NATIONAL CHRISTIAN COLLEGE ATHLETIC ASSOCIATION

Men's and Women's Cross Country

Division II

Division II Men's & Women's Cross Country

I. GENERAL ADMINISTRATION

A. The NCCAA Cross Country Season and National Championship and all events related thereto are under the control and supervision of the NCCAA Cross Country coaches and are subject to standards developed by these coaches and subsequent approval of the NCCAA Board of Directors. These standards shall receive an annual review and approval by the National Cross Country Committee.

1. Composition and Term of Office
   a. The National Cross Country Committee shall consist of the National Cross Country Chair (who serves as chair of the committee), and the National Cross Country Vice-Chair. An NCCAA National Office representative shall serve as a non-voting member.
   b. The National Cross Country Chair shall serve a three-year term of office and shall be succeeded by the National Cross Country Vice-Chair.
2. Duties of the National Cross Country Sport Committee (see Bylaws section)
   a. Represent the interests of coaches and student-athletes.
   b. Propose revisions of the National Championship operating policies and procedures to the Board of Directors.
   c. Assist in solicitation of bids for future championship sites.
3. Duties of the National Cross Country Chair (also see National Sport Chair Job Description in Forms & Procedures section)
   a. Initiate, direct, and control the work of the National Cross Country Committee.
   b. Communicate with the National Cross Country Committee on issues requiring its input.
   c. Conduct meetings of the coaches and the committee at the National Championship to provide opportunities for questions, suggestions, and recommendations regarding the conduct of the championships.
   d. Supervise and assist the Tournament Director of the National Championship with planning and conducting the National Championship.
   e. Invite coaches of all NCCAA participating institutions to the coaches' meeting and request agenda items.
   f. Submit proposed revisions of the operating procedures (Cross Country section of the NCCAA Handbook) to the NCCAA Director of Membership by the deadlines listed in the National Handbook Proposal Process.

B. Cross Country Championship Committee
The Championship Committee shall be appointed and approved annually. This committee shall have responsibility to administer the Cross Country National Championship.

1. Membership
   a. The committee shall be composed of the Tournament Director of the National Championship, the National Cross Country Chair (who shall serve as chair of the Championship Committee) or his/her appointee from the National Cross Country Committee, an NCCAA National Office representative, and the NCCAA National Cross Country Vice-Chair or Past Chair.
   b. If a member of the Championship Committee is directly or indirectly involved in a protest submitted, this individual shall be replaced by an appointee of the National Cross Country Chair.
   c. Three members must be present for action to be taken.
2. Responsibilities
   a. Ethical Behavior
      1) Observe the behavior of the student-athletes, coaches, and other team personnel for the duration of the National Championship.
      2) Promote standards of ethical behavior during competitive events and throughout the championship. This can be accomplished by general reminders to individuals and teams during the championship and reinforced by more specific communication. If unacceptable behavior occurs, this committee has the right and obligation to act on the issue. This may include a reprimand with official notice to the institution with/via the NCCAA Director of Membership.
   b. Write a report of all cases on which this committee acts.
   c. Make on-site decisions concerning extenuating circumstances that affect the conduct of the championship (e.g., extreme weather conditions).
   d. Ensure all teams follow the NCCAA #KingChasing Code of Ethics signed by coaches and the NCCAA #KingChasing Commitment by student-athletes (on file in the National Office).
3. Protests
   a. Ensure that protest procedures, as indicated in the National Collegiate Athletic Association Rulebook, have been followed.

b. Act on all appropriate protests.

C. Officers
Chair: Ryan Long, Faith Baptist Bible College
Vice-Chair: Grant DeWitt, Crown College

D. Election of Sport Chair and Vice-Chair
A National Cross Country Chair and a Vice-Chair are elected to serve three-year terms. The Vice-Chair replaces the National Cross Country Chair after three years to serve as the National Cross Country Chair. Selection must be by more than 50% of the total number of coaches in the NCCAA and shall be conducted by email vote.

II. ELIGIBILITY

A. Institution Eligibility
Only teams that are in good standing with the NCCAA shall be eligible. Good standing shall include all dues paid in full and free from any sanctions imposed by the NCCAA restricting institutional eligibility.

B. Team Eligibility
All NCCAA member institutions must file a completed Declaration of Intent to Participate form by August 15 for all varsity sports with the National Office (see Forms & Procedures section).

C. Individual Eligibility NCCAA-only member institutions must file an affidavit of eligibility (see Eligibility section) to the NCCAA Director of Membership no later than the date of their first contest (including scrimmage). Dual members with CCAA, NAIA, NCAA II, and NCAA III must confirm eligibility is being filed for all sports in compliance with their primary affiliation on the Membership Directory & Dues Form.

III. RULES AND REGULATIONS

A. Official Rule Book
Official National Collegiate Athletic Association (NCAA) Track and Field/Cross Country Rules. To obtain rules, visit www.ncaapublications.com.

B. Race Reporting Policy
For institutions declared to participate, cross country schedules are required to be uploaded to the NCCAA website by the Fall Sports deadline of August 1.

Complete and accurate race reports must be submitted weekly to the NCCAA using the reporting form listed on the NCCAA Member Help Center. The institution's top team time (top five runners; calculated using 5K for women and 8K for men) and individual times (top five individuals' times) for the season are required to be reported weekly. If no changes took place, institutions are still required to weekly submit the form and select "no improved times to report." Reports must be submitted to the NCCAA within 48 hours of each event. However, the mandatory deadline for weekly race results to be reported to the NCCAA is Tuesday at noon ET. Reports shall be monitored weekly by the NCCAA Communications Coordinator. Once reporting begins, missing or incomplete schedules may result in multiple penalties being issued at the discretion of the National Office. The National Office shall provide the official reporting form, and the report of top times shall be posted on the NCCAA website. This report is the official method to report times for qualifying for the National Championship.

The penalties for not reporting statistics or for being late are:
1. 1st offense: email or letter of notice of the violation.
2. 2nd offense: email or letter of warning of the violation.
3. 3rd offense: $100 fine paid within 30 days of the date of the invoice or before the National Championship, whichever comes first.
4. 4th offense: $250 fine paid within 30 days of the date of the invoice or before the National Championship, whichever comes first, a loss of postseason awards for the applicable athletes and/or team, the team shall become ineligible for statistical reports and ratings for the remainder of the season, and any further penalties at the discretion of the Administration Committee (e.g., ineligible for postseason play).

It is the responsibility of each institution to contact the National Office regarding any technical problems experienced in submitting weekly statistics. Proper communication can prevent team penalties.

C. Conversions are accepted using www.hillrunner.com, only for the 10K race for men and 6K race for women (no other conversions are accepted for this chart).

D. Rules for the Championship
1. Any individual runner who runs a time during the season in a collegiate race and whose time is equal to or faster than the set qualifying time shall be an "Automatic Qualifier" to the current year's National Championship. Any team who runs a team time in a collegiate race and has five or more individuals, whose team average is equal to or faster than the qualifying team time shall be an "Automatic Team Qualifier" to the current year's National Championship. Qualifying Times:

   Individual Women's (5K): 24:30
   Individual Men's (8K): 34:00

   Women's Team (5K): 2:05:00 (25:00 average)
   Men's Team (8K): 3:00:00 (36:00 average)
2. Any team that has three or four individuals hit the individual qualifying mark (but not the team time mark) can choose to participate as a team.
3. The Cross Country National Championship shall follow the NCAA Rule Book.
   a. The distance of the race shall be 5,000 meters for women.
   b. The distance of the race shall be 8,000 meters for men.
   c. Ties shall be broken by the NAIA/NCAA tie procedures.
   d. Guidelines for apparel should be consistent with those of the NCAA.
4. When the race is run with both Division I and Division II runners, it is important to distinguish them from each other. Therefore, bibs with a distinguishing color shall be worn on the front and the back by all Division II runners. It is expected that each coach will enforce this with his/her team. Members of the NCCAA or meet management shall do a check before the race to verify each team is in compliance with this expectation.

E. Frequency of Play and Practice Guidelines
Each sport in the NCCAA has 24 weeks between August 1 and May 15 to conduct practices and competitions. Each sport has a maximum and minimum number of contests in the regular season. Cross Country has a maximum of seven total meets. Each sport has a specified date to begin practice and to conduct their first contest. Cross Country's start date for practice is 17 days prior to the first allowable meet. The first allowable contest is the fourth Thursday in August. More details can be found in the Sport Policies and Procedures section of the NCCAA Handbook.

F. Rules Education
All coaches, new and returning, must complete an annual online rules education training program. For NCCAA-only members, this includes all paid and voluntary head, associate, assistant, and graduate assistant coaches. For dually affiliated members, this includes all head coaches. New coaches must complete the required training within the first 60 days of hire or prior to the coach's first competition, whichever is earlier. Returning coaches and staff members must complete the required training prior to the earliest start date for competition for any sport sponsored by the institution. More details can be found online at the NCCAA Member Help Center.

IV. GENERAL GUIDELINES FOR THE CHAMPIONSHIP

A. Administration – Site and Date Selections
1. It is recommended that the site and date of the Cross Country National Championship be determined two years in advance. The competition for the NCCAA Championship shall be one week prior to the NAIA Championship.
2. Both the site and date of the Cross Country National Championship shall be reviewed by the National Cross Country Committee and approved by the NCCAA National Office.
3. Site for the Cross Country National Championship must conform to all regulations outlined in the Approved Course section that follows.
4. Host institution shall receive an automatic bid.
5. National Championship Dates and Sites:

November 13, 2026	Tom Rutledge Cross Country Course, Joplin, MO
November 12, 2027	Tom Rutledge Cross Country Course, Joplin, MO
November 10, 2028	Tom Rutledge Cross Country Course, Joplin, MO
November 9, 2029	TBA
November 15, 2030	TBA

B. Qualifier Packet and Qualifier Call
The NCCAA Director of Championships, in concert with the Tournament Director of the National Championship and the National Sport Leadership, shall prepare a Qualifier Packet detailing key information about the championship event, such as lodging information, schedule, CSP, and other important information. The Qualifier Packet shall be made available on the NCCAA website and sent to each qualifier. Additionally, a mandatory Qualifier Call shall be scheduled once all teams have qualified and before teams travel to the championship site.

C. Required Functions to Attend
Teams that advance to the Cross Country National Championship are required to attend and participate in the National Championship Banquet/Worship Event, the Christian Service Project, the Coaches Meeting, and the Meet Race. Arriving late to the championship or not attending/participating in these required functions shall be considered failure to comply with its Declaration of Intent to Participate. The sanction for failure to comply with the Declaration of Intent to Participate is the sport being placed on Restrictive Probation for the following academic year with the potential for additional penalties up to all sports at that institution being placed on Restrictive Probation.

D. National Championship Housing
All teams are required to lodge in the hotel(s) designated by the host institution or city for this championship. Lodging at an unapproved location shall be considered failure to comply with its Declaration of Intent to Participate and shall result in loss of eligibility for championship travel reimbursement in addition to a fine of $1,000.

E. Banquet/Worship
The host institution must provide a banquet for this occasion or a worship gathering the night before the event.

F. Publicity
The host institution is responsible for the acquisition and release of local, regional, and national publicity. It shall be responsible for submitting the results to the National Office immediately following the National Championship.

G. Each coach must secure an information packet at the coaches' meeting (time and place to be determined by the host institution). Final scratches must be made at this time.
1. The women's race shall be 5,000 meters in length and shall start at 9:45 a.m. or 11:30 a.m. alternating each year with the men's race. (The women's race shall be early in odd numbered years.) Division I Women's Cross Country races are 9:00 a.m. and 10:45 a.m. alternating each year with the Division I men's race.
2. The Division II men's race shall be 8,000 meters in length and shall start at 11:30 a.m. or 9:45 a.m. alternating each year with the women's race. (The men's race shall be early in even numbered years.) Division I Men's Cross Country races are 9:00 a.m. and 10:45 a.m. alternating each year with the Division II women's race.
3. Times shall be called at designated meter marks or posted clocks indicating running times.
4. It is the responsibility of the host institution to devise the most accurate scoring procedure possible. All coaches must be informed in advance of the method to be used.
5. A one-command start shall be used, followed by the firing of the gun.
6. When the Division II race is run at the same time as the Division I race, the following shall apply:
    a. Division I and Division II's bibs shall be different colors to help decipher the separate divisions.
    b. Runners in the Division II Championship shall be given a bib for their front and an additional bib to wear on their back.
    c. Both divisions shall be separated at the starting line. Each division's box numbers shall be randomly ordered but grouped together.

H. Starting Position
Each institution's position at the starting shall be drawn by lot and announced at the coaches' meeting.

I. Scoring
1. Only those teams with five runners finishing shall have a team score recorded. The team score shall then be determined by totaling the points scored by the first five runners of each team to finish. The team scoring the least number of points shall be declared the winner.
2. Although the sixth and seventh runners of a team do not score points toward their team's total, their places, if better than those of any of the first five of an opposing team, serve to increase the team score of the opponents. If less than five finish, the places of all members of that team shall be disregarded.
3. In addition to the complete scoring, the Division II institutions shall be scored separately from Division I according to the same procedures.

4. Teams may register and race up to 10 student-athletes who are a part of the official party. All-American status shall be based on scoring finish rather than overall finish in the meet.

J. Expenses of the National Championship
   1. Each institution entering the National Championship shall cover its own expenses.
   2. The expenses of the National Championship shall be the responsibility of the host.
   3. Championship Reimbursement Policy: A Championship reimbursement fund called Future Generations shall reimburse member schools for championship expenses when teams qualify. The amounts and policy guidelines are listed in the Sports Policies and Procedures section of the Handbook.

K. Entries and Fees
   1. Entry fees shall be determined at the coaches' meeting for the following year. The entry fee is $200 per team (per gender) or $40 per individual (up to 4).
   2. Entries shall be submitted by Monday prior to the National Championship.
   3. Any late entries shall require a payment of a $50 penalty in addition to the entry fee in order to be eligible to compete.
   4. If a student-athlete shows up at the National Championship without proper entry, he/she shall be permitted to run only if:
      a. His/her eligibility can be confirmed by his/her Athletics Director prior to the championship.
      b. The $50 late entry fee is paid.

L. Travel Party and Squad size

   The official party is made up of Participants, defined as student-athletes, coaches, managers, athletic trainers, and any staff member who travels with a competing team.

   The official party for each team participating in NCCAA National Cross Country Championship competition is 17 individuals, which includes 14 student-athletes in uniform, three additional personnel (which can include coaches, managers, athletic trainers, sports information staff, additional student-athletes not in uniform, and/or other institutional personnel) to be used at the discretion of each participating institution.

   When a roster is submitted to the NCCAA National Office, it shall serve as the Official Roster for the National Championship competition.
   1. Each head coach can amend his/her roster with the NCCAA Director of Championships at the championship coaches meeting on site.
   2. Once the coaches' meeting is concluded, a team's roster shall be deemed certified, and no changes can be made for the duration of the championship.
   3. Once the championship begins, no runner may participate who is not on the official roster with no exceptions, including the event of injury, illness, or family emergency.
   4. Additional people (which can include coaches, managers, athletic trainers, sports information staff, additional student-athletes not in uniform, and/or other institutional personnel) must also be registered on the Official Roster to be permitted in the team only areas.
   5. Any additional university personnel above the travel and roster numbers need to be outside of official championships areas (e.g., race paths, starting area, etc.), and the university shall assume any additional cost associated with additional numbers to the travel party.

M. National Championship Christian Service Project (CSP)

   Each player and coach participating in the National Championship shall be asked to donate time with or items to members of an organization or school or a financial donation of $100 per team (per gender) to be given to a local ministry may be selected. The Tournament Director of the National Championship, in concert with the NCCAA Director of Championships, is responsible to secure the sites and set up the times for the visits.

N. National Championship Broadcasting

   The NCCAA owns exclusive rights for all broadcasts (television, webcast, radio, etc.). When the NCCAA produces a webcast, no institution or entity is allowed to produce a webcast. All institutions interested in producing a broadcast of any kind must first obtain written approval from the NCCAA Director of Communications. Approval is not guaranteed. More information, including rights fees, is found in the Sports Policies and Procedures section.

V. AWARDS

The NCCAA maintains a standardized awards program for all National Championships. Team, Individual National Champion, All-Americans, and National Coach of the Year awards are ordered and paid for by the National Office.

A. Men's and Women's (Division II) awards shall be presented as follows (see Awards section):
   1. Team championship banner and trophy for first place. For each individual on the championship team, a medallion and t-shirt.
   2. Team plaque for second, third, and fourth places.
   3. Coach of the Year plaque to the coach of the winning team.
   4. All-American awards to the top 10 individuals.

B. All Americans
All-American awards shall be presented to the top 10 individuals.

C. The Elvin and Joyce King Cross Country Award for Men and the Ray Bullock Cross Country Award for Women
These awards were established to enhance excellence in Christian cross country competition and to perpetuate the Christian philosophy and faith as exemplified through Christ-like cross country participation in NCCAA member institutions. Student-athletes must be nominated by the head coach, Athletics Director, or Sports Information Director (SID). Only one nominee allowed per institution per gender. See Appendix A for procedures and nomination form due October 25 to the National Office.

The recipient shall be encouraged to be present at the banquet/worship event. The National Office shall contribute up to $250 toward travel expenses.

The recipients of the Elvin and Joyce King Award and Ray Bullock Award shall subsequently be nominees for the year-end NCCAA GP4L Student-Athlete Character Award. It is encouraged that one letter of recommendation from an Athletic Director, opponent coach, or member of the institution faculty or staff be included with the nomination.

D. Scholar-Athlete Award
The purpose of the Scholar-Athlete Award is to recognize outstanding scholar-athletes among NCCAA member institutions, emphasize the place of academics in our national organization, and publicize and promote the NCCAA by recognizing institutions individually and collectively through this medium.
   1. Criteria for nomination
      a. Be of junior, senior, or graduate student academic standing making normal progress toward a degree.
      b. Have completed at least one term (semester or quarter) at the nominating institution.
      c. Be a competing student-athlete in the sport for which nominated.
      d. Have maintained a minimum cumulative grade point average of 3.40 on a 4.00 scale at the nominating institution. Transfer students must have a cumulative grade point average of 3.40 on a 4.00 scale based on all grades at all institutions attended, regardless of whether a course grade is accepted at the nominating institution. GPA cannot be rounded up.
   2. Procedure for nomination
      The nominating institution must submit a completed nomination form on Teamworks to the National Office four weeks prior to the National Championship. The institution's registrar's office or compliance officer must verify the nominee's GPA on the Teamworks form with a signature. Forms shall not be complete until signatures are acquired.

E. Scholar Team Award
The purpose of the Scholar Team Award is to honor NCCAA athletic teams that demonstrate academic success in the classroom, emphasize the importance of academics within our national organization, and promote individual student-athlete scholarship on the team.
   1. Criteria for nomination
      a. An institution must be a current NCCAA member in good standing. The team must be a varsity team.
      b. Have a minimum grade point average (GPA) of 3.40 on a 4.00 scale. Please do NOT round up to 3.4 or 3.40.
      c. Fall teams use fall term(s) GPA's only and spring teams use spring term(s) GPA's only.
      d. Teams that overlap terms and have countable games or matches in each term must use GPA's from all terms in which the sport participates. (Note: tennis is a spring only sport, golf is a fall only sport.)
      e. Include all varsity student-athletes who competed in the sport with the institution for any portion of the academic year.

f. Meet the minimum number or greater on the team as the number of student-athletes required to field a team in the sport to be recognized. (Note: track and field minimum is eight student-athletes.)

2. Nomination and Selection process
   a. The NCCAA Scholar Team Award Nomination Form must be completed on Teamworks and sent to the NCCAA National Office by January 31 for all eligible fall sports and May 31 for all eligible winter/spring sports of each academic year.
   b. The institution's registrar's office or compliance officer must verify the nominee's GPA on the Teamworks form with a signature. Forms shall not be complete until signatures are acquired.

F. NCCAA Student-Athlete of the Week
The NCCAA Student-Athlete of the Week award shall be given to one male and one female student-athlete during the cross country regular season, chosen from the list of nominees submitted by institutions. Only one student-athlete per school per award may be nominated. See the full procedures and instructions in the Forms & Procedures section of the handbook.

VI. OFFICIALS

A. The host institution shall be responsible for securing all National Championship officials. A suggested staff is: Tournament Director of the National Championship, referee, clerk of the course, judges, starter, course inspectors, timers, scorers, chute controllers, and announcer.

B. The host institution may deem any other necessary officials.

C. In the event of a protest, the National Cross Country Championship Committee shall convene with the starter and finish judge to evaluate circumstances and determine the appropriate outcome. In the event of a conflict of interest, see procedures listed above in the General Administration section.

VII. APPROVED COURSE

A. Other championship meets (NAIA, NCAA, large invitational, etc.) must have been contested on the same course (same distance) prior to bidding for the National Championship.

B. The course must be wide enough to provide safety for the runners, and it must have a long straight away at the start as well as at the finish.

C. The course should have a minimal amount of paved surfaces.

D. The host institution must have verifiable traffic control for all public roads.

VIII. MISCELLANEOUS

A. NCCAA Certified Athletic Trainer Policy
Certified Athletic Trainers (ATC) are required at each hosted NCCAA Member home event, NCCAA Regional Championship, and National Championship. For hosted contest in cross country, and golf, institutions may have a trainer able to respond within three to five minutes. The ATC must be certified by the National Athletic Trainers' Association Board of Certification (NATABOC), or an equivalent affiliation, and maintain a current license in the state of practice. Please reference the policy in the Sports Policies and Procedures section.

B. Code of Conduct
Conduct in competition policy found in Infractions and Penalties section IV.A. shall be followed by all NCCAA-only institutions during regular season and postseason competition. It shall be followed by all NCCAA institutions for Regional and National Championship competition. Any coach or student-athlete ejected from play shall be subject to penalties found in this policy. It is the responsibility of the offending institution to provide a report to the NCCAA Director of Membership and its Regional Coordinator within 48 hours of the incident. Please see the Infractions and Penalties section noted above for more details related to the Conduct in Competition Policy.

C. National Handbook Proposal Process
Should changes to a sport specific section or the Sports Policies and Procedures section of the NCCAA Handbook be desired, the following process shall be followed:

1. Coaching group may propose changes to their sport handbook.
2. Coaching group votes to present proposal(s) to the appropriate committee within the National Administrative Council (NAC), if needed, or directly to the Administration Committee, as determined with the Director of Membership.
3. The appropriate committee within NAC votes whether to advance it to the Administration Committee who then votes to accept or reject the proposal.
4. Proposals for change may also come from regions and subcommittees of the Administration Committee, such as the National Administrative Council (Sports Information Committee, Competition Experience Committee, and Regional Experience Committee), Eligibility Committee, or Handbook Committee.
5. All proposals must come in written form and identify which section of handbook is being addressed.
6. All proposals must have a vote of support.
7. All proposals must be submitted for consideration to the Administration Committee by May 1 for possible inclusion for the upcoming academic year. If the proposal requires review of a committee within NAC, it must be submitted by March 15.

Appendix A
Cross Country Awards
King and Bullock Awards for Division II

I. SPONSORSHIP

A. The Elvin and Joyce King Cross Country Award, for men, was named in honor of Elvin and Joyce King who were instrumental in the development and growth of both cross country and track & field within the NCCAA. Elvin served as Meet Director and National Sport Chair in each sport for many years, while Joyce was the point person administratively for the championship meets. Elvin's teams won 9 NCCAA Cross Country National Championships, and he was named NCCAA Coach of the Year 8 times. Elvin and Joyce served alongside each other for over 40 years at Cedarville University and worked tirelessly to make an impact for Christ. The NCCAA is proud to present this award in recognition of Elvin and Joyce King's legacy of service.

B. The Ray Bullock Cross Country Award, for women, was named in honor of Dr. Ray Bullock, who for many years has dedicated himself to the development of cross country as a sport in general, but as a ministry within the NCCAA. He has impacted the lives of countless student-athletes and coaches through his efforts.

II. PURPOSE OF THE AWARDS

These awards were established in order to enhance excellence in Christian cross country competition and to perpetuate the Christian philosophy and faith as exemplified through Christ-like cross country participation in NCCAA member institutions.

III. SELECTION PROCEDURE AND COMMITTEE

A. Student-Athletes must be nominated by their head coach, Athletics Director, or Sports Information Director (SID) on the Cross Country Award Nomination Form which is to be sent with national entry materials. Completed forms must be submitted to the National Office by October 25. Only one nominee allowed per institution per gender.

B. Final selection shall be made prior to the National Championship by a selection committee comprised of the National Chair, National Vice-Chair, the namesake of the award (if they so choose), and a representative of the National Office. It is the responsibility of each committee member to recuse themselves from the vote and find a replacement voter if they have a direct bias toward a nominee. If there are three or more nominees, voters shall rank their top three with points allocated to athletes from highest to lowest (e.g., top athlete receives three points, second two, third one). All ties in voting shall be broken by the National Chair (or National Vice-Chair or his/her appointee pending recusals).

C. The recipient of the King and Bullock awards shall subsequently be a nominee for the year-end NCCAA GP4L Student-Athlete Character Award. It is encouraged that one letter of recommendation from an Athletic Director, opponent coach, or member of the institution faculty or staff be included with the nomination.

D. Presentation of the awards shall be made at the Cross Country National Championship during the awards banquet by the donor, when possible, or the National Cross Country Chair.

IV. RECIPIENT QUALIFICATIONS

Recipients of this award must:

1. Have a clear Christian testimony both on and off the course, including Christian service activities.
2. Be an excellent/highly skilled student-athlete.
3. Be a junior, senior, or graduate student academically and a varsity team member.
4. Demonstrate leadership ability.
5. Possess a cumulative GPA of 3.00 or higher on a 4.00 scale.

V. AWARD

An award descriptive of the honor shall be given to each recipient.

continued

Appendix A, Page Two
The King (Men) & Bullock (Women) Cross Country II Award Nomination Form
Game Plan 4 LIFE Award Series

Student-Athlete's Name First _____ Last _____

Student-Athlete's Hometown and State _____ Year: ___JR ___SR ___G

Institution _____ Coach _____

Christian Character
Describe student-athlete's faith story and character on/off the course.

_____

_____

_____

Christian Service
List student-athlete's specific activities in Christian service and outreach.

_____

_____

_____

Current Season Fastest Time (Date_____)

_____	_____	_____	_____	_____
Time	Distance	Finish (e.g., 1st)	Location	City/State

Current Season Best Finish (Date_____)

_____	_____	_____	_____	_____
Time	Distance	Finish (e.g., 1st)	Location	City/State

Career Fastest Time (Date_____)

_____	_____	_____	_____	_____
Time	Distance	Finish (e.g., 1st)	Location	City/State

Career Best Finish (Date_____)

_____	_____	_____	_____	_____
Time	Distance	Finish (e.g., 1st)	Location	City/State

Other Results Notes (Events won, top 5 finishes, career summary, etc.)

_____

_____

_____

continued

SAMPLE

Appendix A, Page Three
Cross Country II Awards

Athletic Honors Received (Individual and/or Team)
List athletic awards/honors from the institution, conference, regional, and national level)

_____

_____

_____

Academic Honors Received (Major _____ GPA _____)
List academic honors.

_____

_____

_____

Leadership
Describe student-athlete's leadership characteristics and qualities.

_____

_____

_____

_____

Additional Comments
Share any other information on why student-athlete is deserving of this award.

_____

_____

_____

Required with Nomination Form
- High resolution headshot AND action photo of student-athlete

Nominee Eligibility Requirements
- Have a clear Christian testimony both on and off the course, including Christian service activities.
- Be an excellent/highly skilled student-athlete.
- Be a junior, senior, or graduate student academically and a varsity team member.
- Demonstrate leadership ability.
- Possess a cumulative GPA of 3.00 or higher on a 4.00 scale.

I attest that the nominee meets the eligibility requirements and nomination data is accurate.

_____ _____
Nominator Signature (Coach, SID, or AD) Date

Due by October 25 to jcampbell@thenccaa.org.

SAMPLE