



## Cholesterol Management, Coaching, and Patient Education

**Release date: 08/8/2019**

**Expiration date: 08/8/2022**

Estimated time to complete activity: 3 hours

### Overview

NursingCE provides a high-quality, effective, and comprehensive way for license practical nurses, registered nurses and nurse practitioners to earn their state-required CNE credits in a clear online format.

A course on evidence-based practice provides current content intended to help practicing nurses apply this knowledge to their practice. The course also includes questions to test competency.

### Target Audience

- RN, LPN, APN-nurses who interact with and help care for patient diagnosed with high cholesterol.

### Learning Objectives

Upon completion of this activity, participants should be able to:

1. Appreciate the incidence and significance of high cholesterol in the American population.
2. Review the key functions of the liver as they relate to cholesterol production and processing.
3. Identify diagnostic tests used for control in cholesterol management.
4. Outline the concepts and information the nurse should provide for the patient seeking effective cholesterol management.
5. Discuss the dietary implications in relation to cholesterol management.
6. Identify modifiable and non-modifiable risk factors in the management of cholesterol.
7. Analyze the pharmacological treatment of cholesterol.
8. Appropriately provide effective coaching/teaching resources for the patient needing cholesterol management.

### Accreditation and Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Nurses Credentialing Center's Commission on Accreditation (ANCC) through the joint-providership of Assessment Technology Institute (ATI) (provider) and NursingCE.

ATI is accredited as a provider of continuing nursing education by the ANCC.

This activity is provided for a maximum of (3) contact hours under ANCC criteria.

### Commercial Support

None

### Faculty and Planners Disclosure Statement

All planners and faculty participating in continuing education activities provided by ATI are expected to disclose to the audience any support or relationship(s) with providers of commercial products and/or devices discussed in this activity and/or with any commercial supporters of the activity. In addition, all faculty are expected to openly disclose any off-label, experimental, or investigational use of drugs or devices discussed in their presentation. The planners and faculty have been advised that this activity must be free from commercial bias, and based upon all the available scientifically rigorous data from research that conforms to accepted standards of experimental design, data collection, and analysis.

**The following speakers and planning committee members listed below have stated they have no financial relationship(s) with providers of commercial products and/or devices discussed in this activity and/or with any commercial supporter of this activity.**

- Sherry Greenburg
- Megan Roberts, FNP
- Deborah Long, DNP

### **Method of Participation to Earn CNE Credit(s)**

Learner pays the appropriate fee for participating in and receiving credit for this online educational activity. In order to obtain credit for participating in this activity during the period of August 8, 2019 through August 8, 2022, participants must:

1. Read the educational objectives and disclosure statements
2. Review the appropriate modules. Participants may make corrections to incorrect responses as needed.
3. Upon completion of entire module, learner may receive (3 )credit
4. Submit the online evaluation to NursingCE.

Credit will be issued only upon completion of the exam questions with a score of 80% or higher and activity evaluation. After completing this information, you will be able to print out your credit certificate. This activity should take up to (3) hour to complete. Credits are redeemable in 1 hour increments.

### **Hardware/Software Requirements**

NursingCE: can be delivered to the latest devices physicians prefer to use, including iPads®. Compatible browsers and devices include:

- Microsoft® Internet Explorer®: 9, 10
- Apple® Safari®
- Google Chrome™
- Mozilla® Firefox®
- Apple® Mobile Devices: iPad®, iPhone®
- Android™ Mobile Devices

Our training solution is playable on virtually any web enabled device with an Internet browser. We also have a specialized mobile app for devices with smaller screens like iPhones®, available on iOS® and Android™ devices. Users must have an Internet connection. A flash plug-in is not required for this training.

Any trademarks, service marks, product names or named features are assumed to be the property of their respective owners, and are used only for reference. There is no implied endorsement by usage of (any / one) of these terms.

### **Disclaimer**

The opinions expressed in the enduring educational activity are those of the faculty. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings. Further, attendees/participants should appraise the information presented critically and are encouraged to consult appropriate resources for any product or device mentioned in this program.

### **Privacy Policy**

At ATI, we care about providing you with tools and information to manage and protect your online privacy. ATI retains records solely for keeping records in accordance with ANCC policies. We will not share your information with any other organizations. We will keep you informed of our CNE activities.

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**Contact Information**

NursingCE  
New York, NY 10018  
800-683-6758  
support@nursingce.com  
www.nursingce.com