Group Gathering Question:
What is something funny or positive that has happened to you or your family during this last month under the stay at home order?

Read this week's scripture and discuss:
1. Verses 1 and 2 speak of oppression. We know Jewish people have felt oppression from rulers during Bible times up through the Holocaust and even anti-Semitism today. Have you ever felt oppressed? How do the Jewish people (or how do we) find freedom even during oppression?
2. Reading verses 3 and 4 again, what does that kind of suffering make you feel like? What might God do for the Psalmist and do for us?
3. How and when have you known the Lord's blessing in your life?
4. What is one area of your life's journey where you have persevered and achieved your goals? Why do you think you were able to persevere and achieve those goals?
5. Is there one area of your spiritual journey that you have tried to get better at, but have struggled? Why do you think that you have not been able to persevere in this area? What's the one thing you might try to do differently (e.g. be in touch with someone who has persevered in this area, don't focus on being perfect, etc.) in order to increase your likelihood of success?

Prayer requests

> Prayers of healing for Carly Bias, Gabrielle Carnell, Carver McGriff, Robert Neal, Nanette Ritter, and Mike Witter.
> Prayers of comfort for the family of Dottie Strawn, who passed away this week.
> Prayers for health care workers, truck drivers, grocery stores workers, and others taking risks to provide service and care.
> Prayers for Food Pantry volunteers and clients as well as those who have lost their jobs.