## Married Life Ministry - On the Road

## Life Group Sessions

Married Life has found through your feedback that some families have a difficult time participating in Sunday Morning and Wednesday evening classes. Married Life ministry would like to offer the opportunity for life group leaders to take a break for a few weeks while a Married Life team member comes to your life group to offer Marriage and Family content. We have prepared the following and would be happy to join your group and help lead the discussion. These are designed as 4 week studies.

For more information, contact Married Life Ministry leaders:

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#### Safe House Family - Leaders Brian and Jill Bailey

How Emotional Safety is key to raising kids a who live, love and lead well. Dr. Joshua Straub's workbook and video series provides us 6 weeks of understanding how to raise our children in an emotionally safe environment and how critical that can be to who they become as they someday will raise children themselves. We will look at how you were raised, the science of child brain development, how to balance grace and truth along with exploration and protection. We will also include content on discipline as well as a couple of interesting ideas from Andy and Sandra Stanley to child rearing.

# Balancing your Marriage and the Killer B's (Basketball, Ballet, Band and Bible) - Leaders Brian and Jill Bailey

Full nests and full schedules and no time for each other? Are the only love notes you get reminders of who to pick up and where to deliver them? Have you thought about giving away your dining room table because you never use it? Is communication only in an electronic format? How do you balance God, schedule and your spouse? This 4 week study is designed to give you some tips and options about how to stay connected in the busyness of raising kids. It's important that you stay in love and stay in charge. We will also touch on the long-lost topic of rest; is that even still possible?

## Staying in Love - Brian and Jill Bailey

This is a four week video series from Andy Stanley with study questions for after the video on how to stay in love. This series, while it has been out for a few years, is still quite possibly one of the best pieces of material we have seen on how to understand what God intended for marriage to become. We will be happy to facilitate discussion with your life group on how to effectively get the most out of this material. Topics include Love is a Verb, Re-Modeling, Feeling It, and Multiple Choice Marriage.

### The Screen Balanced Family - Brian and Jill Bailey

Six secrets to a more connected family in the 21st Century. Dr. Joshua Straub and his wife Christi have developed this content for how to balance today's technology both inside and outside your home. What are the effects of "screens" on your marriage, kids and close friends? What kinds of behaviors do we model while using devices and we would never do in person? How does social media impact how we think, react and relate? This study can be designed for 4-6 weeks depending on what depth your life group would like to investigate the topics.

### **Enhancing your Marriage - Brian and Jill Bailey**

This class is designed for all ages and all lengths of marriage. We will examine different topics each week from leading pastors and teachers on marriage. Material from Andy Stanley, Jim Burgen, Mark Gungor, Ted Lowe and Joshua Straub will be combined into video, teaching and group discussion. Each week will be a new topic that will enhance your marriage relationship and give you some thought provoking biblical insight to growing your marriage. This class can be designed for as manager weeks as the Life group would desire up to 6 weeks in length. Some possible titles of the lessons weeks could be "Social Media- Cause and Effect", "Oneness", " Peanut Butter and Jelly", "Understand it and Feel it", "Asking the right Question" and "Secret Sauce".

#### The Four Core Habits of a Great Marriage - Brian and Jill Bailey

The Bottom line - We all want to have a great marriage, God's way may not always be easy to do, but it is easy to understand. People have tried to convince us that having a great marriage is impossible, that's just not true. Is it hard? Yes. Is it complicated? No. Not if we follow some simple steps God has laid out for us in scripture. This content will explore the biblical context of God's design for marriage. We will explore how to: Have serious fun, understand Love and Respect, how to Love God first, and lastly Practice your promise. This content was designed but Married people and can be completed in 5 weeks.

## The Couple Checkup - Scott and Suzanne Fuson

Take this opportunity to see where you stand as a couple right now and learn to make your relationship even better. Based on 35 years of research and 50,000 couples. The Couple Checkup is an online assessment tool designed to identify the unique relationship strengths and growth areas of dating, engaged, or married couples. Couples receive a 15-20 page report on their relationship and can download a free Discussion Guide, designed to help them learn proven relationship skills. Research has shown this process improves relationships by stimulating honest dialogue, increasing understanding, and empowering couples.