

Philips Nightbalance lunoa Positional Sleep Treatment

Philips NightBalance Lunoa is a sleep position therapy option for patients with positional obstructive sleep apnea. NightBalance Lunoa is a palm-sized, ultra-thin device that is worn around the chest in a soft, adjustable belt. Over the course of the night, it provides mild vibrations to encourage a shift from sleeping on your back to sleeping on your side. It monitors your sleep positions and changes the intensity of the vibrations as needed, without disrupting your sleep. All the data is uploaded straight into an online control panel and can be available by both patient and physician.



What is positional obstructive sleep apnea?

Positional Obstructive Sleep Apnea (POSA) is a particular diagnosis where breathing blockages can take place more often when sleeping on you back. Individuals with POSA require a different treatment than those with OSA-- the goal being to control sleep positions during the night.

Main Features of Philips NightBalance Lunoa

No mask required; , light-weight, easy to use and worn in a soft belt around your chest

Clinically verified alternative to CPAP for positional obstructive sleep apnea patients

Monitors and records your response to therapy

30 day money back guarantee

You can now purchase using your HSA or FSA

Try the thirty days refund guarantee

What's consisted of inside the package?

- NightBalance Lunoa
- Chest Strap
- Charging/Docking Station with power supply
- Travel Case
- User Guide

Philips Nightbalance lunoa FAQ

Q: I have a pacemaker/ICD can I use the Nightbalance?

A: Philips Nightbalance lunoa can not be utilized by patients who have a pacemaker.

Q: I sleep in an upright position or propped up on more than two pillows.Can I use the Nightbalance?

A: a. The Philips Nightbalance lunoa can not be used by patients that sleep in the upright position or need more than two pillows during sleep.

Because of a medical condition(back/shoulder surgery or osteoarthritis), b.The Philips Nightbalance is not advised for the treatment of patients who are supposed to sleep inthe supine position.

Q: What is the warranty for the Philips Night balance?

A: The Nightbalance lunoa device and docking station are warrantied for 2 years.The warranty will not cover: Any elements that are subject to typical wear and tear. This consists of the chest strap and sensor machine batteries.Any damage or breakdown due to incorrect usage, unauthorized alterations or repairs to the device, or not saving the machine as described in the Directions for Usage.

Q: How often do I have to charge the device?

A: The NightBalance Lunoa ought to be charged every other day for optimal performance. It is advised that the device is charged every morning after usage by just putting the machine on the docking station. All the data will likewise be moved to the patient portal once the device is placed on the docking station.

Q: What is the adaptation program?

A: The Adaptation Program of the Nightbalance is created to slowly train your body to respond to the Sensor Machine's vibrations during sleep. The Adjustment Program is nine nights in total. You require to utilize the Lunoa for 9 nights before the machine supplies complete positional therapy.

a. Analysis Phase-- no vibrations are given during the first two nights of the therapy. The Lunoa gathers standard data on your sleep patterns during nights one and two. This data is utilized to tailor the therapy to your individual sleeping habits later on.

Philips NightBalance Lunoa

b. Buildup phase-- the Lunoa begins to provide vibrations. During nights 3 through nine of the therapy, the quantity of vibrations when laying on you back develop gradually. This allows you to get used to the treatment.

KEEP IN MIND: It is suggested to utilize the Nightbalance every night, or as agreed with your medical expert for best therapy outcomes.



Resources :

<https://s3.amazonaws.com/snoringcures/Philips-Nightbalance-lunoa.html>

<https://storage.googleapis.com/nightbalance/Philips-Nightbalance-lunoa.html>

<https://snoring.blob.core.windows.net/snoringcures/Philips-Nightbalance-lunoa.html>

<https://s3.amazonaws.com/night.balance/Philips-Nightbalance-lunoa.html>

<https://snoring.blob.core.windows.net/nightbalance/Philips-Nightbalance-lunoa.html>