

| SITE | NURSE(s) | PHONE | EMAIL | SERVICES OFFERED | CLASSES OFFERED |
|-------------------------|--------------------------------------|------------------------------|--|--|--|
| Bangor/Bremerton, WA | | | | Coming soon | |
| Camp Lejeune, NC | Natatia DePaoli Heather Underhill | 910-467-5984 910-478-8636 | Natatia.depaoli@nmcrs.org Heather.underhill@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | New parents breastfeeding support group second Tuesday of each month please contact Natatia DePaoli for details. |
| Cherry Point, NC | Jo Walker | 252-876-7574 | Jo.walker@nmcrs.org | In home and virtual home visits; Prenatal and mother/baby education; resource information. Med/surg health education. | No Classes at this time |
| Corpus Christi, TX | Cheryl Mills | 361-537-8719 | Cheryl.mills@nmcrs.org | Diabetes, Prenatal and mother/baby Education; In home and virtual home visits. | Infant Feeding Class May 11th , May 11, June 8th, July 15 and August 10 The Baby Suite - Copruis . May 18, June 15, July 20, August 17 The Baby Suite Kingsville TX |
| Great Lakes, IL | April Pearson | 847-961-0401 | April.pearson@nmcrs.org | In home, phone and virtual visits; birthing and breastfeeding classes; pumping class, prenatal and mother/baby education. | Virtual Birthing Class 1700-1930 for Gitanimo Bay - May 17 and 24th. Great Lakes 6 week hybrid grouping of Birthing, Breastfeeding, Pumping, Infant Safety and Budget for Baby |
| Guam | Rebecca Prasad | 671-689-9950 | rebecca.prasad@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | Breastfeeding Support Group - Third Wednesday First 6 weeks and Beyond Baby Class -- please call for dates |
| Groton, CT | Susan McKelvey | 860-389-5381 | Susan.mckelvey@nmcrs.org | Breastfeeding support group; In home and virtual home visits; prenatal and mother/baby education. Med/surg health education | Mothers Support Group Every Wednesday May 12th First Trimester Pregnancy Class Virtual, June 12th Second Trimester Pregnancy Class Virtual please call for details |
| Iwakuni Japan | Maggie Hollom | 011-81-827-79-5311 | maggie.hottom@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | No classes at this time |
| Jacksonville/Mayport Fl | Lindsey Potts-Szoke | 360-362-2180 | lindsey.potts-szoke@nmcrs.org | In home and virtual home visits; Prenatal and mother/baby education; online resources and videos, breastfeeding class. | Pumping classes - please call for details |
| Jacksonville/Mayport Fl | Alicia Sawieski | 904-687-4081 | alicia.sawieski@nmcrs.org | In home and virtual home visits; prenatal and mother/baby education. Med/Surg health education . | Postpartum support group the second and fourth Monday of each month currently virtual . |
| Kings Bay, GA | Stephanie Vine | 912-464-0041 | stephanie.vine@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | No classes at this time |
| Naples | Emily Mitalas | | emily.mitalas@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | No classes at this time |
| New River, NC | Donna Fischer | 910-545-2781 | Donna.fischer@nmcrs.org | In home visits and phone assessments; Prenatal and mother/baby education; resource information. Med/Surg Health education. | no classes at this time |
| Norfolk, VA | Meera Oppelaar Sandra Thompson | 757-478-0657 757-478-3852 | Meera.oppelaar@nmcrs.org Sandra.thompson@nmcrs.org | In home and virtual home visits; Prenatal and mother/baby education; work in conjunction with PNH | No Classes at this time |
| Pearl Harbor HI | coming soon! | | | Coming soon | |
| Pensacola, FL | Arbutus Mullins | 850-512-7242 | Arbutus.mullins@nmcrs.org | In home and virtual home visit; Prenatal and mother/baby education; Works in conjunction with PNH for breastfeeding and birthing class. Med/surg health education. | No Classes at this time- works with PMH for birthing and breastfeeding classes |
| Portsmouth, VA | Molly Curtis | 757-685-7660 | Molly.curtis@nmcrs.org | Phone and virtual home visits; Prenatal and mother/baby education; Breastfeeding class. | Virtual Breastfeeding class May 5, 11, 19 June 2, 8, 15, 29 July 13, 20, August 3, 17, 24 |
| Rota, Spain | Coming soon | | | | |
| Sasebo Japan | Vangelica Langley-Taylor | 571-419-7301 | Vangelica.LangleyTaylor@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | no classes at this time |
| San Diego, CA | Luz Florencio | 619-204-8876 | Luz.florencio@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | Virtual Birthing June 23, July 13 and July 28th |
| Twenty Nine Palms, CA | Lisa Negri | 760-585-6544 | Lisa.negri@nmcrs.org | Phone and virtual visits; Prenatal and mother/baby education; Formula locker. | Baby Boot Camp call for dates |
| Whidbey Island WA | Allison Pendock | 360-914-2943 | allison.pendock@nmcrs.org | In home and virtual home visits; Prenatal and mother/baby education; online resources and videos, breastfeeding class. | Mother's support group twice monthly coming soon |
| Yokosuka, Japan | T'Sheira Scott | 243-2071 DSN | Tsheira.scott@nmcrs.org | In home and virtual home visits; Prenatal and Mother/baby education. Med/Surg health education | Mother's Support Group - first Monday of each month Yokosuka , Breastfeeding Support Group Asugi- Third Wednesday of each month New Guinea Class second Tuesday of each month |

For additional questions or information please contact April Pearson RN IBCLC Director of Nursing April.pearson@nmcrs.org 847-961-0401