

1-5-25

Immeasurably More: Embracing God's More
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PRAYER CONNECTS US TO GOD. FASTING DISCONNECTS US FROM THE WORLD

COMPLETE FAST – Abstaining from food and drinking only water and 100% juice. **If you have any medical condition or are on medication that would make it difficult or dangerous to go without food for an extended period of time, do not try this without speaking to a parent and/or a doctor.*

SELECTIVE FAST – Select certain foods you will cut out for 21 days. The most common is the Daniel Fast, which is no meat, sweets, or bread, basically just fruits, veggies, and water.

PARTIAL FAST – Eat the things you normally eat, but you fast a certain meal. Maybe it's breakfast, or don't have lunch or dinner. Or it's a certain time of the day when you don't eat. And no, it doesn't count when you are just sleeping.

SOUL FAST – While the first three are related to food, this is related to eliminating the things of this world that we are feeding our souls with. Here you might eliminate secular music, movies, TV, or social media. Here we are clearing out things that distract and drown out the voice of God in our lives.

Ephesians 3:20-21 (NIV): Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

KEY #1: REALIZE GOD'S MORE IS IMMEASURABLE

Ephesians 3:20-21 (NIV): Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Ephesians 3:20 (AMP): Now to Him who is able to [carry out His purpose and] do superabundantly more than all that we dare ask or think [infinitely beyond our greatest prayers, hopes, or dreams], according to His power that is at work within us . . .

KEY #2: UNDERSTAND WHAT GOD'S MORE ENTAILS

Ephesians 3:20-21 (NIV): Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

A. STRONGER IN SPIRIT

Ephesians 3:16 (NIV): I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being...

B. CLOSER IN RELATIONSHIP

Ephesians 3:17 (NIV): ...so that Christ may dwell in your hearts through faith.

C. ROOTED IN LOVE

Ephesians 3:17-19 (NIV): And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge. . .

D. FILLED TO FULL

Ephesians 3:19 (NIV): ...that you may be filled to the measure of all the fullness of God.

KEY #3: BREAK FREE FROM MINDSETS OF LESS

Ephesians 3:20-21 (NIV): Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

A. "GOD CAN'T USE SOMEONE LIKE ME"

B. "MY PRAYERS WON'T MAKE A DIFFERENCE"

C. "I'LL NEVER OVERCOME THIS STRUGGLE"

GOD DELIGHTS IN USING EVERY DAY, ORDINARY, IMPERFECT PEOPLE TO ACCOMPLISH HIS EXTRAORDINARY PURPOSES!

Ephesians 2:10 (NIV): For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

WHEN I PRAY, I INVITE GOD INTO MY CIRCUMSTANCES, AND HE ALWAYS MAKES A DIFFERENCE!

James 5:16 (NIV): The prayer of a righteous person is powerful and effective.

**THROUGH GOD'S MIGHTY POWER I CAN OVERCOME ANY STRUGGLE, OBSTACLE, OR
HARDSHIP!**

Romans 8:37 (NIV): No, in all these things we are more than conquerors through him who loved us.