

All times listed are Eastern
Schedule is subject to change

THURSDAY MAY 27, 2021 - Session 1			
Competition Time	MEN'S DECATHLON	DIVISION	ROUND
9am	100 Meters	Men	Final
~9:45am	Long Jump	Men	Final
~10:55am	Shot Put	Men	Final
~12pm	High Jump (2 Pits)	Men	Final
~1:45pm	400 Meters	Men	Final
Competition Time	WOMEN'S HEPTATHLON	DIVISION	ROUND
~9:30am	100 Meters Hurdles	Women	Final
~10:15am	High Jump (2 Pits)	Women	Final
~11:45pm	Shot Put	Women	Final
~1pm	200 Meters	Women	Final
Competition Time	FIELD EVENTS	DIVISION	ROUND
2pm	Hammer Throw	Men	Final
2:05pm	Long Jump	Men	Final
Competition Time	TRACK EVENTS	DIVISION	ROUND
2:30pm	4x100 Meter Relay	Men	Preliminary
*2:50pm	1,500 Meters	Men	Preliminary
3:10pm	400 Meters	Men	Preliminary
3:30pm	100 Meters	Men	Preliminary
*3:50pm	3,000 Meter Steeplechase	Men	Preliminary
4:10pm	400 Meter Hurdles	Men	Preliminary
THURSDAY MAY 27, 2021 - Session 2			
Competition Time	FIELD EVENTS	DIVISION	ROUND
5:10pm	Hammer Throw	Women	Final
5:25pm	Long Jump	Women	Final
5:45pm	Pole Vault	Women	Final
Competition Time	TRACK EVENTS	DIVISION	ROUND
5:15pm	4x100 Meter Relay	Women	Preliminary
5:35pm	1,500 Meters	Women	Preliminary
5:55pm	400 Meters	Women	Preliminary
6:15pm	100 Meters	Women	Preliminary
*6:35pm	3,000 Meter Steeplechase	Women	Preliminary
6:55pm	400 Meter Hurdles	Women	Preliminary
7:15pm	10,000 Meters	Men	Final
7:55pm	10,000 Meters	Women	Final

*No preliminary round contested. Final Only

FRIDAY MAY 28, 2021 - Session 1			
Competition Time	MEN'S DECATHLON	DIVISION	ROUND
9am	110 Meter Hurdles	Men	Final
~9:40am	Discus	Men	Final
~11am	Pole Vault	Men	Final
~1:20pm	Javelin	Men	Final
~2:25pm	1,500 Meters	Men	Final
Competition Time	WOMEN'S HEPTATHLON	DIVISION	ROUND
~9:30am	Long Jump	Women	Final
~11:15am	Javelin	Women	Final
~12:30pm	800 Meters	Women	Final
Competition Time	FIELD EVENTS	DIVISION	ROUND
2pm	High Jump	Men	Final
2:05pm	Discus	Men	Final
Competition Time	TRACK EVENTS	DIVISION	ROUND
2:45pm	200 Meters	Men	Preliminary
3:05pm	800 Meters	Men	Preliminary
3:25pm	110 Meter Hurdles	Men	Preliminary
3:45pm	3,000 Meter Steeplechase	Men	Final
4:05pm	4x400 Meter Relay	Men	Preliminary
FRIDAY MAY 28, 2021 - Session 2			
Competition Time	FIELD EVENTS	DIVISION	ROUND
5pm	Discus	Women	Final
5:10pm	Triple Jump	Women	Final
Competition Time	TRACK EVENTS	DIVISION	ROUND
5:20pm	200 Meters	Women	Preliminary
5:40pm	800 Meters	Women	Preliminary
6pm	100 Meter Hurdles	Women	Preliminary
6:20pm	3,000 Meter Steeplechase	Women	Final
6:40pm	4x400 Meter Relay	Women	Preliminary

SATURDAY MAY 29, 2021 - Session 1			
Competition Time	FIELD EVENTS	DIVISION	ROUND
9:30am	Javelin	Men	Final
11:15am	Triple Jump	Men	Final
11:30am	Pole Vault	Men	Final
11:45pm	Javelin	Women	Final
2pm	Shot Put	Men	Final
Competition Time	TRACK EVENTS	DIVISION	ROUND
1pm	4x100 Meter Relay	Men	Final
1:20pm	1,500 Meters	Men	Final
1:40pm	110 Meter Hurdles	Men	Final
2pm	400 Meters	Men	Final
2:20pm	100 Meters	Men	Final
2:40pm	800 Meters	Men	Final
3pm	400 Meter Hurdles	Men	Final
3:20pm	200 Meters	Men	Final
3:40pm	5,000 Meters	Men	Final
4pm	4x400 Meter Relay	Men	Final
SATURDAY MAY 29, 2021 - Session 2			
Competition Time	FIELD EVENTS	DIVISION	ROUND
5pm	Shot Put	Women	Final
5:15pm	High Jump	Women	Final
Competition Time	TRACK EVENTS	DIVISION	ROUND
5:05pm	4x100 Meter Relay	Women	Final
5:25pm	1,500 Meters	Women	Final
5:45pm	100 Meter Hurdles	Women	Final
6:05pm	400 Meters	Women	Final
6:25pm	100 Meters	Women	Final
6:45pm	800 Meters	Women	Final
7:05pm	400 Meter Hurdles	Women	Final
7:25pm	200 Meters	Women	Final
7:45pm	5,000 Meters	Women	Final
8:05pm	4x400 Meter Relay	Women	Final

