout the video about The Great Pacific Garbage Patch and throughout an investigation on water bottle usage at our school.</td>
</tr>
<tr>
<td><strong>Mathematics</strong></td>
<td></td>
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<tr>
<td>MP.4 Model with mathematics. (5-ESS3-1)</td>
<td>Students use models to communicate solutions to the student population.</td>
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