

# TheGoodBook

## Week Five: Life Over the Long Haul

### Weekday Readings

Monday	John 1
Tuesday	Luke 2
Wednesday	Matthew 5
Thursday	Matthew 6
Friday	Matthew 7

get daily reading reminders

text @gbsherwood to 812-671-0028

### Key Verse

Ask, and it will be given to you. Seek, and you will find. Knock, and the door will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks, the door will be opened.

Matthew 7:7-8 (CSB)

### QUICK CONNECT DISCUSSION GUIDE

If your group is already studying something else and won't be following along with the sermon series, spend a few minutes at the beginning of your time discussing these questions. This will help you apply the weekend content.

- What impacted you most from the sermon this week?
- Why is it that we are easier on ourselves when applying the teachings of Jesus than we are on others?

### SERMON TRACK DISCUSSION GUIDE

In this section, you will find a format for leading a discussion on the topic for the week, based on the sermon and related material in *The Good Book*. The questions are separated into five categories - **account**, **anchor**, **add**, **apply** and **away** - and are designed to allow the group conversation to deepen as you move through them. We start with a look back at the past week. Descriptions of each category are listed on the back of this handout. Remember to allow time for everyone to participate and not have any one person dominate the conversation.

- **ACCOUNT:** Did you offer appreciation to someone this week for doing the right thing? How did it go? How can we pray for you?
- **ANCHOR:** What in Jesus' teaching seems idealistic and what is possible for you?
- **ADD:** Why is it that we defend ourselves with these teachings of Jesus, but are somewhat miserly when applying them to others?
- **APPLY:** What incentive are you going to offer yourself to be generous with others?
- **AWAY:** In this context, judge means condemn. How are you going to be a reservoir of hope rather than a pit of disdain?

Still have questions you would like answered? Go to [socc.org/ask-bible-guy](http://socc.org/ask-bible-guy).

## VIDEO TRACK DISCUSSION GUIDE

In this section, you will find a format for leading a discussion based on the video content (located on RightNow Media). Each video may be more thematic than specific to the week's sermon, so be prepared to connect sermon content with the discussion questions in the participants guide.

The recommended format for your session is:

- Read or summarize the Introduction "Ready, Set, Go!"
- Talk about It
- Video Presentation (15 minutes)
- Video Discussion
- Closing Prayer

**rightnow** MEDIA

sign up at [socc.org/rightnowmedia](http://socc.org/rightnowmedia)

## SHERWOOD KIDS FAMILY CORNER

Share what you did in your journal this week and talk about how following Jesus daily is a process of allowing him to transform our character into something more like his own. What was Jesus like?

## SERMON TRACK CATEGORY DESCRIPTIONS

- The **Account** question is meant to prompt reflection about how participants lived out what they learned in their daily lives.
- The **Anchor** discussion is meant to help individuals share what they already know or have experienced related to the ideas presented in the sermon or other readings.
- The **Add** section is to bring to light any new insights or "aha" moments that participants have about the text after further reflection.
- In the **Apply** section, guide the conversation into general ways people might apply what they have learned from the sermon to their daily lives.
- The **Away** discussion is a call to action for each person to put one thing into practice in the coming week.

Resource	User(s)	Cost	Where to Get
Book - one per family	Individuals or families	\$10	East Bookstore; West & Bedford Foyer
Weekly Guide *recommended	Group leaders & individuals	Free	online; East Bookstore; Foyers
Video (optional)	Groups or individuals	Free	RightNow Media
Participants Guide - one per group (optional)	Group leaders & individuals	\$5	East Bookstore; West & Bedford Foyer
Kids Journal (ages 12 and below)	Families with kids	Free	East Bookstore; West & Bedford Foyer

Join the conversation | [#gbsherwood](https://twitter.com/gbsherwood) | [socc.org/thegoodbook](http://socc.org/thegoodbook)