CONVICTIONS-





CONVICTIONS

Don't be so sure...

You should never be sure. Of anything. At all. And I'm serious.

"What!" you scream. "Are you out of your mind? I'm sure of a lot of things!"

Don't care. You can't.

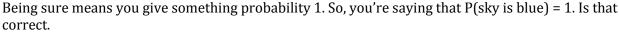
"But... the sky is blue! And 2+2=4! I can be sure of that, right?"

No.

"Why?!"

Do you even know what 'being sure' means?

"Um..."



"Yes!"

Well, then that means nothing you ever see will change your mind. Even if an alien comes to you and says the sky is actually green but they messed up with everyone's brain, even then, you wouldn't change your mind. Even if you started seeing the sky green.

"Hold on... that's not what..."

Yes. Yes it is. Let's just remember Bayes' Theorem, shall we?

$$P(A|B)P(B) = P(B|A)P(A)$$

Suppose you observe the sky being green right now. But you said that P(sky is blue) = 1. Let's call A = the sky is blue and <math>B = I see a green sky.

$$P(A|B) = \frac{P(B|A)P(A)}{P(B)}$$

But hold on: just how much is P(B)?

$$P(B) = P(B|A)P(A) + P(B|\bar{A})P(\bar{A})$$

You just said P(sky is blue) = 1, right? So P(A) = 1, and so:

$$P(\bar{A}) = 1 - P(A) = 0$$

Therefore,



$$P(A|B) = \frac{P(B|A) * 1}{(P(B|A) * 1 + P(B|\bar{A}) * 0)} = \frac{P(B|A)}{P(B|A)} = 1$$

So, basically, you just said that P(sky is blue | I see a green sky) = 1. I just proved mathematically that if you give something a probability of exactly one, then NOTHING you can EVER see will change your mind.

(An important point is that P(B|A) may be exactly 0. In that case, the ratio is UNDEFINED, which makes it EVEN WORSE: what does it MEAN to get 0/0 without a sensible passage to the limit?) "Alright! Geez! Then what if the probability is ALMOST 1, but not quite?"

That's exactly my point. You CANNOT, ever, be 100% sure of anything at all. That would mean that no observation at all could change your mind about it. And you don't want that, do you? You can be 99% sure of it. You can be 99.9% sure of it (though you'll start straining belief with that...). But never 100%.

What I just mathematically proved above is simple: you cannot be 100% sure of anything in your life. You must ALWAYS be open to new evidence, and to change. If there is anything you believe with full confidence, then nothing, no matter what you see, will change your mind.

I talk to a lot of people that have 'convictions' and that don't want to change their minds. No! That is wrong! You MUST change your mind as soon as you can! You know why? Because if you don't, you'll end up attached to that old belief. You'll create excuses why you don't have to change anything at all. And you will end up simply wrong. It's okay to feel attached to an idea that's true. But if you find out it's not true, then you should abandon it immediately.

That is what I mean.

What is true is already so.

Owning up to it doesn't make it worse.

Not being open about it doesn't make it go away.

And because it's true, it is what is there to be interacted with.

Anything untrue isn't there to be lived.

People can stand what is true,

for they are already enduring it.

- Eugene Gendlin

❖ WHAT DO YOU THINK ABOUT THIS ARTICLE?

FINDING THE TRUTH

Mishlei Chapter 2	משלי פרק ב
If you seek it like silver, and like hidden treasures,	ד) אָם־תְּבַקְשֶׁנָה כַכָּסֶף וְכַמַּטְמוֹנִים תַּחְפְּשֶׂנָה:
then you will seek it out.	

Malbim Commentary	מלבי"ם משלי פרק ב
Seeking silver is through purchasing merchandise, for	ד) אם תבקשנה ככסף וכמטמונים תחפשנה, בקשת הכסף
he profits with his commerce or with his handiwork,	הוא על ידי מסחר, שמרויח במסחרו או במעשה ידיו, וחפישת המטמונים הוא על ידי חפירה במעמקי האדמה או
and seeking treasures is done through digging in the	הופישונ המספונים הוא על ידי הפירוז במעמקי האדמה או במצולות ים, ונמשל בקשת הכסף הוא על שמחליף ונותן
depths of the ground or in the depths of the sea. And	כל תאות העולם הזה בעבור החכמה, ונמשל חפישת
seeking silver is compared to one who forgoes all of	המטמונים הוא היגיעה שמתיגע להעמיק בדברי החכמה

the desire of this world for wisdom, and seeking hidden treasures is compared to the exertion with which one exerts himself to uncover the depths of the deep wisdom, to bring out the hidden treasures in its depths, and the concealed parts of Torah and counsel.

העמוקים להוציא הפנינים הצפונים במצולותיה וסתרי תורה ותושיה:

WHY DO YOU THINK SEARCHING FOR TRUTH AND KNOWLEDGE IS LIKE SEACHING FOR TREASURE?



The Duties of the Heart, Introduction

If you are a person of intellect and understanding...you are obligated to use your faculties until you gain a clear and definite knowledge...In order of time, instruction based on tradition must necessarily precede knowledge obtained by the exercise of reason, since learners must rely on what they are taught before they can obtain independent knowledge. Yet it would show a lack of willingness for anyone to rely on tradition alone who can obtain certainty by the method of rational demonstration. Everyone who has the requisite capacity is obligated to investigate with his reason whatever can be acquired, and to bring evidence which deliberate judgment would support.

ספר חובות הלבבות הקדמה

אם אתה איש דעת ותבונה, שתוכל לעמוד בהם על ברור מה שקבלת מהחכמים בשם הנביאים משרשי הדת וקוטבי המעשים, אתה מצווה להשתמש בהם, עד שתעמוד על הענין ויתברר לך מדרך הקבלה והשכל יחד. ואם תתעלם ותפשע בדבר, תהיה כמקצר במה שאתה חייב לבוראך יתברך. וזה יתבאר משני פנים :

האחד מהם ממה שאמר הכתוב כי יפלא ממך דבר למשפט בין דם לדם בין דין לדין וגומר ועשית על פי הדבר אשר יגידו לך וגומר. וכשאתה משתכל במה שכולל הפסוק הראשון מעניני הדינין, תמצאם דברים שצריכים לפרוט אותם ולחלקם ולדקדק בהם בדרד הקבלה לא בדרד אותות השכל. הלא תראה, שלא הזכיר בכללם ענין מן הענינים, אשר יושגו מצד השכל, כי לא אמר, כשתסתפק בענין היחוד איך הוא, או בשמות הבורא ובמדותיו ובשרש משרשי הדת, כעבודת המקום ובטוח עליו והכנע לפניו, ויחד המעשה לשמו, ולברר המעשים הטובים מפגעי ההפסד ועניני התשובה מו העבירות. ולירא ממנו. ולאהבה אותו, ולהתבושש מפניו, ולחשוב עם הנפש בעבור שמו והדומה לזה, ממה שיגיע אליו האדם בדרך השכל וההכרה, שתאמין בהם על ידי חכמי התורה והסמך, ותסמוך על דברי קבלתם בלבד, אבל אמר שתשוב אל דעתך ותשמש בשכלך במה שדומה לזה, אחר שתעמוד עליו מצד הקבלה, שהיא כוללת כל מצוות התורה ושרשיהו ופרקיהו. ותחקור עליו בשכלך ותבונתך ושקול דעתך, עד שיתברר לך האמת וידחה השקר, כדכתיב וידעת היום והשבות אל לבבך וגו'. וכן אומר בכל מה שנוכל לעמוד על ברורו מדרך השכל, כמו שארז"ל: כל דבר שהיה בכלל ויצא מן הכלל ללמד לא ללמד על עצמו יצא אלא ללמד על הכלל כלו יצא, מפני שדעת ענין היחוד כענף מן הדברים שיובנו בדרך השכל, ומה שיתחייב בו, יתחייב בכלם.

Are you a coherent thinker or are your beliefs incompatible? Identify the inconsistencies in your thought processes.

disagree. At this stage, simply mark Do not look at the marking grid each one whether you agree or statements below, deciding for HEALTH CHECK, go through the TO TAKE THE PHILOSOPHICAL have answered the questions. or analysis that follows until you your answers as you go along or jot them onto a piece of paper.

agree or disagree 100 per cent, but or wrong, so please answer honestly Granta), does not judge what's right and Jeremy Stangroom (£7.99, towards one answer than the other. almost always you will tend more taken from Do You Think What You Think You Think? by Julian Baggini The Philosophical Health Check, We know that you will not always

Disagree

There are no objective moral standards; moral particular culture. of the values of a merely an expression judgements are

N The right to life is so fundamental that effort to save lives. are irrelevant in any financial considerations

W all-powerful, loving There exists an and good God.

1 truths about matters of cultures and individuals relative to particular fact; 'truth' is always There are no objective

not be damaged The environment should pursuit of human ends unnecessarily in the

OT

64 PSYCHOLOGIES

Agree Disagree

harm others, individuals So long as they do not pursue their own ends should be free to

00 World War II was a just war.

0 it is always possible that one might have chosen otherwise.

Homosexuality is wrong because it is unnatural

of all consciousness can rob a person Severe brain damage

should remain illegal Voluntary euthanasia

Having made a choice

It is not always right to on their merits. judge individuals solely

and selfhood.

\(\pi \) to believe in the It is quite reasonable for its existence. possibility of evidence without even the existence of a thing

4 Judgements about works of art are purely matters of taste.

5 should not permit The Government efficacy and safety not been tested for treatments that hav the sale of health

stand as a testament Acts of genocide great evil. to man's ability to do

be allowed to increas Governments should save lives in the developing world. taxes sharply to

child to suffer To allow an innocent one could easily reprehensible. prevent it is morally needlessly when

0 historical reality that The Holocaust is a books report. less as the history took place more or

travel by car if they People should not take a train instead can walk, cycle or

Disagree

own bodies.

24 one's life unfolds is a The future is fixed; how

medicines are generally Proper sanitation and

On bodily death, a person continues to exist in a non-physical form.

in the past.

non-existence of God possible to prove the Atheism is a faith because it is not just like any other

complementary as valuable as Alternative and mainstream medicine

The possession of drugs for personal use should be decriminalised.

Individuals have sole rights over their

It is always wrong to take another person's life.

matter of destiny.

good for a society.

it might be desirable to In certain circumstances in favour of a person harms done to him/her as recompense for discriminate positively

history's finest artists Michelangelo is one of

Agree Disagree

How to score

each row where you have a tick in both columns, put a tick in the end column. time your answer matches the answer in the grid, put a tick in the column. For

COMPARE YOUR ANSWER for each question to those in the grid below. Each

Q15	Q14	Q13	Q12	Q11	Q10	Q9	Q8	97	8	QS	24	Q3	Q2	2	
agree	agree	disagree	agree	agree	agree	agree	agree	agree	agree	agree	agree	agree	agree	agree	
															TICK IF MATCHES
Q30	Q29	Q28	Q27	Q26	Q25	Q24	Q23	Q22	Q21	Q20	Q19	Q18	Q17	Q16	
agree	agree	agree	agree	disagree	agree	agree	agree	agree	disagree	disagree	agree	agree	disagree	agree	
															TICK IF MATCHES
tension 15	tension 14	tension 13	tension 12	tension 11	tension 10	tension 9	tension 8	tension 7	tension 6	tension 5	tension 4	tension 3	tension 2	tension 1	3

one tension in your belief system. Count up your ticks to find out how For every tick you have in the 'Tension' column, we have identified consistent your thinking is.

a mass of contradictions. You're either an incredibly subtle thinker or You seem to be an admirably consistent hang together as well as they might. Like most people, your opinions probably don't thinker, if not entirely so. about are totally consistent. your opinions on the issues we asked you

General analysis

beliefs to be held consistently. In

reasoning is required to enable both

6+ TENSIONS 3-5 TENSIONS 1-2 TENSIONS NO TENSIONS

in the set of beliefs you hold. is designed to identify tensions false, but potential incompatibilities have. It does not aim to identify between various beliefs that you The Philosophical Health Check which of your beliefs are true or

beliefs or (2) some sophisticated indicates either that (1) there is a contradiction between the two Each tension we have identified same time very difficult. make holding both beliefs at the each case, there are reasons that

should either (1) give up one of the all about being consistent, then you coherent way of reconciling them. two beliefs or (2) find some rationally tensions identified? If you care at Should you be worried about the



80,000 people who have taken a version of this test online have each tension in their beliefs Read on to understand each of the tensions in your beliefs, and the traps that you may have managed to avoid - but your friends might fall into. Also, find out what proportion of the

CAN YOU PUT A PRICE ON A Lension 2:

HUMAN LIFE?

is true, then surely the West should that although financial considerations as possible to save lives. But if this are irrelevant when it comes to much one should spend to save a life are relevant, there is a limit to how If you do not think so, this suggests saving lives in the developing world spend as much money as possible should always spend as much money saving lives, then that must mean we tension. If financial considerations Around a quarter of people had this

Tension 5:

THE ENVIRONMENT? HOW MUCH MUST I PROTECT

be critical of others, for it seems that The problem here is the word damaging the environment. to drive, you are guilty of unnecessarily we have uncovered, held by around This is the most common tension judges to be important for oneself. 'necessary' simply means what one quality of life. Then it becomes hard to argue that much of your use of cars or 'unnecessarily'. You might want to half of those surveyed. If you choose aeroplanes is necessary for a certain

Lension 3:

IS THERE AN ALL-GOOD ALL-POWERFUL GOD?

had this tension in their beliefs. a third of the people in our research conclude that God allows suffering to to explain this apparent contradiction could easily prevent it. Most attempts and will do what is morally right. But that means He can do what He wants If God is all-powerful, loving and good the greater good of human freedom surely this means that He would not however, these are in debate. Around

Lension 6:

nearly three respondents in 10 had it. case that the personal use of drugs is less common than some others, harms people other than the drug here, you must make a convincing In order not to be in contradiction hard to make. Although this tensior Western society, this case may be are among the leading killers in

CAN WE PLEASE OURSELVES?

as smoking, drinking and driving cars As alcohol, tobacco and car accidents others more than legal activities such show that prohibited drug use harms user. More than this - you must also

help us grow spiritually and/or to allow allow an innocent child to suffer, as He

Lension 4:

of online respondents exhibited. is a fact? Are they not as entitled to fact for them'. What, then, can you Everything is 'true for someone' or 'a straightforwardly 'true' or 'factual' If truth is relative then nothing is This is a tension more than one third there are objective truths after all tension causes many to conclude single truth about it? This intellectual Holocaust and deny that there is a can one both assert the reality of the their view as you are to yours? How say to those who deny the Holocaust ARE THERE ANY ABSOLUTE TRUTHS

Lension 7:

CAN I MAKE CHOICES ABOUT MY OWN BODY?

sole right to decide whether or not assistance. Yet if I want a tattoo, because it requires third-party argued that euthanasia is different euthanasia be illegal? It might be their own bodies, should voluntary if individuals have sole rights over respondents had this tension. Why Only around one in eight of our this doesn't mean I don't have the assuming I can find a willing tattooist need third-party assistance. But

Tension 1:

IS MORALITY RELATIVE?

those which do not? genocide and torture superior to then how are the values which reject of the values of a particular culture' really are merely the 'expression and convention. If moral judgements that seems to go beyond culture acts of genocide as 'evil', a claim convention, the other condemns is just a matter of culture and while one of them claims that morality between these two beliefs is that, exhibit this tension. The tension Nearly half of our respondents

Lension 11:

IS POSITIVE DISCRIMINATION JUSTIFIED?

on their merits, you must give up your belief in positive discrimination. that individuals must always be judgec to judge individuals on their merits. accept that it is sometimes right not positive discrimination, you have to means that factors other than the Alternatively, if you want to maintain treat them. So in order to support into account when deciding how to actual abilities of a person are taker had this tension. Positive discrimination Less than one in 10 of our respondents

Lension 14:

but a tension nonetheless. of art can be judged, in certain subjective. This is not a contradiction final arbiter of taste is something standards and the belief that the respects, by some objective here is between a belief that works purely matters of taste? The tensior doubt. Yet, if this is true, how can the status of Michelangelo is in fact that most people don't believe to this tension - the result of the udgements about works of art be Nearly half of respondents fell prey HOW DO WE JUDGE ART?

Lension 8:

IS KILLING ALWAYS WRONG?

around one in nine had this tension only fight when attacked. Only but this would mean an army could self-defence' might seem reasonable unjustified. For example, 'except in yet keeps out that which is felt to be kind of killing many feel is justified principle 'It is always wrong to take 'except', so that it both allows the difficult to add a clause which starts another person's life.' It is very war or get rid of the 'always' in the either give up the idea of a just Someone who has this tension must

Tension 12:

WHAT IS THE SEAT OF THE SELF?

caused by something non-physical. by brains and one where it is one where consciousness is caused of the body. This seems to presume belief that the self is independent brain activity, yet there is also the our consciousness is dependent on mix of world views. On the one in three of our respondents. The two This tension is shared by nearly one wider, contradictory world views: hand, there is an acceptance that but they do present an awkward beliefs are not strictly contradictory

Lension 15:

WHAT SHOULD BE LEGAL?

had this tension in their beliefs A little under half of our respondents plenty of naturally occurring toxins in itself a good reason, as there are treatments need not be as extensively that they use natural ingredients is not Why do so many believe alternative St John's wort has been found to cause lested as conventional ones? The fact available without medical advice. complications, yet the product is conventional' medicine. For example, not been tested as rigorously as Most alternative medicines have

IS THE FUTURE FIXED?

IS THE UNNATURAL WRONG?

Lension 10:

destiny and free will is a tricky task. control have already determined which is inevitable which coat I buy. In which way I choose. So reconciling belief in my own mind up, but forces beyond my genuine choice. I seem to be making case, it must be an illusion that I have a or destiny, then it must be true that it one of two coats. If one believes in fate am in a shop, deciding whether to buy have freedom? For example, imagine matter what we do, then how can we this tension. If 'what will be, will be' no Around one in eight people revealed

> What is natural about chemotherapy the domestic supply of clean water? sophisticated sewage systems and unnatural? What is natural about

medicine are good. But aren't they people believe that sanitation and The connection between these two

statements may not be obvious. Mos-

Lension 13:

is no reason for it to be wrong. unnatural are bad. If you believe true that most people think all things problem here is that it is simply not or other medical treatments? So the

homosexuality to be unnatural, that

WHAT IS FAITH?

evidence (rational refusal to assent). of God, contradicts this. In short, belief the same as non-belief due to lack of without evidence (a form of faith) is no not possible to prove the non-existence faith just like any other, because it is in the absence of good grounds for supports the principle that states that a quarter of respondents. In disagreeing believe it. Asserting that atheism is a believing something, it is not rational to with the first statement, a person real tension, yet it was found in around People seem reluctant to admit this is a

Final thoughts

to Government inconsistency, branding it Yet should we be so glib about accepting these probably not consistent in their opinions and that Most people seem happy to accept that they're there may be big holes in the arguments they use. ailures? We are not so forgiving when it comes

to think our opinions through more carefully? sanguine about, or do we all have a responsibility is the norm. Is that something we should be beliefs alone, it seems probable that inconsistency consider that, on average, we found people had not perfectly, consistent is hard work. When you our tensions among this narrow selection of hypocritical if one policy runs counter to another Perhaps it is the case that being reasonably, if