Volunteer Opportunities 2019-2020

Abes Garden
Volunteers have the opportunity to engage with Abe's Garden@ residents, The Club (day program) participants, and Abe's Garden@ Community Group (early stage dementia) participants. Abe's Garden is establishing a model of residential, day, and community-based programs for those with Alzheimer's disease. The goal is to transform care for those with Alzheimer's and other dementias throughout the United States by providing an unprecedented level of care for individuals diagnosed with these disorders. Equally important, it is a site of research and teaching, setting a new standard for other programs and residential communities devoted to caring for our nation's rapidly expanding senior population.

CONTACT: Susan Burdrof, sburdorf@abesgarden.org. 615-997-3030 ext. 46. www.abesgarden.org

Alive Hospice
Volunteers provide emotional support to patients in their homes through companionship, reading aloud, life review and engaging in activities of interest to the patient. Support to families is provided through provision of respite care, shopping, cooking and light housekeeping. Volunteers also provide companionship and emotional support to patients at our inpatient units.

CONTACT: Renee Wisby, rwisby@alivehospice.org

American Red Cross
Volunteers are needed to transport blood products to hospitals; be deployed to disasters around the country; to process tasks in the ARC offices; to support blood drive activities; and to support the armed forces in all areas. We are continuously training and recruiting new volunteers to support us in our mission.

CONTACT: Renee Jenkins, Renee.Jenkins@redcross.org, 615-312-8440, www.redcrossblood.org

Cheekwood Botanical Garden & Museum of Art
Cheekwood features both a spectacular Botanical Garden as well as a Museum of Art housed in the original family mansion built in the early 30's. Cheekwood offers year-long, family-friendly activities and events and extensive educational opportunities. Volunteer opportunities include: Fall for Cheekwood, Pumpkin Patch, Moon Viewing events, Tuesdays for Tots, and Visitor Services assistants. For information on these and other opportunities, contact the Volunteer Office or check our website.

CONTACT: Amy Walter, awalter@cheekwood.org, 615-353-6966, www.cheekwood.org

Encompass Hospice of Nashville
At Encompass Hospice of Nashville, we strive to meet people where they are, tend to their hopes & hurts, and provide support as they move towards the end of life’s journey. To that end, we bring together a diverse team of truly compassionate people--from our highly-trained care providers to our dedicated, wonderful volunteers--all inspired (and who inspire each other!) to do their utmost to help those approaching the end of life, be they patients, loved ones, family, or friends. Encompass Hospice embraces them all as unique persons for whom we can provide a Better Way to Care.

CONTACT: Dharon Johson, Bereavement Coordinator, dahron.johnson@encompasshealth.com, 615-889-3357, www.encompasshealth.com

Fifty Forward
Fifty Forward is Nashville’s premier non-profit agency providing services to seniors. We operate seven active aging centers that encourage exercise, social engagement and lifelong learning. One volunteer opportunity involves providing support at Fifty Forward events (including the Annual BBQ and Fall Fest as well as the Viva la Diva Road Race). Information for these opportunities can be found on the Hands on Nashville website. And feel free to contact Fifty Forward for additional volunteer opportunities.

CONTACT: Robin Johnson, rjohnson@fiftyforward.org, 615-743-3424, www.fiftyforward.org

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Friends of Warner Park
Warner Parks is one of the largest municipal natural area parks in the country, covering over 3,180 contiguous acres. Friends of Warner Parks is dedicated to the preservation, protection, and stewardship of Percy and Edwin Warner Parks. There are a large variety of volunteer opportunities within our Nature Center, the office, at special events, and within the parks themselves. See our website for all the details!
CONTACT: Paul Fowler, paul.fowler@nashville.gov, 615-370-8053, www.warnerparks.org

Hands On Nashville
Whether you are looking for a one-hour volunteer opportunity or something to last a lifetime, you can find it on HON.ORG. Our mission is to build capacity for 150+ nonprofits, schools, and other civic organizations through sharing their volunteer opportunities. HON.ORG is one-stop shopping for volunteerism in Nashville, and is easy to use. Simply register (safe and secure) yourself for free and you’ll have immediate access to sign up for thousands of different volunteer opportunities with our partner organizations.
Check out our website at www.HON.org.

Interfaith Dental Clinic
Interfaith Dental is a nonprofit organization founded to bring people from all faiths together in a healing ministry, serving Middle Tennessee’s working poor and elderly through quality, affordable, emergency and comprehensive dental care. The mission of Interfaith Dental is to create a healthier community by providing transformational oral health care for those experiencing poverty.
CONTACT: Kristin Dillard Kim, Kristin@interfaithdentalclinic.com, 615-942-1240, www.interfaithdentalclinic.com,

MP&F Strategic Communications
McNeely Pigott & Fox Public Relations, we are a full services strategic communication firm providing public relations, communications, and marketing services in the Southeast. We conceptualize, create, and manages public relations campaigns that draw on strategic planning, research, media relations, crisis communication, event planning, marketing, government affairs, grassroots campaigns, community relations, media training, graphics design, IT consulting, and social media.
Contact: Kristen Grenier, kgrenier@mpf.com, 615-259-4000, mpf.com/@mpfcomm

The Nashville Food Project
The Nashville Food Project brings people together to grow, cook, and share nourishing food with the goals of cultivating community and alleviating hunger in our city. We welcome volunteers to our gardens to not only help us grow food, but to maintain and care for the diverse ecosystems that help our gardens flourish. In our prep room, volunteers wash and chop fresh produce, slice meats, and make salads and homemade desserts—all part of the healthy meals we serve days a week in 14 different locations. Check out Hands on Nashville’s website for individual volunteer sign-up, or go to the Nashville Food Project website to inquire about group service opportunities.
CONTACT: 615-460-0172, www.TheNashvilleFoodProject.org, Hands on Nashville: www.hon.org, Mariah Ragland, Volunteer coordinator Mariab@thenashvillefoodproject.org

Nashville Public Library (Academic Outreach)
Nashville Public library is a fun and interesting place to volunteer. Primarily, our volunteers assist with tasks related to shelving and pulling materials from the shelves, although other opportunities are available as well!
CONTACT: Helen Sanders, Helen.Sanders@nashville.gov, 615-862-5790 or 615-880-2604, www.library.nashville.org/volunteer

Nashville State Community College on Campus Community Service
Volunteers are needed to assist with on-campus events such as Red Cross Blood Drive, Fall Fest, Spring Fling/Earth Day and other activities throughout the academic year. Volunteers’ duties would include but not be limited to assisting with set-up and break down, sign up blood donors, distributing materials and helping to staff event booths.
CONTACT: Student Life Office, S-103, tel. 615-353-3026 or S-115, 615-353-3233

Nashville Zoo
The zoo offers internship opportunities within several departments throughout their facility. For more information on current and upcoming opportunities, please visit their website at: www.nashvillezoo.org/jobsinternships
CONTACT: Thaisa Bell, intern@nashvillezoo.org, 615-833-1534, ext.142, www.nashvillezoo.org

Open Table
Housing. Healing. Hope.
- Resource Seasonal Initiatives and Advocacy
- Shelter Volunteering
- Group Education Opportunities
CONTACT: http://opentablenashville.org/volunteer

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Park Center
Park Center welcomes and appreciates compassionate volunteers (18 and older) who want to make a significant difference in the lives of adults with mental illness and substance use disorders. Opportunities include: tutoring; Lunch Buddies (eating lunch with a member); offering expertise in areas such as yoga, choir, art, music, etc.; helping to prepare, serve, clean, and entertain at holiday dinners; gathering a group to assist with larger tasks.
CONTACT: Lauren Roberts, lauren.roberts@parkcenternashville.org, 615-242-3576, ext. 217, www.parkcenternashville.org

Pencil Foundation
PENCIL Foundation is a nonprofit that connects businesses, organizations, universities, churches, and individual volunteers with Nashville public schools to form a partnership benefiting students. It’s our belief that community involvement strengthens a school system. Volunteers are especially needed as Reading and/or Math Partners; working with students during 30-minute weekly sessions. Training is provided and the Volunteer Coordinator will assist in finding a school that is convenient for you.
CONTACT: Email: volunteer@pencil615.org, 615-242-3167, www.pencilfd.org

Sexual Assault Center of Middle Tennessee / Medical Accompaniment Program (MAP)
Medical Accompaniment Program (MAP): This program involves volunteering as an advocate to respond to victim/survivors at the hospital or our clinic when they come in for a forensic exam (rape kit) after an assault. During this time you would be acting as an advocate by providing emotional and practical support, answering questions, and helping folks to anticipate next steps.
CONTACT: Olivia Darrow, MSW, Victim Advocate & Volunteer Coordinator, Email: volunteering@sacenter.org, 615-259-9055

Tennessee Prison Outreach Ministry
Students can volunteer for multiple projects throughout the year, for just a few hours or longer. We also have internships, and multiple service and learning opportunities. Our projects include working with youth, assisting with events, or research projects.
CONTACT: Grant Carey, email - gcarey@tnprisonministry.org, Ofc. tel. 615-870-1126, www.tnprisonmisitry.org/

USDA-NRCS (U.S. Department of Agriculture-Natural Resources Conservation Service)
Help America’s farmers and ranchers conserve the Nation’s soil, water, air, and other natural resources. Volunteers conduct soil surveys, test water quality, assist with field visits, create communications products, develop and present educational materials, and a host of other exciting activities. Plus, this is a great way to learn more about our natural resources and our environment.
CONTACT: Trevor Hunt, trevor.hunt@tn.usda.gov, 615-452-3838, ext. 3, www.nrcs.usda.gov/wps/portal/nrcs/site/tn/home/ (Search: Earth Team Volunteers Program)

USO (United Services Organizations)
USO is a not for profit organization connecting America’s service members to family, home and country.
CONTACT: MaLissa Harris, mharris@uso.org, 270-697-4229 (office), 270-403-8974 (cell), volunteers.uso.org