



EVERYTHING YOU NEED TO KNOW ABOUT...
KELLER CHEER TRYOUTS



KELLER CHEER STAFF

Whitney (Wilbur) Richards, Head Cheer Coach
Jennifer Johnson, Assistant Cheer Coach
Shelly Waggoner, Assistant Cheer Coach
John Taylor, Administrative Liaison over Cheer

whitney.wilbur@kellerisd.net (*email will change for 2018-2019*)
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WEBSITES

www.kellerisd.net
www.kellercheer.com

COMMUNICATION

Any communication regarding the tryout process will come from the email address, **whitney.wilbur@kellerisd.net**. In order to know what is going on and to stay on top of important deadlines and dates, parents and cheerleaders absolutely **MUST** read their emails diligently. **DO NOT REPLY ALL TO THE MASS EMAILS**. Please understand that we will be working with around 75-80 girls during this tryout process, and before emailing with questions, please check this document first. If this document does not provide an answer to your questions, then email Whitney Richards directly.

In order to receive the mass emails, go to **www.tinyurl.com/KHScheeremail** to register a parent AND cheerleader email address.

EXPECTATIONS

The minute you are selected to join the program, all Keller Cheerleading rules apply to you.

- UIL Academic Requirements – no pass, no play
- KISD Student Handbook
- KISD Extra-Curricular Code of Conduct
- KISD High School Cheerleading Constitution
- KHS Cheer Policies and Procedures

KISD CHEER CONSTITUTION

- Constitution is located on the KISD webpage under athletics → select cheerleading
- Keep a printed copy
- It is important to read through ALL sections, before trying out.
- KISD District Website: www.kellerisd.net

TRYOUT PACKET

All forms **MUST** be on file by **Tuesday, February 20th at 4:00p.m.** – turn in to Coach Richards in room 2404

- Application and Candidate Information Form
- Activity Permission Form
- Emergency Information Form
- Travel/Medical Form: **REQUIRES NOTARIZATION**
- Transportation Consent and Release
- Student/Parent/Guardian Contract: **REQUIRES NOTARIZATION**
- Copy of Physical for **EVERY** candidate
- Medical History
- Extra Curricular Code of Conduct
- First Semester Report Card for **EVERY** candidate
- Order Tryout Shirts Online-KISD Cheer Candidate Information Form

TRYOUTS

When: Monday, March 5th – Thursday, March 8th, 4:30 – 7:30p.m.

Where: DWC

What to Wear: Official Tryout Shirts (\$22 for both shirts, pay online at the KISD Website, money is due by February 20th)

TRYOUT PROCESS

- During each day of the tryout, candidates will be observed performing cheer skills in the seven (7) scored domains. The coaches will take notes and record what the candidate displays. ***No coaching, spotting or assisting will be permitted during the tryout.***
- The coaches' notes from observing candidates will then be scored in accordance with the KISD cheer tryout rubrics for each of the seven (7) scored domains (*refer to rubrics to prepare as a candidate*).
- KHS will post team divisions from tryouts that will remain for the year, however movement may occur if skills change.
- Coaches will not stay late for candidates to have extra time for displaying skills.

TRYOUT CRITERIA

Tryout scoring rubrics for all seven (7) cheer skill areas are available to view/print from the KISD website and the Keller Cheer website.

The candidate will be judged on:

- Standing Tumbling
- Running Tumbling
- Jumps
- Cheer
- Dance
- Stunts
- Overall Performance

TEAM DIVISION REQUIREMENTS

GOLD

Required: Standing Back Tuck

Recommended: Layout or better, advanced level stunts. Above level jumps, superior showmanship/crowd leading.

*Flyers must have flexible body positions

BLUE

Required: Standing Series (3) - must be connected

Recommended: Running back tuck, intermediate-level stunts, level jumps, good showmanship/crowd leading

WHITE

Required: Standing back handspring or working toward standing back handspring

Recommended: Intermediate-level stunts, good jump technique, good showmanship/crowd leading

INJURED CANDIDATE

Candidates who are injured and unable to demonstrate required skills due to injury or illness during tryouts will need to provide a medical doctor's note indicating the restrictions the student is incapable of performing. Injured candidates may appear on the final team posting with an asterisk, and will only be added to a team once they have been released from the doctor, and required skills are demonstrated and evaluated prior to the 2017-2018 school year end. If required skills are not demonstrated to satisfaction once released, or prior to 2017-2018 school year end, the candidate will be removed from the cheer program.

TRYOUT SPECIFICS

Thursday, March 1st

- **Video Access to Tryout Material:** Instructions for accessing the audio and video tryout materials will be emailed out by **5:00 p.m.**
- You are expected to come to tryouts having learned all tryout material

Monday, March 5th – Wednesday, March 7th

- **ALL Candidates**
- **Location:** The tryouts are located in the DWC, which is next to the old gym in the high school. *Tryouts are closed. NO parents, other family members, friends or outside coaches are allowed to sit in on the tryouts.*
- **When:** 4:30 – 7:30p.m.
- **Attire/Hair:** Presentation of the candidate will be noted by coaches
Monday and Wednesday - Official NAVY Tryout shirt, white athletic shorts, white ankle socks, white cheer shoes, hair in high ponytail with white bow. **NO JEWELRY ALLOWED!**
Tuesday and Thursday - Official WHITE Tryout shirt, navy athletic shorts, white ankle socks, white cheer shoes, hair in high ponytail with navy bow. **NO JEWELRY ALLOWED!**
- **What to bring:** Bring a water bottle and any other supplies you might need. Because most girls will come to the clinic right after school, it is smart to pack a healthy snack for consumption during the break.
- **Phones:** We will provide a receptacle in which you may place your cell phones. Phones will be returned at the end of the clinic.
- **Agenda:** Candidates will be judged on standing tumbling, running tumbling, jumps, cheer, dance, stunts and over-all performance

Thursday, March 8th

- Keep this day open as it MAY be used as a tryout day if needed
- An email will be sent out after the end of tryouts on Wednesday regarding the use of this day

Friday, March 9th

- Results will be posted after 4:00p.m.
- No questions, discussions or meetings concerning scores will be responded to over Spring Break – NO exceptions will be made
- You have one (1) week following Spring Break to contact/schedule a meeting with the head coach for score review

I MADE IT, NOW WHAT?

Calendar: If you have not done so already, you must register your email address on the website in order to view the online calendar. The password for registration will be emailed out after tryouts. The KHS Cheer Calendar can be accessed on the Keller Cheer Website, kellercheer.com. To navigate to the calendar, click on the **LOCK** in the top left corner of the page and sign-in to your account.

Mandatory Dates: Your cheerleader will quickly become very busy, if she isn't already. Please mark the following dates as they are **mandatory** for all cheerleaders. Specific times for summer events and spring games will be sent out through the KHS Cheer email listserv at a later date. It is important to note that if a cheerleader is unable to attend any spring cheer practice, choreography camp or cheer boot camp they may be removed from the program. Plan accordingly.

Monday, March 19	New Cheerleader – Parent Meeting	6:00 – 7:00 p.m.
Tuesday, March 20	Used Uniform Sale (not mandatory)	5:00 – 6:00 p.m.
Tuesday, March 20	Girls Soccer Game	TBD
Wednesday, March 21	Flip Dog Fitting (Full Payment Due) (Parent/Guardian attendance encouraged)	3:00 – 5:00 p.m.
Wednesday, March 21	New Uniform Fitting (\$80 Due) (Parent/Guardian attendance encouraged)	3:00 – 5:00 p.m.
Friday, March 23	Varsity Spirit Fitting (Pay Online) (Parent/Guardian attendance encouraged)	3:00 – 5:00 p.m.
Wednesday, March 28	Spring Cheer Practice (Rookies and Returning Seniors ONLY)	4:00 – 6:00 p.m.
Tuesday, April 3	Spring Cheer Practice	4:00 – 7:00 p.m.
Wednesday, April 4	Spring Cheer Practice	4:00 – 7:00 p.m.
Friday, April 6	Baseball Game	TBD
Tuesday, April 17	Baseball Game	TBD
Wednesday, April 18	Spring Cheer Practice	4:00 – 7:00 p.m.
Friday, April 20	Pep Rally (Sophomores, Juniors and Seniors ONLY)	TBD
Friday, April 20	Softball Game	TBD
Monday, April 23	Spring Cheer Practice (Gold Letter Jacket Fitting @ 5:30p.m.)	4:00 – 7:00 p.m.

Tuesday, April 24	Spring Cheer Practice	4:00 – 7:00 p.m.
Wednesday, April 25	Spring Cheer Practice	4:00 – 7:00 p.m.
Monday, April 30	Spring Cheer Practice	4:00 – 7:00 p.m.
Tuesday, May 1	Spring Cheer Practice	4:00 – 7:00 p.m.
Wednesday, May 2	Spring Cheer Practice	4:00 – 7:00 p.m.
Saturday, May 12	Stunt Clinic	1:00 – 4:00 p.m.
Monday - Thursday, July 30 – August 2	Choreography Camp (DWC)	5:00 – 7:00 p.m.
Monday – Thursday, August 6-9	Cheer Boot Camp (DWC)	4:00 – 6:00 p.m.

COMPETITION SEASON

Highlights

- Competition is required for all cheerleaders of the program, at the coach's discretion.
- Members selected as alternates are considered true members of a competition team, and are held to the same commitments.
- Coaches will determine the placement of the competition teams.
- Any conflicts must be resolved by August 1st.
- Any athlete that quits the competition team will be removed from the cheer program.
- Any athlete that does not fulfill their commitment to the competition team may be removed from the cheer program.

Teams

- Announced before August
- Mandatory Saturday Choreography Practices in August/September
- Small Varsity – max of 12 participants (alternates not included)
- UIL GameDay – max of 30 participants (alternates not included)

Competitions

- UCA Regional Competition – Date TBD
- UIL State Spirit Competition – Date TBD
- Local National Competition – Date TBD

COST PROJECTIONS

New to Keller Cheer

1. Required Items
2. Booster Club Fees and Dues
3. Miscellaneous Expenses
4. \$2485*

Returning to Keller Cheer

1. Required Items
2. Booster Club Fees and Dues
3. Miscellaneous Expenses
4. \$1866*

*These are estimated values