

# CPH EXAM STUDY TIPS



## SELF-ASSESSMENT

### REVIEW THE CONTENT OUTLINE

If you find domains where the tasks seem unfamiliar, this may be an indication of an area where you need to study.

### REVIEW THE SAMPLE QUESTIONS

These ten sample questions will give you a general sense of how CPH questions are written so you know what to expect.

### TAKE THE PRACTICE EXAM

This practice exam is the most accurate representation of the CPH exam that is available. Take the practice exam at least once before more often if you wish. How you perform on the practice exam should guide you on deciding where you need to study.



## BEGIN TO STUDY

### ASPPH CPH STUDY GUIDE

ASPPH publishes an online CPH study guide which includes practice exams, interactive sample questions, and study tips.

### APHA CPH STUDY GUIDE

APHA publishes a print study guide that includes a written overview of each of the domains and sample exam questions.

### ASPPH WEBINARS

ASPPH hosts free review webinars on each of the domains.  
[NBPHE.org/cph-webinars](http://NBPHE.org/cph-webinars)

[NBPHE.org/cph-study-resources](http://NBPHE.org/cph-study-resources)

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