



2020-21 Women's Gymnastics Rules Waivers due to COVID-19

Due to challenges resulting from COVID-19, playing rules waivers for several sports have been granted for the 2020-21 winter season. The playing rules waivers are consistent with the guidance included in the previously published NCAA Resocialization of Collegiate Sport documents. In this regard, the NCAA playing rules committees and staff will continue to monitor any additional developments and make adjustments as appropriate.

<u>Rule</u>	<u>Waivers</u>
Women's Gymnastics Mod. Appendix VIII 3.1.a	Reduce the open stretch period from 30-minutes to 20-minutes, prior to the standard 15-minute event warm-up period. Rationale: Help mitigate the spread of germs by reducing the opportunity for athletes from different teams to interact during the open stretch time.