

A G E N D A

National Collegiate Athletic Association

Division II Championships Committee and Legislation Committee

Indianapolis Marriott Downtown
Indianapolis, Indiana

June 9, 2010

1. Welcome and announcements. (Ann Martin and Janet Montgomery)
 - a. Committee rosters. [Supplement Nos. [1](#) and [2](#)]
 - b. Participants from the Division II Athletic Directors Association (ADA) and the Division II Conference Commissioners Association (CCA). [[Supplement No. 3](#)]
 - c. Comments from the chair of the Division II Management Council. (Kathleen Brasfield)
2. Review information shared with the NCAA Division II Presidents Council and NCAA Division II Management Council at the April in-person meetings. (Alvida Alford, Jenn Fraser and Martin)
 - a. Discussion document and PowerPoint presentation of research regarding Phase II of the Life in the Balance Initiative. [Supplement Nos. [4-a](#), [4-b](#) and [5](#)]
 - b. Update on feedback from Division II presidents and chancellors and the Management Council regarding Phase II. (Brasfield and Terri Steeb)
3. Updates from coaches associations. (Alford, Fraser and Stephanie Smith)
 - a. U.S. Track and Field and Cross Country Coaches Association. [[Supplement No. 6](#)]
 - b. National Soccer Coaches Association of America. [[Supplement No. 7](#)]
 - c. National Fastpitch Coaches Association. [[Supplement No. 8](#)]
 - d. Women's Basketball Coaches Association. [[Supplement No. 9](#)]
 - e. American Volleyball Coaches Association. [[Supplement No. 10](#)]
 - f. Feedback from other coaches associations received after the posting deadline. [[Supplement No. 11 – to be delivered](#)]

4. Feedback received from other constituent groups (e.g., conference offices, student-athletes).
 - a. Chart outlining feedback from Division II sports committees. [[Supplement No. 12](#)] (Smith)
 - b. Membership comments submitted via email at lifeinthebalance@ncaa.org. [[Supplement No. 13](#)] (Fraser)
 - c. Feedback from the Division II ADA and CCA. (Ed Matejkovic and Jim Naumovich)
 - Feedback from NCAA Division II Conferences. [Supplement Nos. [14](#) and [15](#)]
 - d. Feedback from the Division II Student-Athlete Advisory teleconference on May 2. (Alford, Brooke Baker and Vanessa Moreira)
5. Review the legislative format of the concepts anticipated for recommendation of sponsorship for the 2011 NCAA Convention.
 - a. Annual and discretionary exemptions – combined lists. [[Supplement No. 16](#)] (Fraser)
 - b. Nonchampionship segment. (Fraser)
 - Baseball and softball – additional dates of competition. [Supplement Nos. [17-a](#) and [17-b](#)]
 - Spring sports – exception for use of a season of competition. [[Supplement No. 18](#)]
 - Start date for spring sports – later date. [[Supplement No. 19](#)]
 - c. 20/8 hour rule – figure outlining countable and noncountable athletically related activities. [[Supplement No. 20](#)] (Alford)
 - d. Skill instruction. (Alford)

- All sports except football – full team activities until first day of practice and skill instruction after the Division II championship. [[Supplement No. 21](#)]
- All sports except football – full team activities outside of the playing season. [[Supplement No. 22](#)]
- e. Start date for winter sports. (Smith)
 - September 7 or the fourth day of classes, whichever is earlier. [[Supplement No. 23](#)]
 - September 15. [[Supplement No. 24](#)]
 - September 7 or the first day of classes, whichever is later. [[Supplement No. 25](#)]
 - Reduction to the length of the championship segment by one week (seven consecutive calendar days). [[Supplement No. 26](#)]
- 6. Discussion on the championships policies to be reviewed and amended in Phase II. (Shonna Brown and Roberta Page)
 - a. Championship selection criteria.
 - b. Regionalization. [[Supplement No. 27](#)]
- 7. Review of tracking mechanism for the Life in the Balance initiative. (Fraser)
- 8. Other business.
- 9. Adjournment.

2009-10 NCAA Division II Legislation Committee Roster

Brooke Baker Grand Canyon University 5545 West Cholla Street Glendale, Arizona 85304 WORK: 623/205-8540 E-MAIL: bbaker363@my.gcu.edu	Subcommittee Assignment: <i>None</i> Conference: <i>Pacific West Conference</i> Term Expires: <i>January 2011</i> <i>Student-Athlete Advisory Committee Representative</i>
Melissa Barrett Senior Associate Athletics Director Belmont Abbey College 100 Belmont-Mt. Holly Road Belmont, North Carolina 28012 WORK: 704/461-5044 FAX: 704/461-6570 E-MAIL: MelissaBarrett@bac.edu	Subcommittee Assignment: <i>Legislative Review Subcommittee</i> Conference: <i>Conference Carolinas</i> Term Expires: <i>September 2013</i>
Kathleen Brasfield Director of Athletics Angelo State University ASU Station #10899 San Angelo, Texas 76909 WORK: 325/942-2267 FAX: 325/942-2158 E-MAIL: kathleen.brasfield@angelo.edu	Subcommittee Assignment: <i>None</i> Conference: <i>Lone Star Conference</i> <i>Management Council Chair - Nonvoting Member</i>
Marcus Grant Director of Compliance & Marketing Central Intercollegiate Athletic Association 22 Enterprise Way, Suite 210 Hampton, Virginia 23666 WORK: 757/865-0071 FAX: 757/865-8436 E-MAIL: mgrant@theciaa.com or marcusdgrant@aol.com	Subcommittee Assignment: <i>Interpretations Subcommittee</i> Conference: <i>Central Intercollegiate Athletic Association</i> Term Expires: <i>September 2011</i>
Dean Johnson Associate Athletics Director Caldwell College 120 Bloomfield Avenue Caldwell, New Jersey WORK: 973/618-3321 FAX: 973/618-3370 E-MAIL: djohnson@caldwell.edu	Subcommittee Assignment: <i>Legislative Review Subcommittee</i> Conference: <i>Central Atlantic Collegiate Conference</i> Term Expires: <i>September 2010</i>

Diana Kling Assistant Commissioner for Internal Operations Peach Belt Conference 503 Blackburn Drive Augusta, Georgia 30907 WORK: 706/364-3950 FAX: 706/650-8113 E-MAIL: dkling@peachbeltconference.org	Subcommittee Assignment: <i>Interpretations Subcommittee (chair)</i> Conference: <i>Peach Belt Conference</i> Term Expires: <i>September 2011</i>
Ann Martin, chair Assistant Director of Athletics, Senior Woman Administrator Regis University 3333 Regis Boulevard, F-20 Denver, Colorado 80221 WORK: 303/964-5718 FAX: 303/964-5499 E-MAIL: amartin@regis.edu	Subcommittee Assignment: <i>Interpretations Subcommittee and Legislative Review Subcommittee</i> Conference: <i>Rocky Mount Athletic Conference</i> Term Expires: <i>January 2013</i> <i>Management Council Representative</i>
Jill McCartney Assistant Athletics Director/Senior Woman Administrator Washburn University of Topeka Petro Allied Health Center 1700 SW College Avenue Topeka, Kansas 66621 WORK: 785/670-1790 E-MAIL: jill.mccartney@washburn.edu	Subcommittee Assignment: <i>Legislative Review Subcommittee</i> Conference: <i>Mid-America Intercollegiate Athletics Association</i> Term Expires: <i>September 2011</i>
Eileen McDonough Associate Vice President for Student Affairs, Faculty Athletics Representative Barry University 11300 NE 2nd Avenue Miami Shores, Florida 33161 WORK: 305/899-3090 FAX: 305/899-3959 E-MAIL: emcdonough@mail.barry.edu	Subcommittee Assignment: <i>Legislative Review Subcommittee</i> Conference: <i>Sunshine State Conference</i> Term Expires: <i>September 2011</i>
Frances A. Nee Senior Woman Administrator Indiana University of Pennsylvania 660 South 11th Street Indiana, Pennsylvania 15705 WORK: 724/388-5196 FAX: 724/357-2754 E-MAIL: nee@iup.edu	Subcommittee Assignment: <i>Interpretations Subcommittee</i> Conference: <i>Pennsylvania State Athletic Conference</i> Term Expires: <i>January 2012</i> <i>Management Council Representative</i>

S. Jay Newton Compliance Coordinator/Assistant Director of Athletics University of Southern Indiana 8600 University Boulevard Evansville, Indiana 47712 WORK: 812/464-1846 FAX: 812/465-1129 E-MAIL: sjnewton@usi.edu	Subcommittee Assignment: <i>Interpretations Subcommittee</i> Conference: <i>Great Lakes Valley Conference</i> Term Expires: <i>September 2013</i>
Carol Rivera Assistant Commissioner California Collegiate Athletic Association 1350 Treat Boulevard, Suite 500 Walnut Creek, California 94597 WORK: 925/472-8299 FAX: 925/472-8887 E-MAIL: crivera@goccaa.org	Subcommittee Assignment: <i>Legislative Review Subcommittee (chair)</i> Conference: <i>California Collegiate Athletic Association</i> Term Expires: <i>September 2012</i>
Christina Whetsel Director of Compliance & Student-Athlete Services Angelo State University ASU Station #10899 San Angelo, Texas 76909 WORK: 325/942-2264 FAX: 325/942-2158 E-MAIL: christina.whetsel@angelo.edu	Subcommittee Assignment: <i>Interpretations Subcommittee</i> Conference: <i>Lone Star Conference</i> Term Expires: <i>September 2013</i>
NCAA Staff	
Jennifer Fraser Associate Director of Academic and Membership Affairs WORK: 317/917-6217 E-MAIL: jfraser@ncaa.org	
Alvida Alford Assistant Director of Academic and Membership Affairs WORK: 317/917-6628 E-MAIL: aalford@ncaa.org	
Stephanie Quigg Smith Director of Academic and Membership Affairs WORK: 317/917-6326 E-MAIL: squigg@ncaa.org	

2009-10 NCAA DIVISION II CHAMPIONSHIPS COMMITTEE

Robert Boerigter (“Bob”) Director of Athletics Northwest Missouri State University 800 University Drive Maryville, Missouri 64468 Phone: 660/562-1306 Fax: 660/562-1493 E-mail: bboer@nwmissouri.edu	Kathleen Brasfield – MC chair Director of Athletics Angelo State University #10899, ASU Station San Angelo, Texas 76909 Phone: 325/942-2264 x23 Fax: 325/942-2158 E-mail: kathleen.brasfield@angelo.edu
Dale Clayton Associate Athletics Director Carson-Newman College 2130 South Branner Avenue Jefferson City, Tennessee 37760 Phone: 865/471-3367 Fax: 865/471-3514 E-mail: dclayton@cn.edu	Bob Dranoff Commissioner East Coast Conference 300 Carleton Avenue, SAC 210 Central Islip, NY 11722 Phone: 631/348-3451 Fax: 631/348-3015 E-mail: rdranoff@eccsports.org
Jeffrey Eisen Director of Athletics Mount Olive College 586 Henderson Street Mount Olive, North Carolina 28365 Phone: 919/658-7759 Fax: 919/658-1753 E-mail: jeisen@moc.edu	William Fusco Director of Athletics Sonoma State University 1801 East Cotati Avenue Rohnert Park, California 94928 Phone: 707/664-2639 Fax: 707/664-4104 E-mail: bill.fusco@sonoma.edu
Erin Lind Associate Commissioner/SWA Northern Sun Intercollegiate Conference 161 St. Anthony Avenue, Suite 920 St. Paul, Minnesota 55103 Phone: 651/288-4016 Fax: 651/224-8583 E-mail: lind@northernsun.org	Janet Montgomery - chair Associate Athletics Director/SWA University of West Alabama UWA Station 5 Livingston, Alabama 35470 Phone: 205/652-3630 Fax: 205/652-3600 E-mail: jlm@uwa.edu
SAAC Representative Vanessa Moreira Lacrosse and Soccer Student-Athlete Dowling College 26 Adamston Street Seldon, New York 11784 Phone: 631/682-3802 E-mail: vcml@dowling.edu	Will Prewitt Associate Commissioner West Virginia Intercollegiate Athletic Conference 1422 Main Street Princeton, West Virginia 24740 Phone: 304/487-6298 Fax: 304/487-6299 E-mail: wviacsports@gmail.com

Butch Raymond – MC vice chair Commissioner Northern Sun Intercollegiate Conference 161 St. Anthony Avenue, Suite 920 St. Paul, Minnesota 55103 Phone: 651/288-4015 Fax: 651/224-8583 Email: raymond@northernsun.org	Suzanne R. Sanregret Director of Athletics Michigan Technological University 1400 Townsend Drive Houghton, Michigan 49931 Phone: 906/487-3070 Fax: 906/487-1810 E-mail: srsanreg@mtu.edu
Joel R. Smith Jr. Commissioner Rocky Mountain Athletic Conference 1867 Austin Bluffs Parkway 101 Colorado Springs, Colorado 80918 Phone: 719/471-4813 Fax: 719/471-0088 E-mail: jrsmith@rmacsports.org <i>Sept 2012</i>	Patsy Smith Associate Athletics Director /SWA Missouri Western State University 4525 Downs Drive St. Joseph, Missouri 64507 Phone: 816/271-5903 Fax: 816/271-5901 E-mail: pssmith@missouriwestern.edu <i>Sept 2012</i>
Shonna Brown Assistant Director of Championships NCAA P.O. Box 6222 Indianapolis, Indiana 46206 Phone: 317/917-6502 Fax: 317/917-6826 E-mail: sbrown@ncaa.org	Roberta Page Director of Championships NCAA P.O. Box 6222 Indianapolis, Indiana 46206 Phone: 317/917-6493 Fax: 317/917-6826 E-mail: rpage@ncaa.org
Tesh Wright Administrative Assistant for Championships NCAA P.O. Box 6222 Indianapolis, Indiana 46206 Phone: 317/917-6560 Fax: 317/917-6826 E-mail: twright@ncaa.org	

**NCAA Division II Championships Committee and Legislation Committee Joint Meeting –
Guest Participant Roster**

1. Select Members of the NCAA Division II Conference Commissioners Association (CCA)

Jim Naumovich Commissioner Great Lake Valley Conference Pan Am Plaza, Suite 560 Indianapolis, Indiana 46225	Telephone: 317/237-5633 Fax Number: 317/237-5632 E-Mail: jim@glvc-sports.org
Steve Murray Commissioner Pennsylvania State Athletic Conference Lock Haven University 206 Annex Building Lock Haven, Pennsylvania 17745	Telephone: 570/484-2103 Fax Number: 570/484-2206 E-Mail: smurray@lhup.edu

2. Select Members of the NCAA Division II Athletic Directors Association (ADA)

Edward Matejkovic Director of Athletics West Chester University of Pennsylvania 220 Sturzebecker Fieldhouse West Chester, Pennsylvania 19383	Telephone: 610/436-3555 Fax Number: 610/436-1020 E-Mail: ematejkovic@wcupa.edu
Joan McDermott Director of Athletics Metropolitan State College of Denver Campus Box 9 P.O. Box 173362 Denver, Colorado 80217-3362	Telephone: 303/556-3939 Fax Number: 303/556-2720 E-Mail: mcdermoj@mscd.edu

**Discussion Document Regarding Phase II of the Life in the Balance Initiative
Aligning NCAA Bylaw 17 (Playing and Practice Seasons) Legislation and Championships
Policies with the NCAA Division II Strategic Positioning Platform**

Background

As an ongoing commitment to providing student-athletes with a college experience that balances academics, athletics and social pursuits, Division II chancellors and presidents are engaging in Phase II of a "Life in the Balance" initiative that ensures alignment of athletics competition policies with the division's attribute-based Strategic Positioning Platform.

Discussions began in January 2009 when chancellors and presidents raised concerns about whether Division II student-athletes were spending too much time on athletics and not enough on what the rest of the campus had to offer. The division committed to a comprehensive review of playing and practice seasons and championships with an eye toward scaling back a growing emphasis on the games themselves.

That led to a four-proposal package for the 2010 NCAA Convention designed to streamline seasons and reduce contests in 10 sports and establish a seven-day dead period during the winter holiday break. The proposals were developed not only to ensure more of the balance that had become a benchmark in the Strategic Positioning Platform but they also came with the ancillary benefit of reducing costs for financially strapped institutions affected by a slumping economy.

Phase I of the Life in the Balance initiative was ambitious without a doubt. Many Division II members, including student-athletes and coaches, resisted the idea of cutting contests. That was expected. But chancellors and presidents remained focused on the bigger picture. They not only knew that athletics, as an integrated function of the collegiate model, would be expected to help during a financially challenging time but they also knew that Division II's behavior on the fields and courts had to align with the Strategic Positioning Platform. In effect, Division II had to walk its strategic talk.

Now with Phase I in the rear-view mirror, Phase II continues that commitment to balance and to ensuring that student-athletes receive the maximum benefit from their college experience.

Chancellors and presidents agreed to a multi-phased approach in spring 2009 during a meeting of the NCAA Division II Presidents Council and presidents who headed their respective conference athletics governing boards. Many of them wondered whether the proposals in what eventually became Phase I, were comprehensive enough. Some asked why all sports were not included in the restrictions, or why other aspects beyond simply the championship segments were not being considered.

These presidents stopped short, however, of proposing more sweeping changes all at once. They knew that the Life in the Balance package was on a fast track as it was and that it would take time for the Division II membership to reconcile the need for moderation in their athletics behavior. Thus, the Division II leadership forged ahead with what they regarded as the most

readily acceptable changes, while also committing to an ongoing review of other athletically related policies and activities that could culminate in legislation at future Conventions.

Identification of Overarching Issues

1. Amend the playing and practice seasons legislation set forth in NCAA Division II Bylaw 17 (e.g., length of season; start dates for practice and competition) to work concurrently with changes in championships policies (e.g., selection criteria, length of championship, game rules, championships operations); to align with the Strategic Positioning Platform; create better life/work balance and with the foresight of establishing better business practices.
2. Determine the appropriate format (e.g., one proposal, multiple proposals and package of proposals) for any legislative changes, if recommended, for the 2011 Convention.
3. Determine implementation date(s) and effective date(s) for any legislative recommendations to Bylaw 17 and/or changes in championships policies.

Overview of Phase II

While Phase I focused primarily on season length and the maximum number of contests in various sports, Phase II is intended to also examine the growing number of "exempted" contests in many sports, as well as the nonchampionship segment in these sports (that is, the period of athletically related activities that is outside of a given sport's traditional playing season).

As was the case with Phase I, the review began with considering every imaginable idea, from season modifications in sports not addressed in Phase I to adjusting rules regulating the number of hours student-athletes can devote to athletically related activities in a given week.

As was also the case with Phase I, the Phase II effort relies on data, input from all constituents and a well-vetted approach throughout the governance structure to develop proposals that meet the intent of the review. Overall, the idea is to align athletics behavior with the identity Division II has carved out for itself in its strategic platform. This is not a punitive pursuit but rather a strategic exercise.

1. ***Maximum number of contests or dates of competition for sports that were not modified in Phase I.*** In November 2009, the NCAA Division II Legislation Committee continued its discussions regarding the maximum number of contests or dates of competition for all Division II championship sports that were not modified in Phase I of the initiative. The

committee narrowed the discussion for future in-person meetings by making some key decisions.

First, the committee decided that there should not be a change to the maximum number of contests or dates of competition for emerging sports for women (i.e., rugby, equestrian, sand volleyball and squash) and National Collegiate Championship sports [men's sports (three): gymnastics, volleyball, water polo; women's sports (four): bowling, gymnastics, ice hockey, water polo; and men's and women's sports (three): fencing, rifle, skiing]. The committee noted that the intent behind the emerging sports for women legislation is to provide additional athletics opportunities to female student-athletes. In addition, such sports must gain championship status within 10 years or show steady progress toward that goal to remain on the list. The committee agreed that the emerging sports for women need to continue to grow and a reduction to the maximum number of contests or dates of competition is not appropriate at this time. Finally, the committee agreed that since Division II institutions are competing against institutions from Divisions I and III in sports that conclude with a National Collegiate Championship, the maximum contests or dates of competition should not be reduced for competitive equity purposes.

Second, the committee agreed to focus on the contests or dates of competition in Division II championship sports, specifically, football and tennis. The committee directed staff to compile additional information on these two sports for its March 2010 in-person meeting. Particularly, the committee wanted information, through the score-reporting system in championships, on the number of Thursday night games in football and the number of institutions that participated in 10 games versus the maximum of 11 games over the last three years (i.e., 2006-07, 2007-08 and 2008-09). The committee also wanted to review the average number of dates of competition used by institutions that sponsor tennis over the same three-year period.

Review of Data on Football and Tennis

At its March 2010 meeting, the Legislation Committee received a report from the NCAA research staff regarding the three years of data collected from the championships score reporting system in football and tennis. Data confirmed that a significant majority of institutions compete in football on the weekends only. In addition, approximately 40-percent of institutions participated in Thursday night football contests during each academic year of the three years reviewed, which accounted for about six-percent of all contests each year. The data also showed that institutions that sponsor men's and/or women's tennis are participating in an average of 18 dates of competition during the championship segment. This is seven dates of competition less than the maximum permitted under the playing and practice seasons legislation.

Recommendation – Football

Based on this data, the NCAA Division II Management Council and the Legislation Committee noted that a reduction of contests in football was not necessary because its playing and practice season is different from other Division II sports. It was noted that since a large majority of institutions participate in football on the weekends, there is not a missed class time or missed study time issue. In addition, the current playing season legislation does not allow football student-athletes to participate in discretionary exemptions like scrimmages or non-Division II four-year collegiate institution exhibition contests in addition to the maximum number of contests each year. Finally, football does not compete in any contests against outside competition during the nonchampionship segment. Therefore, a recommendation to reduce the maximum number of contests in football is not being made.

Recommendation - Tennis

The Management Council and Legislation Committee noted that because institutions that sponsor men's and/or women's tennis are participating in fewer dates of competition than permitted under the maximum limits established for tennis in the playing and practice seasons legislation, a reduction of dates of competition in tennis is not necessary. Therefore, a recommendation to reduce the maximum number of dates of competition in tennis is not being made.

2. *List of annual and discretionary exemptions (e.g., alumni meet, conference championships, scrimmages).*

Similar to the discussion regarding the maximum number of contests or dates of competition, the committee agreed to focus only on those sports that concluded with a Division II championship. This is important because each sport has its own list of exemptions, which may be excluded from the maximum number of contests or dates of competition each year. Such exemptions are not the same for all sports. Annual exemptions may include alumni meets, conference championships or fundraising activities. An institution may exempt an unlimited number of contests or dates of competition from the maximums, if it meets the conditions of an annual exemption. Whereas an institution is limited in annually exempting no more than three contests or dates of competition when its team participates in a contest or date of competition that meets the definition of a discretionary exemption (e.g., non-Division II four-year collegiate institution, scrimmage).

The Legislation Committee agreed that it needed data before proceeding on this issue and directed the staff to prepare a questionnaire for the membership to compile three years of

data on the use of such exemptions. The questionnaire breaks down the responses by sport, over a three-year period (i.e., 2006-07, 2007-08 and 2008-09). The questionnaire was sent to institutions in mid-December 2009 and responses were due to the national office not later than February 12, 2010. The committee discussed the results of the questionnaire at its March 2010 in-person meeting. Questionnaires were submitted by 193 of 288 institutions, for a 67-percent response rate.

Review of Data on Annual and Discretionary Exemptions

The data showed that a significant number of teams did not use any exemptions during each academic year under review (e.g., approximately 60-percent of men's cross country, men's and women's golf teams and women's swimming teams), while slightly more exemptions are used in baseball, basketball, men's and women's soccer and women's volleyball. The data also showed that the most commonly used exceptions by all sports include: alumni contests, contests as part of a fundraising activity, exhibition contests against a non-Division II four-year collegiate institution and scrimmages.

Recommendations – Annual and Discretionary Exemptions

The Management Council proposes the following legislative options for consideration related to the annual and discretionary exemptions.

Exemptions – Option One (No changes)

- The list of annual and discretionary exemptions does not change.
- The maximum number of annual and discretionary exemptions that may be used by an institution during a year does not change.

Exemptions – Option Two (Combination of lists and increase of discretionary exemptions)

- The list of annual exemptions only includes the conference championship, independents championship, season-ending tournament and the Alaska, Hawaii, Puerto Rico exemptions.
- The remaining annual exemptions (e.g., alumni contest, fundraising activity) are moved to the list of discretionary exemptions.
- The maximum number of discretionary exemptions increases from three to four.

- Institutions deciding how to use the annual and discretionary exemptions does not change.
3. ***Nonchampionship segment (e.g., 24 practice or contest/dates of competition in 45-day consecutive calendar day period).*** Per current legislation, each institution is required to determine the playing season for each sport. Bylaw 17.1.2 (segments of playing season) specifies that for all sports other than football and basketball, each institution may divide the playing season into not more than two distinct segments – the championship and nonchampionship segments. For some sports, institutions that designate a nonchampionship segment may permit their student-athletes to participate in any practice or competition activity in a maximum of 24 days that occurs in a period of 45 consecutive calendar days. Sports with this type of nonchampionship calendar include: baseball, cross country, field hockey, golf, men's lacrosse, women's rowing, soccer, softball, tennis and women's volleyball. It has been noted that the nonchampionship segment has a benefit for student-athletes and, thus, there should not be an overall elimination of the nonchampionship segment.

The Legislation Committee recognized its need for data on this issue and directed staff to include questions in the questionnaire regarding the number of dates of competition used by institutions (over a three-year period) during the nonchampionship segment. The committee discussed the results of the questionnaire at its March 2010 in-person meeting.

Another topic that was discussed by the committee included a possible change to the start date of the nonchampionship segment. Concerns were noted regarding how early spring sport student-athletes begin the nonchampionship segment. Under current legislation, spring sports with a nonchampionship segment in the fall may begin practice or competition September 7 or the first day of classes, whichever is earlier. Fall sports with a nonchampionship segment in the spring may begin practice or competition no earlier than February 15.

Review of Data on Dates of Competition during the Nonchampionship Segment

The Legislation Committee discussed and reviewed the three years of sport-by-sport data from institutional responses to the questionnaire regarding the number of dates of competition used by institutions during the nonchampionship segment. The data showed that institutions and student-athletes are participating in less than the maximum number of dates of competition permitted in the nonchampionship segment. The average number of dates of competition used by an institution each year of the three- year period of the questionnaire (2006-07 through 2008-09), were as follows:

- Field hockey – 1.82 dates (maximum of five dates of competition permitted per year);
- Lacrosse, women's – 2.03 dates (maximum of five dates of competition permitted per year);
- Soccer, men's – 2.26 dates (maximum of five dates of competition permitted per year);
- Soccer, women's – 2.28 dates (maximum of five dates of competition permitted per year); and
- Volleyball, women's – 1.68 dates (maximum of four dates of competition permitted per year).

Recommendations – Nonchampionship Segment

As a result of the data, it was agreed that the current legislation regarding the maximum number of dates of competition in the nonchampionship segment were at the appropriate number. Therefore, a recommendation to reduce the maximum number of dates of competition in the nonchampionship segment is not being made.

The structure of the nonchampionship segment also was discussed. A number of options for consideration have been forwarded, including adding dates of competition for baseball and softball during the nonchampionship segment and amending the start date of the nonchampionship segment.

The Management Council proposes the following legislative options for consideration related to the nonchampionship segment. One option or a combination of options may be considered.

Nonchampionship Segment – Option One (Baseball and softball – No changes)

- The period of 45 consecutive calendar days for nonchampionship segment activities does not change.
- The permissible maximum number of 24 practice or competition activity days that occur within the 45 consecutive calendar day period does not change.
- For baseball and softball, teams may participate in a contest(s) during the nonchampionship segment that counts against the maximum of 50 contests.

- For baseball and softball, a student-athlete who participates in a contest(s) during the nonchampionship segment will be charged with the use of a season of competition.

Nonchampionship Segment – Option Two (Baseball and softball – Additional dates of competition)

- The period of 45 consecutive calendar days for nonchampionship segment activities does not change.
- The permissible maximum number of 24 practice or competition activity days that occur within the 45 consecutive calendar day period does not change.
- For baseball and softball, two or four dates of competition are added to the nonchampionship segment.

Nonchampionship Segment – Option Three (Exception for season of competition)

- The period of 45 consecutive calendar days for nonchampionship segment activities does not change.
- The permissible maximum number of 24 practice or competition activity days that occur within the 45 consecutive calendar day period does not change.
- Student-athletes may engage in competition during the nonchampionship segment without using a season of competition (must be academically eligible).

Note: This review will be for sports (e.g., baseball, softball, lacrosse) that currently do not have this exception, and the focus will be on contests that do not count for championships selection purposes.

Nonchampionship Segment – Option Four (Start Date – No changes)

- The period of 45 consecutive calendar days for nonchampionship segment activities does not change.
- The permissible maximum number of 24 practice or competition activity days that occur within the 45 consecutive calendar day period does not change.

- For spring championship sports, the permissible start date of the nonchampionship segment is September 7 or the first day of classes, whichever is earlier.

Nonchampionship Segment – Option Five (Later Start Date)

- The period of 45 consecutive calendar days for nonchampionship segment activities does not change.
 - The permissible maximum number of 24 practice or competition activity days that occur within the 45 consecutive calendar day period does not change.
 - For spring championship sports, the permissible start date of the nonchampionship segment is September 7 or the fourth day of classes, whichever is earlier.
4. ***20/8-hour rule, skill instruction and counting contests.*** Per the Bylaw 17 daily and weekly hour limitations, a student-athlete's participation in countable athletically related activities during the season is limited to a maximum of four hours per day and 20 hours per week. Whereas, outside the playing season, student-athletes are limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on individual skill instruction.

Review of Countable Athletically Related Activities

The Legislation Committee reviewed 2002 NCAA Convention Division II Proposal No. 20 (playing and practice seasons – countable athletically related activities), which revised the definition of countable athletically related activities and removed the laundry list of activities that were considered countable athletically related activities and a number of official and staff interpretations regarding the same (e.g., captain's practices, preparation of playing field for practice or competition). The committee expressed concerns that institutions are applying the legislation differently and that institutions are not aware of the interpretations on the Legislative Services Database for the Internet (LSDBi). The committee further noted that per the GOALS/SCORES study, some student-athletes are spending more than 20 hours per week participating in countable athletically related activities during the championship segment. The Management Council and Legislation Committee agreed that to provide more consistency in the application of how institutions, coaches and student-athletes count athletically related activities; the legislation could be revised via an editorial revision to establish a figure in the Manual that will identify what activities constitute countable athletically related activities.

Review of Skill Instruction Outside of the Playing Season

The Management Council and the Legislation Committee discussed how, if at all, skill instruction outside of the playing season could be amended. Staff provided an update from meetings with the respective sports committees whose members expressed concerns regarding the current structure of skill instruction and that it should be amended to help with the work/life balance of coaches and other athletics administrators on campus. Some sports committees noted that the increase to the size of the groups for the teams with larger starting squads did not help, nor did the change to permit more than one group of student-athletes to participate in skill instruction in the same or different facilities at same time. A few representatives on sports committees recommended that by permitting full team practice to replace the two hours of skill instruction outside of the playing season may assist with this issue. It was agreed that any legislative option to amend skill instruction would need to fit the philosophy of Division II, be consistent with the division's strategic positioning platform and the Life in the Balance initiative.

Start Date of Winter Sports

The Legislation Committee and the Management Council discussed the length of the championship season for winter sport student-athletes (swimming and diving, indoor track and field, wrestling). Staff noted that under current legislation, winter sport student-athletes (except basketball) may begin the first practice on September 7 or the first day of classes, whichever occurs first. Staff also noted that the championship for the winter sports occurs in mid to late-March each year.

Recommendation – 20/8 Hour Rule

The Management Council proposes the following legislative option for consideration related to the 20/8 hour rule.

20/8 Hour Rule – Option

- The definition of a countable athletically related activity does not change.
- Clarify what does and does not constitute a countable athletically related activity by creating a figure that will be included in the NCAA Division II Manual (e.g., captain's practices would be listed as a countable athletically related activity and study hall would be listed as a noncountable athletically related activity).

Recommendations – Skill Instruction

The Management Council proposes the following legislative options for consideration related to skill instruction outside of the playing season. One option or a combination of options may be considered.

Skill Instruction (Sports Other than Football) – Option One (No changes)

- The maximum of eight hours per week, of which no more than two hours may be spent on skill instruction, does not change.
- Permitting more than one group of student-athletes from the same team to participate in skill instruction with the same coaches in the same or different facilities at the same time, provided there is no co-mingling between the groups, does not change.
- The requirement that each group of student-athletes must have a separate coach does not change.
- The maximum number of student-athletes permitted in each group does not change:
 - Individual sports – No more than four student-athletes from the same sport;
 - Team sports with a starting squad size of six or fewer – No more than four student-athletes from the same sport; and
 - Team sports with a starting squad size of seven or more – No more than six student-athletes from the same team.

Skill Instruction (Sports Other than Football) – Option Two (Basketball only)

- The maximum of eight hours per week, of which no more than two hours may be spent on skill instruction, is changed to permit no more than two hours per week of full team activities (skill instruction or practice), outside of the playing season from the first permissible date of preseason conditioning through October 15.
- Outside of the playing season after the Division II basketball championship to one week prior to the beginning of the institution's final examination period at the

conclusion of the academic year, a student-athlete may participate in no more than two hours per week of skill instruction.

- Permitting more than one group of student-athletes from the same team to participate in skill instruction with the same coaches in the same or different facilities at the same time, provided there is no co-mingling between the groups, does not change.
- The requirement that each group of student-athletes must have a separate coach does not change.
- The maximum number of student-athletes permitted in each group does not change:
 - Team sports with a starting squad size of six or fewer – No more than four student-athletes from the same sport.

Skill Instruction (Sports Other than Football) – Option Three (Full Team Activities Outside the Season)

- The maximum of eight hours per week, of which no more than two hours may be spent on skill instruction, is changed to permit no more than two hours per week of full team activities (skill instruction or practice) outside the playing season. If a team participates in skill instruction, the following conditions must be satisfied:
 - Permitting more than one group of student-athletes from the same team to participate in skill instruction with the same coaches in the same or different facilities at the same time, provided there is no co-mingling between the groups, remains the same.
 - The requirement that each group of student-athletes must have a separate coach remains the same.
 - The maximum number of student-athletes permitted in each group remains the same.
 - Individual sports – No more than four student-athletes from the same sport;
 - Team sports with a starting squad size of six or fewer – No more than four student-athletes from the same sport; and

- Team sports with a starting squad size of seven or more – No more than six student-athletes from the same team.
- The remaining six hours of the maximum of eight hours per week outside of the playing season are limited to participation in weight-training and conditioning.

Recommendation – Start Date for Winter Sports

The Management Council and the Legislation Committee agreed that the start date for winter sports (September 7 or the first day of classes, whichever is earlier) should be adjusted to a later date. The committee did not identify a specific date but discussed the option of starting four weeks after the institution's first day of classes. The committee noted that this option may have a greater impact on quarter-system institutions.

The Management Council proposes the following legislative options for consideration related to the start date of countable athletically related activities for winter sports.

Winter Sports – Option One

- The current start date is moved to a later date of September 7 or the fourth day of classes, whichever is earlier.

Winter Sports – Option Two (Consistent Start Date)

- The current start date of is moved to a later date of September 15.

Winter Sports – Option Three

- The current start date is moved to a later date of September 15 or the first day of classes, whichever is later.

Winter Sports – Option Four (Length of Season – Excluding Basketball)

- The current start date of September 7 or the first day of classes, whichever occurs first, does not change.
- The length of the playing season is reduced by one week (seven days).

Timeline for Review and Outreach Efforts

November 2009	Division II Legislation Committee meeting
December 2009	Discussion with the American Volleyball Coaches Association
January 2010	Initial Review by Division II Management Council and Division II Presidents Council
January 2010	Discussion with the NCAA Division II Field Hockey Committee
January to June 2010	Outreach to the Division II Athletics Directors Association (ADA) and the Division II Conference Commissioners Association (CCA)
February 2010	NCAA Division II Championships Committee meeting
February 2010	Discussion with the following Division II Sports Committees: (1) Men's and Women's Soccer; (2) Women's Volleyball; (3) Men's Basketball; (4) Football; (5) Softball; and (6) Baseball
March 2010	Division II Legislation Committee meeting
March 2010	Discussion with the following Division II Sports Committees: (1) Women's Golf; (2) Men's and Women's Tennis; and (3) Men's Lacrosse
April 2010	Discussion with the National Association of Basketball Coaches (NABC)
April 2010	Discussion with the Women's Basketball Coaches Association (WBCA)
April 2010	Second Review by Division II Management Council and Presidents Council
April 2010	NCAA Division II Student-Athlete Advisory Committee teleconference
April 2010	Discussion with the following Division II Sports Committees: (1) Cross Country and Track and Field; (2) Women's Basketball; (3) Wrestling; and (4) Swimming and Diving

June 2010	Division II Championships Committee and Legislation Committee meetings
June 2010	Joint meeting of the Division II Championships Committee and Legislation Committee with representatives from the ADA and CCA
June 2010	Division II Presidents Council meeting
June 2010	Division II Chancellors and Presidents Summit
June 2010	National Association of Collegiate Directors of Athletics (NACDA) meeting
July 2010	Division II Student-Athlete Advisory Committee meeting
July 2010	Division II Management Council/Student-Athlete Advisory Committee Summit
July 2010	Division II Management Council meeting
August 2010	Division II Presidents Council teleconference
August 2010	NCAA Division II Administrative Committee teleconference

Conclusion

That is what the Life in the Balance effort – both phases of it – is all about. The effort is more than providing student-athletes with a better balance between academics and athletics; it is about the total collegiate experience. As chancellors and presidents charged with ensuring the health and vitality of the division and the well-being of all student-athletes, it is essential for this ongoing review of athletics policy to align with our platform.

**Division II Championships Committee and Legislation Committee
Phase II of the Life in the Balance Initiative – Legislative Concepts**

A. Annual or discretionary exemptions.

1. No changes to the current legislation.
2. Maintain the following as annual exemptions: conference championship; independents championship; season-ending tournament; and the Alaska, Hawaii, Puerto Rico exemptions. Move the remaining annual exemptions (e.g., alumni contest, fundraising activity) to the list of discretionary exemptions. Increase the number of discretionary exemptions from three to four, and give institutions the choice of how to use those exemptions.

B. Nonchampionship segment.

1. Baseball and softball.
 - a. No changes to the current legislation.
 - b. Add two dates of competition in the nonchampionship segment.
 - c. Add four dates of competition in the nonchampionship segment.
 - d. Permit student-athletes to engage in nonchampionship segment competition without using a season of competition (must be academically eligible).

Note: This review will be for sports (e.g., baseball, softball, lacrosse) that currently do not have this exception, and the focus will be on contests that do not count for championships selections purposes

2. Amend the start date of the nonchampionship segment for spring sports (current rule – September 7 or the first day of classes, whichever is earlier).
 - a. No changes to the current legislation.
 - b. September 7 or the fourth day of classes, whichever is earlier.

**C. 20/8 hour rule; skill instruction outside the playing season; start date for winter sports.
(One option or a combination of options may be considered.)**

1. 20/8 hour rule – Clarify what does and does not constitute a countable athletically related activity by creating a figure that will be included in the NCAA Division II

Manual (e.g., captain's practices would be listed as a countable athletically related activity and study hall would be listed as a noncountable athletically related activity).

2. Skill instruction outside of the playing season – sports other than football.
 - a. No changes.
 - b. All sports other than football (including basketball).
 - (1) Permit full team activities (skill instruction or practice) outside of the season for no more than two hours per week from the first permissible date of preseason conditioning through October 15; and
 - (2) Outside of the playing season after the Division II basketball championship to one week prior to the beginning of the institution's final examination period at the conclusion of the academic year, a student-athlete may participate in no more than two hours per week of skill instruction.
 - c. All sports other than football (including basketball).
 - (1) Permit full team activities (skill instruction or practice) outside of the season for no more than two hours per week; and
 - (2) Remaining six hours per week outside of the season are limited to participation in weight-training and conditioning.
3. Amend the start date for winter sports, including basketball (current rule for swimming and diving, indoor track and field and wrestling = September 7 or the first day of classes, whichever occurs first).
 - a. September 7 or the fourth day of classes, whichever is earlier.
 - b. September 15.
 - c. September 15 or the first day of classes, whichever is later.
 - d. Reduce the length of playing season by one week (seven days).

Usage of Contest Exemptions and Nonchampionship Segment Dates of Competition in Division II, 2006-07 through 2008-09

Division II Legislation Committee

March 18, 2010



Contents

- Methodology and response rate
- Usage of contest exemptions, by sport
- Dates of competition during nonchampionship segment, by sport

Methodology

- Survey administered online from December 17, 2009, through February 12, 2010
- Compliance coordinators at active Division II institutions invited to participate via e-mail link to third-party survey Web site (Zoomerang)
- One page (screen) for each Division II championship sport
- Respondents asked for three-year total of contest exemptions and nonchampionship segment dates of competition used
- Only required field was number of years each sport was sponsored

Response Rate

- Surveys submitted by 193 of 288 institutions receiving invitations (67%)
- 13 responses were partially complete; data for individual sports were used if present
- Public institutions and non-HBCUs were overrepresented in the data (public/private and HBCU/non-HBCU status were significant predictors of response)
- But overall trends in exemption usage and nonchampionship segment dates were consistent between all groups, so nonrepresentative sample is not a major concern

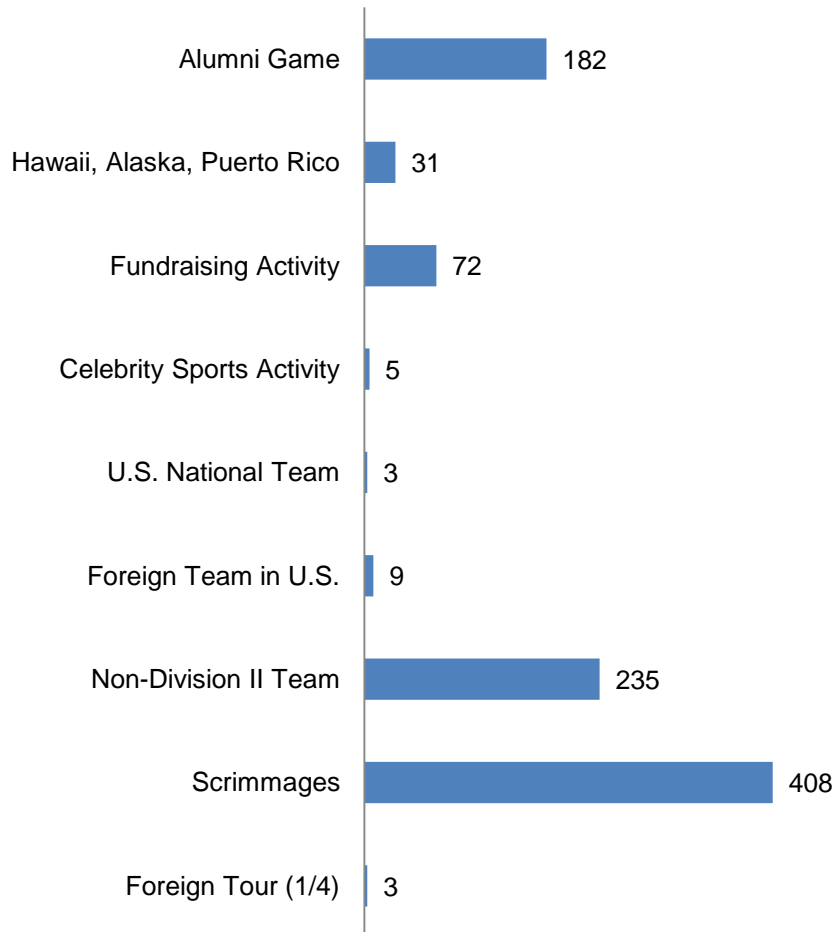
Usage of Contest Exemptions, 2006-07 through 2008-09



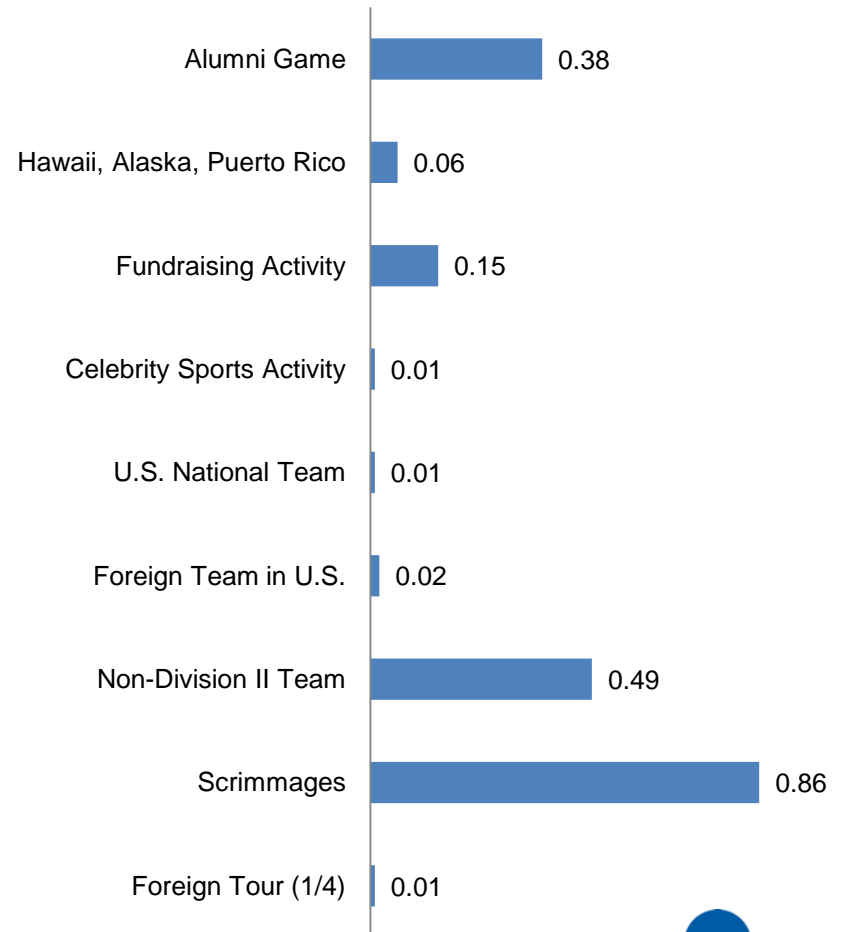
Usage of Contest Exemptions in Baseball

160 institutions reporting

Three-Year Totals

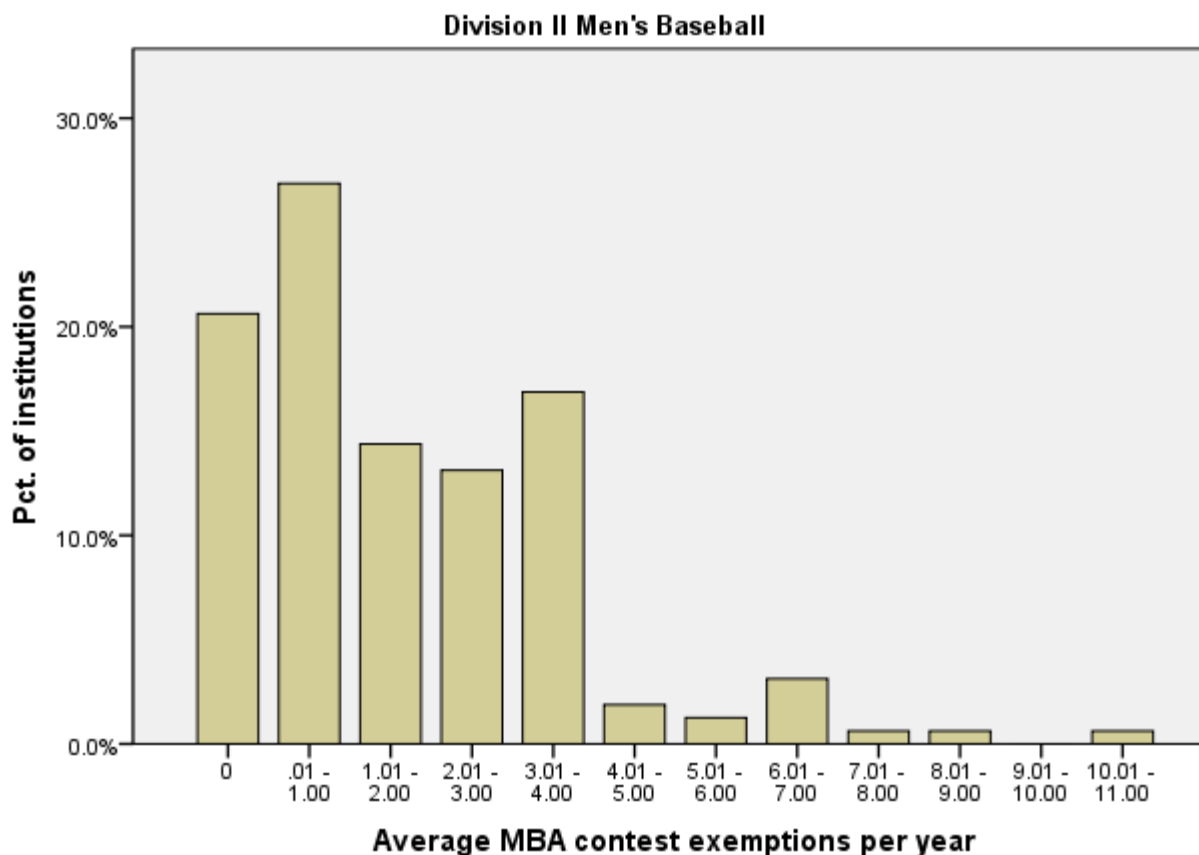


Per Institution, Per Year



Usage of Contest Exemptions in Baseball

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

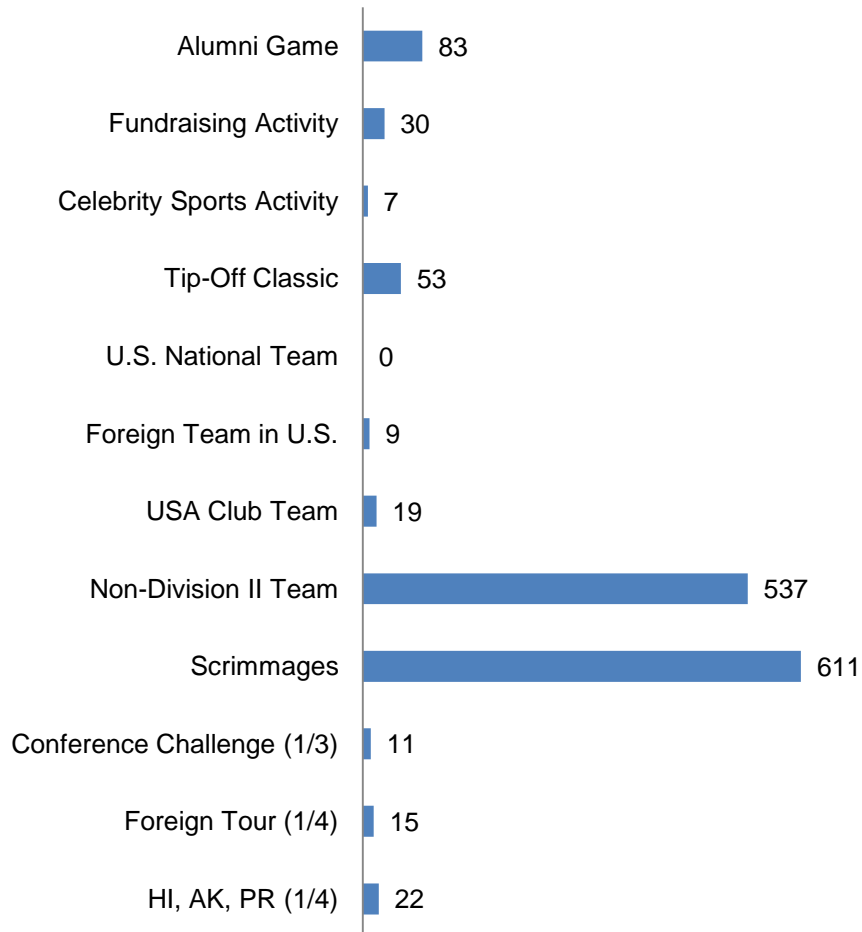


160 squads reporting

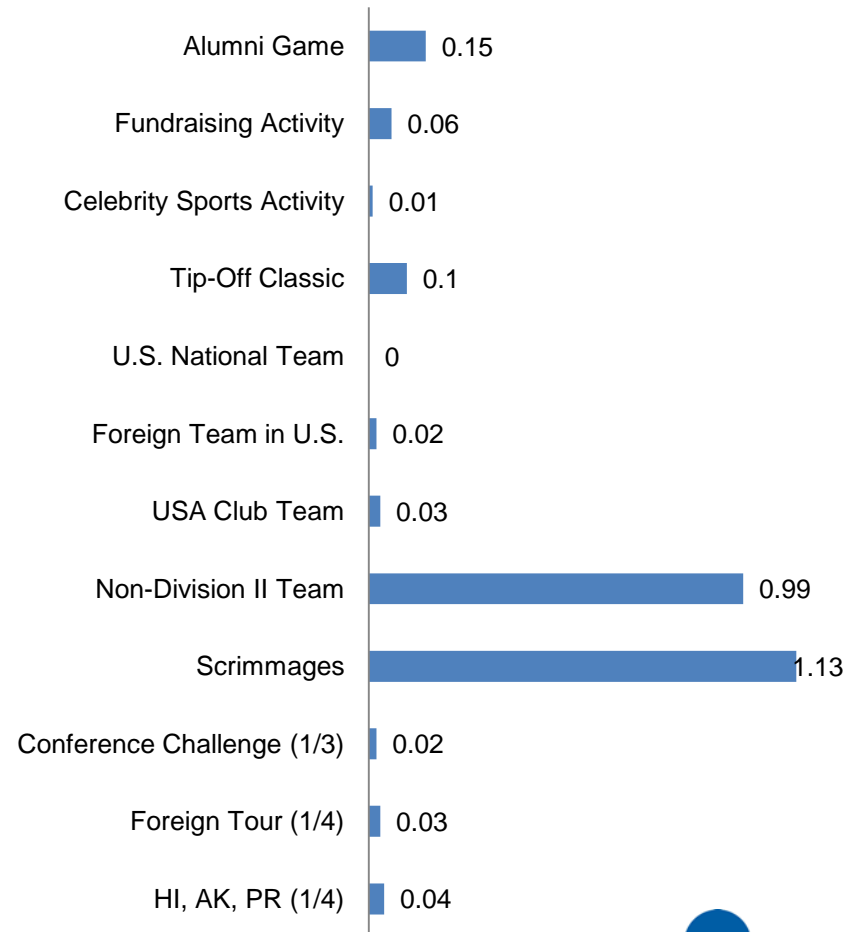
Usage of Contest Exemptions in Men's Basketball

181 institutions reporting

Three-Year Totals

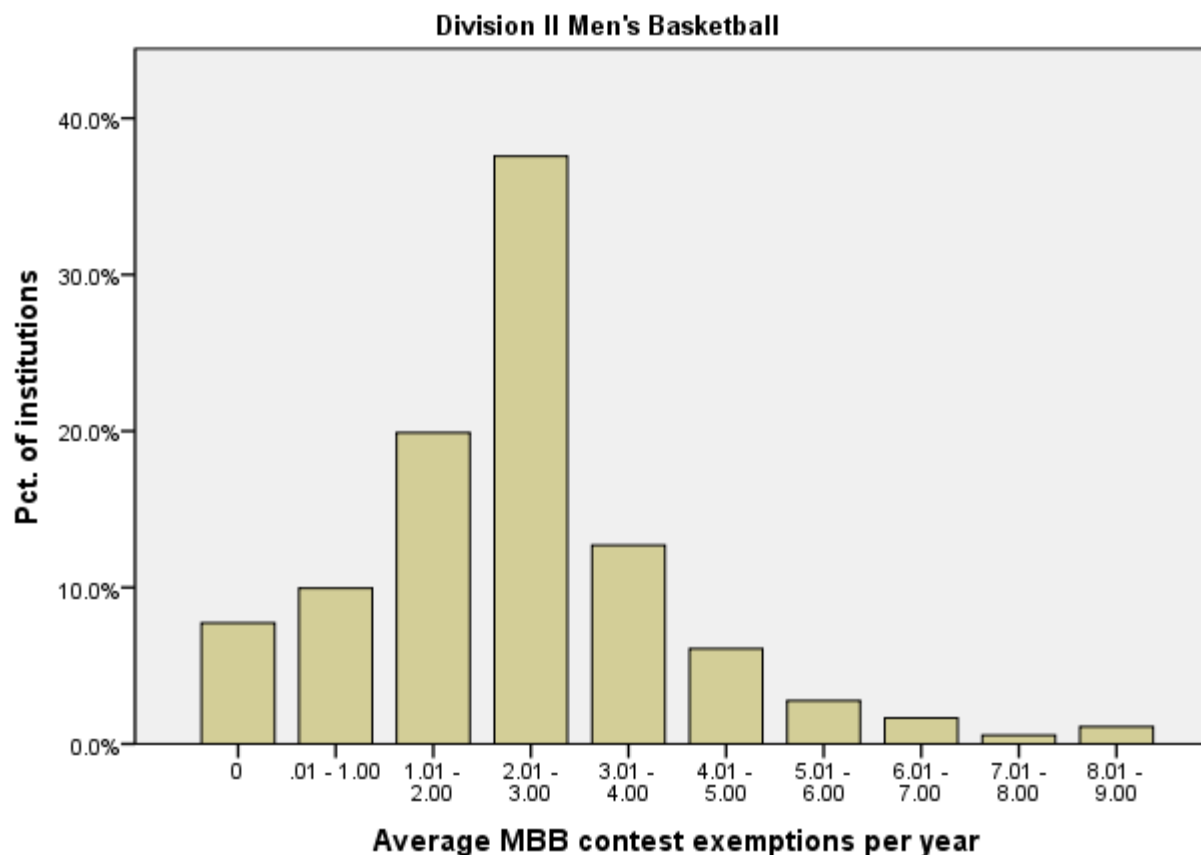


Per Institution, Per Year



Usage of Contest Exemptions in Men's Basketball

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

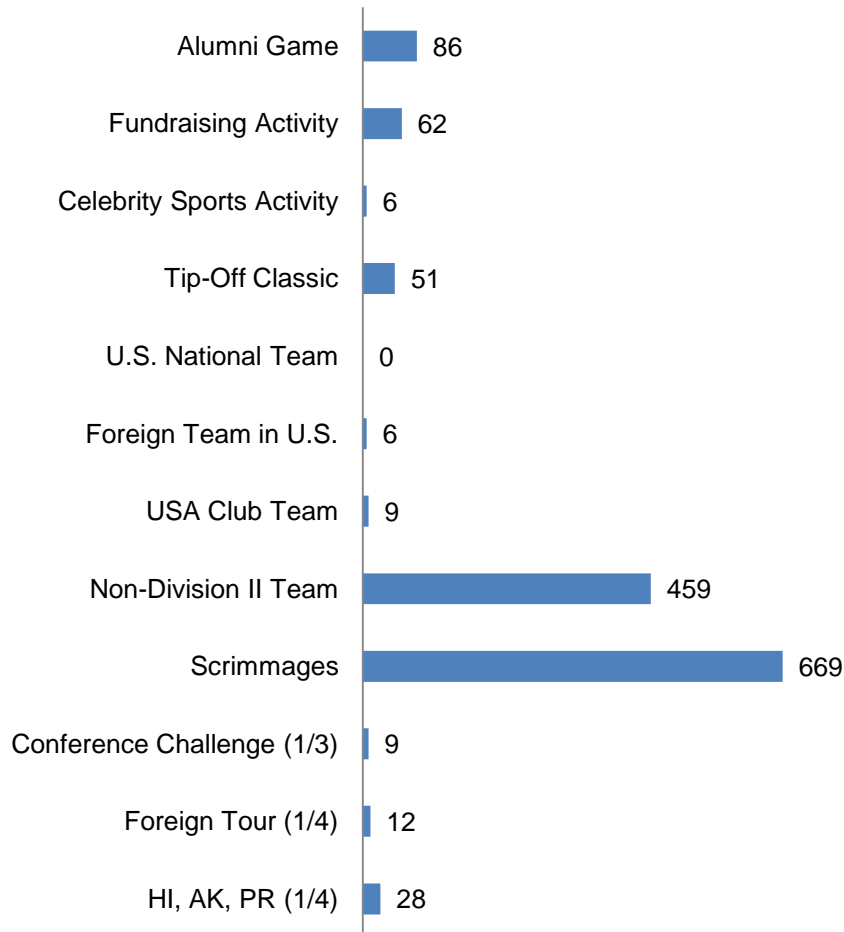


181 squads reporting

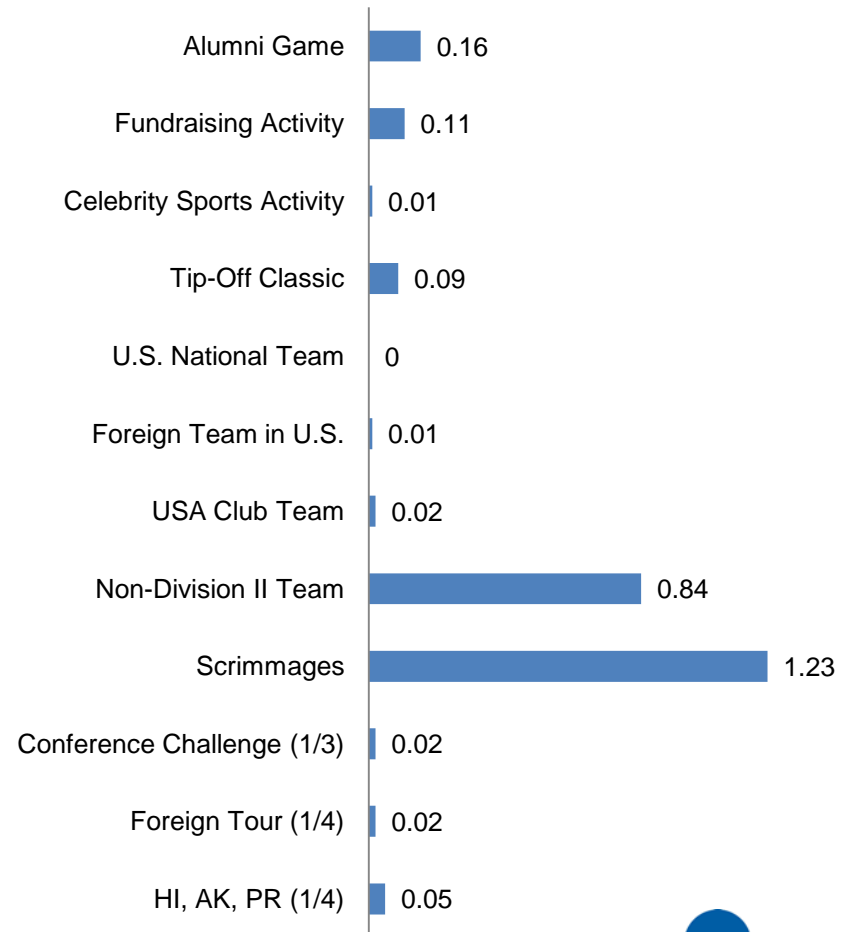
Usage of Contest Exemptions in Women's Basketball

182 institutions reporting

Three-Year Totals

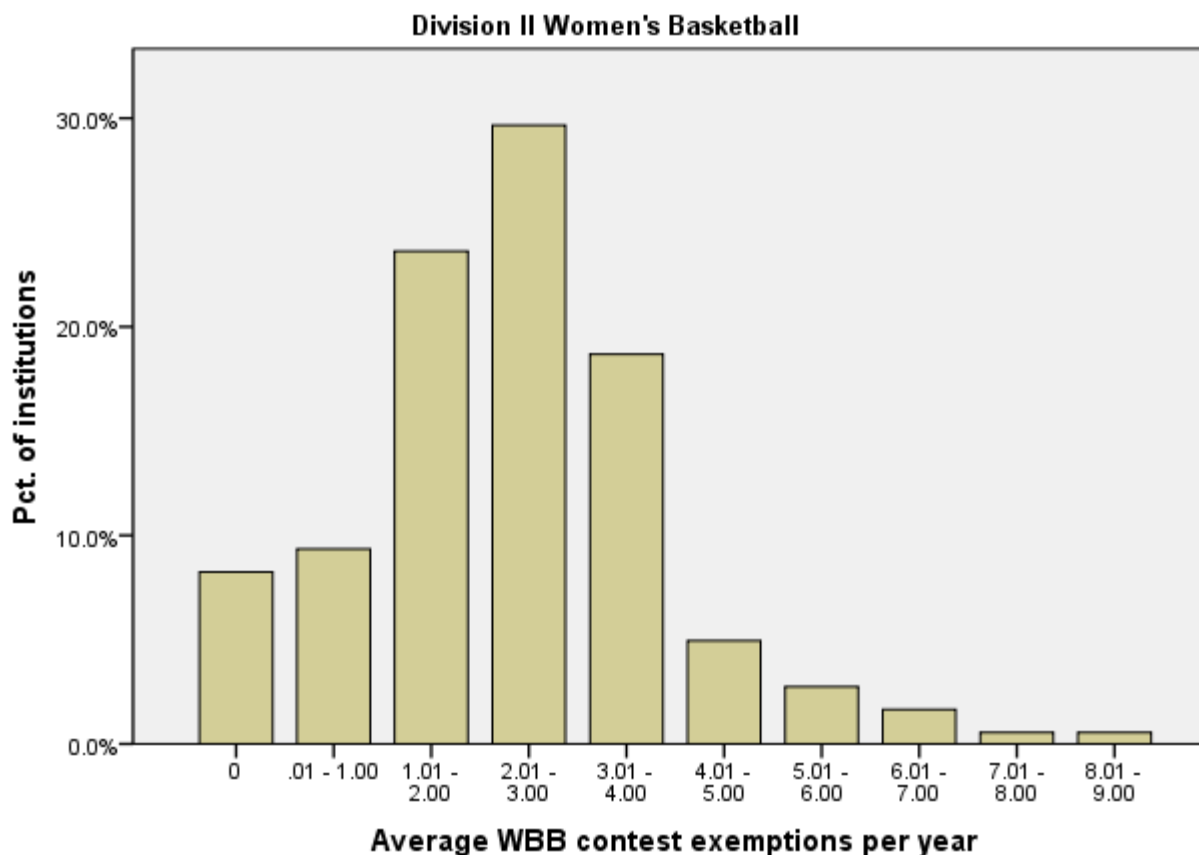


Per Institution, Per Year



Usage of Contest Exemptions in Women's Basketball

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

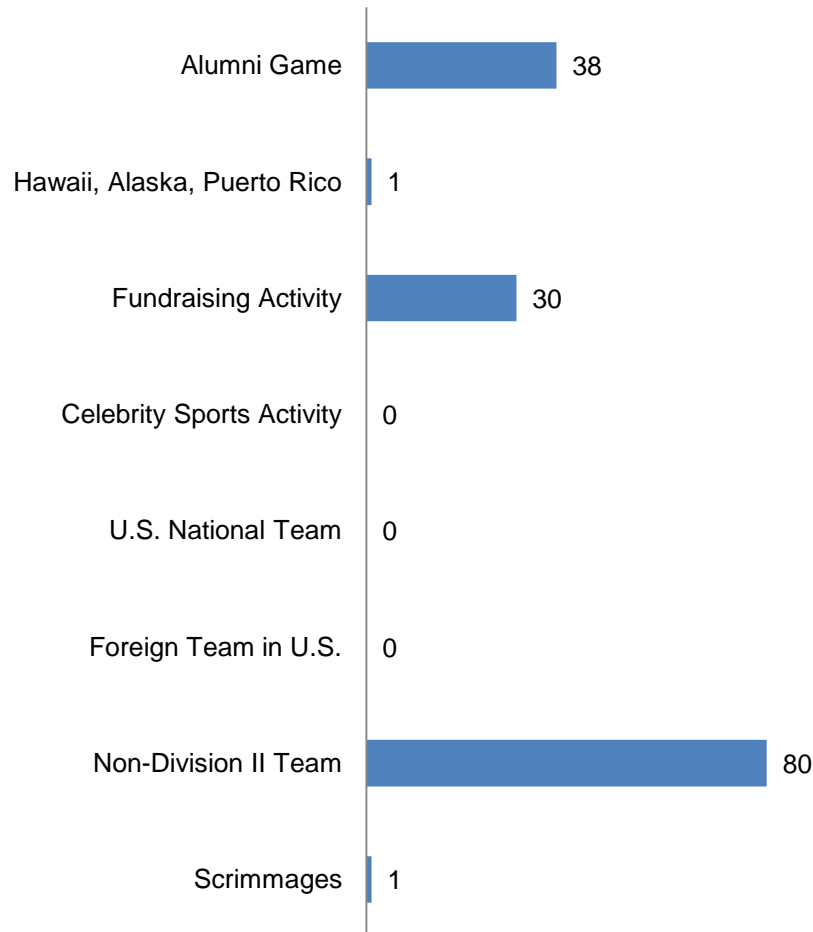


182 squads reporting

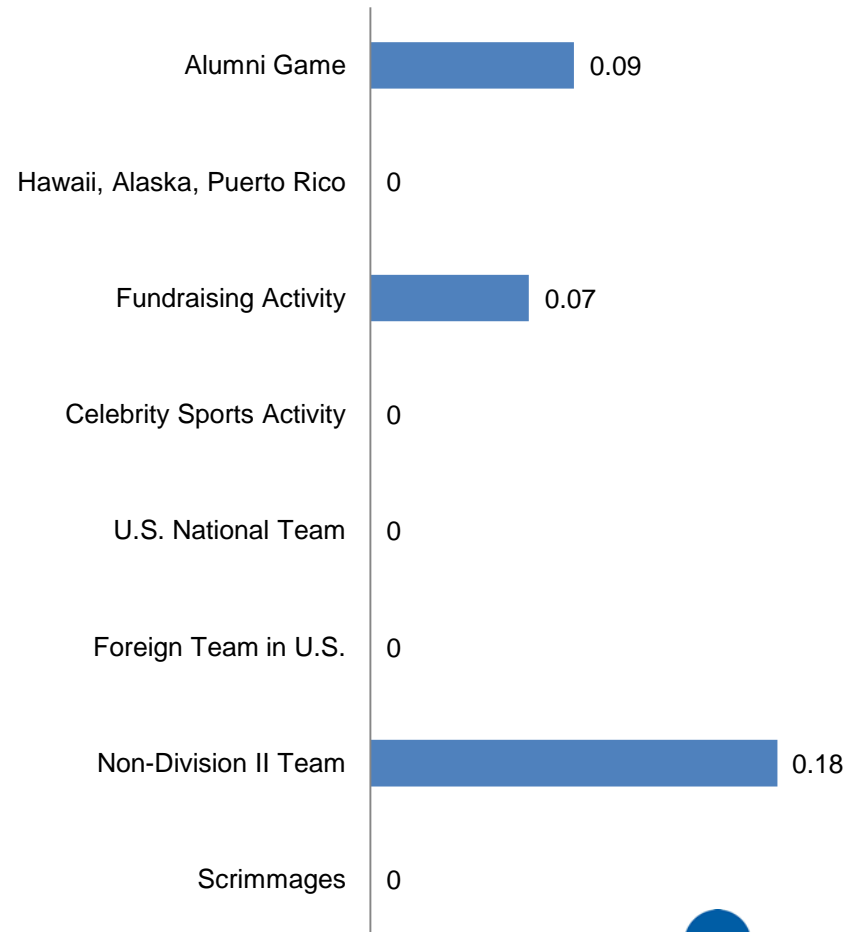
Usage of Contest Exemptions in Men's Cross Country

149 institutions reporting

Three-Year Totals

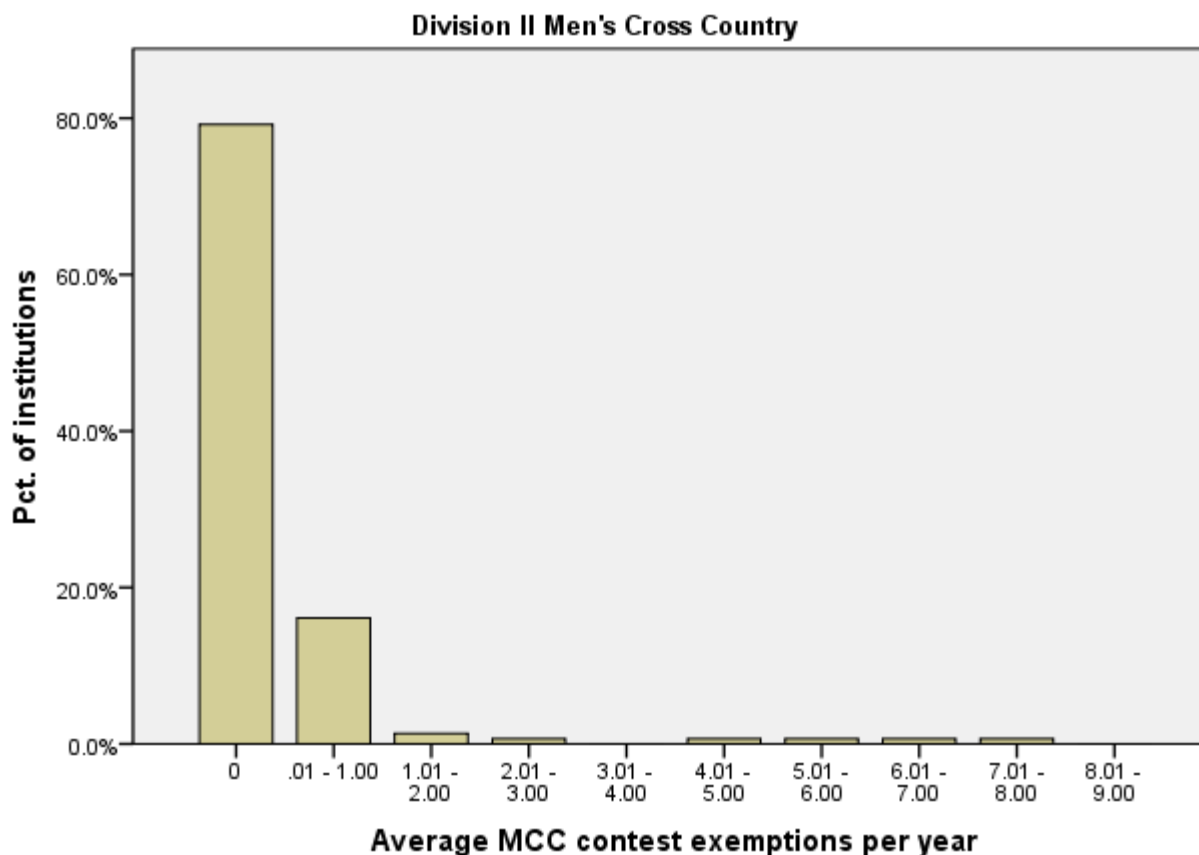


Per Institution, Per Year



Usage of Contest Exemptions in Men's Cross Country

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

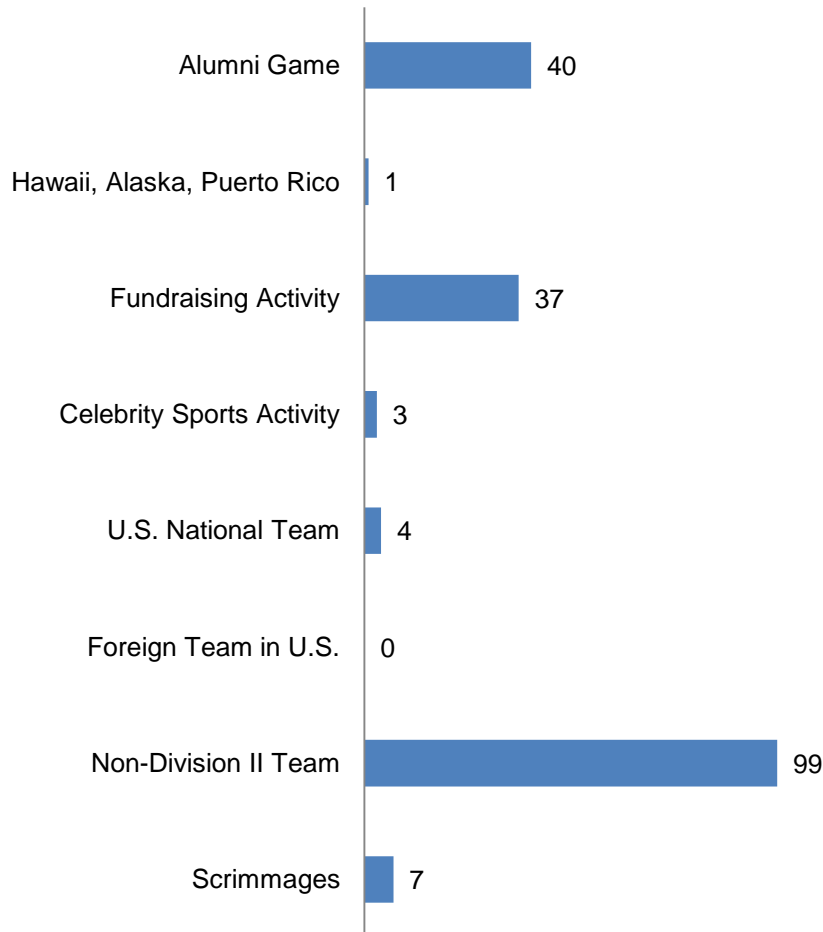


149 squads reporting

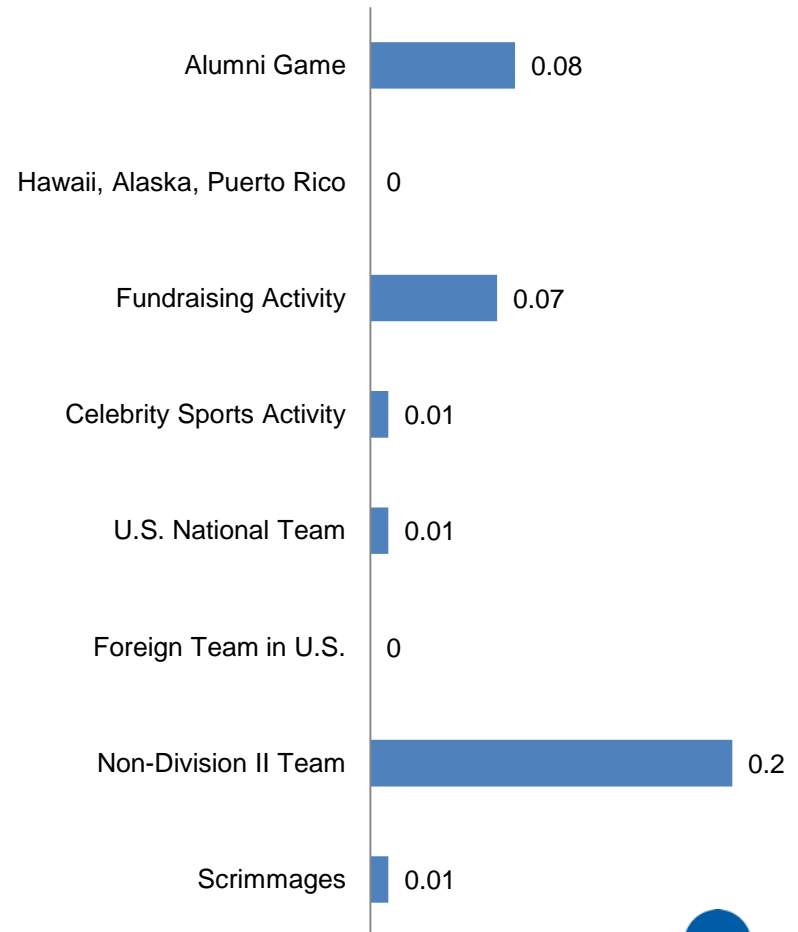
Usage of Contest Exemptions in Women's Cross Country

168 institutions reporting

Three-Year Totals



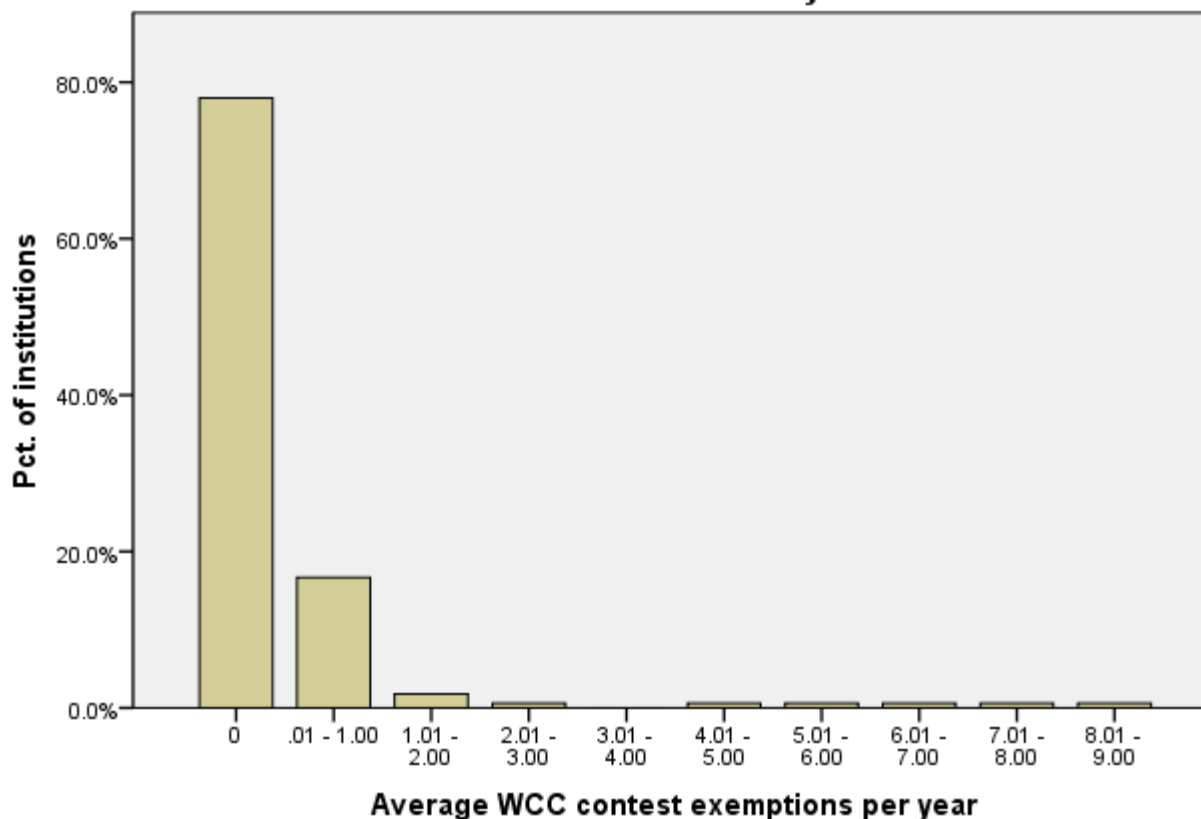
Per Institution, Per Year



Usage of Contest Exemptions in Women's Cross Country

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Cross Country

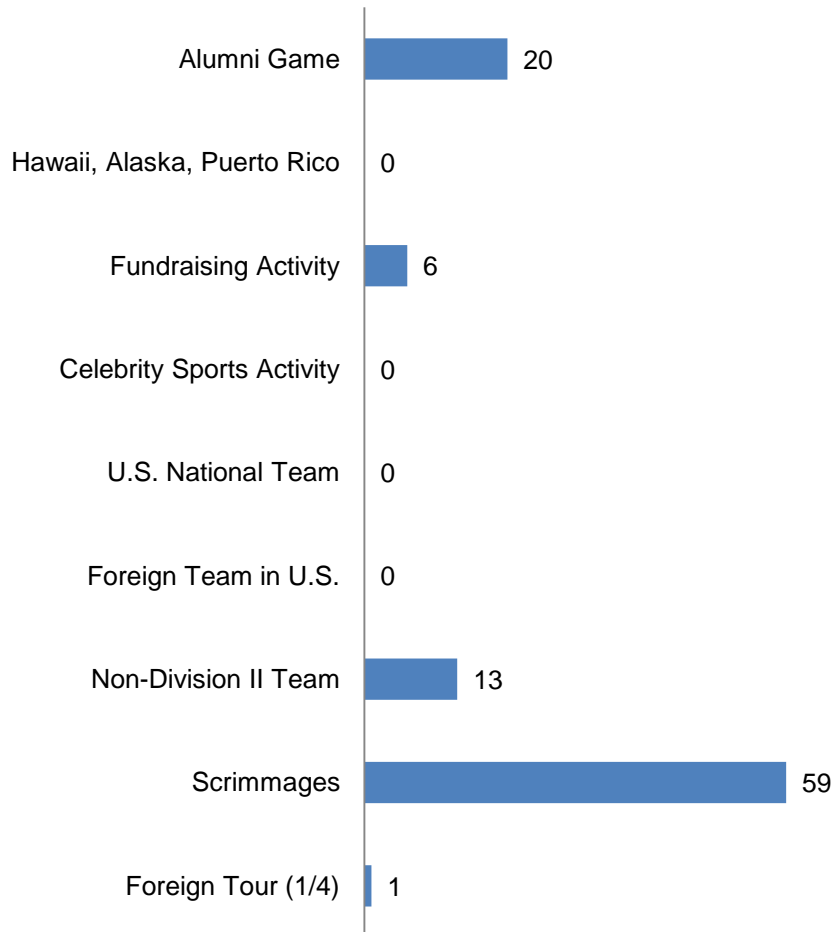


168 squads reporting

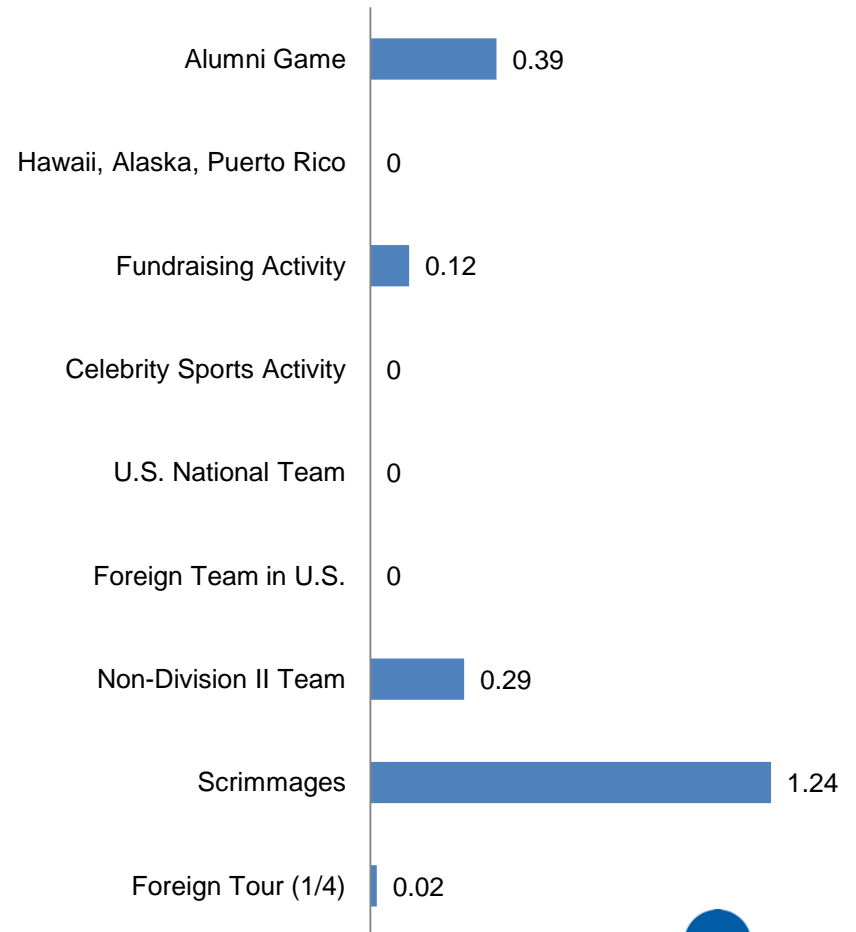
Usage of Contest Exemptions in Field Hockey

17 institutions reporting

Three-Year Totals



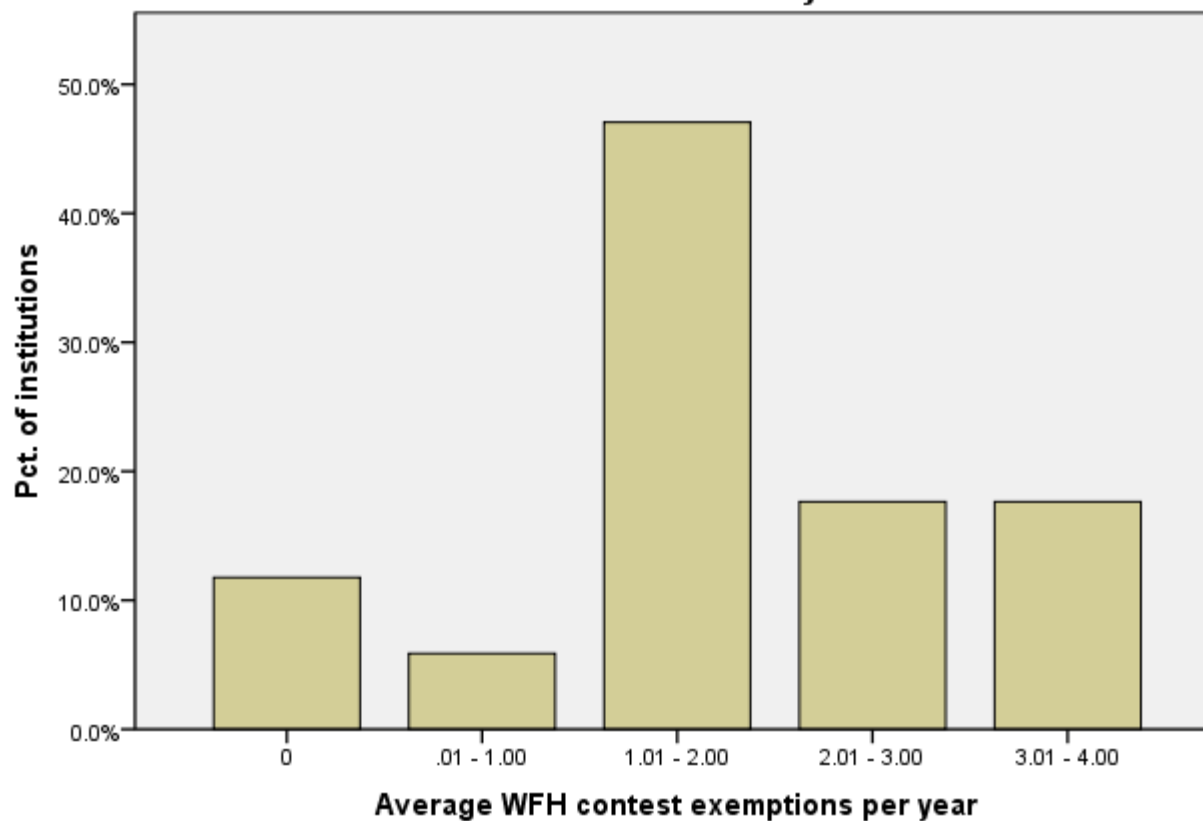
Per Institution, Per Year



Usage of Contest Exemptions in Field Hockey

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Field Hockey

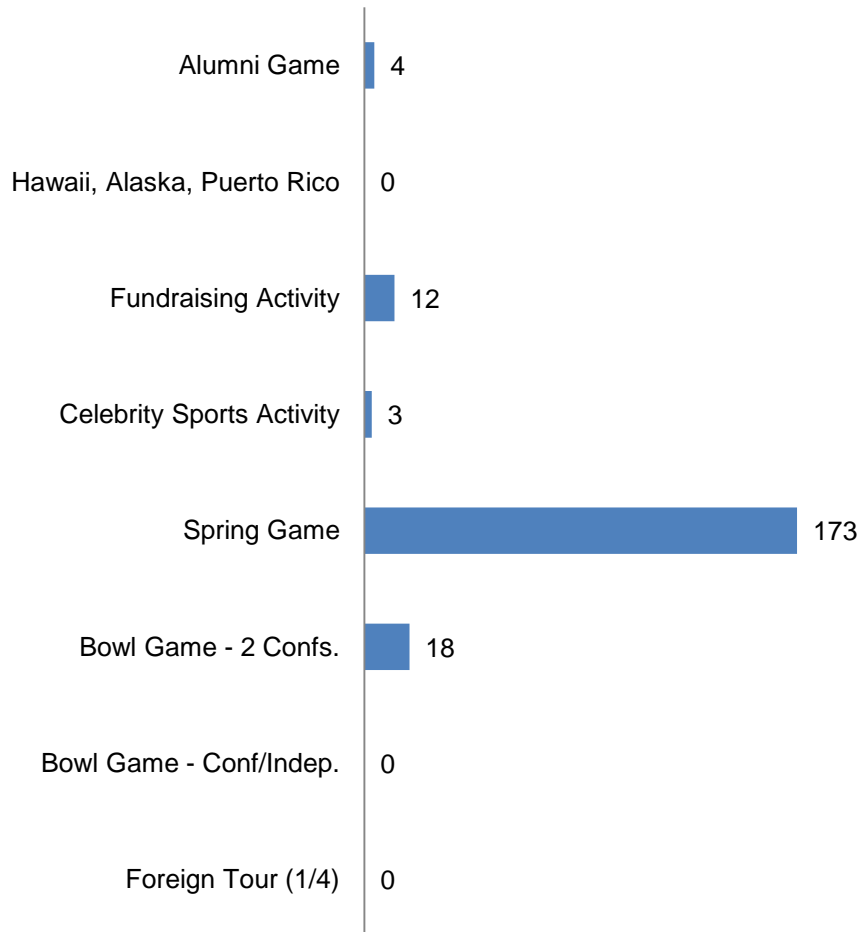


17 squads reporting

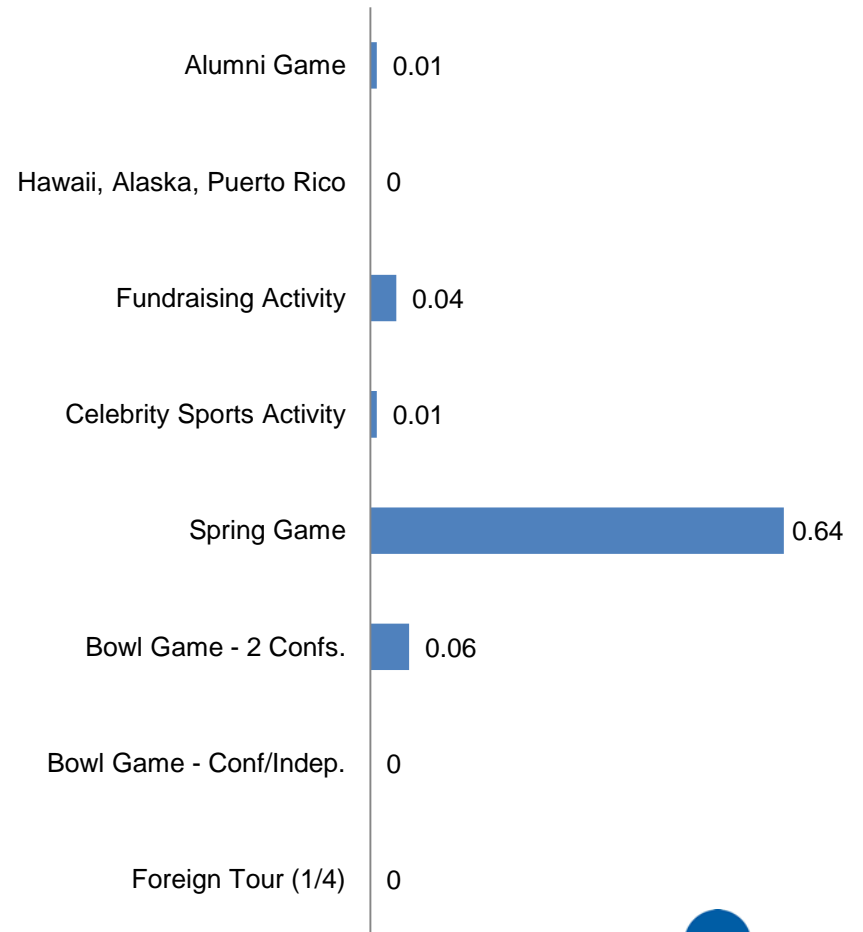
Usage of Contest Exemptions in Football

93 institutions reporting

Three-Year Totals



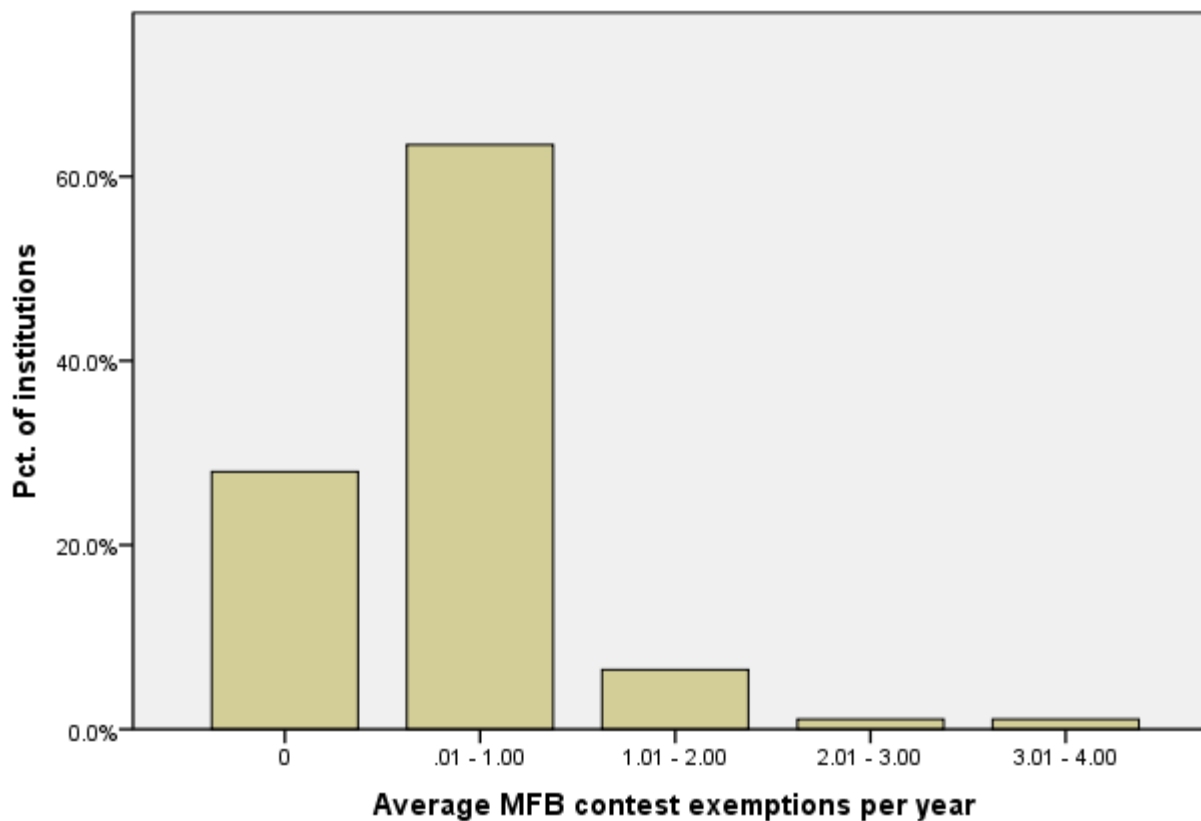
Per Institution, Per Year



Usage of Contest Exemptions in Football

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Football

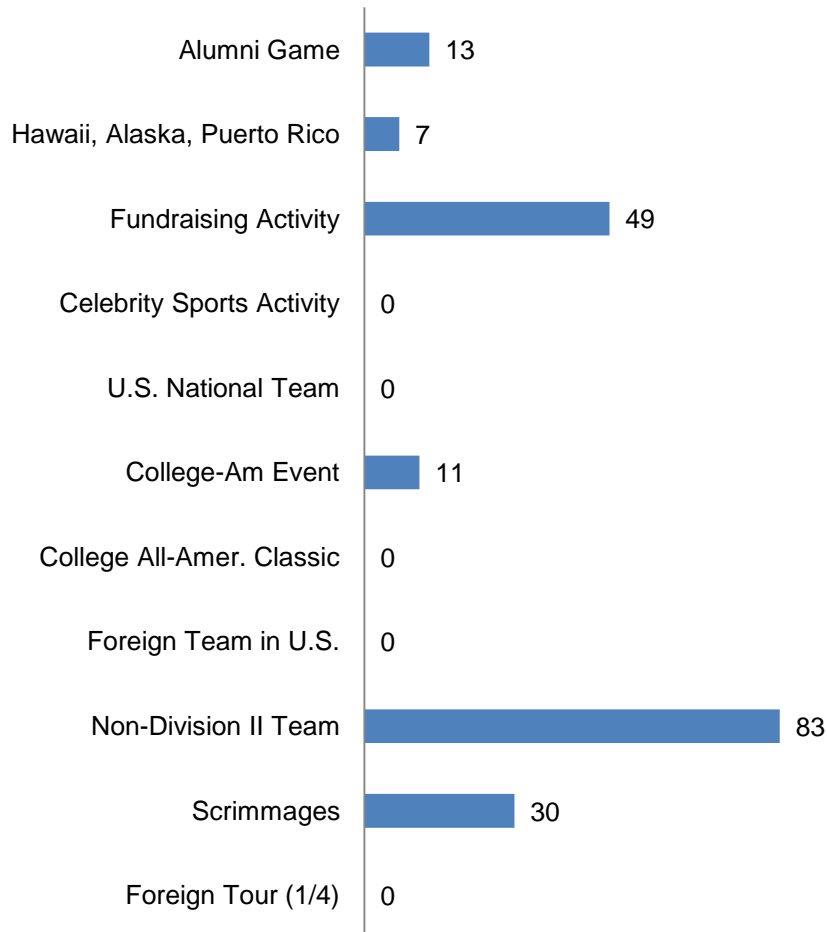


93 squads reporting

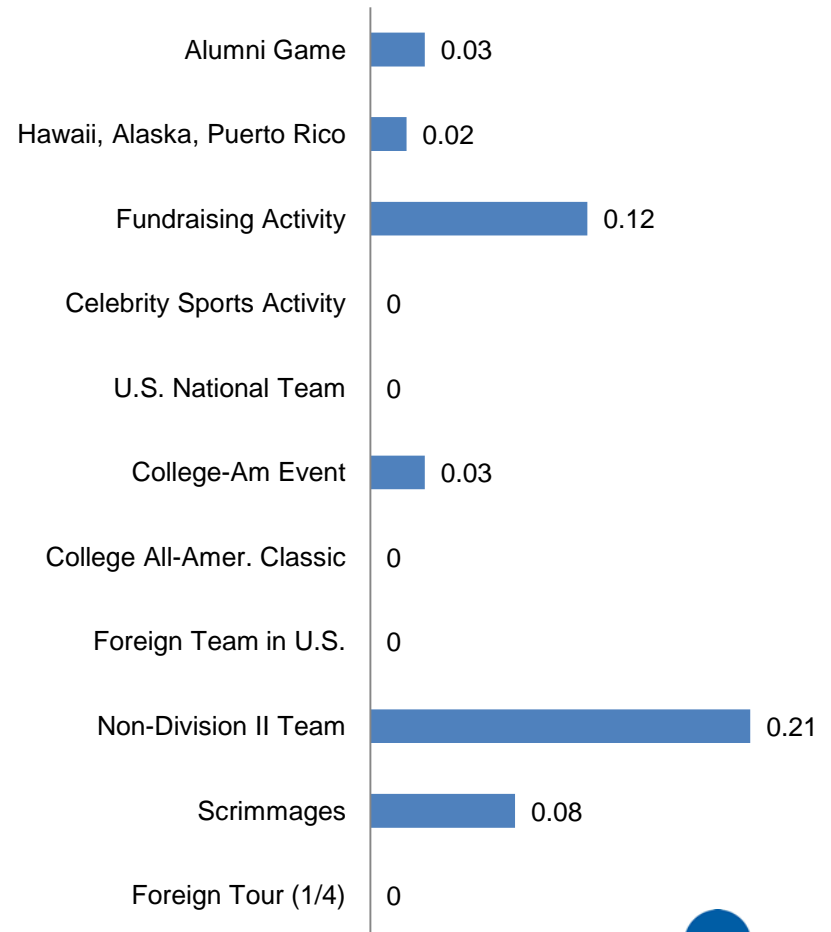
Usage of Contest Exemptions in Men's Golf

133 institutions reporting

Three-Year Totals



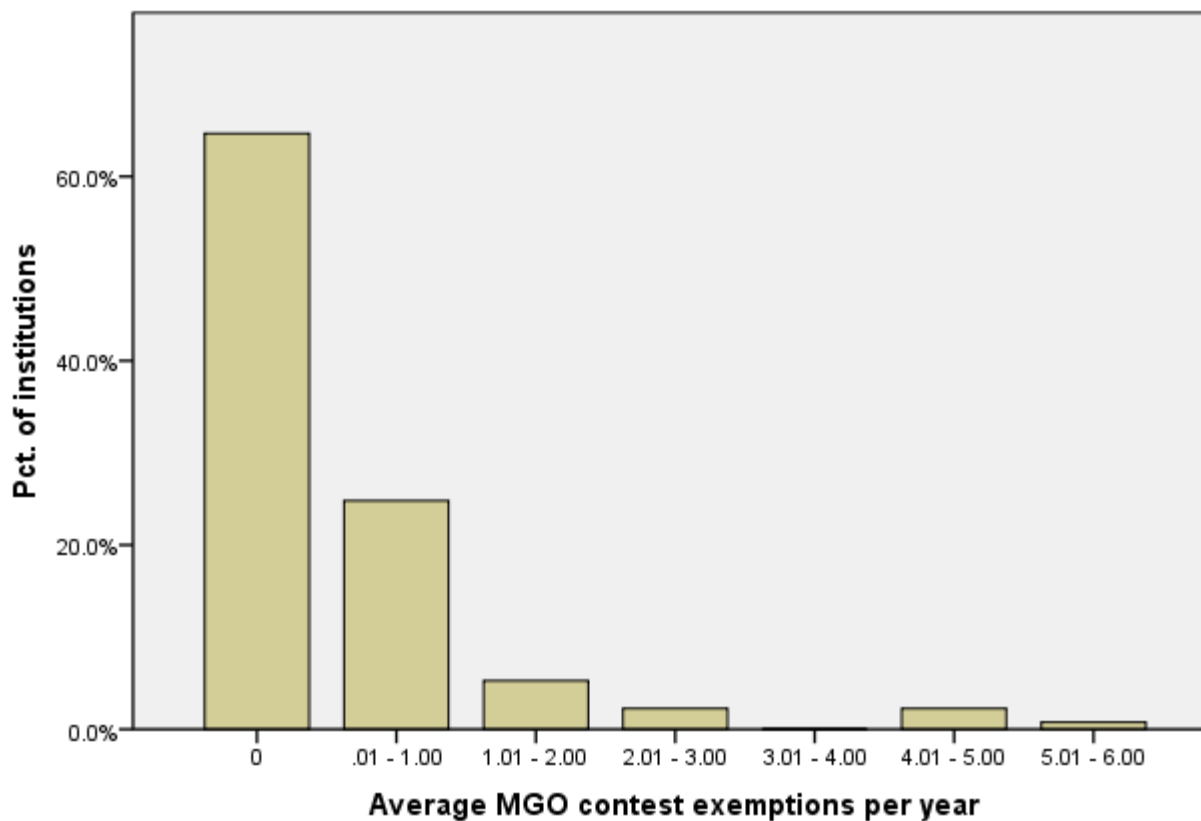
Per Institution, Per Year



Usage of Contest Exemptions in Men's Golf

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Men's Golf

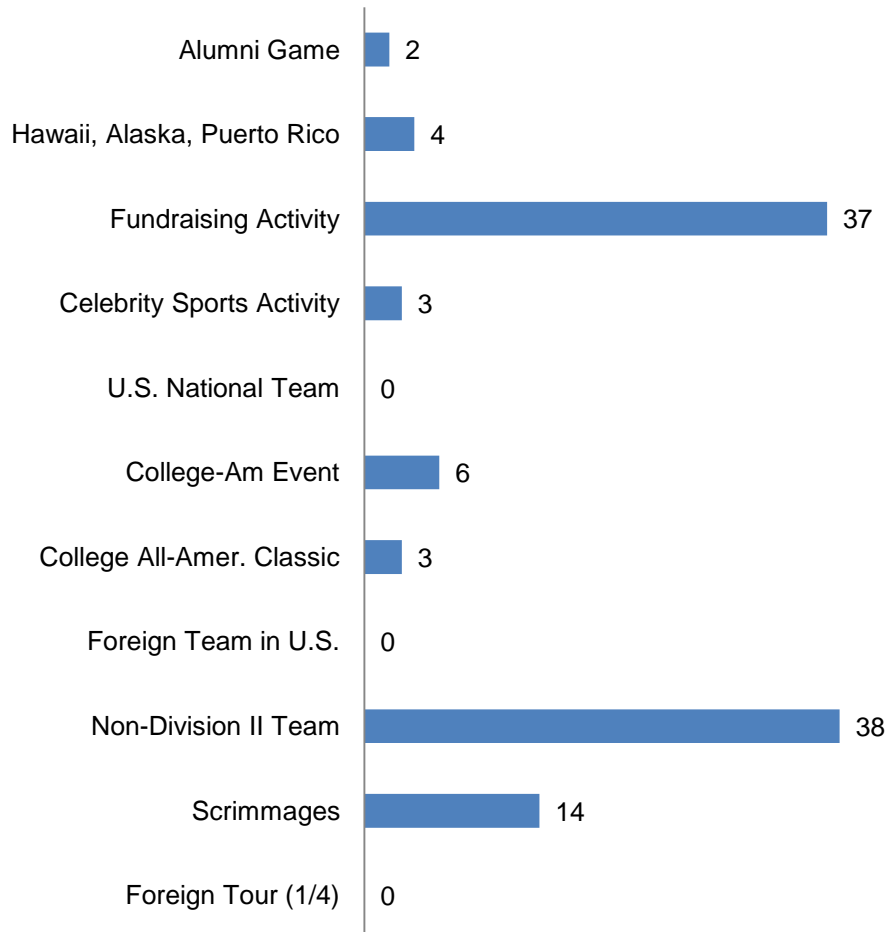


133 squads reporting

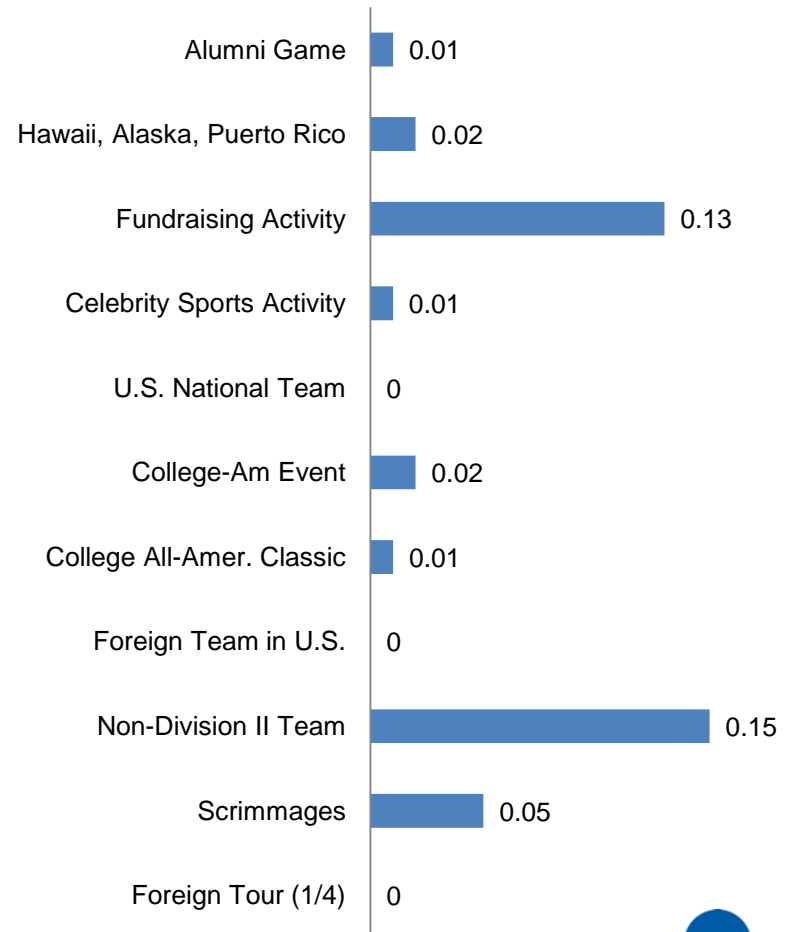
Usage of Contest Exemptions in Women's Golf

94 institutions reporting

Three-Year Totals



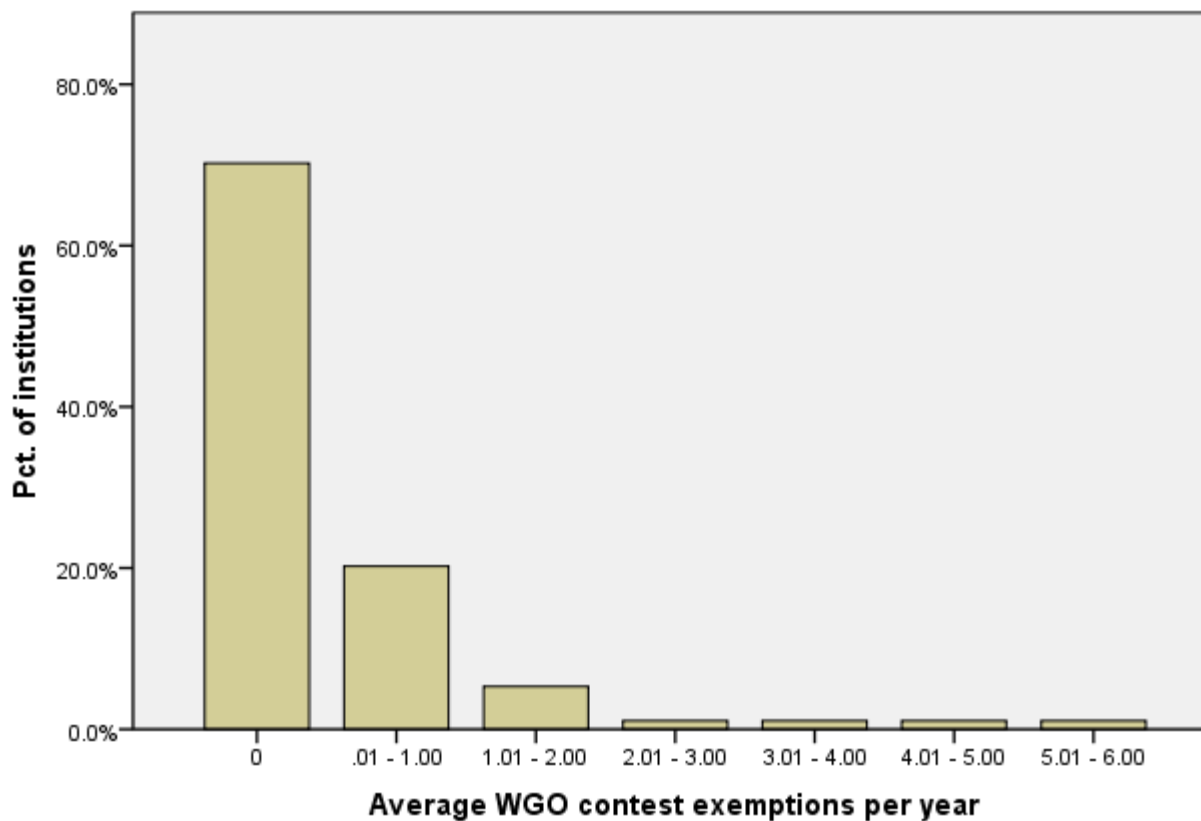
Per Institution, Per Year



Usage of Contest Exemptions in Women's Golf

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Golf

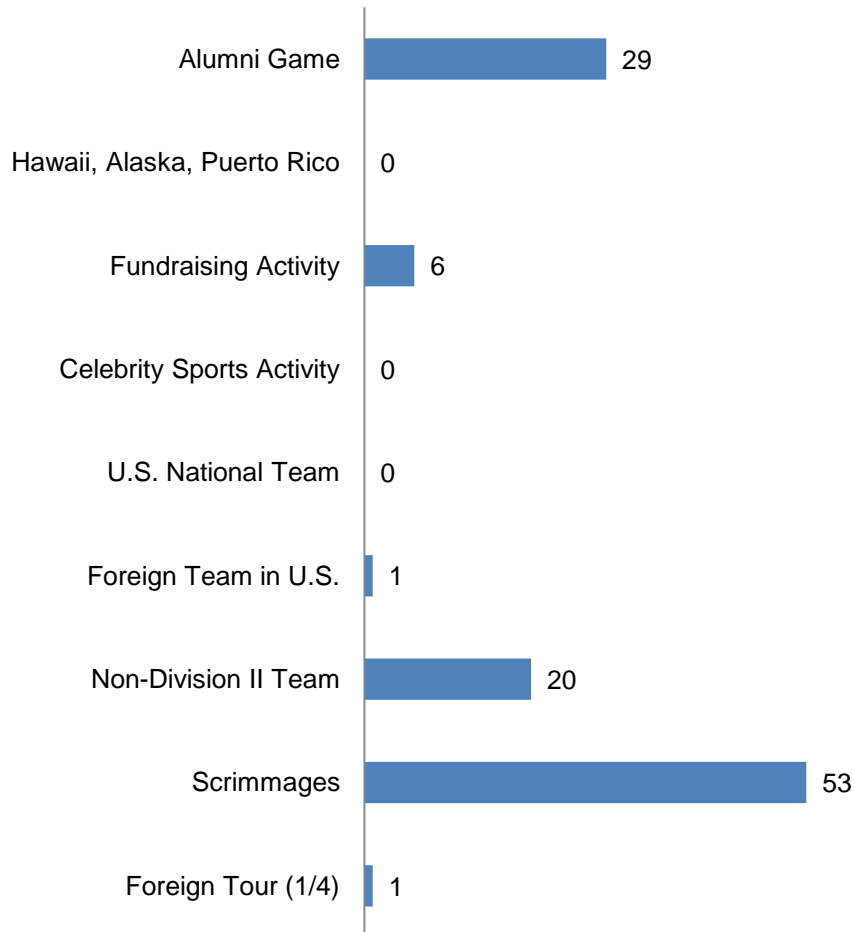


94 squads reporting

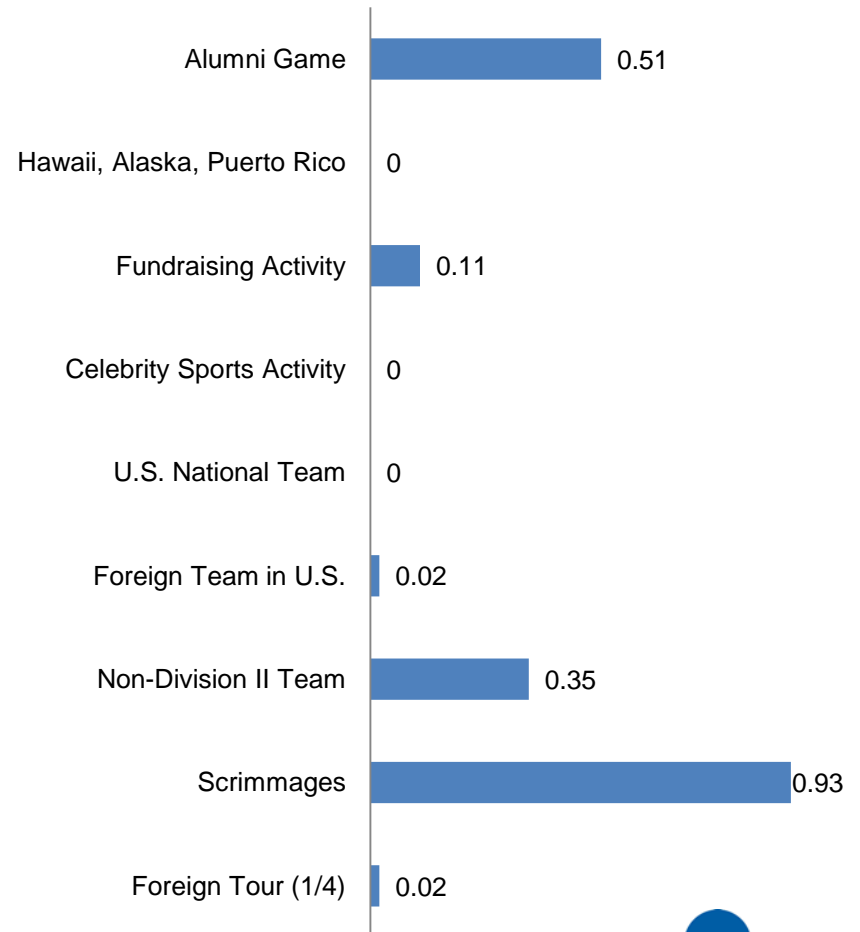
Usage of Contest Exemptions in Men's Lacrosse

19 institutions reporting

Three-Year Totals

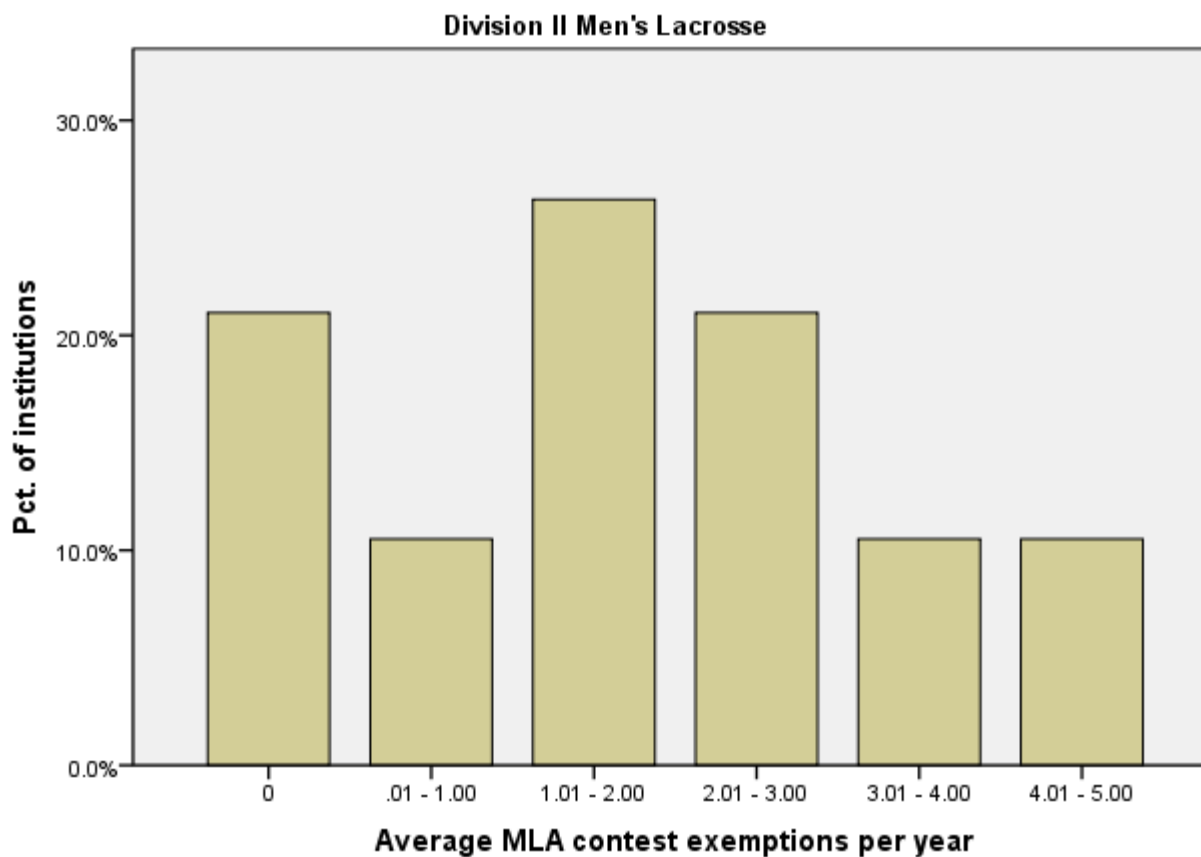


Per Institution, Per Year



Usage of Contest Exemptions in Men's Lacrosse

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

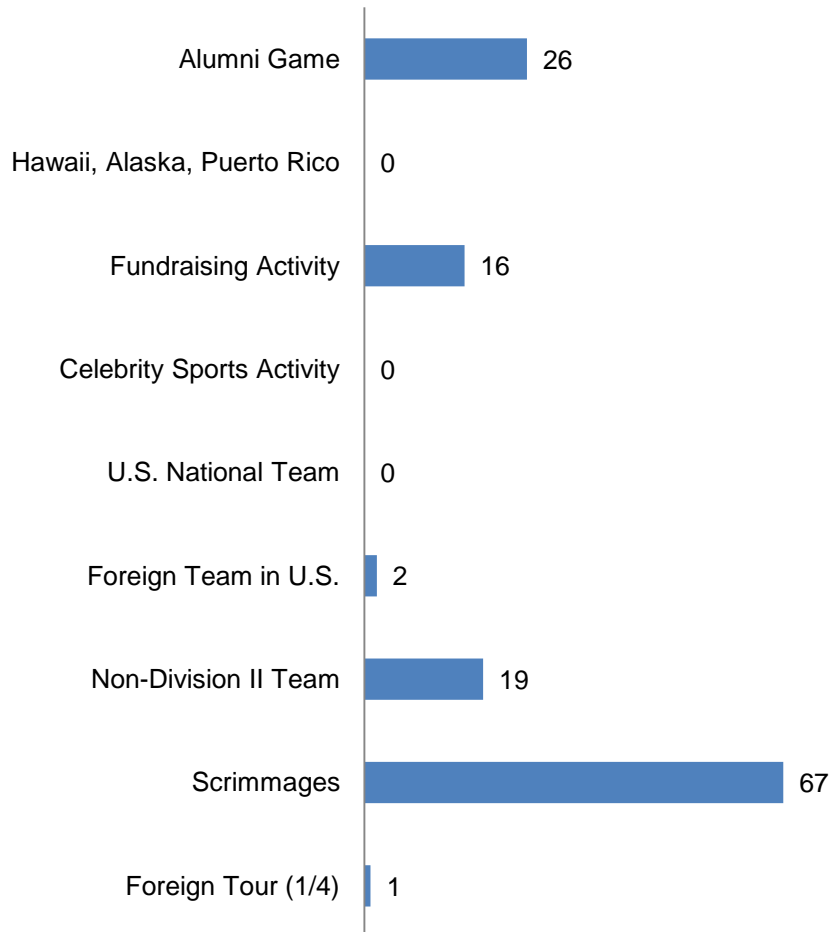


19 squads reporting

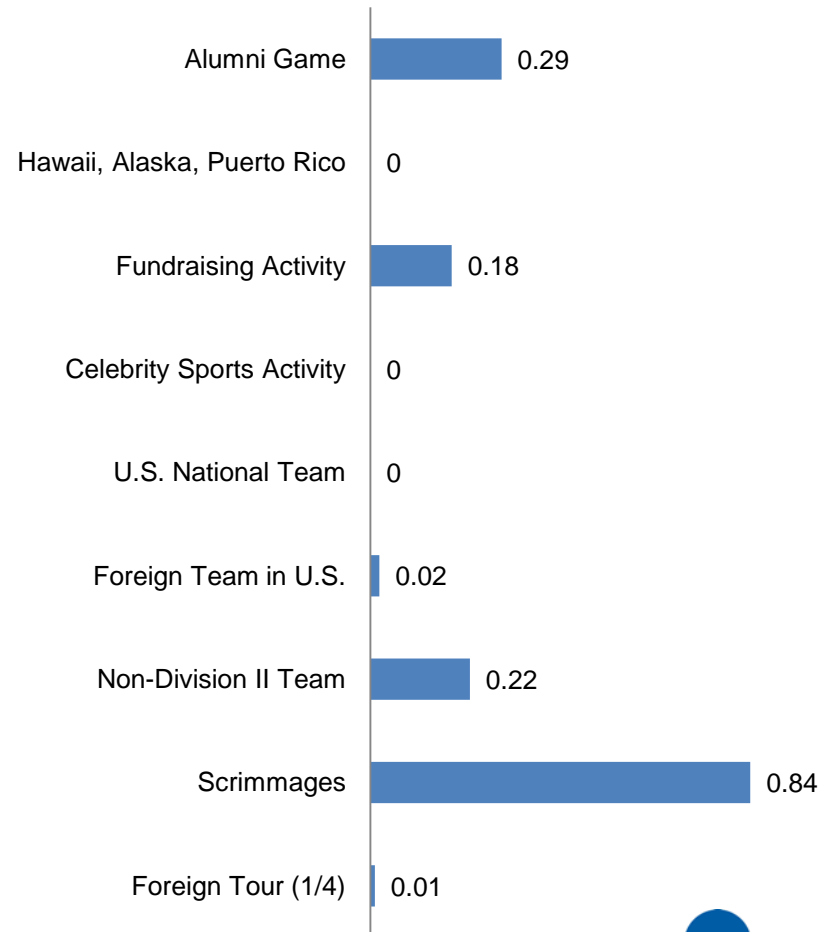
Usage of Contest Exemptions in Women's Lacrosse

30 institutions reporting

Three-Year Totals

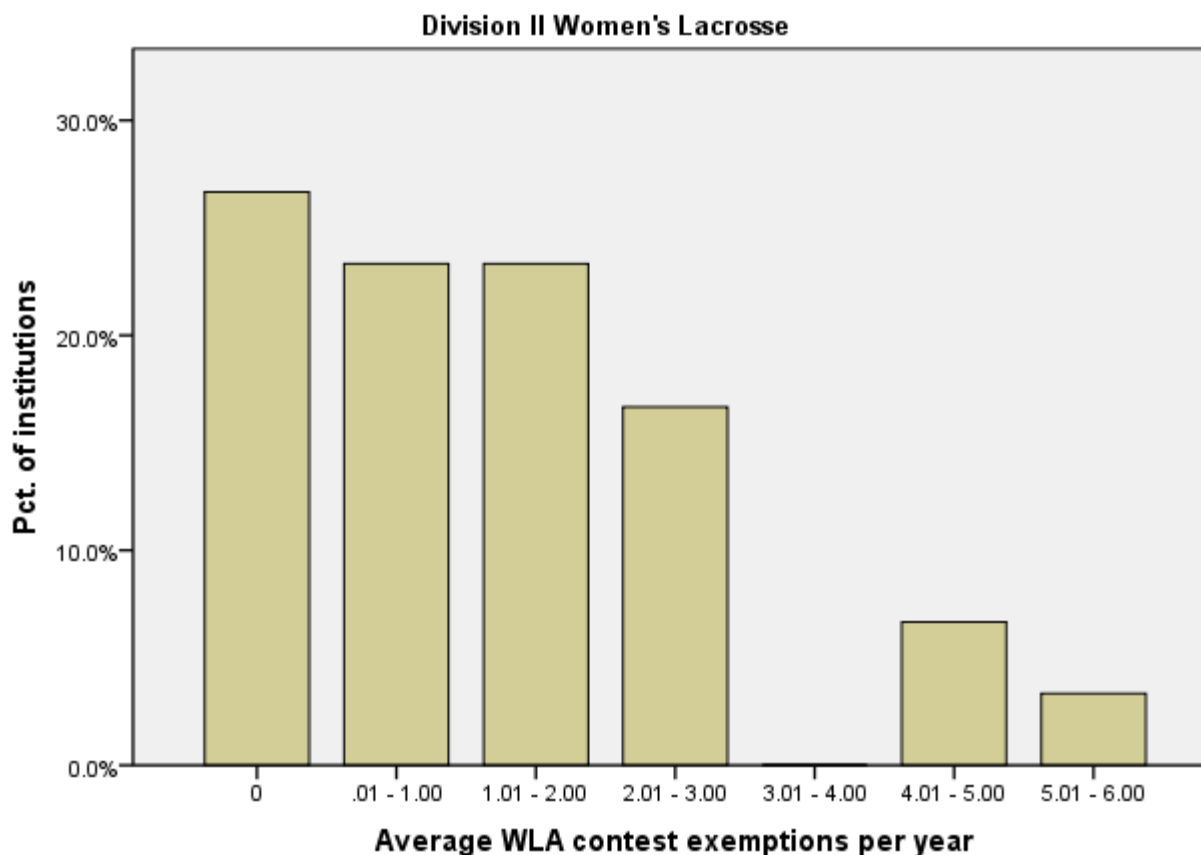


Per Institution, Per Year



Usage of Contest Exemptions in Women's Lacrosse

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

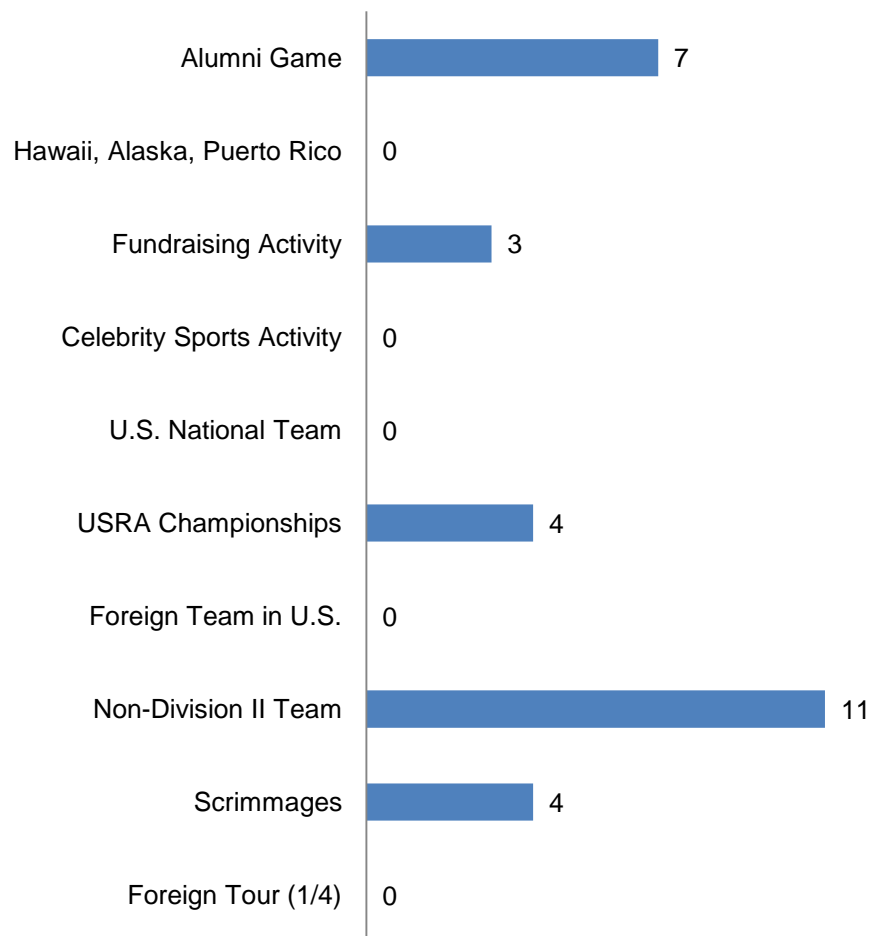


30 squads reporting

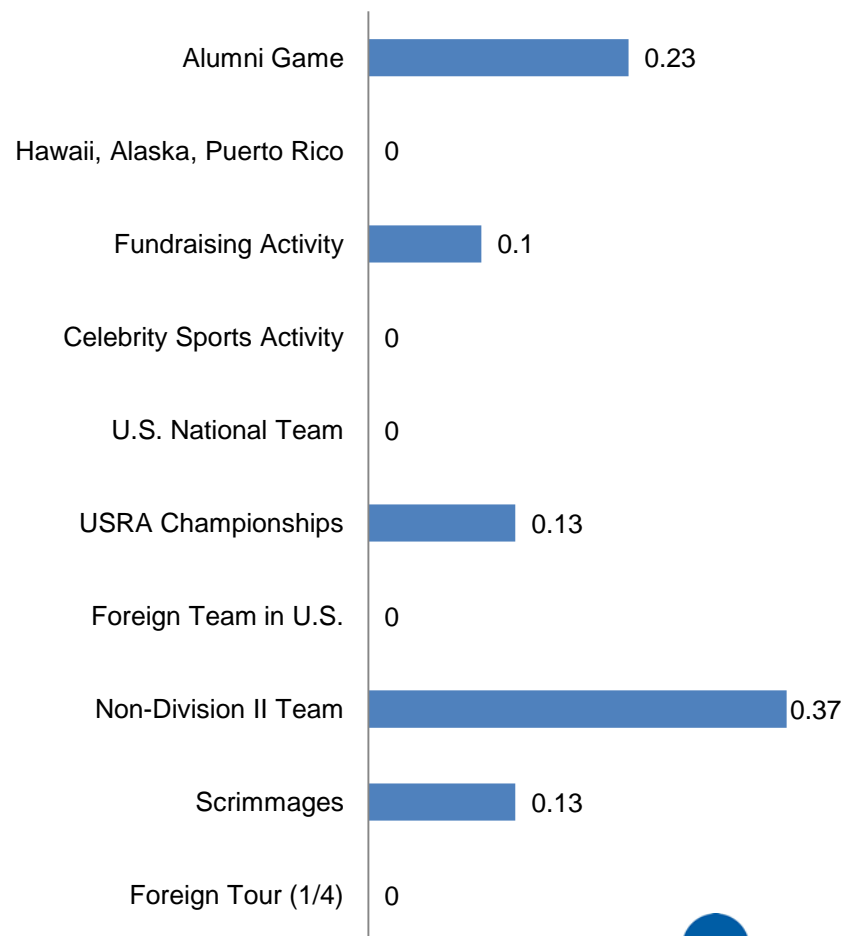
Usage of Contest Exemptions in Women's Rowing

10 institutions reporting

Three-Year Totals

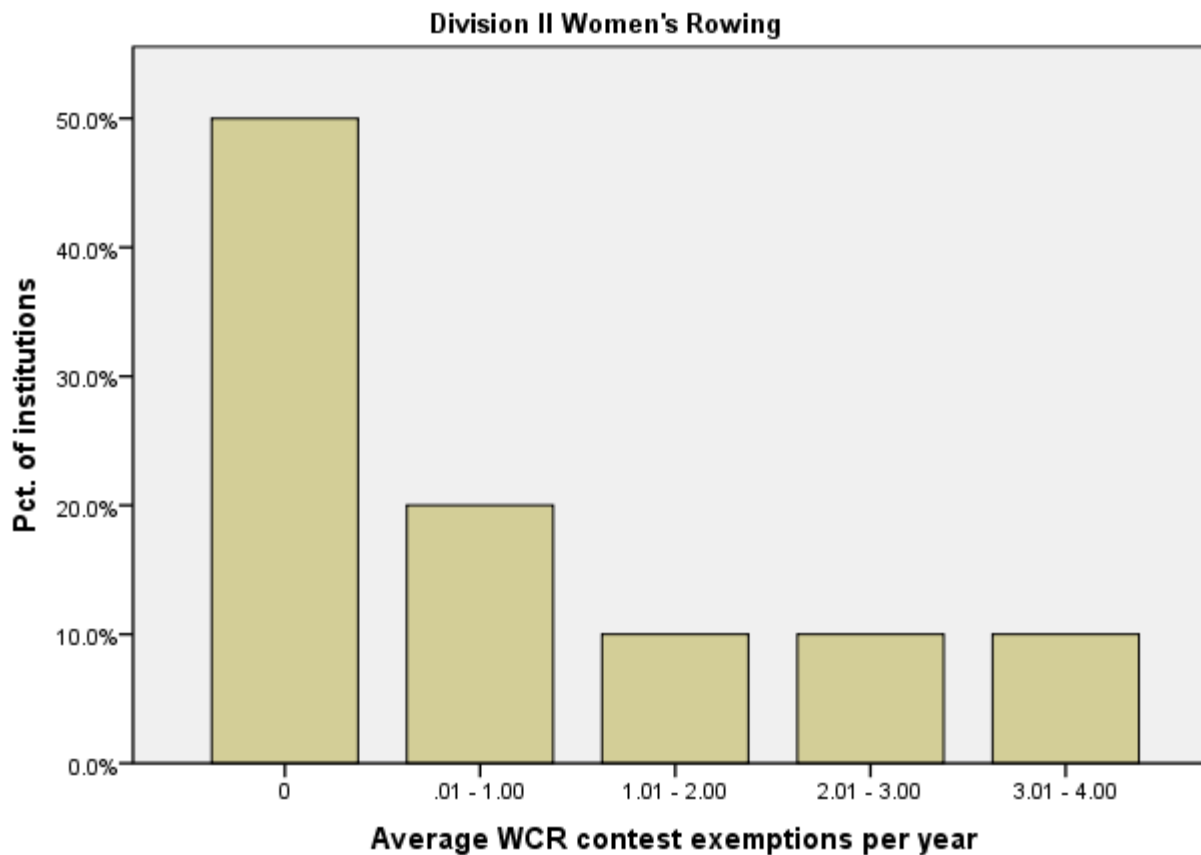


Per Institution, Per Year



Usage of Contest Exemptions in Women's Rowing

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

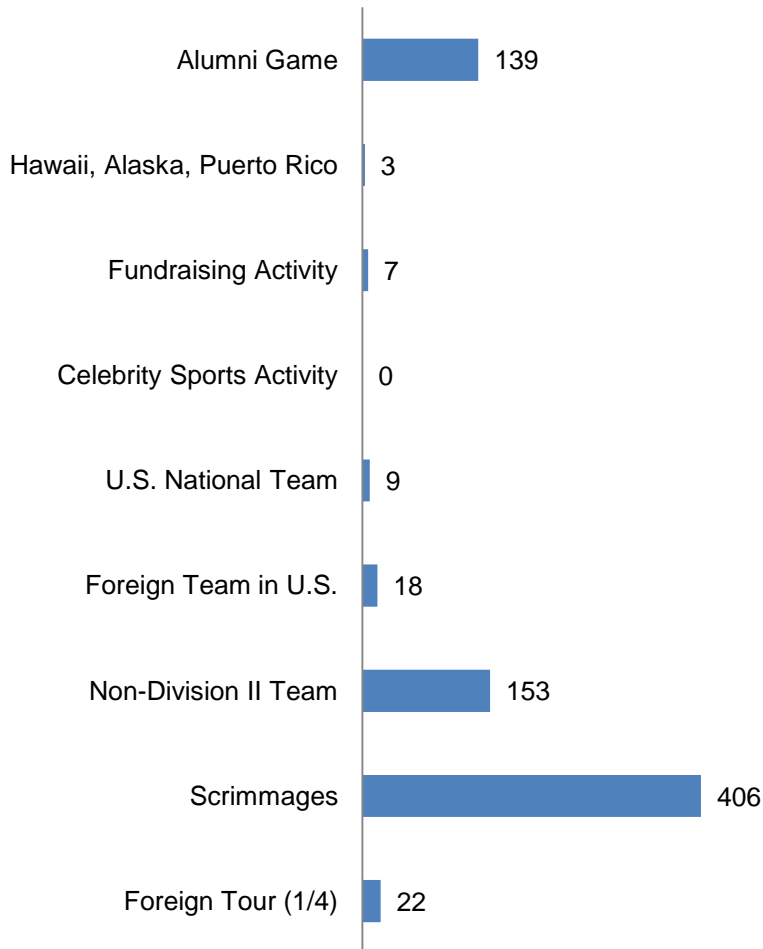


10 squads reporting

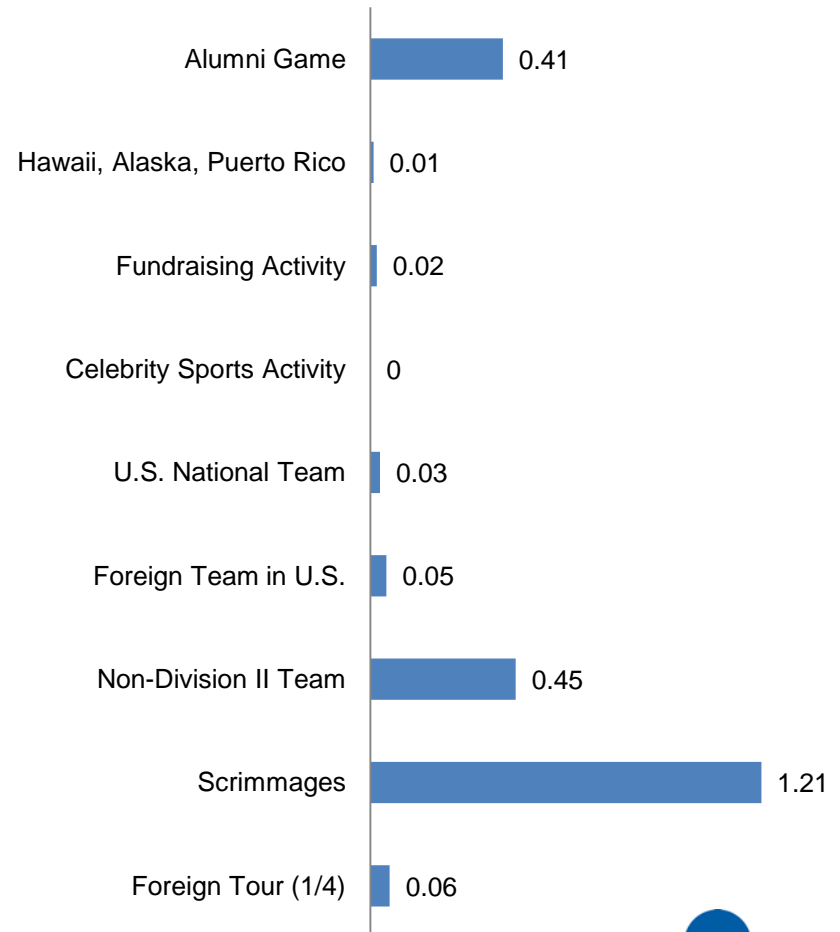
Usage of Contest Exemptions in Men's Soccer

113 institutions reporting

Three-Year Totals

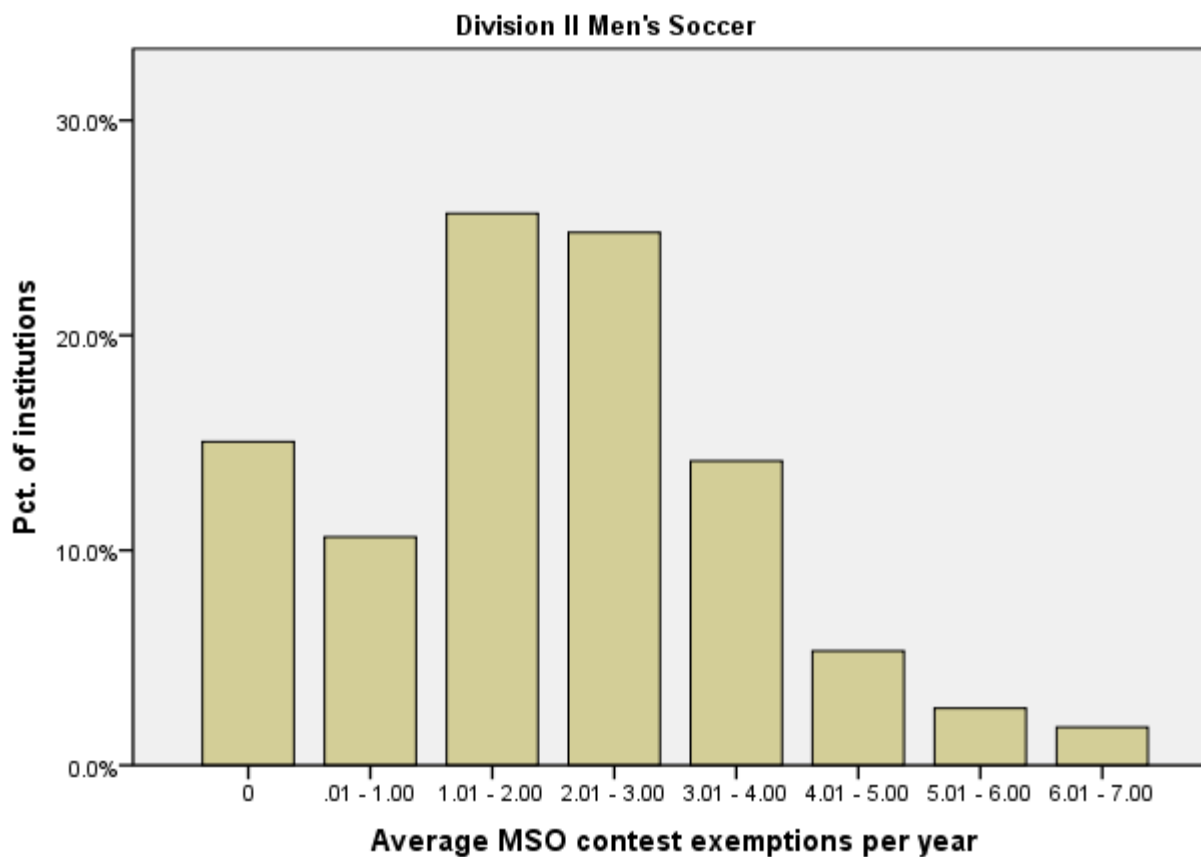


Per Institution, Per Year



Usage of Contest Exemptions in Men's Soccer

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

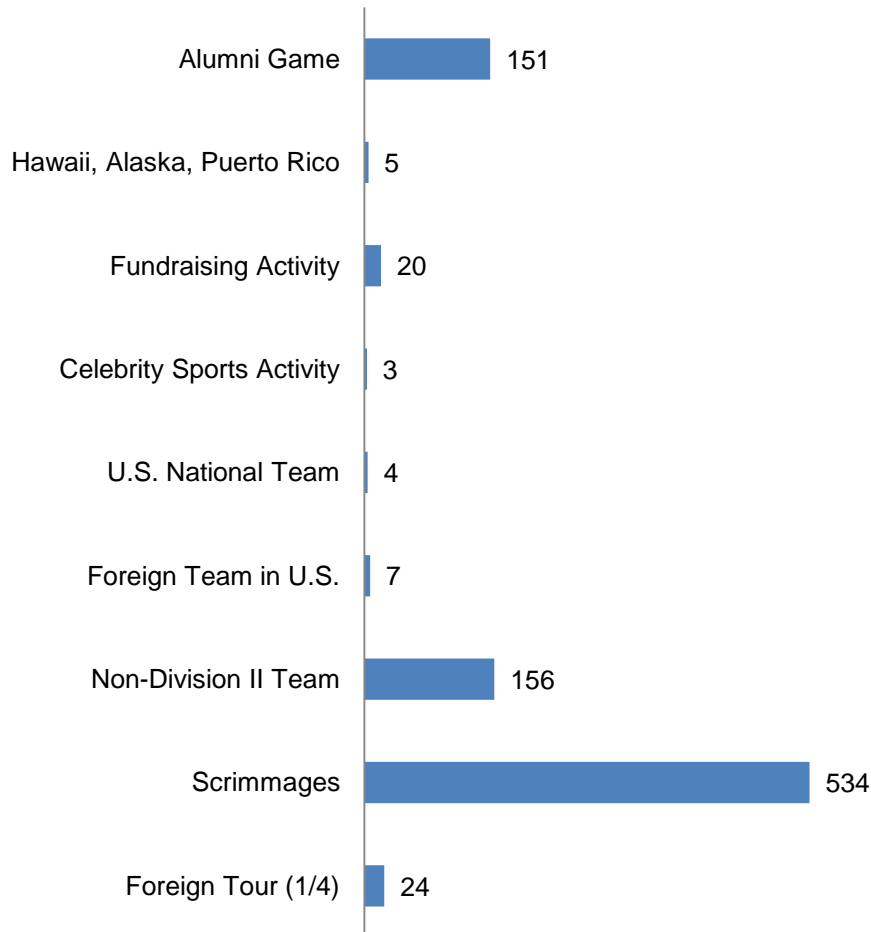


113 squads reporting

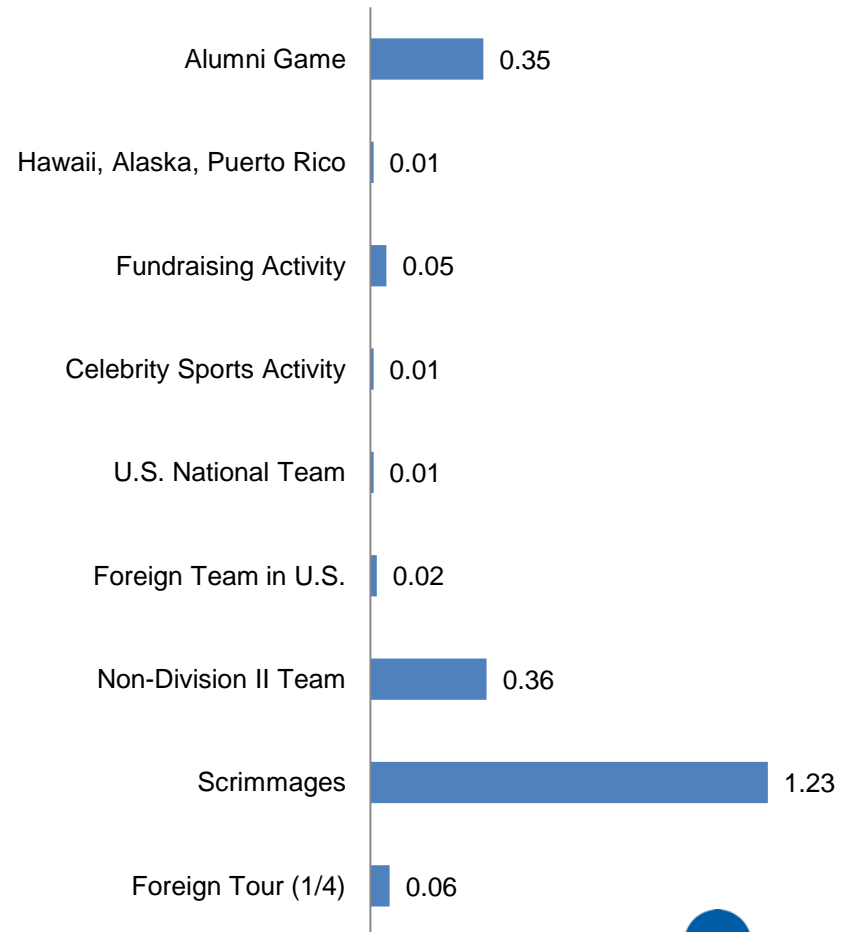
Usage of Contest Exemptions in Women's Soccer

145 institutions reporting

Three-Year Totals

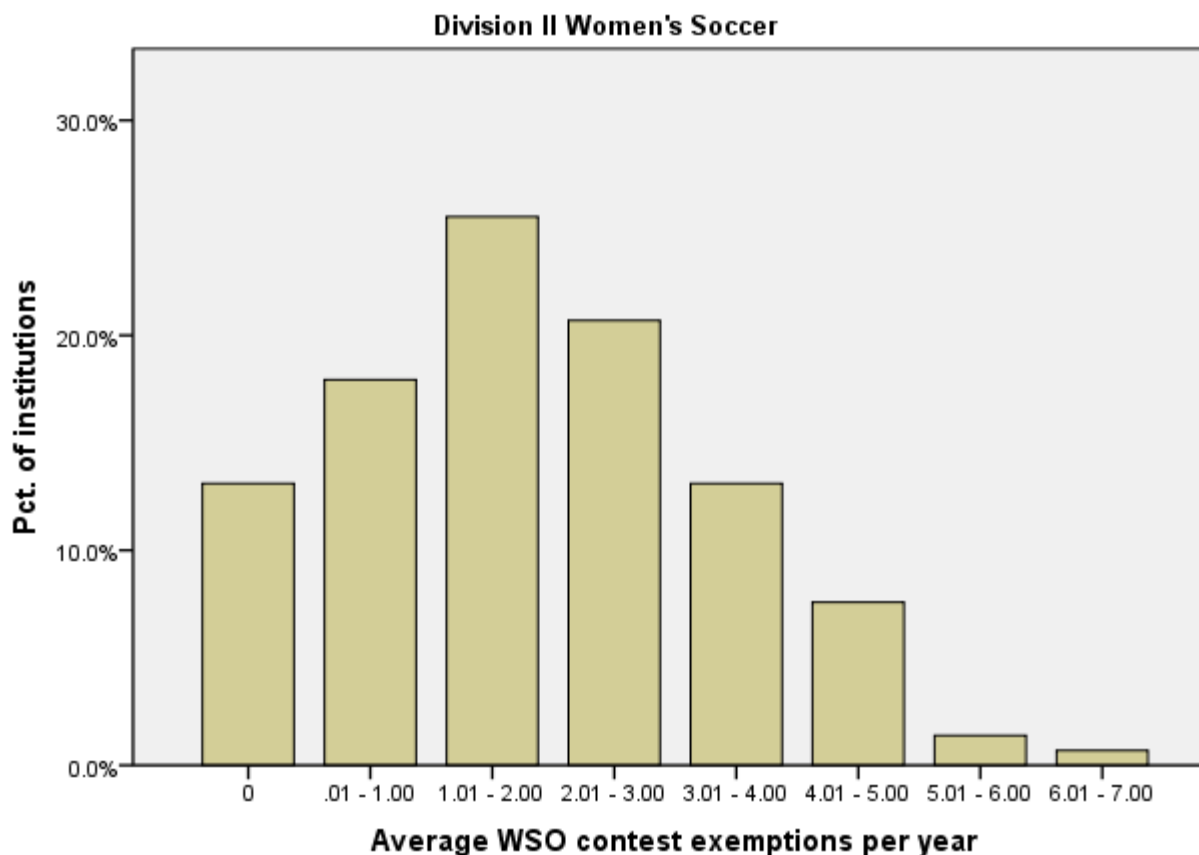


Per Institution, Per Year



Usage of Contest Exemptions in Women's Soccer

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

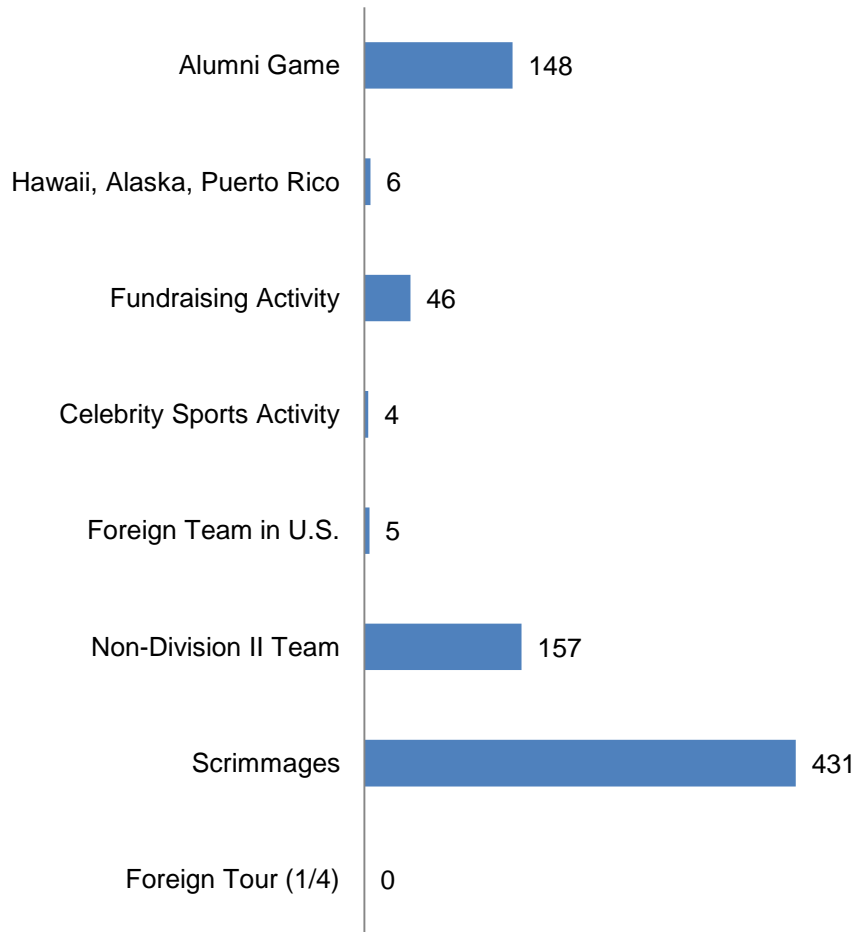


145 squads reporting

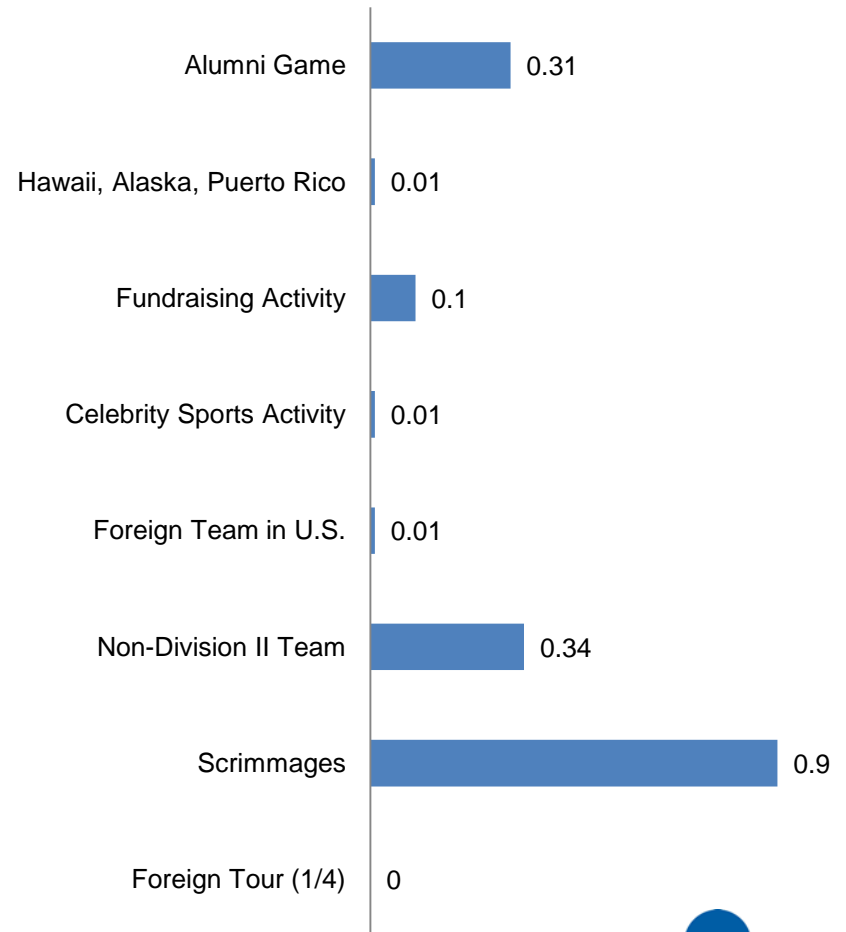
Usage of Contest Exemptions in Softball

160 institutions reporting

Three-Year Totals



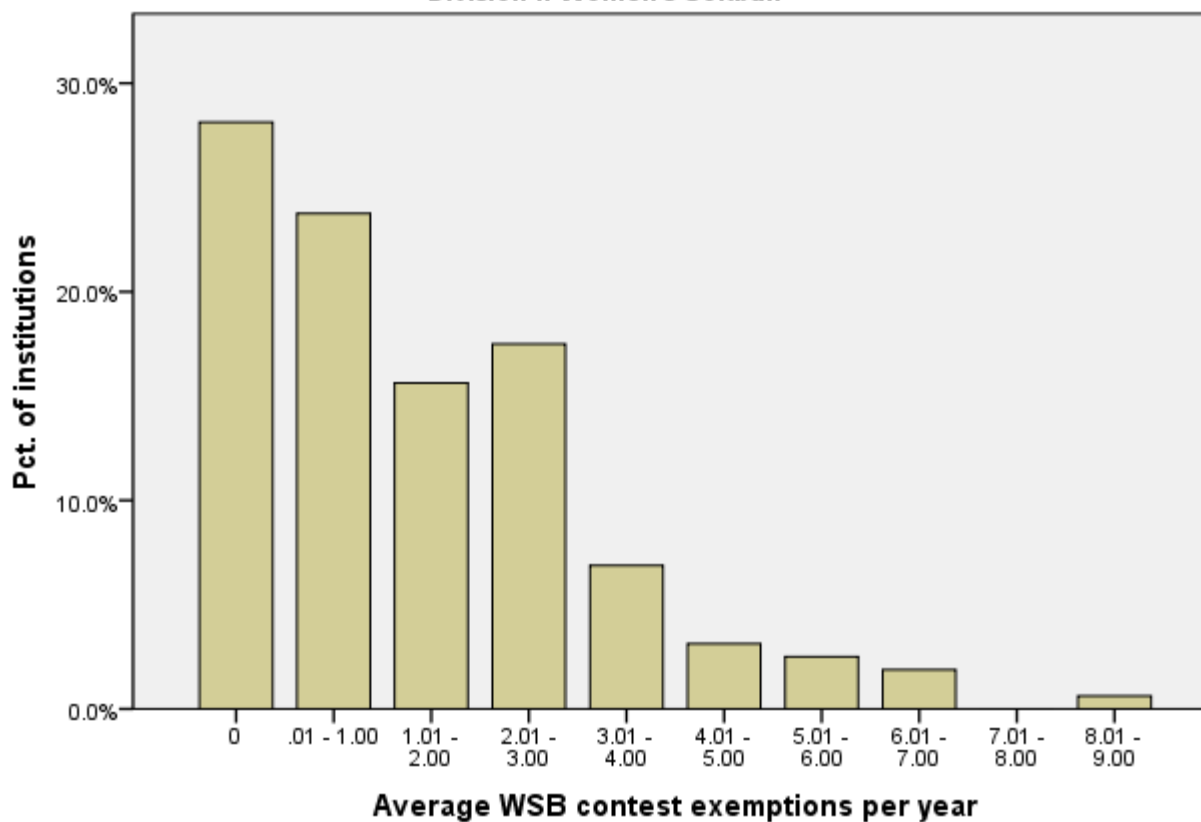
Per Institution, Per Year



Usage of Contest Exemptions in Softball

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Softball

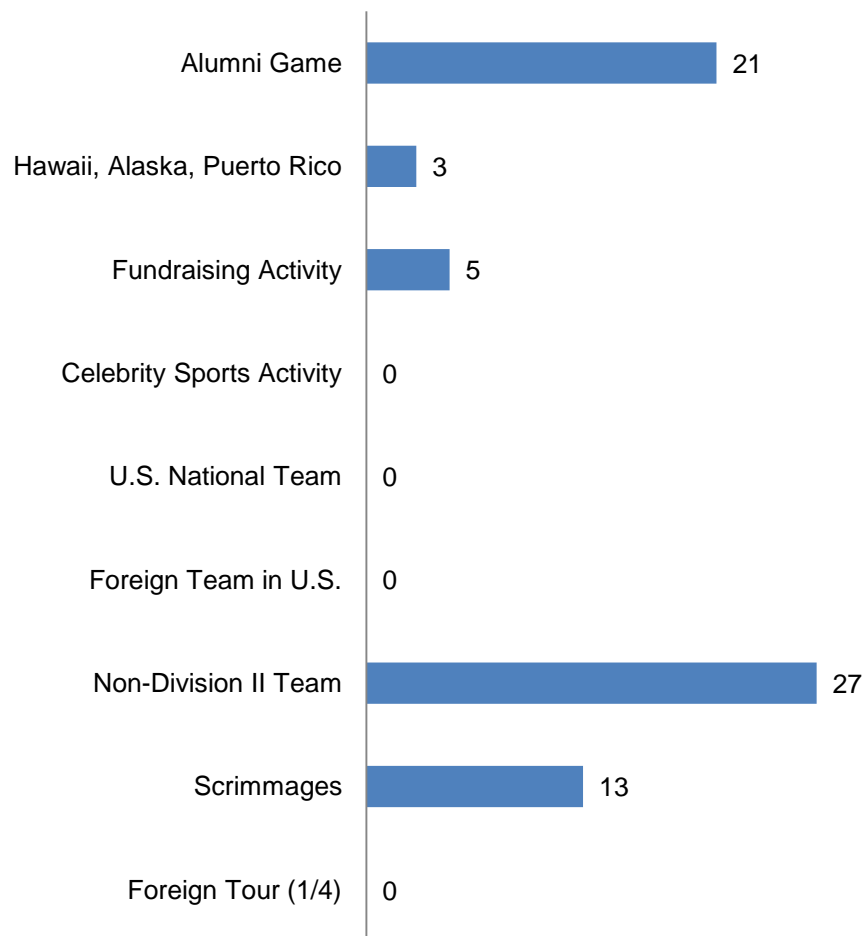


160 squads reporting

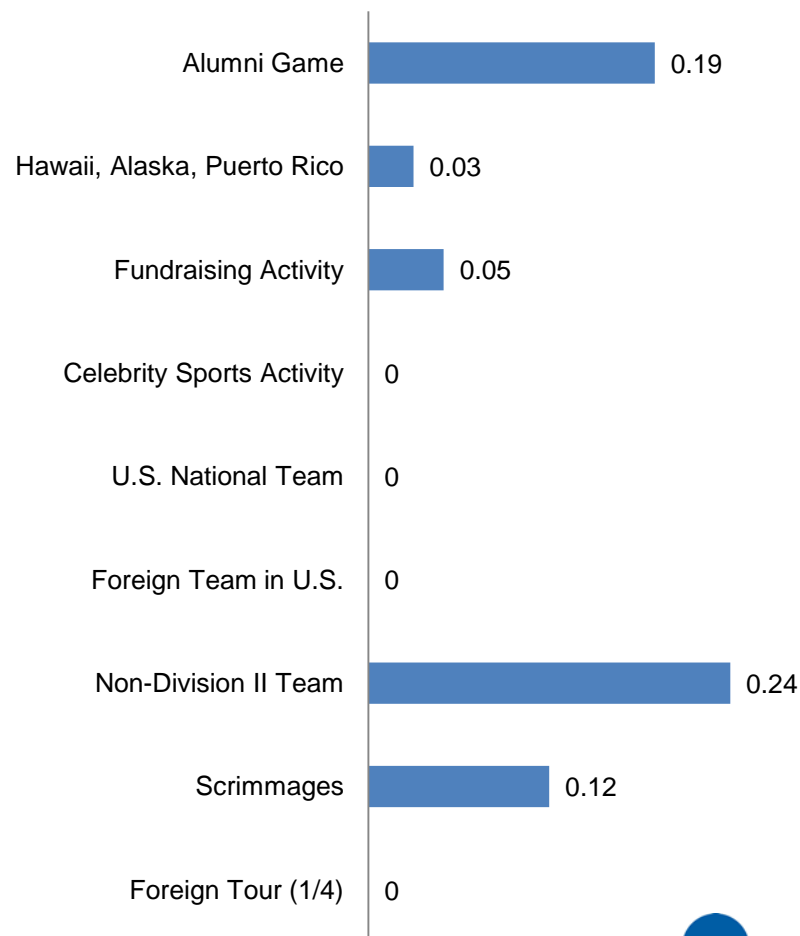
Usage of Contest Exemptions in Men's Swimming and Diving

37 institutions reporting

Three-Year Totals

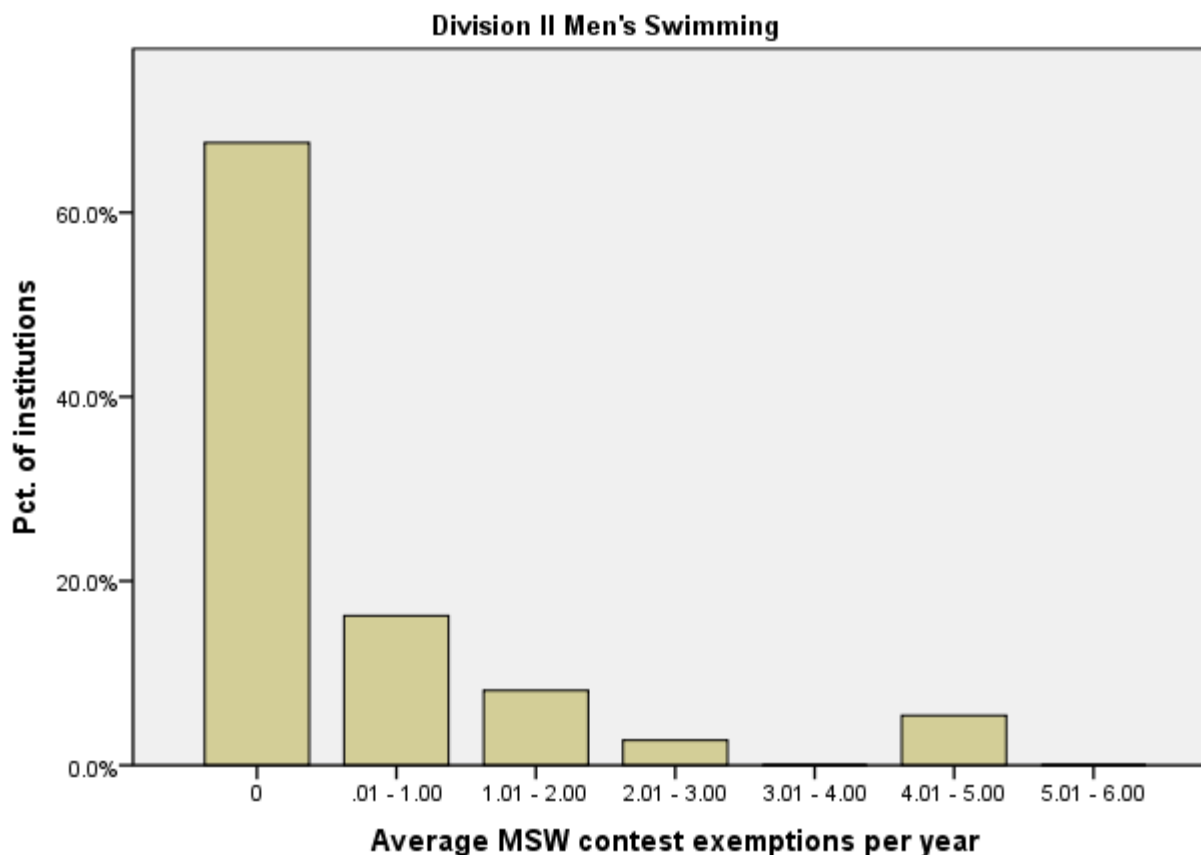


Per Institution, Per Year



Usage of Contest Exemptions in Men's Swimming and Diving

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

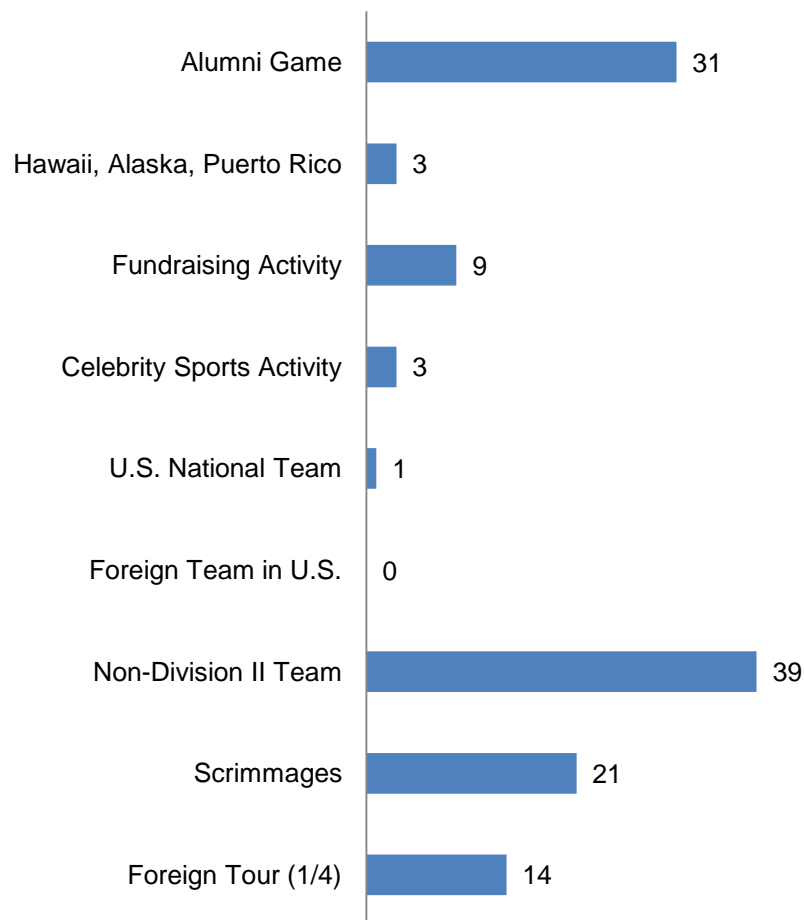


37 squads reporting

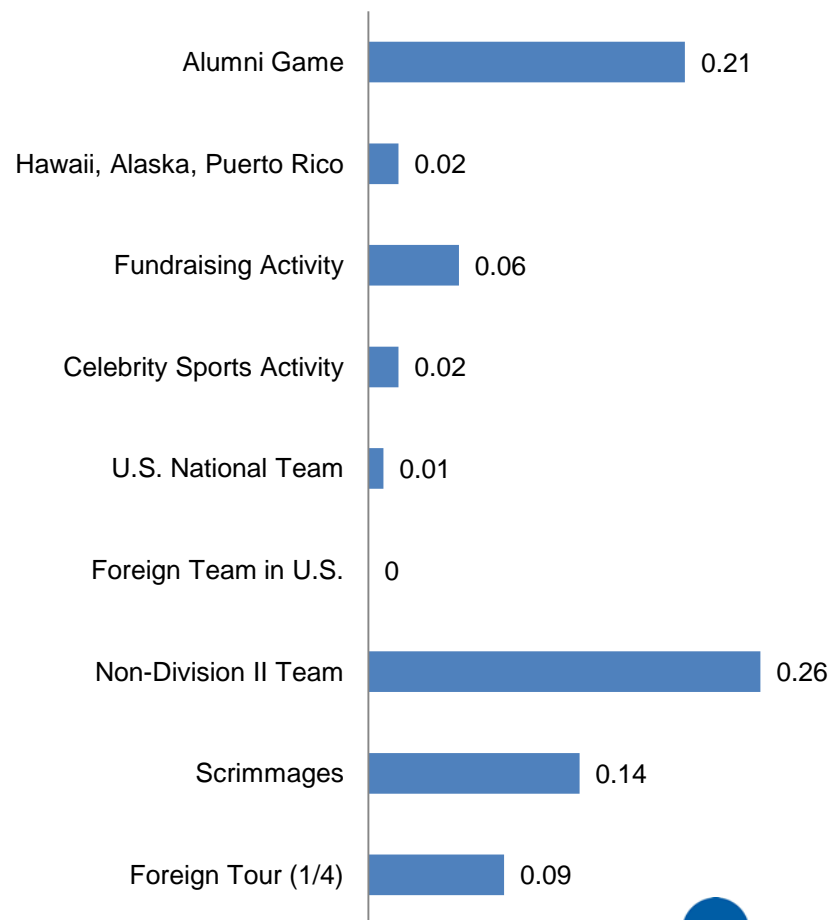
Usage of Contest Exemptions in Women's Swimming and Diving

50 institutions reporting

Three-Year Totals



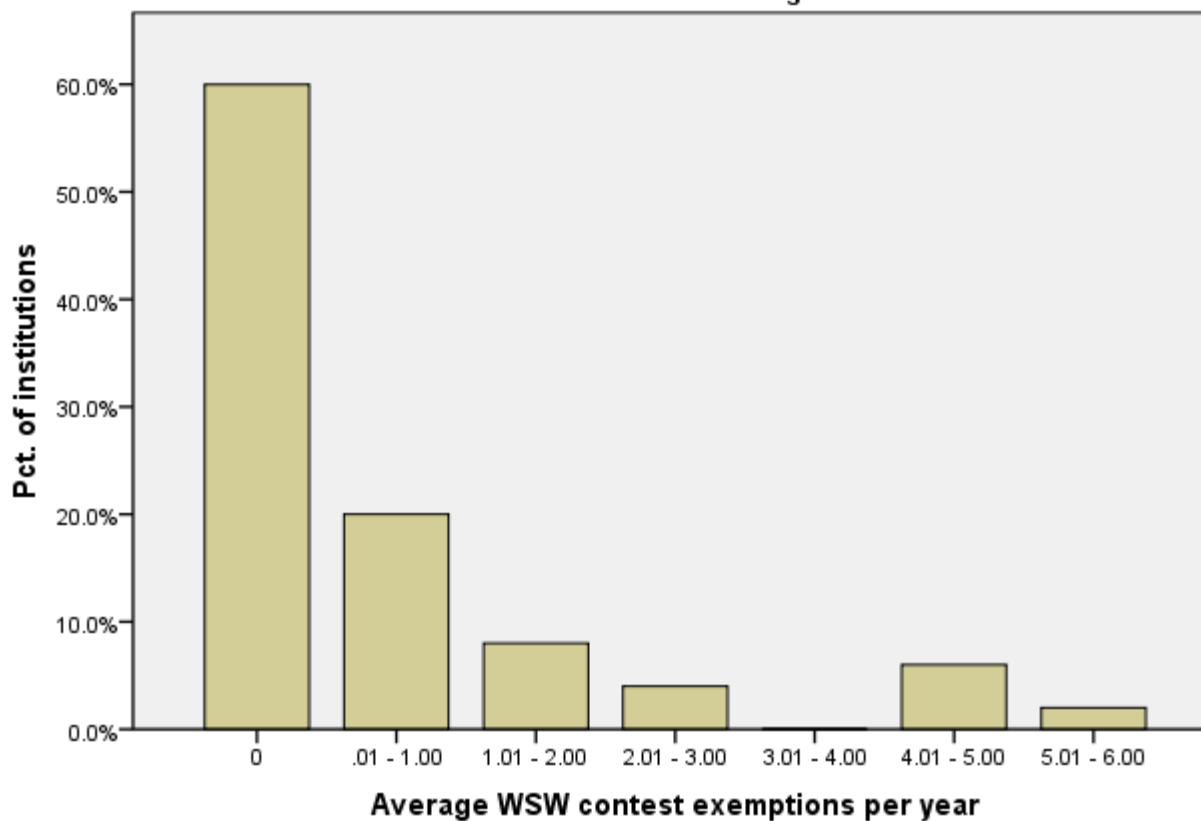
Per Institution, Per Year



Usage of Contest Exemptions in Women's Swimming and Diving

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Swimming

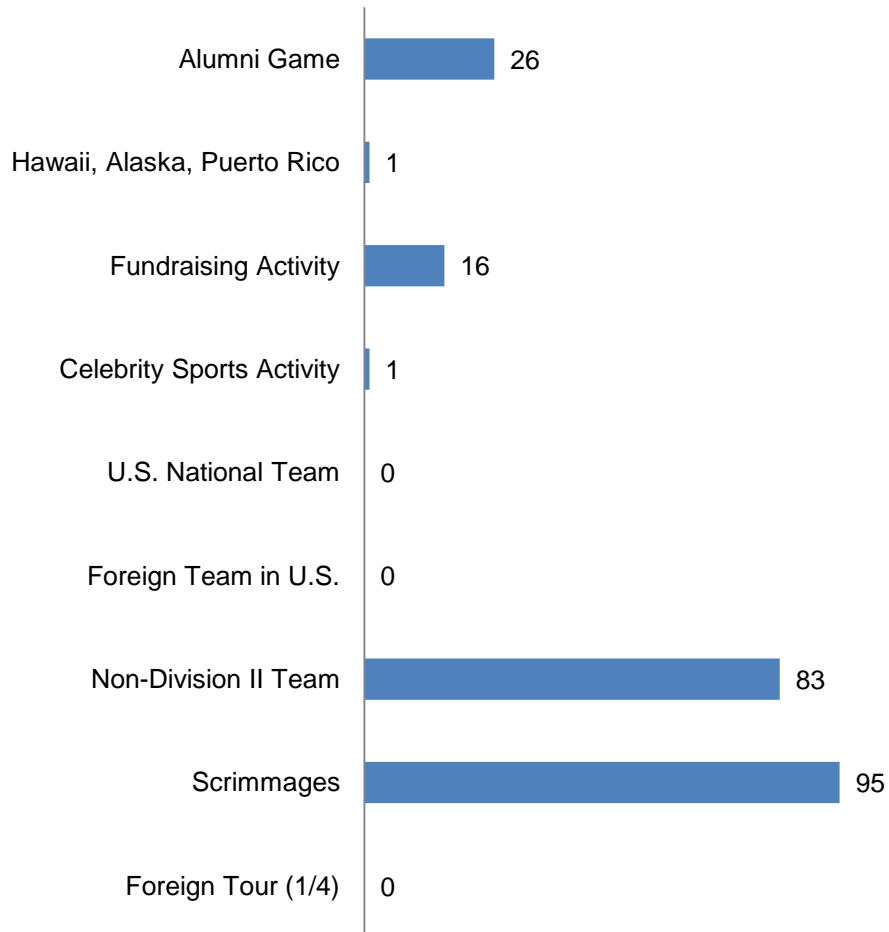


50 squads reporting

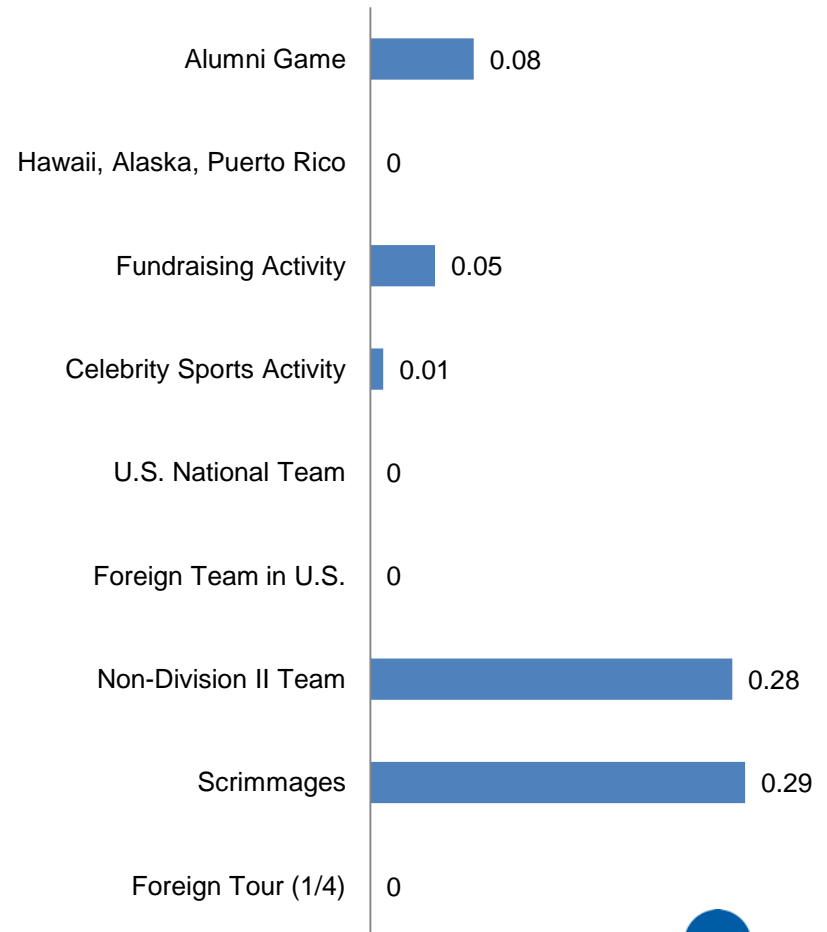
Usage of Contest Exemptions in Men's Tennis

110 institutions reporting

Three-Year Totals



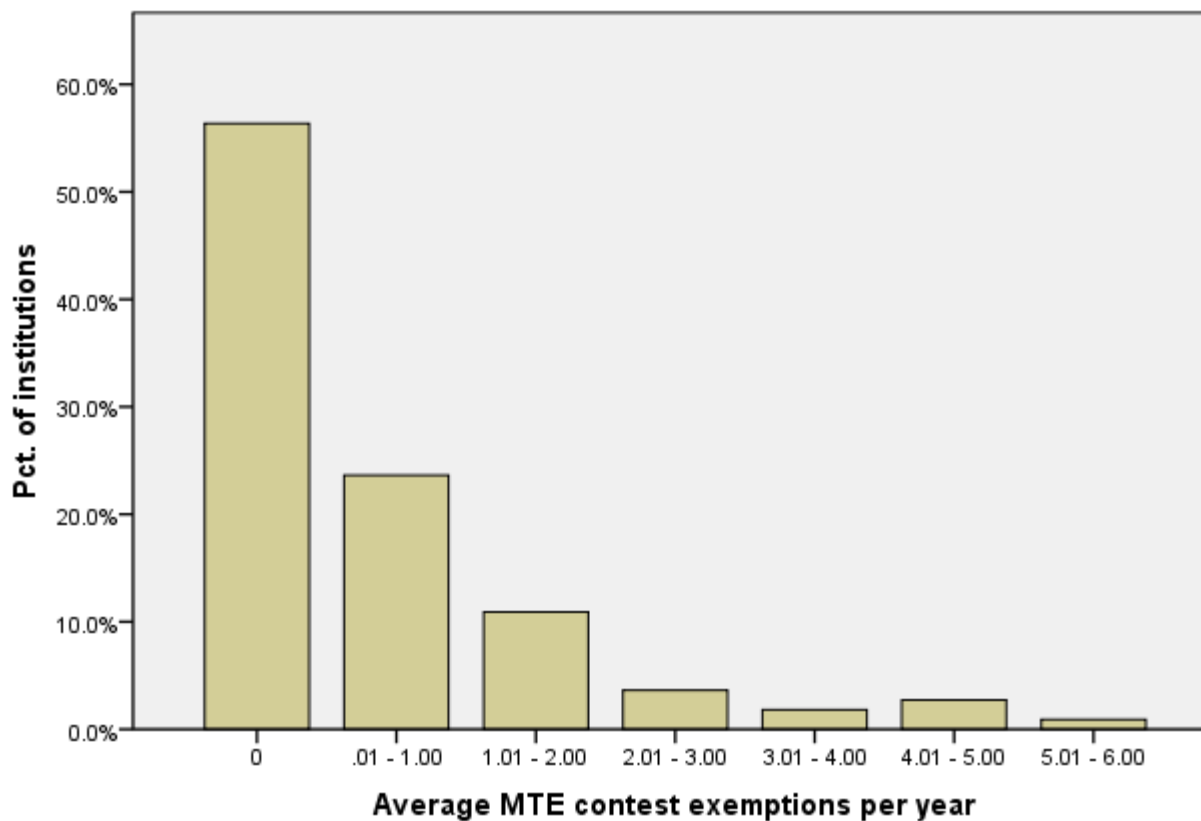
Per Institution, Per Year



Usage of Contest Exemptions in Men's Tennis

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Men's Tennis

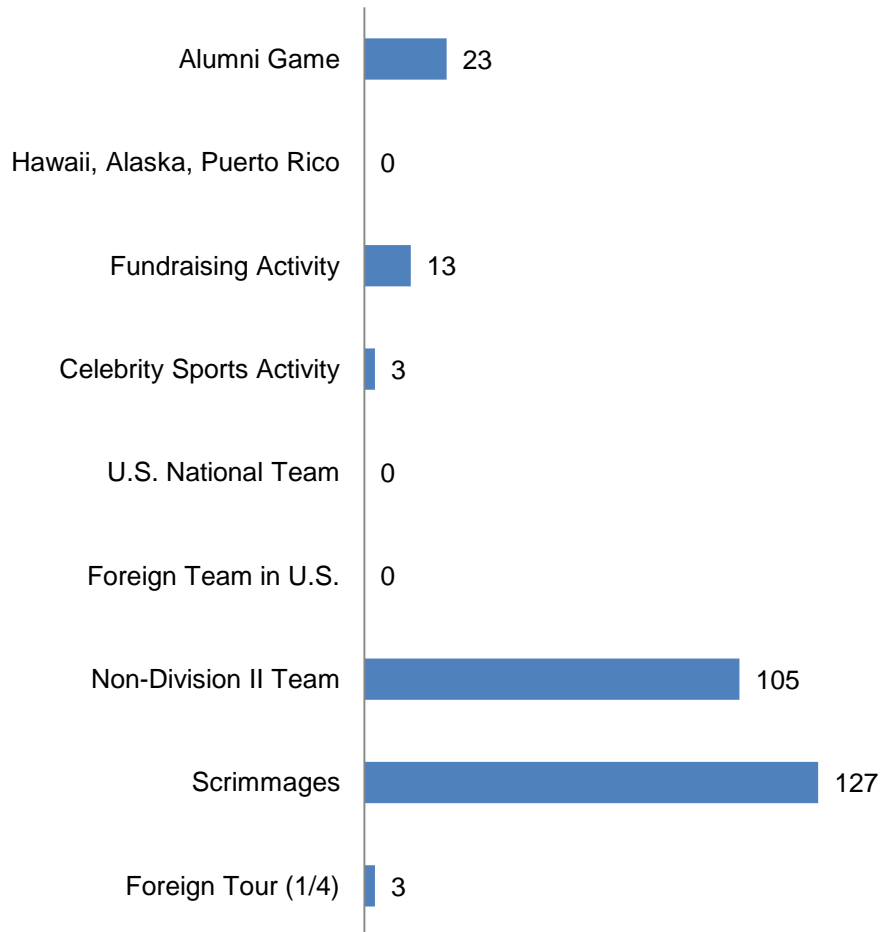


110 squads reporting

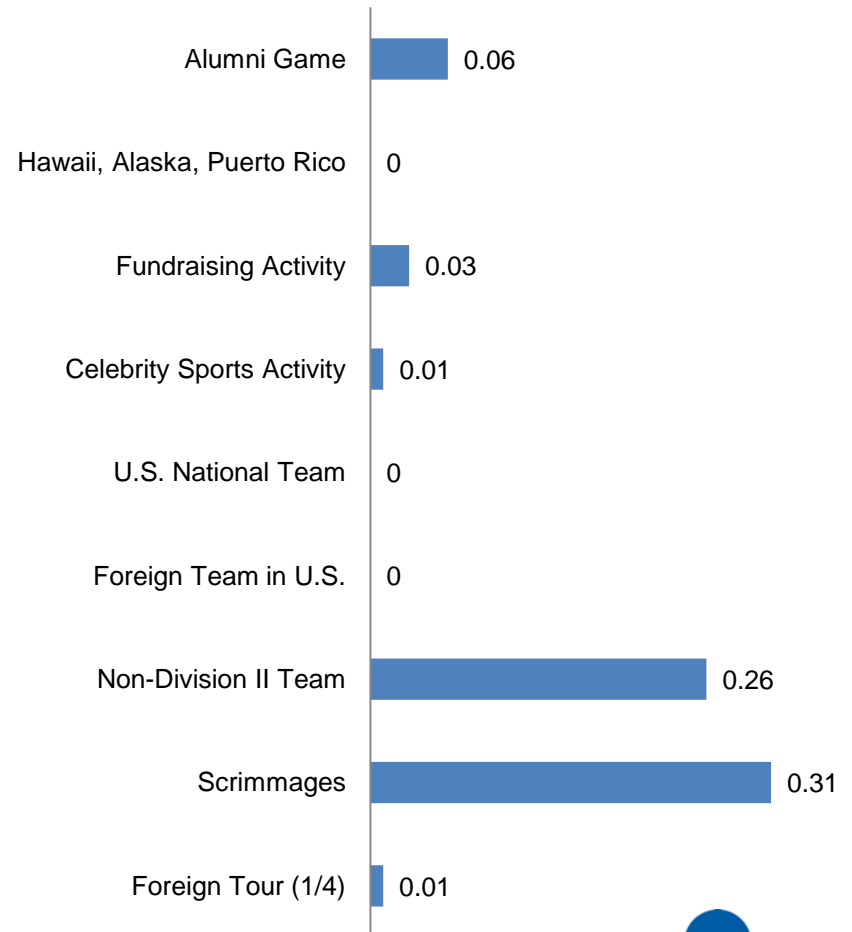
Usage of Contest Exemptions in Women's Tennis

138 institutions reporting

Three-Year Totals



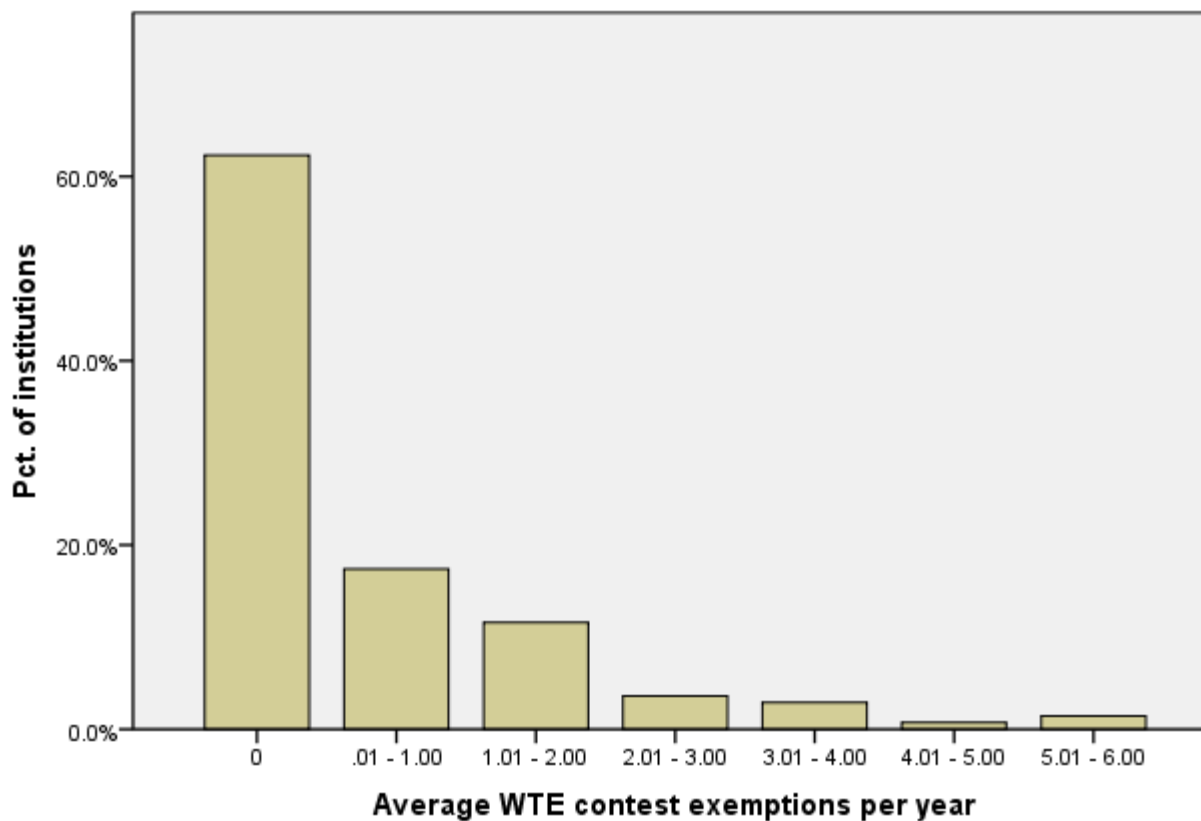
Per Institution, Per Year



Usage of Contest Exemptions in Women's Tennis

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Tennis

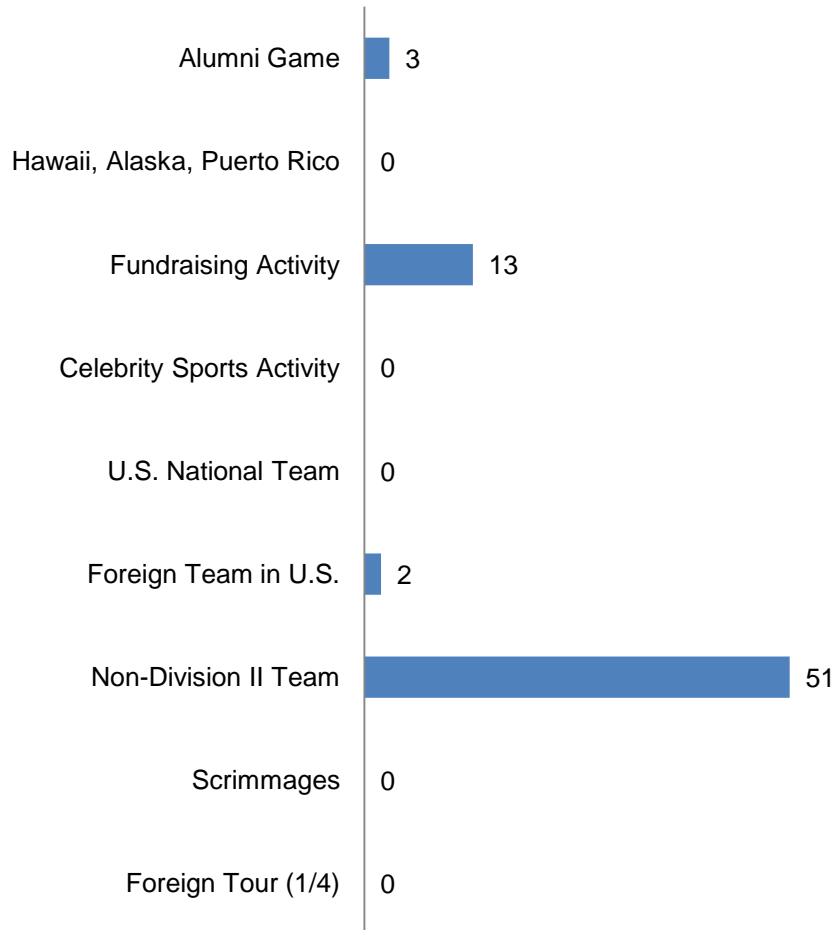


138 squads reporting

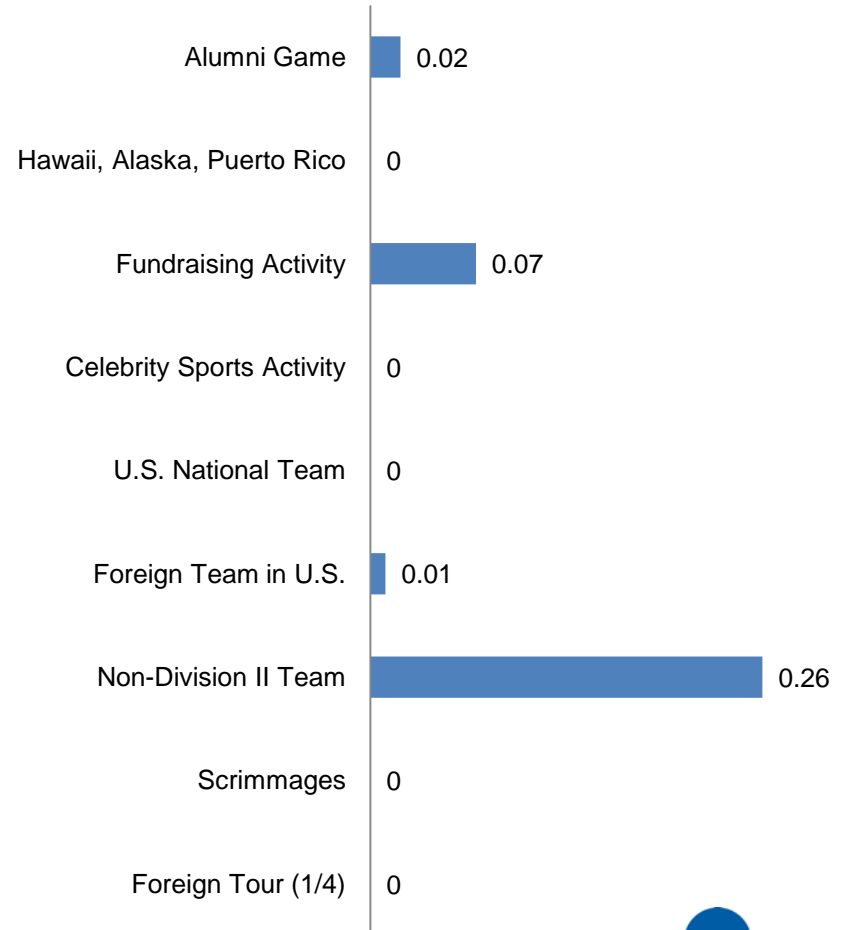
Usage of Contest Exemptions in Men's Indoor Track and Field

66 institutions reporting

Three-Year Totals

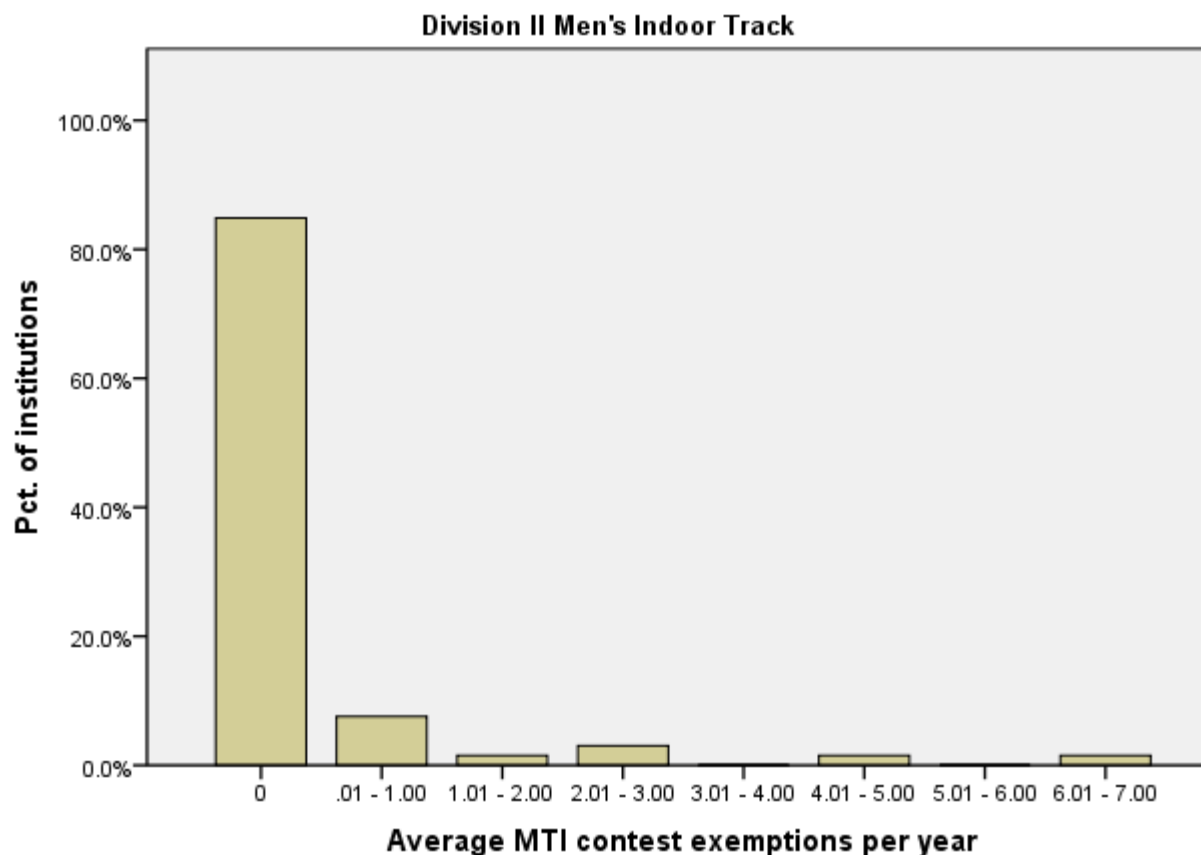


Per Institution, Per Year



Usage of Contest Exemptions in Men's Indoor Track and Field

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

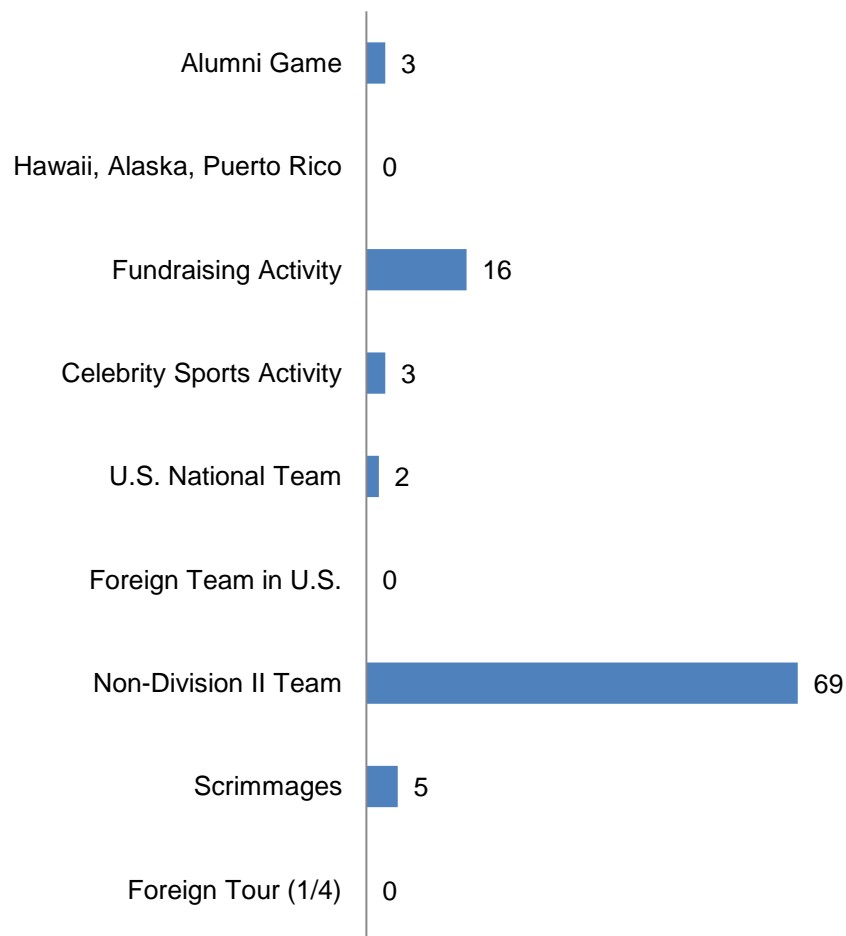


66 squads reporting

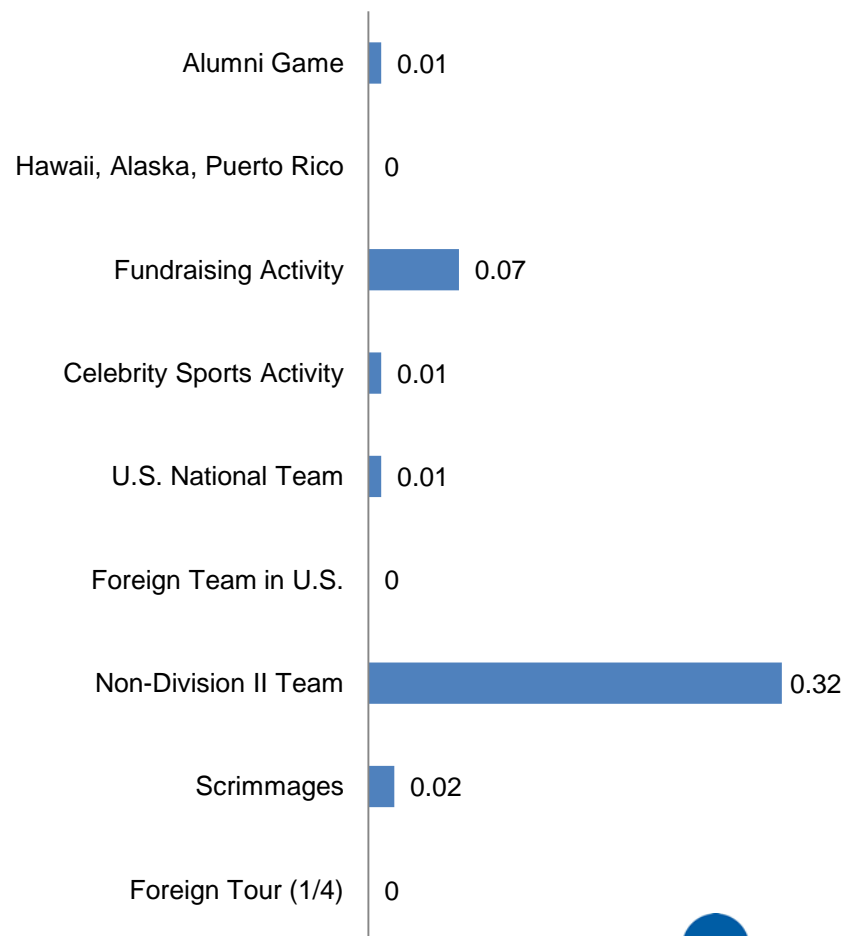
Usage of Contest Exemptions in Women's Indoor Track and Field

73 institutions reporting

Three-Year Totals



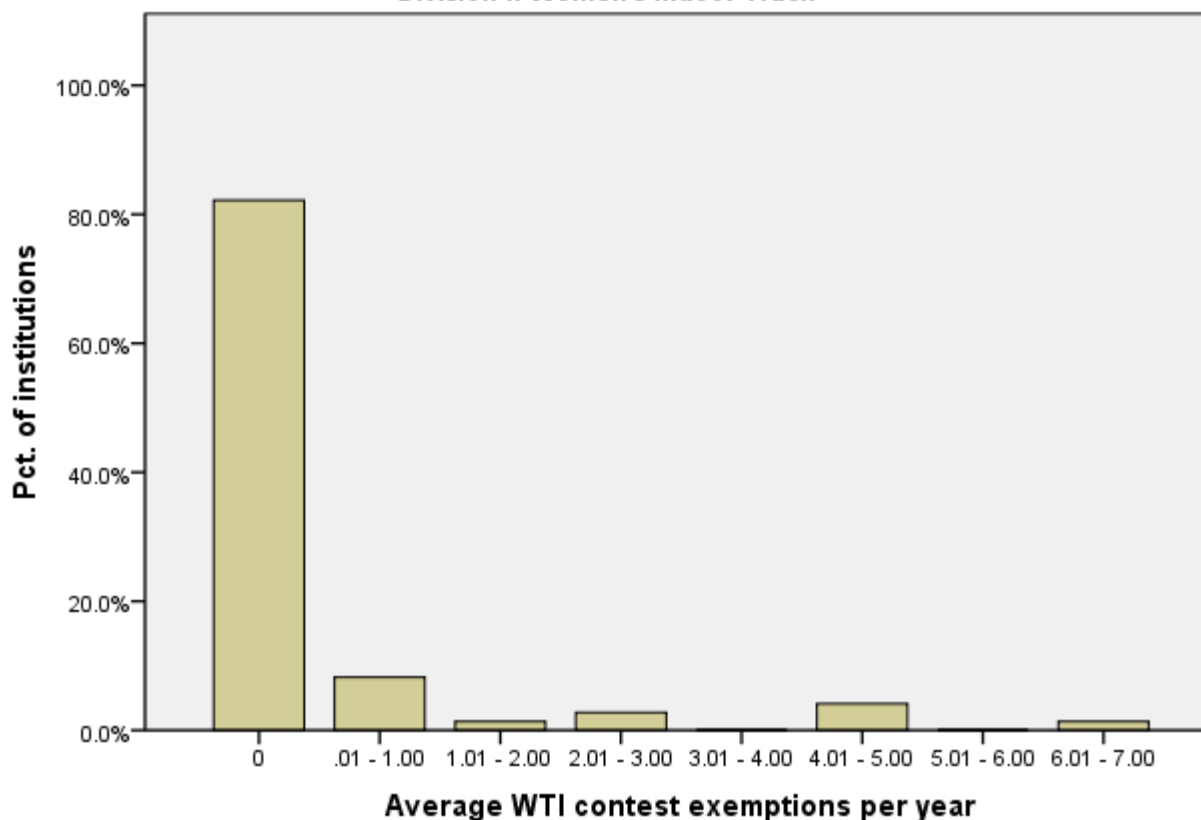
Per Institution, Per Year



Usage of Contest Exemptions in Women's Indoor Track and Field

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Indoor Track

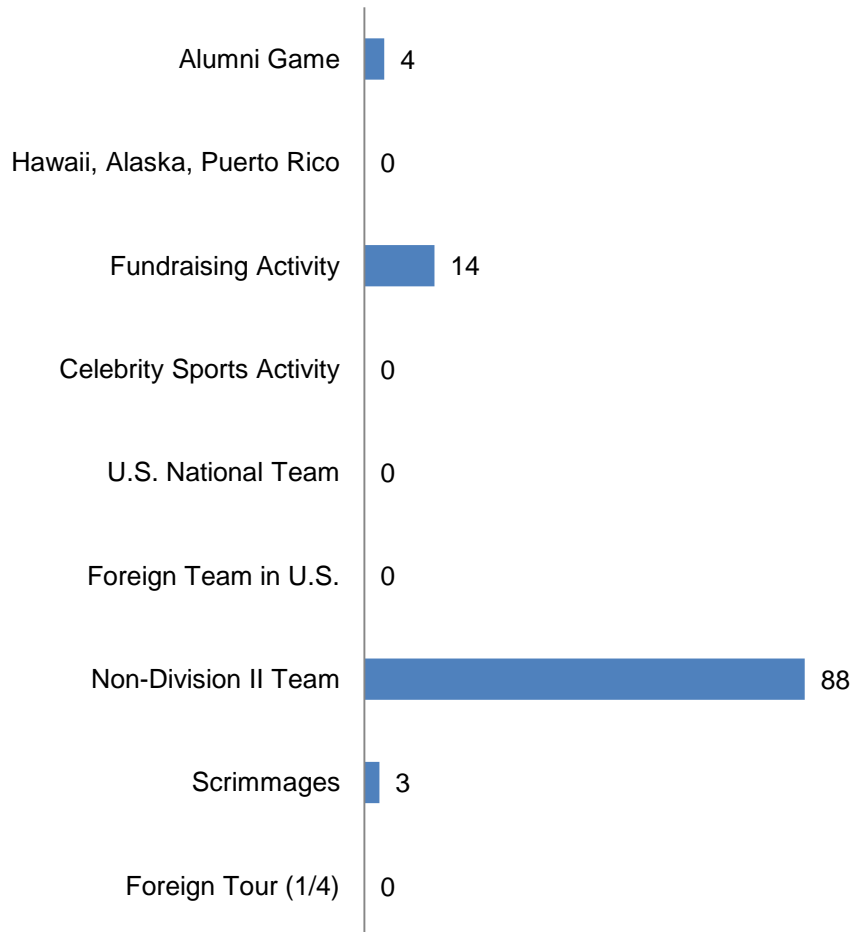


73 squads reporting

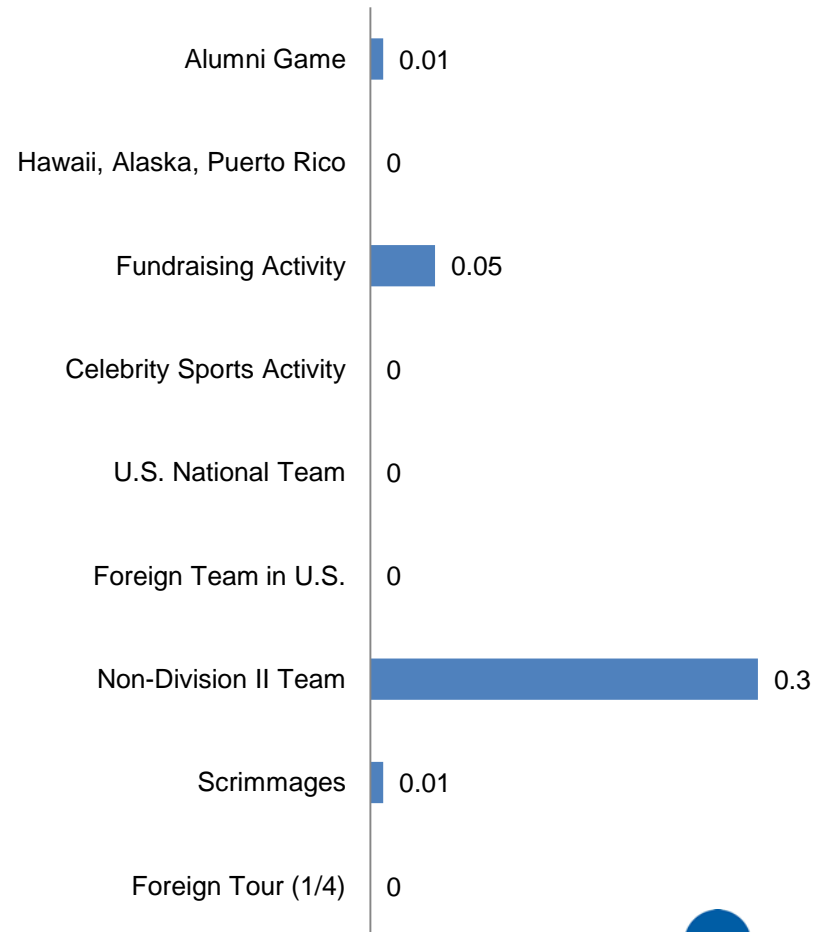
Usage of Contest Exemptions in Men's Outdoor Track and Field

97 institutions reporting

Three-Year Totals

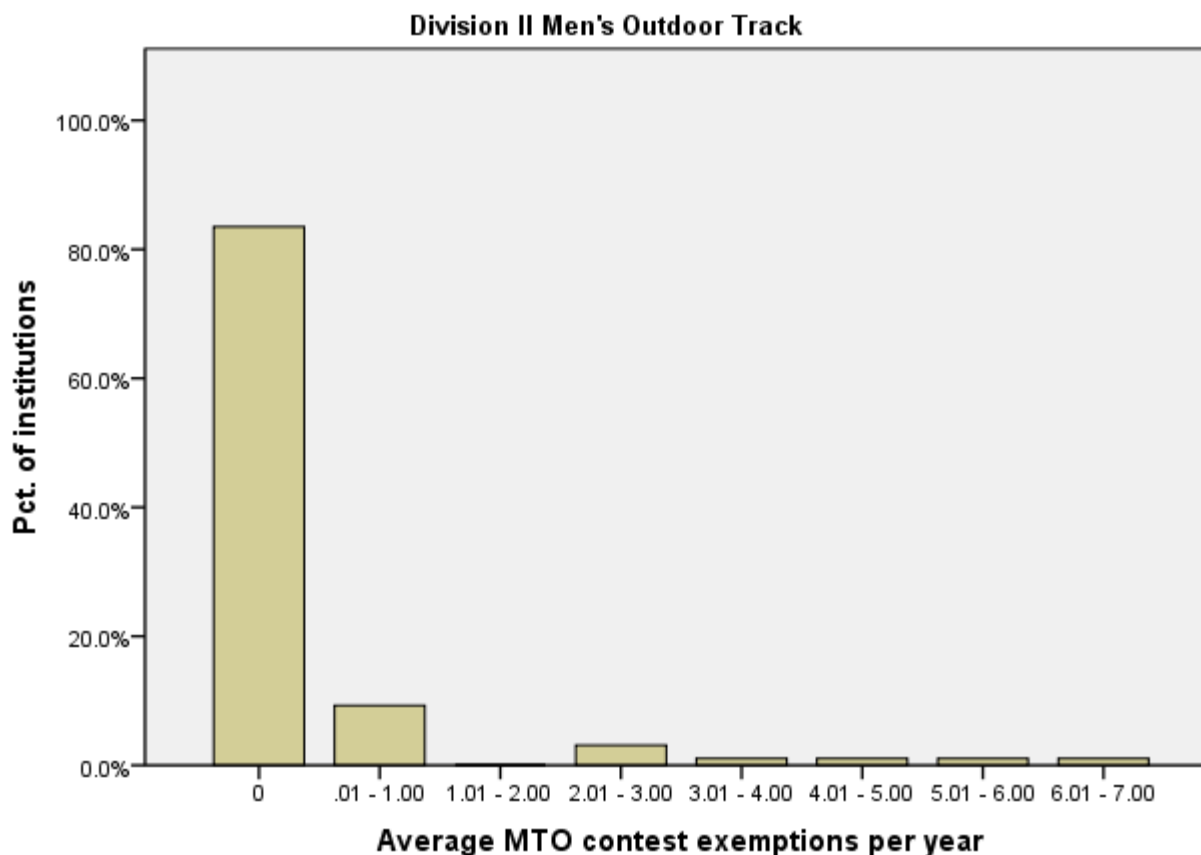


Per Institution, Per Year



Usage of Contest Exemptions in Men's Outdoor Track and Field

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

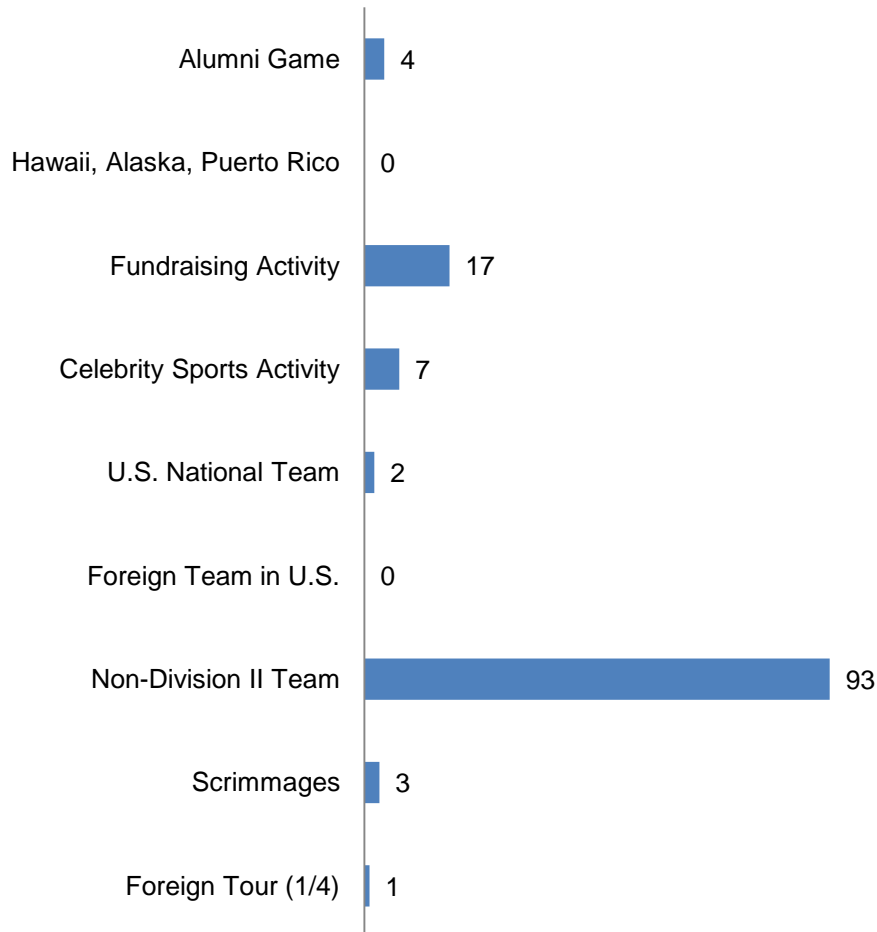


97 squads reporting

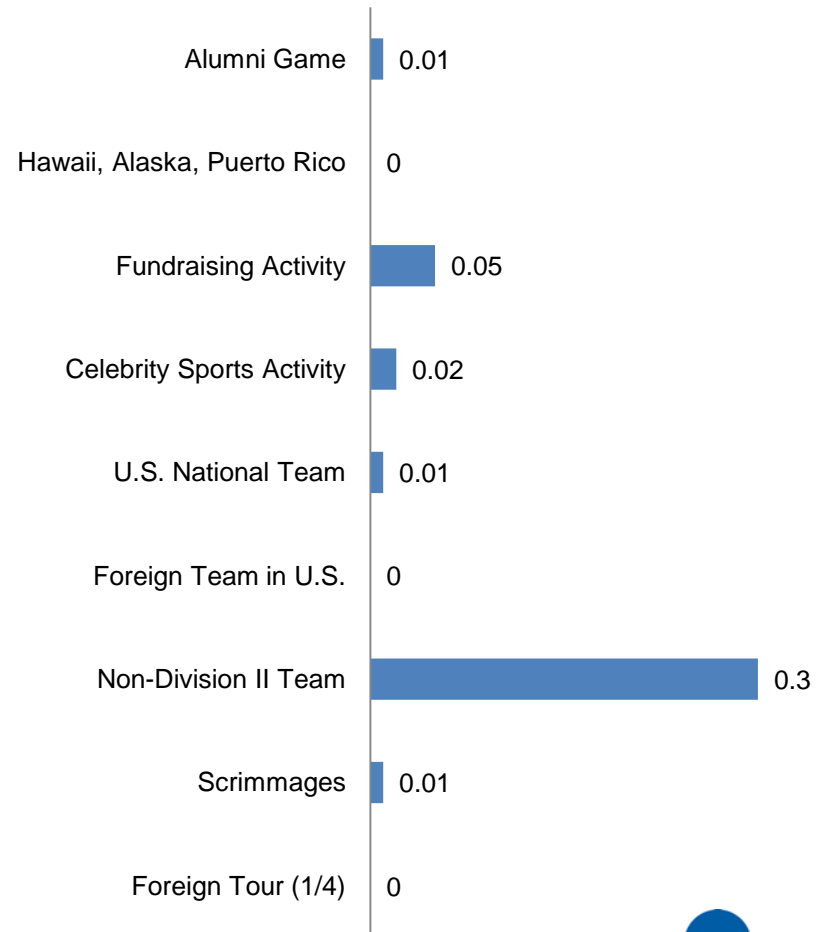
Usage of Contest Exemptions in Women's Outdoor Track and Field

105 institutions reporting

Three-Year Totals



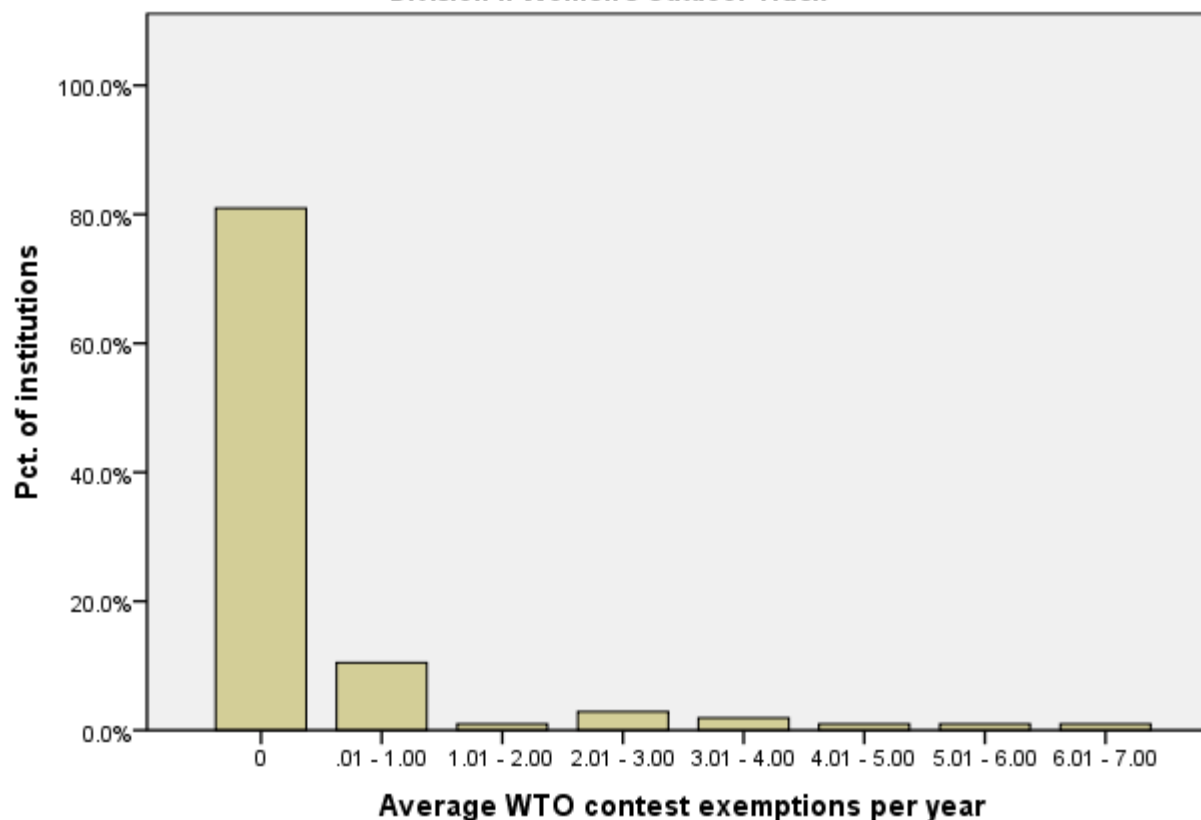
Per Institution, Per Year



Usage of Contest Exemptions in Women's Outdoor Track and Field

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Outdoor Track

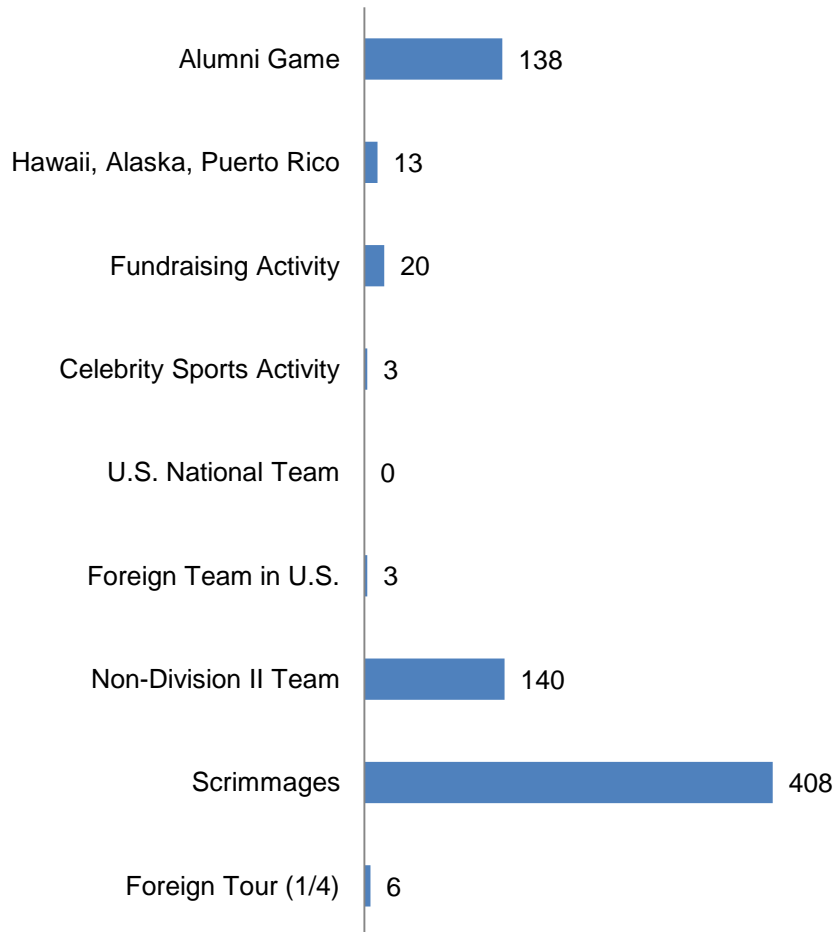


105 squads reporting

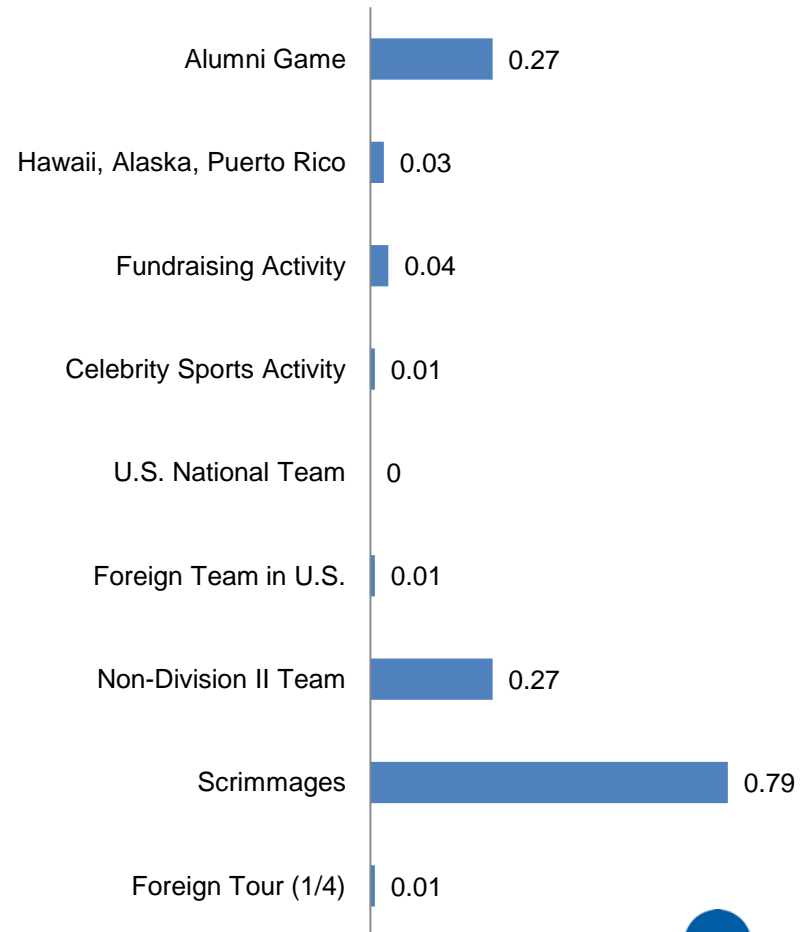
Usage of Contest Exemptions in Women's Volleyball

172 institutions reporting

Three-Year Totals



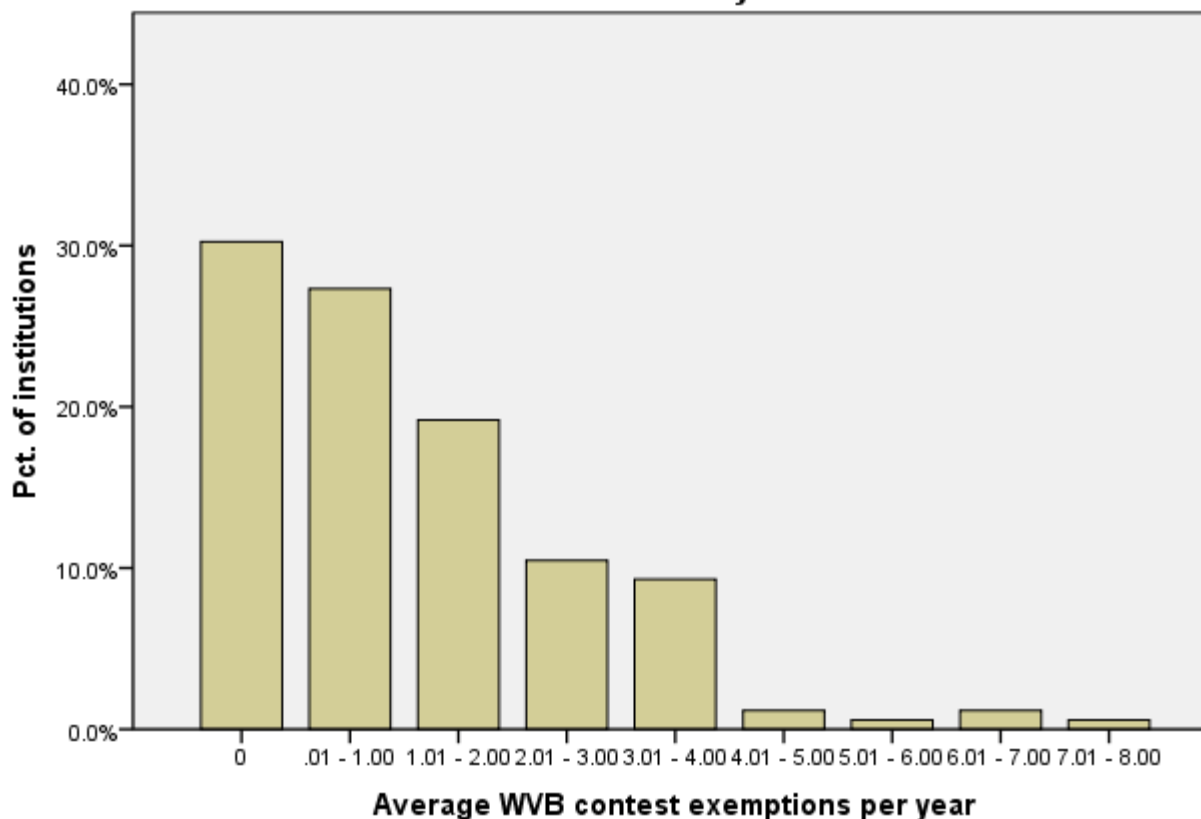
Per Institution, Per Year



Usage of Contest Exemptions in Women's Volleyball

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Women's Volleyball

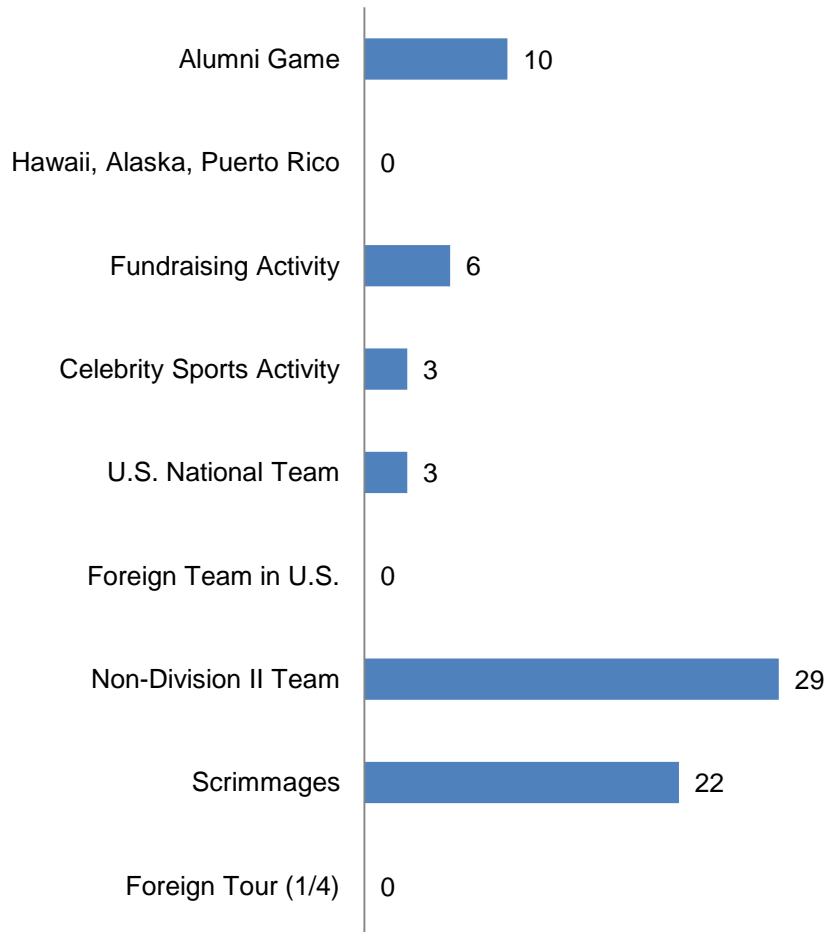


172 squads reporting

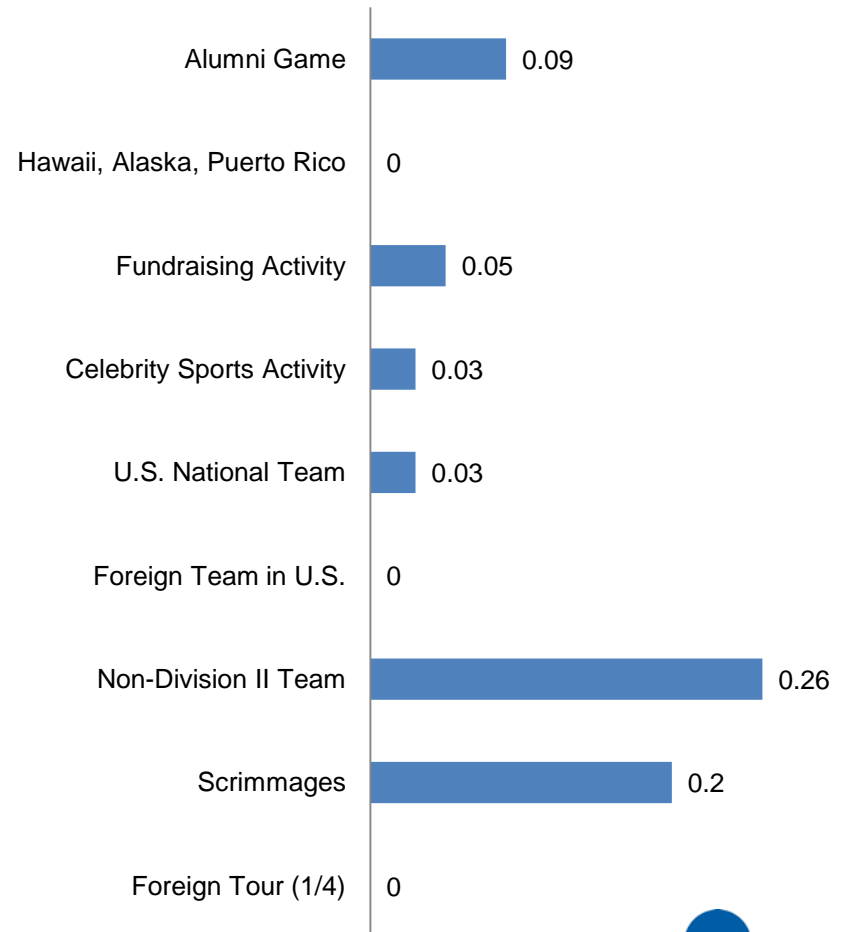
Usage of Contest Exemptions in Men's Wrestling

37 institutions reporting

Three-Year Totals



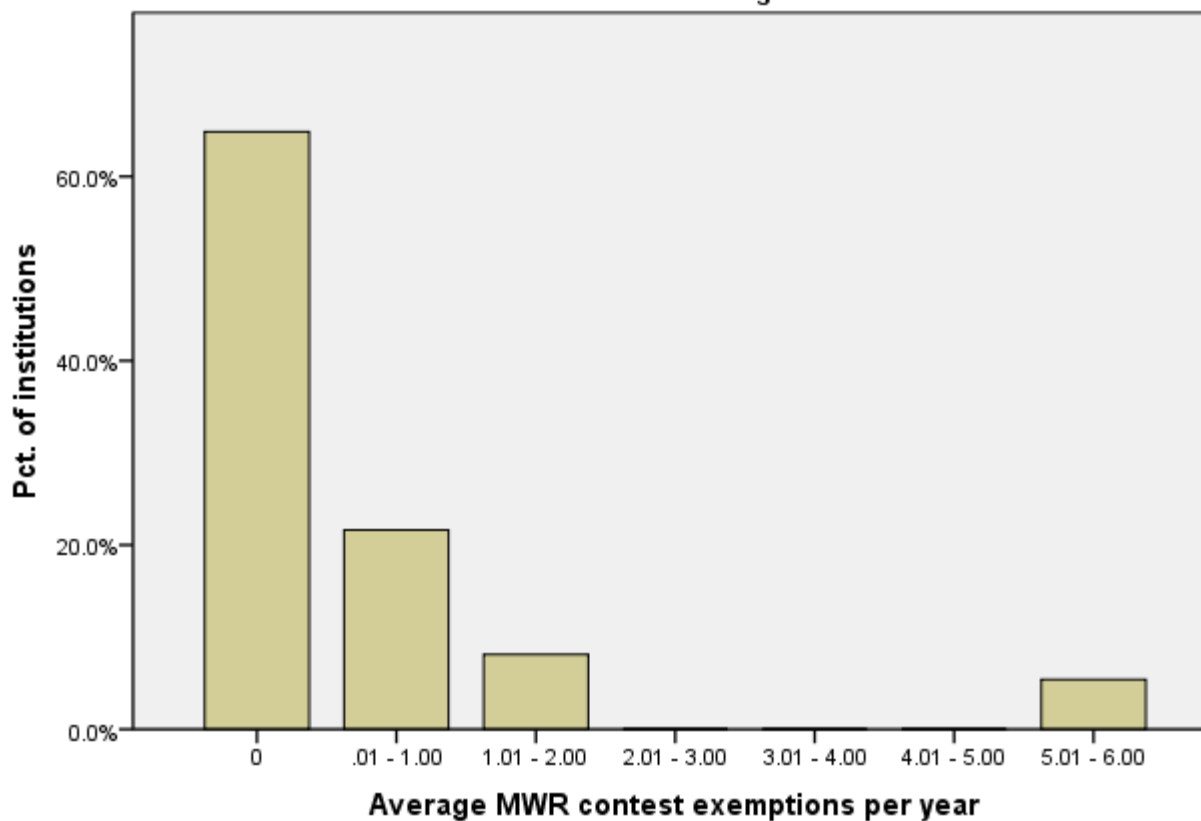
Per Institution, Per Year



Usage of Contest Exemptions in Men's Wrestling

Average Yearly Contest Exemptions Used, 2006-07 through 2008-09

Division II Men's Wrestling



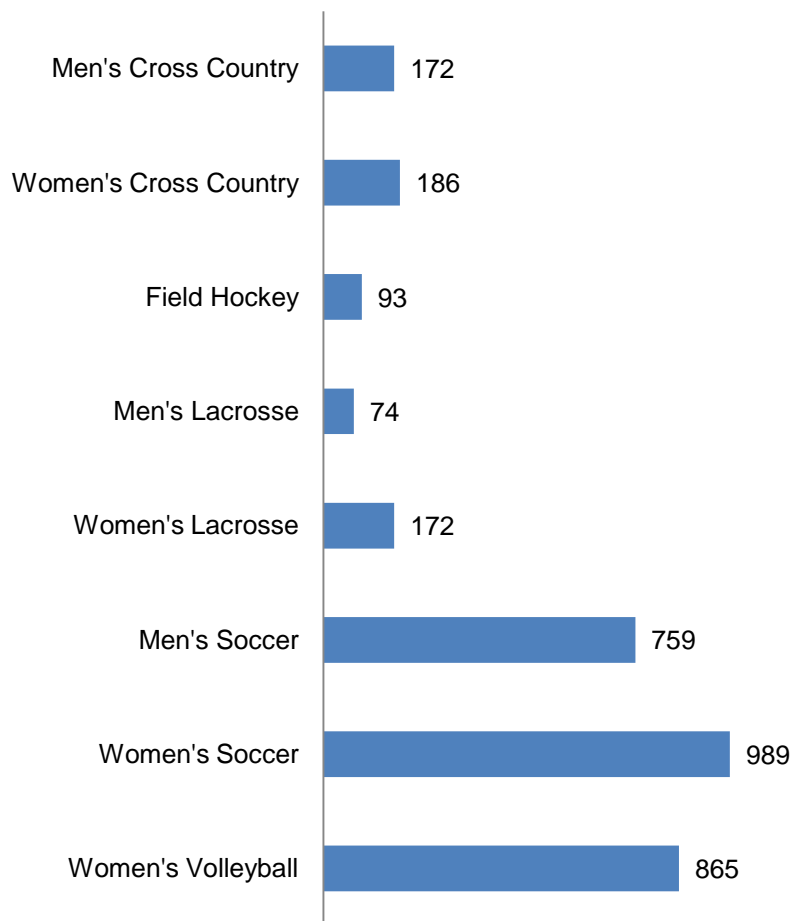
37 squads reporting

Dates of Competition During the Nonchampionship Segment, 2006-07 through 2008-09

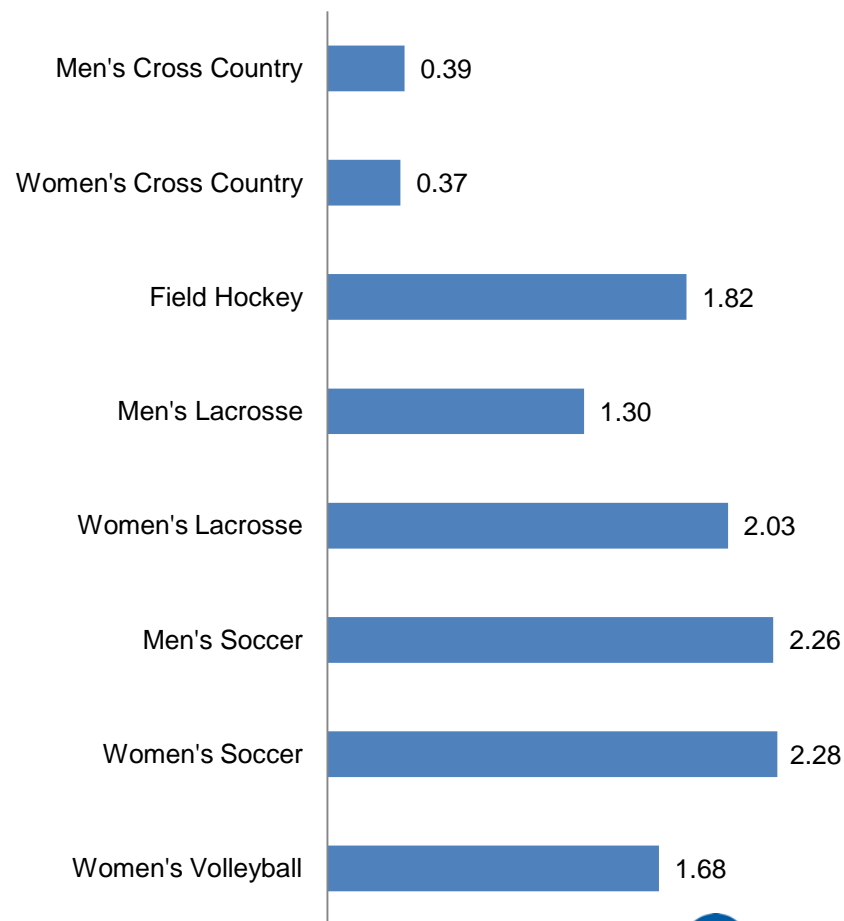


Dates of Competition During Nonchampionship Segment

Three-Year Totals



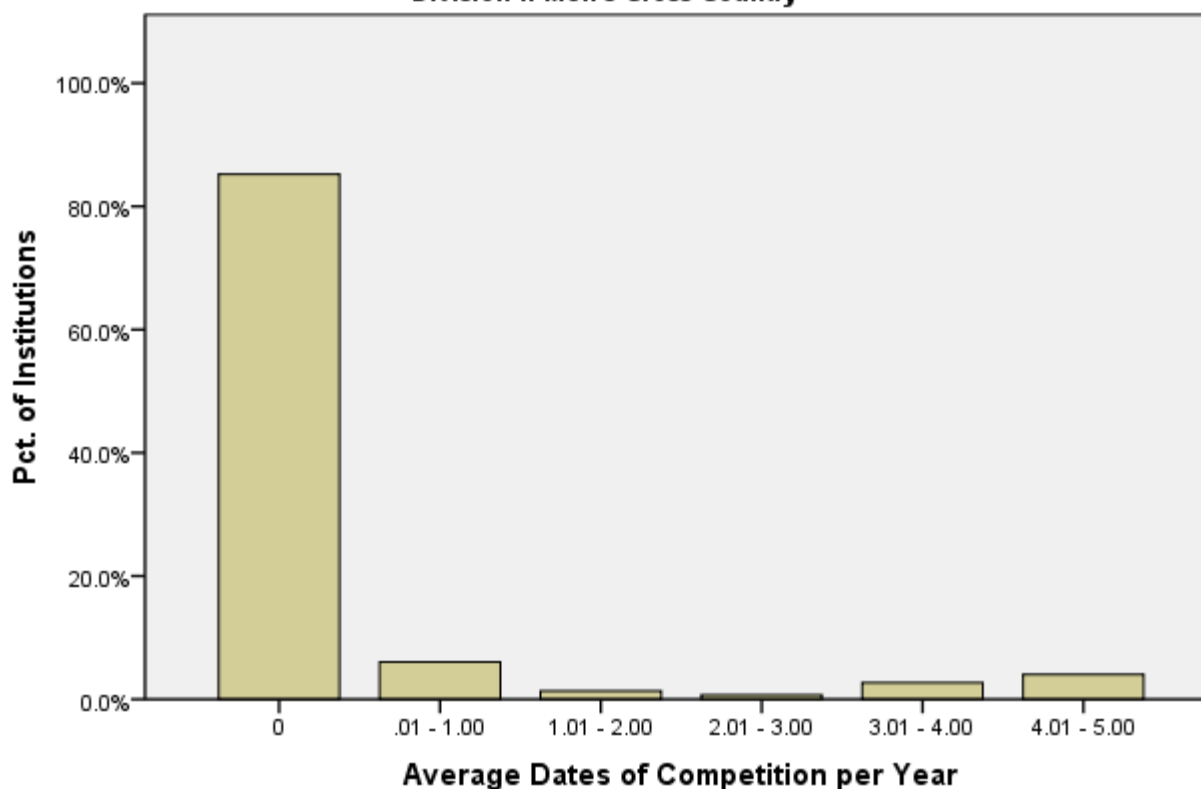
Per Institution, Per Year



Nonchampionship Segment Dates of Competition, Men's Cross Country

Dates of Competition Used in Nonchampionship
Segment, 2006-07 through 2008-09

Division II Men's Cross Country

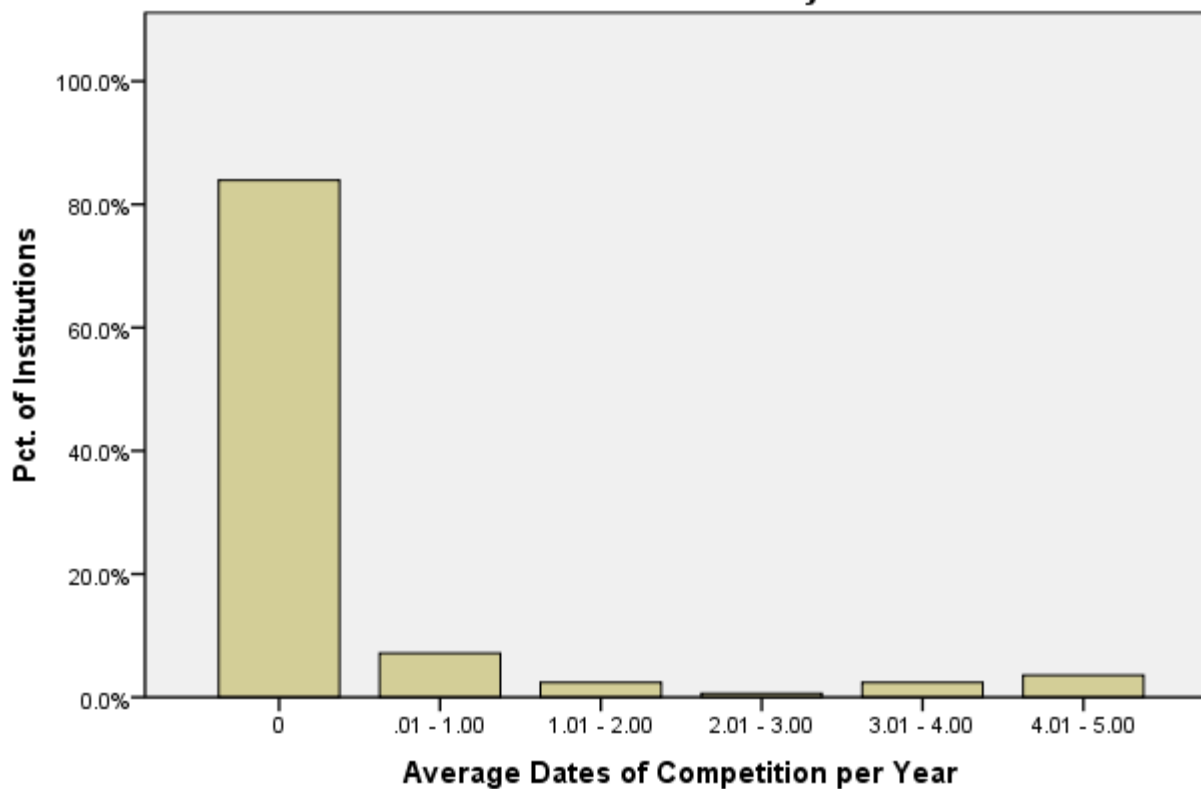


149 squads reporting

Nonchampionship Segment Dates of Competition, Women's Cross Country

Dates of Competition Used in Nonchampionship
Segment, 2006-07 through 2008-09

Division II Women's Cross Country

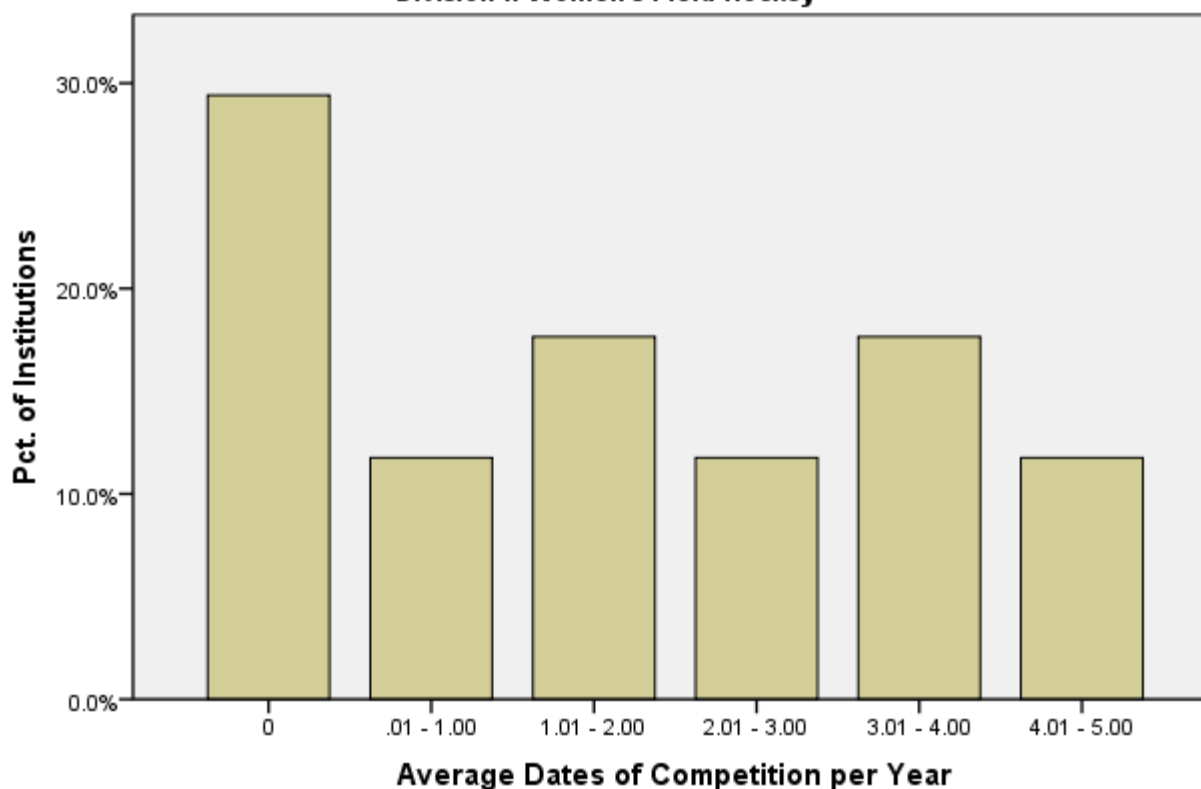


168 squads reporting

Nonchampionship Segment Dates of Competition, Field Hockey

Dates of Competition Used in Nonchampionship Segment, 2006-07 through 2008-09

Division II Women's Field Hockey

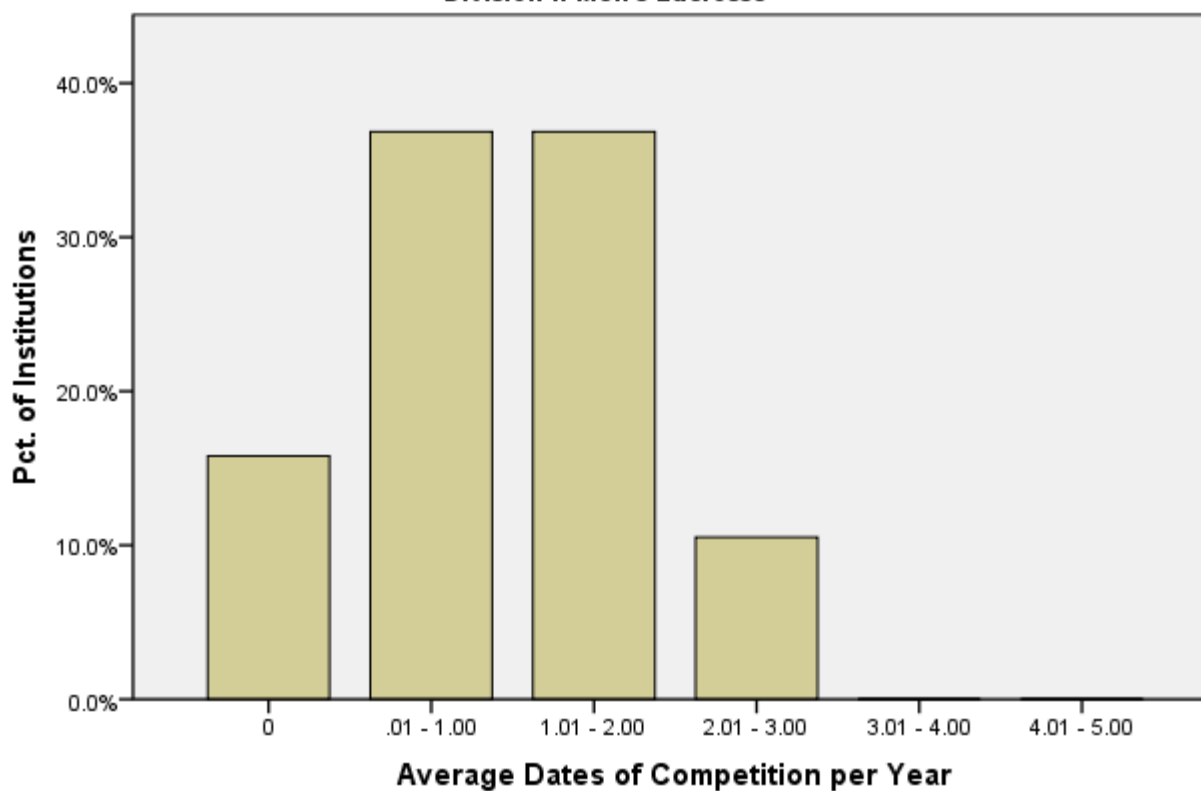


17 squads reporting

Nonchampionship Segment Dates of Competition, Men's Lacrosse

Dates of Competition Used in Nonchampionship Segment, 2006-07 through 2008-09

Division II Men's Lacrosse

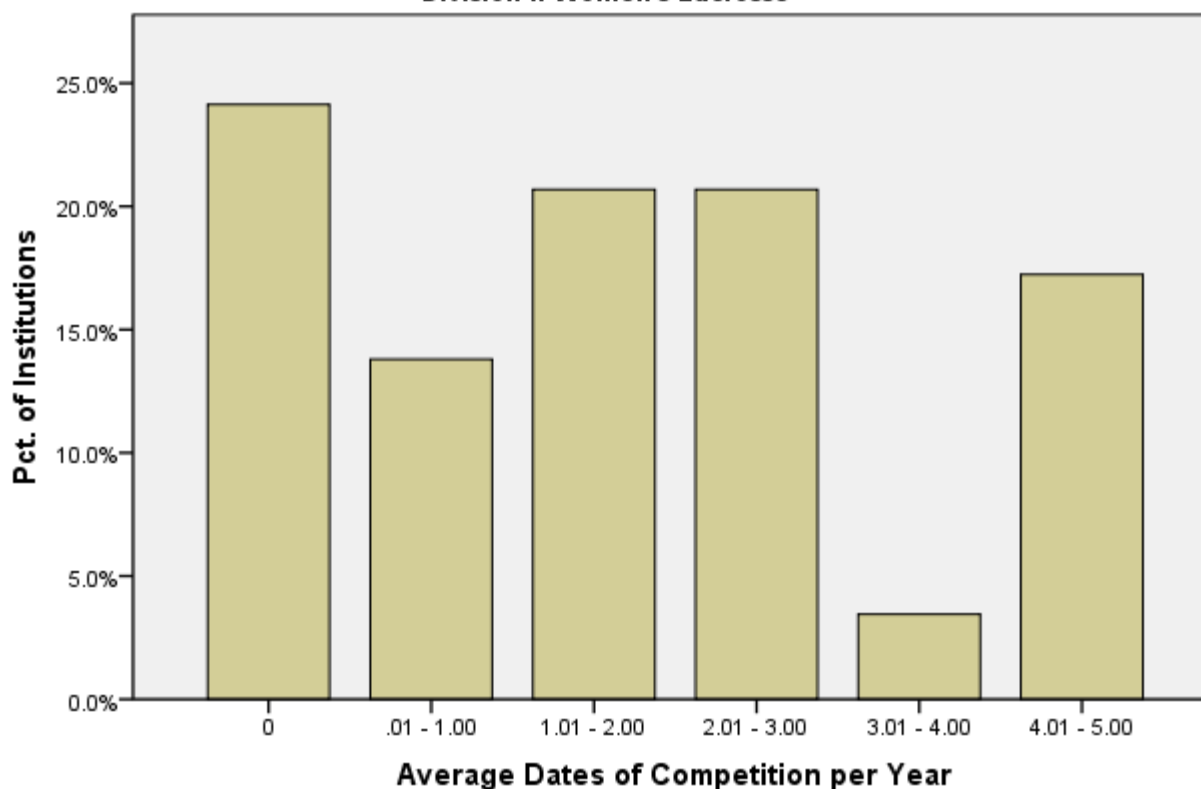


19 squads reporting

Nonchampionship Segment Dates of Competition, Women's Lacrosse

Dates of Competition Used in Nonchampionship Segment, 2006-07 through 2008-09

Division II Women's Lacrosse

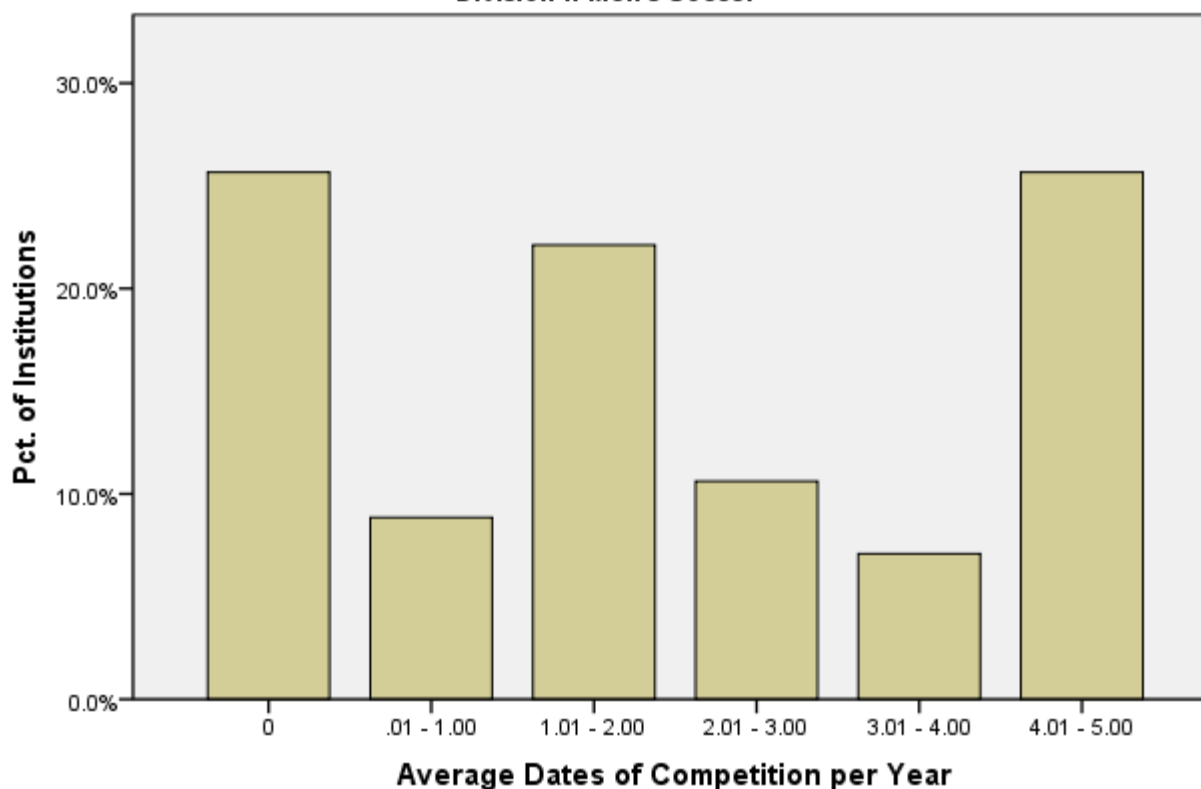


30 squads reporting

Nonchampionship Segment Dates of Competition, Men's Soccer

Dates of Competition Used in Nonchampionship Segment, 2006-07 through 2008-09

Division II Men's Soccer

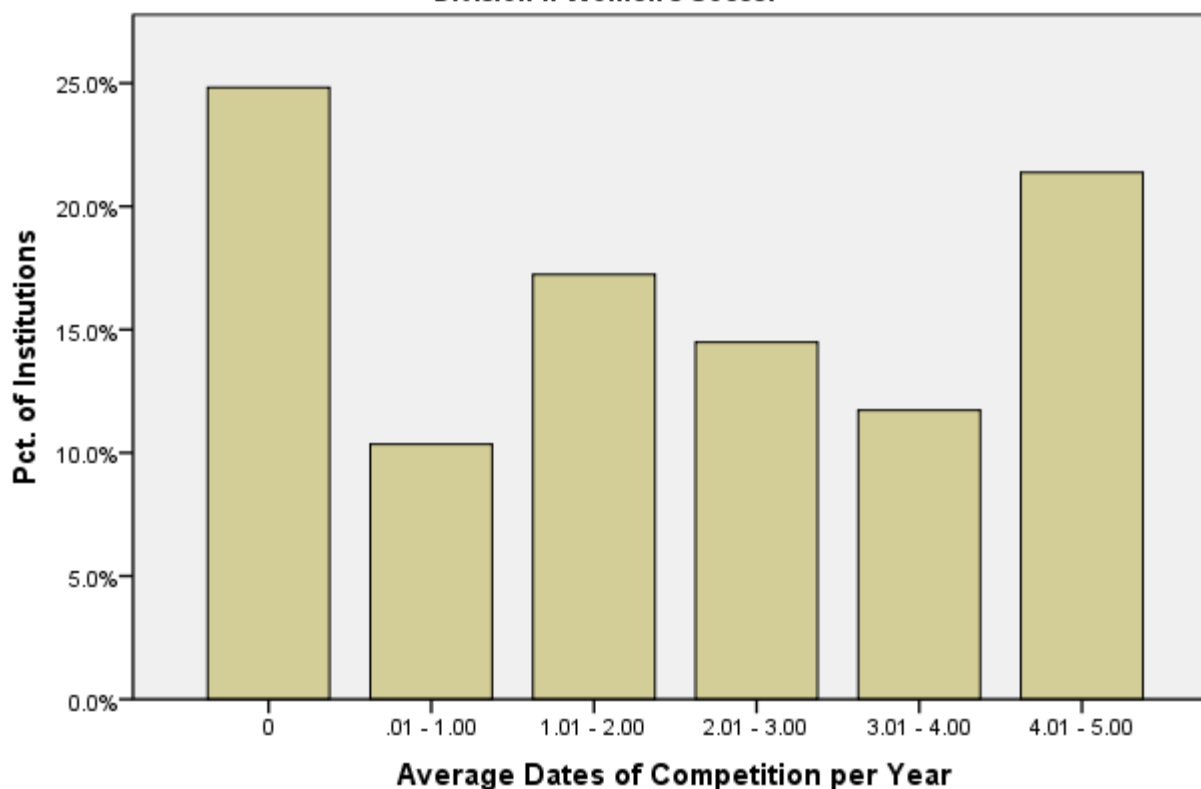


113 squads reporting

Nonchampionship Segment Dates of Competition, Women's Soccer

Dates of Competition Used in Nonchampionship Segment, 2006-07 through 2008-09

Division II Women's Soccer

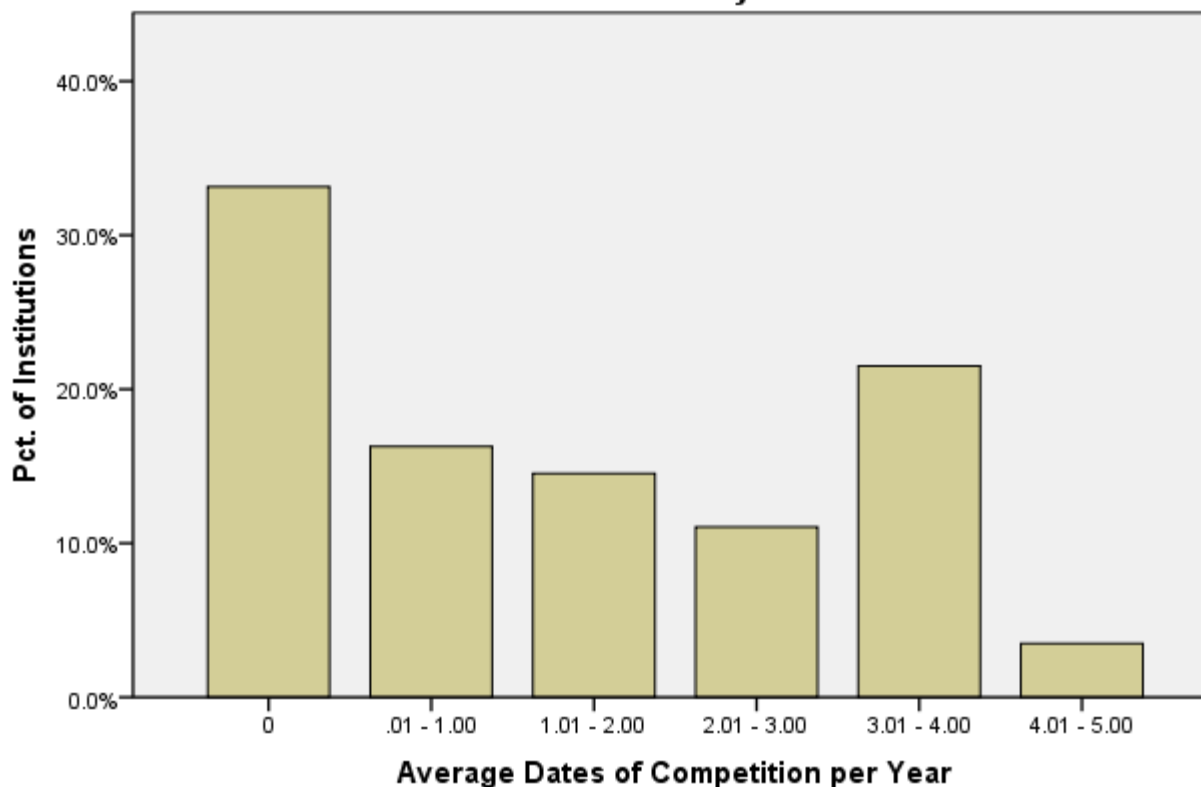


145 squads reporting

Nonchampionship Segment Dates of Competition, Women's Volleyball

Dates of Competition Used in Nonchampionship Segment, 2006-07 through 2008-09

Division II Women's Volleyball



172 squads reporting

Questions?

Frank Carr

fcarr@ncaa.org

(317) 917-6330



MAY 17 2010

Roberta Page
 Director of Championships
 Stephanie Quigg Smith
 Director of Academic and Membership Affairs for Division II



May 14, 2010

Dear Ms. Page and Ms. Smith:

The NCAA Division II Board of Directors of the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) received your memorandum dated April 21, 2010 requesting input and feedback regarding Phase II Concepts of the Life in the Balance initiative.

The USTFCCCA NCAA Division II Board of Directors appreciates the opportunity to review the concepts that arose from initial discussions of the NCAA Division II Championships Committee and NCAA Division II Legislation Committee regarding Phase II of the Life in the Balance initiative.

After careful consideration and discussion, the USTFCCCA Division II Board of Directors, which represents the leadership of both Division II Cross Country and Division II Track and Field Coaches, respectfully submits the following feedback regarding the Playing and Practice Seasons concepts and discussion items in your April 21, 2010 memorandum.

A. Annual or discretionary exemptions.

1. *No changes to the current legislation.*
2. *Maintain the following as annual exemptions: conference championship; independents championship; season-ending tournament; and Alaska, Hawaii, Puerto Rico. Move the remaining annual exemptions (e.g., alumni game, fundraising activity) to the list of discretionary exemptions. Increase the number of discretionary exemptions from three to four, and give institutions the choice of how to use those exemptions.*

This particular concept, as the two options are outlined above, would not seem to have a major effect on the sports of Cross Country and/or Track & Field. Currently, we are allowed a maximum of seven (7) dates of competition in Cross Country and 18 dates of competition in Indoor and Outdoor Track & Field, along with a number of annual exemptions and a maximum of three discretionary exemptions in each sport. While some schools may use all of their dates of competition, we are not aware of any Division II schools that use all of these exemptions (annual and discretionary) in any given year in the sports of Cross Country and Track and Field.

Our preference would be to have no change in this area, but we would not be opposed to legislation along the lines of A. 2., since it would have little, if any, impact on our sports and their student-athletes.

B. Nonchampionship segment. (One option or a combination of options may be considered.)

1. *Baseball and softball.*

- a. *No changes to the current legislation.*
 - b. *Add two dates of competition in the nonchampionship segment.*
 - c. *Add four dates of competition in the nonchampionship segment.*
2. *Amend the start date of the nonchampionship segment for spring sports (current rule = September 7 or the first day of classes, whichever is earlier).*
 - a. *No changes.*
 - b. *September 7 or the fourth day of classes, whichever is earlier.*
3. *Permit student-athletes to engage in nonchampionship segment competition without using a season of competition (must be academically eligible). This review will be for sports (e.g., baseball, softball, lacrosse) that currently do not have this exception, and the focus will be on contests or dates of competition that do not count for championships selections purposes.*

The USTFCCCA Division II Board of Directors has no opinion on B. 1. or B.3., as they do not appear to relate in any way to Cross Country and/or Track & Field.

In terms of concept B.2., this particular concept, as the two options are outlined above, would have no effect on the sports of Cross Country and Indoor Track & Field, which are Fall and Winter sports, respectively; further, it would seem to have little effect on Outdoor Track & Field, which is a Spring sport, as it would only shorten the nonchampionship segment by three (3) days.

Once again, our preference would be to have no change in this area, but we would not be opposed to legislation along the lines of B. 2.b., since it would have little effect on our sports and their student-athletes.

C. *20/8 hour rule; skill instruction outside the playing season; start date for winter sports. (One option or a combination of options may be considered.)*

1. *20/8 hour rule – Clarify what does and does not constitute a countable athletically related activity by creating a figure that will be included in the NCAA Division II Manual.*
2. *Skill instruction outside of the playing season – sports other than football.*
 - a. *No changes to the current legislation.*
 - b. *Basketball only.*
 1. *Permit full team practice outside of the season for no more than two hours per week from the first permissible date of preseason conditioning through October 15; and*
 2. *Require skill instruction outside of the season for no more than two hours per week after the Division II basketball championship to one week prior to the beginning of the institution's final examination period at the conclusion of the academic year.*
 - c. *Sports other than football (including basketball).*
 1. *Permit full team activities (e.g., skill instruction or practice) outside of the season for no more than two hours per week; and*
 2. *Remaining six hours per week outside of the season are limited to participation in weight-training and conditioning.*

3. *Amend the start date for winter sports, including basketball (current rule = September 7 or the first day of classes, whichever occurs first; basketball = first day of classes).*
 - a. *September 7 or the fourth day of classes, whichever is earlier.*
 - b. *September 15.*
 - c. *September 15 or the first day of classes, whichever is later.*
 - d. *Reduce the length of playing season by one week (seven days).*

In terms of concept C.1., while we feel that a clarification of existing rules would be helpful for coaches and administrators in terms of their understanding of countable athletically related activities, we want to ensure that such a clarification would not result in any changes in terms of existing bylaws. For example, we wish to ensure that the safety exception currently granted in NCAA Division II Bylaw 17.24.7 for Track & Field, Indoor and Outdoor would remain in effect, in order to continue to act as a safeguard for those student-athletes practicing field events.

Regarding concept C.2., concept C.2.c. appears to be retention of the current policies in place for Cross Country and Track & Field. Our preference would be to have no change in this area, but we would not be opposed to legislation along the lines of C.2.c., if it is in fact retention of the current policies in place for our sports.

Finally, the Division II Board of Directors feels that there are two major issues present in C.3. The first issue appears to be the start date for winter sports. In our unique position as coaches of both Winter (Indoor Track & Field) and Spring (Outdoor Track & Field) sports, we feel it is imperative that the start dates for both Winter and Spring sports should align. It is our preference that both start dates should remain September 7 or the first day of classes, whichever occurs first; however, if a change in the starting dates is made, we feel strongly that such a change should continue to align starting dates across both Winter and Spring sports, as is current practice.

The second major issue that we see in C.3. is concept C.3.d., reducing the length of the Winter playing season by one week. We are strongly against this proposal, as it would have a major impact on the Indoor Track & Field season.

The competitive season for Indoor Track & Field begins on December 1 and runs through our Championships on the second weekend in March. However, Indoor Track & Field teams do not compete in the second half of December. One year ago, we were in favor of a winter sports dead period of seven (7) days, as it would have little impact on our Indoor Track & Field programs and their student-athletes. In addition, although Indoor Track & Field teams are permitted to compete on the first weekend in January, most teams do not compete on this weekend, due to the cost of bringing student-athletes back on campus before the school term begins.

Further, Indoor Track & Field suffers from a lack of competition facilities, and thus a lack of competitions. This factor combined with the short competitive season leads to difficulties for some schools in meeting the minimum number of dates of competition required to sponsor the sport. In summary, the Indoor Track & Field season is already very short on competitive opportunities for

student-athletes, and a proposal to reduce the length of the season by one week would only compound this problem.

We appreciate the opportunity to have input in Phase II of the Life in the Balance initiative, and we look forward to working with you in future discussions of policy as it relates our sports. If we, or our Association, may be of assistance to you in your continued exploration of these important issues, please do not hesitate to contact us.

Respectfully,



David Harris
USTFCCCA NCAA Division II Executive Director
Head Men's and Women's Track & Field Coach
Emporia State University
1200 Commercial St
Emporia, KS 66801
620-341-5938 (office)
dharris@emporia.edu



Sam Seemes
USTFCCCA CEO
1100 Poydras Street
Suite 1750
New Orleans, LA 70163
504-599-8902 (office)
Sam@ustfccca.org

CC: Kim Duyst, Chair, NCAA Division II Track & Field Sport Subcommittee
Maisha Palmer, Assistant Director of Championships, NCAA

Phase II

Life in the Balance

Soccer Proposal



National Soccer Coaches Association of America

800 Ann Avenue • Kansas City, KS 66101
913-362-1747 • 800-458-0678 • 913-362-3439 (fax)
Coaches Teach Players. We Teach Coaches.



DII Soccer's Perspective of Phase II Life In The Balance

A survey of coaches conducted by the National Soccer Coaches Association of America (NSCAA) in late February offers substantial evidence that Life is Already In Balance for NCAA DII soccer student-athletes. It is the soccer community's opinion that minimal change is necessary when DII legislative leadership convene to discuss Phase II Initiatives. Furthermore, a further reduction in playing opportunities or contact time with student-athletes could produce great imbalance for student-athletes and coaches, which will have negative effects on student-athlete health and safety, retention, satisfaction, discipline, and possibly GPA.

The following are survey statistics supporting evidence of student-athlete's current, balanced lives:

- Traditional Segment contact hours are 16 or less for 63% of programs
- Non-Traditional Segment contact hours are 6 or less for 63% of programs outside of the 45 day practice/competition window
- 2/3 of programs have team fall and spring GPA's above 3.0
- Almost 50% of programs report half or more of their student-athletes are involved in other campus organizations, activities, and hold on-campus or off-campus jobs

The anecdotal comments at the end of the survey suggest most coaches believe the current five play dates in the non-traditional segment to be the most important factor in developing, retaining, and satisfying their student-athletes. 80% of the programs will use four or five play dates in the spring of 2010 with 90% of the programs spending less than \$2,000 to operate their entire non-traditional segment. Cost control should not be used as a reason to reduce non-traditional segment competition dates. Many coaches believe their roster sizes will reduce through attrition when low roster position student-athletes, many of which are non-recruited, non-scholarship, full paying university customers, lose opportunities to train and compete in the non-traditional segment. Life balance will suffer as these student-athletes will not participate in varsity athletics if the reward of match play is taken away.

While there are many exemptions that are rarely used and besides the obvious conference and NCAA tournament exemptions, there are three exemptions used frequently to prepare our teams to compete in the regular season.

- 78% of programs played an Exhibition against non-Division II opponent in 2009
- 75% of programs played a scrimmage in 2009
- 54% of programs played an alumni match in 2009

These three exemptions were considered to be the most important by coaches among the current list of annual and discretionary exemptions. 1/3 of coaches consider Foreign Tours to be important in providing cultural, educational, service learning, or team-building opportunities within their program. With the Phase I reduction eliminating two matches and reducing preparation time in the traditional segment preseason, we believe a combination of three exempted play dates from a reduced list of annual and discretionary exemptions to be paramount to soccer student-athlete health, development, satisfaction, and participation.

A few of the survey question results seem contradictory on first inspection. Reviewing the anecdotal comments, this can best be explained as coaches with their first priority not wishing to further lose competition dates yet intrigued and willing to consider more, non-restricted training time at the potential expense of one, non-traditional segment play date. General support is found for a longer, non-traditional segment training window of 60 days with 30 training dates. Also frequently cited is the destruction of Life Balance for coaches with the current Groups of Six legislation. Too many programs have facility, staff, and/or student-athlete class conflict issues to effectively use this training methodology.

Perhaps a more effective way of conducting the non-traditional segment is to permit 12-14 hours per week of contact time beginning the second week of the spring term and ending a full week prior to final exams. Only 12 hours per week could be used for team practice, weights/conditioning, team meetings, and competitions, which are recorded as 3 hours per day. The remaining two hours, if used, could only be for skill instruction in the current, Groups of Six format. The effect is a slightly less number of contact hours permissible than in the current non-traditional segment but with more flexibility in how those hours are used by coaches within their unique, respective environments. This still provides for the important, individual training time demanded by Faculty Athletic Representatives on behalf of student-athletes.

DII Soccer has demonstrated that Life Balance exists for our student-athletes. We have observed NCAA legislation inequitably reduce traditional segment contests among fall, winter, and spring sports in Phase I adopted legislation. It is our hope and expectation that Phase II legislative initiatives will also reflect the unique aspects of different sports in the same manner Phase I legislation was constructed and adopted by the membership.

Respectfully Submitted,

Soccer Committee Representing

Michael Banks, Gulf South Conference SID	NCAA men
Bridget Beerman, Northern Michigan University Assistant A.D./SWA	NCAA women
J. B. Belzer, Regis University Women's Soccer Coach	NSCAA women
Jeff Hansen, Missouri Western State University Women's Soccer Coach	NCAA women
Dennis Helsel, Chowan University Director of Athletics/VP	NCAA men
Steve McCrath, Barry University Men's Soccer Coach	NSCAA men
Kim Sutton, Chico State University Women's Soccer Coach	NCAA women
Van Taylor, Lander University Men's Soccer Coach	NCAA men

Attachments: 20 Question Survey Results
Anecdotal Comments & Suggestions

2010 NCAA DII Soccer Phase II Life In The Balance Survey

Zoomerang Survey Results

Life in the Balance Legislation Survey

Cross Tab Report

Response Status: Completes

Filter: No filter applied

Mar 01, 2010 7:57 PM PST

Would you support a return to a 20 match fall season if it meant moving the post-season one week further into November and the Division II championship weekend to the second weekend in December?
(Thanksgiving weekend would remain free of NCAA Tournament play.)

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	217	85	114	18	26	30	31	26	23	23	31	27	63	90	51	13
Yes	87.9%	87.6%	87.0%	94.7%	81.3%	93.8%	81.6%	78.8%	100.0%	95.8%	86.1%	93.1%	81.8%	89.1%	92.7%	92.9%
	30	12	17	1	6	2	7	7	0	1	5	2	14	11	4	1
No	12.1%	12.4%	13.0%	5.3%	18.8%	6.3%	18.4%	21.2%	0.0%	4.2%	13.9%	6.9%	18.2%	10.9%	7.3%	7.1%

How many hours per week do you contact your student-athletes in the fall, traditional segment? Current NCAA legislation permits a maximum of 20 hours per week.

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	8	5	3	0	0	0	1	2	2	0	0	3	2	4	1	1
Less than 12 hours.	3.2%	5.2%	2.3%	0.0%	0.0%	0.0%	2.6%	6.1%	8.7%	0.0%	0.0%	10.3%	2.6%	4.0%	1.8%	7.1%
	44	24	17	3	7	7	8	6	4	6	3	3	13	14	12	5
13-14 hours.	17.8%	24.7%	13.0%	15.8%	21.9%	21.9%	21.1%	18.2%	17.4%	25.0%	8.3%	10.3%	16.9%	13.9%	21.8%	35.7%
	104	37	58	9	12	12	14	13	7	10	22	14	31	47	21	5
15-16 hours.	42.1%	38.1%	44.3%	47.4%	37.5%	37.5%	36.8%	39.4%	30.4%	41.7%	61.1%	48.3%	40.3%	46.5%	38.2%	35.7%
	71	24	41	6	9	12	8	9	10	7	8	8	21	31	16	3
17-18 hours.	28.7%	24.7%	31.3%	31.6%	28.1%	37.5%	21.1%	27.3%	43.5%	29.2%	22.2%	27.6%	27.3%	30.7%	29.1%	21.4%
	20	7	12	1	4	1	7	3	0	1	3	1	10	5	5	0
19-20 hours.	8.1%	7.2%	9.2%	5.3%	12.5%	3.1%	18.4%	9.1%	0.0%	4.2%	8.3%	3.4%	13.0%	5.0%	9.1%	0.0%

2010 NCAA DII Soccer Phase II Life In The Balance Survey

Select all of the annual and/or discretionary exemptions you used in 2009-10.

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	116	50	58	8	19	18	17	17	12	7	19	7	22	49	35	10
Conference championship	47.0%	51.5%	44.3%	42.1%	59.4%	56.3%	44.7%	51.5%	52.2%	29.2%	52.8%	24.1%	28.6%	48.5%	63.6%	71.4%
NCAA, NAIA or NCCAA	63	24	34	5	6	10	8	8	9	7	9	6	13	28	19	3
Tournament	25.5%	24.7%	26.0%	26.3%	18.8%	31.3%	21.1%	24.2%	39.1%	29.2%	25.0%	20.7%	16.9%	27.7%	34.5%	21.4%
	134	61	65	8	14	23	12	23	14	13	22	13	41	53	32	8
Alumni match	54.3%	62.9%	49.6%	42.1%	43.8%	71.9%	31.6%	69.7%	60.9%	54.2%	61.1%	44.8%	53.2%	52.5%	58.2%	57.1%
Competitions in Hawaii, Alaska	4	0	1	3	0	2	0	0	0	1	0	1	2	2	0	0
or Puerto Rico	1.6%	0.0%	0.8%	15.8%	0.0%	6.3%	0.0%	0.0%	0.0%	4.2%	0.0%	3.4%	2.6%	2.0%	0.0%	0.0%
Fundraising activity (S-A	46	20	20	6	6	4	5	6	5	6	7	7	7	22	16	1
participation against alumni																
and/or friends of the institution	18.6%	20.6%	15.3%	31.6%	18.8%	12.5%	13.2%	18.2%	21.7%	25.0%	19.4%	24.1%	9.1%	21.8%	29.1%	7.1%
	3	1	1	1	0	0	0	0	0	2	1	0	1	1	1	0
Celebrity sports activity	1.2%	1.0%	0.8%	5.3%	0.0%	0.0%	0.0%	0.0%	0.0%	8.3%	2.8%	0.0%	1.3%	1.0%	1.8%	0.0%
	8	6	0	2	0	0	0	0	5	3	0	0	0	6	2	0
US National Team match	3.2%	6.2%	0.0%	10.5%	0.0%	0.0%	0.0%	0.0%	21.7%	12.5%	0.0%	0.0%	0.0%	5.9%	3.6%	0.0%
	17	12	3	2	1	0	0	1	11	3	0	1	2	8	6	1
Foreign team in United States	6.9%	12.4%	2.3%	10.5%	3.1%	0.0%	0.0%	3.0%	47.8%	12.5%	0.0%	3.4%	2.6%	7.9%	10.9%	7.1%
Exhibition against non-Division	185	76	95	14	16	28	18	28	21	15	33	26	57	79	38	11
II four-year collegiate institution	74.9%	78.4%	72.5%	73.7%	50.0%	87.5%	47.4%	84.8%	91.3%	62.5%	91.7%	89.7%	74.0%	78.2%	69.1%	78.6%
	192	81	96	15	26	20	32	23	16	19	34	22	53	81	44	14
Scrimmages	77.7%	83.5%	73.3%	78.9%	81.3%	62.5%	84.2%	69.7%	69.6%	79.2%	94.4%	75.9%	68.8%	80.2%	80.0%	100.0%
foreign tour (any time from	37	17	17	3	7	3	6	4	9	4	4	0	4	17	15	1
2006-10)	15.0%	17.5%	13.0%	15.8%	21.9%	9.4%	15.8%	12.1%	39.1%	16.7%	11.1%	0.0%	5.2%	16.8%	27.3%	7.1%

Excluding conference championships and NCAA, NAIA or NCCAA tournaments, which three of the following annual and/or discretionary exemptions are the most important to you? You may choose three (3)

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	164	63	89	12	24	23	22	21	15	16	23	20	54	65	34	11
Alumni match	66.4%	64.9%	67.9%	63.2%	75.0%	71.9%	57.9%	63.6%	65.2%	66.7%	63.9%	69.0%	70.1%	64.4%	61.8%	78.6%
Competitions in Hawaii, Alaska	15	4	8	3	1	6	1	1	0	1	1	4	5	7	3	0
or Puerto Rico	6.1%	4.1%	6.1%	15.8%	3.1%	18.8%	2.6%	3.0%	0.0%	4.2%	2.8%	13.8%	6.5%	6.9%	5.5%	0.0%
Fundraising activity (S-A																
participation against	45	18	23	4	9	2	9	6	2	3	7	7	14	20	7	4
alumni and/or friends of the	18.2%	18.6%	17.6%	21.1%	28.1%	6.3%	23.7%	18.2%	8.7%	12.5%	19.4%	24.1%	18.2%	19.8%	12.7%	28.6%
	1	0	0	1	0	0	0	0	0	1	0	0	0	1	0	0
Celebrity sports activity	0.4%	0.0%	0.0%	5.3%	0.0%	0.0%	0.0%	0.0%	0.0%	4.2%	0.0%	0.0%	0.0%	1.0%	0.0%	0.0%
	3	3	0	0	0	0	0	0	3	0	0	0	0	2	1	0
US National Team match	1.2%	3.1%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	13.0%	0.0%	0.0%	0.0%	0.0%	2.0%	1.8%	0.0%
	23	16	6	1	2	0	4	1	11	2	3	0	2	13	7	1
Foreign team in United States	9.3%	16.5%	4.6%	5.3%	6.3%	0.0%	10.5%	3.0%	47.8%	8.3%	8.3%	0.0%	2.6%	12.9%	12.7%	7.1%
Exhibition against non-Division	138	55	74	9	13	24	15	20	16	11	20	19	44	59	30	5
II four-year collegiate institution	55.9%	56.7%	56.5%	47.4%	40.6%	75.0%	39.5%	60.6%	69.6%	45.8%	55.6%	65.5%	57.1%	58.4%	54.5%	35.7%
	209	82	111	16	30	22	34	26	15	23	35	24	62	84	49	14
Scrimmages	84.6%	84.5%	84.7%	84.2%	93.8%	68.8%	89.5%	78.8%	65.2%	95.8%	97.2%	82.8%	80.5%	83.2%	89.1%	100.0%
years exemption – foreign tour	81	32	44	5	11	15	11	11	5	9	10	9	28	31	20	2
(any time from 2006-10)	32.8%	33.0%	33.6%	26.3%	34.4%	46.9%	28.9%	33.3%	21.7%	37.5%	27.8%	31.0%	36.4%	30.7%	36.4%	14.3%

2010 NCAA DII Soccer Phase II Life In The Balance Survey

What was your program's cumulative team grade point average (GPA) for the fall 2010 term (traditional segment)?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	22	17	2	3	5	0	6	1	1	2	5	2	11	5	5	1
2.00-2.75	8.9%	17.5%	1.5%	15.8%	15.6%	0.0%	15.8%	3.0%	4.3%	8.3%	13.9%	6.9%	14.3%	5.0%	9.1%	7.1%
	62	42	17	3	14	4	9	4	8	3	12	8	14	33	11	4
2.76-3.00	25.1%	43.3%	13.0%	15.8%	43.8%	12.5%	23.7%	12.1%	34.8%	12.5%	33.3%	27.6%	18.2%	32.7%	20.0%	28.6%
	92	29	54	9	9	12	14	17	11	8	11	10	32	35	20	5
3.01-3.25	37.2%	29.9%	41.2%	47.4%	28.1%	37.5%	36.8%	51.5%	47.8%	33.3%	30.6%	34.5%	41.6%	34.7%	36.4%	35.7%
	63	9	51	3	3	15	9	8	3	9	7	9	18	25	17	3
3.26-3.50	25.5%	9.3%	38.9%	15.8%	9.4%	46.9%	23.7%	24.2%	13.0%	37.5%	19.4%	31.0%	23.4%	24.8%	30.9%	21.4%
	8	0	7	1	1	1	0	3	0	2	1	0	2	3	2	1
3.51-4.00	3.2%	0.0%	5.3%	5.3%	3.1%	3.1%	0.0%	9.1%	0.0%	8.3%	2.8%	0.0%	2.6%	3.0%	3.6%	7.1%

What was your program's cumulative team grade point average (GPA) for the spring 2009 term (non-traditional segment)?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	23	17	4	2	5	2	5	0	2	1	6	2	9	6	7	1
2.00-2.75	9.3%	17.5%	3.1%	10.5%	15.6%	6.3%	13.2%	0.0%	8.7%	4.2%	16.7%	6.9%	11.7%	5.9%	12.7%	7.1%
	58	38	16	4	9	2	11	6	3	5	12	10	17	25	12	4
2.76-3.00	23.5%	39.2%	12.2%	21.1%	28.1%	6.3%	28.9%	18.2%	13.0%	20.8%	33.3%	34.5%	22.1%	24.8%	21.8%	28.6%
	97	31	55	11	14	12	13	14	14	9	12	9	29	43	20	5
3.01-3.25	39.3%	32.0%	42.0%	57.9%	43.8%	37.5%	34.2%	42.4%	60.9%	37.5%	33.3%	31.0%	37.7%	42.6%	36.4%	35.7%
	59	11	47	1	3	14	9	11	4	7	4	7	19	23	14	3
3.26-3.50	23.9%	11.3%	35.9%	5.3%	9.4%	43.8%	23.7%	33.3%	17.4%	29.2%	11.1%	24.1%	24.7%	22.8%	25.5%	21.4%
	10	0	9	1	1	2	0	2	0	2	2	1	3	4	2	1
3.51-4.00	4.0%	0.0%	6.9%	5.3%	3.1%	6.3%	0.0%	6.1%	0.0%	8.3%	5.6%	3.4%	3.9%	4.0%	3.6%	7.1%

What percentage of your student-athletes participate in campus activities such as student government, intramurals, Greek organizations, peer mentoring, academic clubs, music/choir, religious/ethnic organizations and/or other campus-based activities?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	65	25	34	6	12	4	8	9	6	10	8	8	22	23	16	4
0-20 percent	26.3%	25.8%	26.0%	31.6%	37.5%	12.5%	21.1%	27.3%	26.1%	41.7%	22.2%	27.6%	28.6%	22.8%	29.1%	28.6%
	68	27	37	4	8	6	11	6	8	6	13	10	17	35	14	2
21-40 percent	27.5%	27.8%	28.2%	21.1%	25.0%	18.8%	28.9%	18.2%	34.8%	25.0%	36.1%	34.5%	22.1%	34.7%	25.5%	14.3%
	49	21	24	4	2	10	7	6	5	5	8	6	15	22	7	5
41-60 percent	19.8%	21.6%	18.3%	21.1%	6.3%	31.3%	18.4%	18.2%	21.7%	20.8%	22.2%	20.7%	19.5%	21.8%	12.7%	35.7%
	35	16	17	2	5	8	5	6	3	0	4	4	10	10	12	3
61-80 percent	14.2%	16.5%	13.0%	10.5%	15.6%	25.0%	13.2%	18.2%	13.0%	0.0%	11.1%	13.8%	13.0%	9.9%	21.8%	21.4%
	30	8	19	3	5	4	7	6	1	3	3	1	13	11	6	0
81-100 percent	12.1%	8.2%	14.5%	15.8%	15.6%	12.5%	18.4%	18.2%	4.3%	12.5%	8.3%	3.4%	16.9%	10.9%	10.9%	0.0%

2010 NCAA DII Soccer Phase II Life In The Balance Survey

What percentage of your student-athletes work in an on-campus or off-campus job?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	55	24	26	5	4	6	7	6	7	5	14	6	17	25	9	4
0-20 percent	22.3%	24.7%	19.8%	26.3%	12.5%	18.8%	18.4%	18.2%	30.4%	20.8%	38.9%	20.7%	22.1%	24.8%	16.4%	28.6%
	76	29	41	6	15	10	6	12	9	7	10	7	20	32	20	4
21-40 percent	30.8%	29.9%	31.3%	31.6%	46.9%	31.3%	15.8%	36.4%	39.1%	29.2%	27.8%	24.1%	26.0%	31.7%	36.4%	28.6%
	58	21	32	5	6	8	3	9	6	10	8	8	15	26	15	2
41-60 percent	23.5%	21.6%	24.4%	26.3%	18.8%	25.0%	7.9%	27.3%	26.1%	41.7%	22.2%	27.6%	19.5%	25.7%	27.3%	14.3%
	37	17	17	3	3	4	14	4	1	1	2	8	16	10	8	3
61-80 percent	15.0%	17.5%	13.0%	15.8%	9.4%	12.5%	36.8%	12.1%	4.3%	4.2%	5.6%	27.6%	20.8%	9.9%	14.5%	21.4%
	21	6	15	0	4	4	8	2	0	1	2	0	9	8	3	1
81-100 percent	8.5%	6.2%	11.5%	0.0%	12.5%	12.5%	21.1%	6.1%	0.0%	4.2%	5.6%	0.0%	11.7%	7.9%	5.5%	7.1%

Would you support more training days and fewer competition dates in the non-traditional segment?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	86	28	49	9	14	9	14	9	6	11	11	12	26	34	23	3
Yes	34.8%	28.9%	37.4%	47.4%	43.8%	28.1%	36.8%	27.3%	26.1%	45.8%	30.6%	41.4%	33.8%	33.7%	41.8%	21.4%
	161	69	82	10	18	23	24	24	17	13	25	17	51	67	32	11
No	65.2%	71.1%	62.6%	52.6%	56.3%	71.9%	63.2%	72.7%	73.9%	54.2%	69.4%	58.6%	66.2%	66.3%	58.2%	78.6%

How many dates of competition will you use in the spring 2010 non-traditional segment?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	13	2	10	1	5	1	4	2	1	0	0	0	8	3	2	0
1	5.3%	2.1%	7.6%	5.3%	15.6%	3.1%	10.5%	6.1%	4.3%	0.0%	0.0%	0.0%	10.4%	3.0%	3.6%	0.0%
	15	6	6	3	5	0	2	2	1	1	2	2	5	6	4	0
2	6.1%	6.2%	4.6%	15.8%	15.6%	0.0%	5.3%	6.1%	4.3%	4.2%	5.6%	6.9%	6.5%	5.9%	7.3%	0.0%
	23	6	15	2	2	4	4	2	1	3	3	4	9	10	4	0
3	9.3%	6.2%	11.5%	10.5%	6.3%	12.5%	10.5%	6.1%	4.3%	12.5%	8.3%	13.8%	11.7%	9.9%	7.3%	0.0%
	54	22	30	2	10	6	9	7	4	9	5	4	14	21	16	3
4	21.9%	22.7%	22.9%	10.5%	31.3%	18.8%	23.7%	21.2%	17.4%	37.5%	13.9%	13.8%	18.2%	20.8%	29.1%	21.4%
	142	61	70	11	10	21	19	20	16	11	26	19	41	61	29	11
5	57.5%	62.9%	53.4%	57.9%	31.3%	65.6%	50.0%	60.6%	69.6%	45.8%	72.2%	65.5%	53.2%	60.4%	52.7%	78.6%

2010 NCAA DII Soccer Phase II Life In The Balance Survey

What do you expect the total cost to be for participating in these spring 2010 dates of competition during the non-traditional segment? This includes transportation, meals, housing, officials, etc.

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	50	22	25	3	9	7	13	3	0	7	6	5	13	23	12	2
Less than \$500	20.2%	22.7%	19.1%	15.8%	28.1%	21.9%	34.2%	9.1%	0.0%	29.2%	16.7%	17.2%	16.9%	22.8%	21.8%	14.3%
	93	28	59	6	12	5	20	12	9	11	12	12	24	42	20	7
\$500-\$1,000	37.7%	28.9%	45.0%	31.6%	37.5%	15.6%	52.6%	36.4%	39.1%	45.8%	33.3%	41.4%	31.2%	41.6%	36.4%	50.0%
	78	35	37	6	7	16	4	13	11	5	16	6	35	21	18	4
\$1,001-\$2,000	31.6%	36.1%	28.2%	31.6%	21.9%	50.0%	10.5%	39.4%	47.8%	20.8%	44.4%	20.7%	45.5%	20.8%	32.7%	28.6%
	21	12	7	2	4	3	1	4	3	0	2	4	4	12	4	1
\$2,001-\$3,500	8.5%	12.4%	5.3%	10.5%	12.5%	9.4%	2.6%	12.1%	13.0%	0.0%	5.6%	13.8%	5.2%	11.9%	7.3%	7.1%
	5	0	3	2	0	1	0	1	0	1	0	2	1	3	1	0
More than \$3,500	2.0%	0.0%	2.3%	10.5%	0.0%	3.1%	0.0%	3.0%	0.0%	4.2%	0.0%	6.9%	1.3%	3.0%	1.8%	0.0%

Are you satisfied with the current non-traditional segment format of a 45-day window to practice/compete on 24 days with no more than five competition dates?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	179	58	107	14	24	28	25	23	15	17	25	22	56	78	35	10
Yes	72.5%	59.8%	81.7%	73.7%	75.0%	87.5%	65.8%	69.7%	65.2%	70.8%	69.4%	75.9%	72.7%	77.2%	63.6%	71.4%
	68	39	24	5	8	4	13	10	8	7	11	7	21	23	20	4
No	27.5%	40.2%	18.3%	26.3%	25.0%	12.5%	34.2%	30.3%	34.8%	29.2%	30.6%	24.1%	27.3%	22.8%	36.4%	28.6%

Would you support a non-traditional segment format of a 60-day window to practice/compete on 30 days with no more than four competition dates?

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	180	71	97	12	23	18	25	26	16	21	28	23	58	75	39	8
Yes	72.9%	73.2%	74.0%	63.2%	71.9%	56.3%	65.8%	78.8%	69.6%	87.5%	77.8%	79.3%	75.3%	74.3%	70.9%	57.1%
	67	26	34	7	9	14	13	7	7	3	8	6	19	26	16	6
No	27.1%	26.8%	26.0%	36.8%	28.1%	43.8%	34.2%	21.2%	30.4%	12.5%	22.2%	20.7%	24.7%	25.7%	29.1%	42.9%

Are you satisfied with the current non-traditional segment of eight hours of contact time, two hours of which may be used for skill instruction in groups of six or less when not in the 45-day

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	177	60	100	17	25	26	27	23	14	15	24	23	50	74	43	10
Yes	71.7%	61.9%	76.3%	89.5%	78.1%	81.3%	71.1%	69.7%	60.9%	62.5%	66.7%	79.3%	64.9%	73.3%	78.2%	71.4%
	70	37	31	2	7	6	11	10	9	9	12	6	27	27	12	4
No	28.3%	38.1%	23.7%	10.5%	21.9%	18.8%	28.9%	30.3%	39.1%	37.5%	33.3%	20.7%	35.1%	26.7%	21.8%	28.6%

2010 NCAA DII Soccer Phase II Life In The Balance Survey

How many hours per week do you contact your student-athletes in the spring non-traditional segment outside of your defined 45-day segment where teams can practice/compete on 24 days with no more than five competition dates? Current NCAA legislation permits a maximum of eight hours of contact during this period, only two hours of which can be used for skill instruction in groups of six or less.

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
4 hours or less	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	44	20	21	3	7	4	13	4	2	3	4	7	13	15	12	4
	17.8%	20.6%	16.0%	15.8%	21.9%	12.5%	34.2%	12.1%	8.7%	12.5%	11.1%	24.1%	16.9%	14.9%	21.8%	28.6%
5 hours	35	15	19	1	7	6	0	4	5	4	6	3	11	16	7	1
	14.2%	15.5%	14.5%	5.3%	21.9%	18.8%	0.0%	12.1%	21.7%	16.7%	16.7%	10.3%	14.3%	15.8%	12.7%	7.1%
6 hours	77	27	42	8	11	9	14	12	7	9	7	8	21	31	21	4
	31.2%	27.8%	32.1%	42.1%	34.4%	28.1%	36.8%	36.4%	30.4%	37.5%	19.4%	27.6%	27.3%	30.7%	38.2%	28.6%
7 hours	44	14	24	6	2	9	6	4	6	5	9	3	15	22	4	3
	17.8%	14.4%	18.3%	31.6%	6.3%	28.1%	15.8%	12.1%	26.1%	20.8%	25.0%	10.3%	19.5%	21.8%	7.3%	21.4%
8 hours	47	21	25	1	5	4	5	9	3	3	10	8	17	17	11	2
	19.0%	21.6%	19.1%	5.3%	15.6%	12.5%	13.2%	27.3%	13.0%	12.5%	27.8%	27.6%	22.1%	16.8%	20.0%	14.3%

Would you support a non-traditional segment of 12 hours of contact time per week beginning the second week of spring classes and finishing seven days before the beginning of finals with no restrictions on type of activity or size of training group combined with a reduction to four competition dates? A competition date would count as three countable hours during that 12-hour week.

	Gender Coached				In which NCAA Division II Region does your institution compete?								Division II Head Coaching Experience			
	Total*	Men	Women	Both	Atlantic	Central	East	Midwest	South	South Central	Southeast	West	0-3 years	4-10 years	11-20 years	21 years+
Yes	247	97	131	19	32	32	38	33	23	24	36	29	77	101	55	14
	193	79	103	11	25	25	30	24	20	18	31	20	58	84	41	10
	78.1%	81.4%	78.6%	57.9%	78.1%	78.1%	78.9%	72.7%	87.0%	75.0%	86.1%	69.0%	75.3%	83.2%	74.5%	71.4%
No	54	18	28	8	7	7	8	9	3	6	5	9	19	17	14	4
	21.9%	18.6%	21.4%	42.1%	21.9%	21.9%	21.1%	27.3%	13.0%	25.0%	13.9%	31.0%	24.7%	16.8%	25.5%	28.6%

* Total = The number of respondents for the entire survey who answered the Row question and, if a filter is applied, meet the filter criteria.

NCAA Division II Phase II Life in the Balance Legislation-FINAL

Results Overview



Date: 3/2/2010 10:53 AM PST
Responses: Completes
Filter: No filter applied

20. Please provide us with your comments and suggestions in 250 words or less.

#	Response
1	My players aren't happy with the individual sessions (though they agree it's improved somewhat). They love playing. Their hope is to have 60 days, 35 to train and current dates (alumni, foreign game, 5 dates) to compete. Their grades are best when we have competition/training schedule. The spring is always lower in GPA as well as class attendance.
2	In the fall we should play the NCAA tournament over thanksgiving and add a week on the season and can still finish the same weekend I do not support a reduction in competition days fall or spring, players want to play games. Also, exempt matches shouldn't matter either as we still have 24 days period, they don't add days. I'm for more time in the spring but more time is not good if we can't play games. DON'T reduce the games!
3	The non championship season is crucial to the development of our student-athletes. It allows us to focus on technical aspects of the game that our current fall semester does not allow time for. Furthermore, I emphasize the importance of involvement as part of their college experience and my student-athletes typically enjoy a rich variety while part of our program. Decreasing their time with our team would be of no obvious benefit.
4	I would like to see a "total competition" legislation. i.e. 25 total competition opportunities in an entire academic year - the coach can split them any way they like: 1 preseason scrimmage, 20 regular season matches, 4 spring matches or any other combination.
5	We are killing the College game for our players with the new game limiting rules. If we are not careful players will skip College and play club. This means less full time students and more of the part time college student and club soccer. Life in the balance could kill college sports as we know it. Most good 16-18 age players are now playing 25-30 games in high school and club. Who would want to come to college and only be able to play 12-18. Addition rules are close to killing the College game. Thanks and good luck.
6	To whom it may concern, I understand the life in the balance and I applaud the effort in balancing the activity and educational needs of our student athletes. However, in our sport, fitness is key...we must be able to use our time with the student athletes wisely. Keeping them fit to avoid injury as well as demanding more from them in the classroom and in other areas of the university. We do that now. There is no need for us to limit participation any further. As adults and professional coaches we all understand that we are producing future citizens, in my opinion we do a damn good job of that by being with our players and encouraging them to participate in other things...not just athletics. Leave the non championship segment alone!!
7	I like the counter proposals for the non-championship season. Trying to sort out post-season play in the West is a mess. That should have been part of the concept; left the same, it's well, a mess.
8	I would not support any changes that would further reduce the number of days, number of hours per week or the number of contest currently allowed under Division II rules during the non traditional playing season.
9	They way we are doing it is fine. The 8 hours work well in the conditioning/skills portion. This is very important to player development. More hours would take too much away from the athlete. The non traditional works well also. If anything you could cut a few contact hours(down to 15 hours). I would be suprised if anyone is using 20 hours per week. five dates of competition are a good amount again to help in the development of players and a chance to experiment w/ formations, positions, etc.
10	I feel that the changes that haved just been made are in the best interest of the student-athletes. Cramming 20 games in a two-month period was way too many. I am totally opposed to any changes to the non-traditional segment as that is a prime opportunity for player development. I would not be opposed to lessening the amount of time permitted outside of the two playing seasons. I would also have some interest in exploring the old number of days of season length, so the longer a team spent playing during the fall, the less time they would have to practice and compete during the spring season.
11	I am not worried as much about the amount of time I can spend with my program as much as I would like to use that time to meet our needs. (ie) I would appreciate more time to spend with whole team and ball if that mean giving up weekly hours.
	I thought that the survey forced me to choose either the status quo or the choice of four dates of competition. For example, question #16 I would support 12 hours of contact for the length of time specified, but I wouldn't support a reduction to only four games. Our players need more than 4 dates of competition in the spring in order

12	to improve and they also "want" more than 4 dates of competition. If you asked them, they would love to add games. Soccer isn't meant to play multiple games in a day so basically each player would play 4 games from December (if they are fortunate enough to make the Semi finals) until the beginning of May. That clearly isn't enough. Give us a certain number of hours per week and let us play as many games as necessary, as long as we don't miss class!
13	Biggest issue we face in the SSC is regionalization. WE CANNOT GET GAMES! With the current NCAA tournament format, why come to or host a strong conference opponent like the SSC when you can host another "regional" game that counts the same that can guarantee a win. No weight is given to strength of schedule. Team can get the same region win in the win column against a 1-14 team vs a team that beats a top 5 program. The SSC is getting crushed with Regionalization - it is the same problem for every team in our conference. NCAA Div 2 needs to look at the D1 format for the NCAA tournament - your true top 32 teams are not invited to the event as evident of a team getting beat 7-2 in a NCAA semi-final. We need 20 games in the Fall & a longer playing time for those matches.
14	Great stuff on part of the NSCAA to get involved in this very vital issue for us in D-II Soccer. Seems like we are the only sport "In Balance" as all the others have not been impacted yet.
15	A great deal of research has been done, particularly in Germany, as to the ideal number of games per season in order to play soccer well. The findings indicated 30-32 games. Remember that the USA National teams, both men and women, are made up of current or ex collegiate players. By reducing the number of games we are doing the sport a great disservice.
16	In the non traditional season I don't mind the hours, in fact the hours could be less but I would like to mee twith the team rather than the current number.
17	Life in the balance does not have the interests of the student-athletes in mind. It is all financially driven only. There is no benefit to the student-athlete. We should return to the original length of season, but have limit the number of contests to 18 - especially for Fall sports. The season start dates were pre-class start times so less of a burden was placed on the student-athletes. Shortening of the season creates more academic pressure rather than spreading it out would create a more balanced approach and help them academically. Athletic Directors should not allow overnight trips on 2 and a half hour bus rides if they want to save money - that is ridiculous - and stop using the balance word as a smoke screen for saving money.
18	I f we talking about life in the balance don't take away what the student-athlete loves to do which is 1)compete at their sport 2) be with their teammates 3) over 30 years my student athletes do better in academics when I see them on a regular basis. Finally take away countable hours not contests check with them on this, take countables to 16 and give them back their 2 matches.
19	Thank you for getting this out in the public eye...I know we were all blind-sided by phase I---with your help we can be better prepared for Phase II.
20	we can train less than 20 hours per week. That would help. Thanks for organizing this chance to provide input.
21	all the spring questions are great, but you keep harping on 4 game dates....thats the problem...would like to see approx 8 dates...teams cramming in five 20 min games a day is ridiculous...who has their mind made up on the four games?...would like to see 60 days, with 35 practice with 8 games...my guys have better grades during seasons than the off time. we do not overwhelm them with soccer, soccer, soccer. 90% work. 60% or more involved with other activities. like the extension of fall...so extend the spring a bit more...keeps the grades up, social decisons are better when involved with structure...but yes, some down time is good, maybe 2 spring breaks ! ha!
22	While I appreciaite your efforts on gathering this information we must understand the NCAA is no longer a "grass roots" organization. All decisions now come from the directors and presidents who are completely out of touch with our student-athletes. D2 soccer will no longer be the same after Phase 2.
23	If the NCAA continues to cut back "due to this life in Balance" there will eventually be no difference between what seperates us from D3! So I chose Division 2 motto becomes a farce!
24	The non-championship segemnt of our season is arguably just as important to my program as any other portion of our season. To lose this segment of our sesaon will be devastatin not only to our Student-athletes but also to myself as a coach.
25	Life in Balance is not condensing the season by a week and taking away games. This is exactly the opposite, intense period of soccer then it is over somewhere around the half way point of the first semester. Volleyball extends several weeks longer than we do. This short playing season puts too much pressure on the individual athletes to play hurt as it limits the recovery period. Less game are not great but shorting the season is awful! The spring works great just the way it is. Programs can find a way to play without spending money! The athletes they want to play!
26	Athletes come to school to compete and practice, we are taking that away
27	Our season allows for the least preparationof all the sports. Winter and spring seasons allow for more time and that has not been affected to any great degree. there is a serious inequity in the prep time allowed fall sports

28	My whole argument with the NT season has been the fact that we can contact our SA's but we are not allowed to use the soccer ball outside the 45 day window. It makes no sense to me that the NCAA says work with your team, running, lifting, etc., but do not touch the ball. What does it matter what we are doing with our team. We should be able to prepare our teams however we see fit during the NT season. If we use the soccer ball, the SA's are not missing more class time. Also, if the NCAA takes the NT season games away, we are headed to a intramural type program. For the sake of the SA's, please give us more time on the field with our kids.
29	We are getting away from the ideals for which Division II was set up! These kids for the best part are type A personalities they manage time, they are structured with all tasks as they relate to their role as student athletes. They like being busy. By delaying the start of our season with the notion of participation in regular student activities is non realistic as most events carry on year round and not during preseason or at the beginning of the school year. We are asking kids to be year round athletes and technically we are getting further away from what defines them as athletes by taking away the one thing they like to do "be active in their respective sport". We expect them to be competitively ready in the spring on 8 hours of conditioning when ACSM recommends for an individual to be healthy workout 5 x week. I feel this was not presented properly and if a poll of all athletes was conducted internally within each institution the results would indicate most athletes do not support the changes. I would like to conduct a poll to know how many of these athletes now sit around in their dorm rooms on the internet on facebook etc. or out participating in greek life etc.?
30	I suggest allowing the 8 hours per week to be flexible so we can have all of our players with a ball as many hours as we would like.
31	The student athletes do not feel the need to cut back - our kids get GPA 3.52 - 3.62. Keep it the way it is! Thanks!
32	I would really support the 12 hour per week proposal throughout the entire spring semester with 5 dates of competition...at the end of the day, the student-athletes want to play in games
33	Based on this survey I'd be very excited if these new proposals actually came into effect, it would help my program a lot. I think right now we're not aloud to do much because we can only use 6 kids at a time. It takes to much time out of my day only working with 6 kids at a time when I have 20 kids returning for both my Men's and Women's program. This means I have to break both teams into 4 groups, with there schedules and my schedule it's impossible to use these rules to the maximum. If I could use the whole team at the same time it would basically allow us to practice the entire semester which would be great and it wouldn't take up as much time on my part. Thanks
34	The players enjoy the spring season and they feel it is not too much on their plate. In fact they are more focused and have better time management when they are in season. The current non-traditional season restrictions are tougher on the coaches than on the players.
35	Beginning to think that NCAA stands for Non-Intelligent Commissions Against Athletics. NCAA needs stop taking action and enacting rules and policies with a broad brush and specifically address issues with individual sports. Maybe it time to allow national federations like U.S. Soccer to have some input in the future of the sport. NCAA people seem to have no grasp of the nature of the sport, player developement, and annual training cycles. College soccer is being held back and restricted way more then ANY other sport. Not fair to the many that have dedicated their lives to teaching the game.
36	I believe question five should read fall 2009 gpa and not fall 2010 gpa. I hope this survey helps in creating an environment that allows the athletes to do what it is they love to do best, and that is play and practice.
37	Speaking for a very successful program, the players and staff feel the spring is fine as it currently stands. It is difficult enough what with Easter and Spring break. We currently take Dec and Jan off completely, which offers good rest from the season and a chance for players to enjoy other aspects of campus life, etc! The five competitive dates must be kept in order to keep players somewhat motivated between seasons! Please!!!
38	Cut the non traditional... but bring back the 20 games in the competitive season
39	If we can get back to 20 fall games and not mess too much with the non-traditional segment in terms of practice/dates of competition and focus more on limiting the out of season activities late fall and early spring I believe that would help keep student-athletes in class more and give them some down time without taking away what they love most....practice and games.
40	Any Life in the Balance changes should consider the relative demands of competition in various sports over the calendar year as opposed to arbitraty percentage cuts as enacted in Phase I. For example, women's volleyball was allowed 32 dates of competition in an academic year prior to life in balance while women's soccer was only permitted 25. Why an arbitraty cut of 10% for each sport and not more substantial reductions for sports player more dates of competition?
41	Life in balance needs to work for coaches as well at the Division Two level so having small group training puts a huge time commitment on the coaching staff in the non traditional segment. I would like to see us move to the Div One model of two hours but full team training.
	1. I think the life in balance legislation should be sport specific, meaning the research put forward for each sport should apply to that sport. This last legislation seemed to be based on research from a few sports yet impact all.

42	Each sport should be analyzed separately with any new legislation and with an informed understanding/representation of each specific sports demands and general make up in society (e.g contests/length of the season should be relatively equal to or even increase from junior high, to high school, to college, and upwards). 2. I would suggest lengthening the traditional season and play games on the weekends or maybe Friday-Sunday to reduce missed class time and put less strain during the class week - improving life in balance. The students will have longer periods to recover from weekend games and more time to focus on school during the week as they won't be traveling...but don't reduce competitive opportunities - we are already playing less games and have a shorter season than they do in high school! 3. In the non traditional season practice on 2 days a week with the whole squad and play one date on the weekend. Reduce the hours per week to 15 but extend the window to 60 days as the team will only be together for practice twice a week but ultimately have more time/balance to focus on classes and other activities...this way they will not feel like things are being taken from them competitively but also have more time for studying etc in the week. Ultimately I think the new legislation will probably have more of an impact on the student/athletes at the end of rosters who will probably end up with less opportunities to compete. And possibly in the traditional season reduce play off experiences for student/athletes as there is a valid argument (at least in soccer) for using that final week for regular season games - as it is almost impossible to get the allotted games in the time given.
43	Conference championships must remain an exemption because it would create a scheduling nightmare otherwise. I like the 12 hour/4 competition idea. That is a substantial reduction in hours. It is critical to note that reduction in spring will lead to reduced opportunities for female student athletes and increased injuries due to lack of training.
44	Soccer does not have a "life in balance" problem. As a sport we already compete less than all the other sports. Our student athletes have proven through the NCAA own studies that they are excellent student athletes. Limiting or contests adversely affects our student athletes opportunities to compete in the post season. In opportunity that all the other sports have. Our student athletes want to know why there sport with 20 games and other sports with 27, or 50 are still playing proportionally many more contests.
45	Spring restrictions are important to keeping level playing field with vastly different climate considerations... Expanding dates doesn't help those that can't use them.
46	Having a voice is critical in this decision making process, so I do appreciate having a vote. I hope that the team GPA is seriously considered in the decisions that the NCAA considers in the Life in the Balance agenda. I would imagine, that many of the other teams being affected by this, such as mine, are programs that have the highest team GPA in their Athletic Departments. FLC has 100% graduation in WS in the last 3 years/we are balanced and productive. Let us play, we deserve it!
47	The traditional season 18 or 20 matches doesn't make a huge difference to me- honestly. I like the suggestion of the 12 hour week in non traditional season starting the second week. Doing away with the small group I believe would make more sense academically, financially, and logistically. As we have a lack of space for 3 groups of 6 or less, it would be easier to find 1 time period for 1 group of 15. Thanks.
48	I know for a fact that my soccer players have chosen our school because of the soccer program offered here. They like to practice soccer and they love to play soccer. They enjoy what we do here. Our soccer program does not interfere with anything else they want to do. Our soccer program is what they want to do when they are not in class. They are also good students and nothing we do either in the fall or spring hinders them in any way academically. They have won our Athletic Director's trophy for team academic excellence 7 of the past 8 years and received the NSCAA Team Achievement Award over 7 of the last 8 years. I think they'd be the first to say our soccer program does not need any more outside legislation because there already getting the quality academic and athletic experience they want.
49	Life in the Balance looks to take DII to DIII. Is there any point in having separate divisions? I need another week of practice time in the spring, when practice/games are often postponed/canceled because of bad weather. I need back the extra week to prepare in pre-season. Athletes want this if they choose DII.
50	While it is important to coaches to train it is more important to players to play games. The less restrictive option allows us, newer programs and more established, to do what is best for each team's players.
51	Thank you
52	I find that student- athletes perform better academically and get in less trouble when there is more structure in place. The easiest structure to get them to adhere to is one they enjoy. Most Div. 2 soccer players come in to college playing at least fall and spring. The fact that we are so limited in what we can do in the offseason is not consistent with being a higher level, if the athletes have less to do. If a student athlete comes to college with a 3.0, all while playing club, odp, highschool and is involved in school clubs; why do we think they can not handle being able to train year round while attending college.
53	PROVIDE SIGNIFICANT INCENTIVE FOR PLAYERS TO COMMIT TO SELF-TRAINING AND DEVELOPMENT DURING THE OFF CONTACT PERIODS. AN INCENTIVE FOR MORE COMMITED AND DEVELOPED PLAYERS ON THE ROSTER TRAINING ON THEIR OWN. IF THE PLAYERS ARE MOTIVATED BY THE ASPIRATION TO EARN SIGNIFICANT AMOUNT OF SCHOLARSHIP MONEY (80% and ABOVE), TO A FULL SCHOLASHIP, THERE WILL BE NO NEED FOR COACH-MANAGED EXCESSIVE TRAININGS/CONTACTS/GAMES TO DEVELOP THE TEAM. THEREFORE, WE NEED TO INCREASE SCHOLARSHIP OPPORTUNITY FOR DII TO 14 SCHOLARSHIPE JUST LIKE DI, TO ENHANCE THE OVERAL

	OPPORTUNITIES.
54	I would definately prefer to go back to 20 games. I do not feel that thenumber of games had any bearing on GPA as i had so many foreign freshmen this past fall.
55	I believe that athletes of this level and caliber thrive best when playing the sport they love. While it is important that the time demands upon them be monitored and managed, to restrict them too much is not necessarily a positive thing. Many of my athletes are now taking on a second sport in order to keep active year-round, mainly because of the limitations imposed upon them in their sport. While Life in Balance, in principle, is extremely important it should not be used as a means to prevent them from remaining active and positively motivated year-round. Also, I find that most do better academically during the Fall season than in the Spring. More spare time and the distractions that go with it are not always the best thing.
56	The student athletes play college soccer for the competition. Reducing the number of contests from 20 to 18 was a huge mistake and takes away from their overall college experience. Reduce the amount of practice hours or something, not the FUN part of the experience!!!
57	I like the proposed changes to the non traditional segment. If the non traditional segment is taken away, than we will not be able to compete recruiting wise with division I schools.
58	Recuding the number of games in thre traditional season was a mustake. Two less games and less time to prepare will have adverse effect on student-athletes. Students athletes still have to prepare for the 18 games, which requires the same amount of training time for the 20 game-schedule, but starting training at a later date reduces the length of time to train; this is conducive to injuries.
59	I have nothing at this time
60	We are NCAA Div II not NCAA Div III This is all about money, nothing more, nothing less. Student-athletes have higher GPA, retention rates and graduation rates than the general student body. I didn't realize we were doing something wrong!!
61	I'd like to see us adopt something similar to Division I in the non-traditional segment, with one hour of team work with a ball during the time outside the 45 day window. But, I would prefer to not lose a date of competition in the spring...it's what keeps the players motivated!
62	The Balance in Life initiative.. is more about Institutions balancing their budgets.. than their care and concern for student athletes. It is obvious that the major sports have been minimally impacted by the first round of Balance in the Life changes. Yet the minor sports .. which tend to have student athletes that have better g.p.a.'s and pay closer to full cost to attend school are the group that was targeted when it came to reducing the number of contest. To take away the off-season or greatly reduce it, would be detrimental to the welfare of student athletes. My masters research, which I would be glad to make available was dedicated to the research the impact of Bylaw 17 initiatives. The reduction of contact with student athletes in the non-traditional segment lead to worse academic performance and student athletes got in more trouble by breaking team and college conduct policies during the off season. These were the findings of my research. Anyone that doesn't understand that.. has never raised children of their own. We as parents try to keep our own children involved with extra curricular activities so they will not get in to trouble.. and be more well balanced. If the NCAA takes away training in the Non-traditional segment.. As for the real reason the NCAA Presidents are considering these proposals.. is to save money.. I believe...The NCAA D II institutions will loose enrollment.. as student athletes and parents will be looking for Division 1 opportunities.. This will not help most D II private institutions financially .. so if they go down this road.. there will be no Balance.. for anyone. Mike Joy Head Women's Soccer Coach Tusculum College 423-636-7321
63	I would support the non-traditional segment change even if 12 hours were not allowed and 8 was kept, as long as there are no restrictions on how to use the time. Also, if there was to be no change then I would lobby to not limit the size of the groups during the 8 hours of training. This would be a great help to coaches without assistants.
64	Student Athletes compete in college athletics for the sake of competition and training. They do this because that is what they want and choose. By taking away games and training opportunities the NCAA is inhibiting the student athlete from their chosen extracurricular activity. Is it not the same as limiting participation time in student government, fraternities, or other on campus non academic functions for the students that choose to take part in those activities. That is where their interest lies. Why limit individuals in something that they are genuinely interested in, want to do, and that will enhance their overall college experience.
65	Are Division I athletes already "life balanced"? Are football players already "life balanced"? Why don't we just call this what it really is - a way to save money and not touch certain sports.
66	The reduction in fall season games is a positive thing as the season was too condensed and cramped and put too much strain on the athletes. However, it is important to maintain a good amount of playing days in the spring- minimum 4. This is an important time for player development and the need to play for younger players is critical to their development. The suggestion of a 30 event spring with 4 playing dates would be a positive compromise.
67	1. Keep the reduced # of contests in the championship segment at 18 but add to the number of dates in the non-championship segment. 2. A 12 hour rule in the non-championship segment starting the second week of

67	classes and ending the week before finals with no other restrictions would be great. I would just like competition dates to be increased.
68	I believe that the current 8 hours of contact with only 2 being individual skill is not the best use of the time with our student athletes. I think it would be better if the coach could determine how the time was spent but I do agree with an hour restriction but 8 is too few. The savings of reducing nonchampionship segment number of competition dates is minimal.
69	What about getting this kind of survey out to the players as well? Could I print this survey out some how or have it emailed? I know my players and players in general would give you a good census as well. Maybe way out there but I think worth it!
70	How can you talk to students about life in the Balance, yet not try to balance things on the playing field by giving each conference a chance to play in the tournament. Mens Soccer should have AQ's for every conference. You can not talk about balance if you are not willing to make things equal for everyone. You can not balance everyone schedule because each conference has it own demands. You can however try to balance things out in the end.
71	I believe the more contact we have with our student athletes, the better. Our team GPA has been higher in the fall vs. spring five straight years. My players are disappointed with the recent legislation.
72	The shortening of the traditional season has created a very condensed season. A longer spring would make up for the loss of a week. I still dont understand the purpose of the shortened season.
73	My biggest problem with the Life in the Balance legislation is the reduction of the pre-season week. Two weeks to prepare for a contest in comparison to two months for basketball makes no sense whatsoever. A basketball season is an eternity for a less physically demanding sport.
74	Don't Touch The Non Traditional Season, Thanks!!
75	Student-athletes choose to play a sport such as soccer at any division level as their balance between school, athletics, social life. I think it is a big mistake to cut the non-traditional season. Many student-athletes need a structured schedule and sports create that structure.
76	for schools such as us..we need the non traditional season to be able to train non scholarshiped players to produce the following fall. this is done by having outside competition for evaluation. the training is vital but to play against someone is as important.
77	Division II is in danger of losing it's brand with these new changes. Soon, the only thing that will separate us from Division III will be scholarships if the NCAA continues to hack away with how things are done.
78	Moving back the soccer start date does not address the initiative's concerns. Pushing the start date back does not affect "life in balance" because the students come in in the summer and have no other obligations. If you want to make a difference in the S-As time, allow for normal practices during the non-traditional season. My players are busier trying to make it to small group training, then back for weights, then again for fitness training than they would be if you allowed them to practice together. Spring feels much busier and stressful for players than the fall does. Help them out where they need it and don't cut their games...that's why they play college soccer....to PLAY college soccer.
79	Would love to push the Championship segment back to Novemeber.
80	My student athletes have the highest of any the collegiate teams at our university and are higher than the general student body. It is my opinion that a structured routine gives the student athlete the opportunity to schedule and priortize. We see a slight fall in their gpa in the spring and with extra time on their hands their schedule seems to sepearate. rushing to compact seasons for me only increases the chance of injury and i am not in favor of cutting the season or the spring.
81	The biggest complaint I have is moving from 20 contest during our championship segment to 18 contest. It's just not enough games for all the work our players put in. Also moving the start date to later in September hurts schools with an early academic start date.
82	The kids want to play games. Athletics is very important to them and our girls are certainly still involved in many other activities. I would like to see the 18 games go back to 20 and certainly not see any reduction on spring training.
83	The student-athletes practice in order to compete. They look forward to the games. Games are the reward for all the hard work they put into training.
84	the student-athletes come to DII because of what we offer in-terms of year-round activity that does not overwhelm them and take away from their academics. there is a good "balance" here now.
85	We are a new program so a "none" option for the last season/history type questions would be useful! Thanks
86	It is very important to the development of our student-athletes that they have the 20 hours in non-championship season as well. 12 hours would not be enough to combine non-ball activities (ie. lifting) and activities with the ball.

87	In my experience, those student-athletes who want to be involved in other campus activities usually find a way to manage classes, soccer, and those activities, particularly in the spring.
88	The current rules put too much pressure on the students we need a longer season - train 3 times a week more rest between games - ask the players they know
89	Thank for your efforts! Much appreciated! We look forward to receiving the results!
90	I believe student-athletes participate in college athletics to compete against others. In my experience SA's are more excited during the championship segment because they are more organized and focused. They tend to drop a little in the off-season. They tell me they are bored.
91	I believe in the "Life in the Balance Legislation" But do not take away developmental opportunity from the student-athletes. Most time they request for assistant, but we can give to them due to the limited training hours imposed. Thanks for the opportunity to share my views.
92	The Non-Traditional season is very important for all returning S-Athletes. Especially those that may not have had too much playing time in the fall season. It gives them an opportunity to have small group training and gives them a chance in the games also - less pressure of trying to win games! The amount of time spent on training in the spring is perfect - where it does not take up too much of their time, but they still need to have some level of commitment to the program.
93	Our student athletes come to school to be a student athlete. They have often chose DII not because they want a "balance" (code word for money saver) but because they love the game and they want to play at the highest level possible. Most of our players didn't have DI offers, if they did they probably would have taken them. DII allows them to continue playing at a high level while pursuing a degree. If more "life in the balance" is passed DII will essentially become DIII!
94	I felt that the 20-game schedule was very manageable for our student-athletes. I would support going back to this system.
95	The offseason and non-championship segments are important for retention, development, and keeping the team connected. If there is an imbalance, it is during the fall when 20hrs are allowed. I would be in support of reducing it to 18. Limitations in games are counterproductive to retention. It's really difficult to develop the full roster when there are less minutes available to play.
96	I am fine with current rules. But if we change, More training time with less dates would be fine with me.
97	While I fully support the fact that Division II is committed to a life in balance and maximized benefit for student-athletes within their entire collegiate experience, I implore the committee to discuss with soccer players specifically the reason in which they chose their specific academic institution. Soccer is very much a key part of that decision, and if we minimize further their opportunity to play the game they love year round, we will absolutely lose these students to Division I (or NAIA) institutions, who we are already battling in the recruiting game. Additionally, while players enjoy playing in training settings often, reducing actual contests is the wrong approach as this is the most exciting part of the process for them, and would certainly be out of balance! Reductions will hurt enrollment and reduce the number of accomplished and well-rounded individuals considering Division II academic institutions. Not only do our athletes excel in the classroom and participate in multiple extracurricular activities, but they want to maximize their time on the field. Immediately following the end of our season (conference tournament) and unbeknownst to me at the time, 95% of our team signed up for intramural soccer. Again, my student-athletes want to maximize their playing time year-round (note that we never utilize the maximum weekly hours), and in their eyes, this is 'balance'. Restricting their organized playing opportunities will leave them unfulfilled and looking for another home. Those student-athletes that don't have this same passion and commitment choose to play intramurals/club soccer.
98	I believe it is important to find a way to lengthen the tradition season for the health of the student athletes. We play too many games in too short a season putting too much physical stress on the athletes. Extending the season a week would allow more room to space out games and allow for more recovery time for the athletes.
99	Why don't we poll the student athletes?
100	Under the schedule next year, I do not believe the players will have enough rest from game to game to remain healthy over the course of the Fall season. Once we get started we play the first Thursday available to us, followed by the next Wednesday, then have a game every midweek and weekend the rest of the season. This kills the players and is quite draining for the coaches, both physically and emotionally. Lengthen the calendar in the fall for the safety of the players.
101	Some things to consider...the group of 6 skill group is so much better than the groups of 4, however when you have a full roster no one thinks about the coaches that have to be at all those practices, and team weights, and those who teach. So the life in the balance for the student athlete is great but you are also making it tough on the coaches to be at (for us this spring) 7 different workouts...and I teach 2 classes. The small groups for skills should also be separated by sport not by number.
102	Life in the Balance was to control spending, it seems to be affecting quality time with players needed to become better athletes and person's

103	All is well, no need for any change in spring season
104	It is imperative for the student-athlete's physical well being to have the opportunity to train enough in order to prevent injury. Players are subjected to an intensive season and must therefore be thoroughly prepared for the fall. Off-season training is therefore crucial in order to maintain a high level of competition without injury. Athletes need to constantly train and re-train their muscles in order to take the impact of the physical nature of sports. If the opportunities for coaches to help train these athletes are limited we run the risk of doing damage to the athletes. If the non traditional season practice opportunities are limited we run the risk of increased injury. The Life in Balance legislation seems in contrast to the well being of the student-athlete.
105	Players want to play. Coaches want to practice and play. Don't reduce the number of games. If anything, reduce our contact hours a bit in the nontraditional season. Thanks for conducting this survey. I don't want us going towards NCAA Div. 3 sports. Players who want more balance should choose Div. 3.
106	Balance is the key to our student-athletes experience, and we fully support that. One thing lawmakers must realize is that DII SAs want balance, BUT they also want DI level athletics, or as close as possible. If we take away too many playing opportunities, we're DIII, and that's not balance either. I like the option of 12 hrs per/wk straight through with 4 competition dates the best. Thank you.
107	I think DIV II student-athletes soccer players have a well-balanced life with the current spring rules(24/45 with no more than 5 playing dates). My players ask for more games to play, as a DIV II athlete they look forward to playing games in the spring. This is a high-level of collegiate athletics and if we decrease competition, it will take away from the student-athletes total experience.
108	I would prefer to see the Non-championship segment lengthened without a lose of competition dates.
109	Our players want to play, they want to develop and reach their potential as a soccer player. It is a major factor in the choice of school. Further limiting their opportunities to do so will only hinder their development and not provide them with the experience they were looking for. Student athletes will then create their own training opportunities that will be unsupervised. Without a coach or a trainer there the risk of serious injury is much higher. The NCAA needs to trust us as coaches to be sensitive to the students needs. We already know when to reduce the training load due to midterms, finals, or burnout. We also provide our student athletes with other community service opportunities outside the sport to help grow as a person. Bottom line, is the NCAA needs to trust us as coaches to know our student athletes needs. We take pride in developing well rounded people who will go on to be successful outside the sport.
110	spring break is a killer with regards to training...
111	Please don't "take away" any more of what they love (soccer) from our student/athletes.
112	Our student-athletes are competitive which is why they choose to play at this level. They want to practice so I don't think we should cut back the hours they are allowed to train. I think it would be better to have the 12 hours unrestricted option for spring mentioned above because consistency in training is important to both athletic and academic success. Our team consistently achieves higher in season GPA's and I believe it is related to having a consistent rhythm to their schedule throughout the semester.
113	I appreciate the Life in the Balance initiative. I just want to make sure that the Presidents realize that we do currently try to find a balance between academics and athletics. Part of why students choose us is because they can play at a very high level while getting the degree they want. If we continue to cut the athletic opportunities we will be less attractive to the quality student athlete. We play a full slate of games, train as often as allowed, travel, fundraise, volunteer in the community etc... All our girls are involved in on-campus organizations, they have jobs, a social life and we continue to have a high team GPA and graduate our players. We are doing things the right way. I just want to make sure they understand that and don't make changes because they feel we are not following the ideals of NCAA DII. Players want to play. They want this experience and we are giving it to them while we they work hard to graduate. We need to follow the initiative but let's make sure we don't go overboard.
114	18 competition dates in the fall is fine when dealing with conference tournament finals and the NCAA Tournament. Pushing the Final Four back a week puts more academic pressure on teams reaching the final four because of final exams. Spring Semester: Begin the second week of classes with practice and 4 contests within 60 days. Student Athletes want to be able to play with a soccer ball consistently a couple times of week to improve. This allows balance with their sport. We have most of our players either working on campus or at a part time job in the spring and they still are involved in many aspects of campus activities and organizations. They do very well in the classroom. Their largest complaint to me is not being able to train as a team with the soccer ball a couple times of week for a 2 hour session until we start the Spring Season upon return from Spring break. These athletes love their sport and want to be able to play and improve consistently. They are well organized and achieve at the highest level in the classroom. The numerous players I have coached over 14 years have communicated to me that they feel a great balance between academics, school activities and soccer in the fall. In the spring they feel they are too restricted in not being able to train with the ball as a team throughout the winter. I think 4 games in the spring is fair. However, the players want a real spring season with at least three games. They work very hard in their training and they want to play. We play schools within 90 minutes so there is little cost for us in the spring season. Additionally, once every four years I have taken my team to Europe. This trip is a life altering experience for most of the players. It is one of the best academic and life opportunities they

	experience outside of the game in our program. I have had a number of girls then go on to study abroad before they graduate. It would be a terrible choice to change the current legislation on Foreign Tours for D-II Women's Soccer. I will be taking my 3rd foreign tour this summer in my program. I would be happy to speak further with anyone about my comments above. Thanks Laurie Darling Gutheil
115	I think we should return to the old format of 20 games as it allows for a balanced schedule and ability to play different schools each year. Our Spring schedule should remain the same although a larger window for training days with 5 play dates would seem to make sense. This would allow a great training environment, but still allow teams to play 5-10 games each spring. This wouldn't overwhelm the student-athlete, and also isn't a crammed schedule where your trying to do everything within 6-7 weeks.
116	I would like to keep everything the same as the 2009-2010 academic year. 20 games and start time back to where we had it allows time for our programs to train in preseason so we are prepared for our first game. Our student-athletes have a balanced life with academics and athletics. Our team has a 3.51 GPA this fall soccer season and athletics is a huge part of their college experience. - Dave Musso Quincy University Women's Soccer Head Coach

Phase II

Life in the Balance

Softball Proposal

February 2010

TO: NCAA Division II Championships and Legislation Committees.

SUBJECT: Softball Non-championship Segment.

I am writing on behalf of the National Fastpitch Coaches Association regarding the Division II softball playing and practice season.

The NFCA supports the elimination of the “tournament exception” as specified in Proposal No. 2010-6. We also recommend that an additional four dates of competition in the non-championship fall segment be added; teams would be limited to ground transportation, unless the nearest Division II opponent was outside of a 250-mile radius (e.g., Hawaii schools). This addition is overwhelmingly supported by the NFCA membership and Division II Head Coaches Committee.

Since softball is an outdoor spring sport playing a large part of its season in the winter, the fall season is vital, especially for schools in cold-weather climates. The following questions and answers explain the rationale for the NFCA’s position.

1. *Why are fall games in softball so important?*

Fall, which is the non-championship segment for softball, has some of the best weather for an outdoor sport. Because of geographic inequities, fall competition is needed to counter the impact of shorter spring seasons on schools located in cold-weather climates.

Softball is a unique sport in large part because it is a “spring” outdoor sport that begins practice and competition in the winter. Yet, more than one-half of the Division II schools are unable to conduct softball practices or competition outdoors until around March 1. Institutions that are located in cold-weather climates thus need an extended period in the fall to practice and compete outdoors because the weather is generally better in the fall than during the beginning of the championship segment, and they tend to lose practice and competition opportunities in the spring. Elimination of the tournament exemption and then also counting the non-championship season games would increase the existing geographic inequities because it would benefit those schools in the warmer climates that can more easily conduct practices and home competitions early in the championship segment.

Fall contests allow teams to receive reinforcement regarding their progress from fall practices in a more relaxed game-setting environment than during the championship segment, and promotes student-athlete welfare. Based on comments and reactions from the softball student-athletes, NFCA coaches believe that student-athletes prefer playing to practicing and that eliminating the desired fall competition may make the sport less enjoyable for the student-athletes. Since walk-on players are common in Division II, the fall contests also give coaches an opportunity to evaluate walk-ons in game situations.

2. *If the NFCA supports elimination of the tournament exemption, why shouldn’t the fall contests be included as part of the 56-game limit?*

Since most institutions play four to five regular-season tournaments during the championship segment, with an average of two games a day during the three-day tournament format, elimination of the tournament exemption will result in an average of 12 to 15 games that now must be counted in the 56-game limit.

The NFCA supports the elimination of the “tournament exception” since counting each contest in the championship segment toward the limit of 56 provides an accurate and equitable way of documenting the number of regular season contests and avoiding the fluctuations that currently exist (e.g., 40 versus 80 contests played due to the variances in numbers and lengths of championship segment

tournaments).

The NFCA asks that institutions be allowed to play a maximum four dates of competition in the non-championship segment that would not count in the 56-game limitation. If the fall contests, which are not counted in a team's official record, had to be included in the 56-game limitation, softball would be back to its original problem of wide fluctuations of number of games in the championship segment. Cold-weather climate teams would still need to play more contests in the fall when they can play outside, while warm-weather climate schools would save all their games for the championship segment. This discrepancy causes problems for the NCAA Division II Softball Committee when evaluating teams for championship play, as well as for committees trying to evaluate student-athlete performance for postseason honors.

3. *If baseball has a limit of games that includes both the fall and the spring, why shouldn't softball?*

Although there are similarities between baseball and softball, the two sports are different in many ways. One major difference is in the number of innings played. Division II baseball games generally are nine innings (except occasional doubleheaders of seven innings), while softball contests last seven innings and in many instances less if the eight-run rule is implemented. Thus, using 50 games for baseball and 56 for softball, as outlined in the "life in the balance" legislation, baseball plays 450 innings, while softball plays 392. That difference translates to approximately 8 additional softball games if the sport were to use all of baseball's innings.

In addition, softball generally plays doubleheaders, thus reducing travel. Softball players generally miss less class time as well, since warm-up takes less time and one game generally is less than two hours, while baseball games last around three hours.

In addition, many baseball teams do not play fall games with outside competition, but they may have intrasquad scrimmage games in the fall. Since baseball teams may have rosters as large as 45 players, intrasquad scrimmages may be more helpful than outside competition in evaluating team talent. Softball rosters, on the other hand, have 15 to 18 players on average, which also demonstrates why fall contests against outside competition are so important in the non-championship segment.

In closing, we ask you to support the addition of four dates of competition in the non-championship season, with schools limited to ground transportation (unless the nearest Division II competition is outside a 250-mile radius). Division I schools are permitted to play eight contests in the nontraditional season for the same reasons.

Thank you for your consideration of this issue that is critical to the sport of softball. Please let us know if we can provide additional information.

LACY LEE BAKER
NFCA Executive Director

DIVISION II LEGISLATIVE ISSUES REQUEST FORM

To submit legislative proposals, please complete this form and email to Kevin Blaskowski, chair kblaskowski@wtamu.edu (West Texas A&M University). To submit proposals, one conference and one other Division II coach from different conference must endorse.

Intent: To eliminate the tournament exemption (Bylaw 17.21.7.1.1) in scheduling for D-II softball. 56 games or scrimmages in the traditional spring season would be counted as 56 contests. In addition, teams would be allowed to schedule four (4) playing dates during their non-championship fall season. No more than two (2) contests may be played on a non-championship date.

NCAA Constitution/Bylaw: 17.21.7.1.1 Page(s) 220

Proposed Effective Date: 2010-2011

Rationale:

- The elimination of the tournament exception (Bylaw 17.21.7.1.1) will standardize 56 games as the maximum number of contests an institution can play.
- The softball coaches want more uniformity in the maximum number of contests. Currently, the number of games Division II institutions play range from approximately 40 to 70, which makes comparison of teams for championship play very difficult.
- Generate cost savings at many institutions, and
- Make it easier to compare student-athletes' accomplishments for postseason honors.

Proposed by Division II Coach: Kevin Blaskowski

School: West Texas A&M Univ. Conference: Lone Star

Phone: 806-651-4425 Email: kblaskowski@wtamu.edu

Also endorsed by:

Division II Coach: Kris Mort

School: Mesa State Conference: RMAC

Division II Head Coach Caucus List:**CONFERENCE**

California Collegiate Athletic Association
Central Atlantic Collegiate Conference
Central Intercollegiate Athletic Association
Conference Carolinas
East Coast Conference
Great Lakes Intercollegiate Athletic Conference
Great Lakes Valley Conference
Great Northwest Athletic Conference
Gulf South Conference
Heartland Conference
Independents
Lone Star Conference
Mid-America Intercollegiate Athletics Association
Northeast-10 Conference
Northern Sun Intercollegiate Conference
Pacific West Conference
Peach Belt Athletic Conference
Pennsylvania State Athletic Conference
Rocky Mountain Athletic Conference
South Atlantic Conference
Southern Intercollegiate Athletic Conference
Sunshine State Conference
West Virginia Intercollegiate Athletic Conference

REPRESENTATIVE

Patti Gerckens
Dean Johnson
Miguel Justiniano
Jimmy Martin
Steve Christianson
Everett Roper
Sue Kunkle
Pam Knox
Les Stuedeman
Scott Libby

Beth Watson
Susan Anderson

Shawn Semler
Gwen Kagaoan
Melissa Mullins
Edith Gallagher
Holly Carnes
Michelle Caddigan

Lesa Bonee
Brian Howard

SCHOOL

UC San Diego
Caldwell College
Fayetteville State
Limestone College
NYIT
Saginaw Valley State University
University of Southern Indiana
Western Oregon University
Alabama Huntsville
Texas A&M International

Cameron University
University of Central Missouri

Southwest Minnesota State University
University of Hawaii Hilo
Augusta State University
Mansfield University
University of Nebraska-Kearney
Wingate University

Nova Southeastern University
Ohio Valley University

ADDITIONAL NON-VOTING MEMBERS

Chair
Director of Media Relations

Kevin Blaskowski
Parker Griffith

West Texas A&M University
NFCA

**The Division II Head Coaches Caucus is made up of a representative from each NCAA Division II conference and the independent institutions. Kevin Blaskowski is the chair. It is their responsibility to discuss and develop legislative proposals and have each conference representative take the proposal back to their conference for approval. Once a proposal receives approval, it is then brought back to the Head Coach Caucus and each member is asked to cast their conference's vote on the proposal.

The proposal above was voted unanimously for by the Head Coaches Caucus, 20-0.

The NCAA Division II Softball Committee is in support of these documents.

May 2010 WBCA Division II Legislative Concepts

Survey Results

The Women's Basketball Coaches Association (WBCA) conducted a survey in order to provide feedback from our membership to the NCAA on important legislative concepts in discussion. The survey was sent to all WBCA member DII Head Coaches (224). We had a 79% response rate. The following are the results from the survey:

Annual or Discretionary Exemptions

Of the following two concepts, which do you support concerning Annual and Discretionary Exemptions?

	Support	Don't Support	N/A
No Changes to the current legislation.	61.8%	9.4%	5.3%
Maintain conference championship; independents championship; and season-ending tournament as annual exemptions. Move the remaining annual exemptions (e.g., alumni game, fundraising activity) to the list of discretionary exemptions. Increase the number of discretionary exemptions from three to four, and give institutions the choice of how to use those exemptions.	47.6%	8.2%	3.5%
Other	6.5%	1.8%	10.6%

20/8 Hour Rule

Concepts regarding the 20/8 hour rule are geared to skill instruction outside the playing season and the start date for winter sports.

One concept or a combination of the concepts below may be considered.

Concept 1: Clarify what does and does not constitute a countable athletically related activity by creating a figure/chart that will be included in the NCAA Division II Manual.

73.8% Supported

23.2% Didn't Support

3% N/A

Concept 2A: Skill Instruction outside of the playing seasons - sports other than football.

No changes to the current legislation.

42.7% Supported

45.1% Didn't Support

12.2% N/A

Concept 2B: Skill Instruction outside of the playing season – Basketball Only.

	Support	Don't Support	N/A
Permit full team practice outside of the season for no more than two hours per week from the first permissible date of preseason conditioning through the first permissible date of on-court practice; AND/OR	85.4%	12.8%	.6%
Require skill instruction outside of the season for no more than two hours per week after the Division II basketball championship to one week prior to the beginning of the institution's final examination period at the conclusion of the academic year.	67.7%	17.7%	1.2%

Concept 2C: Sports Other than football (including basketball)

Permit full team activities (e.g., skill instruction or practice) outside of the season for no more than two hours per week; AND Remaining six hours per week outside of the season are limited to participation in weight training and conditioning.

79.3% Supported

18.3% Don't Support

2.4% N/A

Concept 3: Amend the start date for winter sports, including basketball (current rule = September 7 or the first day of classes, whichever occurs first; basketball = first day of classes).

	Support	Don't Support	N/A
September 7 or the fourth day of classes, whichever is earlier.	56.7%	31.1%	3.7%
September 15.	13.4%	54.3%	3.0%
September 15 or the first day of classes, whichever is later.	12.2%	57.3%	3.0%
Reduce the length of playing season by one week (seven days).	10.4%	59.1%	3.0%

Recruiting Calendar

Which of the following options do you SUPPORT regarding the Dead Period surrounding the Final Four?

	% of Support
Keep the current rule, which allows coaches to evaluate at all-star games in the state their institution is located during the dead period surrounding the Final Four.	33.3%
Strictly a Dead Period and not allowed to evaluate at all during this time.	43.8%
Remove the Dead Period surrounding the Final Four from the Recruiting Calendar; Make Contact/Evaluation Period.	22.8%

If no changes to the current rule were made or the dead period was removed and made a contact/evaluation period, which would you be more inclined to do?

	Response %
Continue to attend the WBCA National Convention.	50.6%
Attend state high school all-star games in the state where my institution is located, instead of the WBCA National Convention.	21.0%
Attend state high school all-star games in the state where my institution is located, I never or rarely attend the WBCA National Convention.	21.6%
Rest.	6.8%

Additional Legislative Concept

The following legislative concept has been brought to the WBCA's attention and in order to know what steps to take, we first need to know how our membership feels. Discussions have been taking place regarding the spring evaluation period and how coaches are out recruiting every weekend. It has been suggested that restrictions be added to help improve the work/life balance for DII women's basketball coaches. The concepts being asked concern Bylaw 30.11.2(i), below. Membership feedback will tell us if we need to move forward with this concept or not.

Bylaw 30.11.2(i) - During four sanctioned Amateur Athletic Union women's events occurring between May 18 and June 14 selected at the discretion of the institution and designated in writing in the office of the director of athletics: Evaluation Period

Based on Bylaw 30.11.2(i), which of the following scenarios do you support?

	% of Support
Stay as currently stated - 4 sanctioned AAU women's events	54.9%
Reduce the number of sanctioned AAU women's events during the specified time period from 4 to 3	9.9%
Reduce the number of sanctioned AAU women's events during the specified time period from 4 to 2	24.7%
Reduce the number of sanctioned AAU women's events during the specified time period from 4 to 1	4.3%
Reduce the number of sanctioned AAU women's events during the specified time period from 4 to 0	12.3%

This email contains pictures. To view, [choose this link ...](#)



American Volleyball Coaches Association
Position Paper, March 2010
DIVISION II WOMEN'S VOLLEYBALL:
A MODEL OF LIVES IN BALANCE

In response to the request from the Division II President's Council for input on Phase II Life in the Balance initiatives, the American Volleyball Coaches Association (AVCA) conducted a survey of our membership that produced the results that are noted below. Over 80 % of the DII AVCA membership answered the survey. Seventy-five per cent (75%) of DII coaches are members of the AVCA.

The overall purpose of the Life in the Balance initiative is to align the *practices* of Division II with the *principles* of Division II thereby creating a unique choice for student-athletes. In Phase I, the volleyball season was cut by two matches and pre-season training for women's volleyball was reduced by one week. These cuts were painful to volleyball coaches and student-athletes as there was no evidence that volleyball student-athletes were struggling with balance either in their academic or athletic pursuits.

The stated goals of Phase II are to explore further reductions in exempted events, training time and nonchampionship segment competitions. There is considerable anxiety among volleyball coaches that further unilateral reductions in opportunities to either train or compete will significantly impact the quality of volleyball player who is choosing Division II. If the DII mission is to provide an intercollegiate experience where student-athletes can pursue both academic and athletic excellence, then the survey results affirm that in women's volleyball those goals are largely being met:

- Under 10% of programs are using more than one (1) of the allowable annual exemptions under Bylaw 17.25.2.7.3 and only 17.4% are using all three of their discretionary exemptions under Bylaw 17.25.2.7.3, and the latter is mostly institutions in remote locations or in areas where none-DII opponents are close by. In DII volleyball there is no abuse of annual exemptions and clear evidence that reducing discretionary exemptions may be more costly.
- During the 8-hour individual instruction portion of the non-championship segment, 93.5% of teams are using between six (6) and eight(8) hours of training. This is cherished time for both student-athletes and coaches and most would prefer more time be available within the eight hour limit for individual instruction.
- DII coaches are not abusing the 20 hours allotted for team training during the nonchampionship segment, in fact, 71% use between 14 and 19 hours.
- None of the training practices are causing difficulties as 87.8% of DII volleyball student-athletes hold a grade point average over 3.0 during the nonchampionship season, a time when they generally take a heavier load and/or harder classes. This compares favorably with the 88.5% who have above a 3.0 GPA during the championship segment.
- While the DII SAAC supported the Phase I cuts, student-athletes overwhelmingly oppose a further reduction in competitive opportunities. It should be noted here that with a starting rotation of 8 or 9, and an average squad of

14.5, inter-squad scrimmaging is impossible for women's volleyball teams during the non championship season. The only substitute for intercollegiate competition in the spring would be to follow the lead of women's basketball and develop a squad of male practice players.

From a training perspective and from an academic perspective the lives of DII female volleyball players are currently remarkably in synch with the DII vision.

While the Phase I reductions in pre-season training and fall competition dates were extremely unpopular with AVCA membership, most understood that the motivation was primarily financial. Should the tacit goal of Phase II be further cost reductions, our data showed that spring season reductions will produce negligible savings:

- 80% of volleyball teams use no overnights during the non-championship segment
- 87% spend less than \$500 on travel
- 33% raise all the money spent on travel during that segment of the year.

Four out of five coaches surveyed felt that further reductions of opportunities to either train or compete would negatively impact DII volleyball. Today's players have been training and competing in high school and club volleyball nine months a year since they were twelve years old. Those that choose to continue playing in college love the sport and are strongly motivated to improve their skills. Making volleyball a one-semester sport takes away the uniqueness of the DII experience. The better players will choose DI, those in the middle will choose the NAIA, and the more academically gifted will choose DIII.

Further, while not discussed specifically in the survey, a reduction in opportunity during the spring season will give a tremendous advantage in recruiting to DII institutions that add Sand Volleyball teams. Their student-athletes would be able to work on fundamental skills all year long. This advantage is largely mitigated when indoor teams are given the opportunity to improve court-specific skills during the spring semester.

Given that all spring training and competition occurs during the academic year, that there are minuscule expenses associated with the competitions and that there are no abuses of either annual or discretionary exemptions, further reductions cannot be justified with either "balance" or financial rational.

In closing, Division II volleyball coaches are requesting consideration of two adjustments to the playing and practice season:

- As mentioned before, three of four coaches want to increase the number of hours that can be allocated to individual instruction within the 8-hour non-championship segment with four (4) hours, or half of the time, being the most popular choice. Both coaches and strength-training professionals will attest to the value of specificity in activity, and, again, these are student-athletes that are highly motivated to become better volleyball players and they prefer the individual attention to group strength-training activities.
- Two-thirds of coaches ask that consideration be given to extending the championship season in the fall by one week. Adding the week during the academic year eliminates the costs of bringing the team to campus early and, from an equity perspective, would align the women's volleyball season with the football season. It is our understanding that the number of football competitions was not reduced because football agreed to extend their season on the back end. Had volleyball known this option was available for preserving competitions, our coaches would have chosen this route also.

The AVCA submitted a position paper in October of 2009 showing the significantly different gender impacts of the Phase I cuts and the Phase II proposals. By academic and athletics measures, DII volleyball-playing student-athletes are managing their responsibilities in exemplary fashion. Further cuts will not save money and will only damage Division II.

Keep DII Volleyball a vibrant choice!

-AVCA-



This email was sent to you by AVCA, Volleyball. If you wish to unsubscribe, please follow this [link](#).

To be distributed at the meeting.

**NCAA Division II Life in the Balance – Phase II
Feedback Since November 2009**

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
Presidents Council/ Management Council/ Student-Athlete Advisory Committee Breakfast – January 14, 2010			<ul style="list-style-type: none"> - Review research regarding student-athlete academic performance during the championship and nonchampionship segments (e.g., grade-point average, number of courses). 	<ul style="list-style-type: none"> - Starting date for winter sports needs to be reviewed; reduce amount of time for the championship segment. - Reduce the amount of activities outside the season for winter sports.
Management Council/ Presidents Council Meeting – January 14, 2010	<ul style="list-style-type: none"> - Concern with becoming like Division III. - Develop a comparison chart of Division II and Division III maximum contests and dates of competition. 	<ul style="list-style-type: none"> - Need to educate, by sport, what the exemptions mean. 	<ul style="list-style-type: none"> - Need to be consistent with Division II language (nonchampionship versus nontraditional). - Development of a fact sheet regarding the academic performance of student-athletes during the championship and nonchampionship segment would be helpful. 	<ul style="list-style-type: none"> - Need to address length of season for winter sports. - Discuss impact of the 20/8-hour rule on multi-sport student-athletes. - Why does skill instruction start on the first day of classes in some sports? - Identify and review any information regarding the impact of the length of the season and student-athlete safety (e.g., Injury Surveillance System?)

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
Field Hockey Committee – January 20, 2010	<ul style="list-style-type: none"> - Look at impact on recruiting. 	<ul style="list-style-type: none"> - Maintain all exemptions. 	<ul style="list-style-type: none"> - Skill instruction is important – need to increase time. - As a compromise, willing to cut or reduce other activities in the nonchampionship segment. 	<ul style="list-style-type: none"> - Education necessary for counting 20/8-hour rule. - Address captain's practices.
Championships Committee – February 2, 2010	<ul style="list-style-type: none"> - Comparison of the maximum contests/dates of competition with Division III. - Football: Issue with schools that play guarantee games. - Concept for football: Limit the number of Thursday night games to one contest per championship segment. - Thursday night television package with Division II football. 	<ul style="list-style-type: none"> - Foreign tour should remain – positive experience and part of education for student-athletes. - What's the value of the conference challenge event in basketball? - Too many exemptions in the preseason. - Coaches need an opportunity to decide how to count scrimmages, exemptions and contests. This may impact smaller conferences with in-region, nonconference 	<ul style="list-style-type: none"> - Address start dates for winter sports. - Reduce 45-day period. - Segment is too long. - Apply Proposal No. 2010-13 to all sports. - Education needed on counting hours in the 24/45 days. - Return to 132-day season and let schools determine segments. - 24 days of activities only; no other activities could occur during the other days of the 45 day period (e.g., skill 	<ul style="list-style-type: none"> - Need to address the appropriate number of student-athletes per group to help coaches with LITB. - Reduce to six hours per week outside the season. Change rule to permit one or two team practices per week outside the season for a maximum of two hours. Other four-hours limited to weight lifting only.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
		<p>scheduling.</p> <ul style="list-style-type: none"> - May then need to address selection criteria. <p>Concept: Bonus or penalty for in-region, non-conference games.</p> <p>(Incentive – School can use exemption and not count it if it’s an in-region, non-conference contest.)</p>	<p>instruction). Is this easier for compliance? Help for Northern schools? Address recruiting issues for coaches?</p> <ul style="list-style-type: none"> - Soccer might compromise with a reduction of exemptions but will want to maintain five dates of competition. 	
Men’s and Women’s Soccer Committee – February 2, 2010	<ul style="list-style-type: none"> - Want to bring back concepts to address reductions in Phase I. 	<ul style="list-style-type: none"> - Conferences need to be involved in how the process will work. - Scheduling concerns. - Refine exemptions with balancing number of contests. - If there is going to be a 	<ul style="list-style-type: none"> - Development opportunity. - Increase to a 60-day window; more flexibility for coaches and addresses weather issues. - Provides student-athletes 	<ul style="list-style-type: none"> - Manual should include laundry list of countable athletically related activities for counting purposes. - LITB for coaches is necessary. - Difficult schedule for

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
		reduction or elimination of exemptions, flexibility or choice is key. - Exemptions help schools that need contests.	an opportunity to compete for positions in the championship segment. - Would changes impact the tryout rule? - Five dates of competition need to remain unchanged; student-athletes want to play; retention issues.	coaches under current skill instruction legislation.
Women's Volleyball Committee – February 2, 2010	- Are the actions from the 2010 Convention reversible?	- Need to collect data. - Data may be inaccurate because the institutions did not need the exemptions in the past. - Changes may impact budget or fundraising issues. - Conference input is necessary. - Provide flexibility to institutions. - Geography will play a factor in how changes	- Education needed on how to count hours during the 24/45-day period. - Education needed on permissible activities during the 45-day period outside of the 24 practice or competition days.	- Education needed on how to count hours during the championship segment. - Allow practice during skill instruction. - Help coaches with balance. - Provide flexibility to coaches by allowing full team practice. - Need to address “captain’s” practices.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
		might impact institutions. - Reductions/changes may not help if the sport does not get back the week lost in Phase I.		
Football Committee – February 9, 2010	- Not supportive of limiting the number of Thursday night games. (TV revenue generating; community engagement; largest attendance)			- Need to address “captain’s” practices.
Men’s Basketball Committee – February 10, 2010		- Look at the revenue generated from preseason games. - Final year of the contract with Disney Orlando and the Tip- Off Classic. - Combine the conference challenge event and Tip-Off Classic exemptions? - Student-athlete well-being	- Sport-by-sport review. - Inconsistency with games or dates of competition. - Baseball and softball needs dates of competition in the fall nonchampionship segment. - No competition in the nonchampionship	- Educational outreach needed in regard to counting countable athletically related and voluntary activities. - May need to address start date for practice since the first contest date was amended. - Supportive of full team practice instead of skill

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
		<p>issues – if not playing in a scrimmage or exhibition, he will be practicing.</p> <ul style="list-style-type: none"> - Maintain the opportunity to play against Division I opponents in the preseason. 	<p>segment.</p> <ul style="list-style-type: none"> - Eliminate overnight travel. 	<p>instruction.</p> <ul style="list-style-type: none"> - Cut out of season hours from eight to four and allow full team practice. - Maintain skill instruction but allow one hour of full team practice each week. - Statistical and compliance issues if the current method of counting contests is amended. - Shorten the length of the season for winter sports. - Focus on coaches' well being.
Softball Committee – February 22, 2010		<ul style="list-style-type: none"> - Share results from the questionnaire. - Data from questionnaire may be skewed because the tournament dates exception will become effective next season. More teams will likely 	<ul style="list-style-type: none"> - National Fastpitch Coaches Association submitted a concept (see attached). - Need to address weather concerns if the start date of the nonchampionship segment is amended to a 	<ul style="list-style-type: none"> - Need to better educate FAR group of concerns of coaches with current model of skill instruction. - Allow coaches to select choice of how to use the two hours of skill instruction (e.g., one hour

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
		<p>need and use exemptions.</p> <ul style="list-style-type: none"> - Alumni contest should be retained; benefits community engagement. - Regionalization challenges with concept that provides flexibility to institutions and conferences. 	<p>later date.</p> <ul style="list-style-type: none"> - Current start date of the nonchampionship segment allows regions to choose a 45-day period that works for the region. - Pushing back the start date of the nonchampionship segment helps with facility management. 	<p>skill instruction and one hour full team practice).</p>
Baseball Committee – February 23, 2010	<ul style="list-style-type: none"> - Data may be skewed because it does not factor the different levels of commitment by institutions to each sport. - If reduction to football maximums, conferences may need to split into divisions. 	<ul style="list-style-type: none"> - Alumni event is important to campus life. - Baseball might have been willing to eliminate all exemptions to save the six contests. - Concept of flexibility – may be difficult to schedule postseason opportunities if the exemption for conference tournament is eliminated. - Favor flexible model. 	<ul style="list-style-type: none"> - 45 day period is appropriate for baseball. - Favor a concept of allowing baseball student-athletes to participate in the nonchampionship segment without using a season of competition. - Approved the concept of six dates of competition in the nonchampionship segment that do not 	<ul style="list-style-type: none"> - Education of the 20/8-hour rule is necessary with student-athletes. - Changing skill instruction may cause monitoring issues. - Discussed a concept of allowing a total overall number of hours for student-athletes that combines countable and noncountable activities.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
			<p>count against the maximum of 50 games in the spring and they do not count towards championships selection, provided baseball is added to the exception in Bylaw 14.2.</p> <ul style="list-style-type: none"> - This concept may help with travel and weather issues. - Should there be mandatory start and end dates during this segment? - Revisit the 132-day season, which allows each institution to choose two distinct segments. 	
Men's Lacrosse Committee – March 17, 2010			<ul style="list-style-type: none"> - Concept: Add five dates of competition to the segment to mirror the women's lacrosse season. 	<ul style="list-style-type: none"> - Support a change to skill instruction that would allow a team or larger groups to participate with coaches.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
				<ul style="list-style-type: none"> - Change would help coaches manage time, give athletics trainers relief from covering so many practice sessions. - Concept: Look at the Division I model for activities outside the playing season.
Legislation Committee – March 18-19, 2010	<ul style="list-style-type: none"> - Support no changes to the maximum number of contests in football and the maximum dates of competition in tennis. 	<ul style="list-style-type: none"> - No changes. - Maintain the conference championship, independents championship, season-ending tournament and Alaska, Hawaii, Puerto Rico exemptions as annual exemptions; move the remainder to the list of discretionary exemptions; and increase the use of discretionary exemptions from three to four. - Specify that scrimmages 	<ul style="list-style-type: none"> - Maintain the current 24/45 day period, but eliminate countable athletically related activities on days outside of the 24 practice or competition days. - In baseball and softball, add four dates of competition and permit student-athletes to engage in such dates without using a season of competition (must be 	<ul style="list-style-type: none"> - Clarify what does and does not constitute a countable athletically related activity by creating a figure that will be included in the Manual (e.g., captain's practices). - Skill instruction. <ul style="list-style-type: none"> - No changes. - Permit a maximum of one hour per week of skill instruction and one hour of practice. - Permit a maximum of

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
		<p>must be played against an opponent that resides in the institution's geographic region for NCAA Division II championships.</p> <ul style="list-style-type: none"> - Eliminate the Disney Tip-Off Classic and the Conference Challenge Event and create a new CCA-sponsored event. 	<p>academically eligible).</p> <ul style="list-style-type: none"> - Amend the start date of the nonchampionship segment for spring sports. - Eliminate the nonchampionship segment and establish a 132-day or 144-day season, which may consist of two segments as determined by the institution or conference. 	<p>two hours per week of skill instruction during the first half of outside the playing season and a maximum of two hours per week of practice in the second half of outside the playing season.</p> <ul style="list-style-type: none"> - Permit a maximum of two hours of practice per week. - Amend the start date for winter sports to a later date.
Women's Lacrosse Committee – March 29, 2010			<ul style="list-style-type: none"> - Support increasing the number of practice or competition days to 30 because it will provide better balance for coaches. - Need to educate the membership on how to 	<ul style="list-style-type: none"> - Support preserving at least one hour of skill instruction while permitting full team activities.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
			<p>use hours during the nonchampionship segment.</p> <ul style="list-style-type: none"> - Support moving to a number of days for the length of the season because there will be a more consistent application of the rule and will be a better rule for institutions with weather issues. - Support moving the nonchampionship segment start date to a later date. Will alleviate facility issues/conflicts. - Concept: Start one week later. 	
Tennis Committee – April 1, 2010				<ul style="list-style-type: none"> - Support full team activities outside of the playing season.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
Management Council – April 12-13, 2010	<ul style="list-style-type: none"> - Support no changes to the maximum number of contests in football and the maximum dates of competition in tennis. 	<ul style="list-style-type: none"> - No changes. - Maintain the conference championship, independents championship, season-ending tournament and Alaska, Hawaii, Puerto Rico exemptions as annual exemptions; move the remainder to the list of discretionary exemptions; and increase the use of discretionary exemptions from three to four. 	<ul style="list-style-type: none"> - Baseball and softball. <ul style="list-style-type: none"> - No changes. - Add two dates of competition. - Add four dates of competition. - Permit student-athletes to engage in such dates without using a season of competition (must be academically eligible). Review for all sports that have a nonchampionship segment. - Amend the start date of the nonchampionship segment for spring sports. <ul style="list-style-type: none"> - No changes. - September 7 or the fourth day of classes, whichever is earlier. 	<ul style="list-style-type: none"> - Clarify what does and does not constitute a countable athletically related activity by creating a figure that will be included in the Manual (e.g., captain's practices). - Skill instruction. <ul style="list-style-type: none"> - No changes. - Basketball only: permit full team activities outside of the season for no more than two hours until October 15 and after the Division II basketball championship to one week before the beginning of the institution's final exam period, a student-athlete may participate in no more

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
				<p>than two hours per week of skill instruction.</p> <ul style="list-style-type: none"> - All sports other than football: permit full team activities for no more than two hours per week. - Amend the start date for winter sports. <ul style="list-style-type: none"> - September 7 or the fourth day of classes, whichever is earlier. - September 15. - September 15 or the first day of classes, whichever is later. - Reduce the length of the playing season by one week (seven days).
Wrestling Committee – April 15, 2010	<ul style="list-style-type: none"> - Why not reduce tennis based on the average number of dates? 	<ul style="list-style-type: none"> - No changes. - Need to provide data to the membership. 	<ul style="list-style-type: none"> - No support for adding dates of competition for baseball and softball 	<ul style="list-style-type: none"> - Favor adding a figure to the manual regarding countable and

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
	<ul style="list-style-type: none"> - What was the average number of dates of competition for tennis teams ranked in the top 10? - Process is hypocritical. 		<ul style="list-style-type: none"> - Favor the concept regarding the start date of the nonchampionship segment for spring sports on September 7 or the fourth day of classes, whichever is earlier. - What about team meetings (e.g., administrative meetings)? Could they be held prior to the start date? 	<p>noncountable athletically related activities.</p> <ul style="list-style-type: none"> - Support full team activities outside of the playing season. - Concept – consistent start date for wrestling; amend the legislation to start on October 10
Track and Field Committee – April 15, 2010			<ul style="list-style-type: none"> - Why are baseball and softball adding dates when the two sports received reductions in Phase I? - Support amending the start date of the nonchampionship segment in spring sports to September 7 because it gives more time for life in the balance. 	<ul style="list-style-type: none"> - Support full team activities outside of the playing season. - Support changing the start date for winter sports to September 7 or the fourth day of classes, whichever is earlier; OR a consistent start date of September 7 or September 15 (better for

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
				student-athletes).
Women's Basketball Committee – April 19, 2010		<ul style="list-style-type: none"> - Support changing to a combined list because institutions could choose to play in four exhibitions against non-Division II four-year institutions (fundraising opportunity). 	<ul style="list-style-type: none"> - Support adding dates of competition for baseball and softball because of consistency. - Support amending the start date for spring sports to September 7 or the fourth day of classes, whichever is earlier. - Concept: Consider changing the previous start date to September 7 or the fifth or seventh day of classes, whichever is earlier. 	<ul style="list-style-type: none"> - Support full team activities outside of the playing season. - Change would benefit coaches.
Swimming and Diving Committee – April 21, 2010		<ul style="list-style-type: none"> - Support changing to a combined list because institutions could choose the types of exemptions used each year. 	<ul style="list-style-type: none"> - No agreement on concept regarding baseball and softball: coaches will try to use this as a tryout; student-athletes are participating in the segment without knowing that they are 	<ul style="list-style-type: none"> - Favor adding a figure to the manual regarding countable and noncountable athletically related activities. - Support full team activities outside of the playing season: what is

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
			<p>charged a season of competition; concern that these are dates of competition rather than contests; adding dates of competition provides equity with other sports that have a nonchampionship segment.</p> <ul style="list-style-type: none"> - Favor no change to the start date of the segment for spring sports: four days is arbitrary; five days easier to justify because tied to a full week of classes; need to address weather concerns; fall is a better time to participate. - How would a change to start dates impact the alternate season in golf and tennis? 	<p>the position of student-athletes; skill instruction allows for individual improvement, but still like option of full team practice; change is easier to regulate and explain to coaches; begins to address work-life balance of coaches.</p> <ul style="list-style-type: none"> - Support changing the start date for winter sports to September 15: season is way too long; challenges with “keeping up with the Joneses”; need to address that this is a conditioning sport.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
Rowing Committee – April 27, 2010		<ul style="list-style-type: none"> - Most commonly used exemption is the alumni race and fundraising activities. - Anecdotally believe that most institutions that sponsor the sport do not use more than two exemptions per season. - Any change would not have a big impact on rowing. 	<ul style="list-style-type: none"> - No support for adding dates of competition for baseball and softball unless this was extended to all sports, including rowing. - Want the committees to discuss the missed class time provision for participation in dates of competition because many of the regattas take place during this segment and are in remote areas. Current legislation makes it difficult for teams to participate. 	
Presidents Council – April 29, 2010	<ul style="list-style-type: none"> - Further review of the decision by Legislation Committee and Management Council to not reduce contests or dates of 	<ul style="list-style-type: none"> - Does the data correlate to an institution's success in championships? - Support no change with a continued review of data on the use of exemptions after a year of with the 	<ul style="list-style-type: none"> - Why not reduce the current dates of competition in the nonchampionship segment based on the average use outlined in the data? 	<ul style="list-style-type: none"> - Ran out of time to review this area.

	Additional Reductions	Annual/Discretionary Exemptions	Nonchampionship Segment	20/8-Hour Rule; Skill Instruction and Counting Contests
	competition for emerging sports for women and National Collegiate Championship sports because no mention of balance in the rationale. - Tennis: what is the distribution of average number of dates of competition on the high end and regional location of institutions?	reductions being in place from Phase I.	- Ran out of time to review this area.	
Men's and Women's Golf Committee TBD				

Other Areas of Note:

1. Establish measures of success after Phase I. Assistance needed from research staff.
2. Research-based initiative.
3. Review is good for the division but it does not necessarily mean change.
4. Need to track and enhance changes made in Phase I.
5. The concept of balance means different things to different people.
6. Emphasize the impact these changes will have on student life as a whole.
7. Division II is still rather young and in the development stage of enhancing the division by creating new legislative norms.
8. Make sure all outside constituents are focusing on the issues in Phase II from day one of the review.
8. Focus on the student-athlete experience.
9. Student-Athlete Advisory Committee (SAAC) members need to begin discussions immediately with conferences and institutions (e.g., resources available to student-athletes; what we learned from Phase I).
10. Provide more information to national SAAC members.
11. Send information out earlier to campuses.
12. What is the best way to reach out to coaches?

13. One-sided position on ncaa.org – communication gap.
14. Phase II is more important than changes in Phase I.
15. Championships Committee agreed that there would be no changes to the selection criteria for the 10 sports that were reduced in Phase I. There has been no feedback from the championship managers or sports committees regarding this issue.
16. Need to focus on outreach to the sports committees in Phase II.
17. Focus on grassroots outreach to coaches associations – need to filter information directly to head coaches.
18. More student-athlete feedback needed on Phase II.
19. Encourage administrators at institutions to talk to student-athletes about the discussions in Phase II.
20. Balanced approach in presenting information to the membership in Phase II.
21. Need to share the data used by governance committees in developing the proposals.
22. Do student-athletes have the necessary information to make an informed decision?
23. Faculty athletics representative (FAR) assistance needed on missed class time issues.
24. Review data regarding participation of non-student-athletes in activities on campus (e.g., NSSE data).
25. Provide flexibility in proposals.

Summary of Comments
LifeintheBalance@ncaa.org

In an effort to serve the membership, an e-mail box was established and the membership was given an opportunity to submit feedback regarding Phase II of the Life in the Balance initiative. The inbox was created after concerns that Phase I of the initiative was not vetted properly and not enough constituencies were given the opportunity to comment.

The feedback regarding Phase II centered on two main topics: (1) the nonchampionship segment; and (2) the 20/8-hour rule. Most of the feedback received was in favor of maintaining the structure of the nonchampionship segment and most importantly, not eliminating the segment. It was noted that the nonchampionship segment is important for teambuilding and student-athlete development preparation for the following year's championships segment. Regarding the 20/8-hour rule, the comment centered on what is considered a countable activity.

Attached is all of the feedback received in the lifeinthebalance@ncaa.org e-mail box since it was established in fall 2009.

Feedback from LifetheBalance@ncaa.org

E-Mail No. 1:

I've spent time with our coaches and student-athletes on some of the issues that Phase II is likely to address. Our students overwhelmingly feel the non-championship segment is important for team-building and giving them goals to work on during the off-season. Volleyball, women's soccer, baseball and softball players all have strong preference to continue to allow scrimmages in the segment. It is I'm sure no shock to you that coaches want this as well.

I agree with our students in that scrimmages or exhibitions are important, can serve as a goal to work towards and certainly can help build team chemistry and prepare for the championship segment. I would not be opposed, however, to a modest reduction in the number that would be allowed. I am completely opposed to eliminating all non-championship segment competition. I think that would actually create more problems with morale and diminish the overall student-athlete experience in Division II. Competition is why these students play, and off-season competition is fun and challenging without the stress of the season. Students really, really enjoy these games, at least at [REDACTED].

On the 20/8 limitations, I guess I would need to see proposals before I could say one way or another. I personally believe we have a good balance right now and it seems to work. I would just as soon lift the individual limit and leave the decision up to the coaches in a sport whether an S-A or a team would benefit more from individual or team workouts. I'm probably in the minority on that one.

I also believe football could be cut to a 10 game schedule with no dramatic impact on the majority of the schools in Division II. However, at [REDACTED] I try to use that 11th game as a 6th home game to generate extra revenue. I'd prefer we stay at 11, but 10 isn't going to change the world. I don't think football players miss much class as it is, so cutting to a 10 game schedule would be a financial decision only. If the proposal comes up to limit football to 10 games, I'd make sure that it is not framed as a balance or an academic issue. It won't stand up in my opinion.

E-Mail No. 2:

I will try and keep this brief. I voted no on the first life in the balance legislation, not because I disagreed with it, but because I think athletic directors and CEO's of each institution need to stand up and be counted. We had already implemented all of these proposals at [REDACTED] when I became Athletic Director 10 years ago. A few years back, the NCAA went through deregulation and used the statement (and I am paraphrasing) "let's not legislate for only 10% of schools if 90% are doing correctly." Likewise, I felt that different regions and schools have different issues, and each institution needs to decide what is in their best interest for their student-athletes. I thought the schools in the West adequately explained why legislation concerning strict dates over the Christmas holidays were problem for them.

As for phase II, I think there are several issues to address. First, with the reduction in contests, I believe you will find more schools using exempted contests, so any data you collect for past years may not be valid. I know exempted contests are only allowed before first date of contest, but schools that scheduled their first regular season competitions against lesser opponents and only had 1 or 2 scrimmages, I believe will now schedule more exempted contests. I think a better solution is having a set number of contests, that include scrimmages during traditional season, and let schools decide how many scrimmages or actual contest they wish to play. This would also simplify the NCAA manual.

Second, I am a big supporter of doing away with the 8 hour rule outside of the playing season. Particularly as the rule stands now, you can be in season during one day of the week and out of season on another day of same week during your 45-day window. I am in favor of legislation that would give coaches a minimum of 50 days in a 70-day window in the non-championship season to work with their students. In addition, limit the hour activity to 15 hours for the week and this would include any countable activity. I would include in this legislation that practice could not start until after the second week of the semester and could not be conducted at least one week prior to end of semester. This proposal would actually give students more opportunity to interact in a variety of activities, plus it gives coaches the ability to decide what is important for their team to be doing (conditioning, skill work or tactics) and simplify the tracking of practice hours in the non-traditional season. As the rules are currently, each student's practice time (at most schools) change all the time during the non-traditional season. In addition, we do not tell a chemistry professor that he/she must spend "x" amount of time on a particular area, why do we mandate that coaches must only conduct skill instruction during the two hours of the eight that they are allowed. This proposal would allow for more consistent practice times, thus making it easier for scheduling of studies and outside interest for students.

E-Mail No. 3:

I would like to thank you for allowing us to make comments on the Balance in the Life initiatives. I would like to make a few general comments on the logic that is being used to create these policies.

The idea that reduced opportunities is a positive for the student athlete is submitting to the theory that today's youth do not want to be involved with extra curricular activities; or that being involved with these extra curricular activities is somehow detrimental to the welfare of the student athlete. I conducted my Master research (which I would be glad to make available to the NCAA) on the performance of student athletes academically and socially in the championship segment versus the non-traditional segment. A quick summary of the findings were that student athletes perform slightly better academically when they are in season versus during the off-season. The most interesting or should I say alarming finding is that student athletes in the non-

traditional segment were getting into trouble for negative social behaviors at nearly a 4-1 rate versus while they were competing in the championship segment.

The reason we have a marriage between education and athletics simply harkens back to the early education system in England Boarding Schools where they found that the teenage boys were getting into a lot of trouble, they found that by creating games and sports after school they noticed a reduction of incidents as the boys could work off a lot of the excess energy. We know today and boast in the NCAA that student athletes graduate at a higher rate than the non-student athletes. The marriage of sport and education is a productive and successful marriage.

Those that are responsible for making these decisions on reducing opportunities I hope they are also parents of children. I think every parent wants their child to be involved with extracurricular activities for many of the reasons I have stated above. The proposals on reducing the amount of contest, the non traditional opportunities, and scrimmages can only be considered a positive for those looking at the bottom line. These Balance in the Life proposals are only about budget, not the welfare of the student athlete.

Lets discuss the budget issues, which I believe are the driving force behind these initiatives. I work as a coach at a private NCAA Division II institution and I coach the sport of women's soccer. The first round of the Balance in the Life initiatives impacted minor sports the most. Major sports were minimally impacted or not at all in terms of reduction of contest. At our institution those two major sports have never maintained or boasted the highest grade point averages versus our minor sports, nor do those student athletes pay tuition and room and board cost to the extent of the minor sports, nor does any of our major sports boast of being a revenue sport for the institution. **Revenue is generated by private institutions by enrollment.** I am asked to carry a roster of 28 student athletes and have only 4 scholarships to recruit with. This revenue is what helps to make our sport a positive for the institution financially. I would think that this is the model which most private NCAA Division II institutions operate. Fielding athletic teams helps to drive the enrollment which in turn helps to bring in revenue for the institutions. There are likely no revenue producing sports at any NCAA Division II institutions, thus revenue is generated by those with the least amount scholarships and the largest full pay students. *Ironically these seem to be the sports that were hit the hardest by the Balance in the Life initiative.*

I hope that NCAA decision makers will look at what might happen if they reduce or take away opportunities from NCAA Division II student athletes. I am confident they will see "over time" reduced enrollment at Division II schools as more student athletes will look to go to NCAA Division I or NAIA schools where they can compete in more contest and through out the full academic year; as opposed to attending Division II institutions. This will ultimately result in smaller roster sizes and the impact will mean less revenue for especially private colleges. The state institutions that fully fund all sports and do not require specific roster sizes, may see these reductions of opportunities as cost savers for their schools and that it makes perfect fiscal sense to save money from their minor sports. Enrollment may not be the concern for some of those large state schools with enrollment of 20,000 plus students. NCAA Division II has institutions

that have only a few hundred students and schools that have 30,000 plus students thus the financial landscape is totally different. The Presidents and policy makers of those smaller private institutions will hopefully fully understand what they are voting for, as any reductions and limitations on opportunities for their student athletes may have a big negative impact on their long term revenue that is generated by enrollment.

I would hope that we have a thoughtful discussion of the difference's of each institution within Division II and truly make sound decisions **for all** recognizing that the private colleges are counting on their athletic teams to increase enrollment while larger state schools are less concerned with enrollment. If the larger state schools need to find a way to save monies and to solve budget issues, they should look first to the amount of athletic scholarships they are committing to those sports and consider either reducing the amount that they fund via athletic scholarships or request roster sizes to be increased. I know in the region we compete that there is a huge disparity on scholarships between state versus private institutions. Many of the large state schools in our region fully fund all their sports, while the private institutions compete in conferences that cap the amount of scholarship you can provide per sport, which is well short of the equivalencies that are permitted in NCAA Division II.

Lets not look at any further reduction of opportunities for NCAA Division II student athletes. Student athletes love the opportunity to compete in their sport, they benefit academically by being involved, they get is less trouble socially, and any reduction will only impact negatively the enrollment at NCAA Division II institutions. I want to thank you for the opportunity to express my opinions.

E-Mail No. 4:

Please consider DII Men's Ice Hockey where competitive equity issues exist in many many aspects of legislation. There are only 6 NCAA DII MIH programs (all in the Northeast-10 conference). All of these schools must play predominately DIII schools because of the small number of DII schools offering MIH. Shouldn't MIH be added to the list of sports that should not be reviewed because of the competitive equity issue?

There are other more pressing concerns about other aspects of DII legislation that govern DII MIH even though there is no championship in DII Hockey. Currently DII MIH teams are held to stricter recruiting rules than DIII....causing DII schools to submit many waivers as situation develop. Does in not make sense to do away with DII MIH legislation (since there is no championship), and require DII MIH to comply with DIII legislation?

E-Mail No. 5:

I have been fortunate to have been a part of intercollegiate athletics now for over 30 years. During that time I have also worked with a tremendous amount of student athletes who represented themselves and their individual institutions and the NCAA at the highest levels. I do believe that in sports that have contests that fall between 25-50 games a year that our student athletes do struggle with balancing all the aspects of being a student. At the same time those students involved in Cross Country or track and field, who are double or even sometimes triple counters end up training year around.

The real question for all of our student athletes is how much is too much? This is a question that should be answered in a sport by sport context. Our educational institutions have long celebrated diversity and inclusiveness for all types of students. Yet, I find the current trend is not to consider each sport on its own merits or demands that make them so different.

I have tried to get firm data from anyone within the NCAA, the AD's or even SAAC to help my student athletes involved in soccer to understand why their sport that only has 20 contests is reduced by the same percentage as a sport that has 55 contests. Soccer as a sport according to the NCAA latest study in relation to the ASR has the highest GPA and success rate of any team sport (81 % for the women and 64% for the men.) At the same time if you look at our overall calendar for the year, we still train, compete and interact with our athletes at an already lesser amount than most sports.

Soccer on per cost basis is one of the least expensive sports to sponsor, yet remains one of the most popular sports by participation. At the same time soccer on the women's side is one of the sports used most often to balance title IX in terms of gender equity.

Phase I challenges all of us to evaluate the process for gathering information. Our students are also athletes. They chose to come to our respective institutions to compete at the NCAA Division II level. They did not come to play intra murals or play on club teams. At the same time the success that all of our student athletes have had in the classroom and in being able to graduate in a timely manner is far greater than the regular student population. Given the lack of success of many students who are not athletes why would we want to take away from our student athletes present success.

Because of the changes brought on by bylaw 17 now the championship committee must address the criteria that is no longer valid for our sport and in essence has changed our abilities to compete in the post season. Competing and training is a major reason students want to participate in intercollegiate sports, now that too has become a challenge in a sport that has less post season berths than most other sports with more contests.

The SAAC chose to abstain from endorsing the fall reductions. If our SAAC committee as students did not endorse it fully then this area should of gone under review. I would encourage all of us who are involved to challenge the NCAA, our presidents, AD's and the SAAC to review

sport by sport what changes need to be made to allow our student athletes to continue to experience athletics and education in a positive way.

All of us care about our student athletes and our respective sports. I know how much coaches and athletes in other sports have to work to compete given their respective schedules. Soccer has always been a sport that is student friendly. Our success rate in terms of academic success and graduation rates is well documented.

Again, I challenge anyone to show me data or rationale that suggests our student athletes do not want to be just that and how that has hurt their success in relation to the normal student experience.

While I have only seen opinions that have been positive for the Life in Balance Initiatives it would be great to see an opinion that opposes the initiative's. I am sure though that this opinion along with the many others that must have been received will not be posted to see what support they might have.

E-Mail No. 6:

I have a lot of concerns dealing with the Life in the Balance. My biggest is that we keep taking away from the Student Athletes what keeps them excited and involved in school. Taking away from athletics which is one of the greatest learning experiences that a Student Athlete can have before entering the "Real World." Isn't college supposed to be the last thing that they do to get them ready. Right? Here are just a few things that help student athletes preparing for life that athletics teaches. Being on time for practices/schedule (real world= meetings) held to standard GPA course credits(real world= quotas meeting what is ask of you to keep your job, constantly learning about your business to stay ahead of competition), proper dress for practice/games/travel (real world=dress for success), attitude with teammates and coaches(Real world=dealing with co-workers and bosses from all over to achieve a common goal). Winning and losing (Real World= working under pressure to be successful, conflict resolution, if we lose how do we get better, If we win let's keep winning to stay on top). If we keep taking away from our athletes what do we think that they will be doing with the time that they have? Lets don't be naïve! Athletics is one of the best tools at a university to help the Student Athletes to be successful in life. Isn't that what we are here to do for them? You have already taken away what is most exciting for them with the games in the championship season lets don't keep hurting them with taking more things away that they look forward to. Thank you for your time and listening to us I really appreciate it.

E-Mail No. 7:

Thank you for allowing input on Phase II of Life in the Balance. First I would suggest that future requests for data be sent not only to Compliance Coordinators, but also to Athletic Directors. I think that would greatly improve the rate of return, as many times Compliance Coordinators are constantly supplying information to the NCAA, but also other campus divisions and academic studies that require a lot of extra time. Also, some Compliance Coordinators may not understand the importance of why certain decisions are made with regards to some of the data requested.

With regards to the importance of playing Division I basketball guarantee games, I believe many institutions utilize that revenue for Athletic Scholarships for Student-athletes and to reduce that opportunity would have a very negative impact on student-athletes receiving athletic aid. Second the opportunity to showcase your program with alumni and boosters, by playing Division I exhibition games can also increase fundraising opportunities by entertaining them at these events. I think the current reduction in number of regular season basketball games combined with up to 3 exhibition or scrimmage opportunities should remain as it is. If you want to give teams the option to play in Region Showcase Tournaments, featuring teams in two different conferences playing each other, then that should be included as part of the 3 exempted contests, exhibitions or scrimmages. Schools can then make the choice as to what best benefits their school.

With regards to the adding individual skill time in the off-season to compensate for reducing games, I don't see this as a positive for student-athletes. The main focus of our student-athletes is to play the games. I know coaches always want more time to practice with their student-athletes, and some student-athletes like it and some don't. but I've never heard a student-athlete complain about having too many games to play.

E-Mail No.8:

As a golf coach and compliance officer, I would strongly encourage you to consider the proposal I am bringing forward to you. As Division II is moving forward in aligning Bylaw 17 and its mission statement, I feel it is a good time to look closer at the golf playing season in Division II. I coach golf in the North region of the country where weather is a big concern for our season each year. The fall is the best weather for us to play in and the spring is really unpredictable. It can be very challenging for coaches to set up a schedule and on the student athletes as there are many last minutes changes to the schedule especially in the spring season. Currently Division II golf is split into a Championship segment and a Non Championship segment. It is structured similar to other sports. However, golf is unique in the fact that all competitions held during both segments are considered a part of the regular season schedule and are treated the same for regional selection purposes. In the other sports, they may play competition in the Non Championship segment but it doesn't count for regional selection purposes and there overall record for the year. Because golf uses both segments to get regular season competitions in, I am proposing to make it one playing season with a maximum day limit and allowing teams to split the days however they

want between the fall and spring season. Everyone would have the same amount of practice opportunities and competition opportunities but it allows flexibility in setting up your schedule depending on each institution's situation. This proposal would not add any days to the total season but just give more flexibility of when to use the days. The proposal could mirror the current Division I bylaw which is listed below.

Division I Bylaw for Golf

The length of an institution's playing season in golf shall be limited to a 144-day season, which may consist of two segments (each consisting of consecutive days) and which may exclude only required days off per Bylaw 17.1.6.4 and official vacation, holiday and final examination periods during which no practice or competition shall occur.

I am not concerned that the season needs to be 144 days but I like the day limit on the season and the flexibility to adjust your season according to your institution's situation. Looking at the practice opportunities for the current championship segment and non championship segment legislation, I believe it can be very unfair to our student athletes. The practice opportunities between the two segments have 80% during the championship segment and 20% during the non championship segment. Ideally you would want the percentages for practice opportunities and competition played to be similar to allow each student athlete to be prepared for competition. In our situation which is the case for many northern teams, we have to play about 50% of our competition in the fall just to meet the minimum required rounds each year since in the spring our season is really short because of weather. As it is currently, during our non championship segment the student athletes are competing more than practicing. If we play 50% of our competition in the non championship segment, which is a necessity for us, and take a practice round at the competition site, our student athletes are playing more competition days than practice days which I believe is unfair to our student athletes. I believe we can fix this problem without giving an advantage or disadvantage to any team regardless of the region they live in since each school can select when they want to play and have the same practice day opportunities. This proposal would also be a significant budget savings for the northern schools. We could play more competition locally which is cheaper than having to travel significant distances in the spring just to get practice and competitions in. In our situation, our home golf course has on average opened for the season in the middle of April each year. Our college golf season is done at the end of April. We are lucky to be able to practice outside at our home facility for 2 weeks during the spring season. Because of this, we have to travel many miles south just to practice and compete in the spring. My last point is that we can also avoid missed class time in my proposal. We play all of our tournaments in the fall on weekends so we don't miss classes. In the spring, we play half of our tournaments on weekends and half during the weekdays which our student athletes miss class. In addition, with the crazy spring weather we get tournaments get rescheduled last minute and typically more class time is missed and it affects our academic success of our student athletes. I understand that this is not the case for every region of the country, but by giving everyone flexibility would help all parties involved. Please consider this proposal as you look at the life in balance legislation. Feel free to contact me with any questions you may have. Thank you for your consideration.

E-Mail No. 9:

I have coached tennis at [REDACTED] for 44 years. Our teams have been to nationals 38 times. My players are scholar Athletes and all but 2 of my players have not graduated. I am also a full time math professor.

My players do better in the classroom during the championship segment, spring. They are also into non-tennis related activities on campus during both segments. Give me the opportunity to work with them for a maximum of 8 hours per week. 4-two hour sessions per week for the fall semester. Being with my kids allows me to teach

E-Mail No. 10:

Clarification is essential to having competitive divisions. Where I believe some schools count things such as 1) lifting, 2) captains practices, 3) individual skills coaching, 4) watching films in addition to team practices, I believe that some schools do not count most of these activities in their overall limits. For the student who is clearly there as a Student first and athlete second, this time requirement is almost impossible to meet and still be able to accomplish GPA's that are necessary to continue on to post graduate studies.

Please address this issue first and foremost.

E-Mail No. 11:

I just have a quick comment about the section that talks about the non-championship season. It talks about not allowing any athletic related (weight lifting and conditioning) outside the 45 days. I think this is a bad idea because I feel that it would lead to athlete's getting injured. There are 2 reasons they would end up getting injured. First off, they are still going to workout and lift on their own, therefore now they are doing this without supervision. Secondly, once the 45 days start they will be expected to be able to play games without really having trained for them. I think having less hours to weight train and condition is fine, but eliminating them will cause athlete's more harm then good. Let's face these are college-athlete's so they are still going to lift and run, but now they are going to do it without somebody making sure they are doing it CORRECTLY.

E-Mail No. 12:

My name is [REDACTED] and I'm the head women's soccer coach at [REDACTED].

First I want to thank you for the approach to Phase II of the Balance Effort. I feel like you have engaged all of the appropriate communities.

I have feedback on two items.

First, on the item regarding maintaining 24 dates during a 45 day period but precluding athletically related activities during the remaining 21 days.

I've actually tried this approach. And while I thought it was positive it actually did not received positive feedback from the players. This type of approach really requires trying to do everything in a very short period of time (weight training as well as practice) and it does not lend itself to taking our time and developing the players physically, athletically and mentally.

For example, we like to spend time in the spring doing leadership workshops or team building exercises. Imagine trying to fit that in with weight training and practice. It becomes very difficult.

One alternative might be to just require 3 days off per week (instead of the 2 currently required).

With regard to the 8 hours per week rule I feel very strongly that the 2 hours per week should be done with the entire team. I only have 1 assistant coach. The number of small group sessions we need to schedule in a week is very challenging. Especially when class schedules and work schedules are considered.

In addition I've found players prefer to be together.

I would personally still do small group work but if the entire team could work at the same time I could roam from group to group and assist them or do workouts in stations.

E-Mail No. 13:

I hope the only changes that are made will allow for more time with the players, be it skill instruction, weight room, or practice, it seems like my players just want to play more soccer. As well, it's documented in our program that student-athlete GPAs are better in the fall than spring...

E-Mail No. 14:

Not in favor of exemptions for Hawaii, Alaska, and Puerto Rico. Great Alaska Shootout gives Anchorage huge recruiting advantages and those of us who can't afford to go to an exempt event are really penalized. Would favor (20/8) one hour individual work and one hour of practice

E-Mail No. 15:

I agree with one proposal for the non-championship segment (during individual/small group workouts)...I'd like to see us be able to work with our small groups providing individual skill instruction for one day per week for one hour and the second day (1 hour) to be a choice of either a second small group session or 1 large team practice. If I have 25 players on my team and I do 2 hours of small group work (with every player) in a week...that is 8 sessions AT LEAST per week, plus our fitness and or conditioning. I think players would like this too...having one team practice per week.

Other than that suggestion, I am not in favor of ANY changes that result in decreased games, practices, etc. At the rate we are heading, eventually there will be very little difference between Intramural programs and varsity programs....

As for other thoughts...what about monitoring the amount of community service hours each student athlete does. It seems that while we are trying to decrease their games, practices, etc. we are asking them to do more in other areas. We don't ask them to do a huge number of activities, but if we eliminated a couple, that would provide a few hours of free time that they could add another game in their schedule (which is what players want the most). My players are very disappointed about decreasing our maximum number of games by 2.

E-Mail No. 16:

I agree with the idea of maintaining the 45-day period (24 days of practice or competition) but preclude any athletically related activities from being conducted during the remaining 21 days. I truly believe student-athletes need some time away from their sport to experience all the campus has to offer. I just feel like they won't feel so burnout from practicing and playing so much. I loved playing when I was in college, but I have to say that sometimes it got to be too much.

E-Mail No. 17:

The athletics administration and senior leadership at [REDACTED] has reviewed the initial documents regarding Phase II of Life in the Balance. The following information is the basis of our concerns/comments regarding the potential legislation. Generally, the athletics administration's feeling at this time is much softer than our concerns with Phase I. We were generally more concerned regarding the loss of competition from Phase I than the current proposals. Earlier in the semester, all [REDACTED] coaches were invited to provide comments as well.

Thank you in advance for taking the time to review this information.

Part 1: Although we are in no way suggesting that we should cut dates with these sports, all three administrators questioned the rationale that swimming, wrestling, and track “fit well in their season windows.” Swimming goes from the second week of the academic year through mid-March; wrestling is from October through mid-March (similar to basketball); and track goes from October/November through late-May. It was pointed out by one administrator that swimming and track were indeed different than many sports due to the importance of “a strong aerobic base” being needed to succeed in the pool and/or track and that establishing that base takes some time. He noted the length of the season for those sports are important but thought that perhaps practice hour limits in those sports could work. The other two did not think that swimming and track should be treated any differently than wrestling but again none of us are pushing for season reductions. The concern that was expressed by two of us was how NCAA institutions are talking balance in one breath and still overseeing sports that run approximately 75 percent (or more) of the academic year. Again, we are not seeking changes to these sports but do not agree with the rationale.

Part 2: The exempted contests had a couple different thoughts. One administrator was unmoved by the topic. Another does not understand the benefits of scrimmages and feels that teams should be able to work out issues during practices and should not need to face an opponent in a scrimmage to discover or solve the problem. That administrator is in favor of some of the exemptions such as foreign tours or trips to Alaska, Hawaii, etc. The final administrator does not think exempted contests that are detailed in this section are a major issue. In reality, since the administration was so much against cutting competitions in Phase 1, we should be against any elimination of contests. If exempted contests are removed (including scrimmages), the total number of contests for each sport should probably be increased in order to allow at least a scrimmage or two without cutting into their newly limited totals. We are not in favor of getting rid of exempted contests but are not as strongly against this cut as we were for the contests eliminated in Phase I.

Part 3: We talked about balance during Phase I and cut competitions. In Phase II, we’re discussing how important it is to maintain the current nonchampionship setup. One administrator does not follow the logic when taking balance into account. That administrator is not in favor of moving to full practices as an option at different times during the out-of-season work (individual skill sessions). Coaches would likely be in favor of keeping nonchampionship activities as is or, at the very least, not create additional limits. The same administrator is not a proponent of having softball and baseball start playing portions of their seasons during the fall season – that has been at the very least discussed to this point. This would not help with balance or budget as the teams would have to return earlier in the fall – potentially in August to prepare for games that count. The second administrator is not a proponent of nonchampionship segments and would be in favor of any cuts desired whether they are to practices or competitions during the nonchampionship time. He feels that there would not be a competitive imbalance because all schools would be following the same rules. The third administrator is against the potential softball/baseball issue of playing games that count during the nonchampionship segment. The same administrator is against full practices during out-of-season work and would be okay if the

nonchampionship segment was eliminated although there could be an inconsistency when comparing some of the sports that have longer seasons. This administrator is also against competition during the nonchampionship season for budgetary reasons, viewing it as a waste of money.

Part 4: One administrator is supportive of competitions remaining at three hours and is also in favor of keeping the weekly maximum at 20 hours. The second administrator could accept a move to 17-18 hours per week and feels strongly that the NCAA missed the boat here regarding the balance discussion; cutting practice hours instead of competitions would have been a better move with regard to achieving balance. The final administrator agreed that cutting the 20-hours per week limit would be one way to allow students to achieve the balance that was sought during Phase I. This individual is strongly against changing the number of hours counted for competitions with the rationale being that three hours work for general purposes and for the most part is a fair count for a day of competition.

E-Mail No. 18:

I would like to recommend that if we do allow teams to practice for 2 of their 8 hours during the out of season segment, that this must be done during the “normal” business hours when sports medicine and athletic training folks are there to handle the in season sports. If we don’t, then these coaches will be practicing at all times and it will be left up to the athletic training staffs to cover. I would personally like to see that we do not add this 2 hour practice session, but if we have to, some guidelines need to be added to help support staff.

E-Mail No. 19:

My recommendation would be for very few changes in the non-championship segment until we have had time to make the adjustments in our programs set forth in Phase I. In softball and baseball, the scheduling limitations may have a drastic effect on our traditional seasons because we may have to deal with rain outs and other weather related issues that will effect games and practice that many of our other sports do not deal with. We need some time to evaluate these changes before we truly can be educated about the possible effects on Phase II legislation.

I have reviewed all of the documentation for Phase II and I truly do not know what is best for my sport right now.

I am concerned about a start date for our non-championship segment in softball, because of a couple of reasons. The first is - the first couple of weeks of school is critical to get student-athletes acclimated into our program. I have a number of athletes from outside our region and if I can have limited contact with them, I am afraid I may lose them to homesickness. The second is - the weather issue. We barely get our non-traditional segment in before the weather starts to

change and we are in a southern location. This would create a competitive imbalance depending on what region you are in.

I am definitely not in favor of precluding athletic activity during the 24/45 period after the 24 practice days have been used. I believe this can create a number of opportunities for injury. Student-athletes will not be involved in strength and conditioning workouts or they will be involved without supervision and either way it creates an opportunity for increased injuries. If anything, we could look at reducing the length to 40 days or increasing the number of off-days during this segment.

I do believe that the addition of four competition days (on which no more than two games can be played, per day) needs to be part of the nonchampionship segment. Student-athletes are not allowed to miss class for these activities, therefore they would be later in the day or on the weekends. I use these dates for evaluation of my student-athletes in a game environment. Again, because of the weather in the early spring, we may not be able to practice outside or scrimmage an outside opponent prior to our first game in our championship segment. Therefore, non-championship segment contests are critical for the development of my student-athletes and program. They also serve a recruiting purpose, because the majority of the teams we have played in these games are junior colleges and it allows me to evaluate potential student-athletes.

The nonchampionship segment is a critical part of my program and I believe most coaches and student-athletes would agree with me. I just don't want to see us making too many changes without having enough feedback from the Phase I changes.

I will conclude by saying that I understand there are coaches and student-athletes in NCAA-II athletics who may be in favor of further restrictions and reduction of time they spend with their sports. I do not believe they are in the majority. When we began looking at this amendment, one statement I heard over and over was, "we do not want to effect the competitive level of NCAA-II athletics." I believe that if we make too many restrictions, too soon, we will effect the competitive level. Retention of quality student-athletes will become a big issue.

The amount of time that we, as coaches, or our student-athletes commit to their sports is a choice. Those that want to excel will ultimately put more time into being better. Those that do not want to excel, do not have to put in the extra time. They can use their time being involved in other campus activities. But, if we over restrict those that want to excel and take time away from what they want to do, so they can be involved in something they may not be interested in, we may be developing a new motto. They will "Choose to Leave D-II".

E-Mail No. 20:

Shame on you! I was under the illusion that the NCAA is an organization with integrity. It is not!

This whole life in the balance initiative is ridiculous. You did not ask for our input for the first part of this sham. You pushed it forward and everyone hopped on the bandwagon because they saw it as a way to save money in this troublesome economy. Don't call it life in the balance - call it what it is - a budgetary measure. I might be able to respect that, but cloaking this whole thing is shameful. My student-athletes participate in just as many activities as any average college student. They belong to clubs, they participate in campus traditions, they have jobs, they participate in service projects, they hang out, and they have a higher GPA than the average student on our campus. They came to this college to play soccer. They love playing, they love being part of this program, and they want to compete. These student-athletes chose to play for this coach, but you want to limit the hours the coach is allowed to spend with these kids? It doesn't even make sense. You have turned NCAA DII into a joke.

How can you say that to allow balance in a soccer player's life they can only play in 18 games but its fine for baseball players to compete in 50 games? THAT IS NOT EVEN LOGICAL. **If you really want to balance lives you would have to allow every sport to play the exact same number of contests.** You have to balance lives equally - not showing favoritism. We have the highest GPA of any team on this campus, but you are going to cut us back more than other sports so our athletes can be balanced???? DOES ANY OF THIS MAKE SENSE???

Do you have any idea how ridiculous this all sounds? Just have integrity and say it like it is. You are protecting the "revenue" sports in this tough economy, and you are sticking it to the step-children. I participated in intercollegiate athletics prior to Title IV. I spent as many hours training as the men in our athletic department did, but they received a scholarship and I did not. They traveled and competed at no cost, and I had to pay my own way. **The NCAA has not come very far over the years because they still practice favoritism and promote inequality.**

Please allow us to have a spring season. The only change I recommend is allowing us to practice once a week instead of limiting us to skill sessions. I am the only coach and it takes me 5 sessions per week to complete our skill sessions.

E-Mail No. 21:

I think the big "concept" hidden in these measures is what will constitute or comprise the "20/8" moving forward and then, what truly is voluntary.

Also, this may simply need to be more of a true "Educational effort" or focus by the NCAA because if I asked to put the following activities on a list and said what counts and what doesn't for "20/8" purposes, I am not sure there is consensus among coaches/administrators (some of these would need more clarification but for illustration purposes . . .):

- Fund-raising
- Attending a banquet

- Re-hab
 - Film work
 - Academic Study Hall or Table
 - Physical Conditioning (as a punishment or to remedy a violation)
 - Team Community Service
 - General Trainer Time (taping, extra stretching)
 - Putting on uniform in locker room
 - Interview time for media (radio/tv)
 - Team building exercises
 - Medical Appointment (i.e., surgery)
-

E-Mail No. 22:

Just an FYI...during the discussion on Phase II of the "Life in the Balance" initiative last week in Springfield, MO at the [REDACTED] Men's and Women's Tennis Coaches Association meeting, there was a recommendation to move the start date for tennis from Feb. 1 to the first day of classes in the second semester. The vote was 14-1-1.

Just thought you might be interested in this feedback from our tennis coaches.

E-Mail No. 23:

2) Non-championship segment:

Our student-athletes definitely supported the non-championship segment activity and do not want it to be limited much more than it already is.

Fall and spring sports agree that the extra time and practice allows betterment for all student-athletes, on and off the field. Spring sports emphasized the importance of the fall season prior to their championship season, and fall sports like that they can work on their skills in the spring, which often gives those who didn't play much to show coaches that they deserve to play. The question of whether "voluntary" workouts could be regulated was brought up.

20/8 hour rules/skill instruction/counting contests:

Want to keep individuals (#/individual to remain the same, not to allow entire team to "practice")...suggested adding one hour for full team practice, making the breakdown of the 8 hours as: 2 hours individuals, 1 hour full team, 5 hours lifting/conditioning.

E-Mail No. 24:

As our [REDACTED] Management Council representative, I write with feedback on behalf of [REDACTED]. With regard to the latest concepts DII Governance & Mgmt Council are forwarding to Prez Council for Life in the Balance discussion, [REDACTED] offers:

1. We are for amending the skill instruction rule and eliminate the restriction of small groups.
2. We would prefer the possible amendment of start date for winter sports to be flexible, giving the declaring institution the flexibility to set the date (for example 5 days after the first day of class), rather than a hard date that affects campus academic calendars at each institution very differently.

Our rationale:

Providing ample time to get the winter athletes conditioned for the level of participation that begins October 15th.

Potential implications such as S-A's getting injured due to a lack of coaching staff or trainers in contact with them. For instance in basketball, open gym pickup games would be the extent of what could take place athletically, and these occur without any supervision. Injuries could occur when no strength training or conditioning activities take place in conjunction with these open gym games.

If a set date is preferred to allow S-A's to adjust to academics and campus life, set a date 5 days after the 1st day of classes. The September 7 date is not a great solution.



March 17, 2010

Ms. Ann Martin (Chair)
Division II Legislative Committee
Via electronic mail – amartin@regis.edu

Dear Ann and members of the Division II Legislative Committee,

The athletic directors from the Sunshine State Conference are aware that your committee is working to review and consider legislation as part of Phase II of the Life in the Balance legislative package. Our conference athletic directors wanted to discuss the four topical areas generally and felt that it might be beneficial for your committee if we provided a summary of those discussions to you. Seven of our nine conference athletic directors were able to meet via teleconference on Wednesday, March 17 in order to discuss the topic. The focus of the call was a general discussion of the four topical areas under review for “Phase II”.

Pasted below is a generalized summary of our athletic directors’ feelings related to the current list of topical areas. It is important to note that no votes were taken and these are not formalized conference positions, but rather reflect generalized sentiments from one of our conference constituency groups and a ‘feel of the discussion’ from their call. We hope that you will find the following input helpful as you consider possible legislative changes. We wish the group the best as you undertake this difficult endeavor and we would like to express our appreciation for the work you are doing on behalf of the membership.

Respectfully,

Jay Jones
Commissioner
Sunshine State Conference

1. The overall length of the playing season and maximum number of contests or dates of competition for sports that were not affected in Phase I.

In discussing the overall length of the playing seasons, the sentiment of the group was that swimming has 144 days of practice and that seems a little longer than other sports and may need to be reduced. There was a recognition that the number of student-athletes for the championship had been reduced and this topic was not supposed to be discussed further at this time, but a remaining sentiment that swimming's overall season length may need to be adjusted.

Another item discussed was that there may be some support for possibly pushing back the start date of softball and baseball in order to eliminate some of the overlap of sports seasons for administrators on campus. It was noted however, that a delayed start date would compress the 50 game limit that was just adopted for baseball.

One director mentioned the possibility of having a separate and additional count of baseball and softball contests during the nonchampionship segment as opposed to an annual number of total contests.

2. The number of annual and discretionary exemptions in various sports (for example, alumni meets, conference championships, scrimmages, exhibition games, preseason tournament games).

In looking at the exemptions for each sport, here is a flavor for that discussion:

It was noted that some of our schools have played Division I schools in preseason basketball and would be disappointed to lose the guaranteed monies for those games. There was also a question of why some of those types of exemptions must take place in the preseason and not allowed at times throughout the segment.

The group felt that we needed to be careful and not eliminate the exemptions for the Alaska, Hawaii and Puerto Rican trips because it provides for nice opportunities for our schools and the students.

The exemptions in general have afforded our schools some special opportunities for student-athletes in addition to some good fund raising and community events. As an example, some of our schools play against major league or minor league baseball teams who are in the area for spring training which helps community support for the team but also is a unique opportunity for student-athletes.

The group felt that the current foreign tour legislation should be kept intact as those tours allow good opportunities for student-athletes within those sports to see other parts of the world.

3. The discussion of “The structure of the nonchampionship segment in all sports (that is, the period of athletically related activities that is outside of a given sport’s traditional playing season)” and “the “20/8-hour rule,” regarding limits on athletically related activities and skill instruction in and out of season” was combined into one overarching discussion on both of these topics. Here were some of the sentiments expressed:

Some good experiences for student-athletes are available in the nonchampionship segment (such as the Head of the Charles Regatta in rowing) and because you cannot miss class time within the nonchampionship segment, it proves difficult to take advantage of those opportunities. This might be an issue with just one or two sports, but we may want to consider some type of exceptions for certain historical events such as these or others.

Some would like to possibly see an expansion on the 24/45 day windows instead of a cut in those numbers. They expressed a concern that a cut in this area would likely be a mistake. Each sport is probably a little different in terms of how long the window should be, but as an example the group felt that golf did a good thing with the recent expansion of days.

There was a concern expressed that if you expand the 45 day window independent of the 24 day allowance, you could face tough compliance issues in monitoring the usage of the 24 days and so we might want to expand the number of practice days also. If you expanded the 24/45 window, it might also eliminate several of the concerns with the skill instruction issues and 8 hour issues by allowing coaches to work more closely with student-athletes throughout the nonchampionship segment.

The group in general would like to see more of players during the 8-hour period or more flexibility in how those times must be used. They feel that more times with student-athletes have lots of positive impacts. For instance, it helps to have better control with student-athletes which helps social, academic and other issues. In addition, it was noted that there is less liability if a coach is around than if it is open gym and only a trainer is present. One idea in making the change here was a possible stepped approach towards modifying the 8-hour period, for example having maybe one day was set aside for full team activity.

More flexibility with the 8-hour rule would also help the coaches “life in the balance”. The group expressed that they felt we need to be more conscious of the need for a coach’s individual life balance.

From: [Quigg, Stephanie](#)
To: [Harbison Weaver, Jessica](#)
Subject: FW: Input and Feedback Requested Regarding Phase II Concepts of the Life in the Balance Initiative
Date: Thursday, May 27, 2010 8:45:42 AM

Please include this email below in the joint meeting under agenda item no. 4-c

Stephanie Quigg Smith
Director of Academic and Membership Affairs
P.O. Box 6222
Indianapolis, IN 46206-6222
Phone: 317/917-6326
Fax: m317/917-6875
squigg@ncaa.org

From: Jim Naumovich [mailto:Jim@glvc-sports.org]
Sent: Friday, April 30, 2010 1:56 PM
To: Alford, Alvida
Cc: Quigg, Stephanie; Fraser, Jennifer; Page, Roberta; jlm@uwa.edu; amartin@regis.edu
Subject: RE: Input and Feedback Requested Regarding Phase II Concepts of the Life in the Balance Initiative

Alvida:

Just an FYI...during the discussion on Phase II of the "Life in the Balance" initiative last week in Springfield, MO at the GLVC Men's and Women's Tennis Coaches Association meeting, there was a recommendation to move the start date for tennis from Feb. 1 to the first day of classes in the second semester. The vote was 14-1-1.

Just thought you might be interested in this feedback from our tennis coaches.

Have a great weekend!

Jim

From: Harbison Weaver, Jessica [mailto:jweaver@ncaa.org] **On Behalf Of** Alford, Alvida
Sent: Wednesday, April 21, 2010 2:43 PM
Cc: Quigg, Stephanie; Fraser, Jennifer; Alford, Alvida; Page, Roberta; jlm@uwa.edu; amartin@regis.edu
Subject: Input and Feedback Requested Regarding Phase II Concepts of the Life in the Balance Initiative
Importance: High

MEMORANDUM

April 21, 2010

TO: Executive Directors of Division II Coaches Associations.

FROM: Roberta Page
Director of Championships

Stephanie Quigg Smith
Director of Academic and Membership Affairs for Division II

SUBJECT: Input and Feedback Requested Regarding Phase II Concepts of the Life in the Balance Initiative.

As a commitment to providing student-athletes with a collegiate experience that balances academics, athletics and campus life, Division II chancellors and presidents have charged the division with ensuring that its policies, rules, regulations and budget decisions are in alignment and consistent with the division's strategic positioning platform. To help accomplish this goal, Division II chancellors and presidents agreed to engage the governance structure, with feedback from the membership (e.g., coaches, student-athletes, athletics administrators), in a comprehensive review of the Bylaw 17 playing and practices seasons legislation. Begun at the 2009 NCAA Convention, this review is known as the "Life in the Balance" initiative.

Phase I of the Life in the Balance initiative resulted in a four-proposal package at the 2010 Convention designed to streamline seasons, reduce contests in 10 sports and establish a seven-consecutive day winter break. The Division II membership adopted the four proposals.

In Phase II of the initiative, Division II chancellors and presidents continue to focus on the playing and practice seasons legislation in Bylaw 17. Similar to Phase I, the NCAA Division II Championships Committee and NCAA Division II Legislation Committee are leading the review effort in Phase II. The Championships Committee began its preliminary discussions on these issues in early February, while the Division II Legislation Committee began its discussions at an in-person meeting on March 18-19. In addition, the NCAA Division II Management Council had an opportunity to discuss and narrow the review of Phase II concepts at its in-person meetings on April 12-13.

As primary liaisons to the Championships and Legislation Committees, we are seeking input and feedback from the coaches associations on the concepts reviewed during these initial discussions, which includes, but is not limited to the following:

Discussion Items — Phase II of the Life in the Balance Initiative

Annual or discretionary exemptions.

No changes to the current legislation.

Maintain the following as annual exemptions: conference championship; independents championship; season-ending tournament; and Alaska, Hawaii, Puerto Rico. Move the remaining annual exemptions (e.g., alumni game, fundraising activity) to the list of discretionary exemptions. Increase the number of discretionary exemptions from three to four, and give institutions the choice of how to use those exemptions.

Nonchampionship segment. (One option or a combination of options may be considered.)

Baseball and softball.

- a. No changes to the current legislation.
- b. Add two dates of competition in the nonchampionship segment.
- c. Add four dates of competition in the nonchampionship segment.

Amend the start date of the nonchampionship segment for spring sports (current rule = September 7 or the first day of classes, whichever is earlier).

- a. No changes.
- b. September 7 or the fourth day of classes, whichever is earlier.

Permit student-athletes to engage in nonchampionship segment competition without using a season of competition (must be academically eligible). This review will be for sports (e.g., baseball, softball, lacrosse) that currently do not have this exception, and the focus will be on contests or dates of competition that do not count for championships selections purposes.

20/8 hour rule; skill instruction outside the playing season; start date for winter sports. (One option or a combination of options may be considered.)

20/8 hour rule – Clarify what does and does not constitute a countable athletically related activity by creating a figure that will be included in the NCAA Division II Manual.

Skill instruction outside of the playing season – sports other than football.

- a. No changes to the current legislation.
- b. Basketball only.
 - 1. Permit full team practice outside of the season for no more than two hours per week from the first permissible date of preseason conditioning through October 15; and
 - 2. Require skill instruction outside of the season for no more than two hours per week after the Division II basketball championship to one week prior to the beginning of the institution's final examination period at the conclusion of the academic year.
- c. Sports other than football (including basketball).
 - 1. Permit full team activities (e.g., skill instruction or practice) outside of the season for no more than two hours per week; and
 - 2. Remaining six hours per week outside of the season are limited to participation in weight-training and conditioning.

Amend the start date for winter sports, including basketball (current rule = September 7 or

the first day of classes, whichever occurs first; basketball = first day of classes).

- a. September 7 or the fourth day of classes, whichever is earlier.
- b. September 15.
- c. September 15 or the first day of classes, whichever is later.
- d. Reduce the length of playing season by one week (seven days).

The timeline for review of these issues by the Division II governance structure includes an initial review by the NCAA Division II Presidents Council in April, a review at a joint meeting of the Championships Committee and Legislation Committee in early June, a review by the Student-Athlete Advisory Committee in mid-July, a final review of the legislative recommendations as determined by the Management Council and Presidents Council in mid-July/early August and consideration of the legislative proposal(s) by the membership at the 2011 NCAA Convention.

Please forward this memorandum to the Division II representative within your association so he or she can begin gathering feedback from Division II coaches. We welcome any input prior to the joint meeting of the Championships Committee and Legislation Committee in early June. Such information should be forwarded to the national office to the attention of Roberta Page and Stephanie Quigg Smith no later than Friday, May 28.

We look forward to working with the coaches association on these important issues. Please feel free to contact Roberta Page or Stephanie Quigg Smith at 317/917-6222 if you have any questions.

Enclosure

cc (e-mail only): NCAA Division II Conference Commissioners
Janet Montgomery, chair of the Division II Championship Committee
Ann Martin, chair of the Division II Legislation Committee
Select NCAA Staff

ARA:jhw

This email and any attachments may contain NCAA confidential and privileged information. If you are not the intended recipient, please notify the sender immediately by return email, delete this message and destroy any copies. Any dissemination or use of this information by a person other than the intended recipient is unauthorized and may be illegal.

PLAYING AND PRACTICE SEASONS – NUMBER OF CONTESTS/DATES OF COMPETITION -- ANNUAL AND DISCRETIONARY EXEMPTIONS

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships and Legislation Committees)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to the National Office

Intent: In all Division II championship sports other than basketball and football: (1) To maintain the conference championship, independent championship, season-ending tournament and contests played in Hawaii, Alaska or Puerto Rico as annual exemptions; (2) To move the remaining annual exemptions to the list of discretionary exemptions; and (3) To increase the maximum number of discretionary exemptions that an institution may exempt from the sports' maximum number of contests or dates of competition each year from three to four. In basketball: (1) To maintain the conference championship, independent championship and season-ending tournament as annual exemptions; (2) To move the remaining annual exemptions to the list of discretionary exemptions; and (3) To increase the maximum number of discretionary exemptions from three to four. In football, (1) To maintain the conference championship, independent championship, season-ending tournament, postseason bowl game between representatives of two Division II conferences and postseason bowl game between a representative of a Division II conference and independent institution as annual exemptions; (2) To establish a list of discretionary exemptions, as specified; and (3) To specify that an institution may exempt a maximum of four discretionary exemptions from the maximum number of contests each year.

A. Bylaws: Amend 17.2.7, as follows:

17.2.7 Number of Contests.

[17.2.7.1 through 17.2.7.2 unchanged.]

17.2.7.3 Annual Exemptions. The maximum number of contests in baseball shall exclude the following:

[17.2.7.3-(a) through 17.2.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest with an alumni team of the institution;~~

(~~ed~~) Hawaii, Alaska, Puerto Rico. Any contests played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in baseball conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.2.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of contests in baseball each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.2.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition contest against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One contest with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in baseball conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director; or

(e) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.2.7.4.1 Official Scoring. For purposes of Bylaw 17.2.7.4-~~(e)~~, official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

- (a) The signing of a scorebook by an official;
- (b) The score is released to the media or other appropriate entities; or
- (c) The score is used for individual or seasonal statistics.

[Remainder of 17.2.7 unchanged.]

B. Bylaws: Amend 17.3.5, as follows:

17.3.5 Number of Contests.

[17.3.5.1 through 17.3.5.2 unchanged.]

17.3.5.3 Annual Exemptions. The maximum number of contests in baseball shall exclude the following:

[17.3.5.3-(a) unchanged.]

(b) Independents Championship. Competition in one championship meet or tournament among independent member institutions that are not members of an intercollegiate athletics conference in all sports, or for a specific sport that is not part of a conference, conducted at the end of the championship segment and prior to the NCAA championship; **and**

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season;

~~(d) Alumni Game. One contest with an alumni team of the institution;~~

~~(e) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(f) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in basketball conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director;~~

~~(g) Tip-Off Classic. Games in the Division II Tip-Off Classic; and~~

~~(h) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.3.5.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of contests in basketball each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.3.5.4-(a) though 17.3.5.4-(b) unchanged.]

(c) Non-Division II Four-Year Collegiate Institution. An exhibition contest against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(d) Alumni Game. One contest with an alumni team of the institution;

(e) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(f) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in basketball conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(g) Tip-Off Classic. Games in the Division II Tip-Off Classic;

(h) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(i) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.3.4.5.1 Official Scoring. For purposes of Bylaw 17.3.5.4-(~~i~~), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.3.4 unchanged.]

C. Bylaws: Amend 17.5.7, as follows:

17.5.7 Number of Dates of Competition.

[17.5.7.1 through 17.5.7.2.1 unchanged.]

17.5.7.3 Annual Exemptions. The maximum number of dates of competition in cross country shall exclude the following:

[17.5.7.3-(a) through 17.5.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One date of competition with an alumni team of the institution;~~

~~(ed)~~ Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in cross country conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.5.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of cross country dates of competition each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.5.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible date of competition; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in cross country conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation;

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

~~(eg)~~ Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.5.7.4.1 Official Scoring. For purposes of Bylaw 17.5.7.4-(~~eg~~), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.5.7 unchanged.]

D. Bylaws: Amend 17.8.7, as follows:

17.8.7 Number of Contests and Dates of Competition.

[17.8.7.1 through 17.8.7.2 unchanged.]

17.8.7.3 Annual Exemptions. The maximum number of contests or dates of competition in field hockey shall exclude the following:

[17.8.7.3-(a) through 17.8.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(ed) Hawaii, Alaska, Puerto Rico. Any contests or dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in field hockey conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.8.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of contests or dates of competition in field hockey each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.8.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition contest or date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest or date of competition;
~~or~~

(c) Alumni Game. One contest or date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in field hockey conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(eg) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.8.7.4.1 Official Scoring. For purposes of Bylaw 17.8.7.4-(eg), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

- (a) The signing of a scorebook by an official;
- (b) The score is released to the media or other appropriate entities; or
- (c) The score is used for individual or seasonal statistics.

[Remainder of 17.8.7 unchanged.]

E. Bylaws: Amend 17.9.7, as follows:

17.9.7 Number of Contests.

[17.9.7.1 through 17.9.7.2 unchanged.]

17.9.7.3 Annual Exemptions. The maximum number of contests in football shall exclude the following:

[17.9.7.3-(a) through 17.9.7.3-(c) unchanged.]

~~(d) Alumni Game. One contest with an alumni team of the institution;~~

~~(e) Hawaii, Alaska, Puerto Rico. Any contests played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;~~

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in football conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director;~~

~~(h) Spring Game. One contest at the conclusion of the spring practice period provided the contest is against a team comprised of bona fide alumni or students or both;~~

(ie) Postseason Bowl Game -- Between Representatives of Two Division II Conferences. Participation in one postseason bowl game between representatives of two Division II conferences. The participating institutions shall be institutions not selected to participate in the Division II Football Championship; and

(jf) Postseason Bowl Game -- Between a Representative of a Division II Conference and an Independent Institution. Participation in one postseason bowl game between a representative of a Division II conference and an independent institution. For purposes of this legislation, an independent institution is one that is not a member of a conference in football. The participating institutions shall be institutions not selected to participate in the Division II Football Championship.

17.9.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of football contests each year. An institution may exempt no more than four from this list annually:

(a) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(b) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in football conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(c) Alumni Game. One contest with an alumni team of the institution; or

(d) Spring Game. One contest at the conclusion of the spring practice period provided the contest is against a team comprised of bona fide alumni or students or both.

[17.9.7.4 renumbered as 17.9.7.5, unchanged.]

F. Bylaws: Amend 17.10.7, as follows:

17.10.7 Number of Contests.

[17.10.7.1 through 17.10.7.7.1.3 unchanged.]

17.10.7.3 Annual Exemptions. The maximum number of dates of competition in golf shall exclude the following:

[17.10.7.3-(a) through 17.10.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One date of competition with an alumni team of the institution;~~

(ed) Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in golf conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director;~~

~~(h) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport;~~

~~(i) College Am Event. A "college-am" golf tournament, provided the event is held in conjunction with intercollegiate competition and student-athletes do not receive awards or prizes for such participation; and~~

~~(j) College All-American Golf Classic. Competition in the College All-American Golf Classic shall be exempt, provided not more than two student-athletes from the institution participate and the event is limited to two dates of competition.~~

17.10.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of dates of competition in golf each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.10.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in golf conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport;

(g) College-Am Event. A "college-am" golf tournament, provided the event is held in conjunction with intercollegiate competition and student-athletes do not receive awards or prizes for such participation;

(h) College All-American Golf Classic. Competition in the College All-American Golf Classic shall be exempt, provided not more than two student-athletes from the institution participate and the event is limited to two dates of competition; or

(e) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.10.7.4.1 Official Scoring. For purposes of Bylaw 17.10.7.4-(**e**), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions: (Adopted: 4/14/08)

- (a) The signing of a scorebook by an official;
- (b) The score is released to the media or other appropriate entities; or
- (c) The score is used for individual or seasonal statistics.

[Remainder of 17.10.7 unchanged.]

G. Bylaws: Amend 17.12.5, as follows:

17.12.5 Number of Contests.

[17.12.5.1 through 17.12.5.2 unchanged.]

17.12.5.3 Annual Exemptions. The maximum number of men's ice hockey contests shall exclude the following:

[17.12.5.3-(a) through 17.12.5.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(~~e~~**d**) Hawaii, Alaska, Puerto Rico. Any contests played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in men's ice hockey conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.12.5.3.1 Discretionary Exemptions. The following may be exempted from an institution's maximum number of men's ice hockey contests each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.12.5.3.1-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition contest against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One contest with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the

purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in men's ice hockey conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(eg) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.12.5.3.1.1 Official Scoring. For purposes of Bylaw 17.12.5.3.1-**(eg)**, official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.12.7 unchanged.]

H. Bylaws: Amend 17.13.7, as follows:

17.13.7 Number of Dates of Competition.

[17.13.7.1 through 17.13.7.2 unchanged.]

17.13.7.3 Annual Exemptions. The maximum number of dates of competition in lacrosse shall exclude the following:

[17.13.7.3-(a) through 17.13.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

~~(ed)~~ Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in lacrosse conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.13.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of dates of competition in lacrosse each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.13.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in lacrosse conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(~~eg~~) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.13.7.4.1 Official Scoring. For purposes of Bylaw 17.13.7.4-(~~eg~~), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.13.7 unchanged.]

I. Bylaws: Amend 17.15.7, as follows:

17.15.7 Number of Dates of Competition.

[17.15.7.1 through 17.15.7.2 unchanged.]

17.15.7.3 Annual Exemptions. The maximum number of dates of competition in rowing shall exclude the following:

[17.15.7.3-(a) through 17.15.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season;

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

~~(e)~~ **(ed)** Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales; **and**

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in rowing conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

[17.15.7.3-(i) relettered as 17.15.7.3-(e), unchanged.]

17.15.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of dates of competition in rowing each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.15.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in rowing conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(~~eg~~) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.15.7.4.1 Official Scoring. For purposes of Bylaw 17.15.7.4-(~~eg~~), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.15.7 unchanged.]

J. Bylaws: Amend 17.19.7, as follows:

17.19.7 Number of Contests and Dates of Competition.

[17.19.7.1 through 17.19.7.2 unchanged.]

17.19.7.3 Annual Exemptions. The maximum number of contests and dates of competition in soccer shall exclude the following:

[17.19.7.3-(a) through 17.19.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(ed) Hawaii, Alaska, Puerto Rico. Any contests or dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in soccer conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.15.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of contests or dates of competition in soccer each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.15.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition contest or date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One contest or date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in soccer conducted for the purpose of raising funds for charitable organizations, provided;

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(~~eg~~) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.19.7.4.1 Official Scoring. For purposes of Bylaw 17.19.7.4-(~~eg~~), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

- (a) The signing of a scorebook by an official;
- (b) The score is released to the media or other appropriate entities; or
- (c) The score is used for individual or seasonal statistics.

[Remainder of 17.19.7 unchanged.]

K. Bylaws: Amend 17.20.7, as follows:

17.20.7 Number of Contests.

[17.20.7.1 through 17.20.7.2 unchanged.]

17.20.7.3 Annual Exemptions. The maximum number of contests in softball shall exclude the following:

[17.20.7.3-(a) through 17.20.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(~~ed~~) Hawaii, Alaska, Puerto Rico. Any contests played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of~~

~~the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1); and~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in softball conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student-athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student-athletes has the approval of the institution's athletics director.~~

17.20.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of contests in softball each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.20.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition contest against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One contest with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in softball conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director; or

(~~e~~**f**) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.20.7.4.1 Official Scoring. For purposes of Bylaw 17.20.7.4-(~~e~~**f**), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

- (a) The signing of a scorebook by an official;
- (b) The score is released to the media or other appropriate entities; or
- (c) The score is used for individual or seasonal statistics.

[Remainder of 17.20.7 unchanged.]

L. Bylaws: Amend 17.22.5, as follows:

17.22.5 Number and Dates of Competition.

[17.22.5.1 through 17.22.5.2 unchanged.]

17.22.5.3 Annual Exemptions. The maximum number of dates of competition in swimming and diving shall exclude the following:

[17.22.5.3-(a) through 17.22.5.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(~~e~~**d**) Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of~~

~~the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in swimming and diving conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.22.5.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of dates of competition in swimming and diving each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.22.5.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in swimming and diving conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(eg) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.22.5.4.1 Official Scoring. For purposes of Bylaw 17.22.5.4-(eg), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

- (a) The signing of a scorebook by an official;
- (b) The score is released to the media or other appropriate entities; or
- (c) The score is used for individual or seasonal statistics.

[Remainder of 17.22.5 unchanged.]

M. Bylaws: Amend 17.23.7, as follows:

17.23.7 Number of Dates of Competition.

[17.23.7.1 through 17.23.7.2.1 unchanged.]

17.23.7.3 Annual Exemptions. The maximum number of dates of competition in tennis shall exclude the following:

[17.23.7.3-(a) through 17.23.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(~~e~~**d**) Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in field tennis conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.23.7.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of dates of competition in tennis each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.23.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One contest with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in tennis conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(eg) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.23.7.4.1 Official Scoring. For purposes of Bylaw 17.23.7.4-(**eg**), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.23.7 unchanged.]

N. Bylaws: Amend 17.24.5, as follows:

17.24.5 Number of Dates of Competition.

[17.24.5.1 through 17.24.5.2 unchanged.]

17.24.5.3 Annual Exemptions. The maximum number of dates of competition in track and field shall exclude the following:

[17.24.5.3-(a) through 17.24.5.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves

competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(e) Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in track and field conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.24.5.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of dates of competition in track and field each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.24.5.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible date of competition; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in track and field conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

(eg) Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.24.5.4.1 Official Scoring. For purposes of Bylaw 17.24.5.4-(**eg**), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.24.5 unchanged.]

O. Bylaws: Amend 17.25.2.7, as follows:

17.25.2.7 Number of Dates of Competition – Women.

[17.25.2.7.1 through 17.25.2.7.2 unchanged.]

17.25.2.7.3 Annual Exemptions – Women. The maximum number of dates of competition in women’s volleyball shall exclude the following:

[17.25.2.7.3-(a) through 17.25.2.7.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One contest or date of competition with an alumni team of the institution;~~

(ed) Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in women's volleyball conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.25.2.7.4 Discretionary Exemptions – Women. The following may be exempted from an institution's maximum number of dates of competition in women’s volleyball each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.25.2.7.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in women's volleyball conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

~~(eg)~~ Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.25.2.7.4.1 Official Scoring. For purposes of Bylaw 17.25.2.7.4-(~~eg~~), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

(b) The score is released to the media or other appropriate entities; or

(c) The score is used for individual or seasonal statistics.

[Remainder of 17.25.2.7 unchanged.]

P. Bylaws: Amend 17.27.5, as follows:

17.27.5 Number of Dates of Competition.

[17.27.5.1 through 17.27.5.2 unchanged.]

17.27.5.3 Annual Exemptions. The maximum number of dates of competition in wrestling shall exclude the following:

[17.27.5.3-(a) through 17.27.5.3-(b) unchanged.]

(c) Season-Ending Tournament. Competition in one season-ending tournament (e.g., NCAA championship, NAIA championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season; **and**

~~(d) Alumni Game. One date of competition with an alumni team of the institution;~~

~~(e) Hawaii, Alaska, Puerto Rico. Any dates of competition played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;~~

~~(f) Fundraising Activity. Any activities in which student athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);~~

~~(g) Celebrity Sports Activity. Competition involving a maximum of two student athletes from a member institution's team who participate in local celebrity activities in wrestling conducted for the purpose of raising funds for charitable organizations, provided:~~

~~(1) The student athletes do not miss class as a result of the participation; and~~

~~(2) The involvement of the student athletes has the approval of the institution's athletics director; and~~

~~(h) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.~~

17.27.5.4 Discretionary Exemptions. The following may be exempted from an institution's maximum number of dates of competition in wrestling each year. An institution may exempt no more than ~~three~~ **four** from this list annually:

[17.27.5.4-(a) unchanged.]

(b) Non-Division II Four-Year Collegiate Institution. An exhibition date of competition against a non-Division II four-year collegiate institution played between the first permissible date for practice and the first permissible contest date; ~~or~~

(c) Alumni Game. One date of competition with an alumni team of the institution;

(d) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);

(e) Celebrity Sports Activity. Competition involving a maximum of two student-athletes from a member institution's team who participate in local celebrity activities in wrestling conducted for the purpose of raising funds for charitable organizations, provided:

(1) The student-athletes do not miss class as a result of the participation; and

(2) The involvement of the student-athletes has the approval of the institution's athletics director;

(f) U.S. National Team. One contest or date of competition against a U.S. national team as selected by the appropriate national governing body in that sport; or

~~(eg)~~ Scrimmages. A scrimmage with outside competition, provided the scrimmage is conducted without official scoring.

17.27.5.4.1 Official Scoring. For purposes of Bylaw 17.27.5.4-(~~eg~~), official scoring has occurred when either institution participating in the scrimmage satisfies any of the following conditions:

(a) The signing of a scorebook by an official;

- (b) The score is released to the media or other appropriate entities; or
- (c) The score is used for individual or seasonal statistics.

[Remainder of 17.27.5 unchanged.]

Rational: Phase II of the Life in the Balance initiative included a review of the annual and discretionary exemptions legislation. A questionnaire, requesting three academic years of data on the number of annual and discretionary exemptions used in each Division II championship sport, was sent to institutions. With a response-rate of approximately 67 percent, the data showed that a significant number of teams did not use any exemptions during each academic year under review (2006-07, 2007-08 and 2008-09), and that the most commonly used exemptions by Division II championship sports include: alumni contests, fundraising activities, exhibition contests against a non-Division II four-year collegiate institution and scrimmages. Further, in many instances it is difficult to schedule for season-ending competition (e.g., conference championship), and the Hawaii, Alaska and Puerto Rico exception is vitally important for institutions located in those states/territory to attract competition and meet minimum contest/dates of competition requirements. Therefore, those competitions should be maintained as annual exemptions. Shifting the remaining annual exemptions to discretionary exemptions and increasing the maximum number of discretionary exemptions a sport may use each year from three to four, provides institutions the flexibility to choose a combination of more choices under the discretionary exemption option.

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

PLAYING AND PRACTICE SEASONS – BASEBALL AND SOFTBALL – NUMBER OF CONTESTS -- MAXIMUM LIMITATIONS – INSTITUTIONAL AND STUDENT-ATHLETE – NONCHAMPIONSHIP SEGMENT DATES OF COMPETITION—TWO DATES OF COMPETITION

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships and Legislation Committees)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to National Office

Intent: In baseball and softball, to establish a maximum of two dates of competition in which an institution and a student-athlete may participate during the nonchampionship segment.

A. Bylaws: Amend 17.2.7, as follows:

17.2.7 Number of Contests **and Dates of Competition.**

17.2.7.1 Maximum Limitations – Institutional. A member institution shall limit its total playing schedule with outside competition in baseball during the institution's baseball playing season to 50 contests (games and scrimmages) **during the championship segment and two dates of competition during the nonchampionship segment,** except for those contests excluded under Bylaws 17.2.7.3, 17.2.7.4 and 14.7.5.

[17.2.7.1.1 unchanged.]

17.2.7.2 Maximum Limitations – Student-Athlete. An individual student-athlete may participate in each academic year in 50 baseball contests **during the championship segment and two dates of competition during the nonchampionship segment.** This limitation includes those contests in which the student represents the institution in accordance with Bylaw 17.02.8, including competition as a member of the varsity, junior varsity or freshman team of the institution.

[Remainder of 17.2.7 unchanged.]

B. Bylaws: Amend 17.20.7, as follows:

17.20.7 Number of Contests **and Dates of Competition.**

17.20.7.1 Maximum Limitations – Institutional. A member institution shall limit its total playing schedule with outside competition in softball during the institution's softball playing season to 56 contests (games and scrimmages) **during the championship segment and two dates of competition during the nonchampionship segment,** except for those contests excluded under Bylaws 17.20.7.3, 17.20.7.4 and 17.20.7.5.

[17.20.7.1.1 unchanged.]

17.20.7.2 Maximum Limitations – Student-Athlete. An individual student-athlete may participate in each academic year in 56 softball contests **during the championship segment and two dates of competition during the nonchampionship segment**. This limitation includes those contests in which the student represents the institution in accordance with Bylaw 17.02.8, including competition as a member of the varsity, junior varsity or freshman team of the institution.

[Remainder of 17.20.7 unchanged.]

Rationale: Providing baseball and softball student-athletes with an opportunity to participate in dates of competition during the nonchampionship segment will allow for better preparation for the championship segment of the playing season. Baseball and softball are often hindered by weather, which can impact when teams can start their championship segment. As a result, in some cases, the first contests an institution plays are conference and regional games, which are important for conference standings and NCAA championship selections. Dates of competition during the nonchampionship segment will allow teams to be better prepared, physically and skill-wise, without those dates counting against the maximum number of contests permitted in the championship segment. In addition, existing legislation relating to no class time missed for competition during the nonchampionship segment for team sports ensures that student-athletes will not compromise their academic commitments to participate in nonchampionship segment dates of competition.

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

DRAFT

PLAYING AND PRACTICE SEASONS – BASEBALL AND SOFTBALL – NUMBER OF CONTESTS -- MAXIMUM LIMITATIONS – INSTITUTIONAL AND STUDENT-ATHLETE – NONCHAMPIONSHIP SEGMENT DATES OF COMPETITION—FOUR DATES OF COMPETITION

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships and Legislation Committees)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to the National Office

Intent: In baseball and softball, to establish a maximum number of four dates of competition in which an institution and a student-athlete may participate during the nonchampionship segment.

A. Bylaws: Amend 17.2.7, as follows:

17.2.7 Number of Contests **and Dates of Competition.**

17.2.7.1 Maximum Limitations – Institutional. A member institution shall limit its total playing schedule with outside competition in baseball during the institution's baseball playing season to 50 contests (games and scrimmages) **during the championship segment and four dates of competition during the nonchampionship segment,** except for those contests excluded under Bylaws 17.2.7.3, 17.2.7.4 and 14.7.5.

[17.2.7.1.1 unchanged.]

17.2.7.2 Maximum Limitations – Student-Athlete. An individual student-athlete may participate in each academic year in 50 baseball contests **during the championship segment and four dates of competition during the nonchampionship segment.** This limitation includes those contests in which the student represents the institution in accordance with Bylaw 17.02.8, including competition as a member of the varsity, junior varsity or freshman team of the institution.

[Remainder of 17.2.7 unchanged.]

B. Bylaws: Amend 17.20.7, as follows:

17.20.7 Number of Contests **and Dates of Competition.**

17.20.7.1 Maximum Limitations – Institutional. A member institution shall limit its total playing schedule with outside competition in softball during the institution's softball playing season to 56 contests (games and scrimmages) **during the championship segment and four dates of competition during the nonchampionship segment,** except for those contests excluded under Bylaws 17.20.7.3, 17.20.7.4 and 17.20.7.5.

[17.20.7.1.1 unchanged.]

17.20.7.2 Maximum Limitations – Student-Athlete. An individual student-athlete may participate in each academic year in 56 softball contests during the championship segment and four dates of competition during the nonchampionship segment. This limitation includes those contests in which the student represents the institution in accordance with Bylaw 17.02.8, including competition as a member of the varsity, junior varsity or freshman team of the institution.

[Remainder of 17.20.7 unchanged.]

Rationale: Providing baseball and softball student-athletes with an opportunity to participate in dates of competition during the nonchampionship segment will allow for better preparation for the championship segment of the playing season. Baseball and softball are often hindered by weather, which can impact when teams can start their championship segment. As a result, in some cases, the first contests an institution plays are conference and regional games which are important for conference standings and NCAA championship selections. Dates of competition during the nonchampionship segment will allow teams to be better prepared, physically and skill-wise, without those dates counting against the maximum number of contests permitted in the championship segment. In addition, existing legislation relating to no class time missed for competition during the nonchampionship segment for team sports ensures that student-athletes will not compromise their academic commitments to participate in nonchampionship segment dates of competition.

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

DRAFT

**ELIGIBILITY – SEASONS OF COMPETITION: 10-SEMESTER/15-QUARTER RULE –
CRITERIA FOR DETERMINING SEASON OF ELIGIBILITY – EXCEPTIONS FOR
PARTICIPATION DURING THE NONCHAMPIONSHIP SEGMENT—BASEBALL,
SOFTBALL AND MEN’S AND WOMEN’S LACROSSE**

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships and Legislation Committees)].

Proposal Category: Presidents Council

Topical Area: Eligibility

Status: Submitted to the National Office

Intent: In baseball, softball and men’s and women’s lacrosse, to permit a student-athlete to engage in outside competition during the nonchampionship segment without using a season of competition, provided the student-athlete was academically eligible at the beginning of the fall term of that academic year.

Bylaws: Amend 14.2.4, as follows:

14.2.4 Criteria for Determining Season of Eligibility.

[14.2.4.1 through 14.2.4.1.1 unchanged.]

14.2.4.1.2 Exceptions For Participation During the Nonchampionship Segment—~~Women’s Volleyball, Field Hockey, Men’s and Women’s Soccer, Men’s Water Polo. A student-athlete may engage in outside competition during the segment of the playing season that does not conclude with the NCAA championship without using a season of competition, provided the student athlete was academically eligible during the segment in the same academic year that concludes with the NCAA championship.~~

14.2.4.1.2.1 Fall Division II Championship Sports—Field Hockey, Men’s and Women’s Soccer, Women’s Volleyball and Men’s Water Polo. A student-athlete may engage in outside competition during the nonchampionship segment without using a season of competition, provided the student-athlete was academically eligible during the segment in the same academic year that concludes with the NCAA championship.

14.2.4.1.2.2 Spring Division II Championship Sports—Baseball, Softball and Men’s and Women’s Lacrosse. A student-athlete may engage in outside competition during the nonchampionship segment without using a season of competition, provided the student-athlete was academically eligible at the beginning of the fall term of that academic year.

Rationale: Student-athletes who participate in sports with nonchampionship dates of competition should have the ability to participate in those dates of competition without being charged a season of competition, regardless of whether the championship takes place in the fall or spring. Division II championship spring sport student-athletes should be afforded the opportunity to prepare for the championship segment by participating in outside competition during the nonchampionship segment. Student-athlete well-being is preserved because spring Division II championship student-athletes will no longer be charged a season of competition for participating in the nonchampionship segment if they do not represent the institution in the championship segment. In addition, requiring student-athletes to be eligible to represent the institution ensures that academic integrity is maintained.

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

PLAYING AND PRACTICE SEASONS – DIVISION II CHAMPIONSHIP SPRING SPORTS – FIRST DATE OF PRACTICE AND COMPETITION IN THE NONCHAMPIONSHIP SEGMENT—SEPTEMBER 7 OR FOURTH DAY OF CLASSES

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships and Legislation Committees)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to National Office

Intent: In baseball, golf, lacrosse, rowing, softball, tennis and track and field, to specify that the start date for practice and competition in the nonchampionship segment is September 7 or the fourth day of classes, whichever is earlier.

A. Bylaws: Amend 17.2, as follows:

17.2 BASEBALL. Regulations for computing the baseball playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.)

[17.2.1 through 17.2.4 unchanged.]

17.2.5 First Date of Practice and Competition – Nonchampionship Segment. A member institution shall not commence practice sessions or engage in outside competition in the nonchampionship segment before September 7 or the ~~first~~ **fourth** day of classes, whichever is earlier.

[Remainder of 17.2 unchanged.]

B. Bylaws: Amend 17.10, as follows:

17.10 GOLF. Regulations for computing the golf playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.)

[17.10.1 through 17.10.4 unchanged.]

17.10.5 First Date of Practice and Competition – Nonchampionship Segment. A member institution shall not commence practice sessions or engage in outside competition in the nonchampionship segment before September 7 or the ~~first~~ **fourth** day of classes, whichever ~~occurs first~~ **is earlier**.

[Remainder of 17.10 unchanged.]

C. Bylaws: Amend 17.13, as follows:

17.13 LACROSSE. Regulations for computing the lacrosse playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.)

[17.13.1 through 17.13.4 unchanged.]

17.13.5 First Date of Practice and Competition – Nonchampionship Segment. A member institution shall not commence practice sessions or engage in outside competition in the nonchampionship segment before September 7 or the ~~first~~ **fourth** day of classes, whichever ~~occurs first~~ **is earlier**.

[Remainder of 17.13 unchanged.]

D. Bylaws: Amend 17.15, as follows:

17.15 ROWING. Regulations for computing the rowing playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.) The following regulations apply independently to open and lightweight rowing programs.

[17.15.1 through 17.15.4 unchanged.]

17.15.5 First Date of Practice and Competition – Nonchampionship Segment. A member institution shall not commence practice sessions or engage in outside competition in the nonchampionship segment before September 7 or the ~~first~~ **fourth** day of classes, whichever ~~occurs first~~ **is earlier**.

[Remainder of 17.5 unchanged.]

E. Bylaws: Amend 17.20, as follows:

17.20 SOFTBALL. Regulations for computing the softball playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.)

[17.20.1 through 17.20.4 unchanged.]

17.20.5 First Date of Practice and Competition – Nonchampionship Segment. A member institution shall not commence practice sessions or engage in outside competition in the

nonchampionship segment before September 7 or the ~~first~~ **fourth** day of classes, whichever ~~occurs first~~ **is earlier**.

[Remainder of 17.20 unchanged.]

F. Bylaws: Amend 17.23, as follows:

17.23 TENNIS. Regulations for computing the tennis playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.)

[17.23.1 through 17.23.4 unchanged.]

17.23.5 First Date of Practice and Competition – Nonchampionship Segment. A member institution shall not commence practice sessions or engage in outside competition in the nonchampionship segment before September 7 or the ~~first~~ **fourth** day of classes, whichever ~~occurs first~~ **is earlier**.

[Remainder of 17.23 unchanged.]

G. Bylaws: Amend 17.24, as follows:

17.24 TRACK AND FIELD, INDOOR/OUTDOOR. Regulations for computing the indoor/outdoor track and field playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.)

[17.24.1 through 17.24.1.1 unchanged.]

17.24.2 Preseason Practice. A member institution shall not commence practice sessions in indoor and outdoor track and field before September 7 or the institution's ~~first~~ **fourth** day of classes ~~for the fall term~~, whichever is earlier.

17.24.3 First Date of Competition. A member institution shall not engage in its first date of competition (meet or practice meet) with outside competition in indoor and outdoor track and field before September 7 or the institution's ~~first~~ **fourth** day of classes ~~for the fall term~~, whichever is earlier.

[Remainder of 17.23 unchanged.]

Rationale: As the presidents and chancellors continue to focus on aligning the playing and practice seasons regulations with the Strategic Positioning Platform, Phase II of the Life in the Balance initiative focuses on the student-athlete experience. Amending the start date of spring Division II championship sports to September 7 or the fourth day of classes, whichever is earlier, will likely provide student-athletes the opportunity to begin getting acclimated to the campus, their class schedule and nonathletic related commitments.

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

Figure 17-3
Countable Athletically Related Activities
2010-11 Academic Year

Countable Activities	Bylaw(s)
Competition	17.02.2
Individual workouts (as required or supervised by a member of the coaching staff) ¹	17.02.1
On-court or on-field activities called by any member or members of a team and confined primarily to members of that team that are considered as a requisite for participation in that sport (e.g., captain's practices)	17.02.1
Participation in a physical fitness class (including during a summer session) conducted by a member of the athletics staff ²	17.02.1
Practice ³ , including but not limited to: <ul style="list-style-type: none"> • Activities using equipment related to the sport • Activities conducted as part of physical education class work⁴ • Chalk talk • Discussions or review of game films, motion pictures or video tapes related to the sport • Field, floor or on-court activity • Lecture on or discussion of strategy related to the sport • Setting up offensive or defensive alignment 	17.02.1
Required preparation of playing field for practice or competition	17.02.1
Required participation in camps, clinics or workshops	17.02.1
Required participation of student-athletes in permissible tryouts involving prospective student-athletes or full-time students ⁵	13.12.2.1 17.02.1 17.02.12

Figure 17-3: Countable Athletically Related Activities

Page No. 2

Countable Activities	Bylaw(s)
Required skill instruction	17.1.6.2.1
Required weight-training and conditioning activities held at the direction of or supervised by an institutional staff member	17.02.1
Use of institutional athletics facilities when such activities are supervised by or held at the direction of any member of the institution's coaching staff	17.02.1
Visiting the competition site (in cross country, golf and skiing)	17.02.1
Noncountable Activities	Bylaw(s)
Athletics department academic study hall or tutoring sessions	17.02.1
Involvement of an institution's strength and conditioning staff with student-athletes in voluntary conditioning programs	17.02.1.1
Medical examinations or treatments	17.02.1
Meetings with coaches on nonathletics matters (e.g., compliance, drug education, academic support services, housing and meals information)	17.02.1
Observation of an officiating clinic related to playing rules that is conducted by video conference and does not require student-athlete to miss any class time to observe the clinic (as a component of practice)	17.02.1
Participation in fund-raising activities or community service or community engagement	17.02.1
Physical rehabilitation	17.02.1
Student-athlete requested individual summer workout sessions with a member of the coaching staff (<i>outside of playing season</i>) ⁶	17.10.8.1.1 17.15.8.1.1 17.22.6.1.1 17.23.8.1.1 17.24.6.1.1

Noncountable Activities	Bylaw(s)
Training-table or competition-related meals	17.02.1
Travel to and from practice and competition	17.02.1
Treatment by athletic training personnel	17.02.1
Voluntary skill instruction at the request of the student-athlete (in all sports other than football)	17.02.1.2 17.1.6.2.1

¹ A coach may create a general individual workout program for a student-athlete (as opposed to a specific workout for specific days) but cannot conduct the individual's workout.

² Participation in a regular physical education class, with or without credit, that is listed in the institution's catalog and open to all students, shall not be considered countable athletically related activity and shall not be counted in the weekly or daily time limitations specified under Bylaw 17.1.5.1.

³ Practice is defined as any meeting, activity or instruction involving sports-related information and having an athletics purpose, held for one or more student-athletes at the direction of, or supervised by, any member of an institution's coaching staff. Practice is considered to have occurred, if one or more coaches or one or more student-athletes engage in any of the aforementioned activities.

⁴ For example, any class composed of or including primarily members of an intercollegiate team on a required attendance basis or where the class uses equipment for the sport.

⁵ If participation occurs outside the institution's declared playing season, it shall be counted as part of countable required conditioning activities.

⁶ This activity is only applicable to golf, rowing, swimming and diving, tennis and track and field.

PLAYING AND PRACTICE SEASONS – WEEKLY HOUR LIMITATIONS – OUTSIDE THE PLAYING SEASON – FULL TEAM ACTIVITIES AND SKILL INSTRUCTION – SPORTS OTHER THAN FOOTBALL

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships and Legislation Committees)].

Category: Presidents Council

Status: Submitted to National Office

Intent: In sports other than football, to permit student-athletes to participate in a maximum of two hours of full team activities per week from the beginning of the institution's academic year in the fall term through the day before the first permissible practice date; further, to specify that outside of the playing season after the Division II championship to one week prior to the beginning of the institution's final examination period, a student-athlete may participate in no more than two hours per week of skill instruction as part of the permissible eight hours of required countable athletically related activities that may occur during the academic year outside of the playing season.

A. Bylaw: Amend 17.1.6.2, as follows:

17.1.6.2 Weekly Hour Limitations—Outside of Playing Season.

17.1.6.2.1 Sports Other Than Football. ~~In sports other than football, outside of the playing season during the academic year, only a student-athlete's participation in weight-training, conditioning, full team activities and individual skill instruction and, in football, review of game film shall be permitted. A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on skill instruction set forth in Bylaw 17.1.6.2.1 and, in football, review of game film. All countable athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of the institution's final examinations. Participation in voluntary individual workouts monitored by strength and conditioning personnel for safety purposes per Bylaw 17.02.1.1 shall not count against the weekly hour limitation.~~ **From the beginning of the institution's academic year in the fall term through the day before the first permissible practice date, a student-athlete's participation in weight-training, conditioning and full team activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on full team activities (e.g., practice). After the Division II championship to one week prior to the beginning of the institution's final examination period, a student-athlete's participation in weight-training, conditioning and skill instruction shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on skill workouts set forth in Bylaw 17.1.6.2.3.**

17.1.6.2.2 Football. In football, outside of the playing season during the academic year, only a student-athlete's participation in weight-training, conditioning and review of game film shall be permitted. A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on review of game film.

[17.1.6.2.1 through 17.1.6.2.1.1-(c) renumbered as 17.1.6.2.3 through 17.1.6.2.3.1-(c), unchanged.]

17.1.6.2.24 Conditioning Activities. Conditioning drills per Bylaws **17.1.6.2.1, 17.1.6.2.2 and 17.1.6.2.3** that ~~may~~ simulate game activities are permissible, provided no offensive or defensive alignments are set up and no equipment related to the sport is used. In ice hockey, a student-athlete may be involved in on-ice conditioning activities, provided no equipment other than skates is used. In swimming and diving, a student-athlete may be involved with in-pool conditioning activities and swimming-specific equipment (e.g., starting blocks, kickboards, pull buoys) may be used.

17.1.6.2.5 Institutional Final Exam Period. All countable athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of the institution's final examinations. Participation in voluntary individual workouts monitored by strength and conditioning personnel for safety purposes per Bylaw 17.02.1.1 shall not count against the weekly hour limitation.

[17.1.6.2.3 through 17.1.6.2.4 renumbered as 17.1.6.2.6 through 17.1.6.2.7, unchanged.]

Rationale: Currently, outside the playing season during the academic year, student-athletes are limited to a maximum of eight hours per week of countable athletically related activities, of which not more than two hours per week can be spent on individual skill-instruction. This proposal will provide coaches with the ability to prepare for in-season competition with full team activities, including practice, between the beginning of the institution's academic year in the fall term through the day before the first permissible practice date while maintaining individual skill instruction for the development of individual student-athletes in the postseason after the Division II championship. This proposed change does not increase the time for out-of-season activities; it simply permits another type of activity during that time.

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

PLAYING AND PRACTICE SEASONS – GENERAL PLAYING-SEASON REGULATIONS – TIME LIMITS FOR ATHLETICALLY RELATED ACTIVITIES -- WEEKLY HOUR LIMITATIONS – OUTSIDE THE PLAYING SEASON – FULL TEAM ACTIVITIES

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships and Legislation Committee)].

Category: Presidents Council

Status: Submitted to National Office

Intent: In sports other than football, outside the playing season during the academic year, to permit student-athletes to participate in a maximum of two hours of full team activities per week as part of the permissible eight hours of required countable athletically related activities.

A. Bylaw: Amend 17.1.6.2, as follows:

17.1.6.2 Weekly Hour Limitations—Outside of Playing Season.

17.1.6.2.1 Sports Other Than Football. ~~In sports other than football, outside the playing season during the academic year, only a student-athlete's participation in weight-training, conditioning, individual skill instruction and, in football, review of game film~~ **full-team activities (e.g., practice)** shall be permitted. A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on ~~individual skill workouts set forth in Bylaw 17.1.6.2.1 and, in football, review of game film.~~ **full-team activities.** ~~All countable athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of the institution's final examinations. Participation in voluntary individual workouts monitored by strength and conditioning personnel for safety purposes per Bylaw 17.02.1.1 shall not count against the weekly hour limitation.~~

17.1.6.2.2 Football. ~~In football, outside the playing season during the academic year, only a student-athlete's participation in weight-training, conditioning and review of game film shall be permitted. A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on review of game film.~~

~~17.1.6.2.1 Skill Instruction. In sports other than football, participation by student athletes in individual skill-related instruction is permitted outside the institution's declared playing season. More than one group of student athletes from the same team may participate in skill instruction with their same coach(es) in the same facility or in different facilities at the same time, provided there is no co-mingling between the groups. Each group of student athletes must have a separate coach.~~

~~17.1.6.2.1.1 Groups of Student Athletes. In sports other than football, the following number of student athletes is permitted in each group for skill instruction.~~

~~(a) Individual Sports. No more than four student athletes from the same individual sport shall be a part of a group of student athletes working with a coach at one time.~~

~~(b) Team Sports with Starting Squad Size of Six or Fewer. No more than four student athletes from the same team shall be a part of a group of student athletes working with a coach at one time.~~

~~(c) Team Sports with Starting Squad Size of Seven or More. No more than six student athletes from the same team shall be part of a group of student athletes working with a coach at one time.~~

17.1.6.2.23 Conditioning Activities. Conditioning drills per Bylaws 17.1.6.2.1 and 17.1.6.2.2 that ~~may~~ simulate game activities are permissible, provided no offensive or defensive alignments are set up and no equipment related to the sport is used. In ice hockey, a student-athlete may be involved in on-ice conditioning activities, provided no equipment other than skates is used. In swimming and diving, a student-athlete may be involved with in-pool conditioning activities and swimming-specific equipment (e.g., starting blocks, kickboards, pull buoys) may be used.

17.1.6.2.4 Institutional Final Exam Period. All countable athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of the institution's final examinations. Participation in voluntary individual workouts monitored by strength and conditioning personnel for safety purposes per Bylaw 17.02.1.1 shall not count against the weekly hour limitation.

17.1.6.2.3 through 17.1.6.2.4 renumbered as 17.1.6.2.5 through 17.1.6.2.6, unchanged.]

Rationale:

Currently, outside the playing season during the academic year, student-athletes are limited to a maximum of eight hours per week of countable athletically related activities, of which not more than two hours per week can be spent on skill-instruction. This proposal will provide coaches with the flexibility to determine what type of full team activities best meet the needs of his or her team. This proposed change does not increase the time for out-of-season activities; it simply permits another type of activity during that time. This proposal is in response to concerns about the time demands placed on coaches,

trainers, facilities staff and other athletics administrators and is consistent with the division's strategic positioning platform and the Life in the Balance Initiative.

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

OPTION ONE

PLAYING AND PRACTICE SEASONS – START DATE FOR CONDITIONING ACTIVITIES AND PRESEASON PRACTICE – WINTER SPORTS

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships Committee and Legislation Committee)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to National Office

Intent: In basketball, swimming and diving, indoor track and field and wrestling, to amend the start date for conditioning activities and preseason practice, as follows: (1) To specify that conditioning or physical-fitness activities supervised by coaching staff members shall not begin before September 7 or the institution's fourth day of classes for the fall term, whichever is earlier; and (2) In swimming and diving, indoor track and field and wrestling, to specify that an institution shall not commence preseason practice sessions before September 7 or the institution's fourth day of classes for the fall term, whichever is earlier.

A. Bylaws: Amend 17.1.6.2, as follows:

17.1.6.2 Weekly Hour Limitations – Outside of Playing Season. Outside of the playing season during the academic year, only a student-athlete's participation in weight training, conditioning, individual skill instruction and, in football, review of game film shall be permitted. **In basketball, swimming and diving, indoor track and field and wrestling, conditioning or physical-fitness activities supervised by coaching staff members shall not begin before September 7 or the institution's fourth day of classes for the fall term, whichever is earlier.** A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on individual skill workouts set forth in Bylaw 17.1.6.2.1 and, in football, review of game film. All countable athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of the institution's final examinations. Participation in voluntary individual workouts monitored by strength and conditioning personnel for safety purposes per Bylaw 17.02.1.1 shall not count against the weekly hour limitation.

B. Bylaws: Amend 17.3, as follows:

17.3 BASKETBALL. Regulations for computing the basketball playing season are set forth in Bylaw 17.1, General Playing Season Regulations.

[17.3.1 through 17.3.2.1 unchanged.]

17.3.2.1.1 Permissible Conditioning Activities. Team conditioning or physical-fitness activities supervised by coaching staff members may be conducted on or off court but shall not begin before ~~the beginning of the institution's academic year~~ **September 7 or the institution's fourth day of classes for the fall term, whichever is earlier,** in accordance with Bylaw 17.1.6.2. Such activities shall be limited to eight hours per week.

[Remainder of 17.3 unchanged.]

C. Bylaws: Amend 17.22, as follows:

17.22 SWIMMING AND DIVING. Regulations for computing the swimming and diving playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.22.1 through 17.22.1.1 unchanged.]

17.22.2 Preseason Practice. A member institution shall not commence practice sessions in swimming and diving before September 7 or the institution's ~~first~~ **fourth** day of classes for the fall term, whichever is earlier.

[Remainder of 17.22 unchanged.]

D. Bylaws: Amend 17.24, as follows:

17.24 TRACK AND FIELD, INDOOR AND OUTDOOR. Regulations for computing the indoor/outdoor track and field playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.24.1 through 17.24.1.1 unchanged.]

17.24.2 Preseason Practice. A member institution shall not commence practice sessions in indoor and outdoor track and field before September 7 or the institution's ~~first~~ **fourth** day of classes for the fall term, whichever is earlier.

[Remainder of 17.24 unchanged.]

E. Bylaws: Amend 17.27, as follows:

17.27 WRESTLING. Regulations for computing the wrestling playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.27.1 unchanged.]

17.27.2 Preseason Practice. A member institution shall not commence practice sessions in wrestling before September 7 or the institution's ~~first~~ **fourth** day of classes for the fall term, whichever is earlier.

[Remainder of 17.27 unchanged.]

Rationale: This proposal is part of Phase II of the Life in the Balance initiative, which focuses on a review of the playing and practice seasons legislation to ensure its alignment with the division's Strategic Positioning Platform and the principle of "life in the balance." Currently, basketball student-athletes may begin conditioning activities at the beginning of the institution's academic year and may begin on-court practice on October 15. All other winter sport student-athletes (swimming and diving, indoor track and field and wrestling) may begin conditioning activities at the beginning of the institution's academic year and may begin preseason practice on September 7 or the institution's first day of classes for the fall term, whichever is earlier. These sports conclude their championship segment in mid- to late-March, which accounts for the longest championship segment in any sports season. At most institutions, this change will benefit student-athletes by starting preseason practice at a minimum of four days after the first day of classes in the fall term, whereas in some instances it will be longer. This change will allow student-athletes to become accustomed to campus life and their course schedule at the beginning of the fall term before starting conditioning or preseason practice activities.

Student-Athlete Impact: TBD

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

OPTION TWO

PLAYING AND PRACTICE SEASONS – START DATE FOR CONDITIONING ACTIVITIES AND PRESEASON PRACTICE – WINTER SPORTS

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships Committee and Legislation Committee)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to National Office

Intent: In basketball, swimming and diving, indoor track and field and wrestling, to amend the start date for conditioning activities and preseason practice, as follows: (1) To specify that conditioning or physical-fitness activities supervised by coaching staff members shall not begin before September 15; and, (2) In swimming and diving, indoor track and field and wrestling, to specify that an institution shall not commence preseason practice sessions before September 15.

A. Bylaws: Amend 17.1.6.2, as follows:

17.1.6.2 Weekly Hour Limitations – Outside of Playing Season. Outside of the playing season during the academic year, only a student-athlete's participation in weight training, conditioning, individual skill instruction and, in football, review of game film shall be permitted. **In basketball, swimming and diving, indoor track and field and wrestling, conditioning or physical-fitness activities supervised by coaching staff members shall not begin before September 15.** A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on individual skill workouts set forth in Bylaw 17.1.6.2.1 and, in football, review of game film. All countable athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of the institution's final examinations. Participation in voluntary individual workouts monitored by strength and conditioning personnel for safety purposes per Bylaw 17.02.1.1 shall not count against the weekly hour limitation.

B. Bylaws: Amend 17.3, as follows:

17.3 BASKETBALL. Regulations for computing the basketball playing season are set forth in Bylaw 17.1, General Playing Season Regulations.

[17.3.1 through 17.3.2.1 unchanged.]

17.3.2.1.1 Permissible Conditioning Activities. Team conditioning or physical-fitness activities supervised by coaching staff members may be conducted on or off court but shall not begin before ~~the beginning of the institution's academic year~~ **September 15** in accordance with Bylaw 17.1.6.2. Such activities shall be limited to eight hours per week.

[Remainder of 17.3 unchanged.]

C. Bylaws: Amend 17.22, as follows:

17.22 SWIMMING AND DIVING. Regulations for computing the swimming and diving playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.22.1 through 17.22.1.1 unchanged.]

17.22.2 Preseason Practice. A member institution shall not commence practice sessions in swimming and diving before September 7 **15** ~~or the institution's first day of classes for the fall term, whichever is earlier.~~

[Remainder of 17.22 unchanged.]

D. Bylaws: Amend 17.24, as follows:

17.24 TRACK AND FIELD, INDOOR AND OUTDOOR. Regulations for computing the indoor/outdoor track and field playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.24.1 through 17.24.1.1 unchanged.]

17.24.2 Preseason Practice. A member institution shall not commence practice sessions in indoor and outdoor track and field before September 7 **15** ~~or the institution's first day of classes for the fall term, whichever is earlier.~~

[Remainder of 17.24 unchanged.]

E. Bylaws: Amend 17.27, as follows:

17.27 WRESTLING. Regulations for computing the wrestling playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.27.1 unchanged.]

17.27.2 Preseason Practice. A member institution shall not commence practice sessions in wrestling before September 7 15 ~~or the institution's first day of classes for the fall term, whichever is earlier.~~

[Remainder of 17.27 unchanged.]

Rationale: This proposal is part of Phase II of the Life in the Balance initiative, which focuses on a review of the playing and practice seasons legislation to ensure its alignment with the division's Strategic Positioning Platform and the principle of "life in the balance." Currently, basketball student-athletes may begin conditioning activities at the beginning of the institution's academic year and may begin on-court practice on October 15. All other winter sport student-athletes (swimming and diving, indoor track and field and wrestling) may begin conditioning activities at the beginning of the institution's academic year and may begin preseason practice on September 7 or the institution's first day of classes for the fall term, whichever is earlier. These sports conclude their championship segment in mid- to late-March, which accounts for the longest championship segment in any sports season. This change will establish a consistent start date of September 15 for conditioning or preseason practice activities in all winter sports. At most institutions, this change will benefit student-athletes by starting preseason practice later in the fall term. This change will allow student-athletes to become accustomed to campus life and their course schedule at the beginning of the fall term before starting conditioning or preseason practice activities.

Student-Athlete Impact: TBD

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

DRAFT

OPTION THREE

PLAYING AND PRACTICE SEASONS – START DATE FOR CONDITIONING ACTIVITIES AND PRESEASON PRACTICE – WINTER SPORTS

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships Committee and Legislation Committee)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to National Office

Intent: In basketball, swimming and diving, indoor track and field and wrestling, to amend the start date for conditioning activities and preseason practice, as follows: (1) To specify that conditioning or physical-fitness activities supervised by coaching staff members shall not begin before September 15 or the institution's first day of classes for the fall term, whichever is later; and, (2) In swimming and diving, indoor track and field and wrestling, to specify that an institution shall not commence preseason practice sessions before September 15 or the institution's first day of classes for the fall term, whichever is later.

A. Bylaws: Amend 17.1.6.2, as follows:

17.1.6.2 Weekly Hour Limitations – Outside of Playing Season. Outside of the playing season during the academic year, only a student-athlete's participation in weight training, conditioning, individual skill instruction and, in football, review of game film shall be permitted. **In basketball, swimming and diving, indoor track and field and wrestling, conditioning or physical-fitness activities supervised by coaching staff members shall not begin before September 15 or the institution's first day of classes for the fall term, whichever is later.** A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on individual skill workouts set forth in Bylaw 17.1.6.2.1 and, in football, review of game film. All countable athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of the institution's final examinations. Participation in voluntary individual workouts monitored by strength and conditioning personnel for safety purposes per Bylaw 17.02.1.1 shall not count against the weekly hour limitation.

B. Bylaws: Amend 17.3, as follows:

17.3 BASKETBALL. Regulations for computing the basketball playing season are set forth in Bylaw 17.1, General Playing Season Regulations.

[17.3.1 through 17.3.2.1 unchanged.]

17.3.2.1.1 Permissible Conditioning Activities. Team conditioning or physical-fitness activities supervised by coaching staff members may be conducted on or off court but shall not begin before ~~the beginning of the institution's academic year~~ **September 15 or the institution's first day of classes for the fall term, whichever is later,** in accordance with Bylaw 17.1.6.2. Such activities shall be limited to eight hours per week.

[Remainder of 17.3 unchanged.]

C. Bylaws: Amend 17.22, as follows:

17.22 SWIMMING AND DIVING. Regulations for computing the swimming and diving playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.22.1 through 17.22.1.1 unchanged.]

17.22.2 Preseason Practice. A member institution shall not commence practice sessions in swimming and diving before September ~~7~~ **15** or the institution's first day of classes for the fall term, whichever is ~~earlier~~ **later**.

[Remainder of 17.22 unchanged.]

D. Bylaws: Amend 17.24, as follows:

17.24 TRACK AND FIELD, INDOOR AND OUTDOOR. Regulations for computing the indoor/outdoor track and field playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.24.1 through 17.24.1.1 unchanged.]

17.24.2 Preseason Practice. A member institution shall not commence practice sessions in indoor and outdoor track and field before September ~~7~~ **15** or the institution's first day of classes for the fall term, whichever is ~~earlier~~ **later**.

[Remainder of 17.24 unchanged.]

E. Bylaws: Amend 17.27, as follows:

17.27 WRESTLING. Regulations for computing the wrestling playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

[17.27.1 unchanged.]

17.27.2 Preseason Practice. A member institution shall not commence practice sessions in wrestling before September 7 **15** or the institution's first day of classes for the fall term, whichever is ~~earlier~~ **later**.

[Remainder of 17.27 unchanged.]

Rationale: This proposal is part of Phase II of the Life in the Balance initiative, which focuses on a review of the playing and practice seasons legislation to ensure its alignment with the division's Strategic Positioning Platform and the principle of "life in the balance." Currently, basketball student-athletes may begin conditioning activities at the beginning of the institution's academic year and may begin on-court practice on October 15. All other winter sport student-athletes (swimming and diving, indoor track and field and wrestling) may begin conditioning activities at the beginning of the institution's academic year and may begin preseason practice on September 7 or the institution's first day of classes for the fall term, whichever is earlier. These sports conclude their championship segment in mid- to late-March, which accounts for the longest championship segment of any sports season. At most institutions, this change will benefit student-athletes by starting preseason practice later than the first day of classes in the fall term. Due to this change, quarter institutions will not be able to begin conditioning or preseason practice until the first day of classes. This change will allow student-athletes to become accustomed to campus life and their course schedule at the beginning of the fall term before starting conditioning or preseason practice activities.

Student-Athlete Impact: TBD

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

DRAFT

OPTION FOUR

PLAYING AND PRACTICE SEASONS – REDUCTION TO LENGTH OF PLAYING SEASON – WINTER SPORTS

Convention Year: 2011

Effective Date: August 1, 2011

Source: NCAA Division II Presidents Council [Management Council (Championships Committee and Legislation Committee)].

Proposal Category: Presidents Council

Topical Area: Playing and Practice Seasons

Status: Submitted to National Office

Intent: In basketball, swimming and diving, indoor track and field and wrestling, to reduce the length of the playing season by seven days, as specified.

A. Bylaws: Amend 17.3, as follows:

17.3 BASKETBALL. Regulations for computing the basketball playing season are set forth in Bylaw 17.1, General Playing Season Regulations.

Notes:

(1) SHOULD THE PROPOSAL AMEND THE START DATE FOR ON-COURT PRACTICE FROM OCTOBER 15 TO OCTOBER 22;

(2) SHOULD THIS CHANGE BE DONE VIA CHAMPIONSHIPS POLICY BY STARTING THE DIVISION II CHAMPIONSHIP SEVEN DAYS EARLIER; OR

(3) SHOULD THERE BE NO CHANGE TO THE LENGTH OF THE BASKETBALL SEASON?

B. Bylaws: Amend 17.22, as follows:

17.22 SWIMMING AND DIVING. Regulations for computing the swimming and diving playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

17.22.1 Length of Playing Season. The length of an institution's playing season in swimming and diving shall be limited to a ~~144~~ **137**-day season which may consist of two segments (each consisting of consecutive days) and exclude only required off days per

Bylaw 17.1.6.4 and official vacation, holiday and final-examination periods during which no practice or competition shall occur.

[Remainder of 17.22 unchanged.]

C. Bylaws: Amend 17.24, as follows:

17.24 TRACK AND FIELD, INDOOR AND OUTDOOR. Regulations for computing the indoor/outdoor track and field playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

17.24.1 Length of Playing Season. The length of an institution's playing season in indoor and outdoor track and field shall be limited to the following:

- (a) An institution that sponsors only indoor or outdoor track and field (but not both) or does not participate in the minimum number of consists with at least the minimum number of participants required to count both indoor and outdoor track and field in meeting division membership requirements is limited to a ~~144~~**137**-day season for indoor and outdoor track and field combined, which may consist of two segments (each consisting of consecutive days) and which may exclude only required days off per Bylaw 17.1.6.4 and official vacation, holiday and final-examination periods during which no practice or competition occurs.
- (b) An institution that sponsors both indoor and outdoor track and field is limited to a ~~156~~**149**-day season for indoor and outdoor track and field combined, which may consist of two segments (each consisting of consecutive days) and which may exclude only required days of per Bylaw 17.1.6.4 and official vacation, holiday and final-examination periods during which no practice or competition occurs.

[Remainder of 17.24 unchanged.]

D. Bylaws: Amend 17.27, as follows:

17.27 WRESTLING. Regulations for computing the wrestling playing season are set forth in Bylaw 17.1, General Playing Season Regulations. (See Figure 17-1 and Figure 17-2).

17.27.1 Length of Playing Season. The length o fan institution's playing season in wrestling shall be limited to a ~~144~~**137**-day season which may consist of two segments (each consisting of consecutive days) and exclude only required off days per Bylaw 17.1.6.4 and official vacation, holiday and final-examination periods during which no practice or competition shall occur.

[Remainder of 17.27 unchanged.]

Rationale: This proposal is part of Phase II of the Life in the Balance initiative, which focuses on a review of the playing and practice seasons legislation to ensure its alignment with the division's Strategic Positioning Platform and the principle of "life in the balance." Currently, basketball student-athletes may begin conditioning activities at the beginning of the institution's academic year and may begin on-court practice on October 15. All other winter sport student-athletes (swimming and diving, indoor track and field and wrestling) may begin conditioning activities at the beginning of the institution's academic year and may begin preseason practice on September 7 or the institution's first day of classes for the fall term, whichever is earlier. These sports conclude their championship segment in mid- to late-March, which accounts for the longest championship segment in any sports season. This change will benefit student-athletes by reducing the length of the playing season by seven days. As such, student-athletes will be able to participate more in campus life and other activities outside of athletics.

Student-Athlete Impact: TBD

Review History:

April 13, 2010: Concept reviewed – Management Council

April 29, 2010: Concept reviewed – Presidents Council

May 12, 2010: Concept reviewed – Legislation Committee

June 8, 2010: Concept reviewed – Legislation Committee

June 9, 2010: Concept recommended – Championships Committee and Legislation Committee

June 18, 2010: Concept reviewed – Presidents Council

July 20, 2010: Approved in Concept – Management Council

August 12, 2010: Approved in Concept – Presidents Council

August XX, 2010: Approved in Legislative Format – Administrative Committee

DIVISION II REGIONALIZATION MODEL

