



PTSD Prevention

Getting Out of the Dark

- ➔ Early Detection
- ➔ Mandatory Intervention
- ➔ Tailored Treatment

Critical injuries in Ontario workplaces have worsened in recent years.

Health and Safety Representatives and **Joint Health and Safety Committee (JHSC) Members** play a fundamental role in the accurate and fair investigations of these tragic events.

For workers exposed to a violent or unexpected death in the workplace, this grief is often prolonged. It is no surprise that those who investigate such traumatizing situations almost always have personal knowledge of the victims, and this can increase a worker's risk of **Post Traumatic Stress Disorder (PTSD)**.

In Ontario, First Responders are currently covered by Prevention Plans to address the complex and destructive effects of PTSD.

The Workers' Health and Safety Legal Clinic believes that all employers with a Health and Safety Representative or JHSC Members should be required to have PTSD Prevention Plans in place to detect, intervene and treat those exposed to traumatic workplace accidents and injuries.

Keep our workers' safe and healthy.



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