



COVID-19 Informational Update – Saturday, March 14, 2020

We know that times are uncertain and UCAF is continuing to monitor the COVID-19 situation very closely. After consulting with the Texas Department of State Health Services and the Houston Health Department, neither entity is recommending that businesses like ours shut down at this time. The current health department guidelines state that “As much as possible, children should be allowed to carry on with their education and normal activities.” In addition, UC Cheer has been monitoring daily announcements from our city government officials, CDC guidelines as well as our governing body, the USASF. The health and safety of our athletes and class students is a top priority.

Based upon CDC guidelines and recommendations to minimize disruptions to daily life to the extent possible, University Cheer will **resume all club/gym activities as planned on Monday, March 16th**. As you know things are changing on a daily/ hourly basis and we will continue to closely monitor the situation and update you should things change.

To better protect our athletes, their families and staff, we ask that you follow the following guidelines:

- CDC quarantine guidelines for those who have traveled to / from high risk areas: Stay home for 14 days and monitor your health. We also request that you send an email to office@universitycheer.com letting us know that you are self-quarantining and what date you traveled and when that time period will end. Do not return to the gym until you have been cleared and/or passed the CDC protocol. (see visit the CDC website at: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>)
- Classes and practices will be held as normal, however the parent viewing area will be closed until further notice (with the exception of our toddler athletes who are 4 and under and those registering at the front desk). We ask parents to drop-off and pick-up using the driveway. Only students and staff will be allowed past the front desk area.
- If your athlete or anyone in your family is experiencing any illness, cold/flu like symptoms, respiratory illness, etc. please do not come to the gym. If your athlete comes to the gym and shows any signs of these illnesses/symptoms, we will contact you to pick them up.
- Students with an underlying health condition that would make them more susceptible or put them at higher risk should contact their head coach directly or email us at office@universitycheer.com to discuss protocol and make-up classes.
- Students may only attend scheduled classes, activities, practices and/or private lessons.
- Students are asked to arrive no more than 10 minutes prior to their scheduled event and



picked up immediately after their scheduled event.

- Students must bring individual closed containers of water. We are removing our water cooler until further notice.
- We currently have hand sanitizer and soap at the gym. However, given the possible short supply we encourage athletes to bring their own hand sanitizer.

In an effort to better protect our athletes and staff, we've re-evaluated our facility cleanliness and best use practices. The following is a list of current steps and new protocols in place to better serve our customers:

- University Cheer has daily cleaning services and we are stepping up additional touch-point cleaning and sanitation protocols. We have also contracted with DIS.IN.FX® to add additional preventative disinfecting measures. The DIS.IN.FX® Treatment Process combines fogging/spraying/misting technologies that treat facilities with a proprietary blend of high-powered disinfectants, cleaners and RAZOR Antimicrobial Coating™. The health and safety of our UC Family are at the forefront of our minds.
- All mats will be cleaned before and after classes/lessons.
- All students and staff will use hand sanitizer before entering the facility and upon leaving class.
- "Social distancing" will be observed as much as possible when teaching/coaching. We will use more equipment-based training limiting physical contact as much as possible.

University Cheer is here to serve our community. We want to do our part to help those having to work while their children are out of school while providing kids with some sense of community. We will be providing mini clinics, day camps and workshops to assist parents in the coming weeks. Stay connected with us on all social media site for real time updates and information.

We know this is a rapidly changing situation and one that none of us have ever faced. We understand there are fears and uncertainty but feel it is important to keep as much "normalcy" for our students as possible during these difficult times. Please try to educate yourself and your family from reputable sources such as the CDC rather than the media. Please feel free to reach out to us directly with additional questions or concerns.

Thank you and God Bless,

University Cheer