



## CLIENT CASE STUDY

**Client Name:**

Anja \*

**Age:**

41 Years

**Country:**

USA

**Time Trying to Conceive (TTC):**

3 years

### Case History Summary:

- Secondary infertility
- 1 Miscarriage at 7 weeks
- 2 Failed ICSIs
- Poor sperm quality
- Elevated natural killer cells
- Elevated antibodies predisposing to miscarriages
- MTHFR gene polymorphism
- Cervix shortened from laser treatment in the past

### Natural Treatment Summary:

Anja contacted us after their second failed ICSI. She had lots of investigations already done and with her elevated NK cells and antibodies which can predispose to miscarriages decided they need to get their health back in order first before trying to get pregnant again. Doctors have also told her that her embryo's which formed via ICSI had chromosomal fragmentation which was a sign of poor egg quality. We discovered that her TSH was too high for optimal fertility and she was also deficient in a nutrient crucial for prevention of antibodies and autoimmunities. We also addressed the sperm health and egg health and supported her MTHFR gene polymorphism. Anja and her husband found out they were pregnant after three and a half months into the coaching program.

### Length of Treatment:

3 and ½ months.

### Clinical Outcome:

**Healthy pregnancy at 41 and birth to a healthy baby boy.**

*\* name changed to protect privacy*