



**2021 WOMEN'S
NATIONAL COLLEGIATE
GYMNASTICS
CHAMPIONSHIPS**

FORT WORTH, TX • *Texas Woman's University
and Knight Eady, Hosts*

***PARTICIPANT
2020-21 MANUAL***

Finals

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SECTION 1 – INTRODUCTION

Congratulations on your advancement to the 2021 National Collegiate Women's Gymnastics Championships! This annual championship event occurs April 16-17 at Dickies Arena in Fort Worth, Texas, hosted by Texas Woman's University, Fort Worth Sports, and Knight Eady.

As your team/individual competitors prepare for the championships in Fort Worth, this manual will be a helpful guide to the policies and procedures governing the administration and conduct of this championship. Further, this manual will provide specific information on hotel arrangements, practice sessions, travel, tickets, schedule of events, etc.

This outstanding championship opportunity is only superseded by the amazing talents and accomplishments of each of the student-athletes who have qualified. Similar to your coaching approach, we understand that thorough preparation is the key to success – that is why we are excited about the upcoming championships. Good luck and we will see you in Fort Worth!

SECTION 2 – NCAA STAFF/COMMITTEE

NCAA WOMEN'S GYMNASTICS COMMITTEE

<u>Region 1 (Central)</u> Erin Kido Senior Associate Athletics Director/SWA Eastern Michigan University Email: ekido@emich.edu	<u>Region 2 (North Central)</u> Kasey Crawford Head Women's Gymnastics Coach University of Wisconsin-La Crosse Email: kcrawford@uwlax.edu
<u>Region 2 (North Central)</u> Guard Young Head Women's Gymnastics Coach Brigham Young University Email: guard_young@byu.edu	<u>Region 3 (Northeast)</u> Jessica Chrabaszcz, chair Associate Athletics Director Yale University Email: jessica.chrabaszcz@yale.edu
<u>Region 4 (South Central)</u> Cindy Harris Senior Associate Athletics Director Illinois State University Email: caharri@ilstu.edu	<u>Region 5 (Southeast)</u> Jenny Rowland Head Women's Gymnastics Coach University of Florida Email: jennyr@gators.ufl.edu
<u>Region 6 (West)</u> Randy Solorio Head Women's Gymnastics Coach California State University, Sacramento Email: rsolorio@skymail.csus.edu	

NCAA STAFF

<p>Morgan DeSpain Assistant Director, Championships and Alliances Office: 317-917-6505 Cell: 317-292-8013 Email: mdespain@ncaa.org</p>	<p>Phil Pierce Assistant Director, Championships and Alliances <i>Media Coordination and Statistics</i> Office: 317-917-6976 Cell: 317-263-4475 Email: ppierce@ncaa.org</p>
<p>David Lovell (signage) Associate Director, Championships and Alliances <i>Branding and Fan Experience</i> Office: 317-917-6835 Cell: 317-379-3710 Email: dlovell@ncaa.org</p>	<p>Allie Gallmeyer Championships and Alliances <i>Marketing & Ticketing</i> Office: 317-917-6341 Cell: 260-414-0848 Email: agallmeyer@ncaa.org</p>
<p>Natalie Steger Associate Director, Championships and Alliances <i>Broadcast</i> Office: 317-917-6690 Cell: 317-966-6450 Email: nsteger@ncaa.org</p>	<p>Michael Gett (in-venue presentation) Coordinator, Championships and Alliances <i>Branding and Fan Experience</i> Office: 317-917-6335 Cell: 317-410-7463 Email: mgett@ncaa.org</p>
<p>Victor Hill Associate Director, External Operations Phone: 317-917-6849 Cell: 317-614-5606 Email: vhill@ncaa.org</p>	<p>Zach Christopher Coordinator, Championships and Alliances Office: 317-917-6112 Cell: 317-319-8740 Email: zchristopher@ncaa.org</p>

SECTION 3 – CHAMPIONSHIP HOST CONTACTS

<p><u>Tournament Director</u> Michael McGreevey Vice President for Event Operations, Knight Eady Cell: 205-960-5493 Email: mcgreevey@knighteady.com</p>	<p><u>Host City</u> Jason Sands Director of Sports Marketing, Visit Fort Worth Office: 817-698-7827 Cell: 817-223-0706 Email: jasonsands@fortworth.com</p>
<p><u>Host Institution</u> Santee Mott Director of Athletics, TWU Office: 940-898-2378 Cell: 940-999-0171 Email: smott3@mail.twu.edu</p>	<p><u>Sports Information</u> Paul Smith Assistant AD for Communications, TWU Office: 940-898-2373 Cell: 940-367-7762 Email: psmith16@twu.edu</p>

<u>Tournament Athletic Trainer</u> Kris Ring, MS, ATC, LAT Head Athletic Trainer Office: 940-898-2593 Cell: 817-917-1059 Email: kring@twu.edu	<u>Host Ticket Manager</u> Daniel Smith Director of Events, Knight Eady Cell: 205-616-2285 Email: daniel@knighteady.com
<u>Arena Ticket Manager</u> Brandy Humphrey Box Office Manager, Dickies Arena Phone: 817-402-9071 Cell: 206-819-3713 Email: bhumphrey@dickiesarena.com	<u>Arena Event Manager</u> Stephanie Myers Event Manager, Dickies Arena Office: 817-402-9062 Cell: 214-675-4601 Email: smyers@dickiesarena.com

SECTION 4 – CHECKLIST

Championship Selection & Information		
Sunday, April 4	REVIEW NCAA PARTICIPANT MEMORANDUM The NCAA National Office will provide the final participating teams, all-around and individual event specialists the final championship site memorandum including, but not limited to: hotel assignments, travel information, competitive rotation, etc.	
Deadline	Item	Completed
Monday, April 6	1. Participant teleconference (MANDATORY PARTICIPATION) – Noon Eastern time. Call-in number in advancement email.	
Tuesday, April 7 Noon Eastern	2. Ticket Information Form (APPENDIX H) due to Daniel Smith at daniel@knighteady.com and Allie Gallmeyer: agallmeyer@ncaa.org . 3. Team contact information, entry form, and march-in form and due through https://go.planningpoint.net/Registration/2021WGYM . 4. Upload materials to FTP site.	
Wednesday, April 8	5. Elite 90 submission - 5 p.m. Eastern time. 6. Rooming lists due to the assigned hotel - 6 p.m. Eastern time.	

SECTION 5 – TELECONFERENCE

A mandatory teleconference will be held at noon Eastern time, Tuesday, April 6 to discuss items relevant to the championships. This call will include the tournament director, NCAA staff, participating head coaches and administrators (teams, AA and IES), committee chair and meet referee. The committee chair will lead this call along with the tournament director and NCAA staff. The purpose of the teleconference is to discuss pertinent information about the championships.

SECTION 6 – SCHEDULE OF EVENTS

TUESDAY, APRIL 6

11 a.m.	2021 Participant Call	Teleconference
1:00 p.m.	Athletic Training Staff Meeting	Virtual

MONDAY, APRIL 12

11 a.m.	Administrative Meeting	Teleconference
12 p.m.	SID Meeting	Virtual
1 p.m.	Photographer meeting	Virtual

TUESDAY, APRIL 13

All Day	Teams/Individuals Arrive	Fort Worth
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WEDNESDAY, APRIL 14

8 a.m. – 5 p.m.	Testing of travel party	Omni Hotel Fort Worth
All Day	Team Packet/Athlete Gift Pickup	Omni Hotel Fort Worth
6:00 p.m.	Coaches equipment Check	Dickies Arena (Floor)

THURSDAY, APRIL 15

9:30 a.m. – 4:30 p.m.	Athletic Training Rooms Open	Dickies Arena
11 a.m. – 12:48 a.m.	Practice Session I	Dickies Arena
1 p.m.	Player-Guest Tickets Due	
1:30 – 3:18 p.m.	Practice Session II	Dickies Arena
3:30 – 7 p.m.	Testing of travel party (competing in Semifinal 1)	Omni Hotel Fort Worth

FRIDAY, APRIL 16

8 a.m. – 1:30 p.m.	Testing of travel party (competing in Semifinal 2)	Omni Hotel Fort Worth
8 a.m. – 11 p.m.	Athletic Training Rooms Open	Dickies Arena
10 – 11:28 a.m.	Warm-up Begins - Semifinal 1	Dickies Arena
11:00 a.m.	Doors Open to Public	Dickies Arena
Noon	Team Semifinal and IES/AA Final 1 (ESPN2)	Dickies Arena
Following competition	Press Conferences (Virtual)	Dickies Arena
3 – 4:28 p.m.	Warm-up Begins - Semifinal 2	Dickies Arena
4:00 p.m.	Doors open to Public	Dickies Arena
5 p.m.	Team Semifinal and IES/AA Final 2 (ESPN2)	Dickies Arena
Following competition	All-Around and Ind. Event Awards Ceremony	Dickies Arena
Following competition	Press Conferences (Virtual)	Dickies Arena
After press conferences	Confirm Advancing Teams	Dickies Arena

SATURDAY, APRIL 17

8 – 11 a.m.	Testing of travel party (if necessary)	Omni Hotel Fort Worth
10:30 a.m. – 5:00 p.m.	Athletic Training Rooms Open	Dickies Arena
12:30 – 1:58 p.m.	Warm-up – Team Finals	Dickies Arena
1:30 p.m.	Team Finals – Doors Open	Dickies Arena
2:30 p.m.	Team Final Begins (ABC)	Dickies Arena
Following competition	Awards Ceremony	Dickies Arena
Following awards	Virtual Press Conferences	Dickies Arena

* All times are Fort Worth, TX local (Central).

SECTION 7 – COMPETITION SCHEDULE*

*Slight adjustments may be necessary but will be announced in the administrative meeting.

Olympic order will be followed: Vault — Bars — Beam — Floor

FRIDAY, APRIL 16 – SEMIFINALS AND AA/IES FINALS

Open Stretch	10 – 10:20 a.m.	3 – 3:20 p.m.
Transition	10:20 – 10:22 a.m.	3:20 – 3:22 p.m.
Warm-up Rotation 1	10:22 – 10:37 a.m.	3:22 – 3:37 p.m.
Transition	10:37 – 10:39 a.m.	3:37 – 3:39 p.m.
Warm-up Rotation 2	10:39 – 10:54 a.m.	3:39 – 3:54 p.m.
Transition	10:54 – 10:56 a.m.	3:54 – 3:56 p.m.
Warm-up Rotation 3	10:56 – 11:11 a.m.	3:56 – 4:11 p.m.
Transition	11:11 – 11:13 a.m.	4:11 – 4:13 p.m.
Warm-up Rotation 4	11:13 – 11:28 a.m.	4:13 – 4:28 p.m.
Clear Floor	11:28 p.m.	4:28 p.m.
Lineup	11:40 p.m.	4:40 p.m.
March-in/Intros/National Anthem	11:48 a.m.	4:48 p.m.
Transition to 1st event	11:59 a.m.	4:59 p.m.
Touch warm-up	12:01:30 p.m.	5:01:30 p.m.
Competition Begins	12:06 p.m.	5:06 p.m.

SATURDAY, APRIL 17 – CHAMPIONSHIP FINAL

Open Stretch	12 – 12:20 p.m.
Transition	12:20 – 12:22 p.m.
Warm-up Rotation 1	12:22 – 12:37 p.m.
Transition	12:37 – 12:39 p.m.
Warm-up Rotation 2	12:39 – 12:54 p.m.
Transition	12:54 – 12:56 p.m.
Warm-up Rotation 3	12:56 – 1:11 p.m.
Transition	1:11 – 1:13 p.m.
Warm-up Rotation 4	1:13 – 1:28 p.m.
Clear Floor	1:28 p.m.
Lineup	1:40 p.m.
March-in/Team Intros/National Anthem	1:48 p.m.
Transition to 1st event	1:59 p.m.
Touch warm-up	2:32 p.m.
Competition Begins	2:36 p.m.

SECTION 8 – CHAMPIONSHIP OPERATIONS

ADMINISTRATIVE MEETINGS

Monday, April 12 at 11:00 a.m. (CT)

A mandatory meeting of the head coaches and institutional administrators of the competing teams, all head coaches of individual competitors, the championship administrator, NCAA Women's Gymnastics Committee and meet referee will be held at 11 a.m. virtually.

At this meeting the women's gymnastics committee chair, championship director, meet referee and ESPN representatives will review meet format, march-ins, meet procedures, etc. Also, at this time, each team will be required to submit tentative lineups (Appendix C). Teams competing at the national championships are required to be represented at meetings, practices and throughout the competition by a designated administrator, other than a coach or sports information director. Institutions of all-around or individual-event qualifiers are not required to have an administrator present.

CHAMPIONSHIP BANQUET

Staying consistent with protocols in place for all NCAA Championships during the 2020-2021 academic year, a championship banquet will not be held for the 2021 National Collegiate Women's Gymnastics Championships.

LOCKER ROOMS

Four team locker rooms will be available in the arena for teams, and separate spaces will be designated for all-around and individual event specialists. The locker room area is detailed on Appendix F, but signs with team/individual competitors' names will also be posted on the assigned locker room door. Locker room capacity will be limited due to COVID-19 protocol.

Team 1/Team 2	Locker room 1 (Home Locker Room)
Team 3/Team 4	Locker room 2 (Visiting Locker Room)
Team 5/Team 6	Locker room 3 (Auxiliary Locker Room #3)
Team 7/Team 8	Locker room 4 (Auxiliary Locker Room #4)
IES/All-Around Competitors	IES/AA Locker Room (Performer's Locker Rooms #1- #4 and Auxiliary Locker Room #3)

Additionally, two (2) locker rooms will be provided for coaches with male coaching staff members in the Officials' Locker Rooms and female coaches can utilize Auxiliary Locker Room #2.

For Thursday's practice sessions, the schedule is as follows:

9:30 a.m.	Assigned locker rooms available for those competing in Practice Session I
11 a.m.	Practice Session I begins. Teams must clear locker rooms and carry bags to the arena floor with space on the South end of the floor near the beam.
12:48 p.m.	Practice Session I ends and all post-practice activities in available arena space and main training room.
12 p.m.	Assigned locker rooms available for those competing in Practice Session II
1:30 p.m.	Practice Session II begins.
3:18 p.m.	Practice Session II ends and all post-practice activities in available arena space and main training room.

For Friday's semifinals, the schedule is as follows:

8:30 a.m. Assigned locker rooms available for those competing in Semifinal I
10:00 a.m. Warm-up begins (Semifinal I participants)
11:40 a.m. March-in
12:06 p.m. Competition begins

2:30 p.m.* Assigned locker rooms available for those competing in Semifinal II
3:00 p.m. Warm-up begins (Semifinal II participants)
4:40 p.m. March-in
5:06 p.m. Competition begins

*The turnaround time for locker rooms on Friday will be very tight due to the competition schedule. Cooperation from all coaches and participants is requested to ensure a smooth transition of locker rooms between the two semifinals on Friday.

On Saturday, locker rooms will be available for all four participating teams at 11:00 a.m.

COMPETITION DRAW AND ROTATION (provided separately by NCAA)

Each semifinal will include four teams, two all-arounders and eight individual event specialists. The last competitor will be the all-arounder unless an individual event specialist is also competing. If injuries or scratches result in a team having fewer than five gymnasts in an event, it still shall compete as a team with a zero being included for each missing score.

Competition Draw. A random draw for placement into each semifinal as well as the competition rotation will be conducted at the NCAA national office.

Team. The top two teams from each of the four regionals advance to semifinal competition. A random draw will be conducted to determine event rotation.

All-Around. The all-arounder with the highest score from regionals will rotate with the team with the highest score from regionals. The second-highest all-around qualifier will be paired with the team with the second-highest score, and so forth.

Individual Event Specialists. Event specialists will compete after the all-around qualifier and be placed into a semifinal and rotation based on committee discretion in order to maintain a balanced number of routines in each semifinal.

The Women's Gymnastics Committee conducted the following random draw for placement into **semifinal** competition at its annual meeting.

EVENT	TEAM
Vault	Second-place teams from regions with seeds 1 and 2
Bars	Winners from regions with seeds 1 and 2
Beam	Winners from regions with seeds 4 and 3
Floor	Second-place teams from regions with seeds 4 and 3

The Women's Gymnastics Committee conducted the following random draw for **Championship Final** competition at its annual meeting:

EVENT	TEAM
Vault	Semi #2, Team 1
Bars	Semi #2, Team 2
Beam	Semi #1, Team 2
Floor	Semi #1, Team 1

CORRAL AND PODIUM PROTOCOL

All gymnasts, coaches and team personnel shall be in the designated corral from the end of the timed warm-up to the completion of the competitive rotation.

Teams should remain in the apparatus warm-up area of the current event until announced. They may use the designated warm-up area at that event to prepare for the next rotation.

On Saturday, competing team corrals will be limited to 20 individuals. On Friday, corral protocol will be the following:

- Competing teams rotating may have 13 individuals in the corral (up to institution on determining).
 - There will be designated areas outside the corral on the floor for the head coach, two mat movers and athletic trainer.
 - Assistant coach can serve as a safety spotter, when needed, and can be outside the corral.
 - All others in the tested party must be in back of house area or in the Tier 1 seating area in the stands.
- Individual competitors who are competing on that event have their head coach, assistant coach, and athletic trainer.
 - If multiple student-athletes qualify from one institution, all the student-athletes will be permitted in the corral and the staff will be in designated areas on the floor.
- If there are fewer than 20 individuals in the corral after all team and individuals are accounted for, the team in that corral may use the remaining spots. The corral cannot exceed 20 individuals.

Teams and individual competitors are required to take their personal belongings with them as they move from corral to corral.

The intent of the podium is to showcase the competing student-athletes. All participants must conduct themselves in a fair and sportsmanlike manner at all times during the competition as outlined in Appendix D.

COACHES (ATHLETIC TRAINING PERSONNEL) VIEWING BOXES

Designated viewing boxes will be established outside the team corrals (maximum of two per event) for coaches to watch their student-athletes compete. The designated viewing areas will be placed throughout the competition floor as to not impede meet operations or the safety of the student-athletes.

One athletic trainer per competing institution will be permitted in a designated area in close proximity to the vault landing area in instances where the vault corral is located at the beginning of the vault runway. The athletic trainer is there to observe and must refrain from engaging in any communication and/or cheering with the student-athlete, coach or other team personnel while in the vault landing area.

PRACTICES

All practices will be held at Dickies Arena. Two practice sessions, lasting one hour and 48 minutes, will be conducted (20 minutes for stretching and 20 minutes per event). A team's practice session will be determined by its competition session and starting event as follows. All-around **and** individual event competitors will practice with their assigned team.

<u>Competition Draw</u> <i>(Semifinal & starting event)</i>	<u>Practice Session</u>	<u>Practice Starting Event</u>
Semifinal 1 Vault	Session 1	Vault
Semifinal 1 Bars	Session 1	Bars
Semifinal 1 Beam	Session 1	Beam
Semifinal 1 Floor	Session 1	Floor
Semifinal 2 Vault	Session 2	Vault
Semifinal 2 Bars	Session 2	Bars
Semifinal 2 Beam	Session 2	Beam
Semifinal 2 Floor	Session 2	Floor

Practice times for each session are indicated below:

<i>Rotation</i>	<i>Practice Session I</i>	<i>Practice Session II</i>
<i>Timeframe</i>	11 a.m. – 12:48 p.m.	1:30 – 3:18 p.m.
<i>Open Stretch</i>	11 – 11:20 a.m.	1:30 – 1:50 p.m.
<i>Transition</i>	11:20 – 11:22 a.m.	1:50 – 1:52 p.m.
<i>One</i>	11:22 – 11:42 a.m.	1:52 – 2:12 p.m.
<i>Transition</i>	11:42 – 11:44 a.m.	2:12 – 2:14 p.m.
<i>Two</i>	11:44 a.m. – 12:04 p.m.	2:14 – 2:34 p.m.
<i>Transition</i>	12:04 – 12:06 p.m.	2:34 – 2:36 p.m.
<i>Three</i>	12:06 – 12:26 p.m.	2:36 – 2:56 p.m.
<i>Transition</i>	12:26 – 12:28 p.m.	2:56 – 2:58 p.m.
<i>Four</i>	12:28 – 12:48 p.m.	2:58 – 3:18 p.m.

Teams and individuals must stay within their respective rotation orders and time periods. Teams/individuals should rotate to different corrals on practice day and take their belongings with them. Judges assigned to the competition may not attend practices.

Unlike in years past, in 2021, the team practices shall not be open to the public and media on Thursday.

OPEN STRETCH

Teams/individual competitors will use the matting surrounding the first event for open stretch. On competition day, the floor exercise mat will be used by the team/competitors that begin on floor. For semifinals, all-arounders or event specialists may also use the floor for open stretch. There are no restrictions on flight or inverted skills for the duration of the open stretch. Gymnasts warming up on vault, bars and beam may use the apparatus for stretching purposes without

mounting the equipment. On bars, the low bar may be raised or removed; the high bar may not be used.

TWO-MINUTE TRANSITIONS

Teams will have two minutes to transition to each event. The transition will begin after the march-in ceremony. During this transition, teams are allowed access to the vault runway, bouncing on floor (no inverted skills), and access to the matting surrounding bars and beam. No touching or mounting of equipment during the two minutes.

TIMED WARM UPS (TIME ALLOTMENTS)

Each warm-up rotation will be 15 minutes. Each team (plus all-around competitor and event specialist) will begin the warm-up session on the same event on which it begins the competitive rotation and will follow Olympic order. If an event specialist is rotating with a team, an additional two minutes will be added to the 15-minute warm-ups (total 17 minutes).

If team(s) have completed their warm-up(s) before the 3:15 segment expires, then the AA or IES may begin her allotted warm-up time. The 15-minute warm-up for bars and beam will be split to guarantee warm-up time for the all-around competitor. If an event specialist is rotating with the group, she will follow the all-around competitor.

Timing at beam and bars will begin once the first student-athlete touches the apparatus. Any team (or individual competitor) not using the full allotted time segment (3:15 (:30) on bars); 6:25 (1:05) on beam) may carry over a maximum of 15 seconds (calculated in five-second increments) to the next warm-up time segment (maximum four segments for bars and two for beam). Likewise, any overtime will be deducted from the next warm-up segment in five-second increments. If a team has completed its warm-up before the 3:15 segment on bars or the 6:25 segment on beam expires, then the AA or IES may begin her allotted warm-up time. Time required to adjust the bars between team and individual event specialist/all-around competitor as well as the time required to prepare the balance beam area is not included in the timed warm-up. This will be followed on the official practice day, as well as for warm-up on the day of competition.

Bars	Beam
Team = 3:15 AA/Event Specialist = :30	Team = 6:25 AA/Event Specialist = 1:05
Team = 3:15 AA/Event Specialist = :30	Team = 6:25 AA/Event Specialist = 1:05
Team = 3:15 AA/Event Specialist = :30	
Team = 3:15 AA/Event Specialist = :30	

In semifinals, if a team does not have an all-arounder or event specialist on bars or beam, then they will receive a 13-minute warm-up on bars and 12:50 warm-up on beam.

MARCH-IN

Teams will be introduced in competitive order (vault, bars, beam, floor exercise). Gymnasts on each team (followed by the name of the head coach) will be introduced during the march-in (shortest to tallest) followed by the all-around competitor, and then any event specialists assigned to rotate with the team. For 2021, teams and individual competitors shall proceed directly to their first event as opposed to gathering together on the floor exercise.

TOUCH WARM-UP

During NCAA postseason competition, as competitors arrive at each event for competition there will be a 4:00 touch warm-up on each event. At the NCAA regionals and national championships, 0:30 will be added for each all-around and individual competitor. All participants on each event may use the entire touch warm-up time and all warm-ups will begin at the same time, regardless of duration. At the NCAA regionals and national championships, the two-minute transition between events will begin at the conclusion of the march-in ceremony, when all teams reach their respective corrals. After each rotation and the initial score is flashed, the PA announcer will announce the beginning of the two-minute transition period. This protocol is also recommended for regular season. For the NCAA regionals and national championships, the 2:00 transition will be announced and any adjustments may be made to extend the time, as necessary, for an orderly processional between events. [Note: During the competition, all participants and coaches must remain in uniform and on the competition floor (or in team seating) until the completion of the awards ceremony.]

LINEUP/SCRATCHES

A written official team lineup must be submitted to the NCAA scoring coordinator (Mary Young, maryyoung@juno.com) via email prior to the start of the mandatory administrative meeting and again 90 minutes before the start of the competition. The lineup may be changed before the competition, but is requested in advance for media and administrative purposes. Scratches for individual event finals must be made to the women's gymnastics committee chair or meet referee in writing by the head coach.

During open stretch on competition day, the official scorer shall print the lineup entered into the ScoreKeeper system. The head coach shall review the official lineup against the one submitted at the administrative meeting for accuracy. Once verified or corrected, the head coach shall initial the official lineup. Members of the women's gymnastics committee will assist with the verification process.

Failure to submit lineup form on time as outlined above is subject to a deduction.

SUBSTITUTIONS

Before the start of an event, changes to the lineup may be made by notifying the NCAA scoring coordinator, who will notify the scoring table personnel, meet referee and chief judge at the event (via the chief judge's headset person).

After the event starts, the head coach must notify the chief judge on the event. The chief judge's headset person will notify the scoring table.

Once a team begins an event (chief judge raises the flag for the first student-athlete), a substitute may replace a gymnast in that same position in the lineup; the order of competition may not be changed. A gymnast who is removed from one event lineup may compete in other events.

EQUIPMENT AND MUSIC

American Athletic, Inc. (AAI) will furnish all equipment for the national championships. Teams, all-around and individual competitors may bring one vaulting board and one small beam pad (not a sting or suede mat). The small beam pad may not be left on the floor during the competition. Plywood to be used beneath vault boards and spotting blocks will be supplied. See Appendix E for a complete equipment list.

Teams, all-around competitors and those individual event qualifiers on floor exercise are asked to ensure that their floor exercise music is available on more than once device in the event the

primary device malfunctions on-site. A house audio technician will be available during practice and competition to support teams playing floor exercise music.

FOREIGN SUBSTANCE

Foreign substances may NOT be placed on the hands and/or feet of the gymnasts or any piece of equipment (e.g., honey and sugar, tuff skin, etc.).

HOSPITALITY for PARTICIPANTS/COACHES

Staying consistent with protocols in place for all NCAA Championships during the 2020-2021 academic year, hospitality areas for participants or coaches will not be provided for the 2021 National Collegiate Women's Gymnastics Championships. PowerAde and DASANI water will be provided for student-athletes and coaches locker rooms and teams are permitted to bring their own fruit, snacks, power bars, etc. on site, but full team meals are not permitted at Dickies Arena.

JUDGES

Judges will be selected by the NCAA Women's Gymnastics Committee. The meet referee will be present at all practice and competition sessions.

NATIONAL ANTHEM

The national anthem will be performed LIVE before each semifinal Friday, as well as Saturday as part of the march-in ceremony.

UNIFORMS AND COMPETITOR NUMBERS

An institution's official uniform and all other items of apparel (i.e., tights, T-shirts, warm-ups, tennis shoes) must be identical if worn on either practice or competition day. During the march-in and awards ceremony, team members must be in identical warm-up apparel.

1. Gymnasts must wear one-piece leotards that include briefs that are the same color of the leotard or are skin-tone in color.
2. Leotard straps must be a minimum of 2 cm (7/8") in width.
3. The meet referee will instruct a gymnast who does not meet the uniform policies that she is "out of uniform."
4. The gymnast must comply with the uniform rules or a .30 team deduction will be taken during team competition or a .30 deduction off the individual's score during individual competition.
5. Gymnasts are only permitted to wear stud earrings. No other jewelry is permitted. After a warning, a .20 deduction will be taken from the gymnast's score for each occurrence.

A gymnast who does not conform to the uniform policies will be considered "out of uniform" and required to conform to the uniform rules prior to competing. Being "out of uniform" also applies to wearing an incorrect competitor number, in which case a warning will be issued and the deduction as stated in number five above taken, if not corrected.

Competition numbers assigned to each gymnast are considered a part of the official uniform and must be worn without alteration (e.g., folded over, cut, etc.) on the backs of all gymnasts' **practice and competition leotards**. Two sets of numbers per gymnast per session will be provided and MAY NOT BE ALTERED IN ANY WAY. The gymnast must wear her competition number on her lower back during the competition, ***unless she is performing a back spin on beam or floor, in which case the coach must show the number to the judges***. Numbers should NOT be worn during warm-ups—they are only required for practice day and competition.

LOGO POLICY

[Reference: Bylaw 12.5.4 in the NCAA Division I Manual.]

Bylaw 12.5.4 indicates that an institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, swim caps and towels) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2 ¼ square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, and parallelogram). This also applies to any member of the coaching and support staff.

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restrictions.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2 1/4-square inches) of an apparel manufacturer or distributor. The student-athlete may not wear any apparel that identifies any other entity, other than the student-athlete's institution.

These restrictions apply to all apparel worn by student-athletes, and any and all credentialed personnel in the bench area during the conduct of competition, which includes any practices and pregame or postgame activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff. Non-compliance with this legislation could result in loss of eligibility, forfeiture of points earned by those ineligible student-athletes and adjustment of team standings.

SECTION 9 – COMPETITION SITE

The NCAA is dedicated to fair and equitable competition throughout each session of the championships and strongly supports an environment to safeguard the health and safety of the participating student-athletes, coaches, officials and spectators.

BAND/SPIRIT SQUADS/MASCOT

Due to limited capacity and to maximize opportunities for each participating institutions' parents, guests, and fans to attend, auxiliary groups such as bands, spirit squads, or mascots will not be permitted to attend and perform at the 2021 National Collegiate Women's Gymnastics Championships.

BANNERS, ARTIFICIAL NOISEMAKERS and FLASHING LIGHTS

Any banners other than the approved NCAA and television and radio banners may not be posted on arena walls. Hand-held team banners are permissible as long as they do not interfere with the competition or view of spectators and they do not contain any commercial identification. Banners advertising equipment or manufacturing are prohibited.

Artificial noisemakers, laser lights, air horns, electronic amplifiers and other similar devices are not permitted in the venue and shall be removed on discovery.

Buttons or other spirit items with flashing lights are not permitted in any seating areas except during the march-in ceremony. Items used outside of the march-in ceremony will be confiscated.

COMPETITION and LOCAL AREA MAPS

Appendix F - 2021 Dickies Arena Event Map (Team Entrance, Venue Map, Locker Rooms, etc.)

Appendix G – 2021 Arena Floor Diagram/Equipment Layout

Appendix I – Dickies Arena Seating Diagram

Appendix L – Appendix O – Fort Worth Local Area Maps and Information

EMERGENCY AND EVACUATION PLAN

- In the case of an emergency, a chain of command has been established between the Dickies Arena event management staff. Radios are the primary form of communication between staff members in an emergency, phones are the backup. Police are available via a radio channel.
- An emergency plan is in place to escort fans out of the arena in a swift, but orderly fashion. Ushers and police are trained to move people out of the arena through the exits on the main concourse, plus the exits on the lower level that will be opened in the event of an emergency.
- Participants and judges will be escorted to their respective locker rooms, if full facility evacuation is needed, they will be escorted from the locker room hallway.
- The arena PA system will be used to inform and direct fans with media and public-address announcements for anticipated incidences.

STUDENT-ATHLETE/TEAM ENTRANCES AND PARKING

All participants will enter Dickies Arena via the Loading Dock located off of Trail Drive on the South End of the Arena (SEE EVENT MAP - APPENDIX F)

Team buses will drop off at the Loading Dock and then will be stacked on the loading dock by Dickies Arena staff as space permits or re-routed to another parking area on site if necessary.

Credentials must be worn as specified to gain entry to the arena and for access to designated areas (competition floor, press conferences, locker rooms, etc.). All wristbands will be provided at the venue on a daily basis and needed to access the competition floor. The respective credential or wristband must be worn at all times in order to gain access to the competition floor (this also pertains to any student-athlete NOT competing but traveling with the team). Coaches and staff will be required to wear the wristband (visible location, e.g., can be affixed to belt loop, etc.) while the laminated bag tag will be secured to the competing student-athletes' equipment/apparel bag.

ADMINISTRATOR ENTRANCE

Administrators not traveling with their team/all-around/individual event specialists should park in the Dickies Arena Parking Garage (Entrance at 3464 Trail Drive, Fort Worth, TX 76107) and enter the arena at the Media Will Call/Player Pass Entrance via the Box Office on the Southeast Corner of Dickies Arena (SEE EVENT MAP (lower right corner) - APPENDIX F) to collect credentials at Media Will Call. Administrators with credentials will be able to enter the venue at the participant entrance if they travel with the team/all-around/individual event specialists.

Each participating institution will be provided two (2) complimentary spaces in the Dickies Arena Parking Garage during the Championship and must transmit **a name and an email address for each pass via the NCAA PlanningPoint portal by Noon Eastern time, Wednesday, April 7.**

SECTION 10 – DRUG-TESTING

The following statement will be read at the mandatory administrative meeting:

The NCAA championships committees, following a recommendation from the NCAA drug-testing subcommittee, have discontinued the practice of announcing whether drug testing will be conducted at NCAA championship events.

Although knowing prior to competition whether NCAA drug testing was to occur had value for reasons of convenience, it left open the possibility that student-athletes might be tempted to use banned substances if they knew that NCAA testing was not being conducted at the site of competition.

Therefore, all coaches and student-athletes should presume that NCAA drug testing will occur at this championship event. Please inform your student-athletes that in the event they are notified of their selection for drug testing, the student-athlete must inform an official representative of your institution (e.g., coach, athletic trainer) before proceeding to the drug-testing site. Student-athletes will be reminded by the courier to contact their team representative.

STUDENT-ATHLETE NOTIFICATION

For individual championships, drug-testing could occur at any time after the first event and may conclude many hours after the last event of the championship. The individual championship drug-testing program provides for a courier system to facilitate the notification of student-athletes selected for drug testing at individual championships. The courier will hand the student-athlete the *Individual Championship Student-Athlete Notification Form*. The notification form will instruct the student-athlete to accompany the courier to the testing room within **60 minutes** unless otherwise directed by the crew chief or designee. Student-athletes who are scheduled to compete in additional events will be instructed to defer testing until completion of her final event of that session of that day, or to defer until completion of her final event of the championships. The student-athlete and courier must obtain a signature from an institutional representative.

The approximate number tested is usually nine randomly chosen student-athletes.

MEDIA OBLIGATIONS

Within the allotted 60 minutes, the student-athlete must complete all NCAA required responsibilities (e.g., media obligations, awards ceremonies, etc.). The courier must remain in visual contact with the student-athlete at all times.

TESTING PROCESS

Student-athletes are drug tested through urinalysis and must provide a specimen in view of a drug-testing collector of the same gender. The length of the collection process depends on the student-athlete's ability to provide an adequate specimen. If a student-athlete provides an adequate specimen immediately on arriving in the drug-testing area, the entire process can be completed within 20 minutes. If the student-athlete is unable to provide an adequate specimen, she must remain in the drug-testing area until one is provided. There is no maximum allotted time for a student-athlete to provide an adequate specimen.

SECTION 11 – LODGING

The eight teams, all-around, and individual event specialists will be assigned to one of two area hotels. Assignments will be made based on seed. A sufficient number of rooms at each property are being held for teams and the individual competitors. **Specific hotel assignments will be**

provided no later than 5 p.m. Eastern time, Sunday, April 4. Each institution is responsible for contacting the hotel directly to confirm space and make its own special arrangements for meeting rooms, catering and other functions. **Rooming lists are due to the respective sales manager at the assigned hotel by 6 p.m. Eastern time, Thursday, April 8.**

Omni Fort Worth Hotel

Kelly Graham
1300 Houston Street
Fort Worth, TX 76102
Hotel: 817-535-6664
Fax: 817-886-4547
kgraham@omnihotels.com
Click [here](#) for the Omni Fort Worth website.

Sheraton Fort Worth Downtown Hotel

Larae Thigpen
1701 Commerce Street
Fort Worth, TX 76102
Hotel: 817-335-7000
Fax: 817-806-3798
larae.thigpen@sheratonfortworth.com
Click [here](#) for the Sheraton hotel website.

An institution is not obligated to stay at the designated property; however, it is responsible for canceling its reservations and then securing its own accommodations. If an institution prefers to stay in another hotel, it must: (1) Obtain a release for the rooms from the hotel manager and NCAA; or (2) use the rooms for persons accompanying the official traveling party. The competing institution is responsible for the first night's room charges even if it fails to use those rooms.

If an institution fails to make satisfactory arrangements for use of rooms with the hotel, full charges for the rooms will be billed to the institution. The championship manager of the host institution is to be advised of the plans of each institution sufficiently before the competition.

SECTION 12 – MEDIA SERVICES

CREDENTIALS

All media credential requests must be submitted online at www.ncaa.com/media-credentials by 5 p.m. Eastern time, Friday, April 9. Please contact Phil Pierce (ppierce@ncaa.org) with any questions. If institutional media is traveling with the team or individuals and plan to have access to the competition floor, they must be included in the tested travel party of 25 for Tier 1 access. Otherwise, institutional media will be considered Tier 3 and will have no floor access.

Staying consistent with protocols in place for all NCAA Championships during the 2020-2021 academic year, traditional services such as a media workroom, media hospitality and access to the press conference will be unavailable in 2021.

Credentials must be worn at all times to gain entry to the designated media areas for 2021 which will be located on the plaza level at sections 104, 110, 120, and 126. Credentials are nontransferable; misuse will result in revocation of credential(s) and removal from the arena. Misuse of credentials could impact access at future NCAA championships.

MEALS

The NCAA and host partners will work with Dickies Arena staff to provide complimentary meal vouchers for those working members of the media assigned space to cover multiple competition sessions during the 2021 championships. Please contact Phil Pierce (ppierce@ncaa.org) with any questions and to request this service.

SPORTS INFORMATION

The host sports information director is Paul Smith, TWU Assistant Director of Athletics for Communications. He can be reached at psmith16@twu.edu or 940-898-2373.

Beginning Monday April 13, any media guides/notes may be shipped in advance to:

Dickies Arena
Attn: Stephanie Myers for NCAA GYMNASTICS
1911 Montgomery Street
Fort Worth, TX 76107

TEAM AND INDIVIDUAL COMPETITOR SPECIFIC INFORMATION

The following information should have already been uploaded to the NCAA FTP site.

1. Color team photo.
2. Color head shot of any individual qualifier (AA or IES).
3. Roster with name, event(s), year, hometown, coaching staff.
4. Season results in the following format: Date, Meet, Results, Score.
5. EPS version of school logo.
6. Quick Facts: Location, Nickname, Colors, NCAA title(s), NCAA Regional title(s).

Please place all requested information in the appropriate team folder under your school folder.

Hostname: <https://app.smartfile.com/ftp/login/?next=/ftp/private/browser/browse/>

Username: ncaaschools

Password: ncaafpt

In addition to the above information, please provide a 3-4 sentence quote from your head coach about their team's or individual(s)' advancement to the national championship. Quotes will be distributed to all credentialed media and links will be posted on ncaa.com on Friday, April 9. Quotes should be sent to Phil Pierce (ppierce@ncaa.org) no later than noon Eastern time Thursday, April 8.

PRESS CONFERENCES

No in-person interviews will be allowed with any coaches and/or student-athletes during the championships. All interviews should be conducted virtually. Press Conferences will be held immediately following the conclusion of awards or after a 10-minute cooling off period. After each semifinal, the head coach and one student-athlete from advancing teams will be brought to the interview area. Each team will conduct their own press conference and the team that is ready first will be the first to conduct their press conference. The same procedure will be followed for the national championship team with the head coach and one student-athlete going to the post-meet press conference. Interviews for any coaches or student-athletes not brought to the post-meet press conferences should be arranged through the team's media relations representative and conducted virtually.

Coaches cannot make themselves available to selected media representatives before the conclusion of the 10-minute cooling-off period. Press conferences will be held at the following times:

Friday, April 16

After Semifinal I
After Semifinal II

Saturday, April 17

After Team Finals

VIDEOTAPING, FILMING AND STILL PHOTOGRAPHS

Institutions are permitted to videotape championship competition of their teams or their individual student-athletes for archival, coaching or instructional purposes only and not for any commercial purpose. Each institution is permitted to use **one** camera and may videotape only that portion of the competition in which it participates. Any individual intending to shoot video **MUST** be identified with a team videographer armband which can be obtained from Phil Pierce before competition. Team videographers may shoot from either areas provided to all photographers or from their respective corral with the following provisions: to shoot video from the corral, the team videographer must have been included as one of the 20 permitted in the corral and must use a hand-held or stationary camera that does not obstruct fan viewing. No tripods are permitted on the arena floor.

Still photography will be permitted but use of flash is not. Locations for still photographers will be stipulated by the NCAA media coordinator, with every effort being made to allow photographers to take good shots without interfering with the competition. A final map of all still photo locations will not be available until the morning of April 17.

RADIO COVERAGE

Space in the designated media areas for 2021, which will be located on the plaza level at sections 104, 110, 120, and 126, will be reserved for a participating institution's radio station only by request. All other stations in the institution's area will be reserved on a space-available basis. Broadcasts of any championship competition must conform to the general broadcasting policies established by the NCAA. All stations broadcasting a game will be required to sign a radio agreement and secure media credentials available at www.ncaa.com/media. Phone and internet lines must be ordered no later than April 9. Contact Phil Pierce (ppierce@ncaa.org) for questions.

RESULTS AND TIES

The team championship will be awarded to the team with the highest cumulative team score, with five scores counting per event. The all-around and individual event specialist champions will be awarded to the individuals with the highest cumulative scores determined during semifinal competition on Friday.

Ties — Nationals

- Day 1 — Semifinals (team competition): Ties for second place in each semifinal will be broken by counting six scores per event. If a tie still exists, the team score will be determined by using six scores per event, dropping the high and low scores, and adding the four middle scores.
 - Ties for all-around and individual event specialists will not be broken for those finishing in the top eight.
- Day 2 — Team Finals: Ties will not be broken.

The results of the meet will be verified by the NCAA scoring director and meet referee immediately after each event.

Live stats for the event are located at the following link:
<https://www.ncaa.com/championships/gymnastics-women/nc>.

NOTE: The direct link to live stats will be sent to SIDs prior to competition.

TELEVISION

As the NCAA broadcast partner for this event, ESPN has exclusive rights to televise this championship. All other television entities shall have access to the facility up to 30-minutes before the start of each event to establish presence at the site. Immediately thereafter, the facility shall remain off limits to all television entities until ESPN has signed off the air after the completion of the event. ESPN will provide a mult-box if any other entities desire broadcast footage.

The 2021 National Collegiate Women's Gymnastics Championships will air live on ESPN2 and ABC.

- April 16, Noon and 5 p.m. Central time – Team Semifinals and All-Around/Individual Event Specialist Finals. (ESPN2)
- April 17, 2:30 p.m. Central time – Championship Final. (ABC)

To assist in maximizing television footage, student-athletes should expect holds no more than 35-seconds prior to an event. More information related to holds will be shared at the administrative meeting.

FOOTAGE ON THE INTERNET

Under no circumstances may any highlights be broadcast or otherwise distributed on the Internet or via any other online service, mobile application, digital medium or computer network, without the prior written permission from the NCAA or its designee.

SECTION 13 – MEDICAL

AMBULANCE

An ambulance will be on site for all practice and competition sessions.

ATHLETIC TRAINING

During practices and competitions, the athletic training room will be located in the Dickies Arena Main Training Room. The athletic training room will be open during the following hours:

Thursday, April 15	9:30 a.m. – 4:30 p.m.	Arena Training Room
Friday, April 16	8:30 a.m. – 8 p.m.	Arena Training Room
Saturday, April 17	11:00 a.m. – 5:30 p.m.	Arena Training Room

The following health care providers will be available should you need their services:

- **Certified Athletic Trainers:** stationed in the main athletic training room during hours of operation and on the competition floor during all practices and competitions.
- **Emergency Medical Services:** on-site for all competitions and practices.
- **Physicians (primary care and/or orthopedic):** on-site for all competitions and practice sessions.
- **Consent to Treat Document:** For teams/participants not traveling with a physician, consent form must be signed for a visiting student-athlete to receive treatments during the 2021 women's gymnastics championships (Appendix K).

There will be designated seating for medical personnel during the competition for those teams who travel with their own physician, physician assistant, chiropractor, etc. with easy access to the athletic training room and competition floor.

CHAMPIONSHIP MEDICAL CONTACTS

Tournament Athletic Trainers:

Kris Ring, MS, ATC, LAT
Cell: 817-917-1059
Assistant Director of Athletics/Sports Medicine
Texas Woman's University
Email: kring@twu.edu

Kirsti Bennett, ATC, LAT
Cell: 832-401-3263
Athletic Training Outreach Supervisor
Texas Health Sports Medicine
Email: KirstiBennett@texashealth.org

On-call Physician: For more information regarding team doctors on site/on call, please contact Kris Ring.

EQUIPMENT AND SUPPLIES

The following services will be available in the athletic training room:

- Ice bags
- Hydrocollator (Towels to be used for covers)

The following items will be available on the competition floor:

- Emergency equipment (biohazard kit, AED, splint bag)
- Ice bags
- Water and electrolyte replacement drink

If you have a special request for use of the athletic training room and its equipment, please inform Kris Ring in advance, and she will do her best to accommodate you. If a certified athletic trainer will not be traveling with your team/individual competitor, sufficient materials for their needs and written permission for use must accompany the student-athlete(s).

CONCUSSION MANAGEMENT

The NCAA has adopted legislation that requires all active member institutions to have a concussion management plan for their student-athletes. Participating institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician

will examine the student-athlete and will determine medical clearance.

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an "impulsive" force transmitted to the head. Concussions can occur without loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details please refer to the "NCAA Sports Medicine Handbook Guideline on Concussions" online at www.NCAA.org/health-safety.

HOSPITAL AND EMERGENCY SERVICES

Texas Health Harris Methodist Hospital Fort Worth

1301 Pennsylvania Avenue
Fort Worth, Texas 76104
817-250-2000

SECTION 14 – PARTICIPANT EXPECTATIONS and GUIDELINES

ETHICAL BEHAVIOR BY COACHES

Members of the coaching profession have certain inherent obligations and responsibilities to the profession, to the student-athletes and to all those with whom they come into contact. Coaches are expected to be role models who conduct themselves with integrity and high ethical standards at all times.

The words and actions of a coach carry tremendous influence, particularly on the young people under his or her direction. It is, thus, imperative that he or she demonstrate and demand high principles of sportsmanship and ethical behavior.

FINANCIAL PENALTIES

The NCAA Women's Gymnastics Committee may assess a financial penalty against an institution for failure of its representatives to adhere to the policies and procedures governing the administration of the competition. This includes failure to comply with the procedures and deadlines for submitting score sheets, lineups, schedules and entry forms for qualification, and other materials necessary for the efficient administration of the competition.

MISCONDUCT

[Reference: Meetings (see pages in sports-specific handbooks) and Bylaws 31.1.10 and 31.1.11 in the NCAA Manual.]

31.02.4 Misconduct. Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics. (*Revised: 8/15/89, 8/13/92, 1/14/08 effective 8/1/08*)

Criticism of Officials. Members of the coaching staff or other representatives of participating institutions or conferences shall not make public statements critical of officiating in any NCAA championship event. Failure to comply with this policy may subject the individual, institution or conference to the misconduct provisions of Bylaw 31.1.10.

Hearing Opportunity. An act of misconduct may be found upon an administrative hearing granted to the student-athlete or the institutional representative involved by the governing sports

committee or the games committee authorized to act for it.

Misconduct Incident to Competition. If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during a break in the continuity of the championship (e.g., between rounds of a basketball tournament) when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing after this action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

Penalty for Misconduct. In accordance with Bylaw 31.1.10.3, the governing sports committee (or the games committee authorized to act for it) may impose any one or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of the competition or practice:

1. Public or private reprimand of the individual;
2. Disqualification of the individual from further participation in the NCAA championship involved;
3. Banishment of the individual from participating in one or more subsequent championships of the sport involved;
4. Cancellation of all or a portion of payment to the institution of the Association's transportation and/or per diem allowance for the individuals involved;
5. Withholding of all or a portion of the institution's share of revenue distribution;
6. Banishment of the institution from participation in one or more subsequent championships in which its team in that sport otherwise would be eligible to participate;
7. Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships;
8. Cancellation of all or a portion of the honorarium for hosting an NCAA championship; and
9. Financial or other penalties different from Nos. 1 through 8, but only if they have prior approval of the NCAA Division I Championships/Sports Management Cabinet.

Ban from Subsequent Championship. When a student-athlete or institutional representative is banned from participation in a subsequent championship, such penalty shall be applied to the next tournament(s) in which the individual's team is involved and the individual otherwise is eligible to participate. In the case of an individual event, the penalty shall be applied to the next meet(s) or tournament(s) for which the individual qualifies and otherwise is eligible to participate.

Review of Action. Any action related to misconduct may be reviewed by the governing sports committee on request of any institution participating in the championship.

SPORTSMANSHIP

The primary goal of the rules is to maximize the safety and enjoyment of the student-athlete. Sportsmanship is a key part of that goal. Sportsmanship should be a core value in behavior of student-athletes and team personnel, in crowd control by game management and in the judges' proper enforcement of the rules governing related actions.

SPORTS WAGERING

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – with the opportunity to win something in return. The NCAA opposes all forms of legal and illegal sports wagering on college sports. Student-athletes and athletics administrators

cannot place a sports wager for any NCAA-sanctioned sport. This includes wagering on the intercollegiate, amateur or professional level.

A student-athlete involved in sports wagering on the student-athlete's institution permanently loses all remaining regular-season and postseason eligibility in all sports. A student-athlete who is involved in any sports wagering activity that involves college sports or professional athletics, through Internet gambling, a bookmaker, a parlay card or any other method employed by organized gambling, will be ineligible for all regular-season and postseason competition for at least one year.

In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules, in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

TOBACCO POLICY

The use of tobacco products is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition. Uniform penalties (as determined by the applicable rules-making committees and sports committees with rules-making responsibilities) shall be established for such use.

The use of tobacco products by a student-athlete is prohibited during practice and competition. A student-athlete who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.

SECTION 15 – SECURITY

JUDGES AREA

Provided by Dickies Arena, security staff will check credentials as individuals enter/leave the competition floor; and from the competition floor to the judges hospitality and meeting areas. Judges are asked to use the vomitory on the northwest corner of the floor near sections 111 and 113 for access on and off the competition floor.

TEAM LOCKER ROOMS

Throughout all practice and competition sessions, there will be security officers located at either end of the locker room hallway to monitor the locker rooms. To avoid judges areas, student-athletes and coaches are asked to use the vomitory on the southwest corner of the floor near sections 101 for access on and off the competition floor.

SECTION 16 – TEAM TRAVEL AND TRANSPORTATION

Participating institutions shall be responsible for making their own reservations in accordance with NCAA travel policies.

1. **Air Transportation.** Participating institutions located 400 miles or more from the site of competition and approved for a flight are required to make all air travel arrangements with the NCAA's official travel agency, Short's Travel Management, at 866-655-9215. Institutions also may enter travel manifest and other travel party information through the travel portal at www.shortstravel.com/ncaachamps. The NCAA will pay the agency directly for such costs. Institutions who fail to use the official agency will not receive reimbursement for their travel.

The NCAA will reimburse fees for checked baggage charged by commercial airlines. While we encourage you to take as few bags as necessary, a maximum of two bags per person will be reimbursed. Fees for oversized or overweight bags will not be reimbursed.

The NCAA, will not reimburse fees charged by the airlines to pre-assign seats, choose premium seats, or receive priority check-in.

2. **Ground/Local Transportation.** Participants located less than 400 miles from the competition site are required to make all ground transportation arrangements with the official NCAA provider, GO Ground Options, at 866-386-4951 or via the online ground transportation portal at www.gochampionships.com. The username and password is the same as that used for the Short's Travel portal.

Local transportation is not reimbursable by the NCAA and must be paid by the institution. Transportation between the team's hotel and the competition or practice site is considered local transportation. Please see the NCAA travel policies for the applicable mileage limits.

For individual-team sports, when participants are required to travel by ground transportation to the site of competition or are eligible for reimbursement at the site, reimbursement will be provided at the current NCAA rate per mile, per participant, not the actual cost of ground transportation.

3. **Per Diem.** Per diem will be paid for the allowable travel party. The per diem rate and allowable days can be found in the [NCAA travel policies](#).
4. **Expense Reimbursement.** Team expense reports should be filed online through the Travel Expense System (TES). The login information for the system is the same as that used for the Short's travel portal. The system can be accessed at: <https://web1.ncaa.org/TES/exec/login?js=true>.

All institutions, including hosts, must complete the online reimbursement process to receive the appropriate reimbursement.

5. **Travel Exceptions and Questions.** Be advised that if extraordinary circumstances may warrant an exception to the travel policies, please contact the NCAA travel department for approval PRIOR TO making any travel arrangements. The travel group can be reached at 317-917-6757, or by email at travel@ncaa.org.

DIRECTIONS

Dickies Arena is located at:
1911 Montgomery Street
Fort Worth, TX 76107

- The best option for **spectator vehicles** is the 2,210 space main parking deck on the campus of Dickies Arena with its entrance at 3464 Trail Drive, Fort Worth, TX 76107.

SECTION 17 – TICKETS

Each institution must complete and return the Ticket Information Form to Daniel Smith (daniel@knighteady.com) and CC Allie Gallmeyer (agallmeyer@ncaa.org) no later than noon Eastern time on Wednesday, April 7. Completed forms will communicate all necessary details regarding purchase of your allotment, billing information, and intentions for staffing your player-

guest will call. If a participating school does not submit their Ticket Information Form by noon Eastern time on Wednesday, April 7, their allotment may be subject to being released for public sale.

ALLOCATIONS

Participating team, individual event qualifiers, and all-around competitor ticket blocks will be held in advance of regional qualification. Requests beyond the allocations below will be fulfilled if available. Manifests with specific locations for each respective team will be provided no later than 5 p.m. Eastern time on Thursday, April 8. Ticket allocations are as follows:

Team Allocations:

- 120 all-session reserved tickets per team.

Individual Event Specialists and All-Around Competitors:

- 8 all-session reserved tickets per qualifying gymnast.

PARTICIPANT TICKET PRICES

Staying consistent with protocols in place for all NCAA Championships during the 2020-2021 academic year, capacity at Dickies Arena will be reduced and all-session tickets will not be sold in 2021 with teams purchasing tickets for session(s) in which they compete, and all single session ticket prices are as follows:

\$31.50	Plaza Level (Sections 101-129) Semi-Final Sessions 1 and 2
\$37.00	Plaza Level (Sections 101-129) Championship Session 3
\$26.00	Gallery Level (Sections 204-210) Semi-Final Sessions 1 and 2
\$31.50	Gallery Level (Sections 204-210) Championship Session 3

** Ages 2 and Under – Free*

Fans may purchase tickets online at [NCAA.com/WGymnastics](https://www.ncaa.com/WGymnastics). General public tickets may be subject to additional taxes and fees.

GENERAL WILL CALL WINDOW

All delivery methods (digital, traditional mail, will call) are available through the Dickies Arena box office and their ticketing partner, Ticketmaster. The main box office at Dickies Arena is located on the Southwest corner of the arena near the crosswalk from the main parking garage.

PLAYER GUEST ENTRANCE

There are no complimentary tickets for NCAA championship events. However, an institution may purchase tickets that can be used as complimentary tickets for student-athletes' guests.

All Dickies Arena seating, both Plaza Level (100s) and Gallery Level (200s), will be reserved seating during the championship. Each participating institution will be guaranteed a minimum of 120 seats for sessions in which they compete. Additional ticket requests above the 120 seats will be filled in the best possible locations if available. See Appendix I for Dickies Arena seating map.

The Player Guest Entrance will be located at the main box office on the Southwest Corner of Dickies Arena (SEE EVENT MAP - APPENDIX F). For 2021, to be sensitive to current staffing and travel issues, all institutions will have the option to have Dickies Arena provide staffing for their player-guest will call on site at the Championship provided that tickets and lists are prepared per the guidelines below. However, all parties involved would still strongly recommend each institution purchasing more than twenty-five (25) tickets do everything in their power to travel their main ticket contact to Fort Worth due to the limited capacity, pod seating, single session tickets,

and turnaround from Semi-Finals to Finals. All player-guest tickets and pass lists **MUST** be delivered to Daniel Smith with Knight Eady at the Thursday's practice day.

Player-guest tickets and lists must be prepared for each session. Tickets must be assigned in advance. Host personnel will not be responsible for making seat assignments within your block. Tickets must be packaged in envelopes with the guest name, quantity and session number on the outside of each envelope. A separate typed pass list with space for signatures must be provided for each session.

Any tickets that are not being provided as complimentary admission to student-athletes and their guests may be distributed in advance or turned over to general will call.

NON-COMPETING PARTICIPANT SEATING

Staying consistent with protocols in place for all NCAA Championships during the 2020-2021 academic year and due to limited capacity at Dickies Arena, no seating will be held for those participants not competing in a particular session. Any participants from Session I who will need to return for awards following Session II will enter the arena at the Loading Dock Team Entrance and be directed to an area just off the competition floor on the South end of the arena near the beam.

Teams will be permitted to purchase tickets, if available, after elimination if they would choose to attend another session.

SECTION 18 – TRAVEL PARTY and ALTERNATES

CREDENTIALS

The electronic link to the official championships entry form will be included in the congratulatory memorandum for advancing teams and individuals. **This information must be completed by noon Eastern time, Wednesday, April 7.** Changes to the 15 student-athletes designated on the entry or march-in form must be made in writing to the NCAA championship manager AND Michael McGreevey no later than 10 p.m. Eastern time the day before competition.

General Policies: The entry form shall serve as the official credential request form. Credentials must be worn as specified below to gain entry to the arena and for access to designated areas (competition floor, press conferences, locker rooms, etc.). At the national championships, participating gymnasts will receive bag tags as their credentials (these shall be affixed to the gym/apparel bag), and non-participants (coaches, athletic trainers, managers, etc.) will be provided wristbands. All wristbands will be provided at the venue on a daily basis and are needed to gain entry.

An issued credential may not be given to another team member or individual. If a participant or staff member loses a credential, a fine will be imposed (the price of an all-session ticket to the event - \$100) to replace the credential.

Teams: Teams shall receive a total of 25 individual credentials, with a maximum 15 for competing student-athletes. If a team does not have 15 student-athletes, the remaining credentials may be allocated to other necessary institutional staff members. **New in 2021:** Teams may designate up to 18 athletes on the entry form. Only 15 athletes will be permitted for warm-ups and competition. If necessary, teams may change up to three additional athletes between rounds from the designated list. Teams must also submit an updated march-in list if any changes are made. If an athlete is replaced between rounds, her competitor number will be transferred to the new gymnast.

For a videographer to film from the corral, see policy on following page. Also, for an SID to be in the corral, he or she must be designated on the entry form.

All-Around and Individual Event Qualifiers: In addition to credentials issued to the individual qualifier(s), institutions will receive four (4) wristbands that will serve as credentials for coaches, athletic trainers and other necessary institutional staff members.

Team Physician: A team physician must be included in the tested travel party of 25 in order to receive a Tier 1 credential and have access to the floor or any competing athletes. There will be Tier 1 seating for anyone who is not permitted in the corral in the area that is easily accessible to the competition floor in the event of an injury.

Team Administrator: A team administrator must be included in the tested travel party of 25 in order to receive a Tier 1 credential and have access to the floor or any competing athletes. Otherwise, a Tier 3 credential will be issued to the designated team administrator. A designated seating area will be provided for team administrators. If administrators wish to sit in another area, a ticket must be purchased.

ALTERNATES

No alternates will be named.

SECTION 19 – TROPHIES AND AWARDS

AWARDS

Official NCAA awards will be presented at the site of the national championships. The following number of awards will be given: team trophies for the top four teams; a maximum of 20 individual awards (the official squad list of up to 15 student-athletes, plus five institutional personnel) for each of the four teams; championship watches to the winning team (the official squad list of up to 15 student-athletes; an additional five watches will be ordered by the NCAA after the event); and awards to the top eight place-finishers on each of the four individual events, plus all-around. These official NCAA awards are the only awards that may be presented at the site of the championships.

1. On Friday, the first place all-around and individual event specialist from each event will be recognized in one ceremony at the conclusion of the second semifinal. Each gymnast should report to the staging area immediately after the end of competition and be dressed in her team warm-ups. The top-eight will be determined from scores achieved in **both** semifinals—the top eight scores will receive awards (not the top four in each semifinal). Any of the top all-around and IES award winners should be prepared to participate in the Friday awards ceremony following completion of the second semifinal regardless of which semifinal they competed in.

Team awards will be presented immediately after the team competition Saturday evening.

2. **Note for 2021** - All individual awards (top eight for AA/IES) will not use a physical award during the presentation. The actual awards will be ordered by the NCAA and sent to the respective institution's athletics administrative office from the NCAA awards vendor (MTM Recognition) after the championships.
3. Participation medallions will be provided to the teams who place 5-8 and all participating AA/IES student-athletes based on the official squad size.

ADJUSTED PLACE STANDINGS

If a student-athlete is found to be ineligible, that individual's performance shall be stricken from the championships record, the points the student-athlete has contributed to the team's total shall be deleted, the team standings shall be adjusted accordingly and any awards shall be returned to the Association. Further, the placement of other competitors shall be altered and awards presented accordingly. *[Reference: Bylaw 31.2.2.3 in the NCAA Manual.]*

ELITE 90

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the final site for each of the 90 NCAA championships. Each institution that has at least one student-athlete qualify for the final round/site is eligible to nominate a student-athlete for the award. All ties are broken by number of credits completed.

For more information regarding this program, please contact Mark Bedics (317-917-6222; elite90@ncaa.org). All documents, including deadlines and nomination forms, can be obtained at [Elite 90 forms](#).

The deadline for submitting nominations for the National Collegiate Women's Gymnastics Championships is 5 p.m. Eastern time, Thursday, April 8.

PARTICIPATION AWARDS

The NCAA will provide championship mementos for the official NCAA travel party after the conclusion of the championship. The NCAA, in conjunction with its licensed designee, will **communicate directly to participating institution's head coaches regarding the ordering and delivery process of the championship participation awards**. In order to ensure each participant receives their allotted participation award, we ask that you follow the directions from the MainGate electronic memo. If you do not receive information for ordering participation awards within two weeks post event, please contact Erin Hannoy (ehannoy@maingateinc.com). Mementos must be ordered within 30 days after the championship.

2021 HOTEL ROOMING LIST

Institution	
HEAD COACH	
ROOM 1	
ROOM 2	
ROOM 3	
ROOM 4	
ROOM 5	
ROOM 6	
ROOM 7	
ROOM 8	
ROOM 9	
ROOM 10	
ROOM 11	
ROOM 12	
ROOM 13	
ROOM 14	
ROOM 15	
ROOM 16	
ROOM 17	
ROOM 18	
ROOM 19	
ROOM 20	

Please contact your assigned hotel sales manager to confirm/book your reservations.

Omni Fort Worth Hotel

Kelly Graham
1300 Houston Street
Fort Worth, TX 76102
Direct: 817-350-4030
Hotel: 817-535-6664
Fax: 817-886-4547
kgraham@omnihotels.com
Click [here](#) for the Omni Fort Worth website.

Sheraton Fort Worth Downtown Hotel

Larae Thigpen
1701 Commerce Street
Fort Worth, TX 76102
Direct: 817-806-3760
Hotel: 817-335-7000
Fax: 817-806-3798
larae.thigpen@sheratonfortworth.com
Click [here](#) for the Sheraton hotel Website.

APPENDIX B

2021 NCAA Women's Gymnastics Championships
Student-Athlete Guest List (duplicate as needed)

I received a complimentary admission from the student-athlete named below. By signing this form, I certify that I did not, nor do I plan to, pay or give anything of value to the student-athlete in exchange for the complimentary admission.

Participant's Name	Name of Guest(s)	Signature
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	

NATIONAL COLLEGIATE WOMEN'S GYMNASTICS CHAMPIONSHIPS

LINEUP FORM

Institution _____

Coach _____

VAULT 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

BARS 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

BEAM 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

FLOOR 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

NATIONAL COLLEGIATE WOMEN'S GYMNASTICS CHAMPIONSHIPS

PODIUM PROTOCOL

The intent of the podium is to showcase the competing student-athletes. All participants must conduct themselves in a fair and sportsmanlike manner at all times during the competition, in particular:

- at the apparatus.
- during the march in.
- during the march to and from the apparatus.
- during the mandatory participation in the applicable award ceremony.

While a student-athlete is competing, no other individual shall be on the podium except as noted below.

- Only one coach at a time may be on the podium to spot a gymnast during her routine or stationed near the apparatus for safety purposes (i.e. near the corner of the diagonal on floor exercise to guard a gymnast falling out of bounds). Except on floor where two coaches may be at opposite corners, if needed.
- Coaches or gymnasts may be on the podium to remove a springboard, to move mats or to stabilize mats. These individuals should leave the podium when their duties are complete, being careful not to be a distraction to the judges.
- Viewing boxes (not on the podium) will be marked outside of the corral at each event for one coach.
- Verbal cues by a coach or teammate(s) to own gymnast shall receive a .20 deduction (applied after one warning has been given). If the gymnast is competing on the apparatus and the coach or teammate(s) instructs her by giving specific information on what to do during the routine, then deduction of .20 is taken from the average without warning. The deduction is taken only once, regardless of the number of cues given.
- One coach will be allowed to celebrate with the competing student-athlete on the podium. Other individuals may not get on the podium to celebrate or congratulate anyone or run down the vault runway to celebrate. Additional individuals on the podium as permitted (for spotting, moving mats, etc.) must refrain from celebrating on the podium.
- After a routine, gymnasts and coaches should use the podium stairs designated by the NCAA Women's Gymnastics Committee to descend whenever possible, as the stairs and corrals will be located in a manner that will expedite both the needs of the teams and coaches and the opportunity for television to cover the team aspect of the sport of women's gymnastics.
- A .10 deduction for each infraction will be taken from the team score for not adhering to the above protocols including excessive celebration, unless otherwise noted. For all-arounders and individual event competitors, a .10 deduction from the gymnasts score will be taken.

Other General Guidelines:

- Only NCAA-approved matting is allowed on the podium.
- On bars, all major chalking shall be done at the chalk station next to the bar corral on the floor. The next gymnast to compete shall use the chalk station on the floor, not the podium. A chalk station will be placed on the podium in case a gymnast falls and she needs to chalk up again.

- After the touch warm-up, the first competitor should remain on the podium to begin competition immediately. Remaining team members must return to the corral to watch the first routine.
- No food or drinks on the podium.
- No one should lean on or against the podium, particularly during competition.
- No items (including cameras, notebooks, grips, cups, etc.) should be left on the podium.

**If there is a violation of any of the GENERAL guidelines, the coach or gymnast will receive a warning or “yellow card.” If a coach or gymnast continues to violate these guidelines, then a “red card” will be issued and will no longer be permitted on the competition floor. The individual in violation will be asked to leave the floor and watch the event from the stands for the remainder of the championships.*

Best of luck and thank you for your adherence to the above policies.

National Collegiate Women's Gymnastics Championships Equipment List (regionals & nationals)

We verify that this is the equipment that will be used at NCAA Women's Gymnastics Championships.

Host Institution _____

Signature Meet Director _____

Signature Athletics Director _____

Year(s) _____

**** circle specific equipment when given more than one option ****

				Regionals	Nationals	
	800 ELITE SERIES	CATALOG		CHECK	WILL	AAI
VAULT	ITEM DESCRIPTION	NO.	QTY.	IF HAVE	GET	PROVIDES
	TAC/10 Vault Table (with hanging safety pad)	407-557	1			x
	Padded Vaulting Runway (1 3/8" x 3' x 84')	416-785	1			x
	TAC/10 Board	407-233	2			x
	Contoured Vault Safety Zone	407-238	1			x
	## Monopod Anchor Mat 20 cm or	416-549	1			x
	## Vaulting Anchor Mat	416-125	1			x
	FIG 8' x 15.5' x 20 cm V2 - Firm	416-558	1			x
	FIG 4' x 8' x 20 cm V2 - Slab	416-553	1			x
	Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam)	416-258	1			x
	Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1			x
	Throw Mat 8' x 15' x 4" folding	416-020	1			x
	8" Skill Cushion 5' x 10'	416-159	1			x
	8" Skill Cushion 5' x 10' "Softy"	416-006	1			x
	Sting Mat 6' 6" x 8" x 2"	416-584	2			x
	TAC/10 Round off Pad - 36" x 54" x 1 3/8" (no personal pads)	416-098	1			x
	Mini TAC/10 Round off Pad - 36" x 36" x 1 3/8" (no personal pads)	416-099	1			x
	Low Spotting Block 2' x 1' x 4'	416-042	1			x
	TAC 10/Towel (one box)	407-571	1			x
	TAC 10/Surface Cleaner	407-567	1			x
	Step-in Chalk Holder w/ chalk	407-007	1			x
	Score Flasher - 3 digit (panel judges and 1 needed for vault group) handheld	418-002	6^			
	Score Flasher - 5 digit (chief judge) (4 digit for regionals)	418-003	1			x
MISC	Collegiate Vault Value Chart		1			
	100 ft. US Metal Tape Measure		1			x
	Start Value Flip Charts		6^			
	Green Start Flag		1			
				Regionals	Nationals	
BARS				CHECK	WILL	AAI
	Floor Plates or Free standing			IF HAVE	GET	PROVIDES
	UTB 844 Elite Uneven (with assist step; assist step optional at regionals)	407-080	1			x
	Extra Graphite X Bar	407-152	2			x
	Elite Uneven Bars Adapters - if floor plates are not available	407-361/349	1			x
	FIG 8' X 15.5' x 20 cm V2 - Firm	416-558	2			x
	FIG 8' x 12' x 20 cm V2 - Firm	416-557	2			x
	FIG 5' x 7.5' x 20 cm V2 - Slab	416-554	1			x
	Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam)	416-258	1			x
	Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1			x
	Sting Mat 6' 6" x 8" x 2"	416-584	1			x
	8" Skill Cushion 5' x 10' "Softy"	416-006	1			x
	8" Skill Cushion 5' x 10' Anti Skid (optional at regionals; required at nationals)	416-257	1			x
	Throw Mat 8' x 15' x 4" folding	416-020	1			x
	TAC/10 Board	407-233	1			x
	Low Spotting Block 2' x 1' x 4'	416-042	1			x
	High Chalk Holder	407-008	3			x
	Block Chalk	407-585	Case			x
	Score Flasher - 3 digit (panel judges) handheld	418-002	6^			
	Score Flasher - 5 digit (chief judge) (4 digit for regionals)	418-003	1			x
MISC	Tablet (iPad or similar) to display timing countdown		2			
	Stop Watches (only as backups to tablets)		2			
	Scotch bright pad for scraping bars		1			
	Start Value Flip Charts		6^			
	2' x 4' x .5" plywood mounting boards w/ non-skid surface both sides no logos (w/ rope for handles)		1			
	Green Start Flag		1			
	Wire Brush		2			
	Spray Water Bottles for Bars		3			

Throw mats denoted with these symbols are an either/or option at regionals. For regionals and nationals, both types of mats still are required.

^Only 4 handheld flashers/start value flip charts needed at regionals.

**Please note that some items may be added or deleted due to future changes to equipment specifications. Also, some catalog numbers may change.

National Collegiate Women's Gymnastics Championships Equipment List (regionals & nationals)

We verify that this is the equipment that will be used at NCAA Women's Gymnastics Championships.

Host Institution _____

Signature Meet Director _____

Signature Athletics Director _____

Year(s) _____

** circle specific equipment when given more than one option **

				Regionals	Nationals	
	800 ELITE SERIES	CATALOG		CHECK	WILL	AAI
BEAM	ITEM DESCRIPTION	NO.	QTY.	IF HAVE	GET	PROVIDES
	Elite Reflex Nonadj Beam	407-430	1			x
	Elite Beam Leg Pads	416-325	1 set			x
	Elite Beam Leg Filler Mat System	416-560	1 set			x
	FIG 8' x 15.5' x 20 cm V2 - Firm	416-558	2			x
	FIG 8' x 15.5' x 20 cm V4 - Firm	530-854	2			x
	FIG 8' x 12' x 20 cm V2 - Firm	416-557	1			x
	FIG 4' x 8' x 20 cm V2 - Firm Slab	416-553	1			x
	## Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam) or	416-258	1			x
	## Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1			x
	8" Skill Cushion 5' x 10' nonslip (nonslip backing optional at regionals only)	416-159	1			x
	Sting Mat 6' 6" x 8" x 2"	416-584	1			x
	Throw Mat 8' x 15' x 4" folding	416-020	2			x
	TAC/10 Board	407-233	1			x
	Suede Beam Pad	416-051	1			x
	Step-in Chalk Holder w/ chalk	407-007	2			x
	Score Flasher - 3 digit (panel judges) handheld	418-002	6^			
	Score Flasher - 5 digit (chief judge) (4 digit at regionals)	418-003	1			
MISC	Tablet (iPad or similar) to display timing countdown		2			
	Stop Watches		2			
	Start Value Flip Charts		6^			
	2' x 4' x .5" plywood mounting boards w/ non-skid surface both sides no logos (w/ rope for handles)		1			
	Green Start Flag		1			
	12' panel mat for stretching/warm-up (1 mat at regionals/2 at nationals)		1 / 2			x
	Bell (beam warning); loud enough to be heard over crowd		1			
				Regionals	Nationals	
FLOOR				CHECK	WILL	AAI
				IF HAVE	GET	PROVIDES
	Elite Floor Exercise System - 40' x 40'	432-340	1			x
	Extra Floor Panel	534-128	2			x
	All-American Elite Carpet - 45' x 45' (note color in blank column)	432-510 (432-504 for nationals)	1			x
	Foam Border	432-891	1			x
	2" QuadLam Foam 6' x 42'	416-773	7 rolls			x
	8" Skill Cushion 5' x 10'	416-663	1			x
	Sting Mat 6' 6" x 8" x 2"	416-584	1			x
	## Throw Mat 7' x 10' x 10 cm (anti-slip with Duel Density Foam) or	416-258	1			x
	## Throw Mat 7' x 10' x 10 cm (standard foam mesh bottom)	416-319	1			x
	Step-in Chalk Holder w/ chalk	417-007	2			x
	Score Flasher - 3 digit (panel judges) handheld	418-002	6^			
	Score Flasher - 5 digit (chief judge) (4 digit at regionals)	418-003	1			x
	EZ Roll Corner Mats - set of 4 each	416736	1			x
	Block Chalk	407-585	Case			x
MISC	Start Value Flip Charts		6^			
	Sound system including Ipod adapter		1			
	White gaffers or duct tape for corners (used in practice and competition)		10 rolls			
	Green Start Flags		1			
	Yellow Flags		2			
	Stop Watches		1			
	60" x 60" Vinyl Floor Sheets (for gymnasts to apply chalk to their feet - versus crushing chalk on competitive mats) or carpet squares for chalk trays		6			x
	Score Flasher - 5 digit (for finals) Extra Flasher Inserts		2			x
	Additional Panel Mats - for stretching areas (4 areas)		8			x
Meet Referee	Host to provide					
	100 ft. US Metal Tape Measure		1			
	20 meter Tape Measure		1			
	Stop Watches (3 backups) 7 total		3			
	3-4 digit handheld flashers (nationals only)		24			

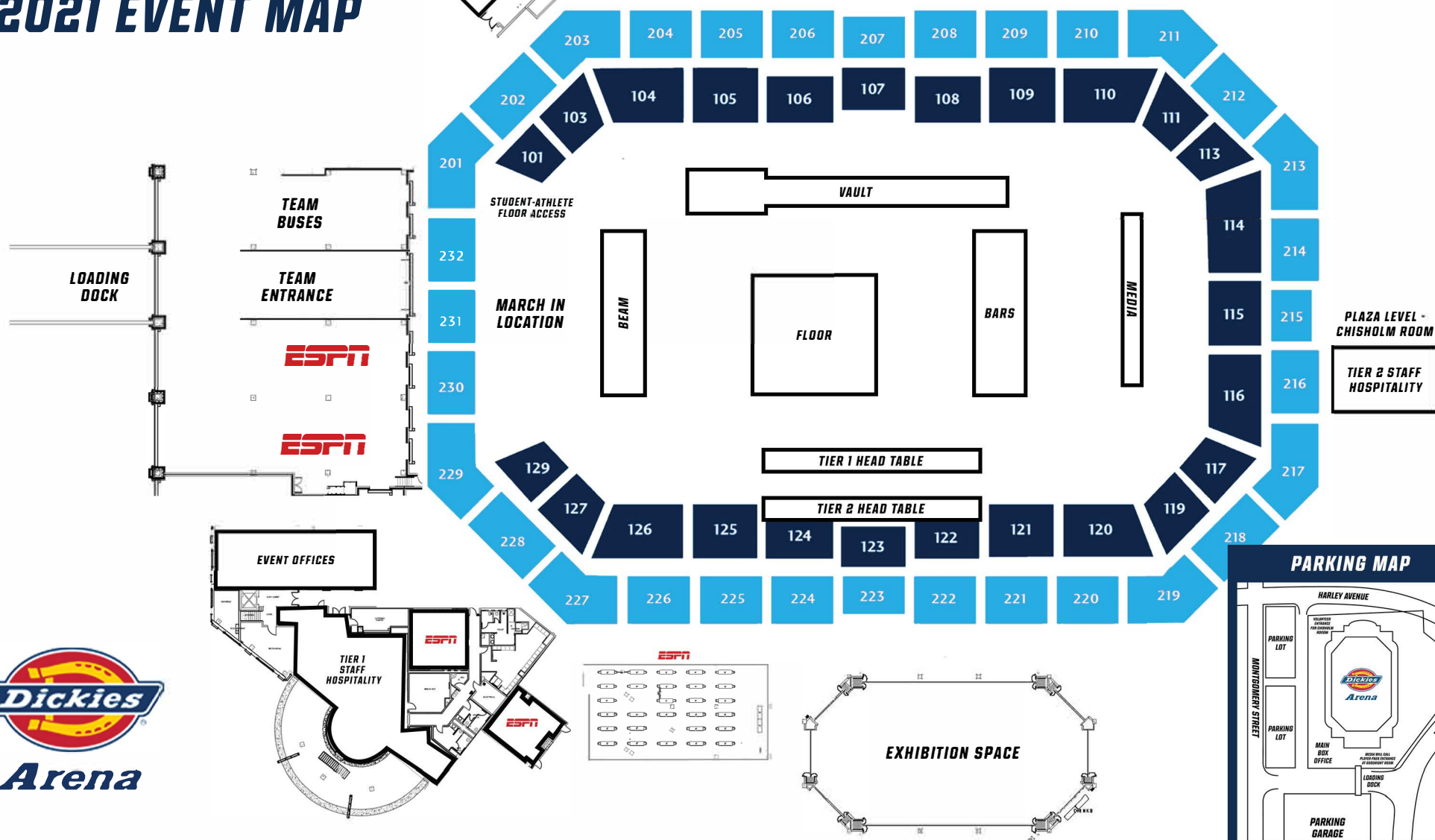
Throw mats denoted with these symbols are an either/or option at regionals. For nationals, both types of mats still are required.

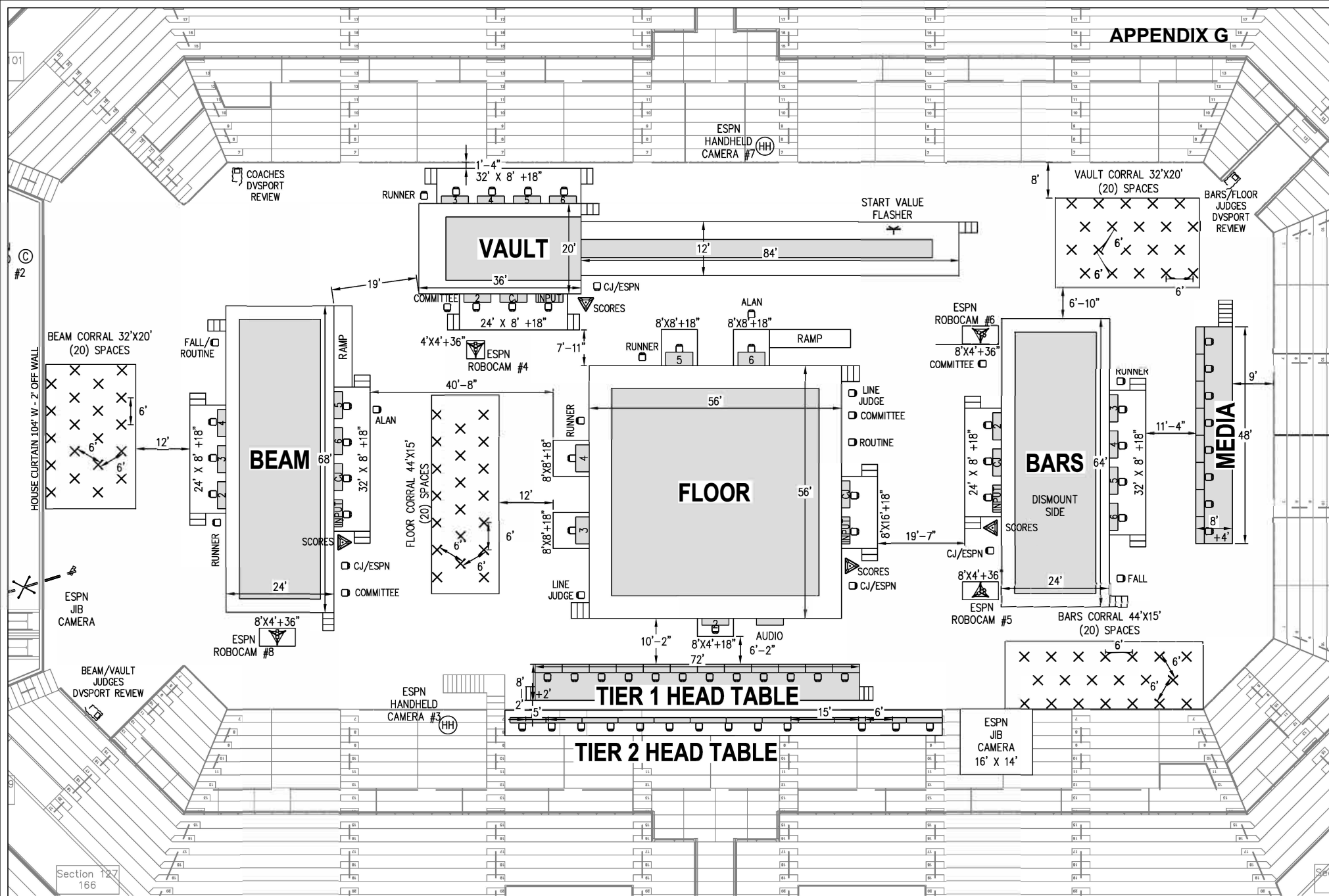
^Only 4 handheld flashers/start value flip charts needed at regionals.

**Please note that some items may be added or deleted due to future changes to equipment specifications. Also, some catalog numbers may change.



2021 EVENT MAP







WOMEN'S
NATIONAL COLLEGIATE
GYMNASTICS
CHAMPIONSHIPS
FORT WORTH, TX

2021 PARTICIPATING TEAM TICKET INFORMATION FORM

Please fill out the information below and return both pages via email to Daniel Smith (daniel@knighteady.com) and CC Allie Gallmeyer (agallmeyer@ncaa.org) no later than 12:00 PM ET on Wednesday April 7, 2021. All tickets will be mailed to the address listed below on or by close of business on Friday April 9, 2021 for each school to sort and prepare for distribution.

INSTITUTION NAME _____

MAIN TICKET CONTACT INFORMATION

NAME _____ CELL _____

EMAIL _____

BILLING/INVOICE CONTACT NAME (IF DIFFERENT FROM MAIN TICKET CONTACT)

NAME _____ CELL _____

EMAIL _____

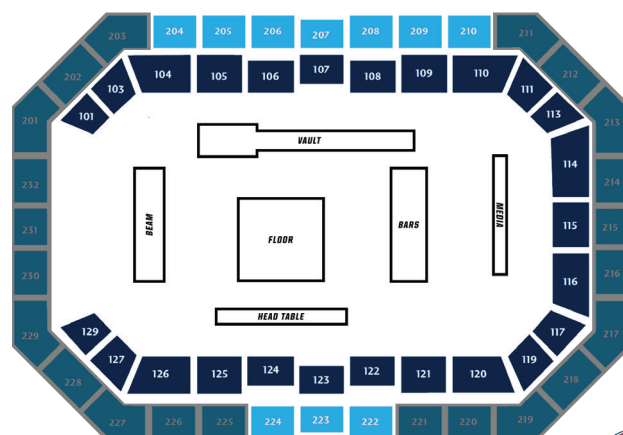
TOTAL CAPACITY - 2,405

1,964 TOTAL PLAZA LEVEL SEATS

101 - 26	109 - 106	117 - 56	125 - 75
103 - 77	110 - 112	119 - 70	126 - 104
104 - 98	111 - 67	120 - 110	127 - 77
105 - 108	113 - 49	121 - 43	129 - 27
106 - 89	114 - 125	122 - 49	
107 - 92	115 - 95	123 - 61	
108 - 78	116 - 123	124 - 47	

441 TOTAL GALLERY LEVEL SEATS

204 - 56	209 - 59
205 - 61	210 - 57
206 - 59	222 - 25
207 - 41	224 - 25
208 - 58	



■ Plaza Level Seating ■ Gallery Level Seating
■ Unavailable



*New for 2021, staying consistent with protocols in place for all NCAA Championships during the 2020-2021 academic year, all-session tickets will not be sold in 2021, so teams will purchase tickets only for the session(s) in which they compete.

TICKET ORDER

_____ TOTAL # OF SEMI-FINAL SESSION TICKETS (120 MAX TEAM OR 8 MAX PER AA/IES) X \$31.50 = _____ TOTAL

_____ TOTAL # OF CHAMPIONSHIP SESSION TICKETS (120 MAX TEAM) X \$37 = _____ TOTAL

TOTAL AMOUNT TO BE INVOICED = _____

Due to the limited capacity seating at Dickies Arena, we are asking that teams submit both their confirmed ticket request for Friday's Semi-Final session as well as a projected request for Saturday's Championship session in the event your team advances on this form. Tickets requested for Friday's semifinal session will be immediately sold, invoiced, and shipped and the projected number for all advancing teams will be confirmed, invoiced, and distributed with each institution's main ticket contact following Friday's semifinal sessions.

SHIPPING ADDRESS FOR TICKETS (ADDRESS MUST BE ABLE TO ACCEPT EXPRESS OR OVERNIGHT)

STREET _____

CITY _____ STATE _____ ZIP _____

WILL YOU TRAVEL TO FORT WORTH TO MANAGE YOUR TICKETS? ☐ YES ☐ NO

For 2021, to be sensitive to current staffing and travel issues, all institutions will have the option to have Dickies Arena provide staffing for your player-guest will call on-site at the Championship provided that tickets and lists are prepared per the guidelines below. However, all parties involved would strongly recommend each institution purchasing more than twenty-five (25) tickets do everything in their power to travel their main ticket contact to Fort Worth due to the limited capacity, pod seating, single session tickets, and turnaround from semifinals to finals. If you elect to not administer your own player-guest will call, please review the requirements below.*

IF NO, WHO WILL HAND DELIVER YOUR TICKETS, PASS LISTS, ETC TO US?

NAME _____ CELL PHONE _____

IF NO, WHAT DOCUMENTATION, INFORMATION DO YOU NEED RETURNED TO YOU? *CHECK ALL THAT APPLY*

- ☐ SIGNED PASS LISTS E-MAILED
- ☐ ORIGINAL SIGNED PASS LISTS MAILED
- ☐ TICKET STUBS FROM USED TICKETS MAILED
- ☐ UNUSED TICKETS (DEAD WOOD) MAILED

If anything is checked that needs to be returned to you via mail, please included an appropriate sized catalog envelope with return information and postage included with your ticket delivery to us on site

PLAYER GUEST WILL CALL REQUIREMENTS

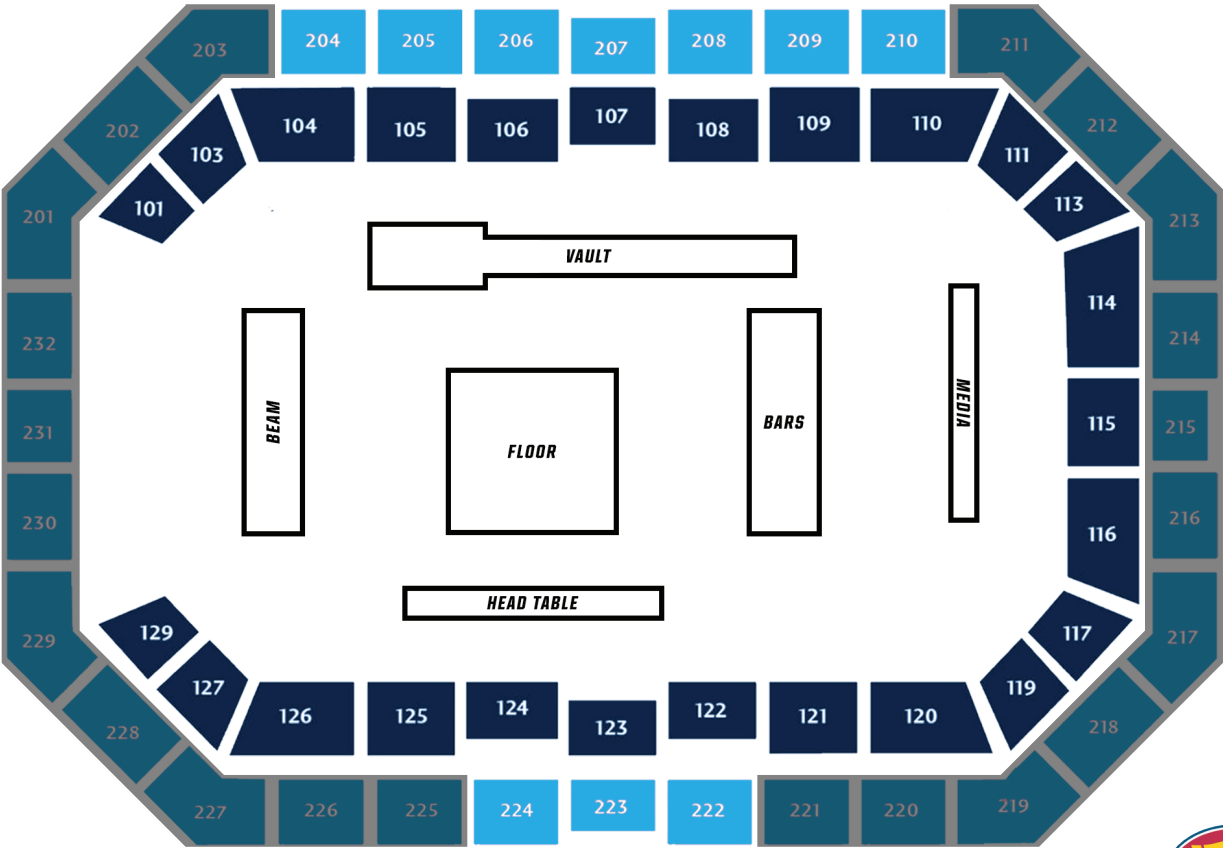
Player-guest tickets and lists must be prepared for each session. Tickets must be assigned in advance. Host personnel will not be responsible for making seat assignments within your block. Tickets must be packaged in envelopes with the guest name, quantity and session number on the outside of each envelope. A separate typed pass list with space for signatures must be provided each session.

Any tickets that are not being provided as complimentary admission to student-athletes and their guests (per Division I Bylaw 16.2 Complimentary Admissions and Ticket Benefits) may be distributed in advance or turned over to general will call without a pass list. The main box office at Dickies Arena is located on the southwest corner of the arena near the crosswalk from the main parking garage and will house both player-guest tickets and general will call.

**ALL FORMS MUST BE RECEIVED BY
WEDNESDAY, APRIL 7, 2021 AT 12:00 PM ET
TO DANIEL@KNIGHTEADY.COM AND CC.AGALLMEYER@NCAA.ORG**



SEATING MAP



Plaza Level Seating
 Gallery Level Seating
 Unavailable



TOTAL CAPACITY - 2,405

1,964 TOTAL PLAZA LEVEL SEATS

101 - 26	109 - 106	117 - 56	125 - 75
103 - 77	110 - 112	119 - 70	126 - 104
104 - 98	111 - 67	120 - 110	127 - 77
105 - 108	113 - 49	121 - 43	129 - 27
106 - 89	114 - 125	122 - 49	
107 - 92	115 - 95	123 - 61	
108 - 78	116 - 123	124 - 47	

441 TOTAL GALLERY LEVEL SEATS

204 - 56	209 - 59
205 - 61	210 - 57
206 - 59	222 - 25
207 - 41	224 - 25
208 - 58	



2021 WOMEN'S
NATIONAL COLLEGIATE
GYMNASTICS
CHAMPIONSHIPS
FORT WORTH, TX

PARTICIPATING TEAM MEDICAL QUICK GUIDE

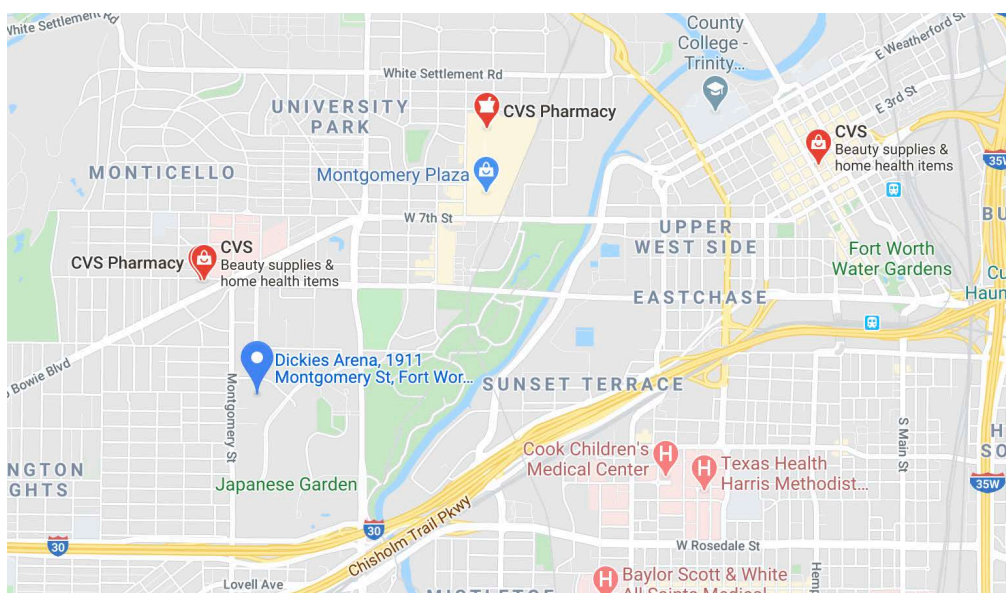
On behalf of Texas Woman's University and Texas Health Sports Medicine, we would like to welcome you to the 2021 National Gymnastics Championships. We want you to know that there are athletic trainers here to facilitate any medical needs you might have during your stay. Please do not hesitate to contact us or your on site Athletic Trainer at Dickies Arena should you have any needs or questions. Our goal is to help you reach your goals! Good luck!



Kris Ring ATC, LAT
817-917-1059



Kirsti Bennett ATC, LAT
832-401-3263



HOSPITAL

Texas Health Harris Fort Worth - 800 5th Avenue, Fort Worth, TX 76104 (3.1 Miles from Arena)

LOCAL WALK-IN CLINICS

CityDoc Urgent Care (8AM-8PM) - 3020 West 7th Street, #210 Fort Worth, TX 76107 (1.3 Miles from Arena)

The Emergency Center (24 Hours) - 1101 University Drive, Fort Worth, TX 76107 (1.2 Miles from Arena)

LOCAL PHARMACIES

CVS Pharmacy (24 Hours) - 3614 Camp Bowie Blvd. Fort Worth, TX 76107 (0.7 Miles from Arena)

CVS Pharmacy (7AM-10PM) -515 Houston Street, Fort Worth, TX 76102 (3.2 Miles from Arena - Near Hotels)

CVS Pharmacy Specialty Services (8AM-6PM M-F) - 426 S. Henderson St.. FW, TX 76104 (2.9 Miles from Arena)

TEXAS HEALTH SPORTS MEDICINE LOCAL MASSAGE THERAPIST

Nick Hadl - (817) 308-9958



VISITING TEAMS - CONSENT TO TREAT AUTHORIZATION

Patient Name:	Patient DOB:
Patient School:	Sport:

Diagnosis:

Treatment to be administered

Modality	Dose/Parameters

Medication to be administered – Form must be signed by a physician if injectable medication is requested

Medication	Unit (ex., tablet, liquid)	Dosage

Examination to be completed (if any):

Visiting Team Athletic Trainer Authorization

_____ Signature of Visiting School Athletic Trainer	_____ Printed Name of Visiting School Athletic Trainer
_____ Visiting School Athletic Trainer Telephone	

Visiting Team Physician Authorization

_____ Signature of Prescribing Physician	_____ Printed Name of Prescribing Physician
_____ Physician Telephone	

To be completed by host medical staff:

Attending Athletic Trainer:	
Attending Physician:	



APPENDIX L

To Southfork

STOCKYARDS NATIONAL HISTORIC DISTRICT

- 1 Stockyards Visitor Center 817.624.4741 • FortWorth.com
- 2 Fort Worth Herd 817.336.4680 • FortWorthHerd.com
- 3 Stockyards Championship Rodeo 817.625.1025 • StockyardsRodeo.com
- 4 Stockyards Station 817.625.9715 • StockyardsStation.com
- 5 Billy Bob's Texas 817.624.7117 • BillyBobsTexas.com
- 6 Stockyards Museum 817.625.5082 • StockyardsMuseum.org
- 7 Texas Cowboy Hall of Fame 817.626.7131 • TexasCowboyHallofFame.org
- 8 Grapevine Vintage Railroad 817.410.8155 • GVR.com

CULTURAL DISTRICT

- 9 The Stockyards Hotel 817.625.9300 • StockyardsHotel.com
- 10 Hyatt Place - Stockyards 817.626.6000 • Hyatt.com
- 11 Joe T. Garcia's Mexican Restaurant 817.626.4556 • JoeTs.com
- 12 Will Rogers Memorial Center 817.392.7469 • FortWorth.com
- 13 Modern Art Museum of Fort Worth 817.738.9215 • TheModern.org
- 14 Kimbell Art Museum 817.332.8451 • KimbellArt.org
- 15 Amon Carter Museum of American Art 817.738.1933 • CarterMuseum.org
- 16 Fort Worth Community Arts Center 817.738.1938 • FWACC.com

DOWNTOWN & SUNDANCE SQUARE

- 17 Fort Worth Museum of Science and History 817.255.9300 • FWMuseum.org
- 18 National Cowgirl Museum and Hall of Fame 817.332.6900 • Cowgirl.net
- 19 Casa Mañana 817.332.2272 • CasaManana.com
- 20 Botanical Research Institute of Texas (BRIT) 817.332.4441 • BRIT.org
- 21 Fort Worth Botanical Gardens 817.392.5510 • FWBG.org
- 22 Bass Performance Hall 817.212.4200 • BassHall.com
- 23 Embassy Suites Hotel - Downtown Fort Worth 817.332.6900 • EmbassySuites.com
- 24 Courtyard by Marriott - Blackstone 817.865.8700 • Marriott.com
- 25 Hilton Fort Worth 817.332.2100 • Hilton.com
- 26 JFK Tribute 817.870.1692 • JFKTribute.com
- 27 Molly the Trolley (Free) 817.215.8600 • The-T.com
- 28 Sheraton Fort Worth Hotel 817.335.7000 • SheratonHotels.com
- 29 Fort Worth Water Gardens 817.392.7111 • FortWorthTexas.gov
- 30 Omni Fort Worth Hotels 817.535.6664 • OmniHotels.com

NEAR SOUTHSIDE

- 31 Fort Worth Convention Center 817.392.6338 • FortWorth.com/Meetings
- 32 Sid Richardson Museum 817.332.6554 • SidRichardsonMuseum.org
- 33 Worthington Renaissance Hotel 817.870.1000 • Marriott.com
- 34 TownePlace Suites Downtown 817.332.6300 • Marriott.com
- 35 Justin Outlet Boot Store 817.885.8089 • JustinBoots.com
- 36 Thistle Hill 817.336.1212 • HistoricFortWorth.org
- 37 Cook Children's Medical Center 682.885.4000 • CookChildrens.org

WEST 7TH

For a list of all the exciting shops, restaurants and music venues in this neighborhood visit FortWorth.com/West7

CAMP BOWIE

Discover local eats and boutiques on the historic bricks of Fort Worth's westside neighborhood at FortWorth.com/CampBowie

PANTHER ISLAND

- 38 Panther Island Pavilion 817.698.0700 • PantherIslandPavilion.com
- 39 Backwoods Paddlesports 817.403.6906 • KayakFortWorth.com
- 40 Coyote Drive-In Movie 817.717.7767 • CoyoteDrive-In.com
- 41 LaGrave Field 817.717.1384 • CowtownWakepark.com

TCU & ZOO

- 42 University Park Village 817.332.5700 • UniversityParkVillage.com
- 43 Fort Worth Zoo 817.739.7555 • FortWorthZoo.org
- 44 Log Cabin Village 817.392.5881 • LogCabinVillage.org
- 45 Texas Christian University 817.257.7000 • TCU.edu

TEXAS MOTOR SPEEDWAY & ALLIANCE

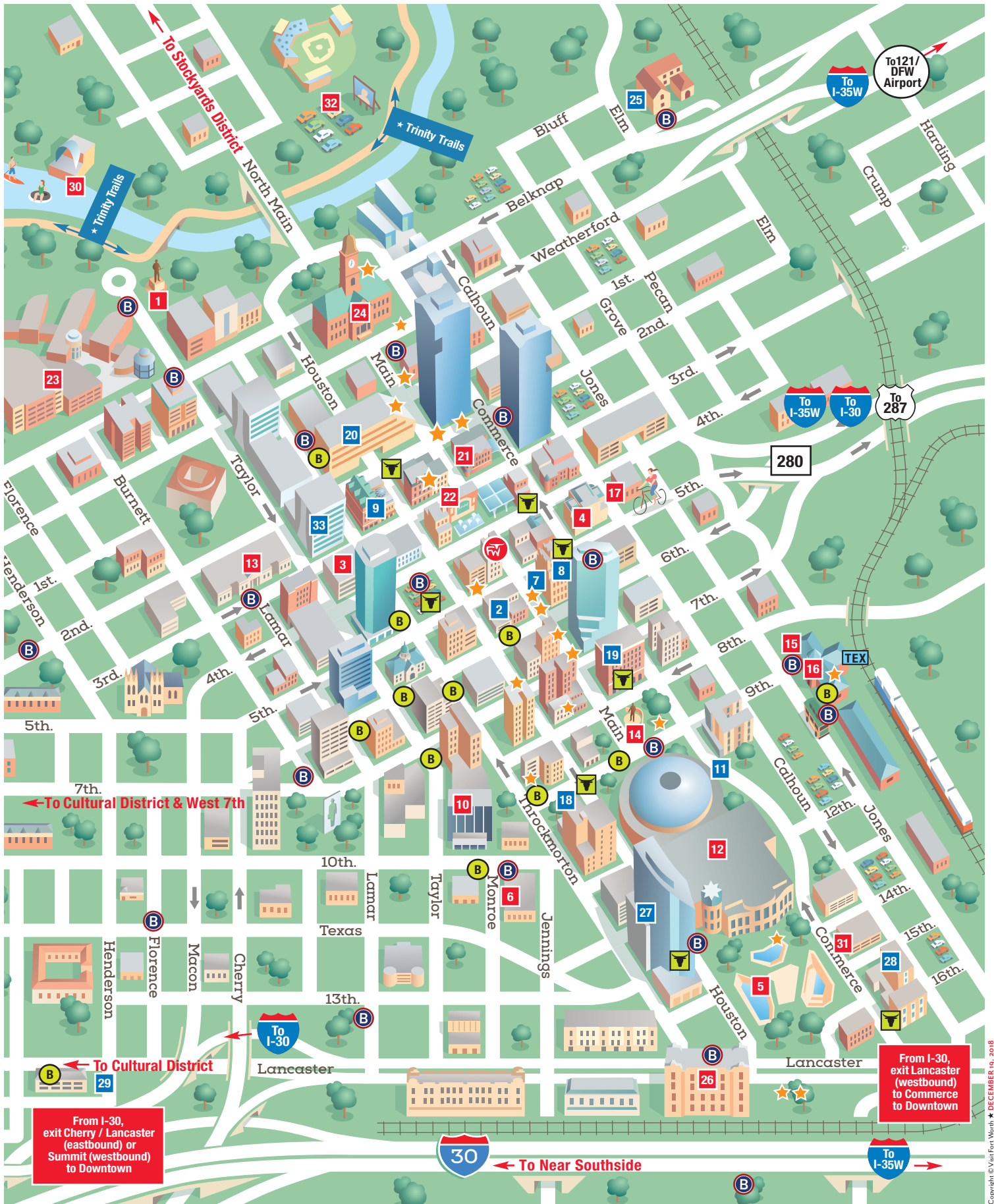
- 46 Texas Motor Speedway 817.215.8500 • TexasMotorSpeedway.com
- 47 Bureau of Engraving and Printing 817.231.4000 • MoneyFactory.gov
- 48 Meacham International Airport 817.392.5400 • FortWorthTexas.gov/Aviation

REGIONAL ATTRACTIONS

- 49 Alliance Airport 817.890.1000 • AllianceAirport.com
- 50 AT&T Stadium 817.892.4161 • ATTSStadium.com
- 51 Globe Life Park in Arlington 817.273.5100 • TexasRangers.com
- 52 Six Flags Over Texas 817.640.8900 • SixFlags.com
- 53 Six Flags Hurricane Harbor 817.265.3356 • SixFlags.com
- 54 Lone Star Park at Grand Prairie 972.263.7223 • LoneStarPark.com
- 55 Grand Prairie Premium Outlets 972.602.8383 • PremiumOutlets.com
- 56 Fort Worth Nature Center and Refuge 817.392.7410 • FWNatureCenter.org
- 57 Texas Civil War Museum 817.246.2323 • TexasCivilWarMuseum.com
- 58 C.R. Smith Museum 817.967.1560 • CRSmithMuseum.org
- 59 D/FW International Airport 972.973.8888 • DFWAirport.com
- 60 Ridgmar Mall 817.731.6591 • Ridgmar.com
- 61 Hulen Mall 817.294.1205 • HulenMall.com
- 62 North East Mall 817.589.9603 • Simon.com



DOWNTOWN WALKING MAP



- | | | | |
|---|---|--|--|
| 1 Major Ripley Allen Arnold Statue
398 N. Taylor St. ★ TrinityRiverVision.org | 10 Federal Building
10th & Taylor ★ 800.688.9889 | 19 Hilton Fort Worth
815 Main St. ★ 817.870.2100 | 27 Omni Fort Worth Hotel
1300 Houston St. ★ 817.535.6664 |
| 2 The Ashton Hotel
610 Main St. ★ 817.332.0100 | 11 Hampton Inn & Suites Downtown Fort Worth
1001 Commerce St. ★ 817.332.5300 | 20 Worthington Renaissance Hotel
200 Main St. ★ 817.870.1000 | 28 Sheraton Fort Worth Hotel
1701 Commerce St. ★ 817.335.7000 |
| 3 Chase Bank
420 Throckmorton ★ 817.884.4105 | 12 Fort Worth Convention Center
1201 Houston St. ★ 817.392.6338 | 21 Sid Richardson Museum
309 Main St. ★ 817.332.6554 | 29 Holiday Inn Express and Suites - Downtown Fort Worth
1111 W. Lancaster ★ 817.698.9595 |
| 4 Bass Performance Hall
525 Commerce St. ★ 817.212.4325 | 13 Fort Worth Central Library
500 W. 3rd St. ★ 817.871.7323 | 22 Sundance Square Plaza
420 Main St. ★ 817.255.5700 | 30 Panther Island Pavilion on the Trinity River
395 Purcey St. ★ 817.698.0700 |
| 5 Water Gardens
1502 Commerce St. ★ 817.392.5700 | 14 General Worth Square / JFK Tribute
900 Main St. ★ 817.870.1692 | 23 Tarrant County College - Trinity River East Campus
300 Trinity Campus Circle ★ 817.515.8223 | 31 Texas A&M University School of Law
1515 Commerce St. ★ 817.212.4000 |
| 6 City Hall
1000 Throckmorton ★ 817.392.2255 | 15 Greyhound (ITC Building) / TRE
9th & Jones ★ 817.429.3089 | 24 Tarrant County Courthouse
100 W. Weatherford St. ★ 817.884.1111 | 32 Coyote Drive-In Movie
223 NE 4th St. ★ 817.717.7767 |
| 7 Courtyard by Marriott - Blackstone
601 Main St. ★ 817.885.8700 | 16 Intermodal Transportation Center
9th & Jones ★ 817.215.8600 | 25 TownePlace Suites by Marriott Fort Worth Downtown
805 E. Belknap ★ 817.332.6300 | 33 Aloft Fort Worth Downtown
334 W. 3rd St. ★ 817.885.7999 |
| 8 Embassy Suites Hotel
600 Commerce St. ★ 817.332.6900 | 17 Maddox-Muse Center
330 E. 4th St. ★ 817.212.4300 | 26 T&P Station
221 W. Lancaster ★ 817.215.8600 | |
| 9 Etta's Place
200 W. 3rd St. ★ 817.255.5760 | 18 Fairfield Inn & Suites Fort Worth Downtown
1010 Houston St. ★ 817.529.9200 | | |



MAIN STREET VISITOR CENTER
508 Main Street
Fort Worth, Texas 76102
817.698.3300
FORTWORTH.COM

B Trinity Metro Bus Stop
817.215.8600
RideTrinityMetro.org
T Molly the Trolley
TEX TEXRail
RideTrinityMetro.org

A Attraction
H Hotel
B Fort Worth Bike Sharing
★ Heritage Trails

AUTO RENTAL

AVIS
801 W. Weatherford Street • 817.335.3211

Budget
1001 Henderson Street • 817.336.6601

Enterprise (ITC Station)
1001 Jones Street, Suite 139 • 817.885.8219

Hertz
917 Taylor Street • 817.332.5205

CLEANERS

7th Street Cleaners
701 Barden Street, Suite 105 • 817.335.5777

Upper West Cleaners
201 Commerce Street • 817.882.0975

COFFEE SHOPS

Black Rooster Cafe
910 Houston Street • 817.882.8108

Buon Giorno Coffee
915 Florence Street • 817.698.9888

Casablanca Coffee House
215 W. 8th Street • 817.862.7149

Corner Bakery Café
615 Main Street • 817.870.4991

Funky Town Donuts
132 E. 4th Street • 817.862.7337

Sons of Liberty Coffee
250 W. Lancaster Ave #120 • 817.330.6865

Starbucks in Hilton Fort Worth Hotel
815 Main Street • 817.870.2100

Starbucks in Omni Fort Worth Hotel
1300 Houston Street • 817.535.6664

Starbucks in Sundance Square
141 W. 3rd Street • 817.882.9480

Vaquero Coffee Co.
109 Houston Street • 682.730.1335

DRUG STORES

CVS Downtown (Closes at 10 p.m.)
515 Houston Street • 817.820.0488

Walgreens
921 Henderson Street • 817.885.8563

FLORIST

Flowers to Go
120 W. 3rd Street • 817.339.2555

GAS STATIONS & CONVENIENCE STORES

7-Eleven (Gas Available)
1401 W. 7th Street & Summit Avenue
817.348.0317

Downtown Food Store
1301 Calhoun Street • 817.885.7950

Sixth Street Sundry
200 W. 6th Street • 817.332.1677

Sundance Square Valero Fuel Station
320 E. 1st Street • 817.390.8763

Texaco (Gas Available)
1200 Henderson Street • 817.885.8592

GROCERY STORES

Natural Grocers
2501 W 7th Street #115 • 817.334.0801

Super Target (Montgomery Plaza)
301 Carrol Street & W. 7th Street
817.302.0290

Tom Thumb
2400 W. 7th Street • 817.302.1400

LOCKSMITH

Bob's Lock & Safe
4912 Camp Bowie Boulevard • 817.737.2560

MEDICAL/DENTAL

Concentra Urgent Care
2500 W. Freeway, Suite 100 (I-30)
817.882.8700 or FAX 817.882.8707

Diane Raulston, D.D.S.
815 Houston Street • 817.877.3131

John S. Rubin, D.D.S.P.A., Montgomery Plaza Dental
2600 W. 7th Street, Suite 184 • 817.332.5192

Marie A. Holliday, D.M.D.
115 W. 2nd Street, Suite 200 • 817.877.1872

NAILS, MASSAGE THERAPY & SPA

Mokara Spa (Omni Fort Worth Hotel)
1300 Houston Street • 817.350.4123

Parfumerie Marie Antoinette and Spa
101 W. 2nd Street • 817.332.2888

OFFICE SERVICES

Central Station Post Office
819 Taylor Street • 817.332.6844

FedEx Office Print & Ship
901 Houston Street • 817.348.8899

The UPS Store
209 W. 2nd Street • 817.870.1604

USPS Mail – Drop Box
9th Street & Commerce Street

Western Union (ITC Station/Greyhound Bus Station)
1001 Jones Street • 817.332.4163

TRANSPORTATION

Fort Worth Bike Sharing
817.348.0084 • FortWorthBikeSharing.org

Go Yellow Checker Shuttle (Serving DFW Airport)
817.267.5150

Super Shuttle (Serving DFW Airport)
817.329.2000 • 800.258.3826

Yellow Cab
817.534.5555

Molly The Trolley
RideTrinityMetro.org

Uber and **Lyft** are also available

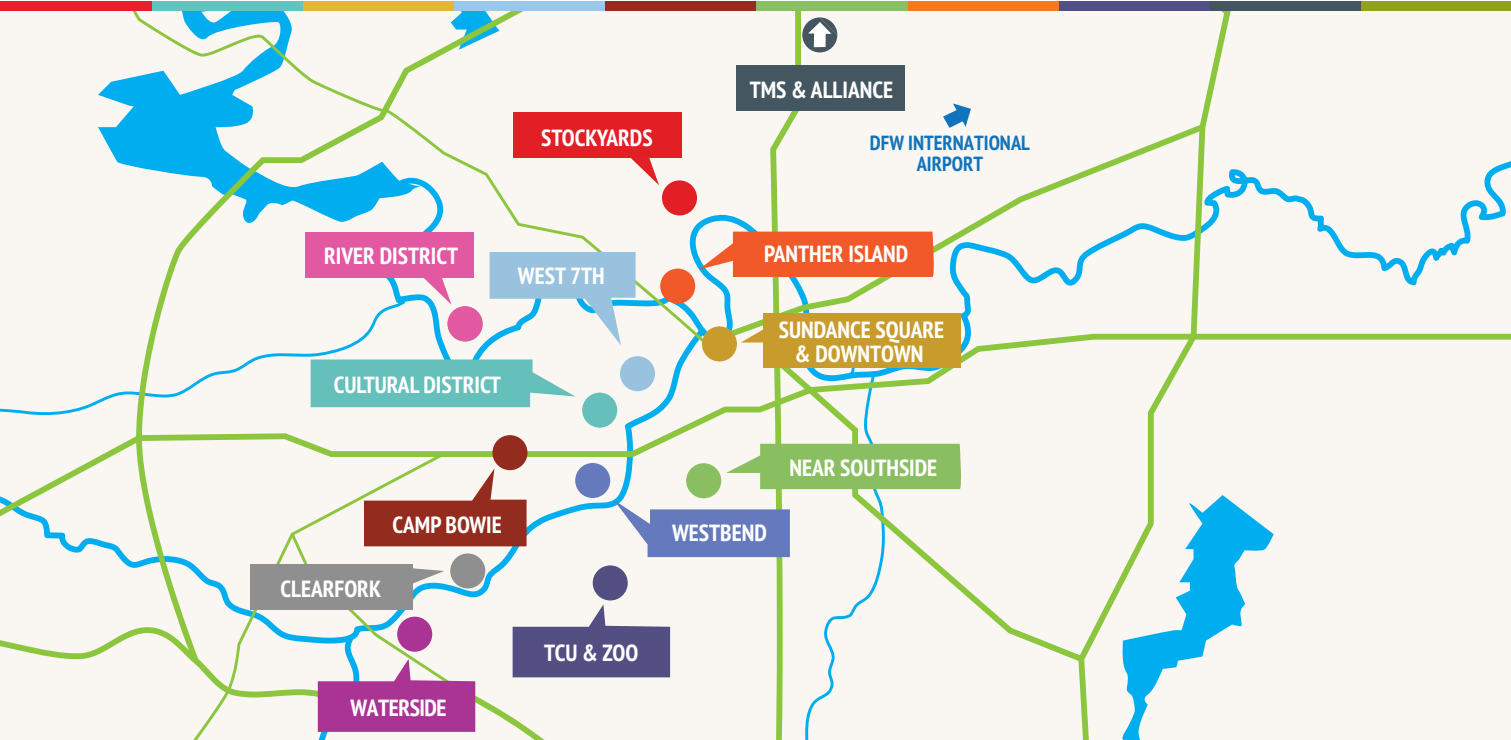
Take **Molly The Trolley**, a complimentary shuttle, to Sundance Square for more exciting restaurants, shopping and entertainment options.

climb aboard
molly the trolley!



facebook.com/VisitFortWorth twitter.com/VisitFortWorth

EXPLORE FORT WORTH



For downtown shopping and dining visit **FORTWORTH.COM**

*Every effort has been made to ensure accuracy at the time of printing. Visit FortWorth.com for the most up-to-date listing.



STOCKYARDS DISTRICT WALKING MAP

APPENDIX N



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- 1** Hyatt Place Fort Worth Stockyards
132 E. Exchange Ave. ★ 817.626.6000
- 2** Billy Bob's Texas
2520 Rodeo Plaza ★ 817.624.7117
- 3** River Ranch — Fort Worth Stockyards
500 NE. 23rd St. ★ 817.624.1111
- 4** Cowtown Cattlepen Maze
145 E. Exchange Ave. ★ 817.624.6666
- 5** Cowtown Coliseum / Texas Rodeo
Cowboy Hall of Fame
121 E. Exchange Ave. ★ 817.625.1025
Texas Rodeo Cowboy Hall of Fame: 817.624.7963
- 6** Fort Worth Herd Cattle Drive
East Exchange Ave. ★ 817.336.4373
- 7** Grapevine Vintage Railroad
140 E. Exchange Ave. ★ 817.410.3123

- 8** Joe T. Garcia's Mexican Restaurant
2201 N. Commerce ★ 817.626.4356
- 9** Livestock Exchange Building
131 E. Exchange Ave. ★ 817.626.2334
- 10** Miss Molly's B&B
109 W. Exchange Ave. ★ 817.626.1522
- 11** Fort Worth Herd Cow Camp
131 E. Exchange Ave. ★ 817.336.4373
- 12** Rodeo Park
Ellis Ave. & 26th ★ 817.871.7696
- 13** Rodeo Plaza 2520 Rodeo Plaza
- 14** Rose Marine Theater
1440 N. Main St. ★ 817.624.8333
- 15** Fort Worth Stockyards Stables
128 E. Exchange Ave. ★ 817.575.9506

- 16** Stockyards Visitors Center
2501 Rodeo Plaza ★ 817.624.4741
- 17** Texas Cowboy Hall of Fame
2515 Rodeo Plaza ★ 817.626.7131
- 18** The Stockyards Hotel
109 E. Exchange Ave. ★ 817.625.6427
- 19** Stockyards Museum
131 E. Exchange Ave., Ste. 113 ★ 817.625.5082
- 20** Stockyards Station
130 E. Exchange Ave. ★ 817.625.9715
- 21** White Elephant Saloon
106 E. Exchange Ave. ★ 817.624.8273
- 22** Courtyard Fort Worth Historic Stockyards
2537 N. Main Street ★ 817.624.1112
- 23** Springhill Suites by Marriott
2315 N. Main Street ★ Opening Summer 2019

Outdoor Sculptures:

- i** "Bill Pickett"
- ii** "Quanah Parker Comanche Chief"
- iii** "Texas Gold"

Also Look for:

"Texas Trail of Fame" markers
starting on E. Exchange Avenue



STOCKYARDS VISITOR CENTER
2501 Rodeo Plaza
Fort Worth, Texas 76164
817.624.4741
FORTWORTH.COM

B Trinity Metro Bus Stop
817.215.8600
RideTrinityMetro.org
MC Motorcoach Parking

Attraction
Hotel

B Fort Worth Bike Sharing



CULTURAL DISTRICT WALKING MAP

APPENDIX O



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- 1** Amon Carter Museum of American Art
3501 Camp Bowie Blvd. ★ 817.738.1933
- 2** Fort Worth Botanic Garden / Japanese Garden
3220 Botanic Garden Blvd. ★ 817.392.5510
- 3** Botanical Research Institute of Texas (BRIT)
1700 University Drive ★ 817.332.4441
- 4** Casa Mañana
3101 W. Lancaster Ave. ★ 817.332.2272
- 5** Dickies Arena
3464 Trail Drive ★ 817.402.9000
- 6** Farrington Field
University Drive at W. Lancaster Ave.
- 7** Fort Worth Museum of Science and History / Cattle Raisers Museum
1600 Gendy St. ★ 817.255.9300
Cattle Raisers Museum: 817.332.8551

- 8** Fort Worth Community Arts Center
1300 Gendy St. ★ 817.738.1938
- 9** Kimbell Art Museum
3333 Camp Bowie Blvd. ★ 817.332.8451
- 10** Modern Art Museum of Fort Worth
3200 Darnell St. ★ 817.738.9215
- 11** National Cowgirl Museum and Hall of Fame
1720 Gendy St. ★ 817.336.4475
- 12** Omni Theater / Noble Planetarium
1600 Gendy St. ★ 817.255.9300
- 13** Scott Theater
1300 Gendy St. ★ 817.738.1938
- 14** Trinity Park/Trails
Trinity Trails offer more than 40 miles of hike and bike paths along the scenic Trinity River greenbelt.

- 15** Will Rogers Memorial Center
3401 W. Lancaster Ave. ★ 817.392.7469
- a** Pioneer Tower
- b** Will Rogers Auditorium
- c** Amon G. Carter Jr. Exhibits Building
- d** Will Rogers Coliseum
- e** Burnett Building
- f** John Justin Arena
- g** Richardson-Bass Building
- h** W.R. Watt Arena
- i** Moncrief Building
- j** Livestock Barns / Flea Market
- k** Equestrian Multi-Purpose Building

Outdoor Sculptures:

- i** "Vortex," Richard Serra
- ii** "Two-Piece Reclining Figure," Henry Moore
- iii** "Woman Addressing The Public," Joan Miró
- iv** "Constellation," Isamu Noguchi
- v** "Figures in a Shelter," Henry Moore
- vi** "Running Flower," Fernand Léger
- vii** "Upright Motives," Henry Moore
- viii** "Riding Into The Sunset," Electra Biggs
- ix** "Midnight," Jack Bryant
- x** "John Justin and Baby Blue," Jack Bryant
- xi** "High Desert Princess," Mehl Lawson

TOP TEN FREE

THINGS TO DO IN FORT WORTH

with transportation options



Free and fun come together in Fort Worth to give visitors a great time without breaking the bank. We’ve gathered a list of the top 10 FREE things to do in Fort Worth.

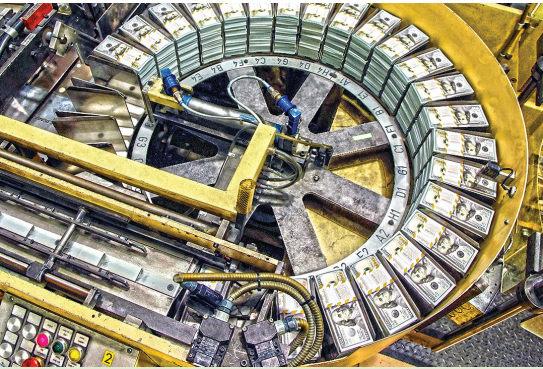
1. Kimbell Art Museum

This museum holds a collection of treasures such as Michelangelo’s first painting - the only of his works in the Americas. It’s not only the art, but the world-renowned building that is worth the visit. The museum is open: Tuesday-Thursday, 10 a.m. – 5 p.m., Friday, 12 p.m. – 8 p.m., Saturday 10 a.m. – 5 p.m. Sunday 12 p.m. – 5 p.m. Closed Monday.



2. Fort Worth Botanic Gardens

A 110-acre oasis from the Texas sun with over 2,500 species of both exotic and native plants. The gardens are located in the center of the Cultural District 365 days a year, 8 a.m. - dusk.



3. The Bureau of Engraving and Printing

This printing facility is one of only two in the nation. Visitors are able to see American money printed at the place where over half of the nation’s currency is ordered. Free tours are conducted Tuesday – Friday, 8:30 a.m. – 4:30 p.m.

4. Amon Carter Museum of American Art

This museum is known for an assorted collection that links visitors to American history through art. Amon Carter Museum is open Tuesday, Wednesday, Friday & Saturday, 10 a.m. – 5 p.m., Thursday 10 a.m. – 8 p.m. and Sunday 12 p.m. – 5 p.m. Closed Monday.

5. Fort Worth Stockyards National Historic District

This national institution is decked out with western saloons, cowboys on horseback, a year-round rodeo and much more. Visitors will enjoy the world’s only twice-daily cattle drive at 11:30 a.m. and 4 p.m., presented by the Fort Worth Herd.



6. Sundance Square

Spanning 35 blocks, Sundance Square is the perfect place to shop, dine and be entertained. Sundance Square Plaza offers free entertainment year-round including: yoga, live music, theater performances, a spectacular Christmas tree lighting and more.

7. Fort Worth Water Gardens

A refreshing haven, the Fort Worth Water Gardens offers various pools of water and green spaces. The active water pool wows, while the aerated pool entertains and the quiet water pool calms. The gardens are open from 7:30 a.m. – 10 p.m. daily.

8. Molly the Trolley

Molly the Trolley is a vintage-style trolley that offers a convenient route between the Fort Worth Convention Center and Sundance Square, and makes stops near downtown hotels, landmarks, restaurants, shops and entertainment venues. Molly runs every 10 – 15 minutes, 7 days a week, from 10 a.m. to 10 p.m. Fare is free.

9. Sid Richardson Museum

Located in Sundance Square, this museum houses works from leading Western artists Frederic Remington and Charles M. Russell. Free docent-guided tours are offered every Tuesday and Saturday at 2 p.m. and the museum is open Monday -Thursday 9 a.m. – 5 p.m.; Friday – Saturday 9 a.m. – 8 p.m.; and Sunday 12 p.m. – 5 p.m.

10. JFK Tribute

The 8-foot bronze JFK Tribute in General Worth Square marks the place and occasion of President Kennedy’s historic visit to Fort Worth. Download the JFK Tribute mobile app for an audio tour and to see pictures and videos of the historic visit. Southeast corner of Main & 8th Street.

TRANSPORTATION OPTIONS

Departing From the Historic Stockyards to the ITC and Downtown Hotels:

Route 15 T Bus – Saturday & Sunday

Board on Main Street in front of the Isis Theater
*Service is available every 15 – 60 minutes
From 5:30 a.m. – 11:30 p.m.*

Departing from Downtown to the Historic Stockyards:

Route 15 T Bus – Saturday & Sunday

Board at trolley/hotel stops located curbside on the street. Look for “The T” stops. Get off at Main & Exchange next to Maverick Western Wear
*Service between ITC, downtown hotels to the Stockyards is every 15 – 60 minutes
From 5:30 a.m. – 11:30 p.m.*



Downtown Complimentary Shuttle Service:

Molly The Trolley

Board at the ITC, Sundance Square, and most downtown hotels.
*Service is every 10 – 15 minutes from
10 a.m. – 10 p.m.*

Transportation Options:

Go Yellow Checker Shuttle

YellowCheckerShuttle.com
817.267.5150

Yellow Cab

817.534.5555
DallasYellowCab.com

Trinity Metro Bus Service

817.215.8600
RideTrinityMetro.org

Trinity Railway Express

Real Time Info @ nextbus.com provides real-time transit information to passengers.
817.215.8600
TrinityRailwayExpress.org

Amtrak

800.872.7245
Amtrak.com

TEXRail to DFW Airport

January 2019
RideTrinityMetro.org

Uber and **Lyft** are also available