

12-29-24

Church at Home: The Importance of Solitude

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Mark 1:32-34 (ESV): That evening at sundown they brought to him all who were sick or oppressed by demons. And the whole city was gathered together at the door. And he healed many who were sick with various diseases, and cast out many demons. And he would not permit the demons to speak, because they knew him.

Mark 1:35 (ESV): And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.

1. Solitude Brings Clarity Between The Agenda Of The Father And The Agenda Of Others

Mark 1:36-38 (ESV): And Simon and those who were with him searched for him, and they found him and said to him, "Everyone is looking for you." And he said to them, "Let us go on to the next towns, that I may preach there also, for that is why I came out."

Luke 4:42 (ESV): . . . would have kept him from leaving them,

John 5:19 (ESV): "Truly, truly, I say to you, the Son can do nothing of his own accord, but only what he sees the Father doing. For whatever the Father does, that the Son does likewise."

2. Solitude Brings Clarity Between What Is Good And What Is The Best

Proverbs 3:5-6 (ESV): Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

How do I begin practicing solitude?

- 1. Start Small**
- 2. Silence Your Phone**
- 3. Put It On The Calendar**