

"STAY IN SHAPE"

Summer Technique Classes

Technique classes for upper level (ballet 5+/tap/jazz4+/contemporary 2) dancers to stay in shape/get their company training requirements in over the summer

"Stay In Shape" workshop, just as it sounds it is weekly classes offered for 6 weeks to help our upper level dancers (Ballet 5+/Jazz/Tap 4+/Contemporary 2) stay in shape while they are preparing to go away to an intensive, returning from an intensive before we start back up, supplementing workshops or for those with summer jobs wanting a few classes/need to fulfill company training hours this summer.

Tuesdays & Saturdays July 3-August 11

Saturday's Jazz/Tap/contemporary & conditioning 10:30-12:00, Ballet: 12:00-1:30pm

Tuesday's Ballet: 6:00-7:30pm, Jazz/Tap/Contemporary & conditioning: 7:30-9:00pm

TUITION:

Option 1: Class card ALL 24 classes (36 hours)=\$250 (**best value!**)

Option 2: Class card 12 classes =\$180

Option 3: Drop in rate, pay per class through punch card \$18

(plus \$25 summer registration fee due at time of card purchase) Schedule: (subject to change!)

Date	Style	Instructor	Studio
Tuesday July 3, 6:00-7:30	Ballet	MDR	1
Tuesday July 3, 7:30-9:00	Contemporary/conditioning	Gwen	1
Saturday July 7, 10:30-12:00	Jazz/conditioning	Eddy	1
Saturday July 7, 12-1:30	Ballet	Janelle	1
Tuesday July 10, 6:00-7:30	Ballet	MDR	1
Tuesday July 10, 7:30-9:00	Contemporary/conditioning	Tiffany	1
Saturday July 14, 10:30-12:00	Jazz/conditioning	Tiffany	1
Saturday July 14, 12-1:30	Ballet	Tiffany	1
Tuesday July 17, 6-7:30	Ballet	MDR	1
Tuesday July 17, 7:30-9:00	Rhythm/Tap/conditioning	Tony	1
Saturday July 21, 10:30-12:00	Ballet	Janelle	1
Saturday July 21, 12-1:30	Jazz/conditioning	Eddy	1
Tuesday July 24, 6-7:30	Ballet	Staci	1
Tuesday July 24, 7:30-9:00	Contemporary/conditioning	Gwen	1
Saturday July 28, 10:30-12	Tap/conditioning	Eddy	1
Saturday July 28, 12-1:30	Ballet	Casey	1
Tuesday July 31, 6-7:30	Ballet	MDR	1
Tuesday July 31, 7:30-9:00	Contemporary/conditioning	Gwen	1
Saturday August 4, 10:30-12:00	Jazz/conditioning	Eddy	1
Saturday August 4, 12-1:30	Ballet	MDR	1
Tuesday August 7, 6-7:30	Ballet	Staci	1
Tuesday August 7, 7:30-9:00	Contemporary/conditioning	Gwen	1
Saturday August 11, 12-1:30	Ballet	Janelle	1
Saturday August 11, 13:30-12	Tap/conditioning	Eddy	1

